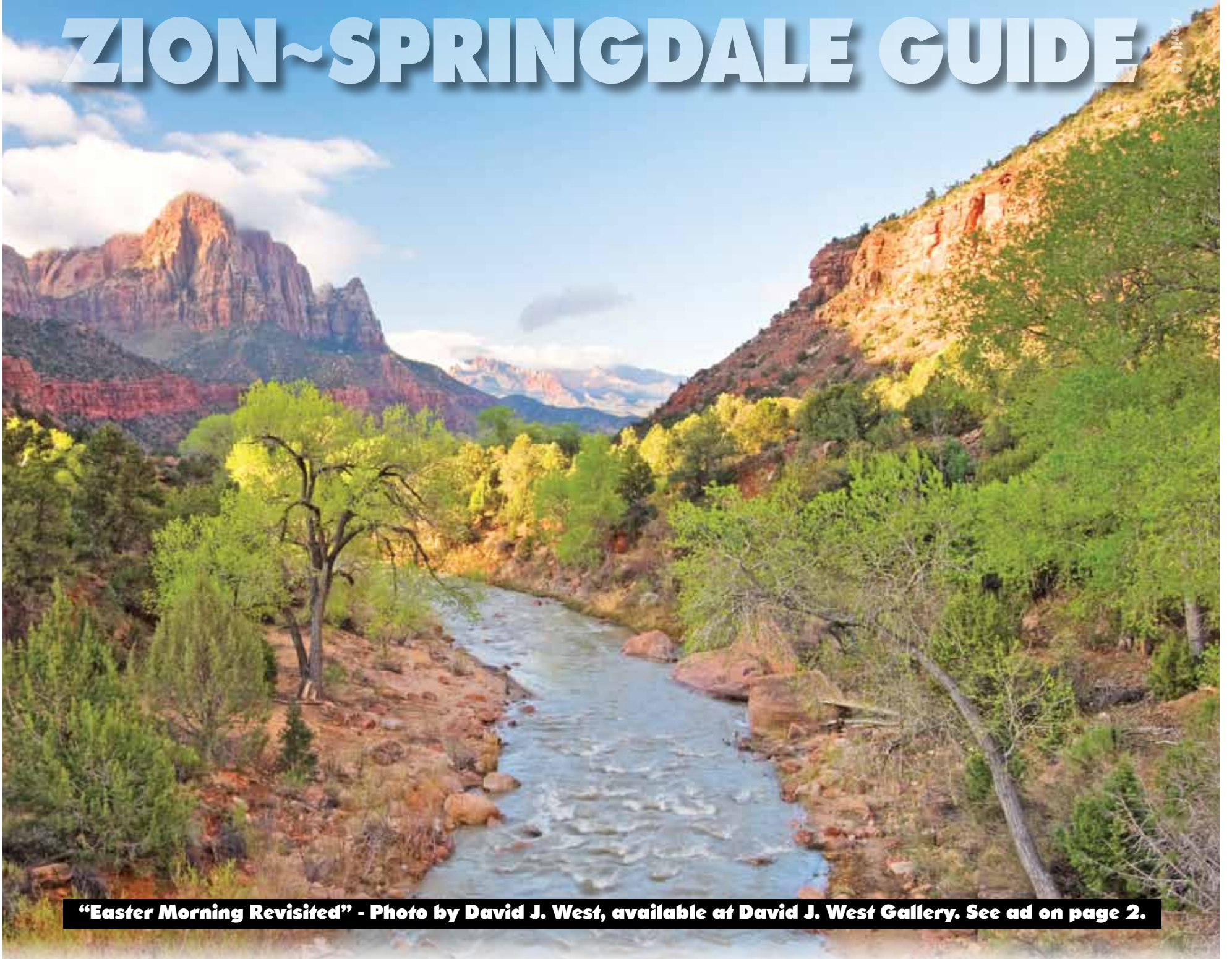


ZION~SPRINGDALE GUIDE



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"Easter Morning Revisited" - Photo by David J. West, available at David J. West Gallery. See ad on page 2.



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ZION~SPRINGDALE GUIDE» Event Calendars

A MESSAGE FROM SPRINGDALE'S MAYOR

As more people discover Springdale and Zion National Park, parking is becoming an issue. Parking is available but not always convenient. Here are some tips that will help you enjoy your stay in the area.



Mayor
Stan Smith

Parking inside Zion National Park and near the entrance fills up quickly. Parking is more readily available away from the entrance. There are parking spots in Springdale starting at the town's entrance from Rockville that can be some of the best places to park your vehicle. The shuttle runs through Springdale and is free to use.

Park your car early, and board the shuttle to get to any of the destinations in Springdale and Zion. Those who try to park closer to the park will spend a lot of time searching for parking spots while those who use the shuttle will spend their time enjoying the town and the park. If you are staying in one of the local hotels, leave your car there and use the shuttle buses to get around the area. Springdale is three miles long, so everything is relatively close. With plenty of restaurants, shops, and hotels, walking around Springdale is enjoyable.

There are bike rental shops throughout town for those who want to enjoy a nice bike ride. Bicyclists can ride through Springdale and then up through the park and onto the canyon road where cars are not permitted. If you get tired, you can always put your bike on the shuttle and relax for a while. Most of all, we hope you enjoy your stay in this gorgeous place we call home.

