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# The Independent

Color Country's Complete Guide To Arts ~ Music ~ Entertainment ~ Culture & More

CENTER FOR THE ARTS  
IN THE KAYENTA ART VILLAGE

OPENS WITH

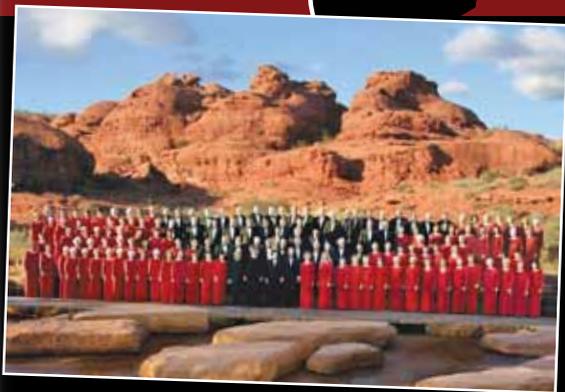
[ title of show ]

Yes, that's the name, "title of show."

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## The Independent ~ SUIndependent.com

Color Country's Complete Guide To Arts, Music, Entertainment, Culture & More

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## EDITORIAL

### PUBLISHER'S PERSPECTIVE By Josh Warburton

Personal growth is hard ... especially when you're busy with everyday life. So if you can't completely immerse yourself in an environment that allows you to focus exclusively on your personal growth, what can you do?

I can tell you that for me it's not easy. Working on yourself while in the same day-to-day routine can be very challenging. Many people I know just can't find the balance. And that's what it's all about: balance. I have many friends who are all or nothing. They fall off the wagon drinking after taking a sabbatical and drink heavily again. Or maybe they stop making their daily diet shake one day and all healthy eating habits go out the window. I totally understand that thinking and the feeling of failure. I'm subject to it as well.

I've been vegan now for well over 25 years. I'm committed to it. It's a lifestyle choice I have embraced. For many, that's just too extreme. And if they try to do it — whether it be for a day, a week, or a month — when they fall off the wagon, they fall hard, and many go back to their old eating habits entirely.

I listened to a podcast recently with a fellow who takes a different approach. He's basically vegan at home and allows himself to be not vegan when he's traveling. This gives him the flexibility to largely adhere to the diet he knows is best for himself without beating himself up when he occasionally strays from the path as he's already given himself the leeway to do that without guilt. Again, it's not how I do it, but I can see how that philosophy sets him up not to fail, because his standard for himself allows that flexibility. I can see how applying this thinking in other areas could benefit many people I know, including myself.

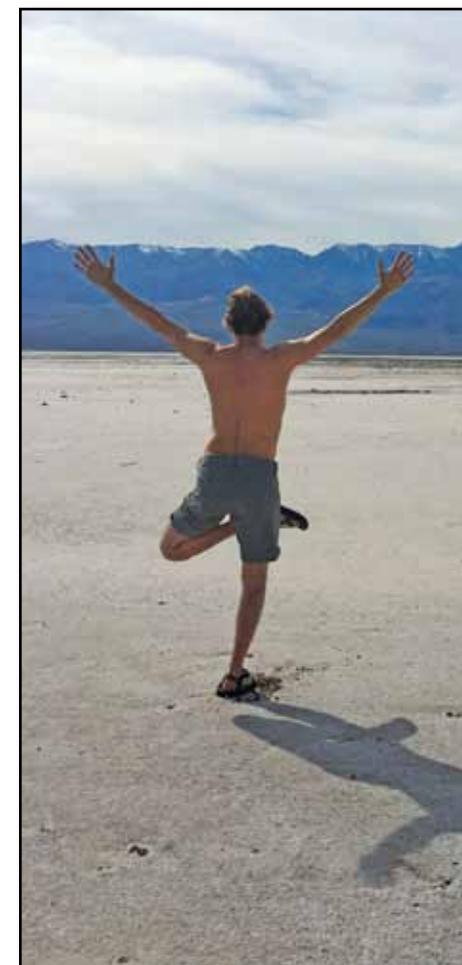
I've now meditated everyday for over four months, and I feel it has really benefited me. That said, when thinking about if I accidentally skipped a day, I would feel like I'd failed. This all-or-nothing way of thinking can be counterproductive. So what if I were to miss a day out of over a hundred? I still would have meditated every other day in that stretch, right? What does it matter if I miss a day, other than that I may not be quite as centered that day? Life really is about having realistic expectations, and that extends to oneself.

Similarly with diet, if you want to be more active or improve your eating habits, consider doing it incrementally rather than all or nothing if that feels good to you. Diet is very much the sort of thing that can be improved gradually. If you're intimidated by going vegan, maybe just start with eating meat less frequently or in smaller portions. "Meatless Mondays" is an approach I know a lot of people try as a way to wean themselves off of meat — or at the very least to introduce alternatives, and regularly. If you're a big soda, alcohol, or coffee drinker, try just limiting yourself to a certain amount per day or taking a day off from it here or there. You may realize that you don't need it as much as you thought you did. It's not as hard when you know it's just for a day or two, but just make sure you don't binge on your next opportunity.

It also really helps to have information backing up your decision to reduce consumption of whatever it is you're working on. On the day you're taking a break, take a few minutes to look up some articles or studies on the benefits of reducing your intake. That'll help back up your effort. Or talk to a friend or family member that supports your self improvement. Getting a few words of encouragement can also fuel your self-care fire.

Recognize that we are all creatures of habit. And habits are what can often define our health, as most common foods and drinks are not terribly negative to our health if consumed infrequently or with good moderation. But conversely, what you do everyday can really impact your health.

And meditation, yoga, stretching, exercise, good sleep, etc. are all that way. Sure, having them as a part of a daily habit is likely ideal. But realistically, nearly any amount of them is still beneficial. So in setting up your next self-improvement project, consider how you'd feel if you had a fairly rigid program planned and then failed to stick to it versus a program that has a bit more flexibility.



I approach my yoga practice that way. I love yoga, and I'd like to do yoga everyday. But I do much better in a class with an instructor, and classes are not available to me everyday. So instead, I just tell myself that I'd like to go as frequently as I can — as many times per week as I'm able — and to not get too upset at myself if I miss a few days or even a week. So I rarely feel guilt when missing yoga but instead just look forward to the next time I can attend, as that's my routine, my standard, and my expectation for myself. A routine with flexibility works for me in this case.

So those are just a few thoughts on different ways of approaching growth. Don't beat yourself up if you fail to meet your own high expectations. Give yourself a little grace and forgiveness. We are all human, after all. Happy reading!

### Career Transition? Early Retirement? Financial Questions?



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# EVENTS

## INTRODUCING SOUTHERN UTAH'S ALL-NEW INTIMATE THEATRICAL EXPERIENCE

By Austin T. Roebuck

After much anticipation by its grassroots supporters and by members of the arts-loving community at large, the Kayenta Arts Foundation is proud to announce the grand opening of the Lorraine Boccardo Theater at its new Center for the Arts at Kayenta venue in Ivins.

With its mission to develop and create an environment that fosters diverse artistic endeavors for educational and enrichment purposes, the Kayenta Arts Foundation built the new venue to bring a new appreciation for the arts to southern Utah.

Located at 881 Coyote Gulch Court in Ivins, the center was dedicated May 5 with the support of Ivins Mayor Chris Hart, who lovingly touts the establishment as a gem and an artistic and cultural resource for all of Washington County.

To the Kayenta Arts Foundation, the Center for the Arts at Kayenta's very existence is a blessing from above.

"When the foundation was formed, we had no idea that we would embark on the design and construction of an art center within the first couple of years of our existence," said Kayenta Arts Foundation chair Judith Kapuscinski, "but the stars and planets aligned, creating the perfect storm to make the possibility of an arts center a reality sooner rather than later."

Featuring a 3,000-square-foot customizable black-box style theater space seating up to 250, the Lorraine Boccardo Theater will be at the heart of the Center for the Arts at Kayenta's inaugural season of events:

—Pre-grand opening performances by Muzicka (an internationally acclaimed Czech cimbalovka ensemble) Sept. 21 and Rosin (an eclectic cello duo) Sept. 23 as well as Latino Roots Dance Company with Andean Flutes Oct. 6 and Coyote Tales Storytelling Oct. 7, Feb. 13, April 21.

—A grand opening musical, "[title of show]," Oct. 20, 21, 26-28.

—A "Magic, Mystery and Macabre" Halloween event with the St. George Opera Oct. 30 at 5 p.m. along with 4 p.m. pre-show kids trick-or-treating and an 8 p.m. performance. A post show party for ages 21 and up will follow the performance (costumes encouraged!).

—A lecture by renowned educator Ron Smith Nov. 8.

—A holiday music concert featuring the DSU Chamber Singers and the Snow Canyon High School Jazz Band and Madrigals Dec. 7.

—The "Enchanted World of Dolls," an

interactive maze of live performers in native costume, Dec 15–23.

—Neil Simon's "The Dinner Party" Jan. 17–20.

—Robert E. Longley, world renowned guitarist known for his striking hybrid style of flamenco and jazz, will perform on Feb. 8.

—"Vietnam Through My Lens: Direct from NYC" featuring Vietnam War photojournalist Stu Richel, Feb. 16–18.

—A triple concert celebrating Johann Sebastian Bach's birthday in March featuring Jason Bonham and Voltaire Versoza (principal violist and pianist with the Las Vegas Philharmonic) will take place on March, 24.

—A concert featuring the St. George Chamber Singers April 20.

—The Kayenta Street Painting Festival April 25–26.

—"Framed" a hilarious play about an artist, mobster, mechanic, and slut all collide in this crime riddled comedy about loopy marriages, ambition, and art will take place May 10-19.

"We are casting a wide net and filling it with a fantastic range of artistic endeavors to delight and entertain our broad community and art enthusiasts," said Jan Broberg, executive director of the Center for the Arts at Kayenta. "I'm so excited to welcome our entire southern Utah family to be a part of the art!"

Planning for the grand opening weekend of events is already under way with two gala performances and an extended run of the Broadway musical "[title of show]" — the name of the best Broadway musical you've never heard of. This funny, slightly irreverent, uplifting musical has The New York Times claiming it's "obsessively

and hilariously self referential" and "far funnier than many of the more expensively manufactured musicals that make it to Broadway." "[title of show]" even received a Tony Award nomination for Best Book of a Musical in 2009. "[title of show]" will make its southern Utah premiere as the debut theatrical performance at the Center for the Arts at Kayenta Oct. 20.

"Enriching the lives of our growing and already broad population in this region is an exciting aspect of our mission", said Broberg. "Our grand opening will give new flavor and insight into the common ground we share as humans ... exactly what outstanding, powerful art is meant to do!"

The Kayenta Arts Foundation aims to be the premier venue in the greater southern Utah area for awareness, appreciation, education, and enjoyment of diverse artistic endeavors.

With a beautiful new venue set in a location unlike anywhere else in the world and a list of visual and performing arts events lined up for the season, the Kayenta Arts Foundation is excited to finally open its doors.

The time has come. The doors are opening, the curtain is rising, and everyone is welcome!

For more information and to purchase tickets, visit [kayentaarts.com](http://kayentaarts.com).



## City of St. George

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# EVENTS

## SEPT. 11 CONCERT IN THE PARK HAS PATRIOTIC THEME



The City of St. George Concert in the Park 2017 season will come to a close Sept. 11 at 7:30 p.m. with "Sounds of Freedom," showcasing a series of America-themed performances. The concert will be held at Centennial Park, located at 301 N 2200 E in St. George. It will feature choir music, fiddle music, Americana, and rock and roll. Performers include Sunset Express, Sunrise Ridge Choir, The Yost Kids, Leisure E's, Sheri Peterson, DeeJay Peterson, Casey Lofthouse, and The Crossroads Band. Park seating is available. The concert is free and open to the public.

## DIXIE CENTER HOSTS CROSSROADS OF THE WEST GUN SHOW

The Crossroads of the West Gun Show will take place Sept. 30 and Oct. 1 at the Dixie Center in St. George. The show will be open from 9 a.m. to 5 p.m. Saturday and from 9 a.m. to 4 p.m. Sunday. Tickets are \$8 and allow entrance for both days. Kids 12 and under are admitted free with a parent or guardian.

The Crossroads of the West Gun Show has stops all throughout the western United States. Last year, its shows brought in more than half a million people. Each show features hundreds of vendors to suit the needs of customers, from hunters to avid collectors.

Discount coupons good for \$1 off the ticket price are available at [crossroadgunshows.com](http://crossroadgunshows.com). More information is available at the website or by calling (801) 544-9125.



## MESQUITE GAMING HOSTS CASABLANCA BBQ FEST

Mesquite Gaming, owner of Casablanca Resort and Virgin River Hotel, will host its first CasaBlanca BBQ Fest Sept. 8-10. Highlights include award-winning vendors such as Austin Texas Lightning, Chicago BBQ Company, and Texas Outlaw BBQ as well as events and entertainment.

CasaBlanca BBQ Fest runs from 1 p.m. until 7 p.m. Sept. 8, 11 a.m. until 7 p.m. Sept. 9, and 11 a.m. until 5 p.m. Sept. 10. The event is free and open to the public.

"For the all-new CasaBlanca BBQ Fest, we've focused on high-quality, award-winning barbecue vendors to showcase their talents and serve guests with incredible food," said Christian Adderson, corporate sales manager at Mesquite Gaming. "In addition, we've incorporated kid-friendly activities, tailgate-style games and eating contests to expand on the footprint of this long-time favorite community event."

With more than 30 years of cooking experience, Nikki Ferguson and her team from Austin Texas Lightning BBQ have traveled coast to coast winning numerous awards on both the national and local level of rib competitions. Accolades include two-time winner of "Best Ribs" and two-time "People's Choice" winner at "Ribs on the River" in addition to first place "Best Ribs" winner at Mankato Rib Fest.

Chicago BBQ Company owner Tom Ferguson says he had a vision of creating Chicago's ultimate BBQ experience. In 1985, he began competing in national rib cook-offs. In 1986, he won the title of "Best Ribs In The World" at the Richmond World Invitational Rib Cook-Off and has been going strong ever since with more than 300 national and local competition awards. He also has the bragging rights of winning more than 10 awards at the Nugget Best Of The West Rib Cook-Off.

Texas Outlaw BBQ boasts more than 250 first-place awards in its 25 years. Awards include five-time, first-place winner at Naperville Rib Fest, five-time first-place winner at the Nugget Best in the West Rib Cook-Off, and being the only team to take first place at Pig in the Pines five times.

—Barbeque and carnival-style food vendors  
—Live music with DJ Jimmy Z, children's pie- and watermelon-eating contests, prize giveaways  
—Beer garden with tailgate activities and games

CasaBlanca Showroom, noon-12:45 p.m., 2-2:45 p.m.:

—Seth Grabel magician variety show. Free and open to the public. Anyone under 18 years of age must be accompanied by an adult.

CasaBlanca Showroom, 8:30 p.m.:

—Beer Drinkers and Hell Raisers: Tribute to ZZ Top. Must be 21 years of age or older. Tickets are available online at [mesquitegaming.com](http://mesquitegaming.com), by phone at (800) 585-3737, or in person at the CasaBlanca Resort front desk.

### Sunday, Sept. 10

CasaBlanca Events Center, 11 a.m.-5 p.m.:

—Barbeque and carnival-style food vendors  
—Live music with DJ Jimmy Z, children's pie and watermelon eating contests, prize giveaways  
—Beer garden with tailgate activities and games

Special hotel rates are available at CasaBlanca Resort. Book online or by calling (702) 345-6789. A discount is available by using code 1BBQ8.

More information is available at [casablancaresort.com/](http://casablancaresort.com/)



### CasaBlanca BBQ Fest events and activities

#### Friday, Sept. 8

CasaBlanca Events Center, 1-7 p.m.:

—Barbeque and carnival-style food vendors  
—Live music with DJ Jimmy Z, children's pie and watermelon eating contests, prize giveaways  
—Beer garden with tailgate activities and games

CasaBlanca Showroom, 8:30 p.m.:

—Turn the Page Bob Seger tribute. Must be 21 years of age or older. Tickets are available online at [mesquitegaming.com](http://mesquitegaming.com), by phone at (800) 585-3737, or in person at the CasaBlanca Resort front desk.

#### Saturday, Sept. 9

CasaBlanca Events Center, 11 a.m.-7 p.m.:



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## EVENTS

# DIXIE CONVENTION CENTER HOSTS FAMILY ROOTS EXPO

On Sept. 15 and 16, the Dixie Convention Center in St. George will host the Family Roots Expo with two concerts, keynote speakers, over 110 booths, and an interactive expo hall. Attendees can learn to pan for gold and dip candles, enjoy Native American dancers, and experience life as a pioneer with experts on hand to help search out ancestors.

Keynote speakers John Bytheway, Merrill and Justin Osmond, Dallin A. Larsen, Glenn Rawson, Daniel Rona, and the Eyre family will lend their perspectives on family history.



Justin Osmond

On the evening of Sept. 15, country western singer Chris Petersen will present a "Salute to Our Veterans" concert, and vocal trio GENTRI will perform Sept. 16.

A benefit auction will be held Sept. 15 at 6:30 p.m. with proceeds used to benefit area veterans. A \$200 Visa gift card, a \$900 Stealth Pro Angler kayak from Lifetime, and two chances to secure \$1,000 worth of cut and wrapped beef from Oak Rose Ranch are some of the items to be auctioned. There will also be a silent auction.

An adult platinum two-day pass (\$69) includes 80 class choices, four keynote speakers, admission to both concerts, and preferred concert seating in the center rows.

An adult two-day pass (\$49) includes 80 class choices and four keynote speakers.

An adult one-day pass (\$29) includes 40 class choices and two keynote speakers.

A youth one-day pass (free) includes four class choices and one keynote speaker.

Tickets to Petersen's "Salute to Our Veterans" concert are \$15, and tickets to GENTRI's concert are \$25. Admission to the expo hall is free.

Tickets for the keynote speakers, classes, and concerts can be purchased in advance at familyrootsexpo.com.

