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the 1st Friday
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November 2017 - Vol. 22, #9
Online at SUindependent.com

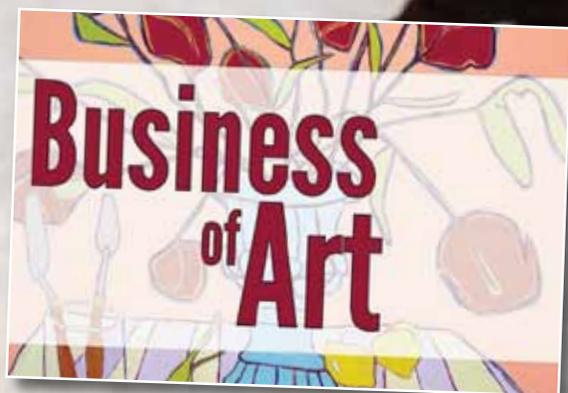
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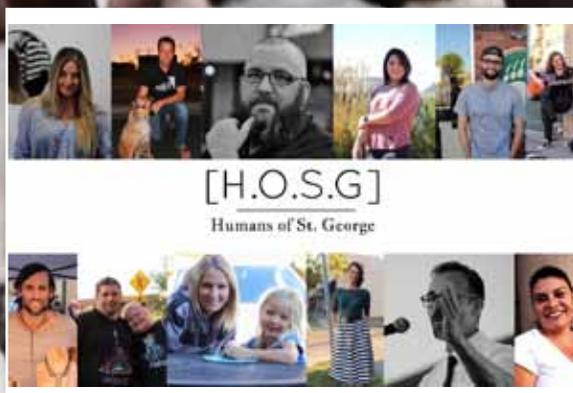
Color Country's Complete Guide To Arts ~ Music ~ Entertainment ~ Culture & More

**BEST FRIENDS INVITES YOU
TO YOUR BLACK FRIDAY
ESCAPE IN KANAB**
See page 3.

ALSO THIS ISSUE:



**DIXIE STATE UNIVERSITY HOSTS
BUSINESS OF ART SEMINAR**
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**NEW FEATURE:
HUMANS OF ST. GEORGE**
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**KAYENTA RAISES FUNDS WITH
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ON THE COVER: BEST FRIENDS INVITES YOU TO YOUR BLACK FRIDAY ESCAPE IN KANAB. SEE STORY ON PG 3.

The Independent ~ SUIndependent.com

Color Country's Complete Guide To Arts, Music, Entertainment, Culture & More

The Independent is published the first Friday of each month. All copies are distributed free of charge at over three hundred area locations throughout St. George, Cedar City, UT, Mesquite, NV & surrounding areas.

To contact us please call: (435) 656-1555 or write to: P.O. Box 3116, St. George UT, 84771.

Located downtown St. George at 40 N. 300 E. #103
Editor: editor@infowest.com

For advertising - Publisher Josh Warburton's email: ipc@infowest.com

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STAFF

Publisher: Josh Warburton
Managing Editor: Darren M. Edwards
Graphic Designer: Josh Segovia
Advertising Director: Cory Smith
Office Manager: Nikki Slade
Distribution Manager: Elliot Lockwood
Editor-at-Large: Dallas Hyland

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EDITORIAL

PUBLISHER'S PERSPECTIVE

By Josh Warburton

So I've written a bit about my own personal growth and process in previous articles. I've talked about wanting to do yoga more — get outside more and get more exercise — but alas, change really is hard. I have ridden my bike more, and my guess is that with the construction that's going on in Springdale through the winter months, I'll be doing more of that. That gets me outside, and I get some good sunshine and also some activity. And although I'd really like to be getting up a bit earlier every day, going for a short walk or doing a bit of yoga, I haven't gone too far down that path quite yet. I did, however, get the opportunity recently to teach a couple of yoga classes, which was exciting.

to compartmentalize it, observing of myself that I am feeling these things, that it's okay for me to feel them, and that I'm okay. And that I am enough.

My hope and plan is to keep building on this new habit. I feel like it has been helping me analyze my life, goals, dreams, and habits at a deeper level. In addition to feeling I'm better equipped to think and feel through these big life decisions, it's most practical in the present moment.

I had an incident happen recently where I witnessed a couple getting a bit aggressive with each other. I think my past self would have reacted immediately, possibly throwing myself into a potentially dangerous situation. Instead, I could hear a little internal voice as I watched their interaction telling me to stay present. I stayed calm taking mental notes of what was happening. I kept my phone at the ready if it had escalated, and stayed out of it. Even though I never want to watch anyone fighting, there's definitely a time and place to intercede. I credit my daily meditation for my being able to pause, assess, and react appropriately.

For anyone interested in starting a



Something I have been doing everyday, though, is meditating. Six months now of daily meditation, each and every morning. I'm quite proud of that streak, and for good reason ... like I said, change is hard! And even though I haven't yet been able to get myself motivated to be more active in all of the areas I'd like to, the meditation itself has been a really good start. At the very least, I seem to have more clarity on those things and my desire to do them. It seems that's what I'm getting the most from my new habit of daily meditation: clarity and vision. And not just in these areas of self improvement but in all areas of my life. It seems to give me the ability to see myself in each situation, which has been fascinating.

What I had been told to expect with daily meditation has really happened. When events unfold in my life, I now seem to have a much better ability to stay clear headed about what is happening in the moment without getting emotional. That's not to say I'm feeling less emotions — I actually feel like I'm feeling more emotions lately — but it's somehow different. I don't think I've lost my temper once, lashed out in anger, or called someone a bad name in that time. I'm sure that would seem like a really strong claim, but I believe it's true.

While I certainly have felt anger, pain, sadness, loss, and grief, I'm somehow able

daily meditation, I'm happy to share with you my tips for success. I highly recommend doing it daily, and first thing in the morning has been what's worked best for me. My rule is that I don't get out of bed until I've done it (even though most of the guided meditations direct you to sit comfortably). So even if I'm running late or need to get somewhere, I tell myself I absolutely must meditate first as a form of required self care ... I just might keep it a bit shorter. And to keep it interesting, I've downloaded three different meditation apps: Headspace, Calm, and Meditation Studio. Only the last one of those cost any money, and I think it was \$3.95 with free downloads of all their guided meditations. The first two do charge to download additional meditations. The other thing I do to assure success is to not demand it be of any certain length ... a number of the meditations are only five or six minutes long, and sometimes I do ones as long as 30 minutes. Having that flexibility in my program seems to work well for me.

I'm sure it'll be interesting to see how I feel about all of this in another six months. Hopefully, by then I can share with you other successes relating to it.

Have an enjoyable month! Happy reading.

EXCLUSIVE: TUNE IN EVERY SUNDAY!

Sunday Edition

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Local Community News	A Local Hike in southern Utah	A Community Poll Fun New Stuff Each Week!
Opinions Pieces	Local Features & Stories	



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EVENTS

YOUR BLACK FRIDAY ESCAPE IN KANAB By Carrie Smith

Bye bye, Black Friday. Hello new best friend! Join Best Friends Animal Society for a different kind of Black Friday event at the visitor center in downtown Kanab. Lovable cats, kittens, dogs, bunnies, and birds will be ready to help you escape the holiday shopping frenzy. Enjoy super-low adoption fees. Some will even be free! Come by on Friday, Nov. 24 from 10 a.m. to 6 p.m. or Saturday, Nov. 25 from 9 a.m. to 4 p.m. Located at 235 S 100 E in Kanab right next to the Holiday Inn. Learn more at bestfriends.org/visitorcenter.

Skip the crowded cities and shopping malls. Join us in Kanab for a small town holiday experience.

Kanab activities

- Turkey Trot Fun Run (Thanksgiving morning)
- Black Friday specials at local merchants and discounts at restaurants
- Free Santa photos at Best Friends Visitor Center on Saturday 4:30–6 p.m.

—Parade of Lights (Christmas parade on Saturday night through downtown)
—Other holiday festivities throughout Friday and Saturday include carolers, fire pits, and a live nativity scene

The mission of Best Friends Animal Society is to bring about a time when there are No More Homeless Pets. We do this by helping end the killing in America's animal shelters through building community programs and partnerships all across the nation. By implementing spay/neuter and trap-neuter-return (TNR) programs to reduce the number of animals who enter shelters, and increasing the number of people who adopt pets, we know we can end the killing.

At the heart of Best Friends is the Sanctuary, where, at any given time, about 1,600 animals are turning their lives around, receiving the medical help they need, and getting love and acceptance to help them overcome their past. While searching for their forever homes, they live in a scenic, healing environment among human and animal friends.

Best Friends owns nearly 3,700 acres, and we lease another 17,000 acres of state and federal land. Nearly 30,000 people visit every year to meet the animals and tour what has become the nation's largest no-kill sanctuary for companion animals.

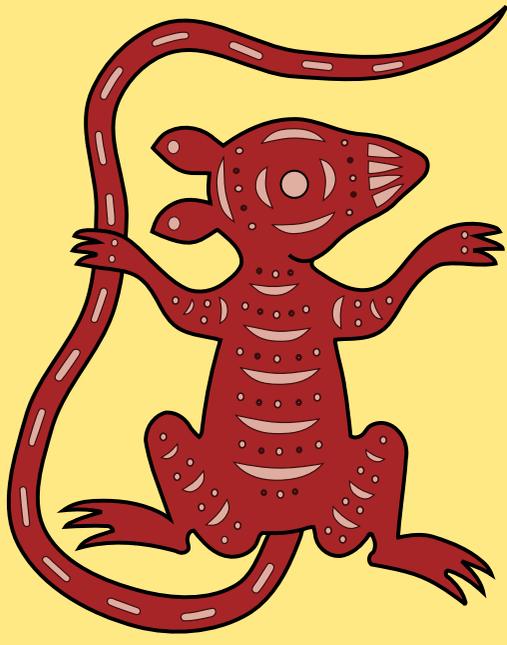
We believe that by working together we can Save Them All.

Carrie Smith is the manager of community engagement at Best Friends Animal Sanctuary in Kanab.

Find more opinions daily at SIndependent.com

the desert rat

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EVENTS

DSU HOSTS BUSINESS OF ART SEMINAR

The Business of Art is a yearly seminar held at Dixie State University featuring keynote speakers and presenters on how to make money from selling art. These speakers will teach how to use social media as a network to communicate and share exhibits, classes, and opportunities.

The seminar is intended to instruct

about the business of selling art and turning a hobby into a career.

This year's workshop will feature presentations by event director Kathy C. Cieslewicz, curator for the Sears Museum Gallery, and event founders Paul and Susan Bingham. Keynote speakers will be illustrator and painter Dilleen Marsh and visual artist Amy Jorgensen.

It costs \$50 to register for the Business of Art. Prospective attendees can register at searsart.com.



GLADYS KNIGHT PERFORMS IN CEDAR CITY

SUU Alumni & Community Relations will bring seven-time Grammy Award winner Gladys Knight to southern Utah. Knight is coming to the Southern Utah University Centrum Arena, located at 351 W. University Blvd. in Cedar City, on Dec. 7. The concert begins at 8 p.m. The show features Knight performing some of her greatest hits and holiday favorites. Tickets are \$30 for adults and \$25 for youth and are available online at thirdtickets.com. More information about this or other shows presented by SUU Alumni & Community Relations is available by calling (435) 586-7700.



BRIGHAM'S PLAYHOUSE PRESENTS "PLAID TIDINGS"

Brigham's Playhouse will present a performance of "Plaid Tidings" Nov. 23 at 7 p.m. Struggling to make it as a swing and standards harmony group, the Plaids are suddenly wiped out by a school bus while driving to their first real gig. Nearly fifty years later, they've returned to Earth to put on a holiday special they never performed, and he foursome puts on a posthumous performance, singing with Perry Como onstage. The Plaids will bring back holiday classics with a Forever Plaid twist such as "Jingle Bells," "Twas the Night Before Christmas," and "The Dreidel Song." Sprinkled among their holiday

offerings are audience favorites like their three-minute version of "The Ed Sullivan Show," this time featuring the Rockettes, the Chipmunks, the Vienna Boys Choir, and a Plaid Caribbean Christmas.

Ticket prices range from \$17 to \$23. Brigham's Playhouse is located at 25 N 300 W #C1 in Washington.



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70's Themed



Fundraiser for
Habitat for Humanity of Southwest Utah

What: Habitat's 70's Themed Casino Night Fundraiser
When: Saturday December 30th, 2017 • 6pm - 10:30pm
Where: Hilton Garden Inn - 1731 S Convention Center Dr, St George, UT 84790
Tickets: \$50 prior, \$75 at the door.
Can be purchased online at habitatswu.org or at the ReStore

Habitat for Humanity of Southwest Utah | 835 South Bluff Street | St George, UT 84770 | (435) 674-7669

EVENTS

DICKENS' CHRISTMAS FESTIVAL

The 2017 The Dickens' Christmas Festival, a re-enactment of 19th century London, will take place in the Dixie Convention Center in St. George Dec. 1. It will begin at 10 a.m. and remain open until 9 p.m. The festival is created to be the best-selling experience of the year. Guests will wind through narrow village streets as they



shop for gifts. Guests will be see the "Olde London Towne" come to life. Thousands of customers will attend and experience the holiday festival and take home treasures and memories. Ticket prices are \$7 for adults, \$6 for seniors 65 or older, and \$5 for children ages 4-12. Children age 3 or younger may enter at no charge. More information is available by contacting Brittany Dell at (435) 688-2990 or britdell@yahoo.com.



RED ROCK FILM FESTIVAL

The 11th annual Red Rock Film Festival will be held at the Ramada Cedar City, located at 1575 W 200 N in Cedar City, and at various other locations around Cedar City starting Nov. 11. Admission is \$3 per movie or \$250 for a full all-access pass. It is an artist's retreat for film, cuisine, parties, and workshops with industry professionals. The film festival will feature screenings of more than 60 new films with filmmakers and upcoming actors. From westerns and adventure sports documentaries to international dramatic features, the festival is just a 2.5-hour drive north of Las Vegas and offers a location to see films with both Cedar Breaks National Monument and Zion National Park nearby. The festival allows all ages. More information is available

by calling (435) 705-5555 or visiting redrockfilmfestival.com.



KAYENTA RAISES FUNDS WITH MOVEMENT MARKET

On Nov. 11 at the Lorraine Boccardo Theatre in Kayenta, the Kayenta Arts Foundation will host Movement Market, a fusion of visual art, performances, and an auction. The St. George Dance Company will perform along with musical presentations by performers including Brodie Perry. A live auction of featured pieces donated by artists residing in southern Utah will round out the evening. The event will generate the final funds needed to complete the outfitting for the theater. Complete with dessert and beverages, the silent auction will begin at 6:30 p.m. Performances interpreting select pieces of art will commence at 7:15 p.m. The live auction will begin at 8 p.m. Tickets are \$25.



RON SMITH GIVES LECTURE ON DARK ENERGY, DARK MATTER

On Nov. 8 at 7 p.m., Ron Smith will give a lecture about dark energy and dark matter at the Lorraine Boccardo Theatre in Kayenta. A retired astronomy professor and planetarium lecturer, Smith will tell the story of how astronomers feel confident that the universe mainly consists of matter we cannot see and energy we cannot directly observe.

All the observable light in the cosmos as well as all the observable galaxies make up only about 4 percent of the energy and matter of the universe. About 73 percent of the universe is dark energy, which causes the universe to expand at an accelerating rate. Another 23 percent is dark matter, which provides a "gravitational glue" to hold galaxies, as well as clusters of galaxies, together.