ANNUAL EVENT CALENDAR

2016

- Saturday, April 23, 2016** **11th Annual Earth Day Celebration**
Join the Springdale community in a day of education about our environment. Enjoy food, art, solar powered music and important environmental demonstrations.
- April 14-15, 2016** **National Park Week Opening**
Free entrance days to National Parks.
- Friday, April 29, 2016** **Arbor Day**
Join the students of Springdale Elementary in a celebration of being a Tree City USA. Help to celebrate trees by planting your very own.
- Monday, July 4, 2016** **4th of July Celebration**
Celebrate Independence Day with the Springdale community. Kick off with a parade followed by a barbecue, live music and activities for the whole family to enjoy.
- Sunday, July 24, 2016** **24th of July Celebration**
Celebrate the state of Utah with a Pioneer dinner. Get ready for the fourth annual Kabob-a-Que.
- Thursday, August 25, 2016** **National Park Service Birthday**
Free entrance days to National Parks.
- May-September, 2016** **DSU Summer Concert Series**
Enjoy a variety of live performances by bands, orchestras and solo artists. Located at the O.C. Tanner Amphitheater, just outside of Zion National Park.
- September 6-10, 2016** **DOCUTah**
This International Documentary Film Festival brings independent documentary filmmakers together for film sharing and group discussion. Be a part of a global inspiration.
- Tenatively last Fri-Sat of Sept. 2016** **Zion Canyon Music Festival**
Enjoy the beautiful, fall season in Zion while filled with music. The sixth annual Zion Canyon Music Festival features music, art and an exquisite backdrop.
- Saturday, September 24, 2016** **National Public Lands Day**
Free entrance days to National Parks.
- April-October 2016** **Zion Canyon Farmer's Market**
Start your Saturday mornings with a trip to the weekly farmers market. Celebrating ten years of local farmers and growers produce, baked goods and art.
- Saturday, October 12, 2016** **Zion Rocktoberfest**
Celebrate the start of fall in Zion mixed with traditional Oktoberfest aspects. The event will feature live rock and folk music and many other activities.
- October 31-November 6, 2016** **Plein Air Art Invitational**
Be a part of a week of lectures and demonstrations from some of the finest plein air artists in the country. Enjoy painting sales, exhibits and workshops.
- Friday, November 11, 2016** **Veterans Day**
Free entrance days to National Parks.
- Saturday, November 12, 2016** **Butch Cassidy 10K Run**
This 10K/5K scenic race brings together community with not just running. Stay after for some Grafton fun with what is promised to be a party.
- November 25-26, 2016** **Zion Canyon Arts and Crafts Fair**
Visit Zion for the 26th annual arts and crafts fair put on by Z-Arts. Spend the weekend touring the different vendors and craft booths.
- Friday, December 9, 2016** **Z-Arts Gala**
Dress up for a night of food, dancing, mingling and an art auction. This annual gala is hosted by Z-Arts and is open to the public.
- November 25-December 31, 2016** **Zion Joy to the World**
Enjoy a wonderland of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.

2017

- January 15-18, 2017** **Arts to Zion**
Go on an art adventure through the beautiful, mountainous areas of Zion. Find your creative spark on your own Art and Studio Tour.
- Monday, January 16, 2017** **Martin Luther King Jr. Day**
Free entrance days to National Parks.
- February 18-20, 2017** **President's Day Weekend**
Free entrance days to National Parks.
- Tenatively mid-March 2017** **Zion Half Marathon**
The first race in a list of races close to US National Parks, this half marathon runs a course from Virgin through Rockville and Springdale and finishes at the Zion entrance.
- Saturday, March 18, 2017** **St. Patrick's Day Parade**
Enjoy a green-themed day starting with the annual St. Patrick's Day parade. Followed by food, games and fun at the Bit and Spur.

APRIL '16 EVENTS

THE LEGEND OF TUMBLEWEED GULCH 7 p.m. The Las Vegas Family Puppet Theater Company brings its show to Springdale, Utah. See "The Legend of Tumbleweed Gulch" every Saturday until April 23. This show is the wackiest Wild West adventure the whole family can enjoy. Bumbleberry Theatre, 897 Zion Park Blvd., Springdale.

Saturday, April 2

SALA AND THE SHAKEDOWN 4 p.m. R&B and rock. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

Saturday, April 9

LISA MAC 4 p.m. Alternative rock. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

Friday, April 15

BEN MILLER BAND LIVE 10 p.m. "Ozark Stomp". The show is 21 and over. Bit and Spur, 1212 Zion Park Blvd., Springdale.

Saturday, April 16

PINE MOUNTAIN BLUEGRASS BAND 4 p.m. Bluegrass. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

Saturday, April 23

MANY MILES 5 p.m. Alternative rock. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

ZION CANYON EARTH DAY CELEBRATION 11 a.m. Featuring sustainably-focused, educational booths and lectures about solar power, recycling and environmental issues as well as live solar powered music, a silent auction and beer and wine garden. Bit and Spur, 1212 Zion Park Blvd., Springdale.

Saturday, April 30

LORIN WALKER MDSEN 4 p.m. Rock. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

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Zion Canyon Area Events

BEN MILLER BAND PLAYS BIT AND SPUR

The Bit and Spur Restaurant and Saloon announced its first musical guest since reopening in March, having been closed for renovation since November 2015. The Ben Miller Band will play April 15 at 10 p.m.

The Ben Miller Band, listed by Rolling Stone Country as "one of the 20 Best Things Seen at Americana Music Fest 2014," will make the stop as part of its 2016 international tour.

The Bit and Spur is located at 1212 Zion Park Blvd. in Springdale and is open seven days a week. For more information, call (435) 772-3498,

visit bitandspur.com, or find the Bit and Spur Restaurant and Saloon on Facebook.



BUMBLEBERRY THEATER HOSTS PUPPET SHOW

In conjunction with The Las Vegas Family Puppet Theater Company, Bumbleberry Theater announced its newest show, "The Legend of Tumbleweed Gulch." The show runs Saturdays at 7 p.m. through May 28.

"The Legend of Tumbleweed Gulch" is a comedy that takes place in an old West mining town. The hero of the story is a western mythological jackalope, known to be an unpredictable outlaw who is feared throughout the West. The citizens of the town believe that he is there for the gold. With a Clint Eastwood-like personality, the jackalope arrives just in time to save the town from the greedy railroad company that wants the land and gold rights, and he makes their hired gunslingers look

ridiculous. In the end, the real reason the jackalope came to town is revealed.

The show features a set that includes a town boardwalk with a blacksmith barn, a saloon and hotel, a general store, a gold mine, a water tower, and tumbleweeds that roll into the gulch along with other special effects. After the show, guests have the opportunity to meet and greet the puppets and puppeteers.

The Bumbleberry Theater is located at 97 Bumbleberry Lane. Ticket prices are \$15 for adults and \$10 for children. Utah residents receive a 10 percent discount. Tickets can be purchased by calling (435) 772-3224, online at bumbleberry.com, or at the door.

ZION CANYON EARTH DAY CELEBRATION UTILIZES RENEWABLE ENERGY

In cooperation with Zion National Park, the town of Springdale will celebrate the 12th Annual Zion Canyon Earth Day on April 23. The celebration takes place on the lawn of the Bit & Spur Restaurant at 1212 Zion Park Boulevard from 11 a.m. to 5 p.m. and draws over 1,000 participants.

The festival continues to be a sustainability-focused educational event through recycling, solar power, engaging educational booths, and encouraging art vendors to use recycled or reusable materials.

Art and food vendors will be accompanied by live solar-powered music as well as a silent auction, a beer and wine garden, and educational demonstrations about alternative energy, native plants,

local environmental issues, and sustainable products. Kids can participate in a variety of activities. Local bands include Both Crows, Raven Cain, Home Early on Sunday, and Juniper City.

The Earth Day Committee believes that educational events like the Zion Canyon Earth Day celebration inform the public about the importance of sustainability and alternative energy sources. The Town of Springdale continues its efforts to offset the energy used in public facilities to solar power and currently has 96.4 kilowatts of solar capacity installed. Additionally, private residents collectively have 36 kilowatts installed. The Town of Springdale has been recognized as an EPA Green Power Community since 2008.