# ART WORKS GALLERY FEATURES ARDITH FISH GRADUATION EXHIBITION

Art Works Gallery will feature the work of 2017 SUU graduate Ardith Fish in his graduation exhibition. Fish will show work in several media including ceramics, mixed-media paintings, and alabaster carving. The opening reception took place on Aug. 25 at the gallery during the third Final Friday Art Walk of the season. Fish's exhibit continues to show through Sept. 16.

Fish received a bachelor's degree in art at SUU. His goal for attending was to become an artist. His study included taking classes in ceramic and sculptural art as well as Chinese painting and modern abstract art. Fish said that thanks to his mentors, he has achieved his goal of being a trained "outside the normal art" artist.

# ORCHESTRA OF SOUTHERN UTAH ANNOUNCES 2017-18 SEASON LINEUP

The Orchestra of Southern Utah announced its 2017-18 season, entitled "Artful Wonders."

Each Tuesday in September, the orchestra will host a recital with a unique theme and a different set of performers. These recitals begin at 7:30 and are free and open to the public:

—Sept. 5: Performances by local teachers David Jordan, Trevor Walker, Nina Hansen, and Richard McMaster as well as Jack Vickers, the Red Hill Rangers, and the Accidental 5 Quintet.  
—Sept. 12: The orchestra describes this concert as a "celebration of the joy and light around us."

—Sept. 19: Iconic music from both classic and contemporary movies.

—Sept. 26: Featuring the music of Baroque composers Henry Purcell and J.C. Bach and Romantic Era composers in addition to a performance by the MB3 Jazz Quartet.

After September, the OSU's 2017-18 season will begin:

—Oct. 12: Works by Bizet, Vaughn Williams, and Shostakovich.

—Nov. 9: A Mozart-only concert including his "Requiem."

—Dec. 10 and 11: Handel's "Messiah."

—Feb. 10, 2018: Children's Jubilee.

—Feb. 22, 2018: Debussy's "La Mer," Rimsky-Korsakov's "Prince of Egypt" and "Song of India," and other geocentric-themed pieces.

—April 12, 2018: Holsts "The Planets" suite, Johann Strauss' "The Blue Danube," and more, featuring guest artists from the Aerobatics Gym.

Season tickets for ages six and above are available at the Cedar City Heritage Theater box office by calling (435) 865-2882 or visiting heritagectr.org. More information is available at myosu.org, by calling (435) 233-8213, or by emailing osucedarcity@gmail.com.

# SOUTHERN UTAH HERITAGE CHOIR PRESENTS ANNUAL FALL CONCERT

By Jim Coleman

The Southern Utah Heritage Choir will present its annual fall concert, "Come Home," Sept. 15. This magnificent concert will be held in the Cox Auditorium at 7:30 p.m. and all are welcome. Tickets are \$15 and available at the DSU box office or from any choir member.

Under the direction of Dr. Ken Peterson, principal conductor, Dr. Nancy Allred, artistic director and pianist, and Karen Cantera, organist, the choir is thrilled to welcome featured soloists Amy Nielsen, soprano, Launa Whitehead, flutist, and Pine View High School Trilogy. Both Amy and Launa will perform marvelous solos that will add to an already stunning list of choral selections such as "Let Us All Press On" by Richard Elliott, "Anthems of Love" by Dan Forrest, and "Come Home" by Craig Courtney. Trilogy will perform a few selections of their own and collaborate with the Heritage Choir for the finale, "All Creatures of Our God and King."

Nielsen completed her bachelor's and master's degrees in music and recently finished her coursework for her doctorate degree in vocal performance and opera directing. She will soon begin working on her dissertation. A magnificent singer, teacher, and director, she has taught hundreds of music students in the public and private sector and performed at home and abroad in both concert and operatic roles. She currently serves as the general/executive director of St. George Opera. The founder of Prodigies Music Academy, she gives voice and piano lessons to students of all ages and ability levels.

Whitehead holds a master's degree in flute performance from the University of Nevada, Las Vegas. After serving with her husband as mission president and wife of the England Bristol/Birmingham Mission, she joined the music faculty at Southern Virginia University where she was the recipient of the Distinguished Service Award and also served as division chair for the fine and performing arts. She also taught music classes at Dixie State University, Southern Utah University, and the Tuacahn Center

for the Arts. After retiring from Southern Virginia University, she and her husband, Richard, returned home to St. George and are thrilled to be back to the red hills of Dixie.

Trilogy is the auditioned chamber choir at Pine View High School. Directed by Robert Reimer, Trilogy has performed at the Utah Music Educators Association Midwinter Conference, the Utah State Superintendent's Conference, and the NAU Jazz/Madrigal Festival in Flagstaff, Arizona. Trilogy students perform extensively, particularly during the Christmas season and singing valentines. Many Trilogy students are selected to perform annually in the Utah All-State Choir and the Utah Honor Choir performances.

During the 2016 season, the Heritage Choir completed a successful concert tour to Central Europe where they performed in major cathedrals in Poland, Austria, and Hungary, including St. Stephen's Cathedral in Vienna and the Matthias Church in Budapest. Most recently, the choir performed for the sesquicentennial celebration of the Cove Fort Historic Site and the opening of the St. George Visitors Center at the Old Pioneer Courthouse.

The Heritage Choir invites the community to enjoy this wonderful evening music Sept. 15. Upcoming performances include a concert in the Assembly Hall on Temple Square Oct. 7 and the annual Christmas concerts featuring acclaimed violinist Jenny Oaks Baker and Family Four, which will be held Dec. 15 and 16 in the Cox Auditorium.



Amy Nielsen

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## DOVE CENTER RECEIVES \$19,000 DONATION

Nineteen Allstate agency owners secured \$19,000 from The Allstate Foundation Helping Hands in the Community grant program after hosting a week-long bedding and toiletries drive to benefit DOVE Center, a local provider of domestic violence services in St. George.

"One in three Utah women are victims of domestic violence," said Allstate agency owner and project leader Shonie Christensen. "If we do not stand up and speak out, who will?"

DOVE Center will use the \$19,000

grant to strengthen its new housing programs and maintain operations at Erin's House.

"With the recent addition of Erin's House to our programming, this grant is so timely," said DOVE Center executive director Lindsey Boyer. "It provides an opportunity for our clients to further establish independence through stable housing; it also provides much needed space to provide therapy, children's services and support groups for survivors."

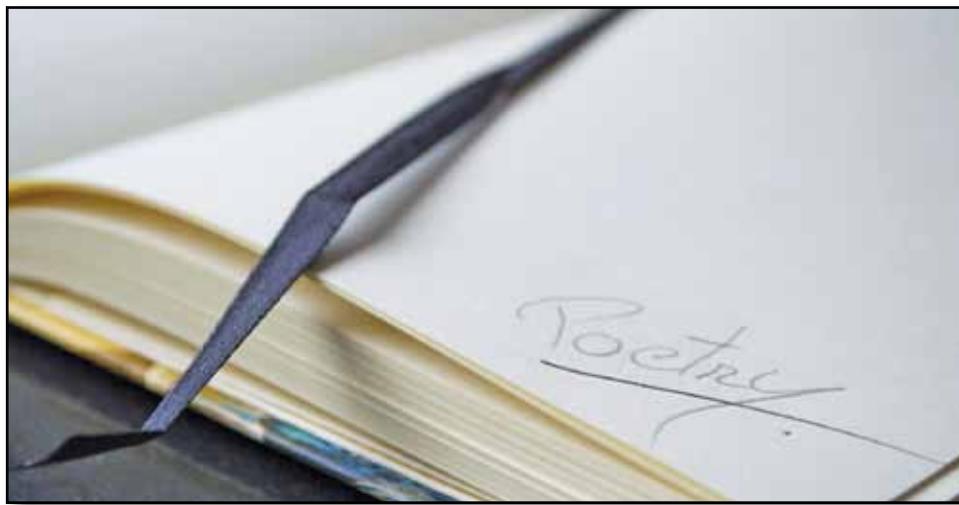
DOVE Center is one of thousands of organizations this year to receive Allstate Foundation Helping Hands in the Community grants secured by agency owners and financial specialists on behalf of the nonprofits where they volunteer. The grants support organizations addressing domestic violence, youth empowerment, disaster preparedness, hunger and other causes.

"The Allstate Foundation and local agents have given us incredible support to accomplish the work we do for our community," Boyer said. "It's impressive how much the foundation rallies to enhance awareness, promote financial empowerment, and ultimately end domestic violence and financial abuse."

## DIXIE POETS HOLDS EIGHTH YOUTH POETRY CONTEST

Dixie Poets' eighth Youth Poetry Contest is open to all students in grades 1-12 living within the Washington County School District area. The theme for this year's entries is "My World." Poems may be free verse or rhymed and must be original, unpublished, and limited to 24 lines. The submission deadline is Oct. 13 at midnight.

Submissions should be sent to [highability.washk12.org](http://highability.washk12.org). There are no entry fees, and winners will receive cash prizes. Winners will read their entries Oct. 26 at 7 p.m. at the St. George Art Museum. More information is available by emailing [lin@sunrivertoday.com](mailto:lin@sunrivertoday.com) or calling (435) 628-8522. Dixie Poets is a chapter of the Utah State Poetry Society.



## THIRD ANNUAL ZION MATRIX SUPPORTS GIRLS ON THE RUN

By Lizette Byer

In collaboration with Dixie State University's Trailblazers Summer Concert Series, the third annual Zion Matrix Live Benefit Concert will be held Sept. 9 at the visually stunning O.C. Tanner Amphitheater. This year's concert of community, awareness, philanthropy, dance, and music supports Girls on the Run of Southern Utah and features the freestyle-infused, inspirational music of world-renowned musical duo and band Aykanna. The general public is invited to purchase advance tickets at [zion-matrix.com/booking](http://zion-matrix.com/booking).



Inspired in part by the massive dance party scene in the film "The Matrix," Zion Matrix combines music, dance, landscape, spirituality, and philanthropy for a fun and transformative evening of sacred sound and consciousness raising. This year's event experience, "Love Is The Answer," celebrates the strength of our connectedness and community through the power of love.

"We believe, without love there can be no freedom and without freedom there can be no love," said co-organizer Atonka. "When we are unbound from past and future, we can find true love in the world. It is our wish, to share a fragrance of this love, together with you."

"In love, we experience unity as within the aura of love there are no boundaries," said co-organizer Mandeep. "Love is indeed the solution and answer to a thriving, connected, and engaged global community."

This third Zion Matrix supports Girls on the Run of Southern Utah, based in St. George and serving girls in Washington and Iron Counties. Joining Aykanna will be aerial silk dancers and a fusion of gongs and drums. Together, they will build up the energy for a grand finale under the starry

night sky! This is a family-friendly event, and food and drink will be available for purchase.

Girls on the Run is a national nonprofit organization that has established 225 councils in 50 states. The southern Utah council is located in St. George and serves third- to eighth-grade girls in afterschool programs throughout Washington and Iron Counties. Girls on the Run inspires girls to recognize their inner strength and celebrate what makes them one of a kind, positively impacting their families, schools, and communities. For more information, please visit [gotrsouthernutah.org](http://gotrsouthernutah.org).

As a husband and wife team, Aykanna has toured and taught all over the world, including Central America, the United Kingdom, Belgium, France, and Switzerland. Aykanna has performed for thousands at yoga festivals and other conscious gatherings including Sat Nam Fest, Wanderlust, Hanuman Festival, Yoga Journal Conference, and the Summer Solstice Sadhana Celebration. Sukhdev and Akahdahmah offer a joyous approach to yogic teachings rooted in love and faith. Aykanna's music is positive and inviting, reaching out beyond the boundaries of kirtan and new age music genres and into the hearts of all people. For more information, please visit [aykanna.com](http://aykanna.com).

The organizers and vision holders of Zion Matrix are Atonka (Catrin Zambella) and Mandeep (Melanie Paulk Abderrahman). Zion Matrix is the fulfillment of their shared vision to create unifying and transformative experiential events in the magical and sacred sound location of Zion Canyon.

Atonka moved in 2001 from the Swiss Alps to the sacred water in the valley in Zion National Park to be with her beloved family, Jonathan and Massimo. Atonka believes everything should be done in a sacred manner with sincerity, love, and devotion and with a firm conviction that true living means virtually perfecting one's soul, one's spiritual existence in tune with life, people, animals, trees, water, rocks, and the universe. It is her dream that we all come to awaken the sense of our own divinity to bring the sacredness of being human to our everyday experience. It is her dream that we all feel inspired to awaken the living potential to expand awareness of who we are and where we are going by actualizing and achieving collaborative real efforts that bring benefit towards Earth and all life forms that depend upon her wellbeing. For more info, please visit [nama-stay.com](http://nama-stay.com) and [zionguru.com](http://zionguru.com). For inquiries, please email [atonka@zionguru.com](mailto:atonka@zionguru.com).

Mandeep is a visionary and philanthropist working tirelessly for a peaceful, thriving, global community by creating an active local focus in the southern Utah and Las Vegas communities. Her focus and methodology is inspired and shared through being a living, breathing modern yogi and a teacher of kundalini yoga and meditation. She is also passionate about music and sound vibrational healing. Her studio and home reflect this creativity, and she openly shares her home studio, Sage Hills 108, located at the Om Ranch in Cedar City, with anyone and everyone! For more information, please visit [sagehills108.com](http://sagehills108.com). For inquiries, please call Mandeep at (435) 867-YOGA.



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## SECRETARY ZINKE SENDS MONUMENT REPORT TO THE WHITE HOUSE



On Aug. 24, U.S. Secretary of the Interior Ryan Zinke sent a draft report to President Trump that included his findings and recommendations on national monuments that were under review as a result of the April 26, 2017 executive order. The extensive 120-day review included more than 60 meetings with hundreds of advocates and opponents of monument designations; tours of monuments conducted over air, foot, car, and horseback (including a virtual tour of a marine monument); and a thorough review of more than 2.4 million public comments submitted to regulations. gov. Additionally, countless more meetings and conversations took place between senior Dept. of the Interior officials and local, state, tribal, and non-government stakeholders including multiple tribal listening sessions.

The review was initiated by President Trump in order to restore trust in the multiple-use mission of the Dept. of the Interior and to give rural communities a voice in federal land management decisions. In order to make the process transparent and give local residents and stakeholders a voice, Secretary Zinke announced May 5 the opening up of a formal comment period for the review as the president directed. This was the first time ever that a formal comment period was open on regulations. gov for national monuments designated under the Antiquities Act.

"No president should use the authority under the Antiquities Act to restrict public access, prevent hunting and fishing, burden private land, or eliminate traditional land uses unless such action is needed to protect the object," said Secretary Zinke. "The recommendations I sent to the president on national monuments will maintain federal ownership of all federal land and protect the land under federal environmental regulations and also provide a much needed change for the local communities who border and rely on these lands for hunting and fishing, economic development, traditional uses, and recreation."

While traveling across the country, Secretary Zinke met with hundreds of local stakeholders and heard concerns about some national monuments negatively impacting things like local revenue from federal lands, agriculture, private property rights, public

access to land, traditional tribal uses of the land, and timber harvesting.

Over the 120-day review, Secretary Zinke visited eight national monument sites in six states:

- Bears Ears (Utah)
- Grand Staircase Escalante (Utah)
- Katahdin Woods and Waters (Maine)
- Northeast Canyons and Seamounts
- Cascade Siskiyou (Oregon and California)
- Organ Mountain Desert-Peaks (New Mexico)
- Basin and Range (Nevada)
- Gold Butte (Nevada)

The following national monuments were announced to have been removed from review prior to the Aug. 24 deadline:

- Craters of the Moon
- Hanford Reach
- Upper Missouri River Breaks
- Grand Canyon-Parashant
- Canyons of the Ancients
- Sand to Snow

Below is Secretary Zinke's draft report to President Trump.