Tickets for the lecture are \$7.





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DSU BREAKS GROUND ON HUMAN PERFORMANCE CENTER

Dixie State University hosted a groundbreaking ceremony Oct. 25 to celebrate the addition of the institution's Human Performance Center.

The ceremony, which drew a crowd of nearly 350, commenced the construction process for the fitness and allied health facility.

DSU is working with Layton Construction, MHTN Architects, and Hastings+Chivetta design services on the facility, for which construction began the following week and is expected to be finished prior to the 2019 fall semester. The \$55 million project is funded by appropriations from the Utah State Legislature and student fees as well as by donations from Washington County, the City of St. George, and private contributors.

The facility will hold the specialized classrooms and labs DSU needs to offer health and human performance programs such as recreation and sport management, population health, and exercise science. The center also will provide the space necessary to partner with the University of Utah to offer physical and occupational therapy programs in southern Utah.

In addition to housing DSU's campus recreation and intramural programs, the building will include exercise facilities such as basketball courts that convert to indoor soccer venues, a student fitness center, a climbing wall (the largest on a Utah campus), and an indoor track that connects to an open-air rooftop track via a suspended

sprint track. Additionally, the roof will provide space where the university can host outdoor events.

The center will feature a 50-meter olympic-sized swimming pool with deck and spectator space, making it the only pool in southern Utah to meet NCAA requirements to host Division II meets and the second in Utah to do so.

The Human Performance Center also will cater to the needs of southern Utah's event-based tourism industry. The facility will be equipped to host local, regional, and state high school swim meets, Huntsman World Senior Games competitions, and community-sponsored sporting events.

UTAH JUDICIAL PERFORMANCE EVALUATION COMMISSION APPOINTS CURTIS JENSEN AS COMMISSIONER

The Utah Judicial Performance Evaluation Commission announced the addition of a new commissioner, Curtis Jensen. He is a founding partner of Snow Jensen & Reece, P.C., one of the largest locally owned and headquartered law firms in St. George, and a former president of the Utah State Bar.

"In addition to his thriving legal practice, Curtis Jensen is very active in his southern Utah community, and as such, he brings an important perspective to our Commission," said John P. Ashton, Chair of JPEC.

Jensen has been recognized for multiple years as one of Utah Business Magazine's Legal Elite and Super Lawyers and has served on numerous committees of the Utah State Bar. In addition, he has been tapped to serve on boards of many local organizations, including as board member and chairman of the Washington County School District Foundation, board member of Habitat for Humanity of Southwest Utah, committee member of the Santa Clara Economic Development Committee, chairman of the Santa Clara City Land Use and Planning Commission, and cofounder and past

board member of the Snow Canyon Youth Basketball Association.

Jensen joins the independent, 13-member Utah Judicial Performance Evaluation Commission, established by the Utah Legislature in 2008. The commission collects and disseminates research-based information to voters about the performance of the approximately 200 judges who serve throughout the state. The legislative, judicial, and executive branches of government each appoint several commissioners to the commission. No more than half of the commissioners may be attorneys, and no

more than half may belong to the same political party. Jensen's appointment is by the Utah House of Representatives.

The Utah Judicial Performance Evaluation Commission produces evaluations of judges so Utah voters may make informed decisions about retaining a judge in office. Judges also use the evaluation results to improve their performance. The commission's goal is to support quality judging in Utah by promoting public accountability of judges while ensuring that the judiciary remains an independent branch of government.

ROCKVILLE RECEIVES PLEDGE OF \$75,000 FROM ECCLES FOUNDATION FOR BRIDGE RESTORATION

The George S. and Dolores Dore Eccles Foundation recently pledged the Town of Rockville a last grant of \$75,000 towards the preservation of the Rockville Bridge. Bearing unique historical, technical, and technological significance, it is the last Parker through-truss bridge in the state.

"Our directors look forward to joining with the many area citizens, along with the state and federal governmental entities, in the funding partnership that is making possible the rehabilitation of this historic bridge," the foundation said in a statement. "We admire your local community members for their commitment to maintaining Rockville as an agrarian 'small town,' and to

protecting this landmark bridge, which still serves an important purpose in providing access within areas of your community and to historic Grafton, Utah. We hope our last dollar pledge will convey to others our belief in the value of this project, and that it will be helpful to you in securing additional gifts and grants needed from other individuals, companies, and foundations."

Rockville has successfully raised much of the funds required to match (\$243,685 of \$469,250) a federal grant to complete the restoration of the bridge. This includes individual donations (over 97 percent of Rockville citizens have given), additional grants from the National Trust for Historic

Preservation and the Simmons Family Foundation, and a variety of special events, all planned by the Historic Bridge Fundraising Committee. The state showed its support by joining in the preservation of this historic bridge with the \$100,000 appropriation.

The Rockville Bridge was built in 1924 with federal funding to Zion National Park to provide a transportation link between national parks in Utah and Arizona. This 217-foot steel bridge was placed on the National Registry of Historic Places in 1995. The bridge has served visitors and residents of Rockville and Zion Canyon for over 90 years and has many years of life left. It was

recently featured in a Utah Humanities Council Beehive Archive radio segment, found in their collection at utahhumanities.org/stories.

Today, Rockville is a town of only 247 residents, and the town remains primarily a residential and agricultural community. Restoration was the favored choice of community members.

Fundraising efforts continue, with a goal of \$202,550, to ensure the preservation of the bridge. Donations can be made to the Town of Rockville, 43 E Main St., Rockville, UT 84763 or online at rockvilleutah.org.

SUU WINS OUTDOOR NATION CAMPUS CHALLENGE

Southern Utah University recently won the title of 2017-18 National Outdoor Champions. After four weeks of competition, Outdoor Nation officially declared SUU "The Most Outdoorsy School in the Nation."

SUU also won the title of 2015 Outdoor Nation Champions. SUU officials took a break in 2016 but were invited by Outdoor Nation to return this year. The number of competing universities since 2015 nearly doubled in size, amplifying the competition.

SUU amassed 291,729 points, a 97,971-point lead over the next closest university. Ninety-one other schools competed, including Utah State University, University of Maryland, University of Arizona, and University of San Diego.

The ON Campus Challenge began Sept. 18 and ended Oct. 15. More than 2,300 people participated for SUU ranging from students, faculty, staff, alumni, family, and friends, who logged a total of 14,974 outdoor activities.

SUU President Scott L. Wyatt proved

that he's the most "outdoorsy president" by personally earning 3,477 points, placing him second for SUU and seventh in the nation.

Wyatt even hosted a campus campout on the last weekend of the competition with over 150 campers sleeping under the stars at SUU. The event included music, free food, outdoor activities, campus ghost tours, and morning yoga.

During the four-week competition, participants downloaded the Outdoor Nation app and posted photos of their outdoor adventures. Approved activities included biking, camping, hiking, swimming, caving, climbing, stargazing, and anything that helped people recreate outside. Participants could post up to five times a day and receive points depending on the difficulty of the activity.

Amanda Runge, SUU event coordinator, took first place for SUU and third in the nation. Runge posted five activities every day of the challenge. She led daily runs and helped organize the campus campout.

Abigail Wyatt, SUU's student representative for Outdoor Nation, was critical to the university's success. After signing SUU up, Wyatt established an organizing committee assembled of individuals and departments across campus who worked together to create multiple events that students could easily participate in during the four-week competition. Events included daily hikes and runs, weekly yoga sessions, outdoor classrooms, climbing clinics, service projects, mountain biking experiences, and hammock villages.

"Our committee had so much enthusiasm for the event across campus," said Abigail. "This is why SUU is so deserving of this award. Everyone contributed in various ways and found creative solutions to make SUU victorious. We really came together and made this a campus-wide experience."

Departments that planned and hosted events consisted of staff, faculty, and students from the Community

Engagement Center, Ashcroft Observatory, HR, Presidential Ambassadors, Frehner Museum, First Year Experience, SUU Outdoors, Marketing, Faculty Senate, Staff Association, the SUU Greenhouse, Rural Health Scholars, the Outdoor Engagement Center, and SUUSA.

Even local businesses found a way to participate and give back to SUU. Outdoor Vitals donated backpacks and sleeping bags and Cedar Sports offered discounts for participants and sponsored a free mountain biking clinic every Friday.

ON Campus Challenge is committed to reconnecting individuals with the outdoors. It is an initiative dedicated to inspiring and encouraging college students and the community to be outdoor enthusiasts. It also aims to combat the inactivity crisis prevalent among many youth and young adults in America. Being active and outside also reduces stress, increases one's ability to concentrate, and positively affects physical, mental, and emotional health.

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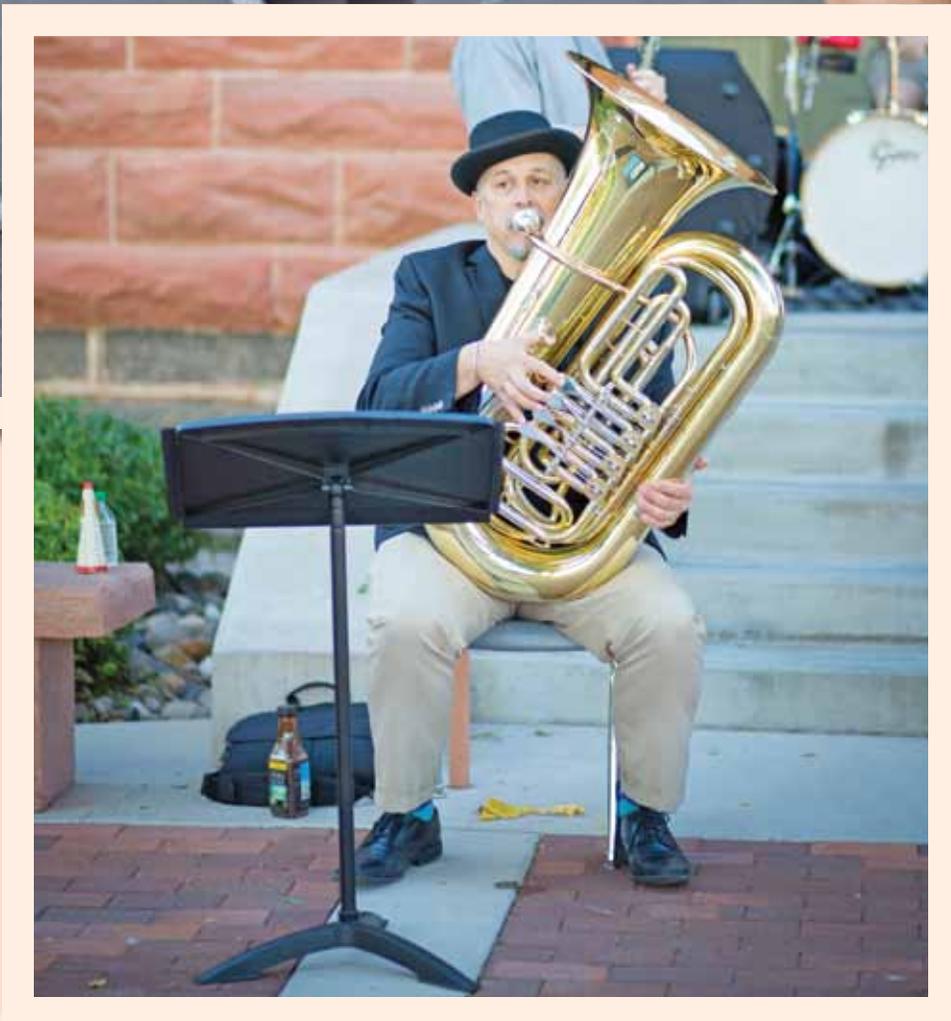
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GEORGEFEST BRINGS PEOPLE TOGETHER
By Nicole Burt





I often hear locals lamenting either that St. George is changing too fast, leaving behind the small town they've always known and loved, or that it's not changing fast enough. Change, progression, and the embracing of diversity often feeling like an overwhelming battle. But every time I attend Georgefest, I find both of these sides mixing together, enjoying all of what made, makes, and can make St. George great.

This beautiful photo essay by Wi9 Photography owner Nicole Burt captures the energy of Georgefest, energy that helps people forget their differences and come together.



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MAGIC HAPPENS WHEN YOUR MIND IS BLANK

By Scott Dunford



Ever wonder why some days you have a round that seems effortless? Everything you look at seems possible. More often than not, you pull off amazing drives or drain putt after putt, giving

you a record-setting round that you just can't duplicate again for some reason! Why is that? It's so frustrating and mesmerizing when it returns two weeks or two years later!

Here's my opinion about this subject and I welcome yours. It's seems when I'm playing a great round, I'm only focused on one or two fundamentals. not three or four.

My mind is relatively clear from anything else that's troubling in my life. I'm free from thoughts about work, a fight I had with a spouse or friend, or the guy who can't go golfing without his cell phone on. You just can't play this crazy game unless you can self hypnotize or find a Zen within yourself, a feeling of ease and tranquility. Professional athletes pay big bucks for mind coaches to help them become better at focus and confidence in themselves. Pushing away self doubt and "Am I good enough to play at this level?"

Mind coaching is not for those who lack mental toughness. It is for those who have already reached a level of skill in golf or anything else. Confident, successful people are not afraid to discover just how much higher they can climb. They seek out help from others or have an ability to self educate and meditate on a higher level than most.

I was watching Pat Perez this past month win his third PGA Tour event since turning pro in 1997. Why only three wins in 20 years and two of them in 2017? I think something clicked for him at the 2017 OHL Classic at Mayakoba and again this past month's at the CIMB Classic. With his last win over eight years ago in 2009, he tied for fifth immediately following the CIMB Classic win at the CJ Cup in Soul Korea. His mind is clear for now, and he's dialed into a feeling that he can compete. Like so many others on tour, they're all crazy good from tee to green, but it's that critical short game that determines winners from runner-ups. Mind games can creep into your head, and then you're in trouble with the smaller muscles in your hands, arms,

and shoulders. They tense up or become too loose. The larger leg and back muscles can go on automatic pilot, but the muscles required to hit a properly judged chip or putt require a well balanced mind clear of any distractions from the outside world.

My suggestion to anyone having trouble with consistency is to practice more but also get to a point where you know what you need to do before you hit that shot. See it in your mind and feel it in your body. Relax and empty out what's been in your thoughts all week or just a few moments ago. Go to a happy place like from the movie "Happy Gilmore." Take out any thoughts of self doubt or a memory from a poor shot. You won't make everything, but you'll differently be more consistent. That's worked for me when I can pull it off. It's not easy, and not easy for the pros who are winning right now. I once heard a commentator say about Tiger Woods, "There's a beautiful mind." How else could a professional reach the level of confidence and maturity that

Tiger once had? I think due to his troubles in his personal life, he's lost that ability to clear his mind and keeps thinking about what once was: a happy family life and "I'm the best out here!" Years ago, I walked next to Jack Nicklaus on a final hole. He was having trouble pulling his drives left. I'll never forget what he said to himself. "Come on Jack, show these people who your are!" Last month during a round, I had several negative thoughts running over and over in my mind. I shot the worst round I've played in 10 years! I tried everything to get it back that day, but I'm certain now it was those thoughts about money issues, deadlines, and romance gone bad. My hands, shoulders, and back were tense. The next round, I relaxed and emptied my mind. "I'm here to have fun," I kept saying! My game returned, plus a valuable lesson was learned. Golf shouldn't be a game of effort for your body or your mind. It should feel effortless.

See ya on the links.



