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# The Independent

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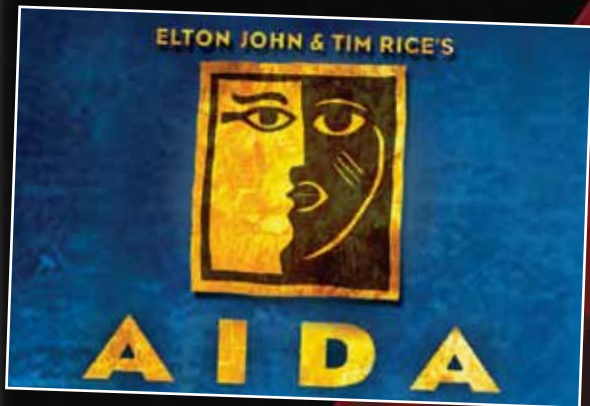
Color Country's Complete Guide To Arts ~ Music ~ Entertainment ~ Culture & More

DSU THEATRE DEPARTMENT  
PRESENTS  
**BARNIUM**  
THE MUSICAL

See page 6

See our Local  
Gift-giving guide  
Page 9

## ALSO THIS ISSUE:



DESERT HILLS HIGH SCHOOL PRESENTS  
'AIDA: HIGH SCHOOL EDITION'  
- See page 7



HURRICANE VALLEY CHRISTMAS TREE  
FESTIVAL RETURNS  
- See page 8



DSU CCS BRINGS JULLIARD STRING  
QUARTET & UTAH SYMPHONY  
- See page 6

# November 2015 Volume 20, Issue 9 Contents

<b>EDITORIAL</b> .....2	<b>RECREATION</b> .....12
<b>OPINION</b> .....3	<b>WELLNESS</b> .....13
<b>LOCAL NEWS</b> .....4	<b>CLIP-N-SAVE SECTION</b>
<b>SOUTHERN EXPOSURE</b> .....5	<b>MOVIE REVIEWS</b> .....18
<b>THEATER</b> .....6	<b>BOOK REVIEWS</b> .....20
<b>EVENTS</b> .....7	<b>MUSIC</b> .....21
<b>GIFT GUIDE</b> .....9	<b>CALENDAR OF EVENTS</b> .....25
<b>GOLF GUIDE</b> .....10	

**ON THE COVER: DSU THEATRE DEPARTMENT PRESENTS BARNUM THE MUSICAL  
SEE STORY ON PG 6.**

## The Independent ~ SUIndependent.com

Color Country's Complete Guide To Arts, Music, Entertainment, Culture & More

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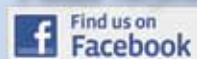
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## EDITORIAL

### PUBLISHER'S PERSPECTIVE by Josh Warburton

"I'll be right here" is the line E.T. the Extra-Terrestrial utters memorably at the climax of the 1982 Steven Spielberg film. That's the sentiment I want to share with all of you this month. Regardless of where I am physically, I'm still right here in your hearts and minds.



Although the majority of responses I've received since moving to Zion Canyon at the end of September have been a combination of envy and happiness, I've also received a few comments that made me a little somber. Hearing "I'm sad St. George is losing you"—or similar sentiments—made me want to better explain my move from St. George to Springdale.

I've called this monthly segment "Publisher's Perspective" ever since I started writing it. In the beginning, I just liked the sound of it and thought it might make it stand out a little from the rest of our content as an "inside the mind of..." kind of thing. Today, I think of it in slightly different terms.

I realize that I really do have something of a unique perspective on life and its pursuits, and if anything, I need to nurture that perspective in the interest of being able to truly articulate my thoughts. That's what my move to Springdale has been all about: perspective. They say a fish doesn't know he's in water, but I'd think flying fish are probably quite aware of when they're in water and when they're not. They also probably have quite a unique perspective on the water versus some other fish. Much like a flying fish, I feel like I've been popping my head out of the proverbial St. George "water" for long enough to realize I wanted to keep that perspective.

But don't worry that you've lost me. If anything this move is recharging my batteries to keep this Independent train running on all cylinders. So come visit. Zion is amazing in the fall and winter. And remember, "I'll be right here" anytime you need me...just a call, text or short drive away.

Happy reading.

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## NEW COURSES, SAME DESTINATION

by Dallas Hyland



Every year about this time—by no deliberate planning, mind you—I find myself in some version of a reevaluation of the direction of my work. Maybe my internal navigational equipment calibrates and I

check not only my bearings but also my course. Is the lubber's line true?

This of course indicates that I have a destination, as all courses arrive somewhere eventually. But what I have come to understand this last year in particular is that my course is forming behind me and that the destination is yet to be determined.

But I do distinguish one thing: that while a destination may be fluid and ever unfolding, the purpose is clear.

Thomas Jefferson said, "Difference of opinion leads to inquiry, and inquiry leads to truth."

And that is it for me. My purpose. Through the media of writing, photography, and filmmaking, I seek wholeheartedly to

incite a rigorous dialogue on matters of consequence and to do so with neither fear nor malice. To engage in inquiry. To get at the truth.

To this, I aspire.

The other thing that becomes clearer with each passing year is the numerous people with whom I have the privilege of engaging on an almost daily basis. Producing the content that I do in the media in which I do it naturally exposes me to wide variety of views. Some give rise to that rigorous dialogue I referred to, and some are just merely pleasant. Some are not.

For the most part—and I mean this with every measure of sincerity—I am consciously and actively aware that at the other end of these conversations there is a real flesh-and-blood person.

The notion of self is an interesting one. The idea that everything we do seeks to serve the self, even if it is a benevolent act, leads me to believe that when it all comes down to it, I most often have more in common with people than not. The debate lies often less in "Do any of us want things to be better?" but rather in the differences that arise in how we do that.

This time last year, I had just returned from covering a story in Colombia. I worked in an undercover capacity while a

team of agents carried out a massive sting operation on human traffickers. It was quite literally one of the most defining moments of my career to date, because I realized how absolutely imperative it is to tell people—all people—just what the hell is going on out there in the world. Knowledge is power, after all.

I realized that the only way for the proverbial bastards of the world to really be held to account—and believe me when I say that there are bastards out there—is for the Fourth Estate to have boots on the ground. To me, that is the single most important duty the press has, and to that end, I cannot ever see myself laying down in that fight or even avoiding it when prudence suggests otherwise.

Getting back to the notion of common ground, while some of us may disagree about how to go about this, we all collectively agree that people in positions of power of any kind who abuse that power are bastards in need of reckoning.

But lately it is occurring to me more and more that perhaps the way to vanquish evil is to be found not only in justice but in exposing its opposite and letting the contrast speak for itself, eradicating bad by focusing on the good.

And to this, I now also aspire.

In the coming year, that is if

October marks my fiscal year, I will be taking some new directions and seeking to expand the conversations I have already started as well as perhaps start a few more. Documentary work is a poignant genre with which to bring awareness to that good and contrast it with the other side, and I have taken some big steps this year in the direction of producing more of this kind of work. So while you'll still find me in print, I hope you will consider my new work as well.

It has been a real privilege to write for all of you, engage you in text and on the air, and once in a while meet you in person. I honestly do consider my work to some degree to be not so much for me but for you as well, and in that capacity, I am serving a community that I have come to not only live in but to live among.

See you out there. (I truly hope I do.)

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## LDS CHURCH WINS ENVIRONMENTAL AWARD?

by Michael Dillman



At a Rocky Mountain Power regional meeting at the Rio Tinto Stadium on Oct. 5, Cindy Crane, president of Rocky Mountain Power, gave The Church of Jesus Christ of Latter-day Saints an award for energy conservation. Rocky Mountain Power provided the church with \$2 million in incentives through the program for their efforts to save energy.

According to Rocky Mountain power, the Church has only saved 1 million kilowatt hours so far this year. When you add up the cost of water for landscaping, heating super-sized structures in the Utah winters, cooling those same structures in the hot Utah summers, and so on, the EIA calculator for energy consumption that I used estimated that \$2 per square foot is spent on energy in a typical building that is the size and age of the average Mormon Church building.

Many of the faith's over 170 temples exceed 100,000 sq. feet, and given the age and size of Salt Lake City temple (over 250,000 sq. feet), the estimate on annual energy consumption for that temple

alone is in the high single-digit millions of kilowatt-hours annually. If the average Mormon meeting house is 10,000 square feet (a generous estimate for them), then each building likely uses about 61,000 kilowatt hours annually. Multiply that number by the 148 temples, 418 missions, 29,600 wards, and you'd have at least 200 million kilowatt hours burned annually.

Keep in mind, that figure doesn't include the billions of dollars in real estate the institution owns across the world. Hardly award-winning material for aggregate energy reduction. The fact that only *one* LDS-owned building in the entire country has solar panels should be proof enough that they aren't buying into the environmental movement.

The church's website boasts 15.3 million members worldwide; however, it is estimated that only one-third are considered "active churchgoers" in the United States, and less than two percent are active in Mexico and South America. If you're feeling generous and you're willing to count the non-active members of the faith, Mormons still only make up about one percent of the U.S. population, and that

figure is in decline.

Despite the Church's comparatively small size, their vast financial portfolio yields the institution a disproportionate amount of power and responsibility. The organization's most lucrative for-profit enterprise, Deseret Management Corporation (DMC), collects \$1.2 billion in annual revenue. The subsidiaries of DMC own a consortium of an insurance company, 11 radio stations, a TV station, a publishing and distribution company, a newspaper, a digital media company, and other various businesses with assets totaling over \$3.3 billion. And that's just one of their many for-profit branches.

Other Church-owned assets expanding their wildly diversified investments include a 290,000-acre ranch in Florida (estimated at over \$1 billion) that harbors not only 44,000 cows but also citrus, sod, and timber operations. The Church also runs several for-profit real estate agencies that own, develop, and manage malls, parking lots, office parks, residential buildings, and more. An investigation by Reuters conducted in 2012 estimated that the LDS Church was worth more than \$40



Original cartoon by Clay Jones

billion at the time (with only \$6 per member going to charity), and an annual revenue from tithing of around \$8 billion.

Despite being a gigantic, corporate-level source of pollution, essentially none of the LDS's tax-exempt dollars are being used to mitigate climate change. As a federally recognized religious organization, the LDS Church boasts a myriad of tax advantages to continue their vast and grossly over-bloated financial portfolio. The organization is completely exempt from paying taxes on real estate properties, *even the commercial entities that they own*. An investigation conducted by Bloomberg delineated that U.S. law allows the LDS Church to legally sell donated stock without paying capital gains taxes. Just in the last few decades, they've done this will more than \$2 million in Burger King stock and over \$1 million in Domino's Pizza shares donated by members. These transactions are a clear dodge of taxation: a win for the church but a huge loss for the taxpayers.

"There are religious groups that own radio stations, but they don't also own cattle ranches. There are religious groups that own retreats, but they don't also own insurance companies," said Ryan Cragun, sociology professor at the University of Tampa.

This magnitude of institutional and governmentally protected environmental irresponsibility is completely unacceptable. Succinctly put, the LDS Church has abused its status as a religious organization. Through corporate greed, bizarrely legal tax evasion, and senseless energy hogging, the organization is robbing American tax payers of millions of dollars while simultaneously displaying a blatant disregard for environmental conservation. The notion that the LDS Church is worthy of an award for their effort would be laughable if it weren't so offensive.

# DIXIE STATE UNIVERSITY TO REBRAND IDENTITY ONCE AGAIN

by Craig Bennett

Dixie State University has seen several changes in the past decade. In 2009, when the institution was still Dixie State College, the athletic teams' name changed from the Rebels—the name held since 1952—to the Red Storm. In January of 2013, the college underwent a name and status change from Dixie State College to Dixie State University. Now DSU is once again attempting to rebrand its identity by revisiting the choice of the institutional nickname and mascot. However, regardless of the recent controversy surrounding the name of "Dixie," changing that part of the university's identity is not one of the considerations on the table.

"We are really excited about the future of Dixie State University and are diligently working on all the goals and strategies outlined in our strategic plan, Dixie 2020: Status to Stature," said Jyl Hall, DSU director of public relations and marketing. "We are confident a new institutional nickname and athletic mascot will get the entire community as excited as we are for the future of DSU. It is important

that each and every person in the community feels ownership of the university and knows that Dixie is their university and is proud of our offerings and accomplishments. Our goal is that a new identity will encourage community members to be even more engaged in campus happenings."

In an effort to establish a strong brand and identity for the university, the president of DSU, Dr. Richard "Biff" Williams, has commissioned an "identity committee" to oversee the process of changing the institution's nickname and athletic mascot from Red Storm and Big "D" the Bull, respectively.



"A strong identity allows an organization to more effectively tell its story. Dixie State University has a rich history, an incredibly bright future and an amazing story to tell, and it deserves an identity that will articulate its unique message," said Dr. Jordon Sharp, director of student involvement and leadership at DSU and a member of the Identity Committee. "The research overwhelmingly demonstrates that the current identity is confusing and a more authentic brand is not only desired, but much needed."

The committee—made up of individuals representing DSU alumni,

students, athletics department, faculty, staff, administration and community—is working with a Utah-based company called Love Communications to create the new nickname and mascot. Love Communications was chosen based on their experience within higher education, athletics and similar rebranding campaigns. An estimated \$50,000 dollars will be paid to the company for the rebranding process. The research will be done in three phases.

Love initially will study the extensive research that has already been conducted in the last 10 years and measure the opinions regarding the university's identity. Students, faculty, staff, alumni and community member have all had input in the past. That information will be analyzed in the first phase of the process. Love will also review the transcripts of interviews and community members. Additionally, they will look at the Strategic Planning Committee data collected during a yearlong process in identifying DSU's mission, values, goals and strategies.



The second phase of the rebranding process will be to create multiple concepts for the university's new identity based on new research and investigations. DSU's Identity Committee will choose three finalists from the final concepts created from the research. The agency will then develop and design mascot renderings, logo's, color schemes, and overall brand concepts for all of the three options. The ideas and renderings will then be presented to major DSU stakeholders and measure interest among them.

To complete the process, the Identity Committee and Love Communications will roll out and implement the new identity and mascot. It is planned to be a community celebration.

The committee and all involved are working to complete the first two phases by the end of December 2015. The goal is to implement phase three in early 2016.

"The Board of Trustees of Dixie State University can be assured that the new identity will take into consideration our past, the new strategic plan, the research that has been gathered for more than a decade, and the elements of an effective brand along with the guidance of branding professionals," Dr. Sharp said. "Although mascots, nicknames, and colors are subjective, I believe we will discover an identity that is clear, authentic, and distinct, and that successfully tells the great story of Dixie State University."

At this point, no one has mentioned changing the name of the university itself. The most recent controversy has dealt with the associations with the name "Dixie." However, the issue of a name change also came up when the college signed an agreement with the University of Utah in 2007 to become affiliated with them. The University of Utah wanted the name changed to University of Utah, St. George. Concerns were raised that beyond just the name change, at stake was also losing local power to the Salt Lake-based university. Some large financial backers threatened to pull their support if the name changed, and ultimately the agreement with the University of Utah failed.

In January of 2013, while under the direction of President Stephen D. Nadauld, the school's board of trustees voted unanimously to change the school's name to Dixie State University from Dixie State College when state education officials, the Utah Legislature and the governor gave their approval to the college's bid to become a university.

The trustees at that time chose the name Dixie State University from four options presented by marketing agency Sorenson Advertising after organizing a series of college and community forums to determine the public's preferences. Three of the options included the word "Dixie," even though some people expressed concerns that the name may brand the school as an institution with ties to America's pre-civil rights issue and the Confederate states that fought to uphold slavery during the Civil War.

The name of the school created an impassioned debate after launching a rebranding process back in 2013. A bronze statue of two Confederate soldiers, "The Rebels," was removed from the Dixie State campus and returned to its creator, local artist Jerry Anderson, in exchange for Anderson's donation of other artwork for permanent display on campus. At issue was Anderson's statue depicting a Confederate soldier on horseback helping an injured comrade with a Confederate flag in hand.

DSU graduate and Independent contributor Marcos Camargo, who did extensive research on the topic with former Dixie College president and professor emeritus Dr. Douglas Alder, said that the college didn't always have connections to the Confederate South.

"That began in 1951 when the college split from Dixie High School," Camargo said. "The high school kept the old mascot (The Fliers) and the "Rebels" became the new mascot (apparently first suggested by a student). I've done some searching to see if I could find who the Rebel idea came from in hopes that I may be able to track down the motives behind its origin. I've never been able to do so. However, I did find a short pro/con debate published in the school paper in 1951 and discovered that the woman (a student at the time) who wrote the piece argued against changing the mascot to the Rebels."

The term "southern Utah's Dixie" originally came from the pioneer era. Mormon pioneers arrived in the Salt Lake Valley in 1847. It wasn't long before Mormon leader Brigham Young sent a group of those pioneers to the southern most area in the territory to grow cotton. A cotton mill was built in Washington City, which still stands today. Thus, the phrase "Utah's Dixie" was born. The name was chosen due to the fact that the area was located in the southern end of the territory, soon to achieve Utah statehood. The name of the mascot and athletic teams, at that time, was to become the "Dixie Rebels".

Enrollment is always a concern for colleges and universities around the country, and some have claimed that the use of the name "Dixie" is actually a deterrent to some potential students, especially those of different ethnic backgrounds than Caucasian. The average enrollment increase over last year at Utah's public colleges and universities has been reported at 2 percent. Dixie State University in St. George showed a slight decrease in enrollment with a student enrollment of -0.78 percent.

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## SO. EXPOSURE

# CARLIE WALL ENLISTS IN #MACINSARMY WITH MUSIC VIDEO FOR MACIN SMITH

by George Scott

Carlie Wall has joined #macinsarmy. Macin Smith has been missing since the beginning of September, and Wall has written a song and made a music video to spread awareness and reach out to him. The use of the hashtag, #macinsarmy, has been identified in an attempt to create a way for all information to be centrally funneled in hopes of reaching Smith. In addition, a \$1000 award is being offered for information leading to bringing Smith home.

Wall's connection to the search is a personal one. Wall's mother is friends with Smith's mother, Tracey Smith. Having access to some of the personal details while watching her mom reaching out in assisting a friend with a missing child has touched Wall deeply. It has also provided missing pieces of her own story. In addition to the connection to Tracey Smith, Wall also ran away when she was about Macin Smith's age.