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Zion Canyon Area Events

WORTHINGTON GALLERY PRESENTS TWO ART EVENTS IN APRIL

For people craving both natural and man-made beauty, Worthington Gallery, situated at the mouth of Zion

Fairman will give a live pottery demonstration at Worthington Gallery Saturday, April 2. The demonstration will go from 1 to 4 p.m. Later in the month, you can catch Jim Stewart's art show featuring paintings and pottery. This show will take place on Saturday, April 23 from 5 to 8 p.m.

These events provide a great opportunity to spend a day in Zion/Springdale. You can catch an early morning hike and miss the afternoon heat while taking in an art show.

For more information on either of these events you can call Worthington Gallery (435-772-3446) or visit their website at worthingtongallery.com



Canyon, presents two opportunities for you to have an experience with art. Bruce

ZION BREW PUB APRIL MUSICAL LINEUP

This month at Zion Canyon Brew Pub you can catch an exciting lineup of performers! A local favorite, Sala and the Shakedown will give you something to move to with their rock/R&B stylings. You can cool off from a hot Zion hike with the acoustic tunes of Lisa Mac. Pine Mountain Bluegrass Band will bring you an uplifting vibe to start your night off right. And everyone can jam out when Many Miles or Lorin Walker Madsen take the stage. For more information on the Zion Canyon Brew Pub lineup, visit www.brewpubspringdale.com

April 16 - Pine Mountain Bluegrass Band 4-7 pm
 April 23 - Many Miles (Contemporary Rock) 5-8 pm
 April 30 - Lorin Walker Madsen (Rock) 4-7 pm

April 2 - Sala and the Shakedown (Rock/R&B) 4-7pm
 April 9 - Lisa Mac (Acoustic Rock) 4-7 pm



Photo by Eric Reed

12th Annual ZION CANYON

Earth Day Celebration

Sat., April 23, 2016 • 11am to 5pm

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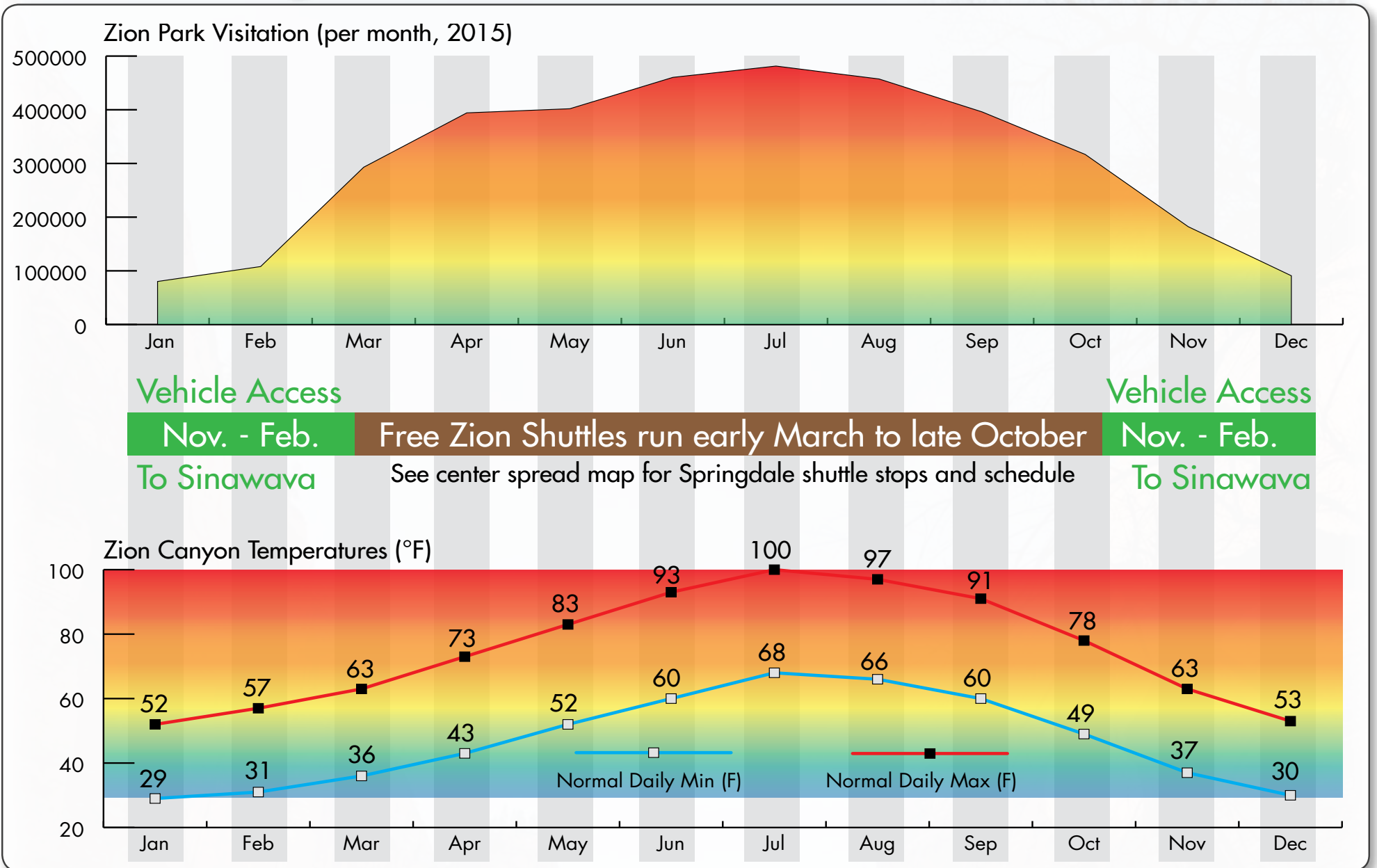
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Springdale Town Map, Dining Guide, Shuttle Schedule & Guide to Utah's Liquor Laws