YOUR MONTHLY GOLF TIP

PERFECTION IS THE KEY TO PRACTICE

By Adam Schwartz

I have concluded two very important factors that will influence an individual's desire to enjoy a round of golf: Practicing your short game (chipping, pitching, putting, and sand shots) and having the opportunity to observe an array of players hit range balls for a period of time.

"People watching" on the driving range has the potential to be one of the last great free shows in entertainment to witness in person. People's emotions tend to show up ominously when hitting range balls. The best part is that it's free just to sit and watch these spectacles. The sounds of the driving range usually involve grunting, cussing, moaning, and heavy panting from errant mishits. For several golf connoisseurs, the driving range is a way to release frustration and

should be encouraged; however, for the diehard range player, this could be the way of life. So I would like to help these diehard divot diggers this month to help make their range game transform their golf game.

Preshot routines are important when hitting balls on the range. Swinging consecutively, ball after continuous ball, will yield unfavorable results that won't be consistent with any particular goal a golfer would want to possess. Preshot routines lead to better focus, more consistent results, less nerves, and better golf. The average golfer will score 95-100 on 18 holes, which means on their best putting day and chipping day they will swing 40-50 full shots over a 4-hour round of golf, yet on the driving range they will

hit a 100 balls in a half hour?! Taking one's time practicing is important to developing trust in their swing. Time your preshot routine, making sure it's consistently the same amount of time. Having a preshot routine that is within 1-2 seconds of your average 100 percent of the time is much more of an accomplishment than hitting 100 balls with a driver as quickly as possible. Try hitting 30 balls in an hour instead of 100 balls in half an hour.

A common theme that helps players dial in their own games on the range is to practice with all the clubs, not just one's favorites. It is important to change clubs every 2-3 swings, such as moving from a wedge to an iron, an iron to a wood, or a wedge to a hybrid, for example. Physically, the body will learn to adjust

as it does on the golf course to different weighting and lengths that differ between all the clubs. It is very rare (unless you are putting) that you will use the same club in consecutive shots, so why would one practice that way?

Focus on practicing with your wedges 50-66 percent of the time. A great way to tell any great short game player is to see how much his grips on his wedges are worn down compared to all his or her other clubs. A great wedge player can hit various distances with a particular wedge based on preshot routine, technique, and trust through experience.

Adam Schwartz is a class A PGA professional and pro of the Oasis Golf Club in Mesquite.

OPINION

LETTER TO THE EDITOR: PAVING THE TONAQUINT COMMUNITY GARDEN

St. George city elections are coming up on Nov. 7. One issue at hand during an election year is that the city would like to pave over the Tonaquint community



garden to provide additional parking for the Thunder Junction All-Abilities Park.

I view the city council much like consultants to the people. You do work for the people, but it is more of a side-by-side interaction while working for the same cause. However, in regards to the Tonaquint community garden, I was told that, "No one was anxious to move the garden, but it wasn't done without input. Much discussion and feedback occurred by email, phone, and in person." This statement perplexed me because the members of the community garden were blind-sided by this decision on June 2 this year. No one had any knowledge of these discussions referenced. Imagine the State of Utah deciding to plow down the city office with no collaboration of the city council or staff ... I imagine that would be unheard of.

I called the city to see what could be done and was told we could start a petition. I pursued this angle, and we received about 650 signatures, or 7 percent of the total winning vote count of the last municipal election against this city action of people who live in St. George. When I attempted to offer my hard collaborative work to the city, she and others were told, "Petitions don't matter." Yet another perplexing and unappreciative statement.

So what are the pros of paving over the community garden? Pros for paving over the community garden: More parking places for the park, and appease the constituency who are asking for more parking.

Allow me to briefly refute each. There are 17 handicapped, 82 paved, and 60 gravel parking spots to bring a total of 159 spaces. A community garden member has kept a log since she learned of the city's decision. With 35 entries from June to August the data

indicates an average of 13 parking spaces in use. A mode of 12 parking spaces in use. A max of 33 parking spaces in use. You could triple the max and still have enough paved parking.

The second pro: To appease your constituency, have you kept track of how many people have requested parking through phone, email, and in person? If so, are they aware you plan to pave over the community garden and that park attendance decreases over time?

Some people may pray for a little extra cash, but they don't want grandma to die so they can collect on their inheritance. I don't believe most people would want parking like this.

Let's review the pros of the community garden. It is an adult park where we learn

and grow. It encourages self-reliance and betterment. Over 1,400 lbs. of produce is donated to the local food kitchen each year, which is more than a parking lot can produce! This amount increases year after year as the soil improves. Encourages healthier eating. We benefit from one another's gardens and build friendships. The city will save money on the relocation and proposed parking lot by leaving it.

I could go on with this and other points, but in conclusion, I do not see why the city council has acted this way and how they justify this action. In this voting year, I hope we can consider voting for members who will serve the people rather than dictate to them.

—Teisha Field, St. George City resident



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OPINION

MORMONISM AND THE PARANORMAL: ARE LDS FOLK AFRAID OF GHOSTS?

By Your Mormon Auntie
(Suzanne Kauer Beasterfield)

These days, Marlene dabbles in paranormal investigation. But in 1999, she was a regular hard-working supervisor for Amerigo, Inc. One Saturday, she was working on payroll alone after midnight when she heard the adding machine in the secretary's office start to run and spit out paper. She thought little of it — they were always jimmy-rigging things to get them working and figured it had just gone haywire. She flipped its switch on then off, and it stopped. Exactly five minutes later, it started again, and again she flipped the switch on, then off. When it happened a third time, she was annoyed. She flipped the machine over to take out its batteries, but there were none in the machine. She followed the cord from the machine to the floor and — you've guessed it — it wasn't plugged in. Marlene says she paused for just a beat and then, without thinking, called out into the empty room, "Stop that right now. I won't put up with it."

She finished payroll without further incident but did a bit of soul-searching and questioning her sanity for the remainder of the weekend. The next Monday, she told the secretary, Grandma Claudia, about the experience. Without the least bit of hesitation, Grandma Claudia told her it was just the little boy who haunted that floor and how he was a bit of a prankster. There was no fear, no guile, just a matter-of-fact acknowledgment. She went on to tell Marlene that there was a woman on the upper floor who was particular about things being moved, and a "grumpy old man" in the basement. She should run from him, she was told.

This might be any story told any October in America or any episode from one of those ghostly "reality" TV shows, but

this one has a twist: Marlene is an active Mormon, and Mormons tend to stray away from the believing side of this sort of thing, which is actually kind of strange. Central to our faith is a belief in certain supernatural interactions. Should it be a stretch for us to be believers in the paranormal? Why is Moroni okay but not other entities? Heck, anyone who has spent much time doing genealogy or talking to family history buffs has certainly heard tales of long-deceased Grandpa Ira (or the like) making connections to the living. Why, then, are some of us squeamish about other types of ghostly encounters?

Marlene is now a member of Spiro Paranormal Investigators. Her group investigates creepy reports in Pocatello, Idaho, and in October they set up Haunted History Tours to raise money for Old Town Pocatello. She found them when her father encouraged her to enter their story contest. The little boy at Amerigo was good for a free dinner and two free tickets to that year's tour. She took her dad, and as they went from venue to venue Marlene would tell her father her initial impressions or thoughts she had about who might be haunting that building. Her impressions, it seems, were spot on. After several rounds of telling her father exactly what the tour guide was about to say, her father brought Marlene's gift to the attention of the group. They invited her to one of their investigations where, once again, she felt the same things the other team members felt. There was a woman spirit there, Marlene sensed, who was curious about the living visitors but seemed a bit afraid to stay too near them. As Marlene thought this, another member of the group said, "I get the idea that there's a woman here — and she's kind of skittish."

Marlene didn't dive into her paranormal investigator role without considerable hesitation. Thanks to the unquestioning confirmation of her late-night payroll experience by Grandma Claudia ("So I'm not crazy!") and the support of her dad, Marlene didn't question her ability. That part was fine. She just didn't know if it was okay that she could do this. She says she spent hours reading scriptures and praying to know what to do. Where did this fit with her faith? Her conclusion was that she has a gift, and spiritual gifts are meant to be developed and used. When she first started with Spiro she would get impressions and feelings, but she didn't actually see ghosts. She says it works the same way as feeling the Holy Ghost. The more she has focused, practiced, and worked on it, the more the gift has evolved. Now she gets distinct images and voices in her mind. Marlene will tell you she still isn't sure exactly what she's supposed to accomplish with her gift, but she is confident that it isn't crazy and it isn't evil. Maybe that's the issue

for some Mormons: We figure there are good or righteous spirit encounters and bad or evil ones — and we don't want the bad. We don't want to be lead to the dark side.

It should be pointed out that not all of Marlene's experiences are simple feelings or impressions. She and her team have been poked, pushed, and pinched. They've recorded voices. Once she and a female colleague were near a cupboard that suddenly and loudly shut. The other woman was then pushed down but Marlene caught her from behind and stood her back up. When they settled down again there was a large dusty handprint on the woman's breast — at an angle that couldn't have come from her own or Marlene's hand. During the same investigation, another member of their group manifested a handprint on her derriere. This spirit, they concluded, was a bit of a creeper creep. But not all of the entities are angry, skeevey, or evil: Some are playful or lost or just don't want to leave our world. Marlene relates that a group of children told their aunt that they had been playing with the ghost boy at Amerigo. The aunt told them to tell the boy to "go toward the light." They reported back that the little boy told them he "couldn't see the light anymore." Marlene says the spirits are sometimes manipulative, though, and they tell people what they want to tell them — not necessarily the truth. Marlene's ghosts have personalities, flaws, and quirks. Maybe that's our answer to the fear about seeing the right kind of spirit: Maybe we should look at encounters with the supernatural not as decidedly "good" or "evil," per se. People in our world aren't 100 percent evil or 100 percent good. Why should people in the afterlife be any different?

Marlene and her group will confirm or deny your claims that your building is haunted, but they don't handle ghost evictions. She says she stays quiet when they are asked about it, and she lets the founding members recommend that building owners talk to their bishops or other spiritual leaders. There's also a "Sisterhood" that uses "sage and things" to bind spirits. Marlene won't say much about this group. She won't disparage them or their methods, but she does point out that they have failed three times to bind an increasingly malevolent spirit in the basement of a local warehouse. Marlene wishes everyone would call on a priesthood holder to take care of things. "After all," she says, "that's the greatest power on earth." Once again, Marlene amazes me with her matter-of-fact marrying of supernatural and LDS-brand spirituality. I don't imagine everyone is capable of such complete confidence. This could be part of our LDS reluctance to acknowledge non-churchy interactions with the spirit world: Maybe we think that if people doubt our

ghost experiences, they'll be more likely to doubt our Holy Ghost experiences.

Marlene doesn't get up in fast and testimony meeting and tell ghost stories. She's discreet. She will share privately if you ask her, however, without the least bit of sheepishness. She's a perfect storyteller: She comes across as completely rational, calm, and — most importantly — sane. There's no sense of her trying to sell you magic beans and no overacting. She knows exactly what to say to get the hair on my arm to stand on end, all with a bright smile on her face. She talks about the spirits a bit like she's gossiping about the neighbors. She's a cheerful and well-adjusted Mormon mom. She says she is sensitive to spirits on both sides of the veil — that she can read the spirits of the living, too. Sometimes, she says, people say that makes her "judgey," because she can see through people's facades. This reading of people, I have long believed, is a real spiritual gift. Now I am forced to wonder why it shouldn't mean that she can sense spirits from the other side, as well. It's all so logical.

A visiting psychic once told Marlene that she's a "spirit techy." That means that spirits like to talk to her more than other people. I get it: I like to talk to her, too. She's warm and bright. And she's also convincing, which I'm sure makes her great fun on the Haunted History tours. As a fellow Mormon, I both want to believe her and also want to doubt her, but today it seems like much more fun to be a believer. After all, as Hamlet said to Horatio, "There are more things in heaven and earth ... than are dreamt of in [our] philosophy."



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OPINION

ON WRITING: NOTES FROM THE FIELD

By Kati Lewis

I submitted an article for The Independent a few days ago. In this article, I attempted to explain and explore how, in many of my courses, I use excerpts from Miné Okubo's graphic memoir "Citizen 13660" to teach the importance of historical context in research, why and when writers and creators feel obligated to speak out and speak up about injustice, the methods of communication they use to speak out and speak up, and more.

The article had problems. After having those problems confirmed by a trusted reader, I asked one of the editors of this esteemed publication to kindly ignore the original submission.

I was enormously unsatisfied with the draft. It was an information dump that included a lot of jargon from rhetoric and composition — jargon that I felt I needed to explain in order for all of my audience to understand. This made the piece unwieldy. I also tried to tie too many ideas together in a short a piece. Thus, it felt disjointed and the conclusion didn't synthesize the major points in a way that my intended audience and I would have liked. Put another way, the article needed revisions. Stat. (Or when I got around to them.)

serious revision" writing projects. We briefly discussed why the writing process is so important and why no writing project needs to be seen as "not good." We both left that meeting feeling like we needed to find a coffee shop immediately and write whatever came to our heads.

The writing process is a process of possibility. Endless possibility. Revision allows a writer to go back and make what's not working work or just take it out. Revision is what I enjoy most about the writing process. Learning to love, or at least appreciate, revision and taking risks in writing are the two big lessons that I hope my writing students take away from my classes.

Sometimes writing — which is an act of creation — needs to be withdrawn, saved in the cloud for a later writing storm, or used as the subject for another writing project like an article on writing by a writing instructor who still and always will struggle with her writing projects. The act of creation that is writing requires equal parts torture and pleasure. I know and feel this in my marrow. And so do my students. And so do most writers if we're being honest with ourselves. Most of us might only experience the torture part of it.

Writing teachers, this little paragraph is for us. When we give feedback to our writing students on their work, let's remember what those very intimate acts of bringing a message into the world were and are like for us. Let's be honest with our students about their writing. Let's also remember that every act of creation that we ask students to undertake contains possibilities. We might find that our students will hate writing less and find the pleasure part of it somewhere in the fog of



Yesterday, I was meeting with a student about her writing project. At the end of our meeting, she told me that I was the first writing instructor she'd had who didn't focus all of the feedback on what needed to be fixed: "Every teacher before you has only told me what was wrong with my writing and told me, 'Fix this and this and this.' It was nice to hear that I did something right." I had another student tell me, essentially, the same thing later that day. At that point, I felt a chat was necessary. It's a chat I wish I would have had with the other student.

I told him a little about what I saw as my past and more recent "needs some

their writing projects. Where would we be if someone somewhere along the way hadn't pointed out both what we were doing wrong and what we were totally nailing in our writing?

Perhaps one day I'll share the article that inspired this article, but only after some heavy revisions. Until then, find a copy of "Citizen 13660" and read it. Keep writing whatever you need and want to write. Find a trusted reader and listen to their feedback. It's okay to save a draft for later. And wonder, as I am wondering now, how this article on writing turned into an advice column.

ENJOY NOVEMBER RELAXING IN DOWNTOWN ST. GEORGE

By Darren M. Edwards

There is plenty going on in downtown St. George this November to keep you entertained. With restaurants and art galleries around every corner, there is something for everyone.

Georgefest

On the first Friday of each month, Main Street is transformed into one big venue for Georgefest. This event features artist and vendor tents, live music on both the main stage and the Jazz Garden at Ancestor Square, activities for all ages, and the food truck village.