"I understand how it feels," Wall

shared. "I left with nothing. I left everything at home when I left. I didn't take money or anything. Not even clothes. I lived with homeless people."

"I struggled with depression for years. I was very introverted and I kept who I was secret. If you listen to my album, that was my diary. That was what I was thinking and feeling. The only way I could express it was through music. I was 17. The same age as Macin. School was always tough. I always felt like no one liked me or cared about me. I had family problems and was just unsure with myself."

When Wall was on the run, she wasn't thinking about looking at social media. She didn't realize people were looking for her. Her whole life changed. She left and suddenly had to fight and fend for herself. Just focusing on surviving and being awakened to life as a runaway consumed her. It was several weeks after she ran away before someone told her she should check things out on social media.

"So, I listened and got on my Facebook and that's when I realized people were looking for me! I was actually a missing person! It blew my mind."

Wall chose to use music to reach out to Smith.

She wrote a song entitled "Take a Look at Me" for Macin and put it out as a music video as a tool to help spread the message. Wall hopes someone will share the song with Smith. She wants him realize how much he is loved and cared about.

"This song is a song of hope. It is not meant to be sad, it is meant to relate to the sadness. It is meant to bring hope from it. Music can change someone and their tough process. It really is such a miracle when you can hear a song and cry and know that song brought out a feeling in

you. A feeling you possibly wouldn't have felt or remembered without the heart of music to guide you. Maybe, if Macin hears this song he may find his reason to come home."

Additionally, a reward of \$1,000 is now being offered for information that will result in locating Smith, who has been missing since the beginning of September. The money is in a deposit account with Red Rock Search and Rescue and will be paid immediately upon the return of Smith to his family.

He was last seen in the Little Valley area of St. George. Smith is 6 feet 4 inches tall, weighs 200 pounds, and has short blonde hair and blue eyes.

His clothing is unknown, but he is believed to be wearing black size 14 Nike shoes with blue soles and green eyelets and accents.

Smith has not been seen or heard from since the morning hours on Tuesday, Sept. 1.

According to family, he left home without any of his belongings, money, a phone, or a change of clothing.

Original reports stated that Smith may be in the Las Vegas area, but other reports indicate that he could be as far away as Los Angeles.

Anyone with information on the whereabouts of Macin Smith is asked to contact the St. George Police Department at (435) 627-4300 or Red Rock Search and Rescue's Dave Cummings at (702) 787-4068. For more information about the search efforts for Macin Smith, search #macinsarmy or the Help Find Macin Smith Facebook page.



## Celebrity Concert Series 2015/2016 Season



**Young Irelanders**  
November 5th  
7:30 pm Cox



**Juilliard Quartet**  
November 11th  
7:30 pm Cox



**Utah Symphony**  
November 24th  
7:30 pm Cox

For tickets, please visit the DSU ticket office located inside the Cox Performing Arts Center, or call 435-652-7800. Tickets can also be purchased by visiting...[www.celebrityconcertseries.com](http://www.celebrityconcertseries.com)



- Thursday, November 5, 2015  
Young Irelanders
- Wednesday, November 11, 2015  
Juilliard Quartet
- Tuesday, November 24, 2015  
Utah Symphony Orchestra
- Thursday, December 17, 2015  
M-Pact - Christmas Concert
- Tuesday January 5, 2016  
Ethan Bortnick
- Tuesday, January 26, 2016  
Presidio Brass
- Friday - Saturday,  
February 5-6, 2016  
BYU Ballroom Dance Company
- Wednesday, March 2, 2016  
Rhythmic Circus
- Thursday, March 17, 2016  
O Sole Trio

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# THEATER

## DSU'S "BARNUM" AIMS HIGH WITH AERIALS AND ACROBATS

Dixie State University theater students are learning to fly for their November musical production of "Barnum," the story about the man behind "The Greatest Circus on Earth." The DSU production of "Barnum" plays in the Dolores Dore Eccles Fine Arts Center theater Nov. 5-7 and 10-14.



Theater students have worked for months to learn the necessary lyra, silk, and trapeze skills to safely execute aerial acrobatics for the production in person and via Skype with some of the nation's top aerial experts.

In "Barnum," Phineas Barnum attempts to create a circus in which the main attractions are freaks of society. Eventually, to appease his wife, he gives up the show. After she dies, Barnum returns to the business, forming a partnership with James Bailey, to bring us "The Greatest Show on Earth."



"Barnum" is the directorial debut of Dr. Kathryn Syssoyeva, the DSU theatre department's newest assistant professor of theater performance studies and dramaturgy. "Barnum" is written by Mark Bramble with lyrics by Michael Stewart and music by Cy Coleman, used through special arrangements with Tams-Whitmark, Inc.

The production is rated PG. For tickets, call (435) 652-7800 or order online at [www.dsutix.com](http://www.dsutix.com). Tickets are \$10. Washington High School employees and students are admitted free with WCSID. All productions begin promptly at 7:30 p.m. Find DSU Theatre Publicity on Facebook to follow the action.



## DSU CELEBRITY CONCERT SERIES BRINGS ACCLAIMED PERFORMERS IN NOVEMBER

Dixie State University's Celebrity Concert Series is in full swing. October saw the National Dance Company and Bay Pointe Ballet perform on the Cox Center for the Performing Arts stage. November continues with three performances that encompass the goal of excellence that the series strives for.

On Nov. 5, The Young Irelanders—comprising eight sensational performers who have Irish traditional music, song, and dance running through their veins—performed at the Cox Center for the Performing Arts. Although still in their 20s and 30s, these performers have achieved more than most people would aspire to in a lifetime.

On Nov. 11, the Juilliard String Quartet will perform as part of the Celebrity Concert Series season. The Juilliard String Quartet was founded in 1946 as the school's resident quartet by Juilliard President William Schuman and the founding first violinist, Robert Mann. The quartet's international career has encompassed performances throughout Europe, Asia, Australia, and North and South America with recordings spanning many decades. At Juilliard, the members of the quartet are among the school's most important studio teachers and chamber music coaches. Preceding their evening performance, a member of the quartet will be offering a masterclass, which will

be open to the public as well as students at DSU and area schools. Don't miss this opportunity to witness first-hand one of the world's premier string quartet.

Last but certainly not least for the month of November, the Celebrity Concert Series is thrilled to invite the Utah Symphony on Nov. 24 at 7:30 p.m. Founded in 1940, the Utah Symphony is one of America's major symphony orchestras, known internationally for its distinctive performances and recording legacy. A leading cultural organization in the Intermountain West, the Utah Symphony has a rich history of international and domestic tours, award-winning recordings, and in-depth educational programs. Today, the orchestra's 85 full-time professional musicians perform over 175 concerts each season.

Conducting the orchestra will be Rei Hotoda, who is rapidly becoming one of America's most sought after and dynamic artists. She has appeared as a guest conductor with many of today's leading ensembles. Under her direction, the orchestra will be performing pieces from Copland, Bernstein, Ravel, and Gershwin.

Please visit [www.celebrityconcertseries.com](http://www.celebrityconcertseries.com) for information on all the performers who will be a part of the CCS season. Individual concert tickets are available at the DSU Box Office, [www.dsutix.com](http://www.dsutix.com) or by calling (435) 652-7800.



## SUU MUSIC DEPARTMENT OFFERS JAZZ, OPERA, AND MUSICAL THEATER IN NOVEMBER

SUU Opera presents Gian Carlo Menotti's "The Medium" with classic scenes from the opera and musical theater repertoire. Featuring stage and vocal direction by Carol Ann Modesitt, this SUU Opera production, produced by the department of music, runs Nov. 11 through 14, at 7:30 p.m. in the Thorley Recital Hall within SUU's music building. Featuring music by Mozart, Puccini, Cole Porter, and Frank Wildhorn, the evening includes a

series of scenes from the opera repertoire and songs from the musical theater. Tickets are \$6 for adults, \$4 for SUU alumni with card, and \$3 for children. SUU faculty, staff and students are free with a valid I.D.

The SUU Jazz Band presents "Ya Gotta Try" directed by Dr. Thomas Herb. The concert will take place at 7:30 p.m. on Tuesday, Nov. 17, in the Sharwan Smith Center's Living Room. The concert is free and open to the public. Each year, this free concert draws hundreds of jazz fans of all ages. The evening's program includes selections from across big band and to swinging jazz vocal arrangements based on charts created for music legends. The centerpiece of SUU's jazz program is the annual guest artist concerts, which bring professional jazz musicians to Cedar City. Past guest artists who have worked with the jazz band include Pete Christlieb, Tom Polett, Reggie Thomas, Rodney Whitaker, Dennis Mackrel, Wayne Bergeron, Bob Sheppard, Denis DiBlasio, and Delfeayo Marsalis. For the spring 2016 guest artist concert, Dr. Herb is pleased to announce that acclaimed trumpet player Roger Ingram will be performing with the jazz band.

For more information on the SUU College of Performing and Visual Arts events, please visit [www.suu.edu/pva/arts](http://www.suu.edu/pva/arts).



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## EVENTS

# ANI ROGERS CONTINUES WAVE OF SUCCESS IN THEATER COMMUNITY WITH MOVE TO DESERT HILLS HIGH SCHOOL

by George Scott

Ani Rogers' contributions to local theater span more than a dozen years. Rogers was raised in St. George. She attended Dixie High School where she participated in the drama program. Even then, she stood out as a theater student in the program directed by Russ Saxton. Upon graduating from high school, Rogers continued her education at Dixie State University. While there, she took every theater class she could fit into her schedule. She also attended classes at Southern Utah University. Rogers transferred to Brigham Young University where she graduated with a bachelor's degree in theater arts studies.

Rogers' love for theater and southern Utah has remained constant. Upon graduating, Rogers started her teaching career at Dixie Middle School as a theater teacher from 2007-10. She took a year off to consider a career in the medical field. However, her love and passion for theater won out. Jumping back into teaching theater took her to Provo for a one-year stint at Dixon Middle School during the 2011-12 school year. But, she wasn't gone for long. Ani Rogers returned to southern Utah to accept the theater director position at Pine View High School.

During the course of her position with PVHS from 2012-15, Rogers was able to take a program that had struggled for years and make it work. She found her own rhythm and way of working. Her resume includes directing and choreographing many one-act shows, musical theater revues, talent shows, and musicals with successful productions such as "Once On This Island," "Bye Bye Birdie," "Annie," "High School Musical," "The Sound of Music," "The Rainmaker," "The King and I," and "Les Miserables." Rogers has developed a reputation as serious contributor to the theater community. Rogers directed the high school premier performance of "Huebener" and was hired to direct St. George Musical Theater's opening production of "The Sound of Music" after it had spent five years in the dark.

Always looking to learn, grow, and expand her experience, Rogers was offered the theater director position at Desert Hills High School. She enjoyed teaching at Pine View and the wonderful support she received from the school and community.



However, she felt Desert Hills was an opportunity she could not pass up. Here she saw the chance to grow the program with facilities that would truly allow her to focus on her students.

"The auditorium [at Pine View] required me to work so hard to maintain it and get it up and working like I needed and wanted it to for my students and their performance productions," Rogers shared. "I felt like 80 percent of my job and focus was on that auditorium instead of in the classroom on my students where I wanted it to be."

Ani Rogers took the position with Desert Hills High School with forward-looking ideas. The first production under Rogers' leadership is "Aida." This contemporary musical take on the classic and tragic tale of love is certain to be a crowd pleaser with exuberant dancing, staging, and singing.

Varlo Davenport said that he can hardly wait to see what Rogers does next.

"Ani Rogers could be described as something of an overnight success—years in the making," said Davenport. "And as her former teacher, I can say she was challenging in the best of ways. She questioned everything, wanting to understand what, why, and how she was being taught. It all goes back to her humility, her willingness to ask for help, while also empowering students and gaining support from parents. You couple those attributes with a very solid artistic vision, and you've got a winning combination."

"Ani Rogers is one of the most talented young directors and not only in southern Utah but quite possibly in the country," said St. George Musical Theater's, executive director, Bruce Bennett. "I knew Ani from her days as a high school student working under Russ Saxton at Dixie High School, and it was apparent that she learned quite a bit from Russ Saxton and listened very carefully to his instruction and his example."

"The first time I realized that Ani really had something very special as a director was when I saw her production at Pine View High of "The Sound of Music," said Bennett. "So when it came time for SGMT to do our first show back after a five-year hiatus she was a natural choice and we were so fortunate that she agreed to direct our very first show back. Her attention to detail borders on obsessive but it's that passion for detail that can make the difference between just an average production or a truly great and memorable production."

"Because she was a talented actor herself she hasn't forgotten what it's like to be on stage or what is required of actors and how there has to be a very positive environment in order for an actor to demonstrate the self-confidence necessary to perform on stage," Bennett said. "Her preparation is uniquely comprehensive for a high school director. We thoroughly enjoyed collaborating with Ani at St. George Musical Theater. Community theater might be even harder in some ways than high school theater and we look forward to being able to utilize Ani's many talents at some point again in the future. I just hope the students, parents, and faculty of Desert Hills High School realize how fortunate they are to have a director of such incredible dedication and talent as Ani Rogers."

No doubt Ani Rogers will continue to make a splash with her presence in the theater community as she expands her horizons at Desert Hills High School.

# DESERT HILLS HIGH SCHOOL PRESENTS "AIDA: HIGH SCHOOL EDITION"

by George Scott

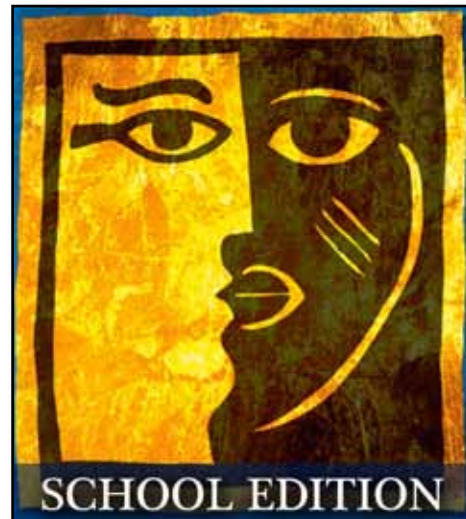
The Desert Hills High School Fine Arts Department proudly presents their fall musical selection adapted from the four-time Tony Award-winning hit, "Aida: High School Edition." With music and lyrics written by Elton John and Tim Rice, "Aida" is an epic tale of love, loyalty, and betrayal. Chronicling the love triangle between Aida, a Nubian princess stolen from her country; Amneris, an Egyptian princess; and Radames, the soldier Aida and Amneris both love. This contemporary musical take on the classic and tragic tale of love is certain to be a crowd-pleaser with exuberant dancing, staging, and singing.

This is the first Desert Hills High production under the direction of Ani Rogers as theater director. Rogers has a reputation for magnificent productions, a passion for details, and incredible dedication.

"Ani Rogers is one of the most talented young directors, and not only in southern Utah—but, quite possibly in the

country," says Bruce Bennett, St. George Musical Theater director.

"I can hardly wait to see what Ani Rogers does next," says Varlo Davenport.



"Aida" offers an excellent opportunity to see Ani Rogers continue her wave of success in the community and to enjoy a spectacular production. The multifaceted story of forbidden love promises to captivate audiences. This contemporary production filled with engaging theatrical music is certain to be the first hit of many for Rogers at Desert Hills High.

The curtain will rise each night on the Desert Hills stage Wednesday, Nov. 18, through Saturday, Nov. 21, at 7:30 p.m. Tickets are \$10 for adults or \$8 for students, seniors, and children under the age of 12.

Reserve seating tickets are on sale now and can be purchased online at [www.dhhstheatre.org](http://www.dhhstheatre.org) or [www.showtix4u.com](http://www.showtix4u.com) (search for "Desert Hills High School—Aida").

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## EVENTS

# NEVADA OPEN IN MESQUITE INCLUDES NEW PRO-AM TOURNAMENT

The Nevada Open is to be played Nov. 9-12 in the golf destination of Mesquite. New in 2015 is the Pro-Am on Nov. 8, which offers amateur golfers a chance to play with the pros and help support Mesquite junior golf. The Pro-Am is \$140 per player and will include a round of golf at Palms Golf Club, lunch, and a special prize purse for amateurs and pros.

"We are absolutely thrilled to bring back the Nevada Open Pro-Am to

this special week," said Christian Adderson, tournament director. "We will have a wonderful day at The Palms and amateurs will enjoy playing with some of the top aspiring professionals in the country. We also will be raising money for Mesquite Junior Golf so the event is for a good cause and will be a special time for everyone."

Following the Pro-Am, the official competition begins, and the largest purse in Nevada Open history is up for grabs. A total \$125,000 (up from \$105,000 in 2014) is available to professional golfers. The official competition is scheduled to be played Nov. 10 through 12 at CasaBlanca Golf Club and Palms Golf Club.

Entry fee for non-affiliated professionals is \$725. The fee for PGA of America golf professionals is \$500 while Southern Nevada PGA of America professionals are offered a rate of \$450. Amateurs are welcome to compete, and the entry fee is \$350. The entry fee includes accommodations for three nights at CasaBlanca Resort. The event is free to all spectators.

Special room rates for CasaBlanca Resort will be offered to golfers who participate in the Pro-Am. For details, visit [www.NVOpen.com](http://www.NVOpen.com).



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# ALIANTE CASINO + HOTEL + SPA CELEBRATES THANKSGIVING WITH SPECIAL HOLIDAY DISHES

Aliante Casino + Hotel + Spa will celebrate Thanksgiving by offering special holiday-inspired menus at four of its signature restaurants exclusively on Thursday, Nov. 26.



MRKT Sea & Land, Aliante's signature steakhouse, will offer a deluxe three-course meal for \$35 per person with the first course consisting of either a fall harvest salad or crème of butternut squash soup. The second course will offer a slow-roasted turkey breast served with herb stuffing, mashed potatoes and gravy, candied yams, green beans, and a cranberry-walnut chutney. Apple pie and pumpkin cheesecake are on the menu for dessert.

Bistro 57 will feature a

Thanksgiving meal consisting of traditional turkey with chestnut dressing, mashed potatoes, roasted Brussels sprouts, cranberry sauce, a dinner roll, and pecan pie a la mode for \$25 per person.

FARM 24-7, Aliante's unique 24-hour farm-to-table café, will feature a traditional Thanksgiving meal with a salad and dessert during lunch and dinner for \$15.99 per person on Thanksgiving Day.