### REPORT SUMMARY BY U.S. SECRETARY OF THE INTERIOR RYAN ZINKE

*In 1906, Congress delegated to the President the power to designate a monument under the Antiquities Act (Act). The Act authorizes the President singular authority to designate national monuments without public comment, environmental review, or further consent of Congress. Given this extraordinary executive power, Congress wisely placed limits on the President by defining the objects that may be included within a monument as being "historic landmarks, historic and prehistoric structures, and other objects of historic or scientific interest," by restricting the authority to Federal lands, and by limiting the size of the monument to "the smallest area compatible with proper care and management of the objects." Congress retained its authority to make land use designations without such limitations. Even with the restrictive language, use of the Act has not always been without controversy. In fact, even Theodore Roosevelt's first proclamation of the roughly 1,200 acre Devil's Tower in Wyoming was controversial. Since that time, the use of the Act has largely been viewed as an overwhelming American success story and today includes almost 200 of America's greatest treasures.*

*More recently, however, the Act's executive authority is under scrutiny as administrations have expanded both the size and scope of monument designations. Since 1996 alone, the Act has been used by the President 26 times to create monuments that are over 100,000 acres or more in size and have included private property within the identified external boundaries. While early monument designations focused more on geological formations, archaeological ruins, and areas of historical interest, a more recent and broad interpretation of what constitutes an "object of historic or scientific interest" has been extended to include landscape areas, biodiversity, and view sheds. Moreover, features such as World War II desert bombing craters and remoteness have been included in justifying proclamations.*

*The responsibility of protecting America's public lands and unique antiquities should not be taken lightly; nor*

*should the authority and the power granted to a President under the Act. No President should use the authority under the Act to restrict public access, prevent hunting and fishing, burden private land, or eliminate traditional land uses, unless such action is needed to protect the object. It is Congress and not the President that has the authority to make protective land designations outside of the narrow scope of the Act, and only Congress retains the authority to enact designations such as national parks, wilderness, and national conservation and recreation areas. The executive power under the Act is not a substitute for a lack of congressional action on protective land designations.*

*President Trump was correct in tasking the Secretary of the Interior (Secretary) to review and provide recommendations of all monuments that were designated from 1996 to the present that are 100,000 acres or greater in size or made without adequate public consultation. This is far from the first time an examination of scope of monuments has been conducted. Existing monuments have been modified by successive Presidents in the past, including 18 reductions in the size of monuments, and there is no doubt that President Trump has the authority to review and consider recommendations to modify or add a monument.*

*The methodology used for the review consisted of three steps. The first step was to gather the facts which included the examination of existing proclamations, object(s) to be protected, segregation of the objects (if practical) to meet the "smallest area compatible" requirement, the scientific and rational basis for the boundaries, land uses within the monument, public access concerns and authorized traditional uses, and appropriate environmental and cultural protections. As directed by the President, the second step was to ensure that the local voice was heard by holding meetings with local, state, tribal, and other elected officials as well as meetings with non-profit groups and other stakeholders, as well as providing an online format for public comment. The final step was to review policies on public access, hunting and fishing rights, traditional use such as timber production and grazing, economic and environmental impacts, potential legal conflicts, and provide a report to the President no later than August 24, 2017.*

*The review found that each monument was unique in terms of the object(s) used for justification, proclamation language, history, management plans, economic impact, and local support. Adherence to the Act's definition of an "object" and "smallest area compatible" clause on some monuments were either arbitrary or likely politically motivated or boundaries could not be supported by science or reasons of practical resource management. Despite the apparent lack of adherence to the purpose of the Act, some monuments reflect a long public debate process and are largely settled and strongly supported by the local community. Other monuments remain controversial and contain significant private property within the identified external boundary or overlap with other Federal land designations such as national forests, Wilderness Study Areas, and lands specifically set aside by Congress for timber production.*

*Public comments can be divided into two principal groups. Proponents tended to promote monument designation as a mechanism to prevent the sale or transfer of public land. This narrative is false and has no basis in fact. Public lands within a monument are federally owned*

*and managed regardless of monument designation under the Act. Proponents also point to the economic benefits from increased tourism from monument recognition. On this point, monument status has a potential economic benefit of increased visitation, particularly to service related industries, outdoor recreation industries, and other businesses dependent or supported by tourism. Increased visitation also places an additional burden and responsibility on the Federal Government to provide additional resources and manpower to maintain these lands to better support increased visitation and recreational activities.*

*Comments received were overwhelmingly in favor of maintaining existing monuments and demonstrated a well-orchestrated national campaign organized by multiple organizations. Opponents of monuments primarily supported rescinding or modifying the existing monuments to protect traditional multiple use, and those most concerned were often local residents associated with industries such as grazing, timber production, mining, hunting and fishing, and motorized recreation. Opponents point to other cases where monument designation has resulted in reduced public access, road closures, hunting and fishing restrictions, multiple and confusing management plans, reduced grazing allotments and timber production, and pressure applied to private land owners encompassed by or adjacent to a monument to sell.*

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## SEPTEMBER IS THAT TIME OF YEAR AGAIN ... OVERSEEDING

By Scott Dunford



As many of us know from living in southern Utah and Mesquite, year after year, overseeding our favorite golf courses is an annual event. It's a bit of a bummer but necessary because we love the lush green fairways, tee boxes, and greens year-round. Overseeding is a technique used in warm climates such as Palm Springs, Scottsdale, Texas, and here. It takes place typically in the fall when temperatures begin to drop, especially during the evening hours. They replace the warm-weather Bermuda grass with a combination of rye and other blends that thrive in cooler temperatures when the Bermuda goes into dormancy or a no-growth stage. It's then that the newly planted rye grass begins to dominate, creating optimum playing conditions all year long.

It's not without its gamble. Course superintendents and their staff earn their keep during this period of time as it's extremely labor intensive and expensive. Weather plays a big part in how successful this year's overseeding

will be. Too much heat or insufficient irrigation can kill newly planted seed, thus requiring an additional treatment. Overseeding a golf course can cost between \$50,000 to \$100,000 depending on seed costs and how extensively each course applies it. Some elect to focus just on tee boxes and greens while others lay seed wall-to-wall. The process takes about two weeks to complete and about two more weeks after opening, when you'll need to stay on the cart paths until the seed fully germinates.

You'll notice from the chart that several courses in our area will remain open. That's due to their choice of year-round grass blends, such as Bent grass, and/or due to more consistent temperatures in their area, so check the list and plan accordingly. The main thing to remember is that this process creates the value and quality of golf in our little paradise called southern Utah and Mesquite. We are truly blessed with so many beautiful golf courses to choose from within a 100-mile radius. Don't forget to thank your superintendent next time you see him for the great work they do. It's why we're quickly becoming one of the world's best places to live, visit, and retire! See ya on the links.

## SEPT/OCT 2017 OVERSEED SCHEDULE

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### MESQUITE, NV

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(928) 347-2222

**CASABLANCA G.C.**  
Closed: 9/09  
Reopens: 9/23  
(866) 401-6022

**CONESTOGA G.C.**  
Closed: 9/05  
Reopens: 9/22  
(877) 489-0777

**COYOTE SPRINGS G.C.**  
Will not close.  
(702) 422-1400

**FALCON RIDGE G.C.**  
Closed: 9/11  
Reopens: 9/30  
(702) 346-6363

**OASIS G.C., CANYONS**  
Closed: 8/27  
Reopens: 9/18  
(702) 346-7820

**OASIS G.C., PALMER**  
Closed: 9/10  
Reopens: 9/29  
(702) 346-7820

**THE PALMS G.C.**  
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Reopens: 9/29  
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**WOLF CREEK G.C.**  
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Reopens: 9/22  
(702) 346-1670

### ST. GEORGE, UT

**CORAL CANYON G.C.**  
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(435) 688-1700

**DIXIE RED HILLS G.C.**  
Closed: 9/10  
Reopens: 9/17  
(435) 627-4444

**GREEN SPRINGS G.C.**  
Will not close.  
(435) 673-7888

**SOUTHGATE G.C.**  
Closed: 9/18  
Re-Opens: 9/24  
(435) 627-4440

**ST. GEORGE G.C.**  
Closed: 9/20  
Re-Opens: 9/27  
(435) 634-5854

**SUNBROOK G.C.**  
Closed: 9/11  
Re-Opens: 9/18  
(435) 634-5866

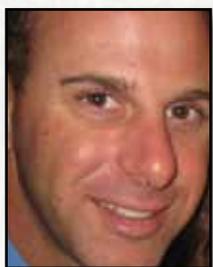
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## YOUR MONTHLY GOLF TIP

### PGA OF AMERICA AND PGA TOUR ANNOUNCE CRITICAL SCHEDULE CHANGES FOR 2019

By Adam Schwartz



Beginning May 2019, the annual PGA Championship date will be moved permanently from the middle of August to May and the PLAYERS Championship will move from May back to March, its original month. The PGA Championship will continuously move to different venues around the United States as it always has, and the TPC at Sawgrass in Ponte Vedra Beach, Florida will continue to host the PLAYERS since it started back in 1982. The changes made had a critical change to several events worldwide including the European Tour's flagship event, the BMW European PGA Championship, being moved from May to September and also the PGA Club Professional Championship

moving from July to March as well.

PGA of America CEO Pete Bevacqua commented during the PGA championship saying, "In weighing the complex evolution of the golf calendar, the PGA of America's key objectives were to promote the best interests of our signature championship, do what is best for the game and its players, and find the most advantageous platform to fulfill our mission serving our nearly 29,000 PGA members." A less generic, personal version of paraphrasing what Bevacqua said is that the PGA finally realized that its initial idea of PGA Tour playoffs in September was not successful because it couldn't compete with TV ratings against football season, so it is readjusting the schedule so FedEx Cup playoffs end before NFL football begins its regular season.

Inevitably, the world is now based on TV ratings and sponsor partners who allow the exposure and financial support that the golf industry thrives upon. The

scheduled change will inevitably not be in complete support, especially with certain venues that will no longer be considered to host the tournament due to the time of year. Courses in the upper midwest and northeast that have hosted several PGA Championships over the years including Hazeltine CC, Whistling Straits, and Oakland Hills will not have the opportunity to showcase their greens due to the possibility of winter kill, adverse course conditions, and possible cold temperatures.

There is also a consideration that future sites that have already committed in the northeast sites will be dependent on their course conditions due to weather which typically. With that possibility in mind, below is the list of future venues where the PGA Championship will be hosted during the month of May.

– 2019: Bethpage Black Course, New York.

– 2020: Harding Park, San Francisco.  
– 2021: Kiawah Island, South Carolina.  
– 2022: Trump National, New Jersey.  
– 2023: Oak Hill, New York.

I believe the decision was a well thought out, proactive step that will enable the PGA Tour and its fans the opportunities to see a major tournament in five consecutive months plus the schedule modification to the FedEx Playoffs, enabling the players to showcase their "Super Bowl" event at the tour championship in a timely manner. Since its inception in 1916, the PGA Championship has been played in nine different months. Hopefully for the sake of its fans and players, the tournament will now have a permanent home in May.

Adam Schwartz is a class A PGA professional and pro of the Oasis Golf Club in Mesquite.

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## OPINION

# A BIT ABSENT OF LATE, BUT NOT OUT, NOT BY A SHOT

By Dallas Hyland



Someone once said that writing was easy. You only needed to stare at the blank page until your forehead bleeds. Or the blank screen, as the case may be. But for anyone who endeavors at the process, the

sentiment is not lost, no doubt.

It is also said that if the desire to write is not followed by writing, then the desire may not be to write. Some may have noticed that I have been publishing with some level of infrequency lately. And while it was not by design, it likely had to do with the need for some time off. Some reflection. But rest assured, the desire is to write.

The question of late for me has been just what to write about. I have long contended that a gonzo approach to

watchdog journalism is a necessity in a free society. Hell, it's needed in ones that are not free. It is the cornerstone of free people to have a medium by which to hold those in power accountable.

John F. Kennedy said it like this:

*"Without debate, without criticism, no Administration and no country can succeed — and no republic can survive. ... And that is why our press was protected by the First Amendment — the only business in America specifically protected by the Constitution — not primarily to amuse and entertain, not to emphasize the trivial and the sentimental, not to simply 'give the public what it wants' — but to inform, to arouse, to reflect, to state our dangers and our opportunities, to indicate our crises and our choices, to lead, mold, educate and sometimes even*

*anger public opinion. This means greater coverage and analysis of international news — for it is no longer far away and foreign but close at hand and local. It means greater attention to improved understanding of the news as well as improved transmission. And it means, finally, that government at all levels, must meet its obligation to provide you with the fullest possible information outside the narrowest limits of national security. ... And so it is to the printing press — to the recorder of man's deeds, the keeper of his conscience, the courier of his news — that we look for strength and assistance, confident that with your help man will be what he was born to be: free and independent."*

Taken at face value, few argue this sentiment. Albeit some insist that anything

that does not align with a their predisposed and ill-informed narratives must certainly be fake news. And not to espouse somehow here that stories are generated to sensationalize while devoid of fact, for this is part of the price of a free press, but I am largely convinced that more often than not the reader is egregiously more ill-informed than should be.

But to the point of what to write about, I admit to some level of discouragement in this community.

This is because there have been incidents within the annals of the power structure here that go so far beyond the pale of ethics and decency that it quite literally confounds the intelligent mind that nothing is seriously done about it.

There is an undercurrent here the likes of which exceeds that of the usual small-town good-ole-boy atmosphere. It involves people in elected and appointed power and oftentimes implicates the church here as well.

And the outsider appears so incredulous that another explanation must surely exist, but to the person who has lived here and experienced it, it borders on the terrifying that people simply get away with shit over and over again.

I've taken some time away here and there to reflect and regroup. But if you've followed some of my ongoing coverage of some of the events I refer to here, know this. I am not finished. Not by a shot.

My faith in humanity is predicated on a root understanding that while it is prudent to believe that all people are basically decent, they are also curiously flawed by self-interest.

Bastards beware.  
See you out there.



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# THE CULT OF TRUMP

By Kaye Robinson

I am puzzled and confused about why the Trump supporters continue to support him despite his lies and bad behavior. How did Trump win? How do his lies slide off him like Teflon? Then I saw the similarities in cults and Trump, and it finally made sense. I am not an expert. Experts have written many books about cults. My teacher has been experience, not books. In the 1950s through the 1980s, I grew up in a cult and finally escaped the emotional abuse. I moved to a town near a polygamist cult and heard the stories from the victims who had escaped. I do not expect folks to understand the emotional hold unless you have experienced it firsthand. It does not make any logical, reasonable, or intellectual sense. Therefore, the news reporters do not see it. The cults will rebuke what I write. I need to say it anyway.

Trump and cults are similar in the following ten ways.

## The creation of cults

Cultural rebellion creates cults. When people feel outside of the current culture, a cult forms. They just do not feel they belong for many reasons. This leaves a group in a need of a leader. Trump saw that group, ran in front of them, and shouted, "I am your voice."

The media and politicians had forgotten this invisible group. They had not only forgotten them; they no longer listened or talked to them. They were not important. Trump made them feel important — almost chosen with a special calling. Only they could make America great again. Even I have a hard time relating to polished people with titles and degrees who talk to me on cable news with a big-city background. What do they know about milking a cow? The Democrats abandoned the working class. Trump put on a baseball cap and immediately became one of the common folk. The baseball cap was a very important marketing tool. Others thought it was funny. I saw it as genius.

## Isolation

An effective cult leader must first isolate the group that has been rounded up. It can be physical isolation or other types of isolation. Trump convinced his group that everything said by the mainstream media were lies or fake. "Do not trust them," he said. This was very smart. No matter what the news reporters say, the followers do not believe the deceiving news. The next step was to tell the followers to listen only to Trump-supportive news or his tweets. His tweets talk direct to his group, unfiltered by any outsider. He will never give up his direct connection to his believers. Like any cult leader, Trump has convinced his followers that only he has the truth. Everyone else is spreading falsehoods. This is very dangerous. Some religious groups limit the books that can be read or TV that can be watched. The thinking of the group becomes limited, isolated thinking. Trump's group became Trumpites.

## Fear

Fear and shame fuel power and control. Fear and shame are the oldest controlling mechanisms in religion, personal relationships, and politics. Trump uses fear and shame to control the Trumpites and the Republicans. Trump preaches to Trumpites to fear "others" (race/religion) that are different from his chosen group. He uses "the others" to blame and to explain why his group does not have jobs or are not safe. When he removes "the others," everyone will be happier and safer. Trump will protect and save Trumpites by the wall, the travel ban, and saving healthcare. This is why these issues are so important to Trump. Hitler effectively used this fear. I wonder if Trump would use Hitler's same railroad cars to



remove the "others" from the USA. The Republicans fear his shame. Trump shames his fellow Republicans by his cyberbullying tweets. Trump made Republicans fear reelection. They needed to be in Trump's shadow in order to get reelected. Some brave Republicans have finally stepped out of the shadow of darkness.

## Loyalty vs. worship

Many comments have been made that Trump expects loyalty but does not return it. He does not expect loyalty. He expects worship. Worship is a one-way street and is not returned. If he is not properly worshiped, he first shames the person and then has someone else fire the non-worshiper. He continues to shame that person even after they have been fired. He humiliated his cabinet by making them go around the table to say how much they worshiped Trump. Even the word "blessed" was used. It reminded me of a church testimonial meeting where folks had to bear their testimony that the church was the only true church and the leaders were the only true prophets. Worship includes praise. If he does not get praise from others, he praises himself. Just listen to him. Watch him. He applauds himself. He has no problem in giving himself the praise he needs.

## Promises

Promises are made on a daily or hourly basis. Trump promises his followers what they want to hear. He does not have the knowledge to implement the promises or the intentions to follow through. The promise is the only important thing. His promises are written on an Etch-A-Sketch that is erased every time the sheet is lifted up. (This gives a new meaning to the recent usage of the words "clean slate.") The followers quickly forget what he said yesterday, because only his current words of promises are important. If the promises are not fulfilled, it is because of others. There are plenty to blame. In a cult, the followers are blamed for not having enough faith.

## Power

Complete power is at the center of any cult. Trump convinces Trumpites that only he can do what others have never been able to do. This gives him complete power. Trumpites then give over their individual powers to the leader. Words of the leader are viewed more like unquestioned commandments. The cult leader has all the answers. He cannot look to others for answers, because this makes him look weak. He will never delegate any powers. Power is taken from the followers and given to the leader. This scares me the most about Trump. Power to the leader kills democracy.

One can not question him with any evidence that his facts are wrong. He refuses to accept criticism. Anyone who does not accept his words becomes a disbeliever. Questions are the foundation of democracy. All wisdom begins with a question. Trump does not allow anyone to question him.

War creates fear that then creates power to the leader. The war can be against "the others" or against other countries. Cult leaders love holy wars. Trump will lead us into war, because it makes him powerful. He will not listen to others.

## Strong beliefs

For the true believer, his lies have a bigger purpose, thus they are not lies. When you challenge Trumpites with facts, you are not challenging the truthfulness of Trump. You are challenging their belief in Trump. This is the hardest challenge to overcome. People do not want to think they have been led astray. They do not want to feel like fools. This is hurtful to them. They want to believe that Trump will give them a better life. Destruction of this belief crushes the followers. This belief is almost impossible to change, because it removes the hope of a better future. Believers need to be given a better option.

## Cowardice

Trump, like any cult leader, is a coward. He sends out others to do his dirty work or to carry his message. He does not have the courage to fire anyone directly or to even sit down and talk to them directly. Like any cyberbully, he uses his tweets while he sits safely in his bathrobe. When he sends out others, this is a loyalty or worship test. If they fail in his mission, he excommunicates them. Attorney General Jeff Sessions is an example of how Trump punishes a true believer.

## Women

It seems in most cults that women are devalued and powerless. Only the men have the power (penishood or priesthood). Women are valued as objects producing children and sex. Time and time again, Trump values women based on their looks or age. His words are disgusting, and yet he seems to be tolerated by many. I don't understand why men and especially women continue to support this behavior. This type of behavior is strongly supported in cults. He throws away wives when they get to a certain age and trades them in for a newer model. Women are getting their power back and are marching against him. Trump does not see this. He will be blindsided by this. I love that two women (who did not fear him) and one war hero stopped the Health Care Act.

## Family

Any cult is based on a "family." This family can be an actual biological family or a created family. The family is special and important. Do not threaten the family. Trump has his actual family circle, and then he created his other family. Trumpites feel they are part of his family. The loyalty is intense to the family on both sides. Why do we give such power to his family who has no experience?