Mystery Escape Room

Located at 46 W. St. George Blvd., the Mystery Escape Room invites you and your friends to try and escape one of their seven room designs. They are open Mondays-Saturdays by reservation. Contact Jeff at (435) 237-8470 for more information.

Open Mic Poetry Jam at the St. George Art Museum

Every fourth Thursday of the month at 7 p.m., you can share some of your poetry or some poetry that you love, or you can just come and listen to others at the St. George Art Museum. Not only is this event

free but you can also enjoy free entrance into the art museum every Thursday after 5 p.m.

Game Night at the St. George Art Museum

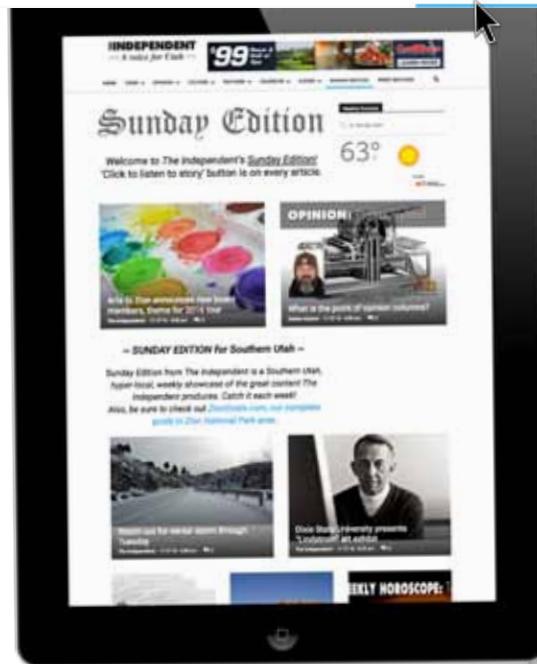
If poetry isn't your thing, you may want to check out Game Night every second Thursday of the month at the St. George Art Museum. You can pick from the selection of games provided by the museum (including Trivial Pursuit, Monopoly, and Go Fish), or you can bring your own. This event is free and open to the public.

November Gallery Show at the DiFiore Center

An opening reception for November's featured artist, Senegalese visual artist Djibril N' Doye, will be held Nov. 4 from 6 to 8 p.m. at the DiFiore Center. The show itself will run through the month of November. Gallery hours are Mondays from 10 a.m. to 4:30 p.m. and Tuesdays through Saturdays from 10 a.m. to 6 p.m. For more information, contact the DiFiore Center at (435) 673-4206. This event is free and open to the public.

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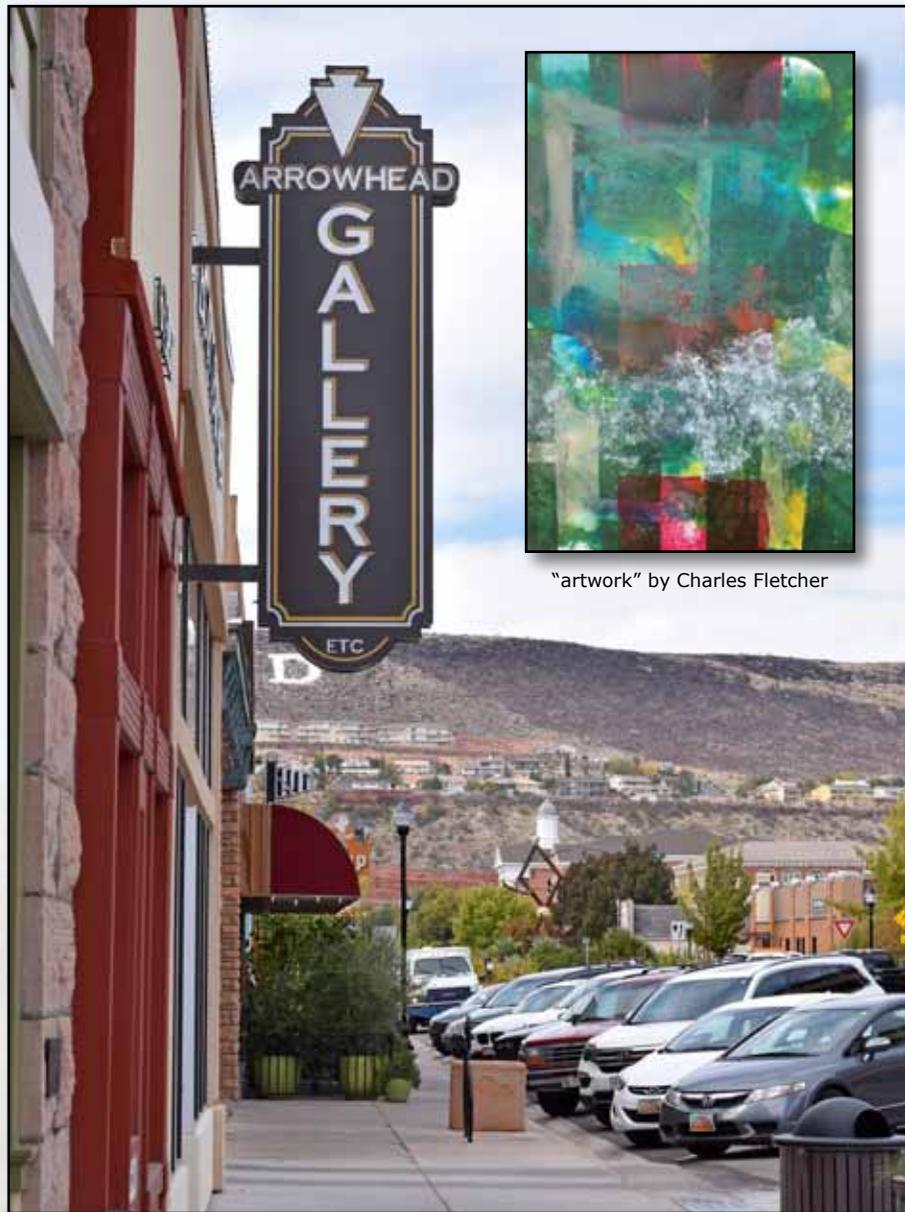
ARROWHEAD GALLERY FEATURES CHARLES FLETCHER IN NOVEMBER

Arrowhead Gallery's November featured artist is Charles Fletcher. He will display a number of new pieces in the gallery through November. A reception will be held in the gallery Nov. 17 from 6 to 8 p.m. The reception is free and open to the public.

Arrowhead Gallery is located at 68 E. Tabernacle St. in St. George. The gallery

is open from 11 a.m. to 6 p.m. Tuesdays through Saturdays. The gallery can be viewed online at arrowheadgallery-etc.com.

The Arrowhead Gallery is composed of artists from the Southern Utah Art Guild. More information is available at southernutahartguild.com.



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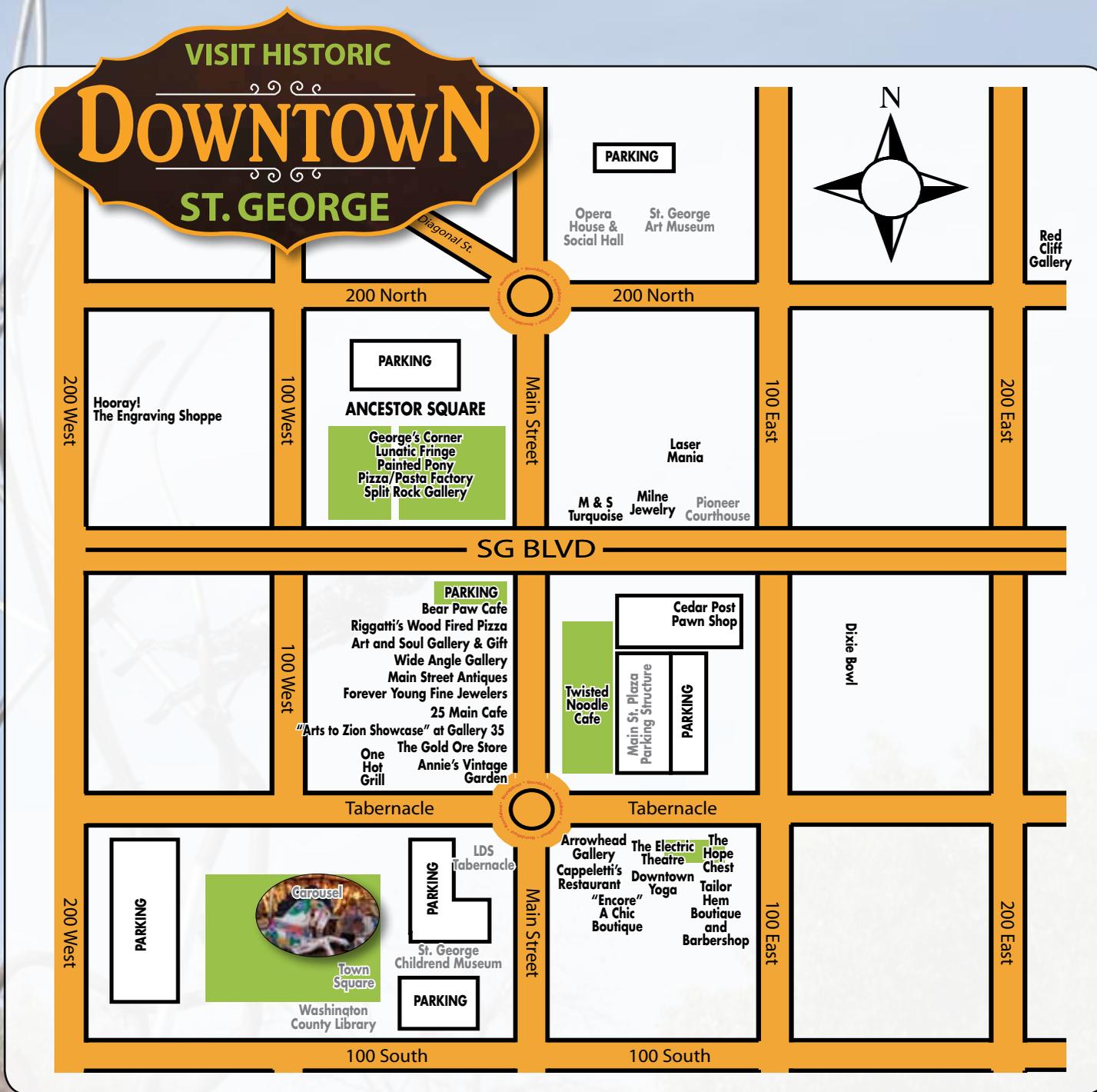
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- DiFiore Center
- Gallery 35
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- Pioneer Courthouse
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- Split Rock Art & Design Gallery
- St. George Art Museum
- Wide Angle Gallery



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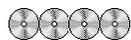
ALBUM REVIEWS

- 👉 - Forget about it
- 👉👉 - Borrow it from a friend first
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- 👉👉👉👉 - You should own this
- 👉👉👉👉👉 - Classic - Buy it now

THE INDEPENDENT ALBUM REVIEWS

By Charles Cuthbertson

Beck's "Colors" is a brightly colored return to pop



Out in the Midwest, there's a saying: If you don't like the weather, wait five minutes. A similar aphorism might be made about Beck's albums. If you don't like what you hear, come back a few albums later, and he will probably be doing something different.

Beck's last album, 2014's "Morning Phase," was a gorgeously slow and sad contemplation of a breakup. Slight traces of that period are sprinkled through his latest, but the melancholy music is gone, replaced by pure pop indulgence. "Colors" features multitracked vocals and instrumental loops and even hearkens back the nonsensical rapping with which he started his career. This album is escapism, and in no way shy about it.

For the most part, it's difficult to read too much about Beck Hansen from his lyrical or stylistic choices. His albums don't seem to lure the listener much below the surface, whether it's the sloppy funk of "Midnite Vultures" or the L.A. barrio-infused sulk of "Guero." They are what they are, and Beck goes where he wants to go, often confounding the listener's expectations but retaining his predictably quirky style in both word and instrumentation.

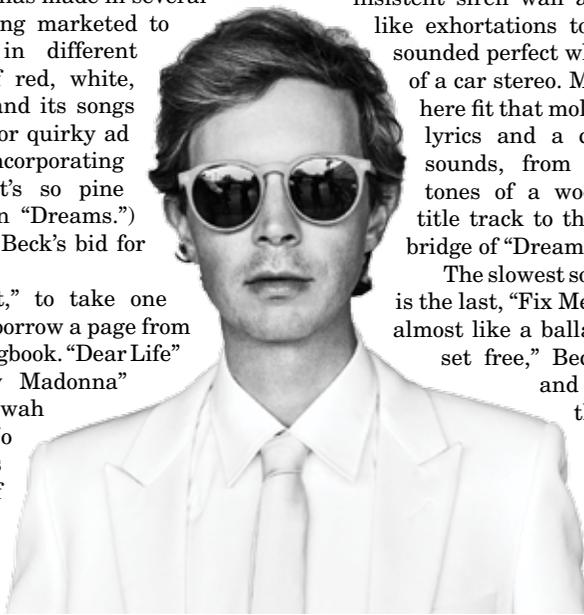
The best advice is to just plug in the headphones and enjoy the ride, and "Colors" is as close to a mindless pop album as Beck has made in several years. It's also being marketed to record collectors in different limited editions of red, white, and yellow vinyl, and its songs seem ready-made for quirky ad campaigns, even incorporating their wording. ("It's so pine fresh," he sings, on "Dreams.") This is apparently Beck's bid for mainstream glory.

"Up All Night," to take one example, seems to borrow a page from the Bruno Mars songbook. "Dear Life" combines a "Lady Madonna" piano with wah-wah guitar. And "No Distraction" sounds the love child of and Jeff Lynne. few contemplative too. "I'm almost that I know went

in "No Distraction," and though we're never quite sure what he might be referring to, it's clear that these are the reflections of a more mature popster. "I buried all my memories," he sings in "I'm So Free," while a female voice (Feist, in a guest appearance) chants in the bridge, "Nobody's gonna keep me down."

If "Morning Phase" was Beck's breakup album, here he sounds refreshed. He's wounded, sure, but that's not going to keep him down. The first indication of this was the release of the song "Wow" back in the summer of 2016. That was a side of Beck we'd not heard in a long time, with its insistent siren wail and its Kramer-like exhortations to "giddy up." It sounded perfect when cranked out of a car stereo. Most of the songs here fit that mold, with nonstick lyrics and a crisp variety of sounds, from the modulated tones of a wood flute in the title track to the grunge guitar bridge of "Dreams."

The slowest song on the record is the last, "Fix Me," which sounds almost like a ballad. "Tonight I'm set free," Beck sings slowly, and one wonders if this might be the direction of "Colors" freedom, next? "I'm again, just lifts up from record."



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MOVIES

- ★★★★★ - Amazing!
- ★★★★ - Good
- ★★★ - Decent
- ★★ - Poor
- ★ - Terrible

THE INDEPENDENT MOVIE GUIDE by Adam Mast

“Happy Death Day” (PG-13)
★★★

If you experience a bit of *deja vu* when watching the Jason Blum-produced horror hit “Happy Death Day,” there’s certainly a reason for that. It’s because this is essentially a retelling of “Groundhog Day” set to a backdrop that owes just as much to the likes of “Scream” and “Mean Girls.”

While “Happy Death Day” is actually a little bit better than the trailer would have you believe, it could have been a whole lot more had it only taken its high-concept premise and injected a bit more creativity into the proceedings. Movies like “Edge of Tomorrow” and “Source Code” also owe a debt to the aforementioned Bill Murray-headlined comedy classic, but those pictures also managed to bring their own sense of identity to the table. “Happy Death

Day,” not so much. In fact, the makers of this movie appear to think they’ll simply get a pass by freely acknowledging that they blatantly ripped off “Groundhog Day,” and that’s a bit irritating. That said, there are aspects of this picture that are actually pretty entertaining.