Medley Buffet will also be serving traditional Thanksgiving offerings throughout the day for \$17.99 per person with a Player's Card or \$22.99 for non-members.

Aliante Casino + Hotel + Spa is situated on more than 40 pristine acres within the Aliante master-planned community at Aliante Parkway and Interstate 215. The AAA Four Diamond resort was awarded the TripAdvisor Certificate of Excellence in 2014 and features more than 200 hotel rooms and suites, four signature restaurants, a 650-seat showroom, more than 100,000 square feet of gaming space, a resort-style saltwater pool and a new 3,500-square-foot spa. More information and reservation details can be found by calling (702) 692-7777, visiting [www.aliantegaming.com](http://www.aliantegaming.com), or following on Facebook and Twitter @AlianteCasino and on Instagram @AlianteCasinoHotel.

# HURRICANE VALLEY CHRISTMAS TREE FESTIVAL

by George Scott

Bring the entire family for a weekend full of holiday activities sure to fill you with the magic of the holiday season. The Hurricane Valley annual Festival of the Trees will be held Dec. 3-5 at the Hurricane Community Center, located at 63 S 100 W in Hurricane. This year's expanded activities not only include over 40 decorated trees available for sale and auction but also craft vendors, a holiday quilt display, a gigantic bake sale, a silent auction, and entertainment throughout the duration of the festival. Premier Pediatrics & Teens will be hosting a Santa Breakfast Saturday, on Dec 5 from 9 a.m. to 12 p.m. Come take pictures with Santa, and take part in free carriage rides around town square. Don't miss the fun! The festival raised over \$9,000

last year for local families. This year's proceeds benefit the "Hurricane Valley Shop with a Cop Program." For more information and details, visit [hurricanerecreation.com](http://hurricanerecreation.com), or call the Community Center at (635) 2609. Come celebrate the holidays in Hurricane!



# VEGETARIAN SOCIETY OF UTAH PRESENTS POTLUCK AND HOLIDAY FOOD DEMO

The Vegetarian Society of Utah will host two events this month at the St. George Community Building, both of which are free and open to the public: the VSU potluck on Nov. 14 and the VSU monthly education program on Nov. 24. The November monthly education program will be a holiday food demonstration by four different vegan chefs.

Both VSU events will be held at 6 p.m. on their respective dates in the St. George Community Building, located at 245 N. 200 W. No vegan cooking experience (or eating experience, for that matter) is required for the potluck. At the monthly education program on Nov. 24, samples

of the dishes will be available. For more information on food requirements for the potluck or the Vegetarian Society of Utah in general, visit [www.vsutah.org](http://www.vsutah.org), or call (435) 632-3249.





# THE INDEPENDENT'S GIFT GIVING GUIDE: SHOPPING LOCAL FOR EVERYONE ON YOUR LIST

## MILNE JEWELRY



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experts at The Milne Jewelry Co. We have the top 10 best gift ideas at the best prices to assure your special someone looks and feels dazzling. The Milne Jewelry Co. is featuring ten beautiful options, such

as the 14K Yellow Gold Pendant for \$929, Sapphire and Diamond Pendant for \$479, Stackable Diamond Rings for \$1,179, Diamond Stud Earrings for \$1,079 and more. Visit our store at 43 E. St. George Blvd., go online to milnejewelry.com or call (435) 673-2552. Give her the shine that will take her breath away with the best "I love you" money can buy!

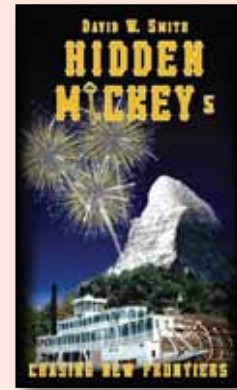
## DESERT RAT

Just because it's winter doesn't mean the adventure has to stop! Get those outdoor enthusiasts something to keep the adventure alive with great workout apparel and more. The Desert Rat features men and women's T-shirts in assorted colors and materials, including cotton, polyester and rayon blends, and you get to rock the Desert Rat logo for only \$19.99. Nothing is more important than staying hydrated on winter adventures, so pick up one of our hydroflask double wall, stainless insulated containers available in many colors and sizes with a full assortment of wide and standard mouth size. You can also choose from a full line of accessory caps! Shown here is the 32 oz. wide mouth for only \$33.99. The Desert Rat is a part of Hurst Stores Inc. and is southern Utah's finest specialty outdoor store. We sell quality hiking, climbing and canyoneering equipment and apparel. Stop in to 468 W. St. George Blvd., visit us online at <http://www.thedesertrat.net> or give us a call at (435) 628-7277.



## SYNERGY PUBLISHING

Disneyland secrets, a love story, a mystery of Epic Mickey proportions! "Hidden Mickey 5," the final stand-alone novel by David W. Smith, has everything that the first four Hidden Mickey books had... and then some! Following clues while finding love, Blain Walters, a Disneyland cast member, catches the eye of Missy Johansen, a beautiful and adventuresome Swiss visitor to Disney's Magic Kingdom in California where the two stumble upon a 40-year-old



mystery surrounding stolen cash and a priceless pendant owned by Walt Disney himself. Read this award-winning 'historical fiction' novel, available at Barnes and Noble, Amazon and in e-book formats including Kindle and Nook. "Couldn't put this down, the characters & story are great," said Amazon reviewer K. Simpson. Published by Synergy Books Publishing, [www.synergy-books.com](http://www.synergy-books.com)

## REDROCK WINDOW TINT

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Burger King (the old McKnight's Sporting Goods store). Come in today or call (435) 674-3727.



## PERKS

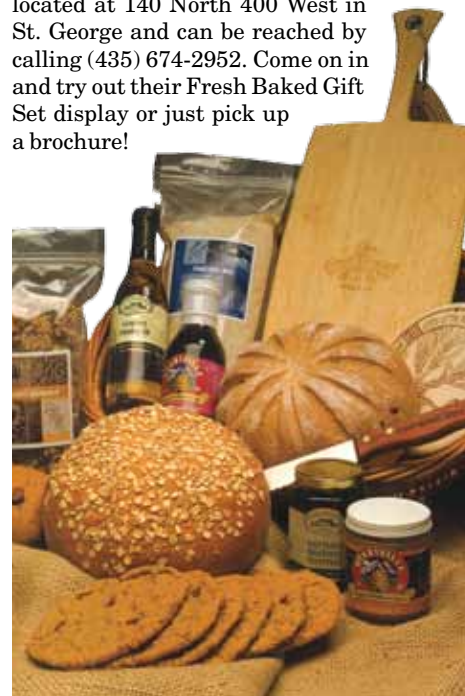
Give a gift that will keep them warm all winter long. Perks! Espresso & Smoothies has a variety of delicious treats, coffee and non-coffee drinks, coffee equipment and much more. This holiday season, Perks! will feature custom-made gift baskets that accommodate most budgets. From french presses, drippers and mugs to gift cards or coffees from around the world, gift baskets will be made to fit every person's needs. Espresso & Smoothies currently has four locations in Washington County, plus a



new sister shop in Springdale. In addition to award-winning coffee, Perks! also proudly serves a flavorful vegan menu, plus breakfast and lunch items at our Sunset and Washington locations! Stop in at our Sunset or Washington locations for pre-made gift baskets to make your holiday warm and toasty. For our Sunset location call (435) 628-8413 or visit 1515 W. Sunset Blvd. For our Washington location call (435) 668-0132 or visit 520 W. Telegraph St. For a custom made gift basket call (435) 668-0446.

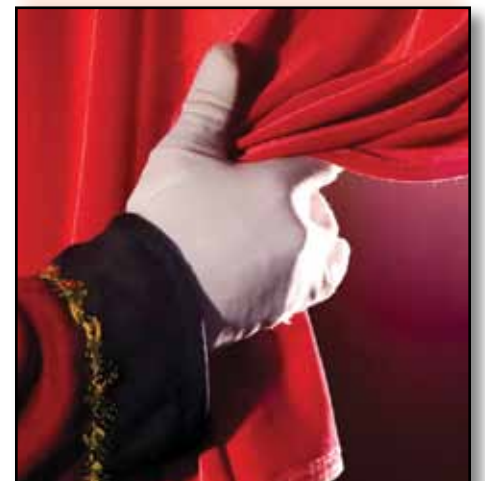
## GREAT HARVEST

Nothing says "I love you" like a basket of yummy goodies! Great Harvest Bread Company in St. George has brought back its Fresh Baked Gift Set lineup just in time for the holidays! With several scrumptious gift sets to choose from at varying prices, it's easy to find a snack-worthy gift for everyone on your shopping list while staying within your budget. Whether you're looking for that one perfect gift for a friend or family or need a hundred gifts to send out to all your clients, Great Harvest can take away the worry with just one phone call! Great Harvest Bread Company is located at 140 North 400 West in St. George and can be reached by calling (435) 674-2952. Come on in and try out their Fresh Baked Gift Set display or just pick up a brochure!



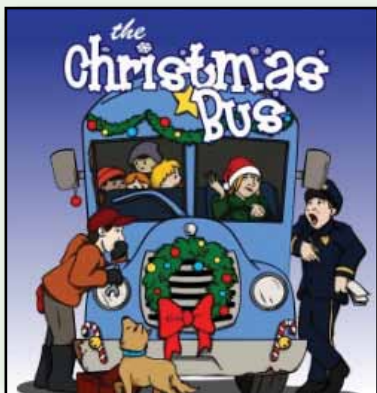
## BUMBLEBERRY INN

The Bumbleberry Theatre is pleased to announce its Christmas show, "Melodies of Christmas." The opening night of the show will be Nov. 20. "Melodies of Christmas" will run weekends through Dec. 19, with the closing night being Monday, Dec. 21. Plan on sharing your Christmas season with us again by joining us on one of those nights. Tickets for "Melodies of Christmas" are \$10 each and can be purchased online at [www.bumbleberry.com](http://www.bumbleberry.com) or by calling (435) 772-3224. Owned and operated since 1972 by the Smith family (including current Springdale Mayor Stan Smith), the Bumbleberry Inn may be close to Zion National Park, but it has become a landmark of its own, whether as a place for travelers to rest their head or for locals to grab a bite at Wildcat Willie's Ranch Grill Saloon. The Bumbleberry Inn is located at 897 Zion Park Blvd. in Springdale.



## ST. GEORGE MUSICAL THEATER

St. George Musical Theater presents "The Christmas Bus." This fun holiday family musical offers a wonderful opportunity to take a moment out from the hustle and bustle of the season and truly enjoy the evening. Directed by Kelly Olsen, "The Christmas Bus" makes its southern Utah debut at St. George Musical Theater. Miz Frump, the bumbling but dedicated director of the Peaceful Valley Orphanage, wants her kids to experience a special Christmas with a real family, and no one will stop her—not the law-abiding Sheriff Snodgrass, not



the gossipy town Busybodies, and not even an old, broken-down school bus that's seen better days. Add a hitchhiking troubadour with a few dreams of his own, and you have a rollicking Christmas musical. Fifteen original songs turn Miz Frump and her orphans into a singing, dancing busload of adventurers. Join the adventure, and make SGMT a holiday tradition. "The Christmas Bus" plays Dec. 3-19 on Thursdays, Fridays, Saturdays, and Mondays at 7 p.m. Purchase tickets at [sgmusicaltheater.com](http://sgmusicaltheater.com) or (866) 967-8167.



## LOSING DISTANCE AS WE AGE SHOULDN'T MEAN LOSING STROKES!

by Scott Dunford

When I turned 50, I noticed that I had actually started gaining distance. It wasn't because I was getting stronger with age. It was more that I started playing better, making better contact with the ball, hitting it square on the face rather than striking at it with an out-of-control backswing similar to the old John Daly. No, I began to focus more on my grip, balance, takeaway, and flexibility. Plus, I started playing more back then, mostly due to free golf thanks to working part time at a golf course. As I approached my late 50s, however, all that great discipline I learned and depended on began to wane. At first, I got frustrated and started re-tweaking my swing, reading up on golf tips to do this and do that, and desperately looking for that new high-tech club or swing I thought would regain what I once had in length. I started swinging harder! The result was a loss of distance and accuracy.

It happens to all of us at some point, some sooner than others. It's probably due to how healthy we keep our bodies as we continue to stretch and exercise. Even if it's just playing golf at



least once a week, it's going to help. Forget going to the gym. It's overrated when it comes to maintaining a good golf swing, in my opinion. Pain does not equal gain in golf. Stretching and flexibility are by far more important to maintaining your golf swing. Yoga makes much more sense. That plus playing more and playing within your current physical condition. Aging is part of that condition. You can't expect

to maintain over 300 yards forever or hit a 9-iron 150 yards anymore. Professional players like Tiger Woods and Phil Mickelson should learn from past major league baseball players, quarterbacks, hockey players, you name it. They all start to lose that incredible power as they age. Most have to give it up after a few good seasons and settle for early retirement. Golf, however, is the longest-running athletic sport in the world that allows players to compete long after they're 40 years old. So why is it that we get so upset with ourselves when we can't perform like we once did in the "good old days?"



A few articles ago, I wrote that I was playing the best golf of my life at age 63. I still continue to amaze myself and my playing partners with consistent mid-70 scores on a wide variety of course conditions. I'm still playing from the blue tees most of the time, and it's not like I'm playing the same course over and over again. As we all know, playing the same course usually means consistent low scores compared to playing a wide variety of unfamiliar courses. I may have lost 20 to 30 yards off the tee, but I'm much better at trusting my swing and selecting the correct club within my ability. I no longer try to catch up to my younger opponents' over 300-yard drive or 150-yard 9-iron. I rarely ask someone like that what they hit. Why? It isn't my length with that club, but I can still learn from it. My 9-iron will typically travel 110 to 125 yards. So if he hits his 9-iron 150 yards, I know I'll need my 7 or 6-iron to reach that same distance. Who cares if I hit two extra clubs

if I consistently give this long-ball hitter a run for his money? There's justice for all, even as we age, if we learn to use the power we have with the knowledge we've gained over the years. As a side note, play from the forward tees if you can't reach the greens in regulation. You've earned it, after all.

Take this year's "Player of the Year," 22-year-old Jordan Spieth. What an incredible year this man has had! His average length off the tee is at least 30-40 yards short of Dustin Johnson, Jason Day, and Bubba Watson. Yet he's player of the year and most certainly will maintain a top 10 position for years to come. More than likely, he'll also avoid back injury and the like as he ages. Tiger, Freddy, Phil, and several others have endured back surgeries and shoulder, hip, and wrist problems from trying to keep up with the younger guns and the redesigned 7,400-yard venues. They should be focusing on their short games and long irons and taking full advantage of their years of experience in difficult situations. I contend we should as well! Our bodies are like a piece of fruit. We develop and peak, but then we over-ripen and age. Isn't most fruit sweeter when it's a bit over-ripe? Before you fall from the tree, golf life can be sweeter as we age. Utilize all that you've learned, and swing within your range. Take a longer club, and don't sweat the long stuff. You'll still be approaching the green in regulation but with a longer club than your younger opponent. Don't fire your hips through impact or over-swing your shoulders. That causes injury and will not only seriously impact your ability to compete but will also shorten your ability to play golf well into your 80s.

If I could give every player one piece of advice for all levels, it would be to have your abilities assessed by a well-trained professional who can identify your key areas of weakness and develop an effective exercise and stretching regimen. It's no guarantee that you'll remain injury-free because golf puts an incredible repetitive strain on a set of muscles that can place your body at risk, but let's not talk negatively here. It's just more fun to play well and without pain, so take the necessary precautions. Play long and prosper rather than hit it longer with less consistency and potential long-term injury. See ya on the links.

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# YOUR MONTHLY GOLF TIP

## THE TOP 18 HOLES IN MESQUITE, PART ONE

by Adam Schwartz



**Wolf Creek No. 1:** a beautiful start to a magnificent golf course.

The first hole at Wolf Creek is a dramatic par 5 themed to the entire layout of the course. Like the majority of all the holes at

Wolf Creek, all tee boxes are elevated, which accentuates the amount of time the ball is carrying in the air. It's a generous par 5 where a well-hit tee shot can give you a chance to reach the uphill green.

**Conestoga No. 2:** a picturesque downhill par 3.



The elevated view from any tee box shows a magnificent view of Mesquite's vistas and natural beauty. The surrounding natural desert areas just to the left and beyond the green are separated by a stone wall elevating the green above the hazard.

**Palmer No. 3:** the most difficult par 4 on the Palmer course.

Standing on the championship tee box, you can actually see 18 different holes from three different golf courses. The blind tee shot leads down to a tight landing area, but the second shot guarding the front of the boomerang-shaped green is challenging for players all levels.

**Canyons No. 4:** a picturesque downhill par 3 to the longest but narrowest green (front to back) on the course.



Playing anywhere from 120-180 yards, this unique hole has a backboard on the right side of the green that can help any slice look like a great shot.

**Wolf Creek No. 5:** one of the biggest drop offs from tee to fairway.

A common theme to this course is the elevation change from tee to fairway. This is certainly one of the biggest drop offs. The intimidating tee shot forces a player to either land in the generous part of the fairway or try to carry a huge

canyon on the left side of the hole. The more a player bites off, the better the chance to hit this par 5 in two.

**Falcon Ridge No. 6:** a dramatic par 4.



This hole starts high atop the fairway and goes into a difficult landing area that is surrounded by desert cliffs on the left and pond on the right. If you are fortunate to hit the fairway, your next shot is to an elevated green with a mesa backdrop behind the green.

**Wolf Creek No. 7:** the ideal risk-reward hole for a long hitter.

The wide, but narrow green has a naturally elevated back stop that invites an aggressive tee shot to land and stay on the green. If hit short, the tee shot will roll back into the pond below the green. The safe play is to hit an iron or hybrid to the crest of the fairway before it drops severely down to the pond.

**Palmer No. 8:** the final hole in a four-hole stretch Arnold Palmer called his "masterpiece."



This stunning par 5 has a 100-foot drop tee to fairway. The first half of the fairway is surrounded by towering canyons on both sides. The second half of the fairway leading up to the green is guarded by a pond that stretches the entire front of the green to the back right. If a player hits a good drive, the temptation to go for the green in two is one of the great risk-reward shots in Mesquite.

**Conestoga No. 9:** a chance to bomb away from the tee box to a generous fairway.

This double dog-leg hole take the player downhill to a green surrounded by several bunkers short and right of the green and huge pond on the left.