Trump — I can not use the word "president" because he is not my president. He has reminded us what is important. In the Native American culture, they teach that the coyote is the trickster who tricks you into change. Trump is the orange, howling coyote who has tricked us into to change. We need to stand up against the trickster who threatens our democracy. Please do not let him remain as the cult leader of the USA. Remember, the only difference between a cult leader and a dictator is the number of followers. Crowd size (or crown size) is important to a dictator like Trump. Diminish his crowd size by starting a new crowd. Stand up and take your power back.

# THIS IS NOT HOW CIVILIZED PEOPLE DISAGREE

By Marianne Hales Harding

I wrote my column a week or so ago and was typing it up for my deadline, but every word I typed seemed frivolous in light of what happened in Charlottesville, Virginia recently. I typed up that sentence, and it sat on my computer like that for several days as I went back-to-school shopping and got paint brushes for a project in the basement. I went kayaking with my nieces, nephew, and children. The whole thing went in and out of my consciousness because it is horrifying but distant and my skin is about one shade darker than albino. I live in a majority white state that votes Republican. That picture of the rally (the one with the ridiculous tiki torches) contains people who look like people I know. One in particular could be the twin of a man I know only peripherally, and I have to admit that after the shock of having neighbors who voted for our current president, I found myself thinking that if that happened to actually be this man, I knew I wouldn't be surprised.

white, so they'd have to talk to me before they realized they hated me enough to kill me. Yes, kill me. That is not hyperbole. That is just about a direct quote.

Christopher Cantwell not only vehemently denounces any small suggestion that he is a nonviolent protestor, he lays out the weapons he was personally wearing, and it covers the bedspread. Oh yeah, and then he says that the next rally will be even better because more people will die. I don't make a habit of watching videos of white supremacists speaking, so a good portion of my time watching this video was trying to wrap my head around how people could come to these conclusions. Because these aren't historical figures. These are people who live in my country. These are people who live in my state. These are people who live in my neighborhood (ok, I still can't believe that one. It's too horrible). Or, apparently, I live in their country, their state, their neighborhood. I walk on their streets. And I can think like them and be like them (in ways that are so intrinsic to my personhood that I can't actually change them) or die. How is this not considered terrorism? Isn't that the logic of a terrorist?

And then there is the footage of the counterprotestors, including the horrifying (there's that word again, and it's too small to even convey the depth of horror) footage of a car speeding into a crowd of people (which Cantwell calls a self-defense move on the part of the driver). I understand the need to physically be there, to send a message, to be more than just a website (especially when one of the white supremacists saw the small numbers of counterprotesters as evidence that their viewpoint is a minority viewpoint), but I don't see how anything is accomplished by sitting there with both hands flipping off the speaker

home. We are all home. We cannot just say that we find their viewpoint repugnant. We must also let them know that their means of expressing disagreement is not acceptable in a civilized country. And we must do this by showing them how people disagree without bashing heads in and without the completely useless phrase "f— you." This rally should never have been able to obtain permits. People with weapons should have been detained or turned away from gathering points. People threatening harm should not be allowed to foment the masses. And it darn well shouldn't take days for the leader of the country to denounce domestic terrorism.

I am still trying to wrap my head around how people who live in this country can come to all the conclusions that my fellow human beings express. But the

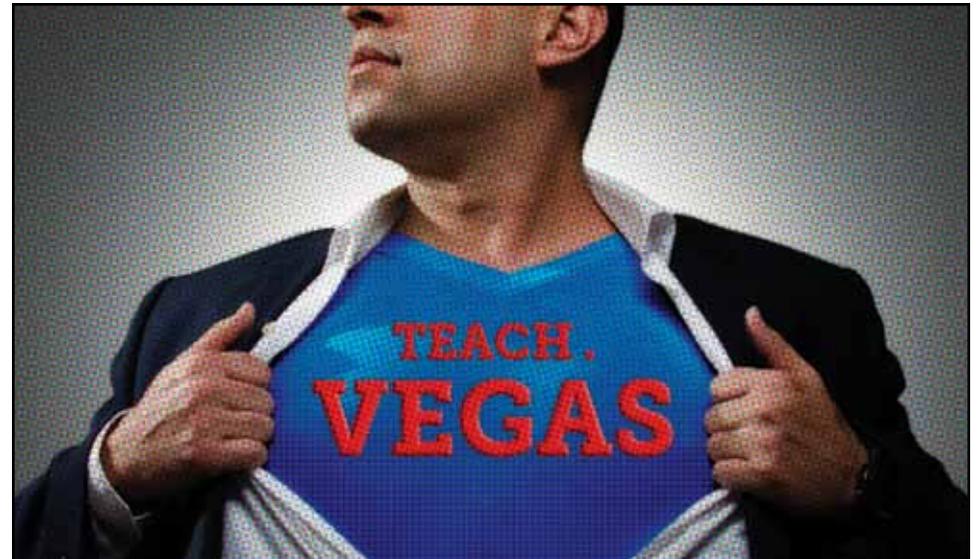
biggest disconnect for me is the idea that we can't all live together and so one segment of the population feels emboldened to kill another segment of the population, that it's either one group or the other that controls everything, that one group is replacing another group. I know you are more than hate speech and violence. I know you have families. I know you have hopes and dreams that are not centered on this movement. I know you are more three dimensional than I see on the news. I know this because I'm a human being too. I have a family. I have hopes and dreams. I am three dimensional. Engage with me like a human being, engage with all of the other human beings who call this country home in a way that does not deny their humanity, and we can find a way to all sit down at the bounteous table that is the United States of America.



And then I watched HBO's Vice News episode "Charlottesville: Race and Terror," and words like "horrifying" seemed too frivolous to use in response to what happened this past weekend. The episode had a reporter (Elle Reeve) interviewing and shadowing a white nationalist leader (Christopher Cantwell) before, during, and after the rally and the events surrounding the rally. First, we see the chanting, which will ring in my nightmares forever: "Whose streets? Our streets! Whose streets? Our streets!" or alternately "You will not replace us" and "Jews will not replace us." So much anger was wrapped up in that mob of people who individually could probably very easily overpower me physically. We rely upon the decency of others so much in our everyday lives. We forget how vulnerable each of us is to people who decide not to be decent. It was terrifying to watch these men chant, even from the safe position of thousands of miles away behind a computer screen. And I'm

or yelling swear words. It was one force of hate meeting another force of hate. When one of the counterprotesters mirrored the language of the angry, chanting marchers by saying that it was wrong that the rally was permitted to come to his city because "this is my city," I wanted to say "Wait. This is not a question of whose country it is. This is his country; this is your country; this is my country. And we have to live with each other."

We are never going to magically solve all of our disagreements. What we must do, though, is learn how to disagree. This means not chalking up domestic terrorist language, actions, and perspectives to "First Amendment rights." If people are rallying while armed to the teeth and saying quite clearly that they mean to do harm to another human being, then that is no longer a rally. That is a mob. That is not protest. That is war. We cannot just yell at them and tell them to go home. They are



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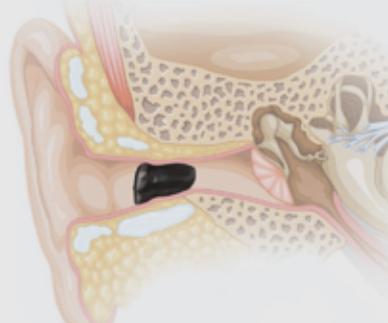
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# SEPTEMBER LOOKS GOOD IN DOWNTOWN ST. GEORGE

By Darren M. Edwards

There is plenty going on in downtown St. George this September to keep you entertained. With restaurants and art galleries around every corner, there is something for everyone.

## Georgefest

On the first Friday of each month, Main Street is transformed into one big venue for Georgefest. This event features artist and vendor tents, live music on both the main stage and the Jazz Garden at Ancestor Square, activities for all ages, and the food truck village.

## Mystery Escape Room

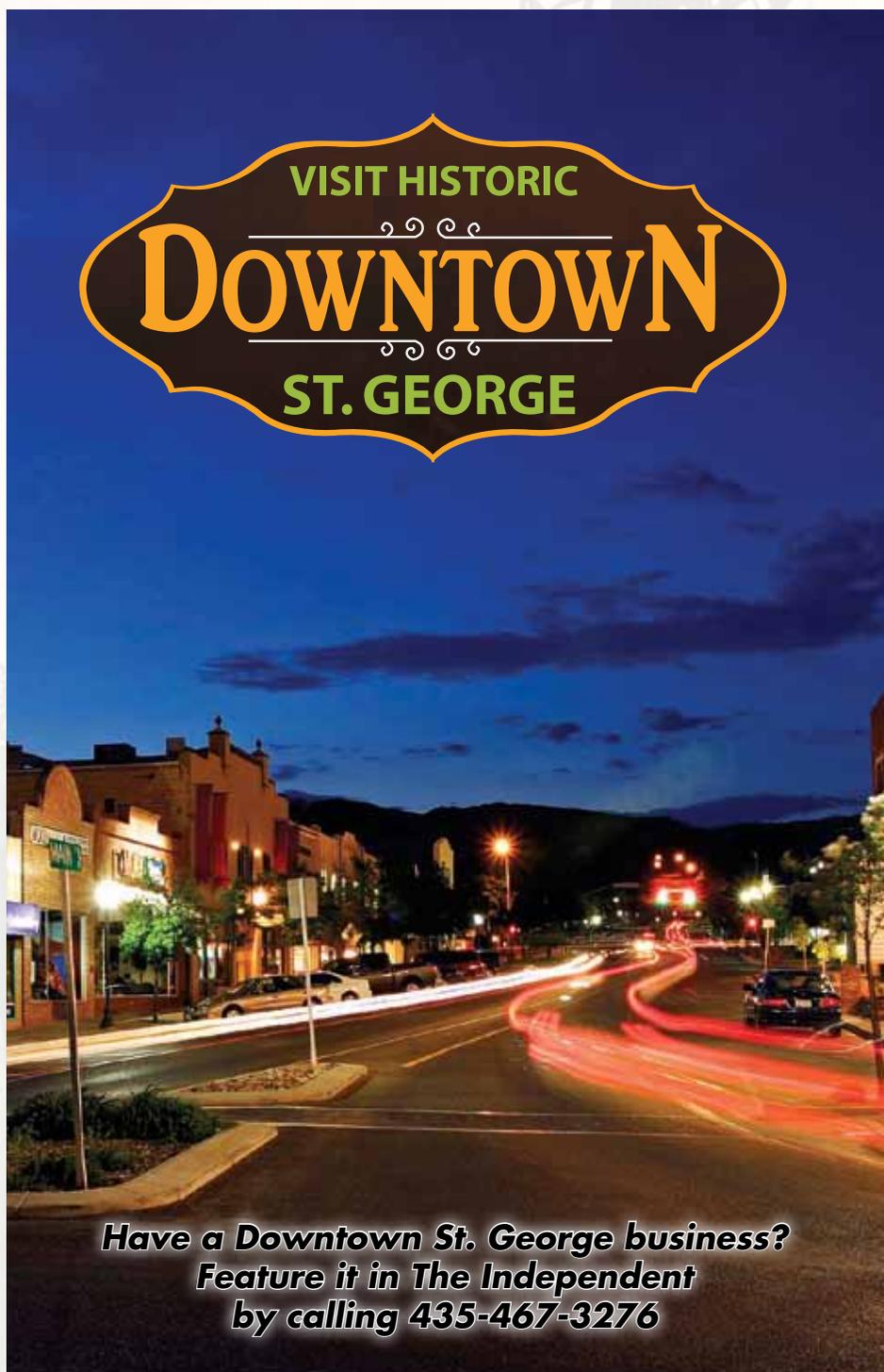
Located at 46 W. St. George Blvd., the Mystery Escape Room invites you and your friends to try and escape one of their seven room designs. They are open Mondays-Saturdays by reservation. Contact Jeff at (435) 237-8470 for more information.

## Concert in the Park

The second Monday of each month April-September, the City of St. George presents the 2017 Concert in the Park Series. Concerts are held at Vernon Worthen Park, 300 S 400 E, St. George and are free to the public. Be sure to bring your lawn chairs, blankets, family, friends, and food to get the most out of these events. For more information, call (435) 627-4525.

## Downtown Farmers Market at Ancestor Square

The Downtown Farmers Market in Ancestor Square is a free event held every Saturday from 8 a.m. to noon in the parking lot located at St. George Boulevard and Main Street in historic downtown St. George. It runs from May 14 until the end October. Local musicians will perform starting at 9:30 a.m.



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The Monday matinee lineup for September features the following shows:

—Sept. 4: "Norma Rae."

—Sept. 11: "United 93."

—Sept. 18: "The Electric Horseman."

—Sept. 25: "The Odd Couple."

The Electric Theater is located at 68 E. Tabernacle St. in St. George. Monday matinees at the Electric Theater are sponsored by Precision Hearing. More information is available from Brittany Quick at [brittany@stgeorgehearingaid.com](mailto:brittany@stgeorgehearingaid.com).

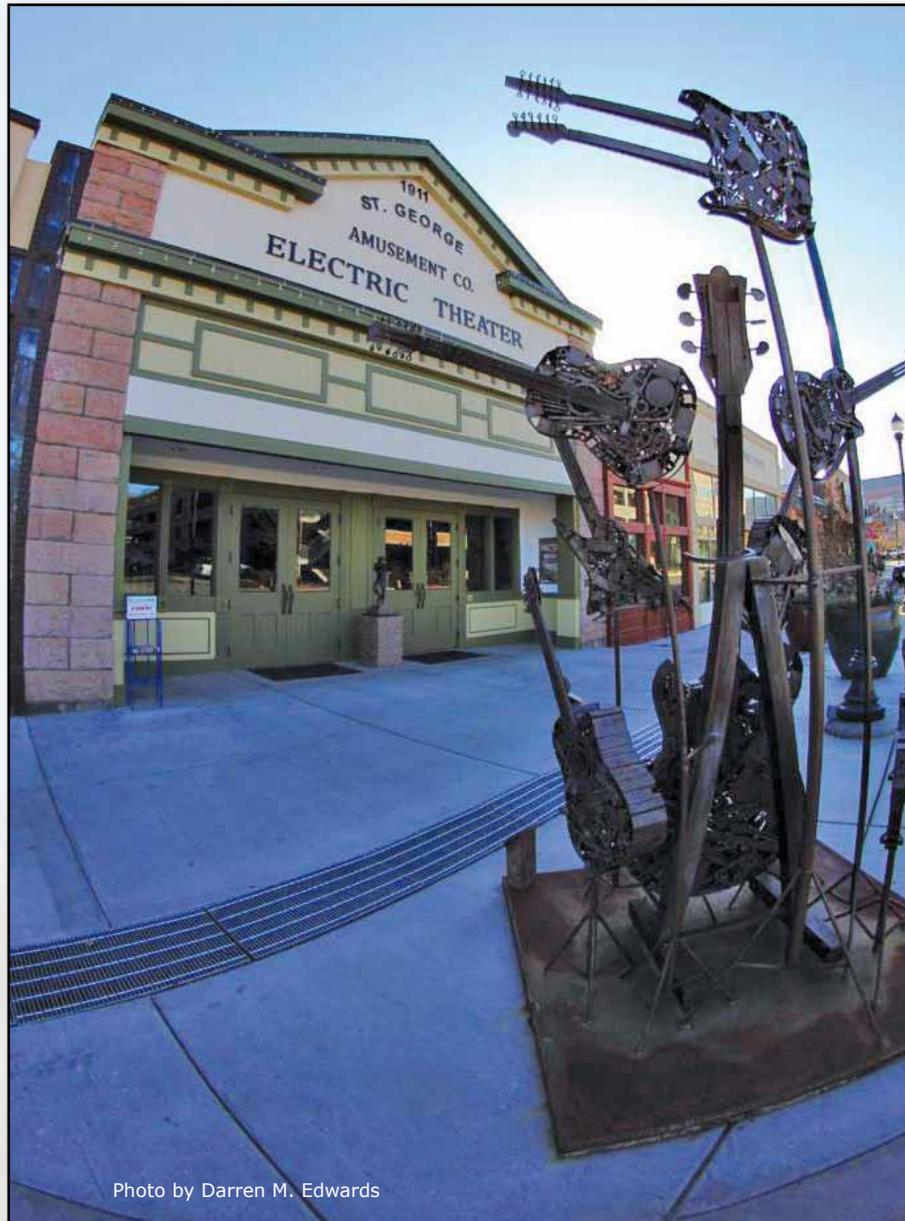


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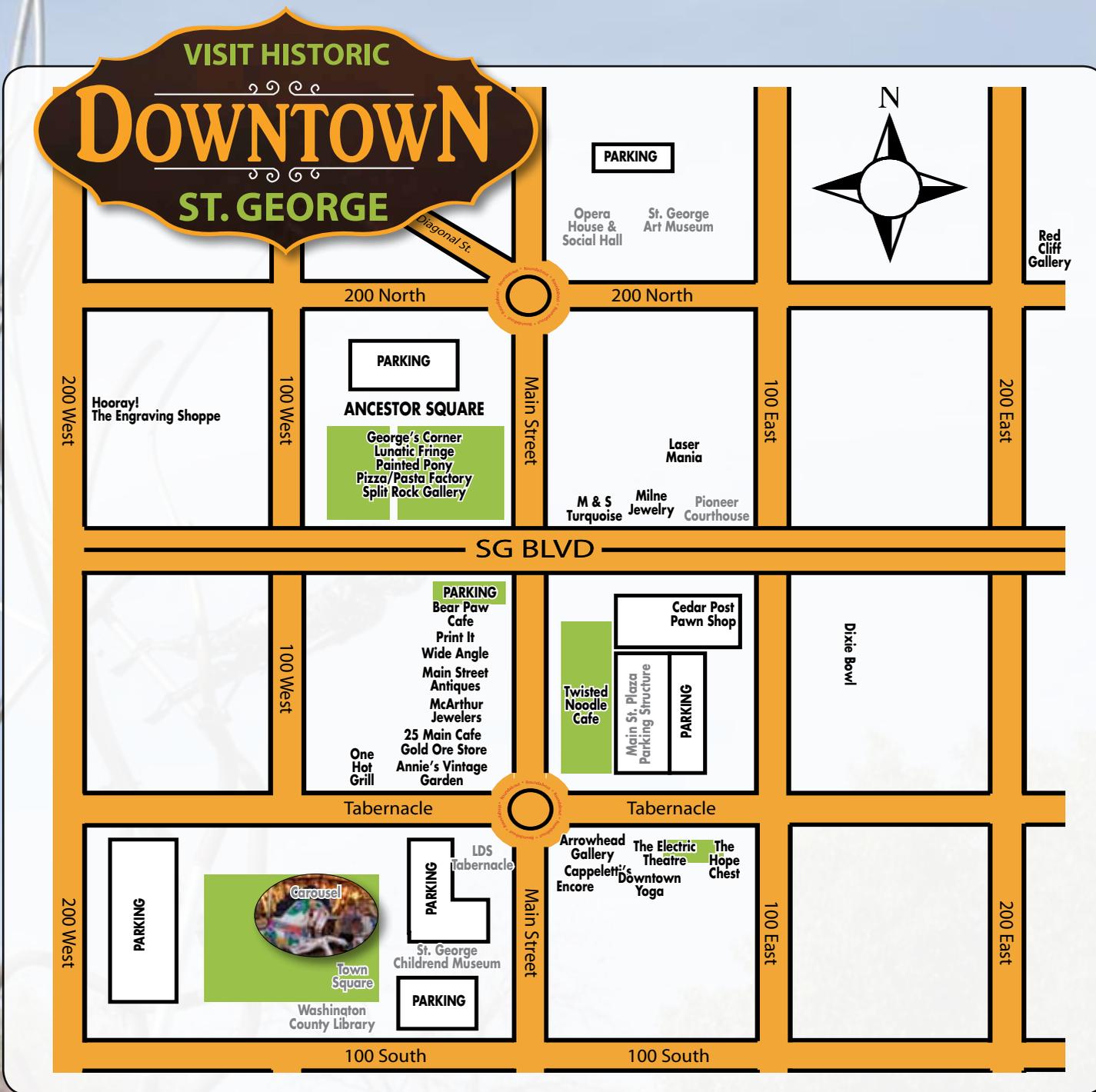
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## THE INDEPENDENT ALBUM REVIEWS

By Charles Cuthbertson

Chuck Berry's last album  
👤👤👤👤

When Chuck Berry died last March at age 90, there was some speculation over whether he had in fact completed the long-rumored album he had been referring to in interviews for the last few years. Berry had not released an album of original material in nearly 40 years ("Rock It," released in 1979, was his most recent). So when "Chuck" was released in June, many Berry fans breathed a sigh of relief: The Father of Rock and Roll would have one final statement. But would it be any good?