In “Happy Death Day,” mean girl college student Tree Gelbman (Jessica Rothe) wakes up hungover in the bed of a fellow student she can barely remember. As she rudely storms out of this college student’s dorm room and goes about her day of privilege and crapping on less important folk, Tree’s evening comes to a grinding halt when she’s ultimately murdered by a mysterious figure in a creepy-looking mask. The next morning, Tree awakens in that same college student’s bed only to repeat the same day over. In fact, it appears as if she’s destined to relive this particular day for all eternity. Lucky for Tree, her memory is intact with each passing do-over, therefore she’s able to piece together clues that might lead her to discover the identity of her killer, thereby breaking a curse that would be perfectly at home in “The Twilight Zone.” Along the way, Tree does a little soul searching and realizes that perhaps she hasn’t been treating the people in her life the way she herself would want to be treated.

To be completely honest, the first 15 minutes of “Happy Death Day” are so obnoxious and labored that it’s enough to make you want to walk out of the movie. But then the film settles down a bit, and for a great deal of its running time, it coasts along on the pure charm and surprising likability of star Jessica Rothe. It isn’t long before it’s revealed that deep beneath that nasty, superficial exterior, there’s a nice

person waiting to break out. It just takes living the same day over and over to make Tree realize what a bitch she’s been to the folks she should care about most.

Tree’s arc, as simple as it is, proves to be considerably more effective than the time-loop gimmick, the horror element, and the whodunnit aspect of this film, and again, that’s mostly a testament to Rothe’s ability as a performer. In addition to typical horror-movie clichés, there’s quite a bit of stupid stuff going on in this picture including a dumb sequence in which Tree is pulled over by a cop for speeding. What’s more, “Happy Death Day” does itself a bit of a disservice by going the PG-13 route. There are times when the picture feels a bit watered down and trapped by its tame rating. That said, there are certainly fun moments here too, and yes, “Happy Death Day” even offers up a bit of heart. Look no further than Tree’s evolving bond with a fellow college student and a re-connection with her estranged father.

As far as slasher movies with a soul go, “Happy Death Day” hasn’t got anything on the grossly underappreciated “The Final Girls,” but it’s substantially more entertaining than PG-13 rated horror fare like “Friend Request.” And it’s clear that Jason Blum is a genius when it comes to marketing movies and putting quality projects together without spending obscene amounts of money. He did it with M. Night Shyamalan’s recent resurgence (see “The Visit” and “Split”), and he did it earlier this year with Jordan Peele’s sensational thriller, “Get Out.” “Happy Death Day” isn’t isn’t the same league as the previously mentioned movies, but you could do a hell of a lot worse this Halloween season.

“Mother!” (R)
★★★½

Darren Aronofsky follows up the divisive, Biblically charged “Noah” with the divisive, Biblically charged “Mother!”, a dreamlike fever pitch of a movie that is far more interested in tone and symbolism than it is in your garden (of Eden) variety plot mechanics. And if ever you needed reminding that Aronofsky is an atheist, “Mother!” will certainly do the trick. No, that’s not a knock on Aronofsky. Artists have always used their art as a form of expression, and that’s certainly the case here. That said, sometimes it’s nice to see a more balanced approach, particularly where themes of religion are concerned. That’s what made Martin Scorsese’s underappreciated “Silence” such a captivating motion picture experience.

In this allegorical art piece, Aronofsky introduces us to a writer (Javier Bardem) and his loving wife (Jennifer Lawrence). Together, this couple live a tranquil existence in a countryside home. Their happy union, however, is disrupted when a mysterious doctor (Ed Harris) and his somewhat abrasive wife (Michelle Pfeiffer) arrive. Without so much

as consulting with his soul mate first, the writer offers to let this couple stay in their home. Ultimately, this sets off a strange series of events that culminate in an explosive, nightmarish finale that could be best described as positively bonkers.

I count myself as an Aronofsky fan, and while some may perceive “Mother!” as heavy handed, cynical, and even a bit pretentious, it would be unfair to call the film shallow, because there’s quit a bit to chew on here. The heart of “Mother!” is a play on biblical text with liberties taken, but this movie isn’t all religious allegory. There’s also a tale of an artist’s relationship with fandom and celebrity, an environmental message, an expose on terrorism, and quite a bit more. “Mother!” is certainly open to interpretation, and Aronofsky never takes the easy way out in his crusade to challenge viewers. Furthermore, this auteur wildly straddles the line between being disturbingly thought-provoking and campy with a high level of undeniable glee, and that balancing act won’t be for everyone.

On a technical level, “Mother!” is stunning. The cinematography and sound design in particular are of the highest quality. Director of photography Matthew Libatique throws you right in Lawrence’s head space, allowing viewers to truly experience this dreamlike film from her perspective. Likewise, props to a stellar sound design team for aiding in building tension and adding to this film’s unnerving sensibility by way of the most effective of nuances.

As for the performances, there really isn’t a false note amongst the high-profile cast. Jennifer Lawrence is terrific in the lead, a sort of Mother Earth in human form. Bardem is given the daunting task of essentially playing God, and as usual, this soft-spoken thespian is up to the challenge. Harris and Pfeiffer serve as the film’s primary supporting players, and they both bring energy and a sense of mystery to their interpretations of Adam and Eve. Rounding out a solid roster of supporting players are Domhnall Gleeson, Brian Gleeson, and Kirsten Wiig.

Of course, Aronofsky is the ringleader here, and he brings a lot of style and varying tones to a movie that is quite steeped in dream logic. This makes sense since the idea for the film reportedly sprang from a dream that Aronofsky once had. Beyond that, there’s also a fanboy aspect to this picture as Aronofsky draws plenty of inspiration from the likes of Roman Polanski and David Cronenberg.

As well made and as audacious as “Mother!” is, though, it’s far from perfect. Throwing in everything but the kitchen sink does not a masterpiece necessarily make, and make no mistake: “Mother!” isn’t a masterpiece. It’s not even a masterpiece by Aronofsky standards. He’s made stronger, more provocative films that pack a much more dramatic wallop in the past (see “The Fountain,” “The Wrestler,” and “Requiem For a Dream”). That said, there’s a lot to admire about “Mother!” For all it’s cynical nature and ribbing at other belief systems, it certainly isn’t lacking in passion, and again, it’s stunning to look at.



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BOOK REVIEWS

THE OBSESSIVE BOOKSELLER REVIEWS

By Niki Hawkes

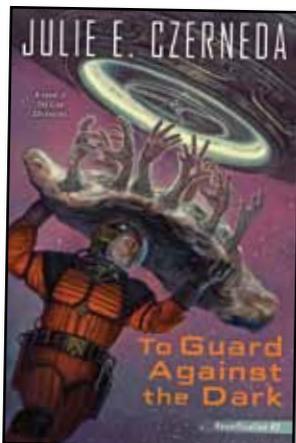
"To Guard Against the Dark"
By Julie E. Czerneda

★★★★

I laughed, I cried, I loved the journey.

The main things I look forward to in Czerneda's novels are awesome aliens, great relationships, and situational humor. "To Guard Against the Dark" had a perfect combination of all three and, in my opinion, was a fitting way to bring the saga to an end.

Series-enders have a tendency to take themselves too seriously, getting so caught up in building a good story arc that they sometimes forget all the little things that make them special. Czerneda couldn't have delighted me more with her inclusion of all of my favorite elements (Drapsk, more Drapsk, and Huido) in this novel. It was so much



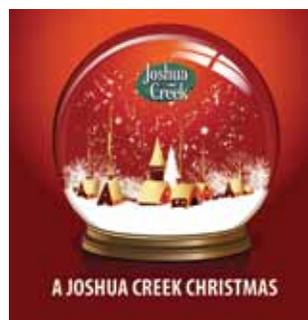
fun! The balance of sentimentality and humor was phenomenal. She got it right. Venturing in, I was worried the story would get too existential, focusing on my least favorite elements of the series, the Watchers and the M'hir (usually represented in the Interludes). Even though those elements played a significant role in the finale (and are the basis behind the entire saga), I found them much less ambiguous than in past novels. Finally, we get some answers!

The publisher is advertising that you can jump right in this series without having read anything else. But in my opinion, what makes it special and interesting is that it's a true merge of stories from her Trade Pact Trilogy (to be read first) and her Stratification Trilogy (which I think needs to be read second even though it's a prequel trilogy). The whole saga is a great journey with incredibly memorable characters — very well worth reading. I'd recommend it if you like sci-fi that focuses more on characterization and aliens than space exploration, military, and technology (for the record, I like both). My recommendation is especially strong if you like aliens because no one does creature creation better than Czerneda! Side note: I would like a stuffed animal Drapsk for my birthday, please.

I want to thank Berkley Publishing Group, DAW, and Julie E. Czerneda for a chance to read and review an early copy of "To Guard Against the Dark." What a fitting end!

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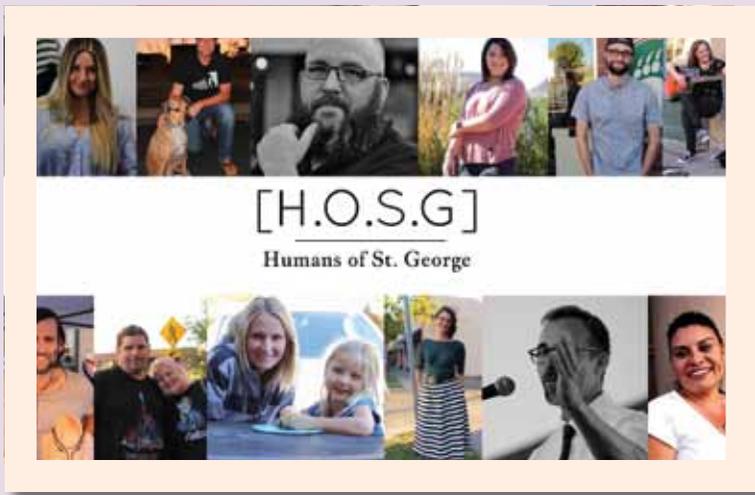
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SOUTHERN EXPOSURE

HUMANS OF ST. GEORGE By Darren M. Edwards

In September of 2010, New York-based photographer Brandon Stanton started a side project he called “Humans of New York,” or HONY. Stanton’s idea was to create a visual catalogue of the people living in New York. Photographing strangers he met on the street, Stanton soon began collecting their stories. The project showed a very human side of a city that can sometimes seem full of nameless faces. Since HONY started in 2010, hundreds of other photographers have followed Stanton’s example. There are Humans of Chicago, Humans of Austin, and even recently a Humans of Salt Lake.

So, why start a Humans of St. George (HOSG)? Since I moved here in 2010, I’ve noticed many divisions in St. George, and southern Utah by extension. But when it comes down to it, we’re all just people, and

it’s a lot harder to place someone in that “other” category once you know them a little.

The goal of HOSG is to help us see the humanity in each other, especially in those we see as different from ourselves. Project subjects are generally met on the streets of St. George and always asked the same five questions. “How did you end up in St. George (and/or) what has kept you here?” “Where do you fit-in in St. George?” “How would you describe your personal sense of style?” (Can go deeper than clothing.) “How would you describe St. George to someone who has never been here?” “If you could have one wish for the St. George area, what would it be?”

I hope you enjoy this exploration of our community.

Leigh Pectol

“I am a native of St. George, born and raised. My family has lived in southern Utah for generations as descendants of the early Mormon pioneers. I always thought that I would leave St. George and live elsewhere for at least awhile, but once I had my children with my husband, we realized how important it is to have family around to help with raising our children. The old adage of “It takes a village” is very much true. One thing I really appreciate about living here is that it is so family friendly. The city is relatively safe, and there are so many places to have fun as a family. I especially admire the efforts the city has made in creating parks and events that are family friendly.

I don’t really know where I fit in here in St. George. I have my family and a few friends, but I am not really a part of the larger community. I have social anxiety, and it is difficult for me to engage with people. I often cannot muster the courage to try new things or meet new people. I have had many years of counseling to help me better cope with my disorder, but it has never fully gone away. The biggest factor in becoming better at presenting myself in public has been becoming a mom. It was after I had my daughter that I really pushed myself to be a better example to her (and now also to my son). Most people don’t even realize that I have a problem because they never see the ‘behind the scenes’ me.

I suppose if I fit in anywhere, it is by living a quiet life as a wife, mother,



Leigh Pectol



Mathew J. Pectol

daughter, and sister. I work, but my work isn't impressive, nor does it get me out in the community. In fact, I love my job because it allows me to work in a behind-the-scenes fashion. I also try to be a decent neighbor, if one that mostly keeps to herself.

I love to read all kinds of books, and I usually have one in my purse and at least one or two audio books loaded onto my phone for listening on the go. Reading is not just entertaining but also educational. I have learned so much about myself and the world through books.

St. George is, in a word, beautiful. I never appreciated the beauty when I was growing up here as a child, but now I fully appreciate the desert beauty.

If I could have one wish for St. George, it would be that there would be more places for young adults to socialize and meet. St. George tends to cater to either families or retired persons, and it doesn't really have many places where young single people can go. I know that the area is still growing, but there is room for the community to try and include this specific demographic more."

Mathew J. Pectol

"My family moved to St. George when I was 9 years old to live with my grandparents when my dad passed away from cancer. After my dad passed, my mom bought a home, and we never left.

I think I fit-in the most hanging around local coffee shops and meeting new people. I spend a lot of time creating art, and St. George is an amazing town to live in for inspiration.

My style is casual, both in my clothes and personality. But I do collect sweaters, hats, and my worn-out Vans.

St. George needs a nightlife, better bars, and a rock-climbing gym. Oh yeah, and less churches!"

Shauna Ritter

"My initial move into St. George came when my husband was hired at a local company. It was a big change from growing up in the Midwest and living most of my life in the northern part of the country. I love the countryside — a different beauty in each direction — and the climate (mostly). I've become quite accustomed to the warmer weather, seeking out a sweater when it hits 70 degrees. There is a unique mix of people and activities in the gorgeous backdrop of southern Utah. We had moved many times prior to coming to St. George, and with my kids getting older, I wanted some stability for them. That has been the most influential factor in staying here.

Honestly, I don't feel that I fit in in St. George. But in all fairness, I'm not sure I have felt I fit in any of the (many) places I have lived. There have been times in the past when I had wanted and tried desperately to fit in. It is a painful thing, even when self-imposed, to fit into an existing place and attempt to gain acceptance for the parts of you that fit that mold and disregard the rest.

Some people are so quick to label and judge with that definition in mind. For example, mother of four — bam, a slew of expectations. Working mother of 4 — bam, even more. LDS — wham bam. You've got a significant list going now. Why do we do this? I know it's partly human nature, but I don't want to live someone else's checklist. I'm changing and growing as a person and still figuring out my list that's right for me.

So I think I make my own place, and

that's where I fit. It's not that I don't want to fit in but more that I don't want to fit into a place someone else defines for me. It's lonely sometimes and can still be painful, but I do have a few amazing friends who always let me come as I am.

