

In print
the 1st Friday
of each month

February 2019 - Vol. 23, #12
Online at SUindependent.com

FREE
PLEASE RECYCLE

THE INDEPENDENT

A voice for Utah

**KANAB BALLOONS AND TUNES
ROUNDUP SOARING TO
GREATER HEIGHTS**
- See page 3

ALSO THIS ISSUE:



**OSU ANNOUNCES FAIRYTALE-THEMED
CHILDREN'S JUBILEE**
- See Page 4



**FOLK MUSICIAN TOM RUSSELL
PERFORMS IN SPRINGDALE, KAYENTA**
- See Page 4



**BLUESMAN SUGARAY RAYFORD
PERFORMS AT THE BIT AND SPUR**
- See Page 4

February 2019 Volume 23, Issue 12

Contents

EVENTS3	DOWNTOWN SECTION12
LOCAL NEWS6	MOVIE REVIEWS15
OPINION8	CALENDAR OF EVENTS20
SOUTHERN EXPOSURE10	

**ON THE COVER: KANAB BALLOONS AND TUNES ROUNDUP SOARING TO GREATER HEIGHTS.
PHOTO BY JAYME JORGENSON CHURCH.
SEE STORY ON NEXT PAGE.**

The Independent - SUIndependent.com

Color Country's Complete Guide To Arts, Music, Entertainment, Culture & More

The Independent is published the first Friday of each month. All copies are distributed free of charge at over three hundred area locations throughout St. George, Cedar City, UT, Mesquite, NV & surrounding areas.

To contact us please call: (435) 656-1555 or write to:
P.O. Box 3116, St. George UT, 84771.
Editor: editor@infowest.com

For advertising - Publisher Josh Warburton's email:
ipc@infowest.com

To submit a calendar event go to SUIndependent.com

The opinions expressed herein are those of the writers and may not represent the opinion of this publication or its ownership. This publication may not be reproduced in part or whole by any means without the prior written permission of the publisher.

© Copyright 2019 The Independent Publishing Company, Inc.

STAFF

Publisher: Josh Warburton

Editor: Jason Gottfried

Graphic Designer: Josh Segovia

Advertising Director: Scott Dunford

Office Manager: Nikki Slade

Distribution Manager: Elliot Lockwood

Please recycle.



EXTASIS

Performing Argentine Tango Music

**Thursday,
March 21, 2019,
7 pm**

Canyon Community Center
126 Lion Blvd., Springdale, Utah
\$15 tickets
Tickets & more info at:
www.ZArts.org

**Friday,
March 22, 2019,
7 pm**

Center for the Arts at Kayenta
881 Coyote Gulch, Ivins, Utah
\$30 tickets
Tickets & more info at:
www.kayentaarts.com



Cool It!

CRYOTHERAPY AND MASSAGE



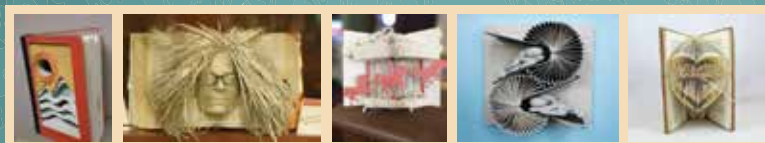
- Reduce pain and inflammation
- Recover from sports and injury
- Elevate energy and mood

(435)429-1637 www.coolitcryo.com
676 Bluff St Suite 200 St. George UT 84770

4TH ANNUAL

Un-Bound

UPCYCLED BOOK ART CONTEST



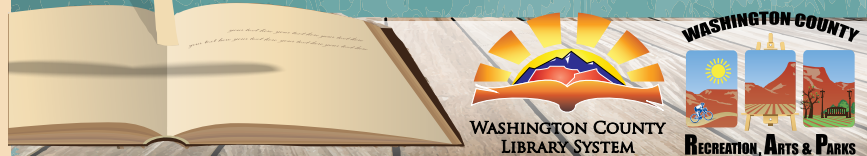
TAKE AN OLD BOOK REMAKE IT WIN

THE WASHINGTON COUNTY LIBRARY SYSTEM INVITES YOU TO SHOW US YOUR CREATIVITY IN RECYCLING AND RE-IMAGINING AN OLD BOOK! THE FOURTH ANNUAL "UN-BOUND" BOOK ART CONTEST THEME IS "LIBRARIES TRANSFORM", SO TAKE AN OLD BOOK, REMAKE IT, AND WIN!

THE CONTEST IS OPEN TO RESIDENTS OF WASHINGTON COUNTY AGES 5-105! PRIZES WILL BE AWARDED IN THE FOLLOWING CATEGORIES: KIDS 5-8, KIDS 9-12, TEENS 13-15, TEENS 16-18, ADULTS 19+, AND SPECIAL NEEDS IN ALL AGE GROUPS.

THE ENTRIES WILL BE JUDGED ON ORIGINALITY, TECHNIQUE, AND THEME. NO HANGING OR WALL MOUNTED ENTRIES WILL BE ACCEPTED. ENTRIES CAN BE TURNED IN TO ANY OF THE EIGHT LIBRARY BRANCHES MARCH 28TH-30TH. WINNERS WILL BE ANNOUNCED ON APRIL 2ND, AND THE AWARD CEREMONY WILL BE HELD ON APRIL 27TH. THE CONTEST IS SPONSORED IN PART WITH FUNDS RECEIVED FROM THE RECREATION, ART, AND PARKS BOARD.

NEED A BOOK? PICK UP A FREE RECYCLED BOOK AT YOUR LIBRARY BRANCH. FOR ENTRY FORMS AND COMPLETE RULES, PLEASE VISIT WWW.LIBRARY.WASHCO.UTAH.GOV.



EVENTS

KANAB BALLOONS AND TUNES ROUNDUP SOARING TO GREATER HEIGHTS

By Karen Williams

Come to the fifth annual Kanab Balloons and Tunes Roundup Feb. 15-17. See bright, beautiful hot air balloons against the stunning Vermillion Cliffs of Kanab and rock out to the music from the Battle of the Bands.

With the event taking place over President's Day weekend, it gives you the opportunity to stay a little longer. Kanab is located in the heart of the Grand Circle and centrally located to many natural scenic wonders. Take advantage of this long weekend to explore three national parks, two state parks, many national monuments, and much more.

Bryan Hill is the event's balloonmeister. He currently lives in Page, Arizona and is also the balloonmeister for Page's annual balloon festival as well as the balloon festival in Panguitch. Hill is an avid

balloonist and participates in several events each year located throughout the Southwest. He enjoys event competitions and won first place overall in 2010 at Albuquerque International Balloon Fiesta. Bryan will be flying in his balloon, called "Basketcase."

"This area is absolutely beautiful and magical and it's extra magical with the colorful balloons flying with the red rock back ground," Hill said.

After Hill graduated from college, he received his Single Engine Land private pilot license. Later, he received his Lighter Than Air (hot air balloon) rating in 2000, and in 2005 he received his Commercial Lighter Than Air rating and has since accumulated over 800 hours in a hot air balloon.