Adam Schwartz is a class A PGA professional and pro of the Oasis Golf Club in Mesquite.

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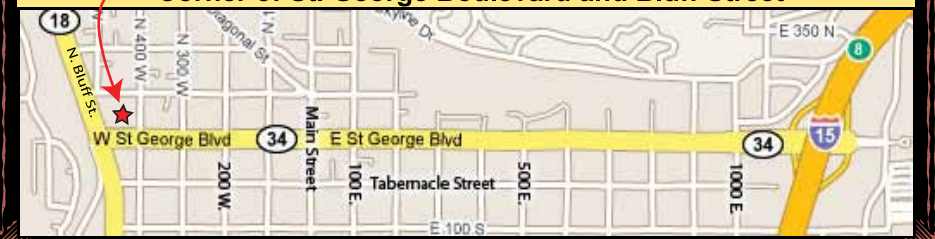
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## RECREATION

# HIKING SOUTHERN UTAH: MILL CANYON TRAIL

by Don Gilman

**Trail Name:** Mill Canyon Trail  
**Location:** Pine Valley Mountains  
**Difficulty:** strenuous  
**Length:** 10 miles roundtrip  
**Elevation gain:** approximately 1,500 feet  
**Family-friendly:** no  
**Dog-friendly:** yes

The Mill Canyon Trail is a spectacular hike in the Pine Valley Mountain Wilderness that leads through a narrow canyon lined with towering crags, a rich forest of fir and aspen (particularly beautiful in fall), and a seasonal stream. With the fall colors peaking and winter's snow right around the corner, this is the perfect time to visit this isolated corner of the Pine Valley Mountains.

**Access:** To find the trailhead for the Mill Canyon Trail, drive north 22.7 miles from the junction of Bluff Street and St. George Boulevard. At the town of Central, turn right onto East Center Street-Pine Valley Highway east. Drive for just under seven miles until Forest Service Road 011 is reached. Turn left and continue for 4.3 miles. At a signed junction, turn right onto Forest Service Road 255, and follow it for a little less than 1.5 miles until it ends at the parking lot for the Mill Canyon and White Rocks trails.



The rocks, combined with the dense forest and the intermittent stream, give the place a magical atmosphere. The trail begins by heading due east, following a fence line belonging to the nearby ranch. Walk east for approximately 0.75 miles to where the path reaches the junction with the White Rocks Trail. Take the right-hand fork, which abruptly jogs south. Continue hiking as the path gradually curves back towards



the east. In about 0.6 miles, the trail will enter the canyon proper. From here, the trail increases in beauty and ruggedness, following the canyon floor. The stream at the bottom of the canyon is often little more than a trickle, but in late spring it can sustain a more consistent flow.

The trail, while narrow and brush-lined, is easy to follow and maintains a fairly even pace of ascent, although there are occasional steps where its steepness increases. Towering cliffs and crags line both sides of the canyon, and the trail maneuvers around the occasional boulder. The rocks, combined with the dense forest and the intermittent stream, give the place a magical atmosphere. With the canyon as narrow as it is, it does not receive a lot of direct sun. Hiking in the Pine Valley Mountains is a completely different experience than the nearby desert. The scent of wet pine and the feel of moisture is reminiscent of hiking in the Northwest.

At around the four-mile mark, the trail turns south again and begins to make a more earnest ascent up the canyon. Look for the remnants of the old mill equipment on the east side of the trail. This was once a heavily logged area back in the late 1800s. There are an old boiler and scattered parts of other equipment here.

The last mile of the trail before Mill Flats is definitely the most challenging, with about 500 feet of elevation gain in that stretch. The final flat section before the flats passes through a dying forest of ghostly fir snags (victims of a previous fire) and young aspen trees rising to fill in the void.

Upon arriving at Mill Flats, a grassy meadow with a small stream running through its center, all the toil and work to get here seems worth it, especially if you are visiting in autumn. The aspens are a brilliant splash of color if timed right, and combining that with the verdant green of the firs and the craggy splendor of the surrounding peaks makes this a spot one wants to linger in for a long time. It is truly spectacular, and makes for an excellent spot to eat lunch or, if one has the time and inclination, to make a backpacking base camp. Several trails branch out from here, allowing for a multi-day exploration of the vast Pine Valley Mountains.

When ready, return back down the trail for the long walk back to the parking area.

## WELLNESS

# WHAT TO DO WHEN POSITIVE THINKING DOESN'T WORK

by Jonathan Decker

"I'm good enough, I'm smart enough, and doggone it, people like me." This satirical self-affirmation, made famous by Saturday Night Live character Stuart Smalley, highlights the type of thinking advised by many therapists, researchers, life coaches, and others. While there is much research to support the power of positive thinking, sometimes it just doesn't work.

Even when actively trying to focus on the good and "count their blessings," people still get caught in self-defeating thinking and behavior cycles. They still fail to make improvements. Sometimes they over-correct, turning a blind eye to their faults and failing to take accountability. In my estimation, positive thinking is necessary but not sufficient. Here are four things to do when positive thinking doesn't work.

### Be realistic about your strengths and weaknesses

Each of us is a combination of talents and flaws. People who see only their strengths tend to exaggerate them, leading to arrogance and lack of self-correction. However, people who consider only their flaws have a self-perception that is equally unrealistic and distorted, leading to hopelessness and (again) lack of self-correction.

In our worst moments, we tend to magnify some aspects about ourselves while minimizing others. When you look at yourself and see mostly flaws, ask yourself if shame is causing you to exaggerate. If you don't think you have much to improve upon or you believe you're hardly ever wrong, ask yourself if you're blinded by overconfidence. If necessary, ask a trusted friend who'll be honest with you. Strip away whatever is magnified and distorted by emotion to work with the truth of the matter. Be humble and willing to change.

### Label your behavior, not yourself

Instead of "I'm a liar," redirect your thoughts to "I should have been honest. I'm better than that, and I need to make this right." In this way, you don't engage in

self-defeating thinking. After all, if you see yourself as a failure at your core, you'll stop trying to improve because you won't believe you can change. However, if you see yourself as a good person who needs to correct a behavior, you're far more likely to do so.

### Practice "Yes, but"

I knew a woman who, when confronted with a weakness, would counter with "Yes, but I'm good at other things." I loved that. She acknowledged mistakes and things she did not excel at but didn't allow this to drag her down. She focused on the positive, on her strengths, without negating the areas she could improve upon.

Many of my clients find it helpful after seeing the kernel of truth in their negative perceptions (and stripping away the excess) to practice the mental exercise of thinking "yes, but" and finding a positive. For example:

—"I'm not in as good of shape as I want to be ... *yes, but* I can start today to eat better and exercise more."

—"I lost my temper and yelled at my children ... *yes, but* I also apologized, held them close, and told them that it wasn't their fault. I took accountability and showed affection."

—"I feel so rejected after this breakup ... *yes, but* I've got loving family and friends who'll help me through it."

—"I feel sad about growing old ... *yes, but* at least I have the opportunity to do so."

Many people find that "yes, but" helps them to think positively but also realistically. To them, many positive thinking exercises seem like hokum. Accustomed to negative thinking, their brains reject optimism like the body rejects an incompatible organ transplant. The "yes, but" exercise allows them to redirect their thoughts while also being honest with themselves.

### Set specific long-term goals, then make attainable short term goals to get there

Focusing on the good will fuel your progress, but it will not change your situation in and of itself. Combine positive thinking with goals of what you want to accomplish, and set smaller goals to help you get there. These smaller goals should take you an hour or less to complete. The accomplishment of achieving mini-goals will facilitate positive thinking, giving you the confidence that only *actual progress* can provide.



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## WELLNESS

# PEACE ON PAPER: HUMAN SUSTAINABILITY AND PEACE REQUIRE SPECIAL PLACES TO THRIVE

by Paul Van Dam in collaboration with Lisa Rutherford

Having just celebrated my 78th birthday, my mind wanders to thoughts of our planet, the humans that inhabit it, and what's needed for our wellbeing now and in the future. I know that my own wellbeing requires time for solitude and reflection and that without it my ability to develop my own aptitudes for peace and being able to deal effectively with others become challenged. I believe that all humans have similar needs and that, when not satisfied, people become unable to deal effectively with each other and themselves.

There are different ways of finding opportunities for solitude and reflection. Some find it in their religions while others find it in nature or other activities. I often find mine in music but also find it in nature to a great extent. This is why I believe it's so important to have special places close by where I can recreate myself and get close to nature and, therefore, the creator, whatever or whoever one deems that to be.



This leads me to local issues that tie into these ideas. In the next several decades, as Washington County grows to 500,000 or more people, the Red Cliffs Desert Reserve and our two NCAs (Red Cliffs and Beaver Dam Wash) will face more pressure from added population and tourism. These areas offer citizens and visitors the opportunity to get away from the day-to-day hubbub and connect with nature and themselves. If protected, they will remain areas that all Washington County residents and visitors—current and future—can enjoy with respect and feel proud to have as special places in a sea of rapid growth and activity. They will be places where people can renew themselves and feel better about themselves and others.

In particular, Red Cliffs NCA and the Red Cliffs Desert Reserve will face serious challenges. Already, due to the reserve's and NCA's urban proximity, the area receives heavy use, and the effects are evident. The proposed Northern Corridor is not the only challenge facing our reserve and NCA.

Social trails—areas where well-meaning visitors go off-trail—are occurring more often. The social trails cause damage to critical soils and lead to ground disturbance that encourages the growth of non-native and destructive plants. Loose dogs in the area are also a problem.

If these special places where humans can recreate themselves, find solitude, and establish harmony in their lives are diminished by overuse and poor decisions, they will not remain places that provide these important opportunities that help develop happy, healthy humans who can get along and contribute to our world's future.

Activities in the reserve and NCAs will require more management so that residents and visitors are not allowed to misuse these sensitive areas. While we pave over the rest of Washington County's "paradise," there need to remain special areas that are off limits to the stresses that growth will bring.

The BLM is taking public comments on their Resource Management Plan (RMP) until Nov. 16. This plan will determine how these areas will be managed in the future

for the wellbeing of the various species they protect but also for the humans who enjoy them.

All of our citizens have the opportunity now to help protect these areas for themselves, their loved ones, visitors, and future residents. Alternative B and Alternative C in the RMP do not include a Northern Corridor route. Alternative A, which mimics the current management of the two NCAs and other BLM lands in Washington County, would probably leave this contentious and damaging road issue open to further debate rather than sending road planners and leaders back to the drawing boards to better manage our area's traffic needs.

Although the BLM supports Alternative B, which provides more protection than Alternatives A and D, it provides less protection than Alternative C and I believe will not satisfy the needs of our NCAs, particularly Red Cliffs. Citizens can find more information at the BLM's website and Citizens for Dixie's Future website.

Last month in her World Peace Gardens article, "Peace on Paper: The bigger picture, loneliness, and solitude," Ann B. Goddard talked about how being prepared can lead to serenity when a possible disaster is at hand. We are not facing a disaster when it comes to our reserve and NCAs now, but what disasters may unfold in the future in these pristine areas, which depend on our protection and will serve our human needs in the future, if we don't support them and prepare them properly for that future?

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# DOWNTOWN OFFERS MUCH TO BE THANKFUL FOR

by George Scott



Fall is a gorgeous season to enjoy southern Utah. The temperatures cool down, and the events heat up. Downtown was packed with world-renowned events during October. The marathon and senior games brought visitors from around the world. This offered a chance for us to showcase to the world our exceptional scenery and growing culture.

Our entire region is bursting with beautiful sites and fantastic events. With Zion, Brian Head, Bryce, Pine Valley, Snow Canyon and so many other outdoor recreational opportunities surrounding us, it is easy to create an adventure. Fall brings many spectacular events downtown, allowing us to fully engage with the community. The Live United LIVE Music Festival, the St. George Book Festival, George Streetfest, St. George Musical Theater's production of "Arsenic and Old Lace," Art on Main, and several events at the DiFiore Center offered an October to be thankful for.

November brings our attention to family and friends as we center around Thanksgiving. Downtown offers a setting in which we can reflect upon gratitude. It presents an environment that can be enjoyed with our loved ones. The splash pad at Town Square Park quiets down as

temperatures start to drop, making the water play less appealing. It is a great time to get out and see the Art Around The Corner exhibits, enjoy a picnic, or take a stroll and contemplate all the blessings we have been showered with over the year.

The DiFiore Center is a community treasure providing constant reasons to be grateful. The entire operation is one of giving. By housing several local groups that provide art, culture, and entertainment, it offers those with wings a place to fly. The DiFiore Center has continuous events going on throughout each month. The month of November brings Brian Johnson's exhibit, "Show and Tale." This exhibit will showcase selected paintings from Johnson's work from two different series. "Urban Bodies" captures the human body as filtered through an urban lens. "On The Run" is a tale of carousel animals set free to run. The exhibit runs Oct. 31 through Nov. 30 at the DiFiore Center, located at 307 N. Main in downtown St. George.

George Streetfest has received the nod of approval and support from St. George City Council and the St. George Area Convention and Visitor's Bureau to continue through 2016. The area's largest monthly event is quickly changing

southern Utah nightlife, offering a glimpse of the possibilities. The community has embraced the event and has made it a huge success. Consistently offering something for everyone, George Streetfest continues to be fresh each month with new contests and growing additions to the event. Held downtown each month with the closing off of Main Street, the music on the main stage is high-energy and fun. Activities and festival food fill the streets at every turn. The music and entertainment of the Jazz Garden in the courtyard of Ancestor Square bring continued high-caliber talent while allowing for drinks with friends.

The first Friday of every month is a welcomed addition to the community and provides many reasons to be joyfully thankful.

The St. George Art Museum is an excellent place to visit in the downtown area. They continually offer quality exhibits from a spectrum of periods, cultures, and media. The collections rotate, making it a place to visit often throughout the year. The St. George Art Museum currently has three exhibits running: "A Bright Swirling of Bugs," an installation by Kay Miner; "Weaving a Revolution: A Celebration of Contemporary Navajo Baskets" from the Natural History Museum of Utah, and Studio Art Quilt Association's "SILVER."

All three exhibits run through Dec. 31 and can be found at 200 N 47 E.

Art Around The Corner is a constant presence downtown and offers much to be grateful for throughout the year. The permanent collection and temporary exhibits offer over 60 sculptures to the downtown area. The open-air nature of the exhibit allows for enjoying the art while strolling the downtown streets and enjoying the ambience of the historic area. Art Around The Corner is currently preparing for the 2016 season with a call for entries, due by Nov 13. This beautiful endeavor of showcasing brilliant art continues to make the downtown area a wonderful place to enjoy year-round. Visit [artaroundthecorner.org](http://artaroundthecorner.org) for more information.

The downtown area is beginning to transform in preparation for the holiday season. Dazzling lights will soon glow throughout the entire downtown area, creating a magical feel. St. George Musical Theater is busy preparing for their production of "The Christmas Bus." Downtown merchants are transforming their boutiques into holiday workshops, and restaurants are adding dining options special to the season.

November is a fantastic month to get out for a relaxing visit to the downtown area and see all the amazing things we have available to our community. It offers a setting ideal for reflecting on what we have to be thankful for.

See you downtown!



## GEORGE STREETFEST TO KEEP CROWDS GROOVING THROUGH WINTER MONTHS

by George Scott

George Streetfest on Main is gearing up to continue through the winter months with a Gingerbread Tour in December and a New Year's Day Masquerade on Jan. 1. Then, with approval of renewed support and sponsorship by St. George City and the St. George Area Convention and Visitors Bureau, this new favorite nightlife event in southern Utah will continue through 2016.

Each month, the event continues to evolve as community members step up to offer talent and support. Adding a new youth dance party on Tabernacle Street, DJ Spinz brings a new twist to the Simister Ortho George Jr. Village. Additionally, the Dixie State University Sustainability Club, with support from BluCan Curbside Recycling, launches the George Recycles program with various BluCan stations located throughout the event. The popular Food Truck Village venue is also beefing up for the winter with added sponsorship by Robert J. Deby and Associates.

Performing at the Precision Hearing Main Street Concert in December and January will be various southern Utah performing groups such as Soul What!? ringing in the holiday season on the main stage from 9 to 10 p.m.

The George New Year's Day Masquerade will be hosted on Main Street

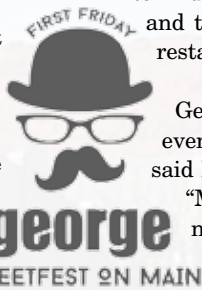
by DJ Lex and his Amazing Steam Powered Music Machine from 6 to 8 p.m. on the Precision Hearing Main Stage. Headline bands will follow performing from 8 to 10 p.m.

The Jazz Garden is scheduled to resume at Ancestor Square from 6 p.m. to midnight both months with live jazz and tapas by favorite Ancestor Square restaurants.

"The continuation of George Streetfest as a new resident event is very exciting to all of us," said Melynda Thorpe, event presenter.

"Many have looked for a fun, safe nightlife option in southern Utah. The true magic of George is that it gives us good reason to gather as a community at the heart of Historic Downtown every month and celebrate."

Local artists and performers interested in applying for the Supporting Artists with Vision Scholarship should call Karyn at (435) 215-36941. The scholarship offers street accommodations, including tent and vendor fees, for up to two southern Utah artists each month. For more information, please visit [georgestreetfest.com](http://georgestreetfest.com) or email [george@emceesquare.com](mailto:george@emceesquare.com).



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## ART AROUND THE CORNER FEATURED PIECES: "AMERICA" AND "HAWKER HURRICANE"

by George Scott

### "America" by Jerry Anderson

Jerry Anderson's "America," makes a bold statement. The roughly edged piece is less processed than most of what Anderson is known for. Like "Pink Lady," it demonstrates his continued exploration as an artist. In addition, "America" offers the viewer a perspective of our country from an artistic vantage point.

"America" depicts a larger-than-life eagle, America's national bird. The selection of the eagle along with naming the piece "America" conveys an universal message through its association. This alone generates feelings and emotions for many without additional words. It is easy to see why Anderson has become such an influential artist with people around the world collecting his work.



### "Hawker Hurricane" by Ronnie Walker

Located just outside Twenty-Five Main Café, Ronny Walker's "Hawker Hurricane," almost does not feel like a sculpture. Rather, it appears nearly alive, making the viewer nearly expect to have this fun dog jump down and follow him or her along. It is not simply the attention to detail in

capturing the external likeness of the dog: There is also emotion represented with this frisky, friendly companion.