I've always wanted to be individual, unique. Growing up in a very small Midwest town may have fueled some of that. I was fascinated by the 'big city' and all the things I didn't get to see and do. Life experience has brought some new perspective on that front, but I haven't ever lost my desire to be unique. I think I have an edgy, rock-n-roll style bordering on the rebellious ... okay, sometimes crossing over into rebellious. I like to get dressed up sexy and sassy but also like men's jeans and a graphic T-shirt and sneakers — I love Converse sneakers! I'm slightly obsessed with shoes period, and if you lose me shopping, that's where you're most likely to find me.

It's a not-so-small town that is still having some growing pains. The climate is pleasant if a bit hot in July and August, but almost-year-round sunshine is pretty fantastic. There are lots of great people here. Compared to other places I have lived, the population seems more stratified here. Strong-held beliefs seem to fuel the divide. Whether it is pride in their heritage and ancestors or religious beliefs, these two categories will affect your experience here.

Natives born and raised here have a strong connection to the city and influence in government and economy. "Outsiders" seems to apply to anyone *not* born and raised here, no matter how long you live here. I remember working the senior games and an older man asked where I was from. I said, "St. George," and he clarified — "Were you born here?" When I said "no," he just

shook his head and said, "Oh, you're not native." The condescending tone was strong, and I wondered, "How long do I have to live in a place to call it my home? To claim it as mine?"

Your religious affiliation also seems to be a dividing factor. Again, it seems a black-and-white question: LDS or not?

In reality, the question is not so simple, but that initial filter is a big obstacle for many ... on both sides.

But, I repeat, there are lots of great people here. You have to dig a little further and work harder for it, but there are amazing people to be found.

I wish there was a more open-minded mutual respect and interest in those around you. Not just the ones around you that are "like" you.

Realize there is an amazing story behind each person. Their life experiences and beliefs will differ from yours. Each person walks their own path and experiences life differently. Imagine what you could learn if you just were willing to listen, to see, to understand even a fraction. It doesn't threaten your beliefs to do this. Have pride in your heritage, that's wonderful, but realize other people have heritage that they are equally proud of. Do you know anything about it? Aren't you curious? I am. We live in a *big amazing world!* St. George is part of it. It doesn't diminish our awesomeness by acknowledging the awesomeness in others.

I believe in the unlimited supply of awesome — it will never run out, expire, or evaporate. We all have it within us. I'll show you mine if you show me yours!"

You can follow Darren on Instagram @DME_UTAH and on Facebook @facebook.com/dmcreativeservices.



Shauna Ritter

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*Leah Dietzen,
Intuitive Reader, Pranic Healer & Spiritual Mentor
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Leah is a highly attuned empath, healer, animal communicator and trainer and has had these skills since birth. Later in life she began to professionally develop them after her own healing journey began following a near death experience. That miraculous experience, followed later by extensive training, showed her how to rebalance her own past traumas, addictions, depression, anxiety, fibromyalgia and other physical injuries. She was also shown how to communicate and work with animals in a more holistic and balanced way. She was then guided to share this healing work with animals, mother nature and humans alike.

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Pranic Healing for you or your animals. Pranic Healing offers deep healing on a cellular level for deep-seated emotions, phobias, traumas, addictions, physical ailments as well as general stress relief. A no touch healing modality that calms the mind and releases old blocks with grace and ease.

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the choices you need to make to live a more balanced life for you and those you serve.

Spiritual Mentorship helps you to embody your own natural born skills. Skills ranging from eating healing foods, Energy 101 for the sensitive soul, to teaching these skills to your own divinely attuned family members or friends. Providing tools to help the undercover lightworkers to live meaningful and balanced lives of service.

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Leah is available for sessions over the phone as well as in-person for you and your animal friends.

She offers Holistic Training for \$50 per hr and all other sessions for \$60/hour or \$30/half hour.

To book a session with Leah, or for more information on her sessions, please call 949-394-4013



CALENDAR

Multi-Day Events

To get your event in our Free Calendar of Events log on to suindependent.com/events_calendar/form.php Limit one free listing per day or date per organization.

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FEATURED EVENT



ZION JOY TO THE WORLD

Springdale's tradition of holiday celebrations begins Nov. 24 and 25 with the annual Arts & Crafts Fair at the Rockville Community Center from 10 a.m. to 5 p.m. The annual Light Parade & Sweets Social will follow Dec. 9 at 7 p.m. at the Canyon Community Center. The New Year's Eve Social & Fireworks Display will take place Dec. 31. A community social will start at 6 p.m. featuring the music of The Nate Robinson Trio followed by fireworks at 8. More information and a complete calendar of events are available at springdaletown.com/260/Zion-Joy-to-the-World.

DJIBRIL N' DOYE GALLERY SHOW 10 a.m. Djibril N' Doye is a self-taught Senegalese artist working in ballpoint pen or woodburner. A reception will be held Saturday Nov. 4 from 6 to 8 p.m. Gallery hours are 10 a.m.–4:30 p.m. Mondays and 10 a.m.–6 p.m. Tuesdays–Saturdays. Difiorecenter.org. DiFiore Center, 307 N. Main St., St. George.

RODS & RELICS AT SAND HOLLOW RESORT 9 a.m. Nov. 3 and 4. Jensen Buck & The Family will play at 1:30–4:30 p.m. Entry fee is \$45 and is included with a booking at Sand Hollow Resort, 5662 W. Clubhouse Dr, Hurricane.

"SHE LOVES ME" 7 p.m. Nov. 3, 4, 9, 10, and 11. "She Loves Me" follows Amalia and George, two perfume shop clerks who don't quite see eye to eye. Brigham's Playhouse, 25 N 300 W, Washington.

ZION NATIONAL PARK PLEIN AIR ART INVITATIONAL Nov. 6–12. Featuring 24 landscape artists. Zion National Park, Springdale.

DSU THEATER PRESENTS "THE WIZARD OF OZ" 7:30 p.m. Nov. 9, 10, 11, 14, 15, 16, 17, and 18. Eccles Fine Arts Center, S 700 E, St. George.

OPA 2017 WESTERN EXHIBITION Through November beginning Nov. 10. See website for details: oilpaintersofamerica.com. Illume Gallery of Fine Art, Authentique Gallery of Art & Design, and The Mission Gallery, St. George.

RED ROCK FILM FESTIVAL 11 a.m. Nov. 11–19. Over 100 events, several film screenings, and premieres with Q&A after select shows. Ramada Hotel & Suites, 1575 W 200 N, Cedar City.

FEATURED EVENT



ZION CANYON ARTS & CRAFTS FAIR

The Zion Canyon Arts and Humanities Council will present the 28th annual Zion Canyon Arts & Crafts Fair Nov. 24 and 25 from 10 a.m. to 5 p.m. The event will be held at the Rockville Community Center at 43 E. Main St. in Rockville. Admission is free. This year's show will include all-natural essential oils, lotions, soaps, balms, and skincare; original artwork, oil paintings, photography, carved wood, and blown and fused glass for those who value visual arts; smoked nuts, jellies, jams, cookies, pastries, breads, and more for those who value culinary arts; silk scarves, woven table runners, aprons, handbags, and crocheted blankets for those who prefer originality; traditional hand-bound archival blank journals and custom note cards for those who value the literary arts; and an amazing variety of unique and handmade jewelry. More information is available at zarts.org.

"BENEATH THE SURFACE" DANCE CONCERT 7:30 p.m. Nov. 29–Dec. 2, 2 p.m. matinee Dec. 2. Featuring original choreography by SUU's dance dept. Randall L. Jones Theatre, 351 W. Center St., Cedar City.

VOODOO COWBOYS AT VIRGIN RIVER HOTEL 8 p.m. Nov. 3–5, showtimes may vary. Playing country and rock and roll. Free. 21 or older. 100 Pioneer Blvd., Mesquite.

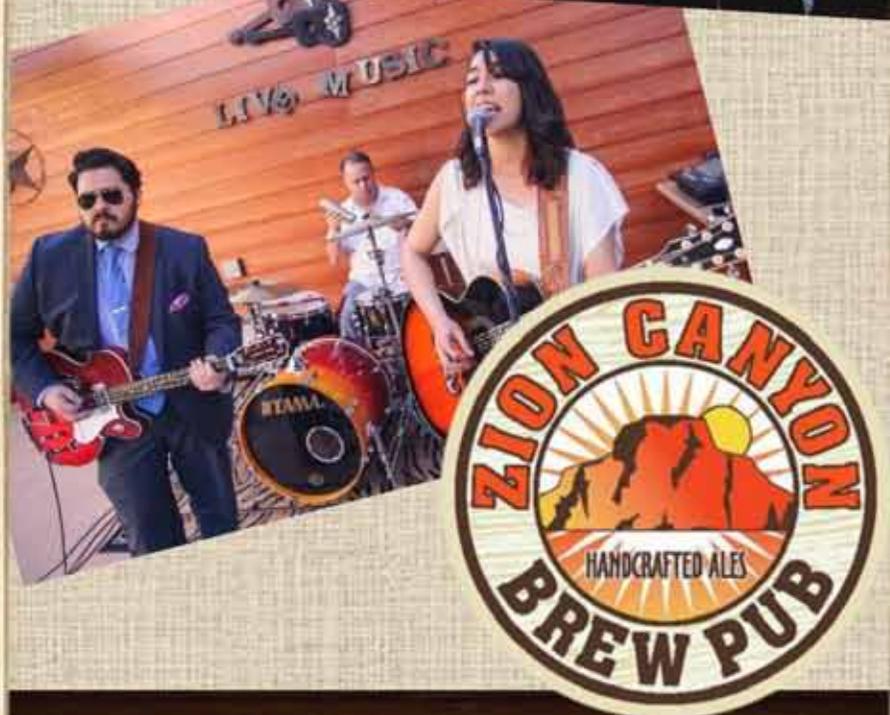
THE EXPERIMENT AT CASABLANCA 7 p.m. Nov 8–12, showtimes may vary. Playing dance, rock, and pop covers. 21 or older. Free. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

FEATURED EVENT



Z-ARTS' ANNUAL BENEFIT GALA

The Zion Canyon Arts and Humanities Council will present the Z-Arts' Annual Benefit Gala Nov. 30 from 6 to 10 p.m. at the Bit & Spur, located at 1212 Zion Park Blvd. in Springdale. The event will feature fun, food, drinks, and live music. Tickets are \$50 and are available for purchase at the Springdale Town Offices, the Bit & Spur, or online at zarts.eventbrite.com. This is a private event, and tickets must be purchased by Nov. 22.



November Live Music

All Shows 6-9 pm

11/4 – Wirelefant

11/11 – Dave and Victoria

11/18 – Jeff Orr and the Volunteers

11/25 – Dick Earl's Electric Witness

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CALENDAR

Multi-Day Events

"ASSASSINS" 7:30 p.m. Nov. 3, 4, 6, and 10. Nov. 11 2 p.m. matinee. Presented by SUU Theater Arts & Dance. Mature themes and language. Eileen and Allen Anes Studio Theater, 101-199 W. University Blvd., Cedar City.

MAPPING: THE POETICS OF UTAH EXPRESSION 9 a.m. Mondays–Fridays in November and Dec. 1. Selected Utah contemporary artists create philosophical essays in paint and other art forms. Sears Art Museum Gallery, 155 S. University Ave., St. George.

RED FILM MARKET 11 a.m. Nov. 12–18. Filmmakers showcase their films to distributors and cinema film buyers. Red Grid screenings allow the general public to watch 66 shorts and full-length features and meet the filmmakers behind them. Ramada Hotel & Suites, 1575 W 200 N, Cedar City.

JUBILEE OF TREES 10 a.m. Nov. 15–20. Dixie Center, 1835 Convention Center Dr, St. George.

PLAID TIDINGS 7 p.m. Nov. 23, 24, and 30. Struggling to make it as a swing and standards harmony group, the Plaids are suddenly wiped out by a school bus while driving to their first real gig. They return to Earth to put on a holiday special. Brigham's Playhouse, 25 N 300 W, Washington.

ZION CANYON ARTS & CRAFTS FAIR 10 a.m. Nov. 24 and 25. Rockville Community Center, 43 E. Main St., Rockville.

DICKENS' CHRISTMAS FESTIVAL 10 a.m. Nov. 29–Dec. 1. Wind through narrow village streets, shop for gifts, and rub shoulders with a cast of Dickens' characters. Dixie Center, 1835 Convention Center Dr, St. George.

ANATOMY OF ART 10 a.m. Nov. 30 and Dec. 1. A new art challenge for artist of all ages. The DiFiore Center, 307 N. Main St., St. George.

THE NEW TOUCH OF SILK AT CASABLANCA 7 p.m. Nov. 3–5, showtimes may vary. Playing old school R&B, Motown, and more. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

RANDY ANDERSON BAND AT VIRGIN RIVER HOTEL 7 p.m. Nov. 8–12, showtimes may vary. Playing new and traditional country music as well as oldies and classic rock. Free. 21 or older. 100 Pioneer Blvd., Mesquite.

GREGG PETERSON BAND AT CASABLANCA 7 p.m. Nov. 15–19, showtimes may vary. Variety and dance band. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

MARSHALL STAR AT VIRGIN RIVER HOTEL 7 p.m. Nov. 15–19. Playing country, classic rock, and originals. Free. 21 or older. 100 Pioneer Blvd, Mesquite.

AMERICAN MADE AT VIRGIN RIVER HOTEL 7 p.m. Nov. 22–26, showtimes may vary. Playing classic rock and country. Free. 21 or older. 100 Pioneer Blvd, Mesquite.

MOST WANTED AT CASABLANCA 7 p.m. Nov. 22–26, showtimes may vary. Playing classic rock, disco, oldies, country, and everything in between. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

CELLO FESTIVAL Free for full-time DSU students. Master classes, recitals, and more. Dixie.edu/cellofestival. DSU, 225 S 700 E, St. George.

OUTBACK HIKING CLUB OF SOUTHERN UTAH Dates and times vary. Visit meetup.com/outback-hiking-club-of-southern-utah.

ARTISTS AND THE NATIONAL PARKS EXHIBIT 10 a.m. Zion History Museum, Zion Canyon Scenic Dr., Springdale.

SENIORS AT WORK PHOTOGRAPHY EXHIBIT 10 a.m. Free with museum admission. Gallery hours are Mondays–Saturdays 10 a.m.–5 p.m. St. George Art Museum, 47 E 200 N, St. George.

BEST FRIENDS ANIMAL SANCTUARY TOUR 8 a.m.–5 p.m. Drive to the sanctuary and take a tour through the visitor center. Make reservations at (435) 644-2001 or visit bestfriends.org. Best Friends Animal Sanctuary, 5001 Angel Canyon Road, Kanab.

COWBOY DINNER AND SKIT 9 a.m. Join the Chuckwagon Cookout at Little Hollywood Museum for the buffet when they have tours scheduled. Walk-ins are welcome. Most seatings include an episode of the "How the West Was Lost" cowboy skit. \$16 for lunch and \$20 for dinner. 297 W. Center St., Kanab.

ART CLASSES Tuesdays and Thursdays at 6 p.m. Oil painting, drawing, portraits, and pastel classes available. Desert Rose Art Studio, 225 N. Bluff St., suite 1, St. George.

POLE FITNESS CLASSES 7 p.m. Beginner class (Flow 1) held Tuesday and Thursday nights at 7 p.m. for \$10. Or attend the free community intro class at 7 and 8 p.m. Saturday nights. Book a party for your bachelorette or birthday party. 270 N 2940 E, St. George.

MOVIES AT CRESCENT MOON MOVIE THEATER Wednesdays–Saturdays at 7:30 p.m. and Saturdays at 1 p.m. Ticket prices start at \$6. Call (435) 644-2350 or visit crescentmoonkanab.com. 150 S 100 E, Kanab.