Not that Berry's legacy was in any danger of diminishing. His iconic guitar riffs and stage presence alone have cemented his legend. He is even one of a very few human beings whose recorded voice was encoded on golden records on board the two Voyager spacecraft currently making their way out of

the solar system. And most of the obituaries and remembrances written after his death noted that without Berry, rock and roll as we know it would not exist.

In addition to his distinctive guitar playing, Berry's songs have always contained a kind of sly wit. The words of "Memphis," from 1959, are a transcript of a desperate man trying to reach the girl who called him but did not leave a number. The girl turns out to be the singer's six-year-old daughter. In "Brown Eyed Handsome Man," from 1956, Berry subtly addresses discrimination in America in a way that would allow the song to get airplay on the kinds of radio stations that would play the music of African American men but never allow them in the studio. And in "Back in the U.S.A.," also from 1959, Berry celebrates returning to his homeland while also acknowledging that he still has to look hard for a drive-in that will serve him.

Berry's accomplishments loom large. He's influenced everyone from the Beatles to the Rolling Stones to the Beach Boys, who famously stole the music from Berry's "Sweet Little Sixteen" for the song "Surfin' U.S.A." And one gets the impression that Berry himself was less than eager to release any new songs that would immediately be compared with his classic repertoire. Berry also expressed a high degree of paranoia about other musicians potentially stealing his songs from him before he had a chance to officially release them.

Needless to say, a new Chuck Berry album comes with a fair share of baggage,

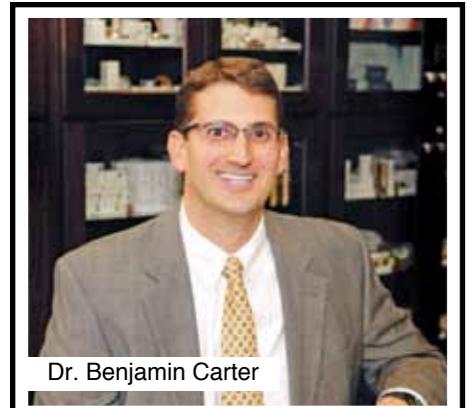
even before the needle drops on the vinyl. It is my pleasure to report that the album is a delight with many of the elements that made Berry so important.

A quality of Berry's not often displayed on his famous oldies is his ability to make a guitar sound however he wants, but this album offers a number of songs in which Berry exercises different styles of playing. Listen to the high, sweet sound of "Jamaica Moon," or the spare, concise chords of "3/4 Time (Enchiladas)." Similarly, Berry offers vocal performances that are different than

anything we've heard in the past. He comes close to crooning on "You Go to My Head," and "Dutchman" presents a hypnotic kind of talking blues. This album is not just a rehash of the old days, and neither Berry's guitar playing nor his singing has been affected by age. He is amazingly adroit and playful. His band,

largely composed of family members, is up to the challenge he presents. There's some wonderful New Orleans-style piano on "You Go to My Head" and a touch of boogie-woogie on the opener, "Wonderful Woman." Berry even achieves moments of poignancy in "Darlin'" as he reflects on his long life to the chimes of a gospel choir.

This album is everything we could have asked for from an icon like Chuck Berry. It shows that he was playing and performing with passion and flair right up until the end. According to the rules of rock and roll, it may be better to burn out than to fade away, but there's something to be said for a flame that burns hot for 90 years.



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- ★★ - Poor
- ★ - Terrible

# THE INDEPENDENT MOVIE GUIDE

by Adam Mast

**The Dark Tower (PG-13)**  
★★★



Full disclosure: I've never read Stephen King's "The Dark Tower" series (I know, I know, I have no excuse). Therefore, I'm coming into this as an eager movie fan with a lot of love for a fair share of cinematic King adaptations in the past. "The Shawshank Redemption," "Stand By

Me," "The Dead Zone," "Carrie," and (dare I say it) "The Shining" (sorry, Mr. King) are high among the best of them. That said, even as someone who hasn't read the source material, it's very clear that by the time the end credits for "The Dark Tower" rolled, it was apparent that large portions of the plot were missing. And how could the movie not feel this way? After all, "The Dark Tower," which attempts to cram in various elements from eight books, is only 95 minutes long.

This stuffed film's primary focus is young Jake Chambers (Tom Taylor), a boy who suffers from bad dreams, presumably brought on by the passing of his biological father. Jake senses that there's more to these visions, though, and as the days progress, these nightmares become more vivid to the point that he's convinced they aren't dreams at all but rather horrible visions of events that are actually taking place in an alternate dimension. Of course, if he dares to attempt to express this idea to his loving mother or others around him, he risks being thrown into a psychiatric hospital, so Jake is very careful with his words.

Before long, however, the cat is let out of the proverbial bag, and Jake soon finds himself running for his life. Ultimately, he's thrust into an adventure that will send him to another realm where he eventually teams up with stoic and reluctant hero Roland Deschain (Idris Elba), the last in a line of mythic gunslingers whose sole purpose is to protect the almighty Dark Tower from certain destruction. Roland's and Jake's primary foe comes in the form of the evil Walter O'Dim (Matthew McConaughey), a powerful Man in Black hell-bent on destroying the tower so that darkness will be unleashed upon the universe.

Sounds like a little too much for a single 95-minute movie, doesn't it? You have no idea. And in fact, that brief plot description barely scratches the surface. And this is problematic because "The Dark Tower" is trying to appease purists, casual fans of the book, and your average filmgoer who's simply out to have a good time at the movies. While this film certainly isn't terrible, I don't know that it will entirely appeal to any of the previously mentioned viewers.

"The Dark Tower" is rushed, convoluted, and lacking in the kind of scope one would expect from a film of this nature, but it does get a lot of mileage out of a charismatic Elba and a committed Taylor. Together, this duo do generate a nice rapport, but it's a shame that the movie is so damn short, because there isn't the kind of emotional arc one might hope for here. As for McConaughey, he's a lot of fun as an architect of evil, but you take the popular Texan actor's swagger out of the equation and you're left with a bit of a one-note character. Thankfully, it's an entertaining note.

Obviously, there was quite a bit of pressure put on director Nicolaj Arcel (the skilled director behind the original "The Girl With the Dragon Tattoo") to deliver big on this beloved property, even though he was working with Akiva Goldsman's neutered screenplay, a smaller budget than expected, and a very tight shooting schedule. Having said that, he knew the risks when he took the job. As it stands, Arcel does mount a couple of fun set pieces here, including a sequence in which Roland busts out the guns and takes on a team of baddies during a big showdown. What's more, the whole "King shared universe" vibe (watch for references to "The Shining," "It," "1408," and "Christine," just to name a few) will likely put a smile on the faces of many a King fan. And beyond the more obvious winks at the iconic author who created "The Dark Tower," there are also fanboy-infused moments reminiscent of "The Terminator," "Time Bandits," "The Matrix," and "Lord of the Rings."

Ultimately, as a movie, this fantasy-tinged tale of good vs. evil happens far too quickly. There's a lot going on and not nearly enough explanation. "The Dark Tower" has very little patience and is rarely, if ever, given an opportunity to just sit back and breathe — particularly where the final act is concerned. But through it all, you can still feel what could have and should have been, and it's that sense of squandered potential that stuck with me after the movie was over.

There's been much talk of a potential TV series, and in fact, when Ron Howard was still attached to this project, the initial ambitious plan was to do a theatrically released movie that would lead into a TV series before closing out with a final epic movie. If "The Dark Tower" does indeed shift gears and eventually go to the small screen, one would hope that perhaps the series would still feature this film's trio of leads — because Elba, Taylor, and McConaughey are actually quite good and deserve a script worthy of their talent — but start from scratch in the story department and give the screenplay the rich attention to detail that it clearly deserves. Because this flat, rushed movie adaptation, while not without its moments, ultimately feels like a frustratingly condensed version of a much more grandiose story.

Here's hoping that the much buzzed-about upcoming adaptation of "It" is a stronger representation of how great a Stephen King adaptation can be.

**Annabelle: Creation (R)**  
★★★½

"Annabelle: Creation" isn't quite in the same league as "The Conjuring" films, but it's worlds better than the spinoff movie that inspired it. Credit crafty director David F. Sandberg ("Lights Out") not only for his ability to create effective, old-school spook-alley-style scares and a fairly epic scale but for also creatively tying this film into the universe of "The Conjuring." Watch for plenty of familiar winks at "The Conjuring" and a nifty lead into the first "Annabelle." Despite the shared-universe approach, though, Sandberg is still able to give "Creation" its own identity.

In this prequel, a dollmaker (Anthony LaPaglia) and his loving wife (Miranda Otto) inadvertently invite an unwanted guest into their home after an unforeseen tragedy sends their lives into an emotional tailspin. After 12 years of trying to move beyond this tragedy, the scarred couple invite a group of orphan girls into their home in the hope that they'll bring a little bit of life back into their now lifeless abode. Terrifying trouble arises, however, when young orphan Janice (Talitha Bateman) unleashes a supernatural force that resides within the plastic bones of a creepy looking doll called Annabelle.



From the brilliant "Twilight Zone" episode "Living Doll" to "Child's Play" to "The Puppet Master" series to "Trilogy of Terror," the movies have certainly presented a fair share of horrific playthings come to life through the years. In 2014, John R. Leonetti attempted to shed light on that creepy antique doll that James Wan put to such effective use in "The Conjuring" by way of "Annabelle," a limp horror film that wasn't so much interested in offering up answers as it was in raising more questions.

Sandberg has stepped up to the horror plate with "Creation" in an attempt to answer some of the questions surrounding this terrifying doll, and for the most part, he succeeds. Not only does he pull off a handful of extremely well executed scares but he also gives us a handful of characters worth caring about.

Admittedly, I wish Miranda Otto and Anthony LaPaglia (this appealing actor has been away from the movies for far too long) were given more to do, but young Talitha Bateman is terrific as a polio survivor whose unfortunate curiosity gets the better of her. Lulu Wilson (who also appeared in Mike Flanagan's effective "Ouija" prequel, "Origin of Evil") is also solid as Janice's more easily rattled best friend. Rounding out a pleasant ensemble cast is a warm and charming Stephanie Sigman as a nun who will do anything to protect the orphans she so deeply cares about.

Again, though, "Annabelle: Creation" is a horror film, and while it helps that we care about the individuals who are being haunted, "Creation" simply wouldn't work without sufficient scares. Thankfully, Sandberg keeps the scares coming at a relatively quick clip. Further props to the "Lights Out" director for the way he

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## MOVIES

shrewdly lays out the lay of the land and sets up his gags in the early goings of the picture. It makes the payoffs all the more effective.

What's more, the malevolent spirit that serves as the primary antagonist in this picture is quite the scary beast. And this particular presence is all the scarier because Sandberg really only gives us unnerving glimpses of him. No long, lingering shots. Just enough to get an idea of what this terrifying presence looks like and what its capable of. Then, it's up to the viewer's imagination to run wild, and run wild it does.

True, this film doesn't come without obvious horror tropes, and it goes beyond little winks at the likes of "The Ring" and "Paranormal Activity." There's plenty of scenes when seemingly clueless characters continue to enter both the house and its darker nooks and crannies, even though they've been given plenty of reasons not to. There are also a few scenes in which the demon makes so much noise when in attack mode that you begin to question why all that damn racket doesn't wake up all the other folks in the house. Heavy sleepers, I guess. This nasty creature is even able to snatch up potential victims in broad daylight with other individuals standing what seem like only a few feet away.

Of course, many a horror fan wouldn't even necessarily refer to the previously mentioned tropes as flaws. Whatever your opinion, the fright gags certainly prevail in this picture. "Annabelle: Creation" is an efficient horror film made by a creative (and likable) storyteller who clearly gets pleasure out making viewers jump out of their skin. Sandberg even finds the time to inject just the right amount of humor into the proceedings.

There have certainly been scarier movies through the years, but "Annabelle: Creation" more than gets the job done. At the very least, it's a worthy entry in the "The Conjuring" series, which will soon see the release of spinoff entries "The Nun" and "The Crooked Man." Looks like Marvel and DC are no longer the only shared-universe games in town. Watch for a couple of noteworthy little end credit stingers.

### **The Hitman's Bodyguard (R)** ★★½

The idea of charismatic motormouth Ryan Reynolds teaming up with charismatic motormouth Samuel L. Jackson for a buddy action comedy seems like a win-win, a no-brainer of epic proportions. Alas, "The Hitman's Bodyguard" feels like an echo of much better movies. If only this film were half as entertaining as its lively marketing campaign (admittedly, that "The Bodyguard" parody poster is pretty great).

In "The Hitman's Bodyguard," Reynolds is celebrated bodyguard Michael Bryce, a pro who's fallen on hard times. Bryce's skills are put to the ultimate test when he's assigned to escort Darius Kincaid (great name!), a blowhard, streetwise hitman who's ready to blow the whistle on the most undesirable of undesirables (Gary Oldman in "The Professional" mode) to The International Court of Justice. Of course, in the early goings, these two headstrong personalities can't stand one another, but they'll have to put aside their differences



if they're going to stay alive long enough to make it to trial.

"The Hitman's Bodyguard" is pretty much what it looks like: a buddy action comedy with obvious shades of "Lethal Weapon," "48 Hours," and "Rush Hour." And it also offers up more than few nods to the vastly superior '80s gem "Midnight Run." In the end, though, this film plays more like "Lethal Weapon IV," "Rush Hour 3," "Another 48 Hours," and "Another Midnight Run." This is to say that while Reynolds and Jackson do have energy to spare, and while they are able to generate a certain level of chemistry, a great deal of the proceedings feel pretty uninspired.

There are certainly moments. Salma Hayek is a riot as Sonia, Darius' spunky, tough-as-nails significant other. A vicious bar brawl serves as backdrop for the first time Darius and Sonia meet, and it to put it mildly, this particular sequence is cinematic gold. Furthermore, there's something inherently funny about hearing Hayek spew the "F" word, and there's quite a bit of that going on in "The Hitman's Bodyguard." More importantly, though, Jackson and Hayek have a great rapport. In fact, it could be argued that they have even more chemistry than Jackson and Reynolds do.

"The Hitman's Bodyguard" was directed by Patrick Hughes ("Red Hill" and "The Expendables 3"), and while there's always a lot going on, it still feels like not much is happening. There's very little momentum to speak of. Even a massive car chase sequence comes across as oddly lifeless, especially when stacked up against the zany, over-the-top bravado of "The Fate of the Furious" and the creative, supercharged auto set pieces in Edgar Wright's "Baby Driver."

Many viewers are most likely coming into this one to watch Jackson and Reynolds get on each other's nerves, and for many viewers, that'll be enough. For this viewer, though, it got to a point in "The Hitman's Bodyguard" when the star chemistry driving the film started to feel forced, and unfortunately, the dull, routine action sequences don't do much to help matters. On the bright side, there are a handful of laughs, and there's also this film's true MVP: A funny, foul-mouthed, ass-kicking Salma Hayek.

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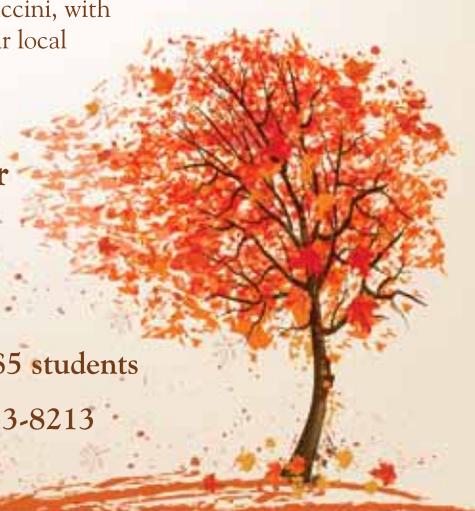
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## BOOK REVIEWS

# THE OBSESSIVE BOOKSELLER REVIEWS

By Niki Hawkes

“Kings of the Wyld” by Nicholas Eames

★★★★

I read “Kings of the Wyld” as part of a Buddy Read with my favorite Goodreads group, Fantasy Buddy Reads (where

the author even showed up to say a few gracious words — how cool is that?!). This is one of those unique books that got devoured as soon as it came across my radar. If you have any knowledge of my colossal TBR pile, you know that most things that land on it sit there for 5 years, sometimes even more than 10 years, before it gets read. The premise for “Kings of the Wyld” sounded so interesting that I couldn’t pass up the opportunity to read it ASAP.