Walker created this sculpture as a tribute to a fourteen-year-long friendship she had with Hawker. The relationship was more than just an ordinary friendship: It was one of companionship. Hawker spent the majority of those fourteen years traveling with Walker to shows around the country and patiently enduring long hours in the studio.

"Sculpture has always been a fascination for me, as far back as I can remember," Walker shares on her website. "I recall as child gazing up at the statue of a Roman emperor, watching the light and shadows change the sculpture's mood. Also, its physical presence becoming part of the surroundings, claiming its own space. I fell in love."

Walker grew up in Europe with her father. His appreciation for art introduced her to many venues rich in art. The lasting impression left on her from these experiences led her on a lifetime journey in the arts. She studied formally and in private institutions. She became a painter, a writer, a musician, and a photographer. These studies resulted in her consuming passion as a sculptor.



## BUSINESS SPOTLIGHT: DESTINATIONS ORGANIC SALON AND SPA CELEBRATES ONE YEAR OF COMBINING HEALTH AND BEAUTY

by George Scott

One year ago, the mother-daughter duo, Lisa Herring and Tori Frei, officially began their own downtown health and beauty operations. With several years in the industry, Lisa and Tori felt there was something missing. They held a strong belief that beauty should enhance health rather than take away from it. With a passion for bringing together healthy beauty and healthy body, they opened Destinations Organic Salon and Spa.

Their commitment to providing a wonderful, relaxing experience using only high-quality, organic products is seen and felt in everything they do. With so many harmful chemicals in the environment that cannot be avoided, Lisa and Tori decided to find ways to exclude it from the beauty products and services they offer.

"It takes less than 30 seconds

for many of the chemicals in beauty products to reach the bloodstream through contact with the skin," Lisa said. "So many manufacturers do not take this important fact into consideration when developing their products. We have made it our mission to find and provide product manufacturers with cruelty-free, ethical production of natural, chemical-free beauty products. Everything we use is organic."

Destinations Organic Salon and Spa's hair dye and permanents are 100 percent ammonia-free and have no harmful chemicals, toxins, or carcinogens. They use local, organic nail gel that contains no acid primers, no acrylic monomers, no glues, and no harsh vapors. All of their scrubs and massage oils are handmade with natural, organic ingredients.

"The preparation process with organic color is very different for most people," said Tori. "With normal hair colors, the pigments are forced into the hair with chemicals that strip the natural oils and damage the hair. Our color is made with hydrolyzed wheat protein that gently deposits pigments into the hair shaft, rather than forcing it in with harsh chemicals. Because the color is so natural and gentle to the hair, it needs to be gently prepared by opening up the cuticle first. We do this by washing with warm water and then processing the color under heat. The result is beautiful hair that has

been nourished and conditioned instead of stripped and damaged."

To celebrate their one-year anniversary, Destinations Organic Salon and Spa partnered with The Breast Cancer Charities of America, donating 15 percent of all of their services and sales during the last week of October to the iGoPink campaign to help bring about treatment and awareness. This downtown business not only provides service in a superior fashion, but they also do so conscientiously.

Those looking to enhance their beauty or enjoy a heavenly massage can do so while also feeling good about the business they are supporting. Located at 146 North 200 West, Destinations Organic Salon and Spa is another great reason to enjoy downtown St. George. They can be reached at (435) 674-0101.





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# MOVIES

- ★★★★★ - Amazing!
- ★★★★ - Good
- ★★★ - Decent
- ★★ - Poor
- ★ - Terrible

## THE INDEPENDENT MOVIE GUIDE by Adam Mast

**THE WALK (PG)**  
★★★½



The fantastical, somewhat unbelievable, very real facts behind wire walker and “The Walk” subject Philippe Petit and his breathless trip from one twin tower to the other have been covered before in a skillfully constructed documentary called “Man on Wire.” “The Walk” is an

Imax-sized dramatization of the same events from the great Robert Zemeckis (“Back to the Future”), and while it is a technical marvel to be sure, something is certainly amiss here. Namely, a 90-minute set-up that isn’t as insightful or as compelling as the components that make up the documentary that came before it.

Levitt’s performance is a bit of a high wire act in of itself. His energy conveys the passion, eccentricities, artistic integrity, swagger, and somewhat assholish nature of this complicated man. The French accent certainly leaves a bit to be desired, but Levitt gives it his all, and he’s particularly effective during the wire-walking scenes—not only bringing startling physicality to these sequences but a commanding internal complexity as well. In short, when he’s up there, silent, walking through the clouds, he really does appear to be one with the wire. Obviously, Levitt is complemented by truly remarkable visual effects here, but his commitment is every bit as vital to the effectiveness of these unforgettable moments.

Like Petit, Zemeckis is a consummate showman. Again, “The Walk” is a technical marvel, but if you take away a lot of the visual flair, the first 90 minutes of the picture are surprisingly bland. And aside from a pleasant father-son dynamic between Petit and Rudy, there’s a certain level of artificiality when it comes to the rest of the relationships in this film.

“The Walk” earnestly attempts to capture the innocence of the ’70s, and once Petit and his crew engage in a caper of sorts, there’s a breezy, carefree quality to the film that might remind one of Soderbergh’s “Ocean’s 11” and Spielberg’s “Catch Me if You Can”—only here there are bursts of humor and odd touches that sabotage the film’s attempts at conveying genuine tension and real-life drama.

Furthermore, Zemeckis lends the

movie a fantasy element that almost dares you to forget that what you’re watching did, in fact, happen, and that really hurts the overall tenor of the film. This is to say nothing of the intrusive, virtually unnecessary narration by Levitt. He doesn’t need to tell us what’s going on when we can see it as clear as day.

As problematic as “The Walk” is, and despite the fact that as a whole it isn’t as compelling as James Marsh’s “Man on Wire,” it has to be said that the last 35 minutes of this picture are undeniably breathtaking and more than worth plunking down the extra cash for an Imax ticket. In exhilarating fashion, Zemeckis delivers a real showstopper. And what’s more, in addition to capping off this movie by showing viewers to what lengths this crazed, passionate artist would go to in an effort to achieve his dream, “The Walk” also ends on a heartfelt note that serves as a powerfully moving tribute to the twin towers and New York City.

**MAZE RUNNER:  
THE SCORCH TRIALS (PG-13)**  
★★★½



Props are in order to “Maze Runner: The Scorch Trials” for not only being considerably larger in scope than the first entry but also for refusing to simply rehash the plot of its predecessor. If only it were as engrossing and as mysterious. Still, there’s quite a bit here worth recommending.

“The Scorch Trials” is based on the second book in the wildly popular young adult series created by author James Dashner, and it wastes no time in picking up where the first story ended. After surviving days of solitude and managing to navigate their way through a massive maze populated by deadly creatures, a confused Thomas (Dylan O’Brien) and his newfound friends quickly realize that their previous adventure was only a smaller part of a much bigger picture.

That bigger picture includes a post-apocalyptic world ravaged by a virus that turns human beings into monstrous, zombie-like creatures (a fusion of the Bonies in “Warm Bodies” and the humanoids in “I Am Legend”). At the heart of a world gone to hell are Thomas and a laboratory full of young individuals who must adapt to a life quite different from the ones they were being tested in just outside their respective

mazes.

Ultimately, Thomas and his friends find themselves engaged in a journey that will lead them across a dangerous, smoldering desert landscape all in an attempt to outwit a potentially diabolical organization called WCKD. It won’t be easy, however, as they will have to fight off hordes of the infected and deal with the mysterious underground soldier Jorge (Giancarlo Esposito) in the process.

Gone from “The Scorch Trials” is the disorienting Twilight Zone-esque mystery of the first movie, and in its place is a more straightforward narrative akin to something like “The Hunger Games” mixed with the viral horror of “28 Days Later” and the post-apocalyptic bleakness of the “Mad Max” films. There are even traces of “Aliens,” “The Terminator,” and “Planet of the Apes” here.

Again, “The Scorch Trials” lacks the mystery and intrigue that made the first film so memorable, and sporadic moments of cheesiness don’t do much to help matters. Furthermore, fans of the books have pointed out that a key element from the story has been omitted, lessening the importance of the stakes. In the end though, this is still a journey worth taking for two reasons. First, director Wes Ball is a fantastic filmmaker. He has a great visual eye and he brings a grand sense of adventure to the proceedings that might remind viewers of “Raiders of the Lost Ark.”

The second reason it’s worth seeing is that it has Dylan O’Brien in its corner. This kid is a star in the making, and it’s a testament to his natural ability as a performer that we’re willing to follow his Thomas on this journey no matter how overly complicated and convoluted it might get. While he has the physicality to pull off this film’s numerous action scenes, he’s equally adept in the quieter, more dramatic moments.

“The Maze Runner” series will conclude with “The Death Cure” in 2017, and while I haven’t read the books and have no idea what the outcome will be, I can’t help but feel that these movies would have been better as a “one and done.” The ambiguity at the end of “The Maze Runner” was the perfect kind of ambiguity. Imagining what would come next is much more effective than being told what comes next. Regardless, I will be there to see how it all comes to a close, and I have my fingers crossed that O’Brien and Ball will close the series out on a tension-filled high note.

**BRIDGE OF SPIES (PG-13)**  
★★★★

Is there a more celebrated filmmaker on the planet than the great Steven Spielberg? Doubtful. “The Beard,” as he’s affectionately referred to by his legion of die-hard fans, cut his teeth on cinematic thrill rides and awe-inspiring tales of

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## MOVIES

the fantastical early on, but throughout his illustrious 40-plus-year film career, Spielberg has become equally adept with the historical drama. His new film “Bridge of Spies” isn’t as monumentally impactful as “Schindler’s List” and “Saving Private Ryan,” but it’s still an expertly crafted, understated cold-war-era drama filled with wonderful acting and themes of honor and conviction.

In this subtle true story, national treasure Tom Hanks plays James B. Donovan, an insurance lawyer who is hired to represent suspected Russian spy Rudolf Abel (Mark Rylance) after the low-key painter is brought in by the authorities.

Initially, Donovan and his family fear that his representing this man will paint him in a negative light, but soon after taking on the case, all the negativity surrounding it prompts the do-gooding lawyer to do right by Abel. Eventually, Donovan stops looking at this imprisoned man as a danger to the American way of life and more as a human being of rich character. He is a man who was simply following his orders, a proposition that is frowned upon by the majority of the U.S. until an American soldier is captured by the Russians for almost exactly the same reasons.

“Bridge of Spies” is all about those moral grey areas, and it’s very careful in the way that it depicts the good and the not-so-good on both sides of the fence. This is a movie about characters doing things for what they truly believe to be the right reasons. Obviously, there’s a spy and espionage angle at play in this picture, but one might be hesitant to call this a spy and espionage “thriller” because it’s more of a slow-burn, character-driven piece. And that’s fine. “Bridge of Spies” doesn’t have to move like a freight train because if it did, the importance of the issues at the heart of the movie might have been lost.



As expected, “Bridge of Spies” is a gorgeous production. Spielberg always surrounds himself with the best in the business and after all these years, it’s clear that “The Beard” still knows how to shoot a picture. Through the aid of Cinematographer Janusz Kaminski, Production Designer Adam Stockhausen, Costume Designer Kasia Walicka-Maimone, and composer Thomas Newman, “Bridge of Spies” is certainly one of the most beautiful movies of the year.

Again, this is a bit of a slow burn, but in the end, Spielberg and his screenwriters Matt Charman and Joel & Ethan Cohen have fashioned a very timely historical drama, one that really gets under your skin. “Bridge of Spies” has a lot to say about the true nature of real heroes, but it doesn’t always say it in a big flashy way; and the final 20 minutes pack quite an emotional punch. This is a very solid movie, despite a somewhat bland title.

**CRIMSON PEAK (R)**  
★★★½

Guillermo del Toro returns with a sumptuously crafted Gothic romance that

isn’t so much interested in using ghosts to scare us as it is in showing us how ghosts are born. And in fact, some viewers might be a little disappointed to learn that “Crimson Peak” is more of a love story, a tale of redemption, and a movie about people than it is a film about terrifying apparitions. As this film so eloquently suggests early on, “Ghosts are a metaphor for the past.”

In “Crimson Peak,” young and naive writer Edith Cushing (Mia Wasikowska) finds herself drawn to mysterious stranger Thomas Sharpe (Tom Hiddleston). Against the wishes of her reputable and stern father, Carter Cushing (Jim Beaver), and much to the dismay of childhood friend Alan McMichael (Charlie Hunnam), Edith pursues Thomas. Following an unforeseen tragedy, Edith continues her courtship with this handsome stranger. The whirlwind romance eventually finds the writer moving in with Thomas and his bitter sister, Lucille (Jessica Chastain), in a rundown, sinister-looking manor located in an isolated section of the countryside. It doesn’t take long for Edith to discover that this particular manor has many secrets.

“Crimson Peak” is stunning to look at; there’s no doubt about that. The production design—most notably the gorgeous Gothic dilapidated manor where most of the story unfolds, a manor that literally bleeds—is absolutely spectacular, as is the stellar cinematography and the lush costumes. Del Toro uses all of these things to his utmost advantage. If only his screenplay (which he co-wrote with “Dragonslayer” scribe Matthew Robbins) were at the same level as the production design.

It’s not that “Crimson Peak” is bad. Far from it. In fact, there is quite a bit worth recommending here, and if you watch this film from a Hammer Horror perspective, you’re likely to get sucked into del Toro’s passionate vision hook, line, and sinker. However, the truth is, while offering up a few spooky moments and atmosphere to spare, “Crimson Peak” isn’t particularly scary.

Furthermore, the CGI work actually hurts the film. With all due respect to amazing creature performer Doug Jones (his movements here are as astonishing as always), one might argue that not showing the ghosts might have been more effective. As it stands, most of the creations here are along the lines of what we saw in Andres Muschietti’s “Mama.” Granted, “Crimson Peak” as a whole leaves a stronger impression.

Having said that, this isn’t the first time del Toro has told a story about the tragic memories that haunt us, and it most certainly isn’t his first foray into the land of ghosts. “Devil’s Backbone” is significantly more effective as a tale about a “haunting.” Even A. Bayona’s “The Orphanage,” an emotionally charged ghost story in which del Toro served as a producer, was more intriguing and hard hitting.

“Crimson Peak” offers up three strong central performances (four, if you count the manor), the standout being an icy cold Jessica Chastain. And props to del Toro for managing to bring out a lot of personality in supporting player Charlie Hunnam, which was pleasantly surprising given how stiff the rugged “Sons of Anarchy” star was in “Pacific Rim.” The cast does their very best to bring an element of class to “Crimson Peak,” and aside from a few cheesy moments and an appearance by a slightly miscast Jim Beaver, all appear to be up to that challenge.

As for the R-rating, your guess is as good as mine. There’s a tastefully done sex scene and a couple of shocking moments in the final act, but by and large, “Crimson Peak” straddles the line between R and PG-13 in very much the same way “The Conjuring” did. Another reason to be completely baffled by the MPAA, but that’s a topic for another article.

In the end, “Crimson Peak” is a mixed bag. Del Toro really does direct the

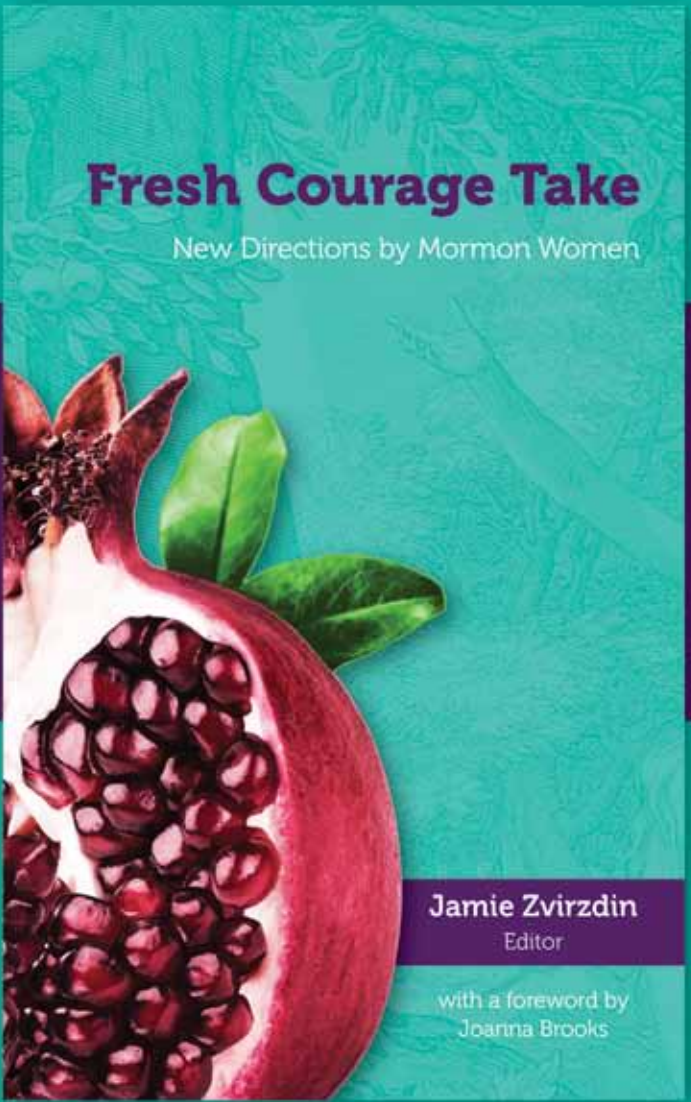
hell out of this thing, and there’s no doubt that his heart is in it every step of the way, but again, the story doesn’t quite hit that sweet spot. As beautiful as this movie is to look at, there are too few surprises to be found, and while del Toro’s emphasis on love, redemption, and the memories that haunt his characters lend “Crimson Peak” some much needed depth, they sort of drain the movie of that horror element many viewers might be hoping for.




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## BOOK REVIEWS

# AUTHOR'S ADVOCATE: I'VE WRITTEN A BOOK. NOW WHAT?

by David W. Smith

As a publisher and author, I hear the same question almost daily: "I've written a book. Now what?"

The inference, of course, is "How do I make what I've written become a sellable book?"