KARAOKE AT THE STATELINE CASINO Tuesdays and Fridays at 8 p.m. Karaoke goes until they're finished. StateLine Casino, 490 W. Mesquite Blvd., Mesquite.

STAR PARTY A guided stargazing tour takes place in Dark Canyon Star Park every night. Learn something about the night sky and the universe. For reservations, text or call (435) 899-9092 or email kanabstars@gmail.com. N. Hwy. 89, Kanab.

NEW HORIZONS BAND AND ORCHESTRA FOR SENIOR ADULTS 2 p.m. Dates vary. Supports lifelong music participation for seniors, teacher training opportunities for college music students, and music education for youth. Visit zionmusicensembles.com. The DiFiore Center, 307 N. Main St., St. George.

GENTLE YOGA Mondays and Wednesdays at 4:15 p.m. ZACI Yoga, 348 N. Bluff St. #205, St. George.

KARAOKE AT THE ONE AND ONLY Mondays and Wednesdays at 9 p.m. 800 E. St. George Blvd., St. George.

PIANO MAN STEVE & DJ JUAN IN SEASONS LOUNGE AT EUREKA CASINO Fridays and Saturdays at 7 p.m. 275 Mesa Blvd., Mesquite.

Events by Day

MONDAYS

USMS SWIM TECHNIQUE COACHING 8 a.m. Free. Must pay Sand Hollow Aquatic Center pool entry fee. Current USMS membership required. All level swimmers 18+, individual abilities considered in workout structure. Call Lynne Lund at (760) 844-6288. 1144 Lava Flow Dr., St. George.

PRECISION HEARING AND MEMORY MATTERS MONDAY MOVIE MATINEE 1 p.m. The Precision Hearing Monday Matinee series is a new, free community event that is bringing back the classics featuring memorable film favorites from the 1950's and 60's. The Electric Theater, 68 E. Tabernacle St., St. George.

COMMUNITY BEREAVEMENT GROUP 3:30 p.m. A supportive and educational group for those experiencing grief resulting from the loss of a loved one. Call (702) 346-5224. Mesquite Library, 121 W. First N. St., Mesquite.

KICKSTART YOUR HEALTH NUTRITION AND COOKING CLASSES 4:30 p.m. Class topics range from digestion to blood pressure. Visit nutritiousway.org. 1554 Hummingbird Dr., St. George.

ST. GEORGE DANCE COMPANY CLASS 7:30–8:45 p.m. Ballet for adults, intermediate to advanced. Open to the public. Visit saintgeorgedance.com or call (435) 773-1221. The Electric Theater, 68 W. Tabernacle St., St. George.

TUESDAYS

NEW HORIZONS ORCHESTRA 9:30–11:30 a.m. Tuesdays. Free group music instruction for senior adults, beginning or experienced. zionmusicensembles.com. Washington Fields, 471 W. Washington Palms Way, St. George.

"NEW HORIZONS" BAND & ORCHESTRA CHILDREN'S STORY TIME 10 a.m. Frontier Homestead State Park, 635 N. Main St., Cedar City.

MEMORY MATTERS EARLY STAGE MEMORY LOSS SERIES 10:30 a.m. 10-week course begins Sept. 12. The course is designed to benefit those with an early stage memory loss or dementia diagnosis and their care partners. During the second hour of the class, participants may attend either a cognitive training group or a care partner training and support group. St. George Branch Library, 88 W 100 S, St. George.

NEW HORIZONS BAND 2–4 p.m. Free group music instruction for senior adults, beginning or experienced. zionmusicensembles.com. St. George Library, 88 W. 100 S., St. George.

KARAOKE AT PEGGY SUE'S DINER 5–9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 380 N. Sandhill Blvd., Mesquite.

HERITAGE WRITERS GUILD Second Tuesday of each month at 6 p.m. Meets in the basement of the St. George Library. Call (435) 634-5737. 88 W 100 S, St. George.

PAINT NITE 6 p.m. Use the code "SUTAH" for 35% off. 21 and older. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

OPEN PAINT NIGHT 6 p.m. Desert Rose Art Studio invites anyone who would like to join a group of artists. Bring whatever medium you want. Cost is \$15. Call Alice Hiatt at (435) 256-3317. 225 N. Bluff St. suite 1, St. George.

TRIBUTE TO THE KING 6–10 p.m. Starring John Brooks. Must be 21 or older. Free. CasaBlanca Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

THE GRACEFUL WOMAN 6:30 p.m. Open to women of all ages for a night to empower, uplift, heal, strengthen, and teach. Fruit and tea will be served after class. By donation. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

LIBRARY ART CLUB FOR CHILDREN 6:30 p.m. Every second and fourth Tuesday of each month. Free. Register in the children's area. St. George Library, 88 W 100 S, St. George.

OLD TIME FIDDLERS JAM SESSION 7 p.m. Free. Parry's Lodge Old Barn Theater 89 E. Center St. Kanab.

INTERMEDIATE LEVEL WEST COAST SWING CLASSES AND DANCING Each first and third Tuesday of the month at 7 p.m. \$6 per person per class. For more information, contact Neil Duncan at neiljamesduncan@gmail.com or call (619) 994-6854. Washington City Community Center, upstairs aerobics room, 350 E 200 N, Washington.

WEDNESDAYS

WRITERS' IMPROVEMENT GROUP 2 and 6 p.m. Offered by Heritage Writers Guild. Bring up to eight pages of writing, double spaced, 12-point font for free and friendly feedback. For more information, call (435) 625-1743. St. George Library, 88 W 100 S, St. George.

ANIME GAMER CLUB 3 p.m. Teens and 'tweens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

WELCOME WAGGIN 5 p.m. Join one of Best Friends' founders to learn more about the organization, hear heartwarming stories, and discover secrets about the sanctuary. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

FOREIGN FILM CLUB Every first Wednesday of the month at 5 p.m. Watch and discuss foreign films. Santa Clara Library, 1099 Lava Flow Dr., St. George.

KARAOKE AT BEAVER DAM STATION 5:30–9 p.m. Full bar. 21 and over, must have ID. Hosted by singer Gayle Louise. Beaver Dam Station, County Hwy. 91, Littlefield, AZ.

GRATITUDE & GRIT: YOGA FOR ADDICTION RECOVERY 6 p.m. Meditation and yoga exercises to help overcome destructive behaviors. All are welcome. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

MINDFULNESS AND MEDITATION CLASS 6 p.m. Free. Discussion of mindfulness and periods of meditation. All experience levels welcome. Offered by Dr. David Tate and Caroline Kiss. Grace Episcopal Church, 1072 E 900 S, St. George.

MUSIC AT THE TERRACE 7 p.m. Come out and enjoy live music every Wednesday on the stage behind the Office of Tourism Visitor Center. It is free to the public and a different performer each week. Office of Tourism Visitor Center, 78 S. 100 E., Kanab.

ELECTRIC LINDY NIGHTS 7:30 p.m. Red Rock Swing Dance offers beginning and intermediate classes in a progressive fashion with each class building on the last. Enter from the rear of the building. Classes are held downstairs. The Electric Theater, 68 East Tabernacle, St. George.

THURSDAYS

MENTAL HEALTH CLASSES 5:30 p.m. Free. National Alliance on Mental Illness offers classes for families and loved ones coping with mental illness. Peer to Peer and Family to Family classes taught by trained volunteers in recovery. Washington County Library, 88 W 100 S, St. George.

SINDUSTRY 7 p.m. Free drink and drawing ticket, corn hole tournament, beer pong, and Jenga. Live entertainment. \$10 buckets of beer. No cover charge. 275 Mesa Blvd., Mesquite.

LINE DANCING AT THE ONE AND ONLY 9 p.m. Come have some good old fashioned fun with a friendly crowd. 64 N 800 E, St. George.

CALENDAR

Events by Date

Fri, Nov 3

NATIONAL PARKS ART EXHIBIT 10 a.m. Artists created images of Zion Canyon and other wonders of the West — such as Yellowstone and the Grand Canyon — that influenced Congress to protect these places. Zion History Museum, Zion Canyon Scenic Drive, Springdale.

SENIORS AT WORK EXHIBIT 10 a.m. Photography exhibit showing seniors at work in Washington County. Museum hours are 10 a.m.–5 p.m. Mondays–Saturdays (third Thursdays open until 9 p.m.). St. George Art Museum, 47 E 200 N, St. George.

FLUTE MASTERCLASS 1 p.m. Presented by Dr. Candace Behrmann. SUU Music Center, 432 W 200 S, Cedar City.

ADAM DUNE AT EVEN STEVENS 7–9 p.m. Free. Adam Dune is the frontman of St. George-based rock band The Dune Lunas. 471 St. George Blvd., St. George.

COURTNEY HUSTEAD SENIOR PERCUSSION RECITAL 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

TOM BENNETT AT GEORGE'S CORNER 8 p.m. Tom Bennett sings country and is based out of SLC. 2 W. St. George Blvd., St. George.

JOSH WARBURTON AT JUNIPER RIDGE RESTAURANT & SALOON 8 p.m. Free. Josh Warburton covers folk, blues, and rock with unique vocals and acoustic guitar. 2631 US-89A, Fredonia, Arizona.

THE COMEDY MACHINE 8:30 p.m. Enjoy top comedic performances from the United States. Tickets are \$15–\$25 and can be purchased at startickets.com. Casablanca Resort, 950 W. Mesquite Blvd., Mesquite.

Sat, Nov 4

BANDS OF AMERICA REGIONAL CHAMPIONSHIP 8 a.m. High school marching band competition. Desert Hills High School, 828 East Desert Hills Drive, St. George.

CHILDREN'S MIRACLE NETWORK CHARITY GOLF TOURNAMENT 9 a.m. Donations go to Primary Children's Hospital. Coral Canyon Golf Course, 1925 N. Canyon Greens Dr. Washington.

ANNUAL ARTS AND CRAFTS BOUTIQUE 9 a.m.–3 p.m. Event profits go to Switchpoint's Community Soup Kitchen. Free. Sunrivertoday.com. SunRiver St. George, 4275 S. Country Club Drive, St. George.

CHRIS RAYBOULD SENIOR PERCUSSION RECITAL 1 p.m. Eccles Fine Arts Center, S 700 E, St. George.

RODS AND RELICS AT SAND HOLLOW RESORT 1:30–4:30 p.m. With Jensen Buck and the Family. Free. 5662 W. Clubhouse Dr., Hurricane.

WIRELEFANT AT ZION CANYON BREW PUB 6–9 p.m. Free. Wirelefant is an alternative rock band formed in Southern Utah. Originally created as an acoustic duo, they have continually developed their sound, changing members throughout. From entertaining young crowds in loud venues, to pleasing families out to dinner with some light melodies and familiar tunes, Wirelefant is just good music. 95 Zion Park Blvd., Springdale.

SOUTHWEST SYMPHONY GALA 6 p.m. Fundraiser dinner for Southwest Symphony. Dixie Center, 1835 Convention Center Dr. St. George.

HILLARY FERGUSON SENIOR VOICE RECITAL 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

JOSH WARBURTON AT PEEKABOO KITCHEN 7 p.m. Free. Josh Warburton covers folk, blues, and rock with unique vocals and acoustic guitar. 233 W. Center St., Kanab.

JOSH LARSEN AT EVEN STEVENS 7–9 p.m. Free. Josh Larsen is a singer/songwriter from St. George. 471 St. George Blvd., St. George.

DICK EARL AT GEORGE'S CORNER 8 p.m. Dick Earl is a blues and rock and roll musician from St. George. 2 W. St. George Blvd., St. George.

BEE GEES GOLD TRIBUTE AT CASABLANCA 8:30 p.m. Doors open at 7:30. Starring John Acosta as Barry Gibb, tickets start at \$15. 21 and older. Casablanca Showroom, 950 W. Mesquite Blvd., Mesquite.

Sun, Nov 5

DULCE AT EVEN STEVENS Noon–2 p.m. Free. 471 St. George Blvd., St. George.

Mon, Nov 6

"GONE WITH THE WIND" 1:30 p.m. Movie screening. The Electric Theater, 68 E. Tabernacle St., St. George.

PAWS FOR TALES 4 p.m. Children can read to registered therapy dogs. Free. St. George Library, 88 W 100 S, St. George.

FACULTY RECITAL 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

Tues, Nov 7

DIXIE POETS 2 p.m. Develop your poetic talents with a fun group of poets twice monthly on first and third Tuesdays. Bring 10–12 copies of your original poetry for gentle critiquing and suggestions. Short poetry lesson on the first Tuesdays and other special events as scheduled. Contact Lin Floyd at lin@sunrivertoday.com for more info. Newcomers welcome. St. George Senior Citizen Center, 245 N 200 W, St. George.

Wed, Nov 8

MINDFULNESS AND MEDITATION CLASS 6 p.m. Discussion of mindfulness and periods of meditation. All experience levels welcome. Offered by Dr. David Tate and Caroline Kiss. Free. Grace Episcopal Church, 1072 E 900 S, St. George.

MEDITATION 101 6:30 p.m. Meditation 101, a beginners class, is offered every month on the second Wednesday. Learn techniques to reduce stress and increase happiness through meditation. Class fee is \$10. For more information, contact Suzie at (435) 592-5191. Stone Path Energy Center, 150 W. University Blvd., Cedar City.

MICHAEL SG AT GEORGE'S CORNER 7 p.m. Free. 2 W. St. George Blvd., St. George.

DIXIE ARCHAEOLOGY SOCIETY MEETING 7 p.m. Nate Thomas, BLM-Utah State Archaeologist will discuss the new visitor amenities at the Parowan Gap petroglyphs west of Cedar City. Udvar-Hazy Building, Boeing Auditorium room 121, DSU, 225 S 700 E, St. George.

RED CLIFFS AUDUBON MONTHLY MEETING 7–8:30 p.m. Learn about birds and how they make a living in this harsh environment. Redcliffsaudubon.org. Bring a flashlight. Tonaquint Nature Center, 1851 South Dixie Drive, St. George.

Thurs, Nov 9

LIVING #FIRED UP METABOLIC SUCCESS SEMINAR 6 p.m. Covers how to get a fat-burning workout done in 30 minutes how to create a fat-burning effect that last all day, the difference is between a healthy diet and a fat-loss diet, and how to distress. Fitness Level 10 Studio, 376 E. Sunland Drive #10, St. George.

ART INSIGHTS 7 p.m. Meri Page will present. Southern Utah Museum of Art, 13 S 300 W, Cedar City.

DESERT DWELLER PROJECT AT EVEN STEVENS 7–9 p.m. 471 St. George Blvd., St. George.

"MACBETH" 7:30 p.m. Presented by SUU Theater Arts & Dance. SUU Black Box Theater, Cedar City.

ORCHESTRA OF SOUTHERN UTAH 7:30 p.m. All-Mozart concert including his "Requiem." Heritage Center Theatre, 105 N 100 E, Cedar City.

Fri, Nov 10

VETERANS DAY ASSEMBLY 1 p.m. Free. Fossil Ridge Intermediate School, 383 S. Mall Dr.

JOHNNY VAN AT EVEN STEVENS 7–9 p.m. Free. 471 St. George Blvd., St. George.

JENN BOSTIC AND SARAH JANE AT SAND HOLLOW RESORT 7–9 p.m. Free. 5662 W. Clubhouse Dr., Hurricane.

DOOWOP 7:30 p.m. Cox Performing Arts Center, 385 S. University Ave., St. George.