The hot air balloons will launch each morning just after sunrise (weather permitting) at 7:30 a.m. The colorful balloons will fly with a beautiful backdrop of the red rock Vermilion Cliffs, located near the scenic Grand Staircase-Escalante National Monument, with the added beauty of early morning light. The balloons can be seen from all over Kanab.

After enjoying the balloons, check out the tunes at the Battle of the Bands Feb. 15 and 16 on North Main Street. Watch nearly a dozen different bands compete on the outdoor stage for free all day. If you want to vote for your favorite band, purchase a Balloons and Tunes t-shirt for the opportunity to cast your vote.

Don't forget to check out the street fair, also located on Main Street, for a variety

of vendors selling food, art, and one-of-a-kind crafts throughout the weekend. The street fair will be Feb. 15 from 3 to 9 p.m. and Feb. 16 from 11 a.m. to 9 p.m. Vendor applications are still being accepted. If you would like to be a vendor, go to balloonsandtunesroundup.com and find vendor applications at the bottom of the page.

The festivities will continue Feb. 16 with the balloon glow at 7 p.m. The pilots will line Center Street and light up their colorful balloons for all to enjoy. To finish an amazing evening, there will be a wishing lantern launch on Center Street at 8 p.m. Lanterns will be available for purchase at the street fair. Write your wish on it, launch it with a friend, and watch the lanterns fill the night sky. With so many great activities going on, you'll want to stay the whole weekend, so book a room today!

For more information about the Kanab Balloons and Tunes Roundup or lodging in Kanab, go to balloonsandtunesroundup.com.

Sunday morning, the colorful balloons will have their final launch with the backdrop of majestic red rock to be seen by all in Kanab — Magically Unspoiled.



Sign up now and get your
first month of internet for
only **\$1.00**

Fast just got Faster



Internet



Security



Phone

InfoWest

The Internet People™

435-674-0165

www.infowest.com

EVENTS

BLUESMAN SUGARAY RAYFORD PERFORMS AT THE BIT AND SPUR



The Bit and Spur Saloon will host Sugaray Rayford March 1 at 10 p.m.

Rayford began his musical career at the tender age of seven, singing and playing drums in church, and his gospel influences definitely shine through in his music.

"We were in church every day, which I loved," said Rayford. "I grew up in gospel and soul."

As frontman of The Mannish Boys, Rayford and the band won the Blues Music

Award for Best Traditional Blues Album in 2013. Rayford himself has been nominated for over a dozen BMA's, including Vocalist of the Year, and received multiple nominations for B.B. King Entertainer of the Year.



With his eight-piece crack band and personal charm, Rayford's live shows are quickly becoming renowned for their high-energy and celebratory nature, with Rayford whipping the crowds into a frenzy.

Rayford's next album, "The World That We Live In," comprises all original material with the feel of 1960-70 soul. To be released May 26, it includes a full band with horns, strings, and backup vocals with an old-school feel.

Admission is \$15. Attendees must be 21 years of age or older. For more information, call (435) 772-3498 or email evalex@infowest.com. The Bit and Spur Saloon is located at 1212 Zion Park Blvd. in Springdale.

Find more events daily at SUIdependent.com

ORCHESTRA OF SOUTHERN UTAH ANNOUNCES FAIRYTALE-THEMED CHILDREN'S JUBILEE

By Tanisa Crosby

Neverland has never been so close to home as the Orchestra of Southern Utah prepares for a Children's Jubilee in the land of fairytales. As Peter Pan says to just take "the second star on the right and straight on 'til morning," OSU will put on a magical journey into the hearts and souls with fairytales Feb. 9 at 1 p.m. at the Heritage Center Theater in Cedar City.

The annual Children's Jubilee concert is designed for children and their families. This year's theme is fairytales. From classics such as "Hansel and Gretel" and "Swan Lake" to more modern tales such as "Peter Pan" and "The Lord of the Rings," the orchestra is excited for an afternoon of fun, adventures, and magical music that will have everyone's favorite stories come to life before their eyes.

Starting at 1 p.m., the Heritage Center lobby will be transformed into a whimsical



storybook scene. During this time, there will be hands-on science, art, and animals for children to explore with their parents. Doors to the concert hall open at 2 p.m. where the orchestra will play whimsical pieces. The orchestra will also be joined by a children's choir that will navigate the audience to Neverland and tell the story of Peter Pan. Following the concert, there will be more activities both upstairs and downstairs for families to participate in from 3 to 4 p.m.

Tickets are \$5 for adults and children or free with an exchange of three cans of food. Babies are welcome for this concert and have free admittance. For more information, contact OSU Manager Rebekah Hughes at (435) 592-6051 or email beckyosucedarcity@gmail.com.



FOLK MUSICIAN TOM RUSSELL PERFORMS IN SPRINGDALE, KAYENTA

By Joyce Hamilton

This February, the phenomenally talented Tom Russell will take his audiences back to the authentic American West, singing many of his hit folk and cowboy

songs and telling stories of Americana. Russell will perform Feb. 8 at 7 p.m. at the Canyon Community Center in Springdale and Feb. 9 at 7 p.m. at the Center for the

Arts at Kayenta in Ivins.

Russell is a prolific singer, songwriter, essayist, and author. His music remains relevant and exciting, earning him new fans from every generation. Music legends such as Johnny Cash, k.d. lang, Jackson Browne, and Bonnie Raitt have recorded Russell's songs. Bruce Springsteen and Bob Dylan have called his fabled "Gallo del Cielo" one of their favorites. In all, Russell has recorded 35 highly acclaimed records and published six books, which include his art, his songs, and his essays on the West.

In March 2019, Russell's record "October in the Railroad Earth" will drop. It features original songs including the title song from the Irish film "Small Engine Repair." Russell describes the album's vibe as "Jack Kerouac meets Johnny Cash ... in Bakersfield."

In 2018, he appeared on the three-record "Roots and Branches" album put out by Appleseed Records. Russell appears alongside a new track by Bruce Springsteen as well as tracks by Pete Seeger, Joan Baez, Donovan, Tom Morello, Jesse Winchester, Jackson Browne, and Bonnie Raitt.

In 2017, Russell released two records: "Folk Hotel," with 12 new songs, and the Ian and Sylvia tribute "Play One More." Both records have received worldwide acclaim.