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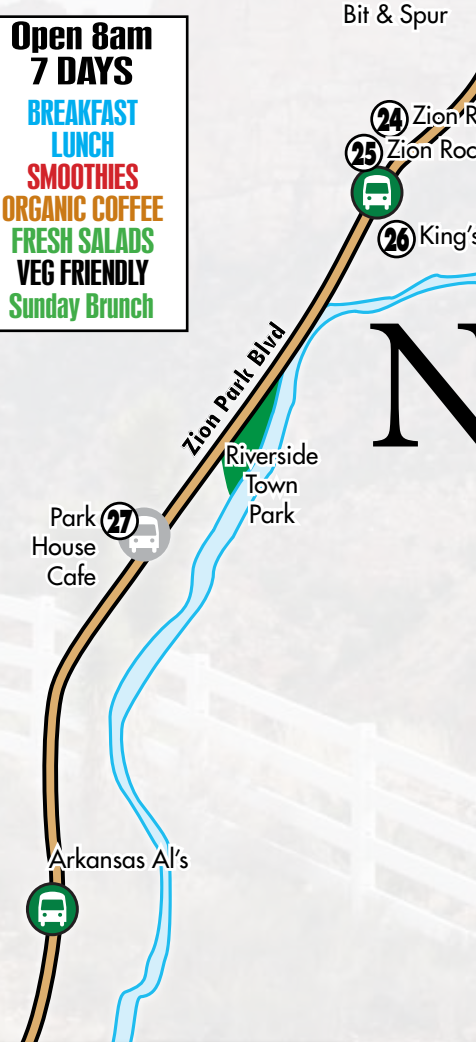
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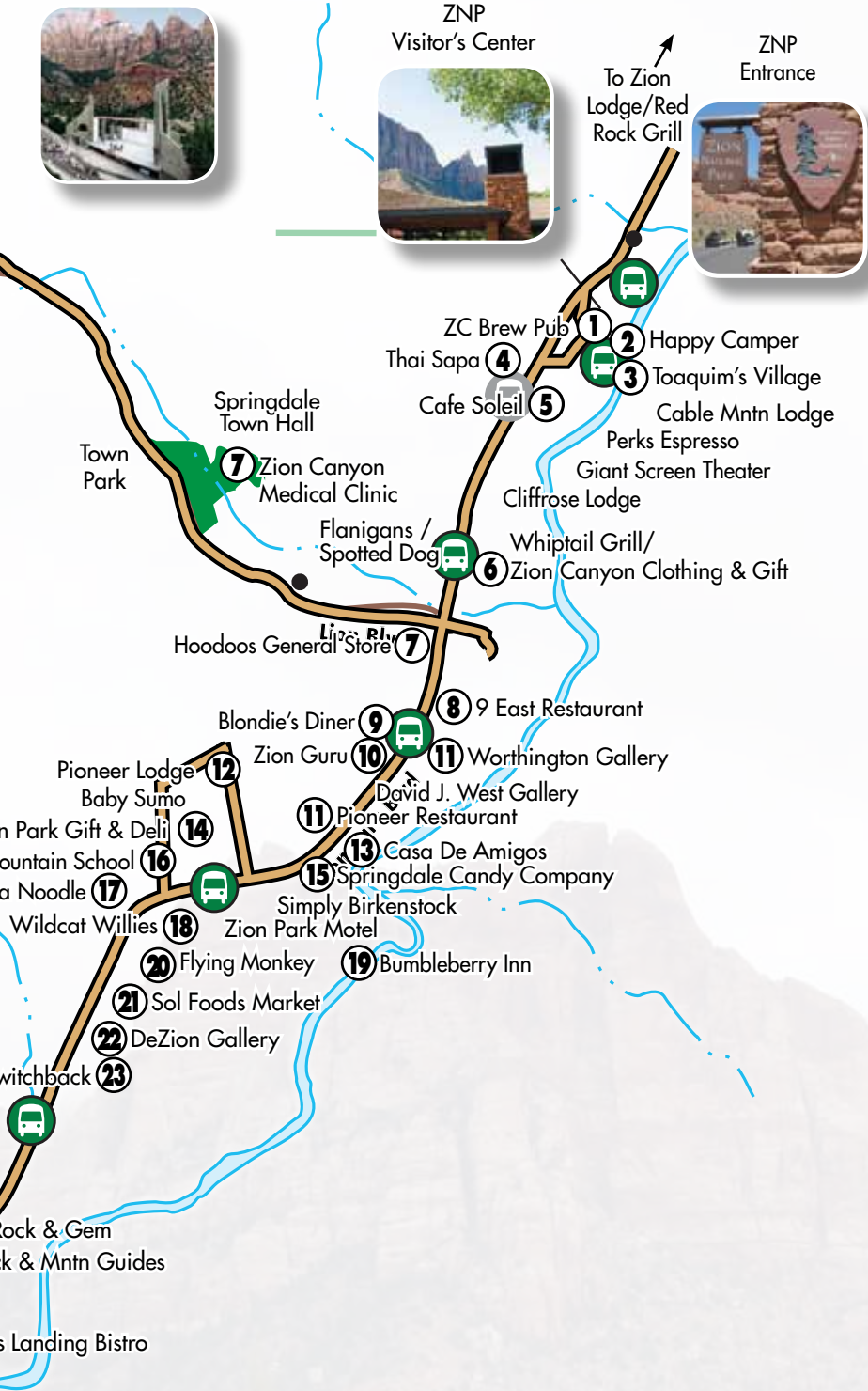
35 Lion Blvd ~ Springdale