TOM BENNETT AT PEEKABOO KITCHEN 7 p.m. Free. Tom Bennett is a blues man from SLC. 233 W. Center St., Kanab.

JON STONE AT GEORGE'S CORNER 8 p.m. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 2 W. St. George Blvd., St. George.

JENN BOSTIC AND SARAH JANE AT THE ELECTRIC THEATER 9 p.m. 68 E. Tabernacle St., St. George.

Sat, Nov 11

ASHLEY AND RON LARSON ART CLASS 9:30 a.m. A short lesson and plenty of time for your child to create a masterpiece. Ages 6–12. Cost: \$3 for the first child, \$1 each additional sibling. One parent/guardian receives free admission. Each class is capped at 12 students. Call us at (435) 627-4525 to reserve your child's spot! St. George Art Museum, 47 E 200 N, St. George.

DAVE AND VICTORIA AT ZION CANYON BREW PUB 6–9 p.m. Free. Married singer/songwriters, Dave Tate and Victoria Lagerström, fuse together Lagerström's soulful jazz influenced vocals with Tate's Pop/Rock and folk sensibilities in a variety of genres. 95 Zion Park Blvd., Springdale.

AUSTIN ROY AT EVEN STEVENS 7–9 p.m. Free. 471 St. George Blvd., St. George.

RICH NATOLE AT CASABLANCA 7:30 p.m., doors open at 6:30 p.m. Comedy impressionist. Tickets start at \$10. 21 and Older. CasaBlanca Showroom, 950 W. Mesquite Blvd., Mesquite.

SOMETHING SACRED AT PEEKABOO KITCHEN 7 p.m. Free. Something Sacred plays jazz, blues, reggae, and hip hop. 233 W. Center St., Kanab.

LARRY BAGBY AT GEORGE'S CORNER 8 p.m. Free. 2 W. St. George Blvd., St. George.

FRIDAYS

YOGA NIDRA AND GONG 9 a.m. A unique guided meditation preceded by yogic breathing and movement. All levels welcome. The Healing Tree, 535 S. Main St. #4, Cedar City.

PAINT YOUR PET PARTY 5–7 p.m. For just \$20 per person, you're provided with an 11x14 canvas, paints, brushes, and artist instruction. No prior painting experience is needed. Don't have a pet? Thumb through one of the many Best Friends' magazines to find an animal of your liking or email a web image to visitor-center@bestfriends.org and they'll print it out for you. Email jennifernagle@hotmail.com to sign up. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

KARAOKE AT OASIS GOLF CLUB 5–9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 100 Palmer Lane, Mesquite.

LIVE MUSIC AT PEEKABOO WOOD FIRED KITCHEN 6:30 p.m. Free. 233 W. Center St., Kanab.

JAKEY LEIGHS HOSTS RED ROCK LIVE 6:30–9:30 p.m. Live music, free and open to the public. Jakey Leighs, 4 E. Center St., Kanab.

DJ SPINZ AT THE ONE AND ONLY 9 p.m. 64 N 800 E, St. George.

SATURDAYS

GUIDED SATURDAY MORNING HIKE 7 a.m. Venture into the stunning outback that surrounds St. George on a guided half-day hiking tour (4–5 hours). Scheduled hiking tours begin at the St. George Adventure Hub (spring and fall months). The guide is a local expert trained as a Wilderness First Responder. Call (435) 673-7246. Adventure Hub St. George, 128 N 100 W suite 124, St. George.

TUACAHN SATURDAY MARKET 9 a.m.–1 p.m. Come enjoy the wonderful surroundings at the outdoor market in the canyon featuring local artwork, crafts, food and entertainment. 1100 Tuacahn Dr., Ivins.

TAI CHI DRAGON QIGONG AT SANTA CLARA LIBRARY 10:30–11:30 a.m. Full-body energetic healing. Admission is free. No experience needed. Tai Chi Dragon Qigong is good for all ages and all levels of health and mobility. Santa Clara Library, 1099 N. Lava Flow Dr., Santa Clara.

SATURDAY MOVIE MATINEE 2 p.m. St. George Library, 88 W 100 S, St. George.

YOUTH BEGINNER TENNIS LESSONS KANAB OUTDOOR MARKET 4–9 p.m. Usual farmers market offerings as well as food trucks. Free classes such as yoga or Zumba will be offered at 4 p.m. and live music will be performed from 7 to 9 p.m. No fee for vendors to participate, although anyone offering baked goods must have a cottage kitchen license. Email tracy@cluckingitup.com. 150 W. Center St., Kanab.

SUNDAYS

D.R.I.F.T.: DIXIE REASON INQUIRY AND FREE THOUGHT: 2 p.m. Group meets Sundays. An open place where people can meet to talk about religion, atheism, life, death and an unlimited number of other topics. All are welcome. Jazzy Java, 285 N. Bluff St., St. George.

CALENDAR

MUDDY BOOTS BAND AT MIKE'S TAVERN
Playing country music. 90 W. Hoover Ave, Cedar City.

Sun, Nov 12

JEN BOSTIC AT EVEN STEVENS 1-3 p.m. Free. Jenn Bostic is a Singer/Songwriter for fans of Sara Bareilles, Sarah McLachlan & Bonnie Raitt. 471 St. George Blvd., St. George.

Mon, Nov 13

"AMERICAN GRAFFITI" 1:30 p.m. Movie screening. The Electric Theater, 68 E. Tabernacle St., St. George.

BLIS AT JAZZY'S. 8 p.m. Three-piece rock outfit from Atlanta. 1812 W. Sunset Blvd., St. George.

Tues, Nov 14

STUDENT JAZZ JAM 6 p.m. Open for players or audience. Free. DiFiore Center, 307 N. Main St., St. George.

JAZZ JAM 7 p.m. Free. Every third Tuesday of each month. For information, call (435) 673-4206, email difiorecenter@gmail.com, or visit difiorecenter.org. DiFiore Center, 307 N. Main St., St. George.

Wed, Nov 15

PARENTING THE LOVE AND LOGIC WAY 9 a.m. Free one-day parenting course. Participants will learn how to end power struggles with their children, teach responsibility, and prevent arguments. Registration is required. Must be 18 or older to attend. One-hour lunch break at noon. Contact Michele at m.bristol@usu.edu. Department of Workforce Services, 162 N 400 E, St. George.

GARY HUFF AT GEORGE'S CORNER 7 p.m. FREE. 2 W. St. George Blvd., St. George.

Thurs, Nov 16

PAWS FOR TALES 4 p.m. Children can read to registered therapy dogs. Free. St. George Library, 88 W 100 S, St. George.

LOU GEHRIG'S DISEASE SUPPORT GROUP 7 p.m. For patients and their families and caregivers. Share experience and advice. Beehive Cottages Community Center, 2041 S. Mesa Palms Dr., St. George.

OPEN MIC NIGHT AT EVEN STEVENS 7 p.m. Solo artists, groups, poets, comedians, and more. 471 St. George Blvd., St. George.

Fri, Nov 17

RED CLIFFS AUDUBON FIELD TRIP 6:50 a.m.-12:30 p.m. Free. Red Cliffs Audubon Field trip to Beryl Junction to look for eagles, hawks, and raptors of all types. Come prepared for cool weather. Bring lunch, water, field glasses, hats etc. Car pool from the BLM Office on Riverside Drive to Enterprise. People from other cities can meet at Enterprise Cottonwood Gas Station at 8:15 a.m. Contact Marilyn Davis: mkdavis028@gmail.com. BLM, 345 East Riverside Dr. St. George,

DICK EARL AT EVEN STEVENS 7-9 p.m. Free. Dick Earl is a blues and rock and roll musician from St. George. 471 St. George Blvd., St. George.

RED STEAGALL AT THE ELECTRIC THEATER 7:30 p.m. Playing Texas swing dance music. 68 E. Tabernacle St., St. George.

VOICE RECITAL 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

DULCE AT GEORGE'S CORNER 8 p.m. FREE. 2 W. St. George Blvd., St. George.

Sat, Nov 18

CASSIDY TURNER SENIOR VIOLIN RECITAL 1 p.m. Eccles Fine Arts Center, S 700 E, St. George.

JEFF ORR AND THE VOLUNTEERS AT ZION CANYON BREW PUB 6-9 p.m. Free. Jeff Orr, lead singer of Las Vegas's premier Grateful Dead tribute band, will be joined by special guests. 95 Zion Park Blvd., Springdale.

JERRY ALLEN AT EVEN STEVENS 7-9 p.m. Free. Jerry Allen is based out of St. George and cites Matchbox 20 and The GooGoo Dolls as influences. 471 St. George Blvd., St. George.

ST. GEORGE CHAMBER SINGERS 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

SOUTHERN NEVADA SYMPHONY ORCHESTRA AT CASABLANCA 7:30 p.m. Works by Mozart, Verdi, Grieg, and more. Tickets \$17. Doors 6:30 p.m., Concert 7:30 p.m. 21 and older. CasaBlanca Showroom, 950 W. Mesquite Blvd., Mesquite.

JON STONE AT PEEKABOO KITCHEN 7 p.m. Free. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 233 W. Center St., Kanab.

NICK ADAMS AT GEORGE'S CORNER 8 p.m. Nick Adams is a singer/songwriter based out of St. George. 2 W. St. George Blvd., St. George.

Sun, Nov 19

MIKE & ELAINE AT EVEN STEVENS Noon-2 p.m. Free. 471 St. George Blvd., St. George.

Mon, Nov 20

"FROM RUSSIA WITH LOVE" 1:30 p.m. Movie screening. The Electric Theater, 68 E. Tabernacle St., St. George.

ELECTROACOUSTIC CONCERT 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

Tues, Nov 21

DIXIE POETS 2 p.m. Develop your poetic talents with a fun group of poets twice monthly on first and third Tuesdays. Bring 10-12 copies of your original poetry for gentle critiquing and suggestions. Short poetry lesson on the first Tuesdays and other special events as scheduled. Contact Lin Floyd at lin@sunrivertoday.com for more info. Newcomers welcome. St. George Senior Citizen Center, 245 N 200 W, St. George.

OPEN MIC NIGHT AT THE LIBRARY 5:30 p.m. Showcase your talent in music, dance, spoken word poetry or comedy. Prizes awarded in teen and adult categories (9th grade and up). Light refreshments will be served. Performer sign-up begins at 5:30 p.m. Performances begin at 6. (435) 986-0432. Santa Clara Branch Library, 1099 N. Lava Flow Drive, St. George.

STRING RECITAL 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

Zion Joy to the World

Springdale's Tradition of Holiday Celebrations

Z-Arts 28th Annual Arts & Craft Fair

Friday Nov 24 & Sat Nov 25 10am-5pm
Rockville Comm. Center



New Year's Eve Social & Fireworks Display

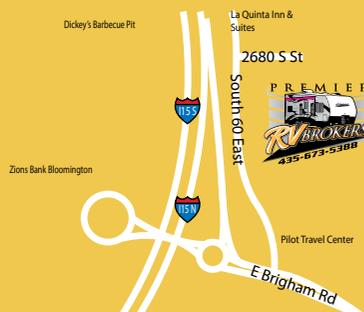
Community social starts at 6pm featuring the music of The Nate Robinson Trio
Fireworks start at 8pm
Canyon Community Center

8th Annual Light Parade & Sweets Social

Saturday, Dec 9
Canyon Comm. Center
Parade lineup starts at 6:30pm
Parade starts at 7pm
Sweet Social - 8pm
Cash prizes awarded!



For more information and a complete calendar visit: Springdaletown.com and click on Joy to the World under the Popular Links section or call 435-772-3434.



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CALENDAR

Wed, Nov 22

AMANDA AND THE OMEDAS AT GEORGE'S CORNER 7 p.m. Free. 2 W. St. George Blvd., St. George.

Thurs, Nov 23



Fri, Nov 24

SHANNON BIRCH VOCAL STUDIO STUDENT NIGHT AT EVEN STEVENS 7-9 p.m. Free. 471 St. George Blvd., St. George.

Sat, Nov 25

DICK EARL AT ZION CANYON BREW PUB 6-9 p.m. Free. Dick Earl is a blues and rock and roll musician from St. George. 95 Zion Park Blvd., Springdale.

KAK AT PEEKABOO KITCHEN 7 p.m. Free. Kak is a singer/songwriter playing acoustic Americana. 233 W. Center St., Kanab.

LIVE MUSIC AT EVEN STEVENS 7-9 p.m. Free. Musician TBA. 471 St. George Blvd., St. George.

CHRISTMAS LIGHT PARADE 2017 7 p.m. Free donuts, hot chocolate, and cider will be available before the parade at 6 p.m. along Main Street. Lantern launch at 8:30 p.m. Main Street, Kanab.

ALBUMPALOOZA BOSTON & STYX TRIBUTE AT CASABLANCA 8:30 p.m. With guest guitarist Brendan Scholz, nephew of Boston founder Tom Scholz. Tickets are \$15-\$20. 21 and older. 950 W. Mesquite Blvd, Mesquite.

Sun, Nov 26

LISA MAC AT EVEN STEVENS Noon-2 p.m. Lisa Mac has become known in Las Vegas for her powerful, soulful voice and poignant blues-rock songwriting. 471 St. George Blvd., St. George.

Mon, Nov 27

COLOR COUNTRY CAMERA CLUB 4TH MONDAY 6 p.m. The Color Country Camera Club is a fellowship of people with a mutual interest in photography who routinely gather at meetings and on field trips to share photographic knowledge and experiences. Attendees are at all levels of expertise, beginners to professionals. No fees or by-laws. St. George Public Library, 88 W 100 S, St. George.

DSU STRING CHAMBER CONCERT 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

Tues, Nov 28

RIDERS IN THE SKY 7:30 p.m. Cox Performing Arts Center, 385 S. University Ave., St. George.

Wed, Nov 29

PIANO ENSEMBLE 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

Thurs, Nov 30

ANNUAL Z-ARTS BENEFIT GALA 6 p.m. Small plates, drinks, and live music. Tickets are \$50 at zarts.eventbrite.com, at the Springdale Town Offices, or the Bit & Spur. Reserve your tickets before Nov. 22. Bit & Spur, 1212 Zion Park Blvd., Springdale.

MR. CP'S JAZZ JAM AT EVEN STEVENS 7-9 p.m. Free. 471 St. George Blvd., St. George.

FLUTE CHOIR 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

Fri, Dec 1

GEORGEFEST 6 p.m. Green Gate Village, 76 W. Tabernacle St., St. George.

SYMPHONY OF THE CANYONS CHRISTMAS FESTIVAL 7 p.m. Entertainment on stage during all open hours. Food court will be open from 10 a.m. to 3 p.m. Dinner and concert at 7 p.m. Contact Betty Colston: bcolston@kanab.net. Kanab Middle School, 690 S. Cowboy Way, Kanab.

SYMPHONY BAND CONCERT 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

Sat, Dec 2

SOUTHWEST SYMPHONY MESSIAH CONCERT 2 p.m. Cox Performing Arts Center, 385 S. University Ave., St. George.

MINUTE MUSIC 7:30 p.m. Eccles Fine Arts Center, S 700 E, St. George.

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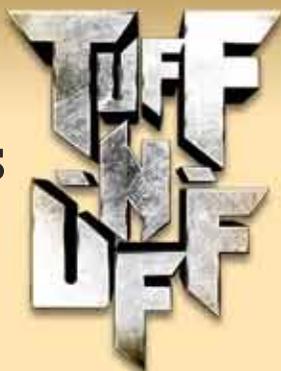
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