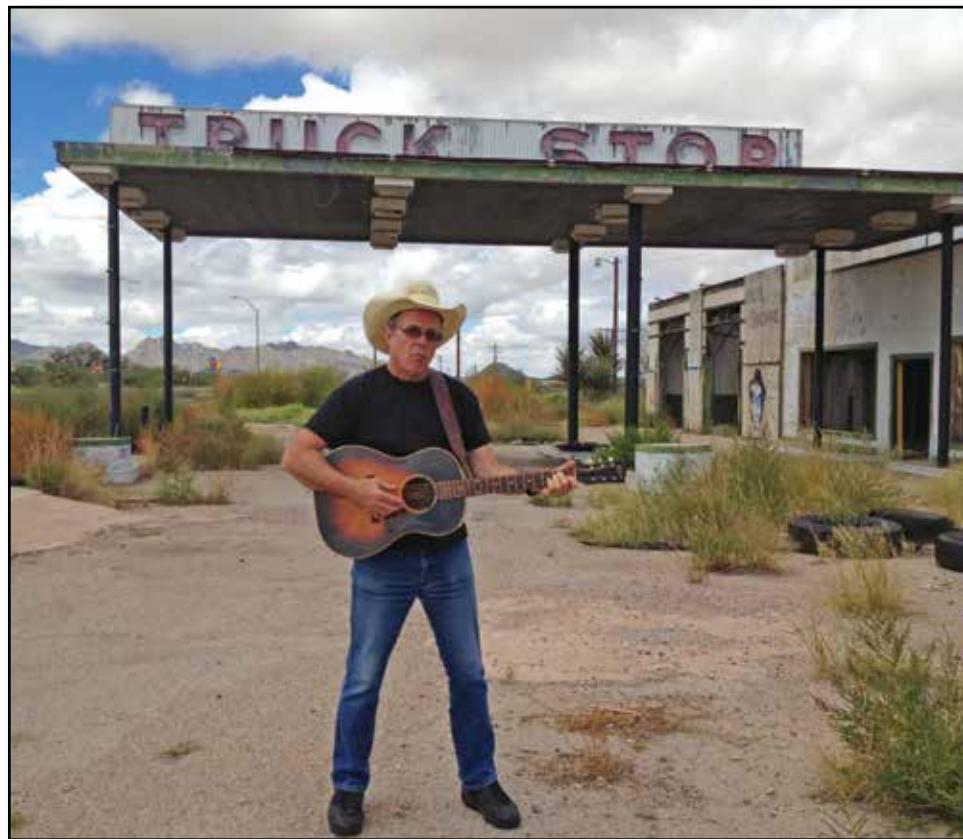
Russell wrote an essay on Johnny Cash that earned him the 2015 ASCAP Deems Taylor Award for excellence in music

journalism. It is included in his book of essays, "Ceremonies of the Horsemen," which currently has a five-star rating on Amazon.

This amazing artist's multifaceted background began with a master's degree in criminology from UC Santa Barbara. He also taught sociology in Nigeria during the Biafran War. His ensuing ventures into music, writing, and art have met with huge success. Several major American museums own Russell's art, and his work is represented by six galleries around the world.

An artist reception will follow the performance where Russell will showcase and sell his art. There is no additional cost to attend. Refreshments will be served.

The Canyon Community Center is located at 126 Lion Blvd. in Springdale. The Center for the Arts at Kayenta is located at 881 Coyote Gulch Ct. in Ivins. Admission to Russell's Springdale performance is \$10 per Z-Arts member and \$15 per non-member. For tickets or more information on these upcoming shows, please visit zarts.org and kayentaarts.com.



Find more events everyday at SUIdependent.com

EVENTS

SUU DANCE PRESENTS ORIGINAL CHOREOGRAPHY

By Ashley H Pollock

SUU's theater and dance department will present Public Displays: An Original Choreographed Dance Concert Feb. 1, 2, 8, and 9 at 7:30 p.m. and Feb. 2 and 9 at 2 p.m. in the Randall L. Jones Theatre. Faculty, student, and guest artist choreographers created dance pieces that are performed by SUU students for the spring dance concert. These pieces are an interpretation of the choreographer's experiences and observations. Hard work, heart, soul, and dedication go into these performances.

"I had the wonderful opportunity to choreograph a piece for Public Displays," said Averi Christiansen, a junior majoring in dance performance and marketing. "It has been so rewarding to see the dancers progress during each rehearsal and enjoy the movement they have been given. The best part about being a choreographer is seeing all of the working parts come together. When the dancers' hard work pays off, when the lighting design accentuates the movement, and the costume adds to the mood of the piece, I can't help but be happy that my choreographic vision

has come true. Southern Utah University's dance department is making its name in the dance world, thanks to the talented faculty members. Dancers are training longer, harder, and are being prepared to enter this field of work. The community is strongly encouraged to attend, not just to be entertained and see what is next in dance but that culture relies on the arts."

The concert also features Burch Mann's original choreography from the repertoire of the American Folk Ballet restaged by Lise Mills. "A Night at Big Bill Broonzy's" and "Rampart Street Parade" are dances that are fun and full of energy. Burch Mann loved the ragtime tap and ballroom style that inspired these dances. Each year, we present a Burch Mann masterpiece to assure her extraordinary talent is not lost.

"It is rewarding to work with such amazing and down-to-earth students and faculty," said Kayla Nelson, a junior majoring in dance education. "I love when I have that 'light bulb' moment where I am finally able to grasp a concept or a move that the choreographer has been asking of me. This production has taught me that I have capabilities beyond what I thought I did. It has pushed me physically and mentally to new capacities and I have experienced immense growth because of it."

For more information about the dance performance program at SUU, please visit suu.edu/pva/ta/dance-performance.html. Tickets are \$10 for adults, \$8 for alumni with card, and \$5 for youth. SUU faculty, staff, and students can get in free with a valid ID card. Tickets can be purchased at the America First Event Center Box Office, at the door the night of the performance, or online at suu.edu/pva.

DICK MORRIS SPEAKS AT WASHINGTON COUNTY REPUBLICAN PARTY LINCOLN DAY DINNER

By Susi Lafaele

What could President Bill Clinton's closest friend and political advisor have to say to the Republicans of Washington County? Come find out and enjoy a delicious dinner. The Washington County Republican Party and the Sunshine Caucus — state legislators and state house representatives from southern Utah — are sponsoring a Lincoln Day dinner featuring political insider, advisor, and commentator Dick Morris Feb. 16 at 6 p.m. at the Dixie Center.

Morris is an American political author and conservative commentator who previously worked as a pollster, political campaign consultant, and general political consultant. After two decades as one of President Clinton's closest friends and advisers, Dick Morris switched to the Republican Party and had a regular feature on Fox News.

The Washington County Republican Party invited him to headline the annual Lincoln Day event to discuss his conservative political views and insider observations. Come listen to current political thoughts from the man who helped President Clinton get elected and then railed against Hillary's candidacy. As he says in his new book, "The New Prince: Machiavelli Updated for the 21st Century," "Message is more important than money... Substance is more salient

than scandal. Issues are more powerful than image, and strategy more important than spin."

The Lincoln Day dinner is an annual gathering for the Washington County Republican Party to inspire party members and celebrate Republican values. This event is traditionally held in the middle of February, close to President Lincoln's birthday — Feb. 12 — and President's Day. Abraham Lincoln was the first Republican President of the United States.

To purchase tickets or sponsor the event, visit wcrputah.com or call Celeste Maloy at (435) 590-1395.



Photo: Mark Taylor / CC BY 2.0

WHITE MOUNTAIN TRADING POST

Quality Native American Jewelry
featuring: Hopi • Zuni • Navajo

Clean Restrooms • Open 7 days
Beer • Ice • Espresso • Propane
Gift Shop with over 100,000 Items

Mention this ad for 20% off at the Trading Post
Junction of US 89 & HWY 9 • Tourist info: (435) 648-2030

**CENTER FOR THE ARTS
AT KAYENTA**

FEBRUARY 15-17, 7 PM

Romance Reigns

John Smitherman

& FRIENDS*

Love songs abound when Broadway legend and Phantom Star returns to Kayenta

*Greg and Mimi Knell, McKenzie Morgan, Joyce Clements, and Sammy Myrick, as well as Music Director and pianist Heidi Webb!