ZION~SPRINGDALE DINING GUIDE

| Restaurant (Listed by address from ZNP Entrance) | Address | Phone | Drinks (W)ine, (B)eer, (M)ixed Drinks, (E)sspresso | Hours | Menu on Springdale.co | WI-FI |
|---|---------------------|--------------|---|---|-----------------------|-------|
| Red Rock Grill | 1 Zion Lodge | 435-772-7760 | W, B, M, E | 6:30-10:30am, 11:30am-3pm, 5-10pm daily | Yes | Yes |
| Zion Canyon Brew Pub | 95 Zion Park Blvd | 435-772-0336 | W, B | Noon-10pm daily | | Yes |
| Happy Camper Market | 95 Zion Park Blvd | 435-772-7805 | B | 8am-8pm daily | | Yes |
| Thai Sapa | 145 Zion Park Blvd | 435-772-0510 | W, B, E | 11:30am-9:30pm daily | Yes | Yes |
| Perks Coffee Shop | 147 Zion Park Blvd | 435-668-0446 | E | 7am-4pm daily | | No |
| Café Soleil | 205 Zion Park Blvd | 435-772-0505 | W, B, M, E | 7am-8pm daily | Yes | No |
| Bistro H | 281 Zion Park Blvd | 435-772-3234 | W, B, M, E | 5-11pm daily | Yes | Yes |
| Spotted Dog Cafe Restaurant | 428 Zion Park Blvd | 435-772-0700 | W, B, M, E | 7-11am, 5pm-9pm daily | Yes | Yes |
| Whiptail Grill | 445 Zion Park Blvd | 435-772-0283 | W, B | Noon-9:30pm daily | Yes | Yes |
| 9 East | 709 Zion Park Blvd | 435-619-8200 | W, B, M, E | 7am-11:30am, 5pm-10:30pm daily | | Yes |
| Blondie's Diner | 736 Zion Park Blvd | 435-772-0595 | None | 11am-8:30pm Mon-Sat | Yes | Yes |
| Baby Sumo | 792 Zion Park Blvd | 435-233-2103 | W, B, M | 4:30-9:30pm Mon-Sat | | No |
| Casa de Amigo's | 805 Zion Park Blvd | 435-772-0422 | W, B, M | 11:30am-10pm daily | | Yes |
| Pioneer Restaurant | 838 Zion Park Blvd | 435-772-3009 | None | 8am-3pm | | Yes |
| Zion Park Gift & Deli | 866 Zion Park Blvd | 435-772-3843 | E | 10am-5:30pm Mon-Sat | | Yes |
| Zion Pizza Noodle | 868 Zion Park Blvd | 435-772-3815 | W, B | 4pm-10pm daily | Yes | No |
| Wildcat Willie's | 897 Zion Park Blvd | 435-772-0115 | W, B, M, E | 7am-10pm Mon-Thurs, 7am-11pm Fri-Sun | | Yes |
| Deep Creek Coffee | 932 Zion Park Blvd | 435-767-0272 | E | 6:30am-2pm daily | | Yes |
| Oscar's Cafe | 948 Zion Park Blvd | 435-772-3232 | W, B, E | 8am-8pm daily | | No |
| Flying Monkey | 961 Zion Park Blvd | 435-772-3333 | W, B | 11:30am-8pm daily | Yes | Yes |
| Meme's Cafe | 975 Zion Park Blvd | 435-772-0114 | W, B, E | 7am-9pm daily | | No |
| Sol Foods Deli & Market | 995 Zion Park Blvd | 435-772-3100 | B | 7am-11pm daily | | Yes |
| Switchback Grille Restaurant | 1149 Zion Park Blvd | 435-772-3700 | W, B, M, E | 5-8pm daily | | No |
| Jack's Sports Grill Restaurant | 1149 Zion Park Blvd | 435-772-3700 | W, B, M | Noon-9pm daily | | No |
| Bit & Spur Restaurant | 1212 Zion Park Blvd | 435-772-3498 | W, B, M, E | 5-11pm daily | | Yes |
| King's Landing Bistro | 1515 Zion Park Blvd | 435-772-7422 | None | 3-5pm (Appetizers/Drinks), 5-11pm (Full Menu) daily | | Yes |
| Park House Cafe | 1880 Zion Park Blvd | 435-772-0100 | W, B | 8am-2pm daily | Yes | Yes |
| Arkansas Al's Restaurant | 2400 Zion Park Blvd | 435-772-0665 | W, B | Noon-8pm Mon-Fri, 8am-8pm Sat-Sun | | Yes |

If you have corrections/additions to this guide please email flori@suindependent.com or call 435-656-1555. See menus at Springdale.co.



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GUIDE TO UTAH'S LIQUOR LAWS

If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink.

The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

ZION SHUTTLE SCHEDULE

| | Fall | Spring | Summer |
|--|--------------------|-----------|--------------------|
| Zion Canyon Shuttle | | 3/12-5/19 | 5/20-9/29 |
| First Bus from Zion Canyon Visitor Center | 7:00 am | | 6:00 am |
| Last Bus to Springdale Shuttle from Temple of Sinawava from Zion Lodge | 7:45 pm 8:00 pm | | 8:45 pm 9:00 pm |
| Last Bus from Zion Canyon Visitor Center from Temple of Sinawava | 7:45 pm 8:30 pm | | 8:30 pm 9:15 pm |
| Springdale Shuttle | | | |
| First Bus from Majestic View Lodge from Zion Canyon Theatre | 8:10 am 8:30 am | | 7:10 am 7:30 am |
| Last Bus to Zion Canyon Shuttle from Majestic View Lodge | 7:25 pm | | 8:00 pm |
| Last Bus from Zion Canyon Theatre from Majestic View Lodge | 8:30 pm 8:45 pm | | 9:30 pm 9:45 pm |

A NOTE ON THE FREE SHUTTLE SYSTEM

The average wait for a shuttle bus is fifteen minutes or less. The wait is longer in the morning and evening, but shorter during peak hours. Shuttles will also operate on weekends in November, with additional service on Thanksgiving Day and Friday. The Shuttle Schedule is subject to change. Please check your Map and Guide for current information.

Services, Gift Shops & Galleries in Zion

ZION CANYON SERVICES

FOR EMERGENCIES DIAL 911

| | |
|-----------------------------|---|
| WJ Bassett Repair | (435) 772-3328 |
| Zion Arborist | (435) 703-5855 |
| Zion Canyon Massage | (844) 229-3400 |
| Zion Party Rentals | (435) 632-7705 |
| Zion Canyon Visitors Bureau | (888) 518-7070 |
| Flanigan's Inn Spa & Salon | 450 Zion Park Blvd (435) 772-3244 |
| Zion Canyon Medical Clinic | 120 Lion Blvd (435) 772-3226 |
| Canyon Community Center | 126 Lion Blvd (435) 772-3434 |
| Springdale Library | 126 Lion Blvd (435) 772-3676 |
| Springdale Town Office | 134 Lion Blvd (435) 772-3434 |
| Zion Guru | 792 Zion Park Blvd (435) 632-0432 |
| Zion Cycles | 868 Zion Park Blvd (435) 772-0400 |
| Saw Zion | 932 Zion Park Blvd (435) 669-4335 |
| Canyon Tire Center | 962 Zion Pk Blvd (435) 772-3963 |
| Zion Rock & Mountain Guides | 1458 Zion Park Blvd (435) 772-3303 |
| Zion Jeep Tours | 2400 Zion Park Blvd (866) 946-6494 |
| Doggy Dude Ranch | 800 E Main, Rockville (435) 772-3105 |

*If you know of a service to Zion/Springdale please email flori@suindependent.com or call 435-656-1555