"Sellable" and "book" are really two very distinctive concepts that come with a plethora of to-do lists to make each one a reality as well as a success. There are a number of factors that play into the writing of a "readable" book that is well-written enough that interested people want to read it, producing the book (from the printed form, e-book form, hard or softbound covers, binding type, format, text size, etc.), and ultimately marketing and selling the finished product.

Each time I address writing groups, the majority of authors and aspiring authors have similar questions and similar needs to complete their projects.

Today, I want to address a very simple topic: research. Not the necessary research to write a compelling and authentic book, be it fiction or nonfiction. No, I'm talking about making sure you have explored what other published authors have done. You don't need to reinvent the wheel even as you are perhaps inventing something within what you are writing.

Take a notepad to your local book store. Visit books in the genre that you are writing about. Look at the format size, text size, layout, cover, back cover, chapter headings, and margins. Peruse the inside material: the title page, copyright page, table of contents, acknowledgements, dedication, foreword, preface, introduction, prologue, about the author, epilogue, and other possible sections you might want to include in your book. Most authors have not thought about these possibilities for their own books. Write down what you like or don't like about certain books and what catches your eye.

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Next month, I'll talk about the various publishing options, their pros and cons, and what to look out for.

# THE INDEPENDENT BOOK REVIEWS

by Rich Rogers

**Bomb: The Race to Build—and Steal—the World's Most Dangerous Weapon.**  
Steve Sheinkin. 2012

Flash Point. Hardcover, trade paperback, ebook, audiobook.

★★★★★

We all know how this story ends. But that doesn't make this book any less exciting, interesting, or important.

Steven Sheinkin is a historical writer who has written several titles for grade five up. I've already made note to two titles I want to read in the future. The Newberry Award-winning "Bomb" tells the story of the race to build the atomic bomb and the race to steal it.

Sheinkin tells his story by focusing on three aspects of the development of the bomb, and three individuals who were key in those three aspects. In the development of the bomb, he focuses on Robert Oppenheimer, also known as the father of the atomic bomb. With the resistance side in Europe, he focuses on Norwegian resistance leader Knut Haukelid. Average American Harry Gold is at the center of the espionage story. In fact, Sheinkin starts the book with Gold's capture and moves backward from there.

Just like a thriller writer, Sheinkin weaves stories throughout "Bomb," switching between characters. Starting with Gold as he is about to be arrested, he then backtracks, introducing Oppenheimer as a skinny super hero and Haukelid as the daring and brash Norwegian resistance fighter who will do anything to liberate his country from the influence and control the Nazis and the Quisling government.

Though he was famously absentminded, Oppenheimer headed up the Manhattan project. (He once left his date in his car walked home, and went to bed, completely forgetting about her. His friends said that was typical of him.) He had a brilliant mind when it came to physics and science and viewed his efforts to build the atomic bomb as his personal fight against Hitler.

There were two kinds of spies: the hardcore communists who believed wholeheartedly in communism and the Soviet Union and would do anything to advance the cause (unfortunately, one of those turned out to be a physicist on the British team) and average Americans who

got roped into helping because "the Russians are our allies, so why shouldn't we share with them?"

Then there were the Norwegians. The attack on the heavy water factory in Norway is the stuff of action novels.

In fact, any aspect of this story could be turned into a hundred exciting and interesting books.

Before reading this, I didn't realize the Germans surrendered just before the bomb could be used against them. But the Japanese dug in their heels, and that's where the bombs were used.

Sheinkin is a consummate storyteller, weaving science into the story without talking over the readers' heads and making it an interesting and exciting read. By using quotes from diaries and interviews, it also succeeds in giving readers a taste of the times. He leaves none of the major players out—from Oppenheimer's assistant Dorothy McKibben at Los Alamos to Paul Tibbets, the pilot of the Enola Gay, or Ted Hall, the Russian spy who was never arrested.

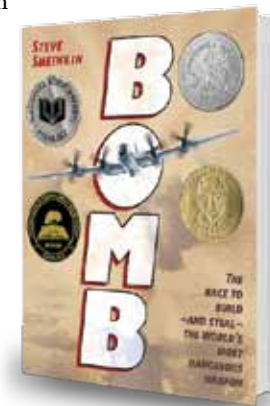
He also reveals little known facts, such as secret cities scattered all across the nation. These cities were built by the government specifically to build the bomb with different aspects being done separately. Most if not all of the people in these cities had no idea that they were working on some part of the Manhattan Project.

Being an honest historian, he also includes the fallout of the bomb. It was discovered the U.S. was about two years ahead of Germany in the development of the bomb, and Stalin was furious that the U.S. beat Russia in developing the bomb.

But the fallout went beyond that. Afterwards, Oppenheimer realized that the bomb meant a worldwide arms race, and he urged the U.S. to cease developing atomic weapons. In fact, many of the people involved felt that same mixture of exhilaration at what they had accomplished and horror at the amazing destructive power they had unleashed on the world. This led to Oppenheimer being run out of town on a rail.

"Bomb" is exciting and deeply interesting from start to finish. Sheinkin is a gifted storyteller and historian. This is great for history buffs of all ages.

Rich welcomes questions and comments from readers. You may contact him at 62rich@gmail.com.



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# TEREN CHRISTENSEN TALKS ABOUT HIS NEW MOSSTONE RELEASE, "STUTTER"

by Jason Gottfried

"Mosstone" is the artist name for Teren Christensen, a local multi-instrumentalist, composer, and Dixie State University alumnus. His first solo album, "Stutter" is a genre-hopping jaunt into musical territory seldom—if ever—even entered in southern Utah. Sure, Teren's dipping his toes into the jazz pool, arguably the most neglected of popular genres in southern Utah. But what's most interesting is that along the way he's incorporating some contemporary techniques that comprise the esoteria of the ivory tower—and it still swings.



**Jason Gottfried:** I'd assume from your love of contemporary techniques that you studied composition in some manner.

**Teren Christensen:** I did study composition. But it was mostly on the side, not for credit. Webb gave me some composition opportunities with the jazz ensemble, and after a couple good "trial runs" with my compositions, I decided to make composition a bigger part of my musical training. So I studied a lot on the side. I would read articles and try all kinds of styles even if I had no formal training in them. We performed three of my big band compositions, and I performed a 12-tone piece of mine for my junior recital. I really got into improvisation, and that helped my compositions greatly—after a while, during composition sessions, melodies and harmonies and licks would just come into mind one after another—so it became a lot easier because of my improvisation practice.

**JG:** Are there particular composers who really hooked you, maybe Penderecki or Stockhausen?

**TC:** There have been at times composers who have had me hooked,

but the "hook" is always brief. Debussy, Tchaikovsky, and Sibelius are among favorites. But I've always been much more involved with jazz than anything else. My mp3 collection is probably 75 percent jazz.

**JG:** Oh, I kind of envisioned you sitting around the house and listening to your old Iannis Xenakis records. So jazz is what you listen to most often, huh?

**TC:** Jazz has been the most constant for about 10 years now. For the recent past, I have been in discovery mode, so I'm listening to all kinds of genres and fusions of genres—rap, funk, rock, instrumental metal, electronic, various equal division of the octave (edo), fusion, microtonal, experimental, etc. After so long of listening and studying classical and jazz and rock based musics, (especially the more accepted traditional forms), I have just become very bored with it. So now I'm writing and listening to music that doesn't bore me, newer elements of expression.

**JG:** You've got some winds and percussion going on. Are you just playing bass, or are you doubling up on other instruments some tracks?

**TC:** I play all the electric and upright bass parts, cello on "Certified" and "Credentials," and the two flugelhorn parts on "Normal."

**JG:** Oh, wow. So about these quarter tones. You haven't totally gone off the deep end, which is maybe for the best as a purely microtonal composition would probably be hard for a lot of people to listen to. In "Credentials," you mostly use microtones chromatically for color. In "Certified" and "Mosstone," it's a little more pervasive.

**TC:** Yeah, chromatic quarter tones don't stick out that much. I think many people might not even notice them in that capacity. "Mosstone" and "Credentials" are meant to be good introductory songs for quarter tones. There are a lot of familiar pop aspects in those songs, like a constant beat and quite a bit of repetition, that help balance the new and old.

**JG:** On your Facebook page, you indicated that "Certified" employs Turkish modes and rhythms. How do you execute that? Obviously, on a fretless instrument it's easy, and you can easily flatten or sharpen a pitch on a wind instrument. But for the keyboard stuff...

**TC:** Well, there are a few auxiliary percussion instruments (MIDI) that play the traditional Turkish rhythms throughout the song, just superimposed over the timing of the song. The mode for the entire song is called Naruz (R, 1, 2, qb3, 4, 5, b6, qb7), so basically the natural minor scale but with a quarter flat 3 and 7 instead. The trombone player

and I practiced the mode, and to be honest, it didn't take too long to get used to. The keyboard stuff was written in Sibelius, which allows for quarter tone composition and playback. After the song was written, I just pasted the MIDI file into Ableton and the quarter tones translate via pitch bends in an instant.

**JG:** Do you think this sort of thing is too "far out" for southern Utah? Or is this album directed towards a different audience?

**TC:** Yes, I do. I don't expect many people to really dig this stuff here, and that's okay with me. When all is said and done, the music I write is just for me. If others like it, that's awesome, but I love it, and that's what matters for me. I think a lot of people out there would like this—people into more experimental jazz, improvisation, and people looking for something new to listen to.

**JG:** How do microtonal melodies sound to you?

**TC:** I love em'. I crave that new blue-note slant they give.

**JG:** Do you think microtonality allows you a greater range of expression or merely a different range of expression?

**TC:** Hmmm, good question. I think it's relative to one's perceptions, but for most people, just a different range of expression.

Perhaps if I grew up listening to microtonal music, I would perceive a greater range of expression ... perhaps. I think my mind has been so conditioned with 12-edo music that my expressive perceptions don't pick up on much more when quarter tones are introduced. Yeah, this might change.

**JG:** What are your plans for this album?

**TC:** I want to submit the pieces in competitions and have it be an avenue to get my name out there for festivals, gigs, and things like that. My brother, Tyson, and I recorded the album all at a home studio. We've been building our studio slowly and are getting some real nice equipment.

The album is kind of a showcase of our studio equipment as well as our editing and mastering abilities. We'd love to record others. Also, I'd love to perform this stuff live, but the circumstances aren't quite ripe for that currently.

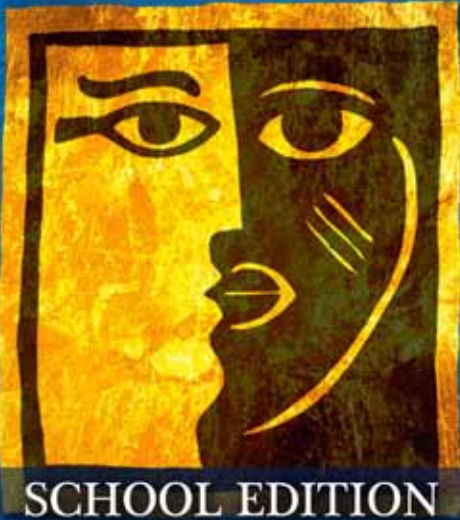
**JG:** I have to agree, and I think that's ultimately a testament to your ability to comfortably write and play that far outside the box. I'd volunteer, but my vibraphone only sports 12 boring pitches per octave. I know Robert Van Sice made a microtonal marimba ... I wonder if he made a microtonal vibraphone. Not that I'd know what to do with it. Anyway, what are your plans for the future?

**TC:** I'm not sure yet. I'm thinking about grad school studying composition. I'd love to get some musicians together and get a steady group going. I'd like to tour a bit. I love sharing what I find fulfillment in.

Teren can be seen in jazz combos around southern Utah, in Tuacahn's pit, and elsewhere in the area. Find Mosstone as well as "Stutter" online at Soundcloud, Bandcamp, YouTube, and Facebook.



Find more music reviews everyday at [SIndependent.com](http://SIndependent.com)

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# CALENDAR

## Multi-Day Events

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### FEATURED EVENT

#### DIXIE STATE UNIVERSITY AND THE CELEBRITY CONCERT SERIES



Continuing the season, this month the series will feature two great concerts. The first being the Juilliard Quartet on November 11 at 7:30pm. Founded in 1946, the ever-evolving Juilliard String Quartet has become a living American legend. Widely known as the "quintessential American string quartet," the Juilliard has been recognized for the boldness of its interpretation of the classics, with an equal and parallel tradition of championing the new. On the 24, come out and see the Utah Symphony Orchestra. Founded in 1940, the Utah Symphony is one of America's major symphony orchestras, known internationally for its distinctive performances and recording legacy. Today, the orchestra's 85 full-time professional musicians perform over 175 concerts each season. Cox Auditorium, 225 S. 700 E, St. George.

**ART CLASSES** 6:00pm Tuesdays and Thursdays. Oil Painting, Drawing, Portraits and Pastel Classes Available Desert Rose Art Studio, 225 N. Bluff St Suite #1 St. George.

**POLE FITNESS CLASSES** 7:00pm Beginner class (Flow 1) Held Tues & Thurs nights at 7pm. \$10. Or attend the FREE Community Intro class at 7pm and 8pm on Sat. nights. Also available: Book a party for your bachelorette or birthday party. 270 N. 2940 E. St. George.

**SENIOR ART EXHIBIT** 9:00am Nov 23 - Dec 9. Eccles Fine Arts Center, S 700 E, St. George.

**SXS ADVENTURE RALLY** 8:00am Nov 12 - 14. A Gathering of Over 500 Side by Sides in Southern Utah. Enjoying The Thrill of Exploration, The Excitement of Speed and the Fusion of Mother Nature & Machines. Sand Hollow State Park, 3351 South Sand Hollow Road, Hurricane.

**DHHS THEATER PRODUCTION OF AIDA** 7:30pm The Desert Hills High School Fine Arts Department proudly presents their fall musical selection adapted from the four-time TONY Award-winning hit- *Aida: High School Edition*. With music and lyrics written by Elton John and Tim Rice, *Aida* is an epic tale of love, loyalty and betrayal chronicling the love triangle between Aida, a Nubian princess stolen from her county, Amneris, an Egyptian princess, and Radames, the soldier they both love. November 18 - 21. Desert Hills High School, 828 East Desert Hills Drive, St. George.

**HUMAN ORIGINS EXHIBIT!** 9:00am Enroll in EDUC 5542 at Southern Utah University and earn 1 general professional development credit. The course is intended for classroom teachers, science, nature center, and museum educators, home school teachers, and other local educators. The course is from Oct 16th - November 30th consisting of seven sessions based on the Human Origins Exhibit activities. The cost for the professional development credit is \$21. For information and/or instructions on enrolling the course, contact Rev. Dr. Lee Montgomery at 435-592-0037 or email [fatherlee.montgomery@gmail.com](mailto:fatherlee.montgomery@gmail.com).

**RED ROCK FILM FESTIVAL** Nov 2-8 Heritage Center, Cedar City. [redrockfilmfestival.com](http://redrockfilmfestival.com)

**THE CHRISTMAS BUS** Dec 3 - 19. SGMT proudly presents "The Christmas Bus" a fun, holiday musical for the whole family. This special production is NOT part of the Season Ticket package and will have its own separate pricing. "The Christmas Bus" makes its debut in southern Utah this year at St. George Musical Theater. The St. George Opera House, 212 N Main St, St. George.

**DICKENS' CHRISTMAS FESTIVAL** 10:00am Dec 2 - 5. Step back in time and enjoy the sights and sounds of 19th century London at The Spectrum's Dickens' Christmas Festival. **ADMISSION:** Adults - \$6.00 Seniors (65+) and Children (ages 4 to 12)-\$4.00 Children 3 and under- Free Est. Number of Attendees: 20 Website: [Contact E-mail: info@dickenschristmasfestival.com](http://Contact E-mail: info@dickenschristmasfestival.com) [info@dickenschristmasfestival.com](mailto:info@dickenschristmasfestival.com) Contact Info: Brittany Dell Phone Dixie Center, 1835 Convention Center Dr, St. George.

**BARNUM (THE MUSICAL)** Nov. 5-7 and Nov 10-14. Barnum tells the story of the Prince of Humbug, Phineas Taylor Barnum. Over the objections of his wife, Charity, Barnum attempts to create a show in which the main attractions are freaks of society. Eccles Fine Arts Center, S 700 E, St. George.

**DHHS THEATER PRODUCTION OF AIDA** 7:30pm The Desert Hills High School Fine Arts Department proudly presents their fall musical selection *Aida: High School Edition*. With music and lyrics written by Elton John and Tim Rice, *Aida* is an epic tale of love, loyalty and betrayal chronicling the love triangle between Aida, a Nubian princess stolen from her county, Amneris, an Egyptian princess, and Radames, the soldier they both love. November 18 - 21. Desert Hills High School, 828 East Desert Hills Drive, St. George.

## Events by Day

### MONDAYS

**COMMUNITY BEREAVEMENT GROUP** 3:30pm Community Bereavement Group A supportive and educational group for those experiencing grief resulting from the loss of a loved one. Co-sponsored by Virgin Valley and Mesa View Hospice Care. For more information, please call 702.346.5224. Mesquite Library, 121 West First North St. Mesquite.

**CEDAR CITY LIBRARY BOOK CLUB** 7:00pm Come join the book club at the Cedar City Public Library every first Monday @ 7pm in the Rare Book Room. Cedar City Library, 303 N. 100 E, Cedar City.

**KUNDALINI YOGA and Meditation** Jiwan Shakti 9:15am. Downtown Yoga, 50 East Tabernacle, St. George.

**HEARTBEAT VINYASA FLOW** Jeanne Nielson 5:30pm. Downtown Yoga, 50 East Tabernacle, St. George.

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## NOVEMBER LIVE MUSIC SCHEDULE:

**SAT, NOVEMBER 7**  
Many Miles (Contemporary Rock) 6-9 PM

**SAT, NOVEMBER 14**  
Soul What?! (Soul, Funk, R&B) 6-9 PM

**SAT, NOVEMBER 21**  
Nick Adams (Acoustic Rock/Blues) 6-9 PM

**FRI, NOVEMBER 27 BLACK FRIDAY**  
Sputnik with Christina Osborn (Contemporary Rock) 6-9 PM

**SAT, NOVEMBER 28**  
Tyler and Kaitlin Sevy (Indie Folk) 6-9 PM

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# CALENDAR

**COLOR COUNTRY CAMERA CLUB** 6:00pm, 2nd and 4th Mondays of the month at the St George Library (Basement meeting room). Anyone interested in photography is welcome. No dues. For more information send an email to: meetings@colorcountrycameraclub.org St George Library, 88 West 100 South St. George.