FOR TICKETS AND INFORMATION VISIT
KAYENTAARTS.COM

BOX OFFICE: (435) 674-2787

881 COYOTE GULCH CT., IVINS, UT 84738

LOCAL NEWS

BRIGHAM'S PLAYHOUSE 2019 SEASON FULL OF MEMORABLE PERFORMANCES TO DELIGHT

By Melanie Baxendale

Brigham's Playhouse, a southern Utah leader in live theater, is excited to announce its 2019 season lineup. It includes seven regular season shows and two junior summer productions at their intimate, indoor theater in Washington. The 2019 season will be filled with plenty of laughs, drama, inspiration, and thrilling performances.

To start the new year, "A Gentleman's Guide to Love and Murder" begins Jan. 10. It is a musical comedy and a mercurious romp filled with unforgettable music, non-stop laughs, and a scene-stealing role for one actor playing all eight of the doomed heirs who meet their ends in the most creative and side-splitting ways. On Broadway, it won four Tony Awards at the 68th Tony Awards June 2014, including an award for best musical. The book and lyrics are by Robert L. Freedman and the music and lyrics are by Steven Lutvak. "A Gentleman's Guide to Love and Murder" will run through Feb. 16.

The second production is the timeless, well-known classic "Camelot" and runs Feb. 22–March 23. "Camelot" is the tale of the legendary love triangle of King Arthur, Guenevere, and Sir Lancelot and leaps from the pages of T.H. White's novel in Lerner and Loewe's award-winning, soaring musical. An idealistic young King Arthur hopes to create a kingdom built on honor and dignity, embodied by his Knights of The Round Table. His Ideals, however, are tested when his lovely queen, Guenevere, falls in love with the young knight, Lancelot, and the fate of the kingdom hangs in the balance.

The zany rich-boy-meets-hometown-girl romantic comedy "Crazy for You" runs March 29–April 27. It tells the story of young New York banker Bobby Child, who is sent to Deadrock, Nevada, to foreclose on a rundown theater. In Deadrock, Bobby falls for spunky Polly Baker, the theater owner's daughter. But Polly takes an instant dislike to the city slicker, so Bobby vows through cunning, razzmatazz, and a hilarious case of mistaken identity to win Polly's heart and save the theater. The music and lyrics for "Crazy for You" are by George and Ira Gershwin, and the book is by Ken Ludwig.

Power, ambition, greed. It's just another day at the office in this classic satire of big business called "How To Succeed in Business Without Really Trying" running May 9–June 15. Big business means big laughs in this delightfully clever lampoon of life on the corporate ladder. It will follow the rise of J. Pierrepont Finch, who uses a little handbook called "How to Succeed in Business without Really Trying" to climb the corporate ladder from lowly window washer to high-powered executive, tackling such familiar but potent dangers as the aggressively compliant "company man,"

the office party, backstabbing coworkers, caffeine addiction, and of course true love.

Beginning after our summer break, the blockbuster hit musical "Man of La Mancha" begins August 22 and runs through Sept. 28. Inspired by Miguel de Cervantes' 17th Century masterpiece "Don Quixote," "Man of La Mancha" is one of the most successful musicals in Broadway history. Powerful, brutal, hilarious, and heartbreaking, "Man of La Mancha" celebrates the perseverance of a dying old man who refuses to relinquish his ideals or his passion.

"Wait Until Dark" is a drama that have you on the edge of your seat Oct. 10–Nov. 16. This Frederick Knott thriller is the story of Susy Hendrix, a recently blinded housewife who unwittingly possesses a doll filled with illicit drugs. Harry Roat, a brutal and sophisticated criminal, coerces two small-time thugs into helping him con Susy into giving up the doll. A battle of wits ensues as Susy and the young girl upstairs launch a counterplot against the thieves. The drama of "Wait Until Dark" plays on the themes of darkness and light as Susy navigates through her sightless world and the crooks signal each other with light through the Venetian blinds.

To end the season, Brigham's Playhouse's tradition of "A Christmas Carol" will run Nov. 27–Dec. 28. Our original adaptation of the musical entails the original outline of Ebenezer Scrooge, a prosperous curmudgeon who believes that personal wealth is far more valuable than the happiness and comfort of others. With an infuriated "Bah! Humbug!" Scrooge summates his feelings of Christmas tidings and charitable giving, but he's forced to face his selfish ways when three ghosts lead him through his past, present, and future on Christmas Eve. Thanks to their guidance, Scrooge recognizes his faults and greets Christmas morning with a cheerful "Happy Christmas" before spending the day reconnecting and sharing love with those that mean the most to him.

As part of our Summer Series, two productions not included in the regular season are the junior classics "The Wizard of Oz" and "The Little Mermaid." Both of these are performed by the summer camp participants and run June 27–Aug. 10. Tickets to these junior performances are just \$12. Performances will take place Thursdays–Saturdays at 7 p.m., with matinee performances at 2 p.m. on Saturdays. Regular season tickets for adults are \$23, \$21 for seniors, and \$17 for children over 5 and students. Five- and seven-show season tickets are available at a package price. New for the group's 2019 season is the option of a dessert theater ticket: Pay an additional \$5 when you purchase your ticket and receive your choice of a featured dessert — Angel of Death Cake for "A Gentleman's Guide to Love and Murder" — sweets and treats, and a beverage of your choice.

Brigham's Playhouse believes in the power of live theater and its ability to provide audiences and performing artists with life-changing experiences. It strives to provide professional quality performances that are uplifting and wholesome for the whole family. The perpetuation of the arts through performing arts education and training is also a priority to Brigham's Playhouse. Theater professors Jamie Young and Doug Knapp founded Brigham's Playhouse in 2014 and are pleased to serve tens of thousands of audience members each year.

For more information about Brigham's Playhouse or the dessert theater ticket, please visit brighamsplayhouse.com or call (435) 251-8000. Box office hours are Tuesdays–Fridays from 2 to 7 p.m. and Saturdays from noon to 7 p.m.

Z-ARTS HOSTS UTAH PRINTMAKING EXHIBIT, POETRY READING

By Joyce Hartless

In February, Z-Arts will host an exhibit of original prints made by Utah artists beginning Feb. 2 and running until March 15 as well as a poetry reading by Kimberly Johnson Feb. 28 at 7 p.m. Both events will take place at the Canyon Community Center in Springdale and are free and open to the public.

"Out of Print," a survey of some of Utah's most important artists' original prints, represents 25 of Utah's finest professional artists using the medium of printmaking to create lithographic, intaglio, and relief prints. Printmaking is a fine art using varied techniques and materials to produce multiple "original" works of art. Each piece is considered an original since it is not a reproduction of another work of art and is technically known as an impression. Works printed from a single plate create an edition, and most are signed and numbered to form a limited edition.