ZION CANYON AREA GIFT SHOPS AND GALLERIES

| Springdale Giftshops | Address (by closest to ZNP entrance) | Phone | | | |
|-----------------------------|---|--------------|----------------------------|---------------------|-----------------------|
| Zion Lodge Gift Shop | 1 Zion Canyon Scenic Dr | 435-772-7700 | Sorella Gallery | 868 Zion Park Blvd | 435-772-0622 |
| Zion Natural His. Assoc. | Zion National Park | 435-772-3264 | Zion Outdoor | 868 Zion Park Blvd | 435-772-0630 |
| Toaquim's Village | 145 Zion Park Blvd | 435-772-2420 | Bumbleberry Gifts | 897 Zion Park Blvd | 435-772-3224 |
| Café Soleil | 205 Zion Park Blvd | 435-772-0505 | Place Across The Street | 932 Zion Park Blvd | 435-669-6029 |
| Tribal Arts Gallery | 291 Zion Park Blvd | 435-772-3353 | Joy Craft & Design | 932 Zion Park Blvd | 435-319-0259 |
| Zion Canyon Clothing & Gift | 445 Zion Park Blvd | 435-772-0572 | Zion Canyon Offerings | 933 Zion Park Blvd | 435-772-3456 |
| Zion Prospector | 694 Zion Park Blvd | 435-772-0472 | Lazy Lizard Boutique | 948 Zion Park Blvd | 435-772-3050 |
| Worthington Gallery | 789 Zion Park Blvd | 435-772-3446 | DeZion Gallery | 1051 Zion Park Blvd | 435-772-6888 |
| Natures Gallery of Zion | 801 Zion Park Blvd | 435-772-0597 | Switchback Trading Co. | 1149 Zion Park Blvd | 435-772-3700 ext. 103 |
| Crystals & Creatures | 801 Zion Park Blvd, Ste 3 | 435-772-0577 | LaFave Gallery | 1214 Zion Park Blvd | 435-772-0464 |
| David J. West Gallery | 801 Zion Park Blvd, Ste 1 | 435-772-3510 | Zion Rock and Gem | 1416 Zion Park Blvd | 435-772-3436 |
| Canyon Outfitters | 849 Zion Park Blvd | 435-772-0252 | Silver Bear Enterprises | 1865 Zion Park Blvd | 435-772-3939 |
| Simply Birkenstock | 855 Zion Park Blvd | 435-772-3500 | Majestic View Trading Post | 2400 Zion Park Blvd | 435-772-0665 |
| Springdale Candy Co. | 855A Zion Park Blvd | 435-772-0485 | Buffalo Trails Trading Co. | 771 W Hwy 9, Virgin | 435-635-7872 |
| Zion Park Gift & Deli | 866 Zion Park Blvd | 435-772-3843 | | | |

*If you know of a gift shop or gallery in Zion/Springdale please email flori@suindependent.com or call 435-656-1555

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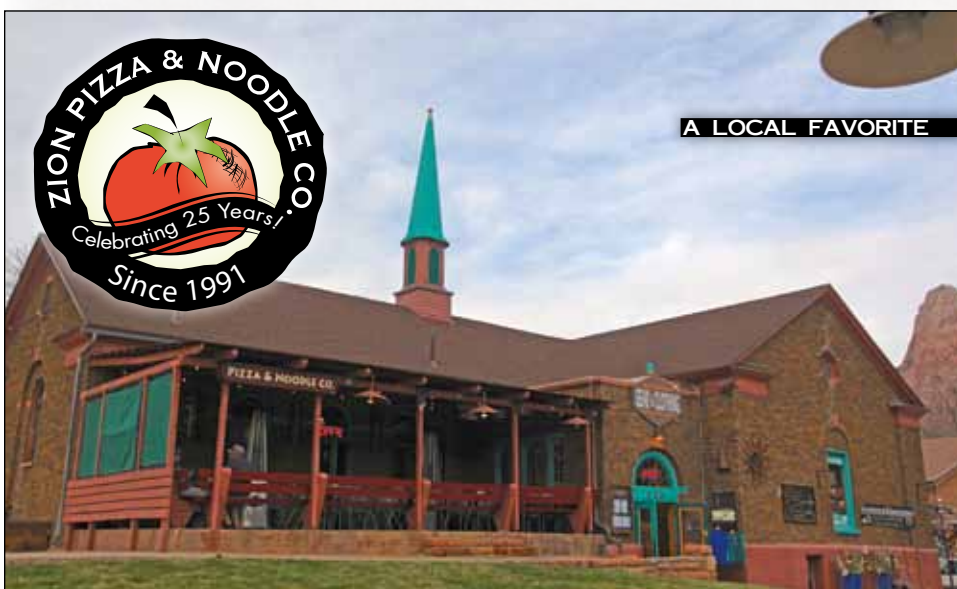
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Zion Canyon News

AS BIT AND SPUR REOPENS, SPRINGDALE WELCOMES TWO NEW RESTAURANTS

Those looking for a great meal in Zion Canyon just got a few more delicious

remodel was to expand the kitchen size that we'd considerably outgrown. The expansion allows us to do much more off-site catering as well as accommodating the much increased volume of visitors entering Zion Canyon every year," said Pelton.



options. The Bit and Spur, located at 1212 Zion Park Blvd. in Springdale, recently reopened after being closed for the winter after undergoing major remodeling and an addition. The oldest parts of the building, dating back to the '60s and '70s, were torn down to make way for the new kitchen, dining, and live performance areas. The familiar front pool table area and bar remain, much like it has been since their addition in the winter of 1994.

"The idea was to build the entirely new kitchen and expand the dining and patio areas, but retain much of the same good energy and same great food," said Alex Pelton, co-owner. "The expansion gained us about 60 seats total, between the expanded dining room and much more patio."

With a new 800-square-foot private back patio available for parties and private events, they added a lot more of what Pelton referred to as "quality dining experiences."

"The main intention of the



For live music, the area has also been much expanded from the small footprint it once occupied, and the new room utilizes movable hanging partition walls. Remarkably, the remodel kept on an incredibly tight schedule of just four months, actually coming to completion early for the reopening on March 9.



Just down the street at 1515 Zion Park Blvd., King's Landing Bistro has just opened.

Thomas King and his wife, Phu, moved recently from Las Vegas to Springdale to open Zion Canyon's newest dining establishment. The Kings have placed King's Landing in the spot at the Driftwood Lodge, which was formerly occupied



by Parallel 88 but had been closed for the past three seasons.

King's Landing Bistro features an eclectic menu including fresh salads that feature kale and endive, quinoa, and more as well as appetizers ranging from puff pastry tarts to charred octopus. The compact menu showcases the bistro's uniquely prepared entrees, like beef tenderloin medallions, roasted chicken breast, salmon, and the King's burger. They also feature a separate vegetarian menu that includes a few extra vegan and vegetarian options for those so inclined. Additionally, they have a third menu for sweets and desserts that features strawberry and rhubarb crisp, molten chocolate lava cake, espresso crème brûlée, four flavors of homemade ice cream, vanilla gelato, and affogato.

The Kings found their way to Springdale by way of their good friends Tina Lee and Michael

Vitangeli, who opened the new 9 EAST restaurant at 709 Zion Blvd., the new location nestled next to The Desert Pearl Inn. From the pasta and pizza dough to the gelato and sorbet, everything is made fresh. The salmon is even smoked on the premises. It offers dishes like herb-crusted seared beef carpaccio with celery arugula salad, caper berries, shaved Parmigiano-Reggiano, and

citrus olive oil or creamy tomato basil and bread soup with Taggiasca olives, Parmesan fondue, and basil-infused olive oil as well as rigatoni Bolognese, smoked duck pizza, and Mediterranean sea bass.