**ST. GEORGE DANCE COMPANY CLASS (OPEN TO THE PUBLIC)** St. George Dance Company Class (Open to the Public) Ballet Class Fall 2014 (Mondays 7:30pm-8:45 Class, 8:45-10:30pm Rehearsal) 245 N 200 W (park in Senior Center Parking Lot) St. George.

**FREE2FEED BREASTFEEDING SUPPORT GROUP** 9:30am at Luther Hall, 244 S. Valley View Dr. St. George. Free2Feed is a local Motherhood & Breastfeeding Support Group. We aim to support & encourage women of all ages and in all stages of motherhood by education & Love. Check out our website for upcoming events & guest speakers [www.free2feed.org](http://www.free2feed.org)

**FOREIGN FILM CLUB** 5:00pm Do you love foreign films? Then join us at the Santa Clara Library as we watch and discuss foreign cinematic gems! 88 West 100 South St. George.

**KUNDALINI YOGA** and Meditation Jennifer Tholen 7:00pm. Downtown Yoga, 50 East Tabernacle, St. George.

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## TUESDAYS

**TECHART STUDIO: LEARN TO DJ** 10:00am Hands-on experience will introduce and expose you to becoming a DJ. You will acquire the many skills of DJing including: scratching, mixing and lighting. After mastering the many functions of the controller and software, you will be able to create your own mix, burn it to a disc and share it with family, friends and fellow DJs. MEADOWS LIBRARY, Mesquite.

**WOMEN'S GROUP MEETS** 7:00pm first Tuesday Each month. 259 West 200 North St. George.

**ALL LEVELS HATHA YOGA** Hollie Fillmore 9:15am. Downtown Yoga, 50 East Tabernacle, St. George.

**YOGASANA ELISE MITCHELL** 5:30pm. Downtown Yoga, 50 East Tabernacle, St. George.

**THE GRACEFUL WOMAN** 6:30pm Tuesday nights are now open to Women of all ages for a wonderful night of specialized teachings to empower, uplift, heal, strengthen and teach. Fruit and Yogi Tea will be served after class. Bring your girlfriends, your daughters, your aunts, your mother and grandmother. By Donation \$5 - \$11. Sage Hills Healing Center, 6232 West Sage Hills Drive Cedar City.

**TRIBUTE TO ELVIS** 7:00pm "From Memphis to Las Vegas - A Tribute to the King" starring John Brooks! 7p-11p EVERY Tuesday in the Skydome Lounge at the CasaBlanca, must be 21 or older, no cover charge. Voted Best of Las Vegas 2013 "Best Elvis Tribute Show" & "Best Lounge Performer"! CasaBlanca Resort, 950 West Mesquite Blvd Mesquite.

**HERITAGE WRITERS GUILD** 6pm Second Tuesday of each month in the basement of the library. 88 W. 100 S. St. George. (435) 634-5737.

**OLD SCHOOL SWING DANCE + LESSONS** Check us out on facebook for more info at [www.facebook.com/thefirehousebar](http://www.facebook.com/thefirehousebar). FireHouse Bar & Grill, 1476 W. Sunset Blvd., St. George.

**OPEN PAINT NIGHT TUESDAY** 6:00pm Desert Rose Art Studio Invites anyone who would like to join a group of artist in an open paint night until 9:00 PM. Bring whatever medium you want and spent an enjoyable evening. Bring a friend if you would like. The cost is a Donation of \$15.00 to help with our overhead. If you are interested in Joining us call Alice Hiatt @ (435)256-3317. 225 N. Bluff St. suite #1 St. George.

**JAZZY'S - STORM THE MIC/POETRY OPEN MIC** Uncensored Open Mic Event For Local Writers. Come out have a drink or a meal and bring a poem, short story, or other writings, or even just listen. Very supportive, inclusive, uncensored group! 285 North Bluff Street St. George.

**LIBRARY ART CLUB FOR CHILDREN** 6:30pm Every second and fourth Tuesday of each month. Free. Register in the children's area! 88 W. 100 S. St. George.

**TRAUMA SENSITIVE YOGA** Hosted by the D.O.V.E. Center - women only class. Class by donation. 301 N. 200 E. #2C St. George.

## WEDNESDAYS

**KARAOKE WITH KJ EVAN** Call 435-867-5990 for more info, or visit [MikesTavernCC.com](http://MikesTavernCC.com). 90 W. Hoover Cedar City.

**OPEN MIC AT GROOVACIOUS** 7:30am Sign up at 7:30, all participants selected by random drawing. Performers limited to 10. Free. 173 N. 100 W. Cedar City.

**FREE2FEED BREASTFEEDING & MOTHERHOOD SUPPORT GROUP** 9:30am at the Bunkerville Community Center, 200 Virgin St. Mesquite. Free2Feed is a local Motherhood & Breastfeeding Support Group. We aim to support & encourage women of all ages and in all stages of motherhood by education & Love. Check out our website for upcoming events & guest speakers [www.free2feed.org](http://www.free2feed.org)

**KUNDALINI YOGA** & Meditation Jennifer Tholen 9:15am. Downtown Yoga, 50 East Tabernacle, St. George.

**BRAIN FITNESS & SOUND HEALTH RESEARCH INITIATIVE** 7:00pm Adults from 47 to 87 are invited to apply for acceptance into the program. Call 435-229-6655 and talk with Nancy or Bob, graduates of the program and now facilitators. Email [BrainFitnessSoundHealth@gmail.com](mailto:BrainFitnessSoundHealth@gmail.com). Blackridge Terrace Bldg 1, 250 W & Hilton Drive, Ste 305 St. George.

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Divina Diamonds® Silver Heart Pendant \$99

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# CALENDAR

**ANIME & GAMER CLUB** 3:00pm Teens and Tweens who love Anime, gaming, or both, join us at the Santa Clara Library for book discussions, games, and great times! 88 West 100 South St. George.

**RADIANT CHILD YOGA** Hollie Fillmore 4:00pm. Downtown Yoga, 50 East Tabernacle, St. George.

**SPANISH BALLET/ FLAMENCO DANCE** 5:00pm Flamenco is an exciting and dynamic dance form from southern Spain featuring lyrical hand and arm movements and sharp percussive footwork. We will learn the correct body posture, wrist and arm positions, footwork, hand clapping patterns, and how to follow the music. Please bring supportive shoes with a chunky heel. Both boys & girls are welcome. St. George.

**HEARTBEAT VINYASA FLOW** Jeanne Nielson 5:30pm. Downtown Yoga, 50 East Tabernacle, St. George.

**OPEN MIC AT JAZZY'S** 9:00pm Come share your talents, or simply listen and have a beer! 285 North Bluff Street St. George.

**KUNDALINI YOGA** and Meditation Erika Field 7:00pm. Downtown Yoga, 50 East Tabernacle, St. George.

**WRITERS IMPROVEMENT GROUP** Offered by Heritage Writers Guild. Meets at 2pm as well as 6pm. every wednesday. Bring eight pages of writing, (up to 5 pages, double spaced, 12 point font) for free and friendly feedback. More info, call 435-625-1743. 88 W. 100 S. St. George.

## THURSDAYS

**JOYFUL YOGA** 6:30pm Joyful Yoga! an all Levels, all Ages class for anyone and everyone! Get your Joy on with Kundalini Yoga and Meditation as taught by Yogi Bhajan. By donation. \$5 to \$11. Sage Hills Healing Center, 6232 West Sage Hills Drive Cedar City.

**ALL LEVELS VINYASSA YOGA** Hollie Fillmore 9:15am. Downtown Yoga, 50 East Tabernacle, St. George.

**LIVE MUSIC WITH NICK ADAMS** 7:00pm Nick plays acoustic guitar every Thursday evening George's Corner Restaurant and Pub, 2 W St. George Blvd. St. George.

**SINDUSTRY** 7:00pm Free Drink & Drawing Ticket. There will be Corn Hole Tournament, Beer Pong, Jenga. Live Entertainment. \$10.00 Buckets of Beer. Every Thursday 7 PM- 3 AM No cover charge. 275 Mesa Blvd Mesquite.

**YOGASANA** Elise Mitchell 5:30pm. Downtown Yoga, 50 East Tabernacle, St. George.

**ART JOURNALING** 2:30pm through Dec 18. Art journaling is combining art, words, colors, textures and techniques to express your thoughts, emotions and desires. Come join us for this fun and insightful class! Maricarol Hansen at maricarolhansen@hotmail.com or www.difiorecenter.org, St. George.

**KUNDALINI YOGA** & Meditation Jiwan Shakti 7:00am. Downtown Yoga, 50 East Tabernacle, St. George.

**WIDOWED AND SINGLES SUPPORT GROUP** 2:30pm Rocky Mountain Care and the Senior Citizen's Center invite you to join them for the Widowed & Singles Support Group 245 North 200 West St. George.

## FRIDAYS

**LAUNCHING PAD COMMUNITY GATHERING** 6:00pm (once a month, next get together on November 13) We are a trans-denominational spiritual community. We focus on young adults, but everyone is welcome to join! Community potluck starts at 6pm and service begins around 7, followed by a group discussion and spiritual practice. Visit facebook.com/LaunchingPadZion for more info! 908 N. 1400 W. St. George.

**FREE2FEED BREASTFEEDING SUPPORT GROUP** 11:00-1:00 at the Public Library in Hurricane. Mommy & Tot playtime, followed by group discussion at 12:00. We aim to support & encourage women of all ages and in all stages of motherhood by education & Love. www.free2feed.org

## SATURDAYS

**GUIDED SATURDAY MORNING HIKE** 7:00am Venture into the stunning outback that surrounds St. George on a guided half day hiking tour (4-5 hours). Beginning at the St. George Adventure Hub (Spring and Fall months). Your guide is a local expert who is also specially trained as a Wilderness First Responder (WFR). Adventure Hub St. George, 128 North 100 West Suite 124, St. George. stgeorgehub.com, 435-673-7246.

**KARAOKE SATURDAYS!** 9:00pm You're The Star! with Gayle Louise. 21 and over. Great food! 720 East 700 South St. George.

**NANOWRIMO WRITING TIME** 10:00am Join NANOWRIMO (National Novel Writing Month) and complete a novel by the end of November! Every Saturday in November we will offer a space for you to write your novel. Cedar City Library, 303 N. 100 E, Cedar City.

**UNITY CENTER OF POSITIVE LIVING GATHERING** providing a learning environment on how positive affirmations, or prayer works. Explaining how supernatural healing occurs whether physically, or spiritually, when you believe. People of all beliefs are welcome. For more info visit stgrgeunity@gmail.com or call 435-817-1746 1072 E. 900 S St. George.

**GENTLE BEGINNERS YOGA** Hollie Fillmore 10:30am. Downtown Yoga, 50 East Tabernacle, St. George.

**TOP 40/DANCE/HOUSE** Saturday nights at Envy Nightclub & Lounge, 792 W. Pioneer Blvd., Mesquite. www.facebook.com/envynevada. 792 W. Pioneer Blvd. Mesquite.

**TUACAHN SATURDAY MARKET** 9:00am Pancake breakfast 9-11 a.m. Vendor applications: (435) 652-3218, tuacahn.org. 1100 Tuacahn Dr Ivins.

**SATURDAY MOVIE MATINEE @ ST. GEORGE LIBRARY** 2:00pm Washington County Library System, 88 West 100 South St. George.

## SUNDAYS

**D.R.I.F.T.: DIXIE REASON INQUIRY AND FREE THOUGHT:** Group meets at Jazzy Java, 285 N. Bluff, St. George, Sundays from 2 p.m. till close. An open place where people can meet to talk about religion, atheism, life, death and an unlimited number of other topics. All are welcome.

**Find more events everyday at SUIndependent.com**

## SPOTTED DOG CAFÉ - ZION CANYON NOVEMBER EVENTS

**6th Annual Beaujolais Nouveau Festival**  
Saturday, Nov. 21st 2015



**A CELEBRATION OF FOOD AND WINE IN ZION CANYON**

Limited Seating - Advanced Reservations Required  
435.772.0700 or 435.772.3244

You are invited to the first release of the 2015 Beaujolais

**Spotted Dog Café, Zion Canyon Dinner \$55 with Wine \$75**

Welcome Ceremony ... 6:00 PM: Cassis & White Wine Cocktails

*Oath of the new "Compagnon's du Beaujolais"*

An authentic celebration and tribute to Les Sarmettes and the opening of the new wine...

Gala Six Course Dinner Paired with Wine

**Flanigan's Traditional Thanksgiving Feast**  
Thursday, Nov. 26th; Noon - 8pm

Oven-Roasted Turkey cranberry chutney

Sage Stuffing

Mashed Potatoes turkey gravy

Candied Sweet Potatoes

Mexi-Corn

Green Beans with Almonds

Mixed Green Salad

Fruit Ambrosia

'All you care to eat'

Adults ..... \$24.95  
Kids (12 or younger) \$12.95  
Under 5 yrs no charge

Beverage and Dessert a' la carte (Dinners are served ... not a buffet)



Flanigan's Inn, Spa & Café - 428 Zion Park Blvd. Springdale, Utah • Reservations 435.772.0700 • DiscoverZion.com

# CALENDAR

## SUNDAYS

**UNITY CENTER OF POSITIVE LIVING GATHERING** providing a learning environment on how positive affirmations, or prayer works. Explaining how super-natural healing occurs whether physically, or spiritually, when you believe. People of all beliefs are welcome. For more info visit [stgrgeunity@gmail.com](mailto:stgrgeunity@gmail.com) or call 435-817-1746 1072 E. 900 S St. George.

**KUNDALINI YOGA** and Meditation Teacher Rotation 9:00am. Downtown Yoga, 50 East Tabernacle, St. George.

**WORLD PEACE GARDENS GATHERINGS** 11:30am St. George. Nonreligious speakers promoting oneness, world peace and sustainable living. (435) 703-0077, [www.WorldPeaceGardens.org](http://www.WorldPeaceGardens.org). FREE. 1871 W. Canyon View Dr. St. George.

**THE NARROWS CHURCH VERSE-BY-VERSE BIBLE STUDIES** Sunday mornings, 10:45 a.m. at Panorama Elementary School, 301 N. 2200 East, St. George. FREE. [thenarrowschurch@gmail.com](mailto:thenarrowschurch@gmail.com), [thenarrowschurch.org](http://thenarrowschurch.org), (435) 592-2605. 301 N. 2200 East St. George.

To get your event in our Free Calendar of Events log on to [http://www.suindependent.com/events\\_calendar/form.php](http://www.suindependent.com/events_calendar/form.php). Limit one free listing per day or date per organization.

**YOUR FEATURED EVENT HERE!  
CALL 435-656-1555**

## Events by Date

### Fri, Nov 6

**THE COMEDY MACHINE** 8:30pm CasaBlanca Showroom 3 great comedians each 1st Friday of the Month! CasaBlanca Resort, 950 West Mesquite Blvd, Mesquite.

**MAMA & BABY PLUS LITTLE EXPLORES HIKING GROUP** 9:15am Join us for a hiking adventure. Mamas can carry their babies and journey into a beautiful trail that goes for about 2 miles, while others explore the trail at a slower pace as the toddlers lead the way. Both groups will meet at the same place and same time. The Gap is located in the Artesia subdivision, Dixie Downs north crosses over Snow Canyon Pkwy and turns into Lakota Dr. Two left turns and you will find the trailhead on your right. Call/text if you have any questions. 435-231-2111 The Gap Trailhead, Lakota Dr, St. George.

**RED ROCK FILM FESTIVAL** Heritage Center Theatre, 105 N 100 E, Cedar City.

**THESE SHINING LIVES** 7:30pm These Shining Lives Chronicles The strength and determination of women considered expandable in their day exploring their true story and its continued resonance. Catherine and her friends are dying, it's true, but theirs is a story of survival in its most transcendent sense, as they refuse to allow the company that stole their health to kill their spirits---or endanger the lives of those who come after them. Based on the true story of The Radium Girls as seen in The Poisoner's Handbook on PBS Tucahn High School For The Performing Arts, 1100 Tuacahn Dr., Ivins.

### Sat, Nov 7

**CD RELEASE CONCERT FOR "GOLDEN STATE", BY PENNY NICHOLS** 7:30pm Legendary singer-songwriter, Penny Nichols will perform Nov 7th at 7:30, at Off The Cuff Improv in Cedar City. Penny was recently presented the 2015 Far West Folk Alliance, Best of the West, Lifetime Achievement Award. Penny has recorded and toured with Jimmy Buffett, Jennifer Warnes, Arlo Guthrie, Art Garfunkel, and many others. Advance tickets are available at Groovacious (behind Top Spot) in Cedar City. Off The Cuff Improv Comedy, 913 S Main, Cedar City.

**PIPIN THE MUSICAL** Eccles Fine Arts Center, S 700 E, St. George.

**THESE SHINING LIVES** 7:30pm These Shining Lives Chronicles The strength and determination of women considered expandable in their day exploring their true story and its continued resonance. Tucahn High School For The Performing Arts, 1100 Tuacahn Dr., Ivins.

**KID'S CLUB!** 12:00pm Today's animal is: the sloth. These mammals have an average speed of 0.15mph! Learn why they can be so slow at Kid's Club, now only \$6.00! Rosenbruch Wildlife Museum, 1835 Convention Center Drive Suite B, St. George.

**DESERT HILLS HIGH: SOUTHERN UTAH STRING FESTIVAL** Desert Hills High School, 828 East Desert Hills Drive, St. George.

**GRACIE SCHRAM** 7:30pm Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

**LIVE MUSIC WITH MANY MILES** 6:00pm Many Miles fuses the acoustic rock of the Dave Matthews Band, the pop sensibilities of John Mayer, the world-beat and jazz explorations of Paul Simon. [www.manymilesband.com](http://www.manymilesband.com) Zion Canyon Brew Pub, 95 Zion Park Blvd, Springdale.

**VARGAS VINTAGE VEGAS LIVE!** 7:30pm Art Vargas' Vintage Vegas Live is a swingin' trip back to the music, style and showmanship of Vintage Las Vegas and the legendary entertainers of the 1950s and 60s. Must be 21 or older to attend. Tickets are on sale now! CasaBlanca Resort, 950 West Mesquite Blvd, Mesquite.