The exhibit artists represent a breadth of schools ranging from the super-realism of Edie Roberson to the Mormon Art and Belief movement of Doug Himes. Lee Deffenbach and Tony Smith studied at the Arts Students League in New York City, and Deffenbach studied in Florence on a Fulbright scholarship. Wulf Eric Barsch received the Prix de Rome from the American Academy in Rome in 1975. The work of Paul H. Davis has been featured at the Corcoran Gallery in Washington, D.C. and the Amerika Haus in Hamburg. Portrayed in a Life magazine article as a prominent American artist, Doug Snow's work hangs in collections throughout the United States, including those of the Museums of Modern Art in New York and San Francisco.

This special exhibit is presented by

Z-Arts through the Utah Division of Arts & Museums Traveling Exhibition Program.

Later this month, Z-Arts will host a poetry reading by Kimberly Johnson, an American poet, translator, literary critic, and Renaissance writer. Her poetry collections include "Leviathan with a Hook," "A Metaphorical God," and "Uncommon Prayer." Born in Salt Lake City, she holds master's degrees from Johns Hopkins University and the University of Iowa and a PhD in Renaissance literature from the University of California at Berkeley.

Johnson is the recipient of grants and fellowships from the Guggenheim Foundation, the Mellon Foundation, the National Endowment for the Arts, and the Utah Arts Council. She teaches creative writing and Renaissance literature at Brigham Young University.

Her work has appeared in *The New Yorker*, *Slate*, *The Iowa Review*, *32 Poems*, and *The Yale Review*. Her translations from Latin and Greek have been published in literary and academic journals. She has also published a number of scholarly articles on 17th Century literature.

"Johnson's poems adopt a number of their forms from mystical or sacred texts — psalms, divinations, odes, hymns, spells — but her settings are as earthbound as her own scorched backyard garden or the driver's seat of a white pickup careering down a highway during a thunderstorm," Lisa Russ Spaar wrote in her review of "A Metaphorical God."

For more information, email zarts@springdaletown.com. The Canyon Community Center located at 126 Lion Blvd. in Springdale.



Art by Royden Card

JOHN D. SMITHERMAN PERFORMS AT KAYENTA IN A NIGHT OF LOVE SONGS

By Merrie Campbell-Lee

After performing to sold-out crowds at the Center for the Arts at Kayenta last fall, John D. Smitherman returns Feb. 15, 16 and 17 from 7 to 9 p.m. to perform songs that connect to the love in all of us. He'll be joined by some of the most dazzling voices in southern Utah: Greg and Mimi Knell, McKenzie Morgan, Joyce Clements, and Sammy Myrick. Talented pianist Heidi Webb will accompany. The troupe



will perform songs from musicals including "Phantom of the Opera," "Gone With the Wind," "South Pacific," "Oklahoma," "My Fair Lady," "Casablanca," and more.

Smitherman's exceptional talent has earned him leading-man roles in many productions, including the three leading roles in Broadway's largest musicals — "Les Miserables," "Phantom of the Opera," and "Jekyll & Hyde" — a feat that earned him a spot as one of the original "Three American Tenors." Smitherman has earned countless awards, including the NY Salt Award (twice) and the Handy Award.

Don't miss out on an unforgettable evening of gorgeous music sung by the legendary Smitherman and southern Utah's extraordinary vocalists. Tickets are \$30 or \$10 for students. Purchase tickets online now at kayentaarts.com, or call (435) 674-ARTS. The Center for the Arts at Kayenta is located at 881 Coyote Gulch Ct. in Ivins.

HOMEGROWN TROUT CAVIAR: A NEW DAWN FOR FRESHWATER PISCICULTURE IN UTAH?

By Pitamber Kaushik

It's a delicacy so lavish that the suitable cutlery etiquette prescribed with it involves serving it in a deftly crafted mother-of-pearl spoon, often intricately decorated, in order to avoid tinting its delicate, ultrarefined flavor. These black pearls are the roe — egg masses — of the sturgeon fish *Acipenseridae*, particularly of the *Acipenser* genus.

Traditionally a zone dominated by East Eurasia with the bloom of high-end dining and increasing demand and diversification of gourmet cuisines, local suppliers have mushroomed all over America, particularly in the Great Lakes Region. When the wild caviar production was put on a brief hiatus in Russia between 2008 and 2011 to allow wild stocks to replenish, it created a supply deficit upon which the minor local caviar industries elsewhere were quick to capitalize. This temporary suspension window of the supply monopoly spared ample scope for steep development as well as discrete and distinct ascension and maturation of the American *Osetra* production.

While both biology and epicurean puritans and gastronomical patrons vehemently argue against calling trout roe "caviar," labeling the act an ugly definition-stretching — nay, a warping — American companies employ this sole means to circumnavigate the sale prohibition imposed by the American government. The practice was outlawed due to preservational considerations attributed to reckless overfishing. Traditionally, caviar comes from beluga sturgeon caught in the Caspian Sea on the Russo-Persian border. Today, the need is filled by producing caviar from the roe of wild and farm-raised sturgeon, salmon, whitefish, and trout.

Unfertilized trout eggs in rural Utah farms and ponds supply to far-off gourmet eateries. The fertilized — colloquially referred to as "eyed" — eggs are sold off to hatcheries and nurseries, supplementing the income. However, as environmental standards and precautions intensify, farms find it increasingly difficult to meet the demand from sources capped by stringent constraints and sustain the transaction.

A single-pound rainbow trout will produce about a thousand eggs annually for several years in its optimum plateau phase. That's a meager amount compared to sturgeon, which will produce an approximate hundred thousand eggs per pound.

The Utah Department of Agriculture in 2014 had to entertain an unprecedented and justified request for certification and was consequently compelled to devise proper food safety guidelines from scratch

for local caviar producers to adhere to be formally safety certified. None existed before, attributable to lack of any sort of substantial fishery culture in the state.

In December, Salt Lake City's New Yorker Restaurant, with full-fledged formality and ceremonious service, serves well apportioned servings of culinary prepared caviar in 30-gram measures, priced at a mere \$70 per portion.

Enjoying extraordinary patronage ranging from Tsar Ivan IV ("The Terrible") to James Bond through Vladimir Putin, caviar has long been the muse of the regalia and the affluent.

With extravagant patronage comes meticulous responsibility. The haute cuisine par excellence is morally obliged to uphold high informal palate standards and delicate tastes of skeptical chefs and restaurateurs — and often just-as-critical patrons and customers. But as stringent definitions dissolve and local sources become increasingly commonplace, this once esoteric delicacy is transitioning from exotica and the muse of the ultra-rich to the occasional celebratory of the upper middle class. But it still has a long way to go.

well founded position is also held and conceded by most organizations, including the Convention on International Trade in Endangered Species of Wild Fauna and Flora, the World Wide Fund for Nature, and the United States Customs Service and France — the gastronomical Acropolis and Olympus of the world — where it constitutes an essential component of the hors d'oeuvre. It's not uncommon to stumble upon nitpicky gourmands denouncing, bemoaning, and crying foul of the falling standards of what is served as caviar at the petty eateries, bistros, and the petit brasserie — though the majority of casual bourgeois triers couldn't bother less, especially when they've bigger woes as a burning hole in their pockets to attend to.