The book was hysterical. And not just mildly amusing, but the kind of funny that still has me laughing at some of the moments several months later.

To set the stage, a retired band of mercenaries (who have become old, fat, and in some cases drunk) pull themselves back together to go on a quest. The main character goes reluctantly, and his sardonic

attitude towards everything is what gives this book such a strong voice. All of the characters were individualized and funny in their own way (my favorite of which being Arcandius Moog — the gay wizard who’s quite comfortable questing in a onesie, thank you very much), but they all had to put their differences aside to accomplish their goal. Add to that a ton of nerdy references and you have one hella fun book!

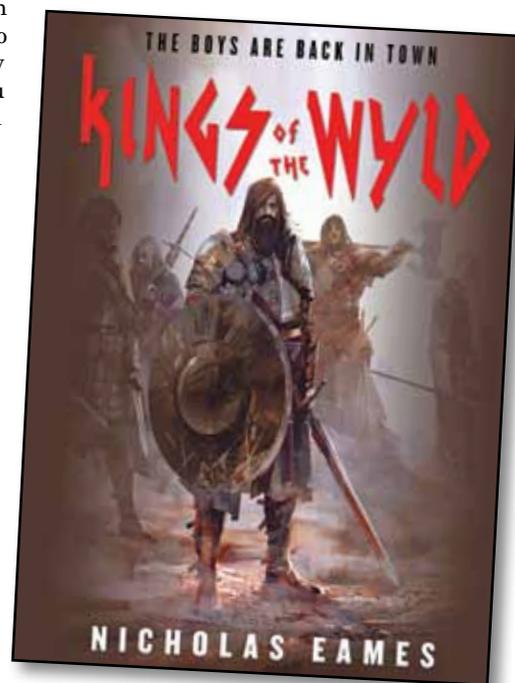
What surprised me the most was not just the funny stuff but how equal of an impact the more serious, deeper moments had on the story. They may have been far between, but the emotional investment I felt was just as strong as for a fantasy without all of the humor. It meant to me that Nicholas Eames was in it to write more than just a fun book — he also succeeded in producing one with substance.

I’ve discovered throughout the years that I am a somewhat impatient reader. There are so many books on my TBR that it becomes increasingly difficult to stop everything and just enjoy each book for the journey it offers. “Kings of the Wyld” was

mostly about the journey — the pacing focused more on character building and humor than it did the destination (that is until things got rolling near the end, then it didn’t let up). What I’m trying to say is that “Kings of the Wyld” reinvigorated my passion for discovering new authors, took me out of my carefully laid reading plans, and made me appreciate the journey for the first time in a long while.

Overall, this is going to be a very easy book for me to recommend. I can’t tell you how many times I’ve had customers ask me for a funny fantasy book and all I could do was point out two popular authors whose humor didn’t quite work for me (Piers Anthony and Terry Pratchett ... masters of their genre, but not works that I could personally stand behind based on my

own experience ... don’t be mad at me). Finally, I have the start to a killer fantasy with tons of humor and substance — one that I can recommend with confidence. If you’re sick of the same old stuff, or in the mood for a good laugh, “Kings of the Wyld” is my pick for you!



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## HUMOR

# YOUR MONTHLY HOROSCOPE

By Trippy Koala

*These horoscopes are provided for entertainment purposes only. The author cannot be held responsible for any decisions or actions based, in whole or in part, on any of the information presented herein. Really, even if you believe in horoscopes (especially if you believe in horoscopes), you shouldn't listen to anything listed herein ... wait, drink water. There, that's some advice you can heed.*

## Aquarius

It's back to school time! Give a teacher a hug! They need it. Ask first though, some of them carry pepper spray.

## Pisces

In an ongoing social experiment, your friends and relatives will continue to ignore how stupid you are to measure how long it takes you to figure it out on your own.

## Aries

You know that thing you do a couple of times a week that you're really ashamed of and would give anything to keep people from finding out about? I need to borrow \$50.

## Taurus

The most important thing is to believe in yourself. The next most important thing to believe in is an imaginary friend in the sky who you can blame all of your shortcomings on.

## Gemini

You will spend several hours frantically searching your house for the remote control only to find it in the refrigerator next to the condoms and the toothpaste. You really need to get your shit together, dude.

## Cancer

You will never bake a pan of brownies without immediately devouring the whole thing then slumping into a deep, guilt-filled, sugar-fueled coma. Plan your life accordingly.

## Leo

While painting a room this month, you'll have beautiful visions of heaven. Your childhood pet will run to you, and a long lost relative will give you a hug ... or, you can remember to crack a gods damned window and save some brain cells.

## Virgo

You know Jim from work? That guy who feels the need to mansplain everything. This is the month to tell him to crawl up his own ass.

## Libra

Sadly, you will die this month. What? There are millions of Libras, I'm bound to right about some of you.

## Scorpio

This month a lot of strangers will somehow feel comfortable commenting on your appearance. Don't forget to tell them to go to hell ... or lick them. You know, whatever you can do to make them feel uncomfortable about doing that in the future.

## Sagittarius

Here's a life hack for you. Every time you get bad news, just add "on the shitter" to it to lighten the blow. "Your services will no longer be required ... on the shitter." "I'm leaving you...on the shitter." "Trump is president... on the shitter." See, I feel better already.

## Capricorn

You have done horrible, twisted things in your life. You should feel ashamed of yourself every minute of every day, but hey, you're human. It's just part of the gig. Go drink some coffee and curse at someone.



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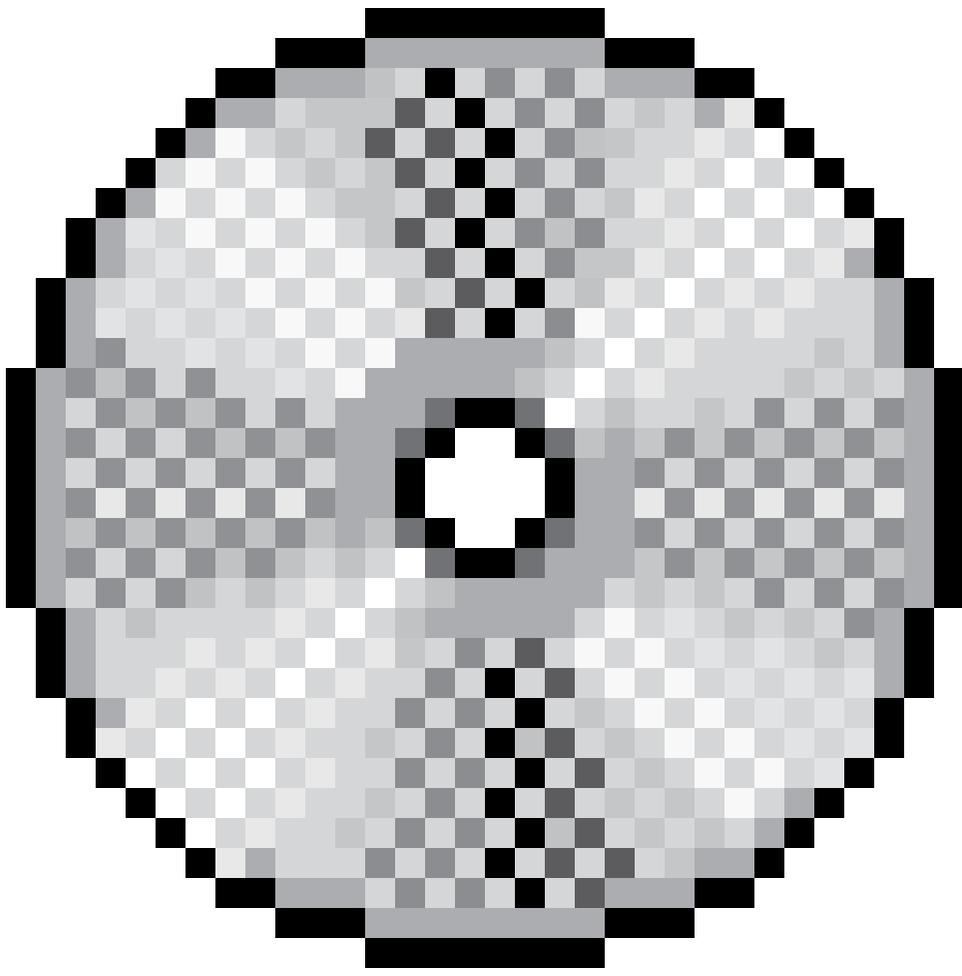
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# CALENDAR

## Multi-Day Events

To get your event in our Free Calendar of Events log on to [suindependent.com/events\\_calendar/form.php](http://suindependent.com/events_calendar/form.php) Limit one free listing per day or date per organization.

**YOUR FEATURED EVENT HERE!  
CALL (435) 656-1555.**

### FEATURED EVENT

REDSTONE THEATRE PRESENTS  
"ALWAYS ... PATSY CLINE"



"Always ... Patsy Cline" is based on the true story of Cline's friendship with Houston housewife Louise Seger. The remaining performances will run Sept. 8, 9, 15, and 16 at 7:30 p.m. The play focuses on the fateful evening at Houston's Esquire Ballroom when Seger heard of Cline's death in a plane crash. Seger supplies a narrative while Cline floats in and out of the set singing tunes that made her famous, like "Anytime," "Walkin' After Midnight," "She's Got You," "Sweet Dreams," and "Crazy." Redstone Theatre is located at 29 W. Center St. in Kanab. Tickets are available at [redstonetheatre.com](http://redstonetheatre.com).

**UTAH SHAKESPEARE FESTIVAL 2017 SEASON** June 29–Oct. 21. Dates and times vary. The 2017 season includes Shakespeare's "As You Like It," "Romeo and Juliet," and "A Midsummer Night's Dream" as well as "Shakespeare in Love," "Guys and Dolls," "Treasure Island," "The Tavern," "How To Fight Loneliness," and "William Shakespeare's Long Lost First Play (abridged)." Beverley Center for the Arts, 195 W. Center St., Cedar City.

**"AS YOU LIKE IT"** Thru Sept. 7. Dates and times vary. Rosalind has a problem. Disguised as a boy, she goes to Arden to find her father. But her disguise has also fooled her beloved Orlando, who now asks this "boy" to help him woo the woman of his dreams — none other than Rosalind herself! Tickets are \$20–\$75 and available at [boxoffice.bard.org](http://boxoffice.bard.org). Engelstad Shakespeare Theatre, Cedar City.

**"SHAKESPEARE IN LOVE"** June 30–Sept. 8. Dates and times vary. Showing adapted for the stage from the Academy Award-winning film, "Shakespeare in Love" tells of a young Shakespeare who is facing writer's block and is short on cash and inspiration. To his rescue comes Viola, with whom he quickly falls in love and who inspires him to write his most famous love story, "Romeo and Juliet." Tickets are \$20–\$75 and can be purchased at [boxoffice.bard.org](http://boxoffice.bard.org). Engelstad Shakespeare Theatre, Cedar City.

**DOCUTAH FILM FESTIVAL** Times vary, visit [docutah.com](http://docutah.com) for more information. Eccles Fine Arts Center, 255 S 700 E, St. George.

**"ROMEO AND JULIET"** July 1–Sept. 9. Dates and times vary. "Romeo and Juliet" is the perfect complement to "Shakespeare in Love." The two plays share cast and scenery, and this added synergy will provide a new dimension to what may be the most famous love story in the world. Tickets are \$20–\$75. For tickets and showtimes, visit [boxoffice.bard.org](http://boxoffice.bard.org). Engelstad Shakespeare Theatre, Cedar City.

**"A MIDSUMMER NIGHT'S DREAM"** July 4–Oct. 21. Dates and times vary. Shakespeare's luxurious tale of fairies, dreams, and moonlight, this popular comedy gets a new and exciting look when set in the art deco world of the Jazz Age. When the feuding king and queen of the fairies interfere in the couplings of mortals, the result is pure pandemonium and magical mayhem. Tickets are \$36–\$79. For tickets and showtimes, visit [boxoffice.bard.org](http://boxoffice.bard.org). Engelstad Shakespeare Theatre, Cedar City.

**"SHREK THE MUSICAL"** 8:45 p.m. May 26–Oct. 20. Based on the Oscar-winning DreamWorks Animation film, "Shrek The Musical" is a Tony Award-winning fairy tale directed by Scott S. Anderson. Showtimes vary. Tickets are \$29–\$89 and can be purchased at [tuacahn.org](http://tuacahn.org). 1100 Tuacahn Dr., Ivins.

**"NEWSIES"** June 2–Oct. 18. 8:45 p.m. Set in New York City at the turn of the century, "Newsies" is the rousing tale of Jack Kelly, a charismatic newsboy and leader of a ragged band of teenaged "newsies" who dreams only of a better life far from the hardship of the streets. But when publishing titans Joseph Pulitzer and William Randolph Hearst raise distribution prices at the newsboys' expense, Jack finds a cause to fight for and rallies newsies from across the city to strike for what's right. Directed by Jeffry Denman. Showtimes vary. Tickets are \$29–\$89 and can be purchased at [tuacahn.org](http://tuacahn.org). 1100 Tuacahn Dr., Ivins.

**"THOROUGHLY MODERN MILLIE"** 7 p.m. Aug. 17–Sept. 23. Dates and times vary. Millie Dillmount, sets out in search of a job and a wealthy potential husband. Things seem wonderful when she lands a job working for a rich boss she'd love to marry, but not everything is as it seems. Tickets are \$17–\$23. No children under 5 permitted. Brigham's Playhouse, 25 N 300 W, Washington.

**"THE TAVERN"** 8 p.m. A satirical comedy shifts the action and plot to locations and characters in Utah. [Boxoffice.bard.org](http://Boxoffice.bard.org). Randall L. Jones Theatre, 300 W Center St., Cedar City.

**CASABLANCA BBQ FEST** 1 p.m. Sept. 8–10. Free. Award-winning BBQ vendors, events, and entertainment for the entire family. Tickets for food will be available for purchase. CasaBlanca Resort, 950 W. Mesquite Blvd, Mesquite.

**ULTRALIGHT RIGGING AND RESCUE** 8 a.m.–5 p.m. Sept. 11–14. Workshop participants learn to rely on knowledge and skills rather than technology, accomplishing more with minimal lightweight gear. [canyonsandcrag.com/rigging-rescue](http://canyonsandcrag.com/rigging-rescue). Canyons & Crag, 644 N 800 W, Cedar City.

**ARTISTS WITH A CAMERA EXHIBIT** 10 a.m. Featuring members of the St. George Fine Art Photographers Guild. Gallery open 10 a.m.–5 p.m. Mondays–Fridays and 10 a.m.–2 p.m. Saturdays. ARTé Gallery, 415 S. Dixie Dr., St. George.

**OUTBACK HIKING CLUB OF SOUTHERN UTAH** Dates and times vary. Visit [meetup.com/outback-hiking-club-of-southern-utah](http://meetup.com/outback-hiking-club-of-southern-utah).

**ARTISTS AND THE NATIONAL PARKS EXHIBIT** 10 a.m. Sept. 17–29. Zion History Museum, Zion Canyon Scenic Dr., Springdale.



## September Live Music

All shows 4-7 pm on our riverside patio

**9/2 – Wirelefant**

**9/9 – Lyndy Butler Trio**

**9/16 – Nick Adams**

**9/23 – Nathan Spenser Revue**

**9/30 – Josh Warburton**

95 Zion Park Blvd, Springdale • 435-772-0336

# CALENDAR

## Multi-Day Events

**SENIORS AT WORK PHOTOGRAPHY EXHIBIT** 10 a.m. Sept. 17–28. Free with museum admission. Gallery hours are Mondays–Saturdays 10 a.m.–5 p.m. St. George Art Museum, 47 E 200 N, St. George.

**MESQUITE MOTOR MANIA SUPER RUN CLASSIC CAR SHOW** Sept. 21–24. Vintage vehicles, custom automobiles, and events. More than \$15,000 in cash prizes for winners and fan favorite contests available for car show participants, free car shows for all ages. Register a vehicle at [superrun.com](http://superrun.com). CasaBlanca Resort, 950 W Mesquite Blvd., Mesquite.

**SPARK WOMEN'S LEADERSHIP RETREAT** 1 p.m. Sept. 22–24. Created by women for women to provide a safe environment where women can try new activities and learn new tools. Zion National Park, Utah 9, Springdale.

**BEST FRIENDS ANIMAL SANCTUARY TOUR** 8 a.m.–5 p.m. Drive to the sanctuary and take a tour through the visitor center. Make reservations at (435) 644-2001 or visit [bestfriends.org](http://bestfriends.org). Best Friends Animal Sanctuary, 5001 Angel Canyon Road, Kanab.

**COWBOY DINNER AND SKIT** 9 a.m. Join the Chuckwagon Cookout at Little Hollywood Museum for the buffet when they have tours scheduled. Walk-ins are welcome. Most seatings include an episode of the "How the West Was Lost" cowboy skit. \$16 for lunch and \$20 for dinner. 297 W. Center St., Kanab.

**ART CLASSES** Tuesdays and Thursdays at 6 p.m. Oil painting, drawing, portraits, and pastel classes available. Desert Rose Art Studio, 225 N. Bluff St., suite 1, St. George.

**POLE FITNESS CLASSES** 7 p.m. Beginner class (Flow 1) held Tuesday and Thursday nights at 7 p.m. for \$10. Or attend the free community intro class at 7 and 8 p.m. Saturday nights. Book a party for your bachelorette or birthday party. 270 N 2940 E, St. George.

**MOVIES AT CRESCENT MOON MOVIE THEATER** Wednesdays–Saturdays at 7:30 p.m. and Saturdays at 1 p.m. Ticket prices start at \$6. Call (435) 644-2350 or visit [crescentmoonkanab.com](http://crescentmoonkanab.com). 150 S 100 E, Kanab.