Original abstract paintings incorporating sweet, fragrant spices like clove, allspice, and ginger enhance the atmosphere.

Executive Chef Michael Vitangeli and Executive Pastry Chef Tina Lee said that they are ready to introduce Springdale locals as well as national and international visitors to a casual, innovative new Italian restaurant with Mediterranean influences. In



partnership with The Desert Pearl Inn, Lee and Vitangeli say that they intend to make Springdale an even more enticing culinary destination. Reservations are recommended. Call (435) 619-8200.



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ZION~SPRINGDALE GUIDE Guides

TOP 10 UNCROWDED HIKES IN SOUTHERN UTAH

Red Mountain Traverse



Red Mountain Traverse is located primarily in the Red Mountain Wilderness area, along the edge of Snow Canyon State Park. It extends from the Ivins trailhead. This is a strenuous hike that consists of a steep climb, backcountry area with no trail, almost no shade, and a very long distance of about 10 miles. Hikers should remember to arrange transportation to shuttle them back to the starting trailhead after finishing. As it is easy to get lost, hikers should also be sure to study maps and bring a GPS or an experienced guide. Overall, the hike is a lot of fun but very exhausting. It's the type of hike that every hiker in St. George should try to do at least once. The views of Snow Canyon and the surrounding area are spectacular and worth the long trek.

Chinle Trail

The Chinle Trail, located outside of the main tourist areas of Zion National Park, is an off-the-beaten-path trail located in the lower-elevation west-desert wilderness area. Though it's a long, 15.4 mile roundtrip trail, it's a mellow hike. Plus, it's great for kids because it's not treacherous, slippery, or steep. The Chinle trailhead is outside of Zion, south of Springdale. Hikers will be graced with views of the West Temple, Mt. Kinesava, Towers of the Virgin, and Sundial. The greatest part about this trail is that it offers quiet solitude, peace, exercise, and mental rejuvenation. Anyone who intends to do this hike in one day should be mindful of running out of daylight. It's wise to bring a headlamp just in case.

Big Hollow

Three Peaks is an obscure mountain located near Stoddard Mountain between Enterprise and Cedar City. While not quite as high as neighboring Stoddard, it is a much more rugged, rocky mountain by comparison and provides interesting climbing. The traverse from south to

north takes the sojourner over numerous rock crags and the three highest horns of the mountain. The hike begins on an increasingly narrow road until you come to the sign for the Big Hollow Trail. It's helpful to use the smaller peaks lower on the mountain as route-finding guides. A GPS is also useful.

Mill Canyon Trail



The Mill Canyon Trail is a spectacular hike in the Pine Valley Mountain Wilderness that leads through a narrow canyon lined with towering crags, a rich forest of fir and aspen, and a seasonal stream. It's a strenuous, 10-mile roundtrip hike that leads to the isolated corner of the Pine Valley Mountains. The trail is easy to follow and maintains a fairly even pace of ascent. Hiking in the Pine Valley Mountains is a completely different experience than the nearby desert. Mill Flats featured a grassy meadow with a small stream running through its center. The aspens are a brilliant splash of color in the fall, and the craggy splendor of the surrounding peaks makes this a spot at which one wants to linger for a long time. Several trails branch out from here, allowing for a multi-day exploration of the vast Pine Valley Mountains.

South Boundary Trail

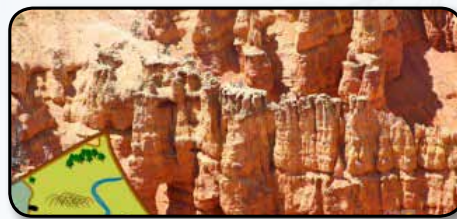
Pine Park is a long-forgotten wonderland of white volcanic pinnacles and cones located in a veritable wilderness west of Enterprise. South Boundary Trail is a long but easy hike away from civilization. It's recommended to just explore the lower reaches of the trail around the park itself. Even though Pine Park is only 20 or so miles from Enterprise, it is a remote place. This particular spot is an awe-inspiring and spectacular place to explore and contemplate the forces of nature and the wild beauty of Utah. Hikers should be sure to let someone know where they are going and should ensure that vehicles are in good operating condition with at least one

functioning spare tire.

The Maze

The Maze is a scenic, intriguing, entertaining, and easily accessible off-the-radar hiking spot. While the overall hike itself is fairly easy, route-finding can be challenging. The path starts out with a steep pitch of switchbacks and bare stone, drops into a magical slot canyon, and optionally ascends onto the southern end of the tall plateau with stately views towards the northern side of the Red Mountain Wilderness. This hike gives lovely views of Signal Peak and the Pine Valley Mountains. Caution should be exercised in certain sections, as social trails sometimes cut right through large patches of cryptobiotic soil.

Spectra Point Trail



Cedar Breaks National Monument, which lies east of Cedar City, is a welcome refuge of cooler summer temperatures for heat-weary residents of the desert lowland. With a fraction of the visitors who swarm Zion in summer, Cedar Breaks is a quieter destination that has a grandeur similar to the national parks the region is famous for. The Spectra Point Trail is an ideal hike for families and those wanting to quickly take in the awesome splendor of this unique place. The trail along the rim is well-graded and fairly wide, and the uphill sections are minimal. Since the rim of Cedar Breaks is well above 10,000 feet, altitude sickness is a very real possibility here. Hikers should pay attention to each member of the hiking party and not press on if anyone begins to feel ill.

Kayenta Hellhole

Hellhole Canyon, located at the edge of the Kayenta subdivision west of Ivins, is a superb, easy-to-reach canyon of towering rock walls well worth a few hours of hiking. While the route can be sandy and a bit laborious, it gains very little elevation and presents few obstacles for families with children. It is advisable to start as early as possible to end the hike before the heat of the day becomes too withering. This trail

has very little shade. Despite being so close to civilization, this is a quiet, peaceful place to wander. With the limitations on parking, there are rarely more than a few groups in the canyon at any time. Hikers will enjoy the quiet majesty of the canyon, hearing more canyon wrens than human voices. Experienced scramblers will delight in exploring the upper stretches of the ravine.

Third Ravine

Third Ravine is an underappreciated gem. Located on the plateau bordering western St. George, the trail is a wonderful example of the diverse terrain of Washington County. A narrow, rocky gorge choked with boulders and featuring unique stone features leads to a cliff-lined terrace with two cave systems. This is followed by a brief climb to the top-of-the-world views of the mesa summit. On the return hike, a smaller and narrower but equally beautiful canyon — Second Ravine — descends back to the trailhead. Portions of the trail join with the Zen Trail.