White sturgeon (*Acipenser transmontanus*) caviar, colloquially known as the *Osetra* caviar — though held as a relatively inferior grade of caviar relative to the ideal beluga and the Russian and Iranian *Osetra* caviars — still qualifies as true caviar, unlike trout and salmon roe, the commonplace occurrence of the fish in the Western part of the continent has immensely benefited local fisheries. They

between river systems. Inhabiting river systems in California, sparsely in sizeable but isolated landlocked freshwater pockets of Montana, and sporadically in other neighboring states, they pose the most significant competition to the endeavors of budding freshwater entrepreneurs of Utah trout roe. The prime, divisive, polarizing bone of contention among critics and ratifiers alike — the breadth and scope of stretching the definition of caviar, precisely the fact whether the nomenclature encompasses conventional proxies — shall prove the decisive factor in determining whether Utah's trout caviar efforts shall sustain and outrival its purist neighbors and the fish's ostensible pureblood cousin.

The Bonneville cutthroat trout, the incumbent piscine living insignia of the state of Utah, along with its former counterpart the rainbow trout, is intimately tied to both the paleogeological and the modern anthropocentric history of the river. Historically being the animate barometer and vital sign of the ecological well being of the river system, their very evolution and migration are borne of two dams: the prehistoric formative cataclysm that was the desiccation of Lake Bonneville in the Bonneville Flood, a geological event underlying the very structure of the land's superficies; and the ambitious damming of the Columbia river, a generous source of employment during the human cataclysm of the Great Depression. It's today a source of the budding pseudo-caviar industry in the state.

Due to the indiscriminate catching and handling late-in-life-cycle (supposedly marring the delicate, prone flavor), a recklessness towards ecology characteristic of the industry therein, and infestation of the industry by notorious outlaws and illicit poachers, the once prized, snobbishly monopolized, and proudly asserted Russian-sourced caviar is falling out of favor of both ordinary ethics-conscious restaurateurs and consumers out of both ethical and epicurean perfection-related considerations. The next best thing, Persian Frontier caviar, holds good on all the aforementioned criteria; is ecologically sustainable (in small portions), hand picked, and hence fastidious; meets ecological and humanitarian considerations, quality standards, and automatically stringent selection. But alas, Iran is not on trading terms with the USA. The qualifying and disqualifying labels premature, unfertilized and "eyed" intricacies play a significant role in determining and maintaining the delicate taste of caviar as does prompt separation, refining, and cleansing of the roe in order to rid it of the typical foul fishy odor and taste that by far overwhelms, subdues, and spoils the delicate taste and texture of the dish and ruins the savoring experience.

While the ban enacted on sturgeon fishing *au naturale* and various regulatory and prohibitory measures and impositions on catch, sale, rearing, and imports of the species are in place despite its demographics surmounting decent thresholds, and as Russian caviar is ruled out by many for the sake of ethical obligations, the time is ripe for Utah's trout industry to capitalize upon the burgeoning consumer bases for the niche delicacy.

Will the former black gold of the Land of Rus prove Utah's new black gold, a moniker befitting of the novel produce, or shall it prove to be its El Dorado? Only time shall tell — but to set the record straight, trout caviar is vermilion.



The trout roe, just as the salmon Roe, is a stark pearl orange in color but better resembles the original puritan beluga sturgeon caviar in its diminutive size. These vivid vermilions are often consumed with bread or whole bowl with potato-allium croquette, basil oil, and dollops of *creme faiche* (often infused with the stock of the source fish) and eggs as accompanying sides — besides the usual way imitating the beluga caviar's serving, i.e. flanked with finely chopped hard-cooked eggs and diced onions.

Although according to the United Nations' Food and Agriculture Organization the roe of any fish not belonging to the *Acipenseriformes* order are not classifiable as "caviar," a criterion that befits paddlefish but tests negative for trout et al, the norm is seldom enforced but by the most meticulous gourmet connoisseurs.

However, this very scientifically

were once the main food source for First Nations people in the early 19th century until overfishing by commercial fleets for caviar shoved and teetered them to the verge extinction by the early 20th century, whereupon they were rescued from the very brink by a timely government sanction in the form of a legislation prohibiting their sale, partly attributable to the "least concern" status of the now-abundant fish. Government intervention through various departments and agencies has been instrumental to their survival and conducive to their thriving and proliferation, although young ventures claim that they pose a mild hindrance to the late blooming of this industry, struggling to keep pace with a burgeoning and diversifying demand.

White sturgeon, which are native to several large North American rivers that drain to the Pacific Ocean, primarily dwell in estuaries but migrate to spawn in freshwater and travel great distances

OPINION

TREES OR LAWNS: WHICH WILL PROVIDE A BETTER FUTURE?

By Lisa Rutherford

For the 12 years during which I've been studying the proposed Lake Powell Pipeline — reading articles and studies, attending meetings, and writing — there has been a constant refrain from LPP proponents when the issue of lawn removal comes up: We need grass because without it more energy will be needed to cool homes, adding to residents' home costs. Additionally, this area has prided itself on its lush landscaping and abundant golf courses, helping to balance the red rock vistas with lovely verdant green.

But is grass the only way to achieve that look in our urban environment? Is grass the best way to ensure a water-wise, sustainable future? Or are there other ways to achieve lower temperatures and save energy?

State reports for 2015 and 2018 reveal that citizens overwater outside. The Washington County Water District

publication 2014 Summer Water Line revealed that 61 percent of our residential water use goes outside, mostly on grass, and most of that is culinary (potable) water. Information currently on the district's website — information that includes residential and institutional, commercial, and industrial water use — reveals that 58 percent of water is used outside, again most of that culinary.

Clearly, a lot of "drinking" water is being used to maintain lawns, water that could be used to "maintain" people instead. If people like lush green and holding down temperatures and energy costs, what's another option?

Trees.

As our urban area grows, decisions concerning how our precious water should be used will be critical. Currently, our high overall usage — around 303 gallons per capita per day, much more than other desert cities — is obviously being driven by high water use on lawns, encouraging a perceived need for the Lake Powell Pipeline.

One study done at UCLA, "Water Use by Urban Lawns and Trees in Los Angeles," specifically compared water use by trees and turfgrass in the L.A. area. The study revealed that trees use less water than unshaded turfgrass. The study also revealed that L.A. lawns accounted for 70 percent of the total water used on landscapes that consumed nearly 100 billion gallons of water per year. Certainly, this is important to keep in mind as our area grows.

Water, has become an important issue, particularly in the desert southwest and west. Many studies regarding the "urban heat effect" have been conducted. City growth results in more blacktop, concrete, and other materials that add heat by absorbing solar radiation during the day, much of it released at night into the air, creating a warm bubble and compounding the problem. Comparing the effects of trees and grass on temperature and the associated energy needed to cool buildings is very complex. Issues such as evapotranspiration — the transfer of water evaporating from the soil and transpiration from plants in that soil to the air — solar radiation, wind speed, and more must be considered.

A 2015 study by a landscape and urban planning organization focused on urban greening infrastructures states, "In most cases, tree canopies are the optimal solution for shading both canyon surfaces (areas between buildings) and the pedestrian space, and they also provide evapotranspirative cooling." As climate change progresses and adaptation is required, any urban greening infrastructure, they advise, should determine key objectives; temperature mitigation is only one. The report emphasized that much work remains to be done to determine optimal urban greening infrastructure arrangement for a particular situation, but there is sufficient information available for local governing bodies to take positive action to help mitigate rising temperatures.