**KARAOKE AT THE STATELINE CASINO** Tuesdays and Fridays at 8 p.m. Karaoke goes until they're finished. Stateline Casino, 490 W. Mesquite Blvd., Mesquite.

**STAR PARTY** A guided stargazing tour takes place in Dark Canyon Star Park every night. Learn something about the night sky and the universe. For reservations, text or call (435) 899-9092 or email [kanabstars@gmail.com](mailto:kanabstars@gmail.com). N. Hwy. 89, Kanab.

**NEW HORIZONS BAND AND ORCHESTRA FOR SENIOR ADULTS** 2 p.m. Dates vary. Supports lifelong music participation for seniors, teacher training opportunities for college music students, and music education for youth. Visit [zionmusicensembles.com](http://zionmusicensembles.com). The DiFiore Center, 307 N. Main St., St. George.

**GENTLE YOGA** Mondays and Wednesdays at 4:15 p.m. ZACI Yoga, 348 N. Bluff St. #205, St. George.

**KARAOKE AT THE ONE AND ONLY** Mondays and Wednesdays at 9 p.m. 800 E. St. George Blvd., St. George.

**PIANO MAN STEVE & DJ JUAN IN SEASONS LOUNGE AT EUREKA CASINO** Fridays and Saturdays at 7 p.m. 275 Mesa Blvd., Mesquite.

## Events by Day MONDAYS

**PRECISION HEARING AND MEMORY MATTERS MONDAY MOVIE MATINEE** 1 p.m. The Precision Hearing Monday Matinee series is a new, free community event that is bringing back the classics featuring memorable film favorites from the 1950's and 60's. The Electric Theater, 68 E. Tabernacle St., St. George.

**USMS SWIM TECHNIQUE COACHING** 8 a.m. Free. Must pay Sand Hollow Aquatic Center pool entry fee. Current USMS membership required. All level swimmers 18+, individual abilities considered in workout structure. Call Lynne Lund at (760) 844-6288. 1144 Lava Flow Dr., St. George.

**COMMUNITY BEREAVEMENT GROUP** 3:30 p.m. A supportive and educational group for those experiencing grief resulting from the loss of a loved one. Call (702) 346-5224. Mesquite Library, 121 W. First N. St., Mesquite.

**KICKSTART YOUR HEALTH NUTRITION AND COOKING CLASSES** 4:30 p.m. Class topics range from digestion to blood pressure. Visit [nutritiousway.org](http://nutritiousway.org). 1554 Hummingbird Dr., St. George.

**COLOR COUNTRY CAMERA CLUB** 6 p.m. Meets on the second and fourth Mondays of the month at the St. George Library basement meeting room. Anyone interested in photography is welcome. Email [meetings@colorcountrycameraclub.org](mailto:meetings@colorcountrycameraclub.org). 88 W 100 S, St. George.

**ST. GEORGE DANCE COMPANY CLASS** 7:30–8:45 p.m. Ballet for adults, intermediate to advanced. Open to the public. Visit [saintgeorgedance.com](http://saintgeorgedance.com) or call (435) 773-1221. The Electric Theater, 68 W. Tabernacle St., St. George.

## TUESDAYS

**NEW HORIZONS ORCHESTRA** 9:30–11:30 a.m. Tuesdays. Free group music instruction for senior adults, beginning or experienced. [zionmusicensembles.com](http://zionmusicensembles.com). Washington Fields, 471 W. Washington Palms Way, St. George.

**MEMORY MATTERS EARLY STAGE MEMORY LOSS SERIES** 10:30 a.m. 10-week course begins Sept. 12. The course is designed to benefit those with an early stage memory loss or dementia diagnosis and their care partners. During the second hour of the class, participants may attend either a cognitive training group or a care partner training and support group. St. George Branch Library, 88 W 100 S, St. George.

**THE GRACEFUL WOMAN** 6:30 p.m. Yoga class open to women of all ages. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

**NEW HORIZONS BAND** 2–4 p.m. Tuesdays. Free group music instruction for senior adults, beginning or experienced. [zionmusicensembles.com](http://zionmusicensembles.com). St. George Library, 88 W. 100 S., St. George.

**"NEW HORIZONS" BAND & ORCHESTRA CHILDREN'S STORY TIME** 10 a.m. Frontier Homestead State Park, 635 N. Main St., Cedar City.

**KARAOKE AT PEGGY SUE'S DINER** 5–9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 380 N. Sandhill Blvd., Mesquite.

**OLD TIME FIDDLERS JAM SESSION** 7 p.m. Free. Parry's Lodge Old Barn Theater 89 E. Center St. Kanab.

**HERITAGE WRITERS GUILD** Second Tuesday of each month at 6 p.m. Meets in the basement of the St. George Library. Call (435) 634-5737. 88 W 100 S, St. George.

**OPEN PAINT NIGHT** 6 p.m. Desert Rose Art Studio invites anyone who would like to join a group of artists. Bring whatever medium you want. Cost is \$15. Call Alice Hiatt at (435) 256-3317. 225 N. Bluff St. suite 1, St. George.

**TRIBUTE TO THE KING** 6–10 p.m. Starring John Brooks. Must be 21 or older. Free. CasaBlanca Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

**THE GRACEFUL WOMAN** 6:30 p.m. Open to women of all ages for a night to empower, uplift, heal, strengthen, and teach. Fruit and tea will be served after class. By donation. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

**LIBRARY ART CLUB FOR CHILDREN** 6:30 p.m. Every second and fourth Tuesday of each month. Free. Register in the children's area. St. George Library, 88 W 100 S, St. George.

**INTERMEDIATE LEVEL WEST COAST SWING CLASSES AND DANCING** Each first and third Tuesday of the month at 7 p.m. \$6 per person per class. For more information, contact Neil Duncan at [neiljamesduncan@gmail.com](mailto:neiljamesduncan@gmail.com) or call (619) 994-6854. Washington City Community Center, upstairs aerobics room, 350 E 200 N, Washington.

## WEDNESDAYS

**WRITERS' IMPROVEMENT GROUP** 2 and 6 p.m. Offered by Heritage Writers Guild. Bring up to eight pages of writing, double spaced, 12-point font for free and friendly feedback. For more information, call (435) 625-1743. St. George Library, 88 W 100 S, St. George.

**ANIME GAMER CLUB** 3 p.m. Teens and 'tweens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

**WELCOME WAGGIN** 5 p.m. Join one of Best Friends' founders to learn more about the organization, hear heartwarming stories, and discover secrets about the sanctuary. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

**KARAOKE AT BEAVER DAM STATION** 5:30–9 p.m. Full bar. 21 and over, must have ID. Hosted by singer Gayle Louise. Beaver Dam Station, County Hwy. 91, Littlefield, AZ.

**FOREIGN FILM CLUB** Every first Wednesday of the month at 5 p.m. Watch and discuss foreign films. Santa Clara Library, 1099 Lava Flow Dr., St. George.

**GRATITUDE & GRIT: YOGA FOR ADDICTION RECOVERY** 6 p.m. Meditation and yoga exercises to help overcome destructive behaviors. All are welcome. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

**MUSIC AT THE TERRACE** 7 p.m. Come out and enjoy live music every Wednesday on the stage behind the Office of Tourism Visitor Center. It is free to the public and a different performer each week. Office of Tourism Visitor Center, 78 S. 100 E., Kanab.

## THURSDAYS

**MENTAL HEALTH CLASSES** 5:30 p.m. Free. National Alliance on Mental Illness offers classes for families and loved ones coping with mental illness. Peer to Peer and Family to Family classes taught by trained volunteers in recovery. Support group for Peer to Peer Sept. 7. Support group for Family to Family Sept. 4. Washington County Library, 88 W 100 S, St. George.

**SINDUSTRY** 7 p.m. Free drink and drawing ticket, corn hole tournament, beer pong, and Jenga. Live entertainment. \$10 buckets of beer. No cover charge. 275 Mesa Blvd., Mesquite.

**LINE DANCING AT THE ONE AND ONLY** 9 p.m. Come have some good old fashioned fun with a friendly crowd. 64 N 800 E, St. George.

## FRIDAYS

**JAKEY LEIGHS HOSTS RED ROCK LIVE** 6:30–9:30 p.m. Live music, free and open to the public. Jakey Leighs, 4 E. Center St., Kanab.

**YOGA NIDRA AND GONG** 9 a.m. A unique guided meditation preceded by yogic breathing and movement. All levels welcome. The Healing Tree, 535 S. Main St. #4, Cedar City.

**KARAOKE AT OASIS GOLF CLUB** 5–9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 100 Palmer Lane, Mesquite.

**PAINT YOUR PET PARTY** 5–7 p.m. For just \$20 per person, you're provided with an 11x14 canvas, paints, brushes, and artist instruction. No prior painting experience is needed. Don't have a pet? Thumb through one of the many Best Friends' magazines to find an animal of your liking or email a web image to [vistor-center@bestfriends.org](mailto:vistor-center@bestfriends.org) and they'll print it out for you. Email [jennifernagle@hotmail.com](mailto:jennifernagle@hotmail.com) to sign up. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

**LIVE MUSIC AT PEEKABOO WOOD FIRED KITCHEN** 6:30 p.m. Free. 233 W. Center St., Kanab.

**DJ SPINZ AT THE ONE AND ONLY** 9 p.m. 64 N 800 E, St. George.

## SATURDAYS

**YOUTH BEGINNER TENNIS LESSONS**  
**KANAB OUTDOOR MARKET** 4–9 p.m. Usual farmers market offerings as well as food trucks. Free classes such as yoga or Zumba will be offered at 4 p.m. and live music will be performed from 7 to 9 p.m. No fee for vendors to participate, although anyone offering baked goods must have a cottage kitchen license. Email [tracy@cluckingitup.com](mailto:tracy@cluckingitup.com). 150 W. Center St., Kanab.

**TUACAHN SATURDAY MARKET** 9 a.m.–1 p.m. Come enjoy the wonderful surroundings at the outdoor market in the canyon featuring local artwork, crafts, food and entertainment. 1100 Tuacahn Dr., Ivins.

**GUIDED SATURDAY MORNING HIKE** 7 a.m. Venture into the stunning outback that surrounds St. George on a guided half-day hiking tour (4–5 hours). Scheduled hiking tours begin at the St. George Adventure Hub (spring and fall months). The guide is a local expert trained as a Wilderness First Responder. Call (435) 673-7246. Adventure Hub St. George, 128 N 100 W suite 124, St. George.

**ZION CANYON FARMERS MARKET** 9 a.m.–noon. Rain or shine on the lawn of the Bit and Spur Restaurant. The 2017 season is May 6–Oct. 14. 1212 Zion Park Blvd., Springdale.

**TAI CHI DRAGON QIGONG AT SANTA CLARA LIBRARY** 10:30–11:30 a.m. Full-body energetic healing. Admission is free. No experience needed. Tai Chi Dragon Qigong is good for all ages and all levels of health and mobility. Santa Clara Library, 1099 N. Lava Flow Dr., Santa Clara.

**SATURDAY MOVIE MATINEE** 2 p.m. St. George Library, 88 W 100 S, St. George.

# CALENDAR

## Events by Date

### Fri, Sept 1

**HURRICANE PEACH DAYS** Symphony of the Canyons will perform. Sign-ups for food, commercial, or homemade sales (craft show) booth will open on April 1. Downtown Hurricane.

**ART COWLES AT EVEN STEVENS** 7-9 p.m. Free. Art Cowles is a singer/songwriter from St. George playing rock, jazz, and blues. 471 St. George Blvd., St. George.

**LESS THAN LUCID AT SAND HOLLOW RESORT** 6:30 p.m. Free. Fronted by Josh Larsen, Less Than Lucid is a band from St. George playing original music and covering rock, pop, and '90s alternative music. 5662 W. Clubhouse Dr., Hurricane.

**COLTON AVERY AT GEORGE'S CORNER** 8 p.m. Free. Colton Avery is a singer/songwriter from Phoenix, Arizona. 2 W. St. George Blvd., St. George.

**ZACH MARQUEZ AT JAKEY LEIGH'S** 6:30-9:30 p.m. Free. 4 E. Center St., Kanab.

**THE COMEDY MACHINE** 8:30 p.m. Enjoy top comedic performances from the United States. Tickets are \$15-\$25 and can be purchased at startickets.com. Casablanca Resort, 950 W. Mesquite Blvd., Mesquite.

**Find more events daily at [SUIndependent.com](http://SUIndependent.com)**

### Sat, Sept 2

**COUNTRY MUSIC FESTIVAL AT BRIAN HEAD RESORT** 9:30 a.m. Music starts at 1 p.m. each day. Carin Marie, Chris Petersen, and Little Texas Sept. 9 and Most Wanted and Heers Turner Oversize Sept. 10. 329 S. Highway 143, Brian Head.

**ZACH MARQUEZ AT EVEN STEVENS** 7-9 p.m. Free. 471 St. George Blvd., St. George.

**RAVEN CAIN BAND AT SAND HOLLOW RESORT** 6:30 p.m. Free. The Raven Cain Band is a country and Southern rock band based out of Hurricane. Tunes, Brews, and BBQ event. 5662 W. Clubhouse Dr., Hurricane.

**TOM BENNETT AT PEEKABOO KITCHEN** 8 p.m. Free. Tom Bennett is a blues man from SLC. 233 W. Center St., Kanab.

**DUCK CREEK VILLAGE END OF SUMMER BASH** 6 p.m. Live music and family activities at the Duck On In Saloon. 55 Movie Ranch Rd, Duck Creek Village.

**LONG VALLEY LIONS CLUB DEMOLITION DERBY** 7 p.m. Adults \$10, kids 5-12, \$5, kids 4 and under free. OrdervilleDemolition.com. Carroll Arena, Highway 89, Orderville.

### Sun, Sept 3

**DULCE AT EVEN STEVENS** Noon-2 p.m. Free. 471 St. George Blvd., St. George.

**SOMETHING SACRED AT PEEKABOO KITCHEN** 8 p.m. Free. Something Sacred plays jazz, blues, reggae, and hip hop. 233 W. Center St., Kanab.

**YOUR FEATURED EVENT HERE! CALL (435) 656-1555.**

### Mon, Sept 4

**PAWS FOR TALES** 4 p.m. Children can read to registered therapy dogs. Free. St. George Library, 88 W 100 S, St. George.

**"TUACAHN: MIRACLE IN PADRE CANYON"** 6:30 p.m. World premiere of the documentary film about the history of Tuacahn, how it began, its challenges and accomplishments, and how it has become what it is today. Tickets for the gala — which includes dinner, the film screening, and a DVD of the film — are \$200. Tickets for the film screening alone start at \$20. Visit tuacahn.org/docutah. Tuacahn Center for the Arts, 1100 Tuacahn Dr., Ivins.

**JON STONE AT PEEKABOO KITCHEN** 8 p.m. Free. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 233 W. Center St., Kanab.

**DOCUTAH FILM FESTIVAL** Times vary. Docutah.com. Eccles Fine Arts Center, 255 S 700 E, St. George.

### Tues, Sept 5

**HAIL THE SUN AT JAZZY'S** 7 p.m. Hail the Sun is a post-hardcore band from Chico, California. 1812 W. Sunset Blvd., St. George.

**OSU FALL RECITAL SERIES** 7:30 p.m. Free. Performances by local teachers David Jordan, Trevor Walker, Nina Hansen, and Richard McMaster as well as Jack Vickers, the Red Hill Rangers, and the Accidental 5 Quintet. Tickets available at (435) 865-2882 or visiting heritagectr.org. Heritage Theater, 105 N 100 E, Cedar City.

**SAM PAYNE AT TOWN SQUARE** 7:30 p.m. Sam Payne is a Mormon folk musician and storyteller. 50 S. Main St., St. George.

**DIXIE POETS** 2 p.m. Develop your poetic talents with a fun group of poets twice monthly on first and third Tuesdays. Bring 10-12 copies of your original poetry for gentle critiquing and suggestions. Short poetry lesson on the first Tuesdays and other special events as scheduled. Contact Lin Floyd at lin@sunrivertoday.com for more info. Newcomers welcome. St. George Senior Citizen Center, 245 N 200 W, St. George.

### Thurs, Sept 7

**OPEN MIC NIGHT AT EVEN STEVENS** 7-9 p.m. Free. 471 St. George Blvd., St. George.

### Fri, Sept 8

**JOSH LARSEN AT EVEN STEVENS** 7-9 p.m. Free. Josh Larsen is a singer/songwriter from St. George. 471 St. George Blvd., St. George.

**CAROLYN MURSET AT SAND HOLLOW RESORT** 6:30 p.m. Free. 5662 W. Clubhouse Dr., Hurricane.

**SAND AND STONE AT JAKEY LEIGH'S** 6:30-9:30 p.m. Free. 4 E. Center St., Kanab.

**BLAKE REID BAND AT DSU** 9 p.m. The Blake Reid Band is a country band from Canada. 225 S 700 E, St. George.

**CASABLANCA BBQ FEST** 1 p.m. Free. Award-winning BBQ vendors, events, and entertainment for the entire family. Tickets for food will be available for purchase. CasaBlanca Resort, 950 W. Mesquite Blvd, Mesquite.

**PAISLEY REKDAL LECTURE** 7 p.m. Utah Poet Laureate Paisley Rekdal will give a literary lecture. zarts.org. Canyon Community Center, 126 Lion Blvd., Springdale.

### Sat, Sept 9

**JOSH WARBURTON AT THE ZION CANYON FARMERS MARKET** 9:30 a.m. Free. Josh Warburton covers folk, blues, and rock with unique vocals and acoustic guitar. 1212 Zion Park Blvd., Springdale.

**ADAM DUNE AT EVEN STEVENS** 7-9 p.m. Free. Adam Dune is the frontman of St. George-based rock band The Dune Lunes. 471 St. George Blvd., St. George.

**SAND AND STONE AT SAND HOLLOW RESORT** 6:30 p.m. Free. 5662 W. Clubhouse Dr. Hurricane.

**JON STONE AT PEEKABOO KITCHEN** 8 p.m. Free. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 233 W. Center St., Kanab.