Shivwits Arch



The Virgin River Gorge has beautiful views that most people just observe as they drive through it on their way to somewhere else. Not many people think of it as a place to stop and hike. While technically not in southern Utah, the hike up to Shivwits Arch is reached by a short drive partway down the gorge. There are several paths to choose from to reach the Arch. The hike is not long, but it's difficult due to the elevation gain and trail conditions. It involves some route-finding and quite a bit of boulder-hopping. There are a few places near the opening of the Arch where stemming is required. This is a canyoneering technique that involves placing one's back against one side of a canyon wall, putting one's feet across to the other side, and working one's way up. The trail gains about 900 feet in elevation in the 0.6 miles up to the Arch, and it takes about an hour. The view from the top is spectacular. A camera is essential as hikers can even walk out onto the top of the Arch for some great photos.

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ZION~SPRINGDALE GUIDE>Hikes

HIKING SOUTHERN UTAH: CHINLE TRAIL by Greta Hyland

Trail name: Chinle Trail
Difficulty: Not difficult
Length: 15.4 miles roundtrip
Elevation Gain: 650 feet
Family-friendly: yes

Not all hikes are created equal, especially when you consider seasons and time of year. What is great for summer is not necessarily great for winter and vice versa; unless you like hiking in lower elevations in sweltering heat or in ice

turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a small parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.

Shortly after you get through

also on the ground. The trail goes through a near petrified forest, with petrified wood strewn everywhere. Many pieces look like they were painted or dyed by blood and are fascinating to look at up close. Definitely stop and look at them, but make sure not to take any – you are within Park boundaries, and it is illegal. The trail meanders all over and offers you a wonderland of water carved gullies, strangely shaped rocks; over rocky outcrops, and into wide open desert as far as the eye can see.

If you continue all the way to the end, you will also get views of Cougar Mountain and Smith Mesa. The greatest part about this trail and particular location is that it offers quiet solitude and peace, something sorely needed this

time of year in the hustle and bustle of shopping and activities and of which nature has an abundance to give. So give yourself the gift of peace, exercise, and mental rejuvenation; you won't regret it.

If you decide to head out for a this winter hike, grab a thermos of coffee or hot chocolate and a healthy snack to go along with the required water. You may just want to sit and enjoy the peace and quiet out there before you return, and what better way than with something piping hot? Just remember, if you decide to do the whole hike in one day, plan ahead – you don't want to run out of daylight. In fact, bring a headlamp just in case, and go enjoy one of the less visited areas Zion has to offer. Happy trails!



and snow when it's cold. That being said, the lower elevation hikes that you might avoid during the summer make for great winter hikes.

The Chinle Trail, located outside of the main tourist areas of Zion National Park, is one of those great backcountry winter hikes. Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide open vistas (that I particularly love), unique desert landscapes, and a reprieve from the more touristy trails in the park. And though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. Plus, it's a great hike with kids because it's not treacherous, slippery, or steep. However, I would avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the

the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

The trail is 15.4 miles round trip and can even connect you to the Coal Pits Wash trail if you decide to grab a permit and camp there overnight. Right at the beginning of the hike, with Zion in the background, you will see the bluish-purple lines in the rock formations that gave the trail its name. As you hike along you will be graced with views of the West Temple, Mt. Kinesava, Towers of the Virgin, and Sundial. And don't forget to turn around and take a look at the famed Eagle Crags in the distance behind you.

Not all of the views to be had, however, are vistas and peaks; they are

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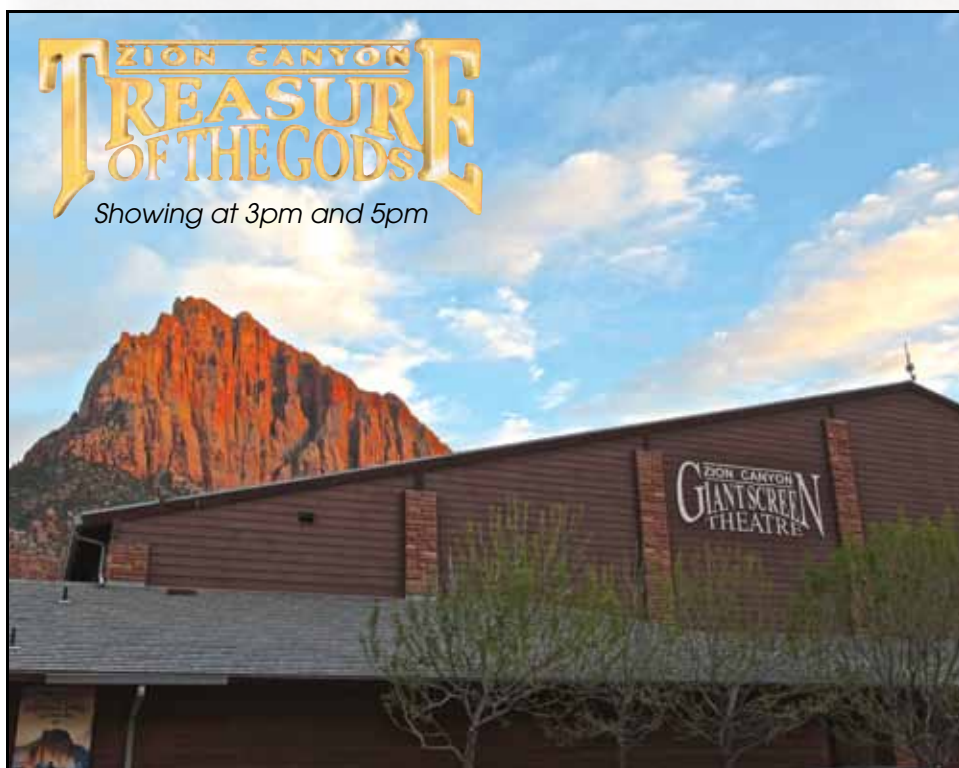
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| 3:30-5:00 Freeze Warning | 8:00-10:00 Mister Hyde |
| | Gunlock Country in the bar 10:00-1:00am |

SATURDAY MAY 7 Noon - 10pm

| | |
|------------------------|--------------------------------------|
| 12:00-1:30 Most Wanted | 6:00-7:30 Jensen Buck and the family |
| 2:00-3:30 HighwayPoets | 8:00-10:00 Cat Fish John |
| 4:00-5:30 Soul What?! | Wirelefant in the bar 10:00-1:00am |

SUNDAY MAY 8 Noon - 7pm

| | |
|-------------------------|------------------------|
| 12:00-1:00 Joe Sherman | 3:00-4:30 Tommy Rocker |
| 1:30-2:30 Dakota Nights | 5:00-6:30 Fiyah Rootz |

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