Another report, "The cooling efficiency of urban landscape strategies in a hot dry climate," noted, "Unshaded grass was found to cause only a small air temperature depression and had the highest water requirement."

Whether we believe climate change to be manmade or not, the effects are being felt and must be dealt with.

"The effect of tree shade and grass on surface and globe temperatures in an urban area," a study done on lawns and trees, revealed "that both grass and trees can effectively cool surfaces and so can provide regional cooling, helping reduce the urban heat island in hot weather. In contrast grass has little effect upon local air or globe temperatures, so should have little effect on human comfort, whereas tree shade can provide effective local cooling."

Another study, "Comparing Cooling Effects of Trees and Lawns in Phoenix: Implications to Building Energy Consumption," stated, "Results reveal that trees can significantly decrease canyon temperature in summer and promote building energy efficiency due to shading effects. Comparisons also indicate that the shading effect is more prominent than evapotranspiration." Grass provides no shading effect, only evapotranspiration.

Finally, a 2017 study, "A Methodology for Calculating Cooling from Vegetation Evapotranspiration for Use in Urban Space Microclimate Simulations," emphasized, "In general, surface shading is usually more effective than evapotranspiration in reducing building energy use..."

This is not to say that lawns do not provide some measure of cooling. But given the amount of water needed and the overwatering we currently see in our area, lawns are not the best choice.

However, there are challenges with using trees also. Our area has a growing ozone problem. More cars and use of lawn equipment create emissions that add to the problem. Volatile organic compounds, also known as biogenic volatile organic compounds, are the culprits. When combined with heat and emissions, ozone is increased. Although people vary in their susceptibility to ozone's effects, even healthy people as well as people with respiratory issues can be affected.

A 2012 study done by the University of California identified a variety of trees with high and low biogenic volatile organic compound levels. Poplars and willows were identified as problem trees with high levels. The study adds that this does not mean that these trees and others should not be used; however, it does mean that they should be used with care in an area with ozone problems while trees with low biogenic volatile organic compound levels should be given greater consideration. Desert willow, mimosa, thornless honey locust, and chitalpa are examples of trees with low biogenic volatile organic compound levels.

Also, placement of trees is important to provide proper shading and obtain maximum benefit. Both lawns and trees act as carbon sinks — absorbing carbon from the atmosphere — to help counter global warming. Many studies are being done on how well each succeeds.

These are complex issues requiring further study. And I haven't even touched on the pollen issue for both lawn and trees that needs to be considered. However, instead of just plopping down a lawn and giving little thought to the matter, residents and leaders need to learn more and set a new course — and not "golf." Given what we now know, lawns should not be our future; trees should.

For a list of the benefits of trees, go to projects.ncsu.edu/project/treesofstrength/benefits.htm.

Originally from New Mexico, Lisa Rutherford taught elementary school for several years in Texas after graduating from the University of Texas at El Paso before moving to Anchorage, Alaska, where she worked in the oil industry for 20 years. She has lived in Ivins for 17 years. Lisa serves on the board of Conserve Southwest Utah and the Ivins Sensitive Lands Committee and maintains a Southern Utah Issues Facebook page.



St. George
**BICYCLE
COLLECTIVE**
www.bicyclecollective.org   

(435) 574-9304

judith@bicyclecollective.org

70 W St. George Blvd

**Non-Profit Community Bike
Shop
Everybody Welcome!**

+VOLUNTEER AND LEARN
TO FIX YOUR BIKE
+DONATE BIKES, PARTS,
GEAR
+ BUY A PRE-LOVED BIKE
+ EARN A BIKE

Monday *Closed

Tue 11AM - 6PM

Wednesday-Volunteer
Day

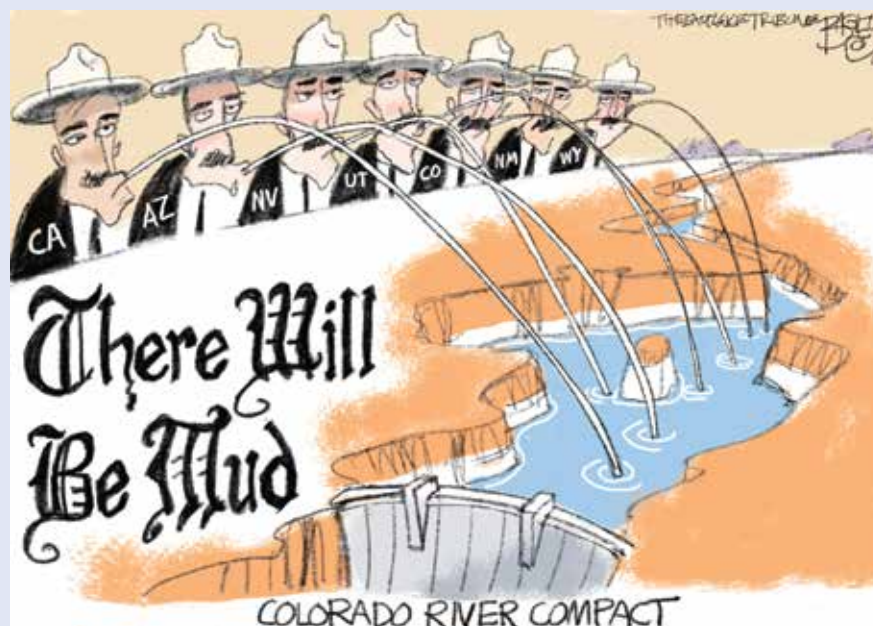
Thur 11AM - 6PM

Friday *Closed

Sat 10AM - 2PM

Sunday Closed

*By Appointment Only



Pat Bagley, The Salt Lake Tribune

**Find more opinions daily
at SIndependent.com**

OPINION

JOURNALISM'S CREDIBILITY TAKES YET ANOTHER HIT

By Rich Manieri



"We don't report rumors."

That seemed obvious when a newsroom colleague said it to me some 20 years ago.

We had received information, which turned out to be unfounded, regarding some salacious stories about a local politician.

"Wow, it's a good thing we don't report rumors," my colleague said as we laughed off such an absurd notion.

What has changed in two decades?

We now report rumors, and innuendo, and speculation, and a lot of stuff that's flat out made up.

When Special Counsel Robert Mueller's office has to release a statement debunking a report that the president of the United States committed a federal crime, you know things are bad.

That report came from BuzzFeed, whose top story as of this writing is "37 Confessions About Sex That Will Make You Feel Less Alone." While you're reading that, you might as well take the quiz to find out what pizza you are.

If BuzzFeed is a legitimate news outlet, I'm Rasputin.

The story that President Trump ordered his personal attorney Michael Cohen to lie to Congress was broken by a reporter who has, at least according to CNN, a checkered past that includes plagiarism. That's like trusting a surgeon who has a history of not washing his hands.

And yet, even though no other major news outlet in the country could corroborate the BuzzFeed story, that didn't stop them from reporting BuzzFeed's "bombshell."

In other news, as we say in the business, a Kentucky teenager and his high school are dealing with threats of violence following a misleading, 30-second piece of video from Washington, D.C. that went viral over the weekend.