**SHOW AND SHINE CAR SHOW** 6:30-9 p.m. Second Saturday of the month. Live band. Bring your ride. There will be all types of vehicles. Main Street, Kanab.

### Sun, Sept 10

**MIKE & ELAINE AT EVEN STEVENS** Noon-2 p.m. Free. 471 St. George Blvd., St. George.

### Mon, Sept 11

**CONCERT IN THE PARK** Sponsored by the City of St. George with funding from the Utah Division of Arts and Museums, the State of Utah and the National Endowment for the Arts. Concert in the Park 2016 Series is free to the public. Don't miss the second Monday of each month April through September. Park seating is available, bring blankets, lawn chairs, food and the family. For more information call (435) 627-4525. Vernon Worthen Park, 300 S. 400 E., St. George.

**FRONTOTEMPORAL DEMENTIA SUPPORT GROUP** 12:30 p.m. Free. St. George Branch Library, 88 W 100 S, St. George.

### Tues, Sept 12

**OSU FALL RECITAL SERIES** 7:30 p.m. Free. Described as a "celebration of the joy and light around us." Tickets at (435) 865-2882 or heritagectr.org. Heritage Theater, 105 N 100 E, Cedar City.

**MEMORY MATTERS EARLY STAGE MEMORY LOSS SERIES** 10:30 a.m. 10-week course begins Sept. 12. Designed to benefit those with an early stage memory loss or dementia diagnosis and their care partners. Memorymattersutah.org. St. George Branch Library, 88 W 100 S, St. George.

**ULTRALIGHT RIGGING AND RESCUE** 8 a.m.-5 p.m. Workshop participants learn to rely on knowledge and skills rather than technology, accomplishing more with minimal lightweight gear. Canyonsandcrag.com/rigging-rescue. Canyons & Craggs, 644 N 800 W, Cedar City.

### Wed, Sept 13

**MEDITATION 101** 6:30 p.m. Meditation 101, a beginners class, is offered every month on the second Wednesday. Learn techniques to reduce stress and increase happiness through meditation. Class fee is \$10. For more information, contact Suzie at (435) 592-5191. Stone Path Energy Center, 150 W. University Blvd., Cedar City.

**DIXIE ARCHAEOLOGY SOCIETY MEETING** 7 p.m. Dr. Andrew McDonald presents "Native American Religious Symbolism: Mesoamerica and the American Southwest." Udvar-Hazy Building, Boeing Auditorium room 121, DSU, 225 S 700 E, St. George.

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# CALENDAR

## Thurs, Sept 14

**JAKE BARRETT AT EVEN STEVENS** 7-9 p.m. Free. 471 St. George Blvd., St. George.

**LIVING #FIRED UP METABOLIC SUCCESS SEMINAR** 6 p.m. Covers how to get a fat-burning workout done in 30 minutes how to create a fat-burning effect that last all day, the difference is between a healthy diet and a fat-loss diet, and how to distress. Fitness Level 10 Studio, 376 E. Sunland Drive #10, St. George.

**ARTISTS AT WORK IN THEIR STUDIOS** Noon. Video presentation of past and current artists working in their studios located in the Eccles Fine Art Center Grand Foyer. Sears Art Museum, 225 S 700 E, St. George.

## Fri, Sept 15

**MOVIE IN THE PARK: "The Batman Lego Movie"** 6 p.m. Vendors, entertainment and more! Movie showing starts at dusk. Washington City Veterans Park, 111 N. 100 E., Washington.

**CELLO FESTIVAL** Free for full-time DSU students. Master classes, recitals, and more. Dixie.edu/cellofestival. DSU, 225 S 700 E, St. George.

**JOSH WARBURTON AT JUNIPER RIDGE RESTAURANT & SALOON** 8 p.m. Free. Josh Warburton covers folk, blues, and rock with unique vocals and acoustic guitar. 2631 US-89A, Fredonia, Arizona.

**AUSTIN ROY AT EVEN STEVENS** 7-9 p.m. Free. 471 St. George Blvd., St. George.

**CASEY LOFTHOUSE AND NIC CHAMBERLAIN AT SAND HOLLOW RESORT** 6:30 p.m. Free. Casey Lofthouse is the frontman for local country band Casey's Classics, for which Nic Chamberlain plays lead guitar. 5662 W. Clubhouse Dr. Hurricane.

**CAROLYN MURSET AT JAKY LEIGH'S** 6:30-9:30 p.m. Free. 4 E. Center St., Kanab.

**SILVER REEF MUSEUM GALA RECEPTION** 6 p.m. The Silver Reef Museum and Foundation will host an open house with a ribbon cutting ceremony at 7 p.m. for its new Smithsonian exhibit. Light refreshments will be served. Silverreefutah.org. 1903 Wells Fargo Rd., Silver Reef.

**THE NAVITONES AT GEORGE'S CORNER** 8 p.m. 2 W. St. George Blvd., St. George.

**RAPPELLING OPERATIONS MANAGEMENT AND OUTDOOR LEADERSHIP** 8 a.m. Learn to manage and supervise non-tactical rappel operations. canyonsandcraggs.com/rappel-master. Canyons & Craggs, 644 N 800 W, Cedar City.

## Sat, Sept 16

**LYNDY BUTLER AT EVEN STEVENS** 7-9 p.m. Free. 471 St. George Blvd., St. George.

**BIG TOM AND GUNLOCK COUNTY AT SAND HOLLOW RESORT** 6:30 p.m. Free. Big Tom is an Irish country/folk musician, and Gunlock County is a local country band. Super Saturday event. 5662 W. Clubhouse Dr. Hurricane.

**JOSH WARBURTON AT PEEKABOO KITCHEN** 8 p.m. Free. Josh Warburton covers folk, blues, and rock with unique vocals and acoustic guitar. 233 W. Center St., Kanab.

**2017 HURRICANE HALF MARATHON & 5K** 7 a.m. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

**GENTRI** 7 p.m. Three Mormon singers. Dixie Center, 1835 Convention Center Dr., St. George.

**SOUL WHAT!?! AT GEORGE'S CORNER** 8 p.m. Soul What!?! is a local funk/rhythm and blues band. 2 W. St. George Blvd., St. George.

**REPERTORY MAGIC** 4:30 p.m. Witness scene changes and ask questions as it is happening. boxoffice.bard.org. Anes Studio Theatre, Cedar City.

**STRUT YOUR MUTT** 2017 10 a.m. Activities, music, vendors, food trucks, and more. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

## Sun, Sept 17

**TOM BENNETT AT EVEN STEVENS** Noon-2 p.m. Free. Tom Bennett is a blues man based out of SLC. 471 St. George Blvd., St. George.

## Tues, Sept 19

**DIXIE POETS** 2 p.m. Develop your poetic talents with a fun group of poets twice monthly on first and third Tuesdays. Bring 10-12 copies of your original poetry for gentle critiquing and suggestions. Short poetry lesson on the first Tuesdays and other special events as scheduled. Contact Lin Floyd at lin@sunrivertoday.com for more info. Newcomers welcome. St. George Senior Citizen Center, 245 N 200 W, St. George.

**JAZZ JAM** 7 p.m. Free. Every third Tuesday of each month. For information, call (435) 673-4206, email difiorecenter@gmail.com, or visit difiorecenter.org. DiFiore Center, 307 N. Main St., St. George.

**OSU FALL RECITAL SERIES** 7:30 p.m. Free. Iconic music from both classic and contemporary movies. Tickets available at (435) 865-2882 or visiting heritagectr.org. Heritage Theater, 105 N 100 E, Cedar City.

**OPEN MIC NIGHT AT THE LIBRARY** 5:30 p.m. Showcase your talent in music, dance, spoken word poetry or comedy. Prizes awarded in teen and adult categories (9th grade and up). Light refreshments will be served. Performer sign-up begins at 5:30 p.m. Performances begin at 6. (435) 986-0432. Santa Clara Branch Library, 1099 N. Lava Flow Drive, St. George.

## Wed, Sept 20

**DAN LAVOIE AT GEORGE'S CORNER** 7 p.m. 2 W. St. George Blvd., St. George.

**"THE TAVERN"** 8 p.m. A satirical comedy shifts the action and plot to locations and characters in Utah. Boxoffice.bard.org. Randall L. Jones Theatre, 300 W Center St., Cedar City.

## Thurs, Sept 21

**PAWS FOR TALES** 4 p.m. Children can read to registered therapy dogs. Free. St. George Library, 88 W 100 S, St. George.

**FINDING COMMON GROUND ON PUBLIC LANDS** 8 a.m. Conserve Southwest Utah and DSU Sustainability Club present a half-day conservation forum. Opening speaker is David Jenkins, president of Conservatives for Responsible Stewardship. Closing speaker is Dr. George Handley, associate dean of BYU College of Humanities. Gardner Center Ballroom, DSU, S 900 E, St. George.

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Peggy Trigg, *The Fallow Field* (detail), 12 x 36 in., acrylic, 2016 Artistic Excellence Award winner

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# CALENDAR

## Thurs, Sept 21

**LAWN DARTS AT SWISS DAYS** 5 p.m. Free. Lawn Darts is a rock band from St. George. sccity.org. Santa Clara.

**MESQUITE MOTOR MANIA SUPER RUN CLASSIC CAR SHOW** Sept. 21–24. Vintage vehicles, custom automobiles, and events. More than \$15,000 in cash prizes for winners and fan favorite contests available for car show participants, free car shows for all ages. Register a vehicle at superrun.com. CasaBlanca Resort, 950 W Mesquite Blvd., Mesquite.

**LIVE MUSIC SHOWCASE AT EVEN STEVENS** 7–9 p.m. Free. 471 St. George Blvd., St. George.

## Fri, Sept 22



**ESCALANTE CANYONS**

**ART FESTIVAL**

**WILD AND SCENIC FILM FESTIVAL**



The Escalante Canyons Art Festival will take place Sept. 22–Oct. 1 in Escalante. The artistic, literary, and musical gathering will showcase plein air artists painting throughout Wayne, Garfield, and Kane Counties. The event will also offer creative activities, educational programs, entertainment, a craft fair, and — new this year — an evening of films curated as part of the Wild and Scenic Film Festival, beginning Sept. 22 at dusk and screening a total of 15 films. More information is available at [escalantecanyonsartfestival.org](http://escalantecanyonsartfestival.org).

**JERRY ALLEN AT EVEN STEVENS** 7–9 p.m. Free. Jerry Allen is based out of St. George and cites Matchbox 20 and The GooGoo Dolls as influences. 471 St. George Blvd., St. George.

**NICK ADAMS AT SAND HOLLOW RESORT** 6:30 p.m. Free. Nick Adams is a singer/songwriter based out of St. George. 5662 W. Clubhouse Dr. Hurricane.

**TOM BENNETT AT JAKEY LEIGH'S** 6:30–9:30 p.m. Free. Tom Bennett is a blues man from SLC. 4 E. Center St., Kanab.

**DIXIE STATE SYMPHONY ORCHESTRA CONCERT** 7:30 p.m. Free. Town Square, 50 S. Main St., St. George.

**GLENDALE HERITAGE & APPLE FESTIVAL** 2 p.m. Bring your best apple dish to the town park by 2 p.m., judging begins at 3. Each entry must be at least 8"x8" or 9"x11". Glendale Town Hall and Park, 90 E Center St, Glendale.

**MANY MILES AT CANYON COMMUNITY CENTER** 7 p.m. Free. Many Miles is an alternative rock band based out of St. George. Donations benefit the Southern Utah Wilderness Alliance. Cuban Food by La Havana Cabana. 126 Lion Blvd., Springdale.

**RYAN SHUPE & THE RUBBERBAND AT SWISS DAYS** 7 p.m. Free. Ryan Shupe and the Rubberband is rock/bluegrass band from Ogden. sccity.org. Santa Clara.

**SPARK WOMEN'S LEADERSHIP RETREAT** 1 p.m. Sept. 22–24. Created by women for women to provide a safe environment where women can try new activities and learn new tools. Zion National Park, Utah 9, Springdale.

## Sat, Sept 23

**GLENDALE HERITAGE & APPLE FESTIVAL** 9 a.m.–4 p.m. Crafters, vendors, and food. Glendale Town Hall and Park, 90 E Center St, Glendale.

**CHANCE STEGLICH AT EVEN STEVENS** 7–9 p.m. Free. Chance Steglich is a singer from St. George. 471 St. George Blvd., St. George.

**VINYL FUSION AT SAND HOLLOW RESORT** 6:30 p.m. Free. Vinyl Fusion is a cover band based out of St. George. 5662 W. Clubhouse Dr. Hurricane.

**JON STONE AT PEEKABOO KITCHEN** 8 p.m. Free. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 233 W. Center St., Kanab.

**ENERGY HEALING CONFERENCE** 9 a.m. learn about energy healing, alternative health, motivation, relationships, family support, the power of thoughts and more. [Energyhealingconference.com](http://Energyhealingconference.com). Dixie Center, 1835 Convention Center Dr., St. George.

**OKTOBERFEST AT DUCK CREEK VILLAGE** Noon. German food, live music, and games in an outdoor venue. [Visitduckcreek.com](http://Visitduckcreek.com). Duck On In Saloon, 55 Movie Ranch Rd., Duck Creek Village.

## Sun, Sept 24

**NICK ADAMS AT EVEN STEVENS** Noon–2 p.m. Free. Nick Adams is a singer/songwriter based out of St. George. 471 St. George Blvd., St. George.

## Mon, Sept 25

**COLOR COUNTRY CAMERA CLUB** 6 p.m. The Color Country Camera Club is a fellowship of people with a mutual interest in photography who routinely gather at meetings and on field trips to share photographic knowledge and experiences. Attendees are at all levels of expertise, beginners to professionals. No fees or by-laws. St George Public Library, 88 W 100 S, St. George.

## Tues, Sept 26

**OSU FALL RECITAL SERIES** 7:30 p.m. Free. Henry Purcell, J.C. Bach, Romantic Era composers, and the MB3 Jazz Quartet. Tickets available at (435) 865-2882 or [visitingheritagectr.org](http://visitingheritagectr.org). Heritage Theater, 105 N 100 E, Cedar City.

## Wed, Sept 27

**KILLER KEYZ DUELING PIANOS AT MIKES TAVERN** 9 p.m. Each entertainer performs songs directly from the audience's requests. Tickets are available from bartenders or at the door or the night of the event. Must be 21 or older. 90 W. Hoover Ave, Cedar City.

## Thurs, Sept 28

**MR. CP'S JAZZ JAM AT EVEN STEVENS** 7–9 p.m. Free. 471 St. George Blvd., St. George.

## Fri, Sept 29

**SHANNON BIRCH VOCAL STUDIO STUDENT NIGHT AT EVEN STEVENS** 7–9 p.m. Free. 471 St. George Blvd., St. George.

**LIVE MUSIC AT JAKEY LEIGH'S** 6:30–9:30 p.m. Free. Musician TBA. 4 E. Center St., Kanab.

**ZION CANYON MUSIC FESTIVAL** 2 p.m. \$10 per day. Bands include Dirty Bourbon River Show, Hot Buttered Rum, The Reals, El Dub, Raven Cain, and DJ Lex. Food, arts and crafts, and more. [Zioncanyonmusicfestival.com](http://Zioncanyonmusicfestival.com). O.C. Tanner Amphitheater, 350 W. Lion Blvd., Springdale.



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# CALENDAR

**FINAL FRIDAY ART WALK** Thru Sept. 29, 5–8 p.m. On the last Friday of the month through September, Art Walk is held at various locations along Main Street and University Boulevard. Visit with artists, see beautiful art pieces made using a variety of media, and purchase a new piece to add to your collection. For information, visit [facebook.com/CedarCityArts](http://facebook.com/CedarCityArts).

**JERRY ALLEN AT SAND HOLLOW RESORT** 6:30 p.m. Free. Jerry Allen is based out of St. George and cites Matchbox 20 and The GooGoo Dolls as influences. 5662 W. Clubhouse Dr. Hurricane.

## Sat, Sept 30

**LIVE MUSIC AT SAND HOLLOW RESORT** 6:30 p.m. Free. Musician TBA. 5662 W. Clubhouse Dr. Hurricane.

**THE NATURALS AT EVEN STEVENS** 7–9 p.m. Free. The Naturals are an indie band from Santa Clara. 471 St. George Blvd., St. George.

**JONATHAN BRINKLEY AT PEEKABOO KITCHEN** 8 p.m. Free. Singer/songwriter from Portland. 233 W. Center St., Kanab.

**DAM RUCK 'N' RUN** Midnight. Race offers wide jeep trails, sandy washes, an abandoned dam, and much more. [tripledareruns.com/events/dam-ruck](http://tripledareruns.com/events/dam-ruck). Bitter Springs, Nevada.

**JORDAN YOUNG AT GEORGE'S CORNER** 8 p.m. Jordan Young is a blues musician from SLC. 2 W. St. George Blvd., St. George.

**NASCAR CAMPING WORLD TRUCK SERIES RACE** 5 p.m. Las Vegas Motor Speedway, 7000 Las Vegas Blvd. N., Las Vegas.

## Thurs, Oct 5

**LIVE MUSIC AT EVEN STEVENS** Noon–2 p.m. Free. Musician TBA. 471 St. George Blvd., St. George.

**TOM BENNETT AT PEEKABOO KITCHEN** 8 p.m. Free. Tom Bennett is a blues man from SLC. 233 W. Center St., Kanab.

## Fri, Oct 6

**JOSH WARBURTON AT JAKEY LEIGH'S** 6:30–8:30 p.m. Free. Josh Warburton covers folk, blues, and rock with unique vocals and acoustic guitar. 4 E. Center St., Kanab.

**MASON COTTAM TRIO AT SAND HOLLOW RESORT** 6:30 p.m. Free. Mason Cottam is a singer/songwriter from Cedar City. 5662 W. Clubhouse Dr. Hurricane.

## Sat, Oct 7

**JOSH WARBURTON AT JAKEY LEIGH'S** 6:30–8:30 p.m. Free. Josh Warburton covers folk, blues, and rock with unique vocals and acoustic guitar. 4 E. Center St., Kanab.

**NICK WHITESIDES AT PEEKABOO KITCHEN** 8 p.m. Free. Nick Whitesides is a singer/songwriter from Ogden. 233 W. Center St., Kanab.

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