**VIENNA BOYS CHOIR** 7:00pm Presented by the Greater Mesquite Arts Foundation. Maggie Calhoun 360-904-1090 [greatermesquiteartsfoundation@gmail.com](mailto:greatermesquiteartsfoundation@gmail.com) Virgin Valley High School, 820 Valley View Drive, Mesquite.

### Sun, Nov 8

**KOTTONMOUTH KINGS LIVE AT THE FIREHOUSE!** 7:30pm Kottonmouth Kings Live at the Firehouse on Sunday November 8th!! Tickets available at [www.smithstix.com](http://www.smithstix.com)! \$20 Advance purchase \$25 Day of Get your tickets now they will sell out!! The Kottonmouth Kings have become a underground institution and Phenomenom. The Kings have sold over 4 million records! The Kings are on tour promoting their new album Krown Power. FireHouse Bar & Grill, 1476 West Sunset Blvd, St. George.

### Mon, Nov 9

**WOMEN & COURAGE** 11:00am Dr. Robyn Boudreau will share her long and difficult journey into womanhood, and also provide some general information about being transgender. She currently teaches organic chemistry at DSU and does some consulting work for pharmaceutical companies. Courtyard by Marriott, 185 South 1470 East, St. George.

### Tues, Nov 10

**CEDAR READS DISCUSSION - "THE RELUCTANT MR. DARWIN" BY DAVID QUAMMEN** 7:00pm Cedar City Public Library is proud to announce its first Cedar Reads program, formerly known as One Book One Town. "The Reluctant Mr. Darwin" by David Quammen has been selected, and multiple copies are available at the Cedar City Public Library, our online library Overdrive, or for purchase at Main Street Books. Join us in the West Room. Photo courtesy of Smithsonian Institute. Cedar City Library, 303 N. 100 E, Cedar City.

### Weds, Nov 11

**"INHERIT THE WIND" READER'S THEATRE & DISCUSSION WITH MICHAEL BAHR FROM UTAH SHAKESPEARE FESTIVAL** 7:00pm It is 1925, and Betram Burt Cates, a 20-something year old biology teacher in the small town Hillsboro, is put on trial for teaching evolution in his high school science class. Join Michael Bahr, from the Utah Shakespearean Festival, as he and his team present scenes from Jerome Lawrence and Robert Lee's play followed by an interactive discussion with the audience. "Inherit the Wind" is based on actual events of the 1925 Scope's Trial which took place in Dayton, Tennessee. Located upstairs in the Heritage Theater. Heritage Center Theatre, 105 N 100 E, Cedar City.

**SINGER/SONGWRITER JEREMIAH CRAIG PERFORMS AT GEORGE'S CORNER** 7:00pm Who doesn't love a good story? Jeremiah Craig uses folk music traditions to create a contemporary folk ballad experience with energetic performances and this November he's taking that ballad experience on the road! George's Corner Restaurant and Pub, 2 W St. George Blvd., St. George.

**Find more at SUIndependent.com**

St. George Musical Theater

**YOUR NEXT STOP IS ON THE CHRISTMAS BUS!  
EVERYONE BOARDS AT THE OPERA HOUSE**



ST. GEORGE MUSICAL THEATER would like to announce their exciting new Christmas musical done for the first time in Southern Utah! **The Christmas Bus**, directed by Kelly Olsen.

**Performance dates  
December 3-19**

The Christmas Bus is a heartwarming musical comedy that tells the story of a rollicking holiday at Peaceful Valley Orphanage. The Director, Mrs. Frump plans for the children to spend Christmas Eve with local families. As they set off in an old bus to deliver the orphans they are pursued by the "busybodies" from the board of trustees and suspicious Sheriff Snodgrass. Along the way they pick up a lovesick traveling troubadour returning home to his girlfriend who may or may not welcome him. This ride turns into a very special and unexpected adventure for Mrs. Frump and the youngsters. Frump and the orphans are sure to put the loving spirit of the holidays in the hearts of the whole audience.

**SPECIAL CHRISTMAS TICKET PRICES!**  
KIDS \$10.00 ADULTS \$15.00 FAMILIES \$50.00  
[www.sgmusicaltheater.com](http://www.sgmusicaltheater.com)

# CALENDAR

## Thurs, Nov 12

**OSU PRESENTS: "RHYTHM OF SIBELIUS"** Heritage Center Theatre, 105 N 100 E, Cedar City.

## Sat, Nov 14

**A MUSICAL THANKSGIVING** 7:00pm The 1st performance of the 2015-2016 Season of the Southern Nevada Symphony Orchestra. The orchestra is comprised of musicians from Southern Nevada communities including Mesquite, Moapa Valley, Las Vegas, Henderson and St. George, UT. Tickets are for all ages. A limited number VIP packages that get you prime seats to the show are also available. You can get your show tickets now at [www.startickets.com](http://www.startickets.com) or call 1-800-585-3737 CasaBlanca Resort, 950 West Mesquite Blvd, Mesquite.

**CELEBRATING FAMILIES THROUGH ADOPTION 5TH ANNUAL EVENT** 11:30pm November is National Adoption Month! We are asking anyone touched by adoption to join in a celebration at Town Square Park on Saturday, November 14th, 2015 from 11:30-1:30. This 5th annual "Celebrating Families Through Adoption" event is sponsored by Premier Adoption, West Sands Adoptions and Utah Foster Care Foundation in St. George. This event is an opportunity for families, birth parents and adoptees in Southern Utah to connect and create a strong support system within our community. St. George Town Square, 50 South Main, St. George.

**ELEGANT DINNER & DANCE PERFORMANCE GALA 2015** 7:00pm an elegant dinner, silent auction and performance by the St. George Dance Company. 7:00pm for dinner and the program begins at 7:30. \$25 per person or \$40 for two Semi-formal attire (This gala is outside, remember a jacket or sweater.) To be held at the DiFiore Center for the Arts at 307 North Main Street St. George Utah. For more information and to purchase tickets call 435-313-5520 (Bethany Gee) For a tax deductible donation checks. The DiFiore Arts Center, 307 N Main St, St. George.

**HOW TO DOWNLOAD E-MEDIA** 1:30pm How to Download E-Media Do you have a laptop, Kindle, Nook, and any other kind of reader and would like read or listen to a library book on it. Come learn how to download e-media onto your devise from the e-catalogue. Mesquite Library, 121 West First North St., Mesquite.

**SOUL WHAT?! LIVE AT THE BREW PUB** 6:00pm Drawing from years of collective international experience, and a shared passion for adventure in all pursuits, these four musicians create a colorful landscape of funk rhythms, soulful harmonies, and masterful guitar leads. Each member of "Soul What!?" is a recognized and accomplished performer and witnessing the combination on stage makes for a memorable experience. Zion Canyon Brew Pub, 95 Zion Park Blvd, Springdale.

## Tues, Nov 17

**PASSPORT TO HEROES LECTURE SERIES** 7:00pm Join us every month as we highlight a different aspect or idea of the word "hero" presented in a lecture series by a different community member. Cedar City Library, 303 N. 100 E, Cedar City.

**PIANO GALLERY** 6:30pm Organ Workshop John Sato 435-634-1062. For more information contact Dixie Event Coordinator: Ralph Johnson Coordinator E-mail: [ralphj@dixiecenter.com](mailto:ralphj@dixiecenter.com) Dixie Center, 1835 Convention Center Dr, St. George.

## Weds, Nov 18

**JUBILEE OF TREES** 7:00pm Jubilee of Trees Event Opens Wed. Nov. 18 at 7:00pm with Bar J's Bells & Boots---Opens to the Public, Thurs. Nov. 19-23 daily (including Sunday) 10:00am-8:00pm FRIDAY, Nov.20-only open from 10:00am-4:00pm Admission Prices: Adults-\$5.00 Children 15 yrs and younger - \$1.00 Special Events require Separate tickets-for Tickets call: 435-251-2480 Est. Number of Attendees: 17 Website: Contact Info: Intermountain Foundation - Dixie Regional Medical Center Tomie Fuller 1380 E Medical Center Drive St. George, UT 84790 Dixie Center, 1835 Convention Center Dr, St. George.

**DERRICK SUWAIMA DAVIS, WORLD CHAMPION HOOP DANCER** 5:00pm Derrick Suwaima Davis, World Champion Hoop Dancer Derrick Suwaima Davis (Hopi/Choctaw) is a master at maneuvering five rattan hoops around his body, creating intricate patterns and conveying the Hopi story of creation through his hoops while keeping time to the singing and drumming of the musicians behind him. Join us as Davis returns to celebrate Native American Heritage Month and share his culture, history and demonstrate why he is a five time world championship hoop dancer in a program for all ages Mesquite Library, 121 West First North St., Mesquite.

**DEMO & DINNER WITH BARBARA & DUANE** 6:00pm, 3rd Wed of each month from 6:00 - 8:00 pm. Food demonstrations of 8-12 recipes, substitutions made easy to whole food plant-based including a full dinner served in an elegant room with all the trimmings. Dishes include a Refreshing Seasonal Drink, Appetizer, Main Dish or 2, Side Dish and Dessert or 2. Plus learn how to "veg-anize" your favorite standard American meals with copies of all recipes used. Reserve now, limited seating. Nutritious Way Studio/Kitchen, Hummingbird Dr, St. George.

**PIANO GALLERY** 6:30pm Organ Workshop John Sato 435-634-1062 Dixie Event Coordinator: Ralph Johnson Coordinator E-mail: [ralphj@dixiecenter.com](mailto:ralphj@dixiecenter.com). Dixie Center, 1835 Convention Center Dr, St. George.

## Fri, Nov 20

**CCMA PRESENTS: MONTY ALEXANDER AND THE HARLEM KINGSTON EXPRESS** Heritage Center Theatre, 105 N 100 E, Cedar City.

## Sat, Nov 21

**"G'DAY USA" STARRING GREG BONHAM!** 7:30pm CasaBlanca Showroom Aussie powerhouse entertainer. <http://www.gregbonham.com/> Must be 21 or older to attend Tickets are on sale now! CasaBlanca Resort, 950 West Mesquite Blvd, Mesquite.

**NICK ADAMS** 6:00pm Come out and see Nick Adams, a previous member of Vegas punk band MIA who you can also find every Thursday night performing at George's Corner Restaurant in St. George. Zion Canyon Brew Pub, 95 Zion Park Blvd, Springdale.

 <p><b>CHASING SHADOWS</b> Saint George Showing Free Brian Head Lift Ticket!</p>	<p><b>November 4th</b> 5:30 &amp; 7:30 P.M. This fall, launch your ski and snowboard season with Warren Miller Entertainment's 66th annual film, Chasing Shadows.</p>	 <p><b>McGhie's</b> SKI • BIKE • BOARD College Season Pass Just \$149!!! 4035 S Fort Apache Rd, Las Vegas</p>	<p><b>November 6-8th</b> 10 a.m. - Closing Brian Head Resort will be in Las Vegas at McGhie's Ski, Bike &amp; Board Shop selling and printing Season Passes at pre-season prices.</p>	 <p><b>CHASING SHADOWS</b> Cedar City Showing Free Brian Head Lift Ticket!</p>	<p><b>November 11th</b> 5:30 &amp; 7:30 P.M. This fall, launch your ski and snowboard season with Warren Miller Entertainment's 66th annual film, Chasing Shadows.</p>
 <p><b>SPORTS AUTHORITY</b> College Season Pass Just \$149! Final Season Pass Sale of 2015!</p>	<p><b>November 13 &amp; 14th</b> Friday   2 p.m. - 8 p.m. Saturday   10 a.m. - 7 p.m. Brian Head Resort will be in Cedar City at Sports Authority selling Season Passes at pre-season prices.</p>	 <p><b>SNOW JAM</b> San Diego</p>	<p><b>November 13-15th</b> Friday   4 p.m. - 10 p.m. Sat-Sun   11 a.m. - 6 p.m. Del Mar Fairgrounds, Exhibit Hall 2260 Jimmy Durante Blvd. Del Mar, California 92014</p>	 <p><b>SNOW JAM</b> CORONADO LAS VEGAS</p>	<p><b>November 21-22nd</b> Sat-Sun   11 a.m. - 6 p.m. Free Brian Head Resort Lift Ticket Cashman Center, Hall A 850 N. Las Vegas Blvd. Las Vegas, Nevada 89101</p>
 <p><b>Thanksgiving Weekend</b> Bring the entire family up for our first Holiday Weekend at Brian Head Resort!</p>	<p><b>For More Information on Brian Head Resort Events, Upcoming Events, and Weather Conditions, Please Visit <a href="http://Brianhead.com">Brianhead.com</a></b></p>				

# CALENDAR

## Mon, Nov 23

**COLOR COUNTRY CAMERA CLUB** 6:00pm Color Country Camera Club meets at 6 pm on the 2nd and 4th Mondays of the month at the St George Library (Basement meeting room). Anyone interested in photography is welcome. No dues. For more information send an email to: meetings@colorcountrycameraclub.org St George Library, 138 E 1125 N, St. George.

**SENIOR ART EXHIBIT** 9:00am Nov 23 - Dec 9. Eccles Fine Arts Center, S 700 E, St. George.

## Tues, Nov 24

**SYMPHONY ORCHESTRA 75TH ANNIVERSARY TOUR** 7:30pm Founded in 1940, the Utah Symphony is one of America's major symphony orchestras, known internationally for its distinctive performances and recording legacy. A leading cultural organization in the Intermountain West, the Utah Symphony has a rich history of international and domestic tours and award-winning recordings. Today, the orchestra's 85 full-time professional musicians perform over 175 concerts each season. Cox Performing Arts Center, 325 South 700 East, St. George.

## Fri, Nov 27

**SPUTNIK** 6:00pm southern Utah rock band Sputnik will play with singer-songwriter Christina Osborn. Zion Canyon Brew Pub, 95 Zion Park Blvd, Springdale.

**26TH ANNUAL ZION CANYON ARTS AND CRAFTS FAIR** 10:00am Hand made arts and crafts, artisan foods and fine art from regional artists. Free Admission Canyon Community Center, 126 Lion Blvd., Springdale.

## Sat, Nov 28

**KAITLIN AND TYLER SEVY** 6:00pm Don't miss this amazing duo! Zion Canyon Brew Pub, 95 Zion Park Blvd, Springdale.

**STEVE MILLER BAND & DOOBIE BROTHERS TRIBUTES!** 8:30pm The "In Its Entirety" album concert series is back! Tickets are for ages 21 and over only and start at just \$15. A limited number VIP packages that get you prime seats to the show are \$30 in advance. CasaBlanca Resort, 950 West Mesquite Blvd, Mesquite.

## Sun, Nov 29

**AARON GILLESPIE ACOUSTIC W/NATHAN HUSSEY (ALL GET OUT) AND BRANDON CLOVE (WIRELEFANT)** 7:00pm Mr. Aaron Gillespie of Underoath and The Almost will be performing an acoustic set at Jazzy's on November 29th. Nathan Hussey of All Get Out and Brand Clove of Wirelefant will be opening. \$10 at the door day of show. details at aarongillespie.com Jazzy's, 285 N Bluff St, St. George.

**CHAMBER SINGERS & CONCERT CHOIR** Eccles Fine Arts Center, S 700 E, St. George.

## Mon, Nov 30

**MOSCOW BALLET- NUTCRACKER BALLET** Heritage Center Theatre, 105 N 100 E, Cedar City.

## Tues Dec 1

**CHAMBER MUSIC: FLUTE, GUITAR, STRINGS** 7:30pm Eccles Fine Arts Center, S 700 E, St. George.

**DESERT HILLS HIGH: DHHS JAZZ BAND CONCERT** 7:30pm Desert Hills High School, 828 East Desert Hills Drive, St. George.

**SCOTT HELMER** 11:30am Tuacahn Center for the Arts, 1100 Tuacahn Drive, Ivins.

## Weds, Dec 2

**CANYON VIEW HIGH: DANCE CONCERT** 7:00pm Auditorium, Cedar City.

## Fri, Dec 4

**ARTIST RECEPTION- "MAY CAUSE DIZZINESS- RECENT PAINTINGS BY CHIP CHAPMAN"** 5:00pm landscapes, portraits and imaginary spaces from artist Chip Chapman CCC gallery, 126 Lyon Blvd., Springdale.

**SUU HOLIDAY CONCERT** Heritage Center Theatre, 105 N 100 E, Cedar City.

**SYMPHONY BAND CONCERT** 7:30pm Dixie State University, 225 S 700 E, St. George.

## Sat, Dec 5

**ALLRED** 8:00pm Jazzy's Rock N Roll Grill, 285 North Bluff Street, St. George.

**HURRICANE VALLEY CHRISTMAS TREE FESTIVAL** 9:00am An event for the whole family. For more info or check out Hurricane Valley Christmas Tree Festival on facebook. Hurricane City Recreation, 63 S 100 W, Hurricane.

**STAY UP TO DATE ON ENTERTAINMENT, ARTS, EVENTS, THEATER, MUSIC, RECREATION, DINING, LOCAL NEWS AND MORE AT SUIPENDENT.COM UPDATED DAILY!**



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Artist Ryan Yeakel  
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## RESERVE YOUR EVENT TICKETS NOW!



### JUBILEE of TREES

November 19-23

at the Dixie Center • 1835 Convention Center Drive

OPEN DAILY  
10 a.m. to 8 p.m.

EXCEPT  
FRIDAY

10 a.m. to 4 p.m.

GENERAL  
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Adults ~ \$5  
Children 15  
& Under ~ \$1

Ticketed events  
include general  
admission  
to the Jubilee

Advancing  
Trauma  
Care and  
Neurosciences  
in Southern Utah

WEDNESDAY • NOVEMBER 18

Jubilee Preview

Bar J Wranglers in Concert  
7 p.m. - \$25

THURSDAY • NOVEMBER 19

St. George Area Chamber of  
Commerce Luncheon ~ Noon - \$15

FRIDAY • NOVEMBER 20

Gala Dinner & Auction  
6 p.m. - \$150

SATURDAY • NOVEMBER 21

Teddy Bear Picnic  
Noon - \$15

MONDAY • NOVEMBER 23

Fashion Show Luncheon  
Noon - \$25

FOR TICKETS CALL OR CLICK

435-251-2480

DixieRegional.org/JubileeofTrees

Intermountain Foundation  
Dixie Regional Medical Center



JUBILEE of TREES  
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St. George, UT

# THE BACK PAGE

A GUIDE TO LOCAL BUSINESS  
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