It was widely reported that a group of teens wearing "Make America Great Again" hats were harassing a Native American man. The young man in the center of the video was reported to be "smirking." Social media then did what it does, and before anyone bothered to take an extra five minutes to look a little deeper, the poor kid was worse than Hitler. Predictably, the video triggered a barrage of hateful tweets from Hollywood types, among others.

But alas, a longer version of the video, which told a different story, was subsequently released. Apparently, the Kentucky teens were pretty much minding their own business when they were verbally

harangued by another group and approached by the Native American man.

The Covington Catholic High School student at the center of the controversy, Nick Sandmann, said he was "mortified" that anyone would believe he and his classmates would do such a thing.

The school was closed Tuesday due to safety concerns.

And finally, I give you breaking news from PhillyVoice.com, a Philadelphia-based news site trying to compete with Philly.com.

PhillyVoice, citing "more than half dozen" anonymous sources, reported that Philadelphia Eagles quarterback Carson Wentz is "selfish" and "egotistical" and a general cancer in the locker room.

After the story broke, several veteran players who did go on the record rushed to Wentz's defense, with one player calling the report "#fakenews."

I don't know if there is anything to the story or not. But I do know there are 53 men on an NFL roster. If you're going to run a story that damages a star player's reputation and potentially hurts his marketability, you might want to have more than seven anonymous sources.

But this is journalism, circa 2019. Report first, apologize later. Rush to judgment as long as we agree with the verdict. Truth is relative.

I take no pleasure in writing this. Journalism is my chosen profession. I teach it to college students. But it's becoming more and more difficult to defend.

I don't think it's a stretch to say that the three stories I highlight here would have never seen the light of day 30 years ago. The business was never perfect but the standards were different then, they just were, and there were no social media to throw petrol on smoldering embers.

The world has changed, and so has journalism.

Someone else reporting that something might be true seems to be enough.

I'm always reminding students that journalists have power, but with power comes responsibility. You're reporting on real people who have lives and families. There are consequences.

My hope is that these 19 and 20 year olds will be the ones who restore some sort of order.

Before the profession itself becomes a rumor.

Rich Manieri is a journalism professor at Asbury University in Kentucky. He spent some 30 years as a television and print journalist, speech writer, government spokesman, communications consultant, essayist and columnist. He has won both Associated Press and Emmy awards for television news reporting as well as a Keystone Award in Pennsylvania for column writing.

TOXIC MASCULINITY IS A MYTH

By Christine Flowers

Last week, shaving-supply company Gillette released a controversial ad reminding guys of their "toxic masculinity," a phrase that has popped up to describe the supposed hazards of typically male behavior.

The ad begins by showing men engaging in Neanderthal-like activities including cat-calling, bullying, mansplaining, and using sexual innuendo when talking to women. Then, in a cloyingly obvious nod to #MeToo, the ad suggests that men can "get closer to [their] best" by being empathetic to women's needs and intervening when their pals engage in harassing behavior.

The "short film," as the razor giant calls it, quickly went viral. As of this writing, more than 16 million people had viewed it on YouTube. While some have praised Gillette for challenging behavioral norms, others are threatening to boycott the company for stereotyping all men as misogynists and bullies.

The message I see in this ad is that men need to stop being men and that men's default position is bestial. I think that's outrageous.

I am not surprised that ad executives have fallen prey to the "men are bad" narrative, which is the extreme and ridiculous response to the equally extreme and ridiculous "women are victims" narrative that has become conventional wisdom in the wake of the sexual abuse accusations against Harvey Weinstein. Madison Avenue has about as much of a social conscience as Wall Street.

Unfortunately, the executives at Gillette aren't the only ones who think that men are a problem.

This month, the American Psychological Association released its first-ever guidelines designed to help psychologists work with men and boys to address the so-called epidemic of "toxic masculinity." According to the APA's research, "traditional masculinity — marked by stoicism, competitiveness, dominance, and aggression — is, on the whole, harmful."

I believe this hostility toward men is dangerous, but I also know that it's nothing new. As the second and third wave feminists gained momentum over the last 50 or so years, they bolstered a narrative that has become accepted wisdom: Men, the patriarchy, and masculinity in general have been the source of women's suffering. Women are taught to blame men for

everything bad that has ever happened to them. The #MeToo movement is just the next generation of this.

The new guidelines put a negative spin on characteristics that have traditionally belonged to the male of the species. For example, they treat men and boys' reluctance to "talk" and share their feelings (unlike women and girls who use language to bond) as something harmful because it implies that men can't express their emotions. That's much too general a statement to make.

As someone who loves men very much and who grew up around the John Wayne-Gary Cooper-Jimmy Cagney archetypes, this frightens me. When I taught at the Haverford School almost 30 years ago, I worked with boys who were filled with energy, aggression, ambition, joy, and courage. While it was necessary to channel those qualities in the right direction, it would never have occurred to me to teach those kids that their natural inclinations were "toxic."

It seems to me that the APA is trying to use psychology to encourage men and boys to go against their inherent nature, to feminize them, to socialize them into communicating more like females. I also taught at Villa Maria, a girls' school, and believe me when I tell you that not every thought needs to be expressed. Stoicism has an upside.

In my opinion, these guidelines are designed to change men so that women who are threatened can feel safe from the supposed "toxic masculinity" — aka male human nature.

The people who support the APA's new guidelines and praise Gillette's message are pretending to care about the welfare of boys and men, but I don't believe that's true. I believe they are mistakenly trying to protect women from a patriarchy that they deem to be harmful.

Masculinity is not toxic. It's normal, it's human, and it's good. We need to remember that, despite what Madison Avenue or #MeToo wants us to believe.

Christine Flowers is a Philadelphian who loves the Eagles but can leave the cheesesteaks. She writes about anything that will likely annoy the majority of people, and in her spare time practices immigration law (which is bound to annoy at least some people.)

STAY UP TO DATE ON
ENTERTAINMENT, ARTS, MUSIC
AND LOCAL NEWS AT
SUIDEPENDENT.COM
UPDATED DAILY!
THE INDEPENDENT
— A voice for Utah —

Beaver Dam Station & Bar
INVITES YOU TO COME PLAY
The Pick
ARIZONA LOTTERY
ARIZONA POWERBALL
WIN MILLIONS!
Come enjoy Live entertainment at the bar! Karaoke on Fridays!
928-347-5589 • 928-347-5492 - Hwy 91, Littlefield AZ

SO. EXPOSURE

OUR GEOLOGICAL WONDERLAND: AN ANCIENT SEAWAY, RIGHT HERE IN ST. GEORGE

By Rick Miller

This is a tale of two trips. One trip can be physically taken, and you may have already taken it, perhaps more than once. The other trip can only be undertaken mentally, unless you have a way of actually traveling back through time.

The physical trip

If you have ever visited either the North or South Rims of the Grand Canyon, you have driven and probably walked on portions of the Colorado Plateau (Figure 1). Around the canyon area, the surface of the plateau where it's not paved over or built up consists of a rock unit called the Kaibab Formation. This formation is the youngest unit at the canyon, and this is based on the fact that it is the top-most unit. In geology, this interpretation is based on the Law of Superposition.

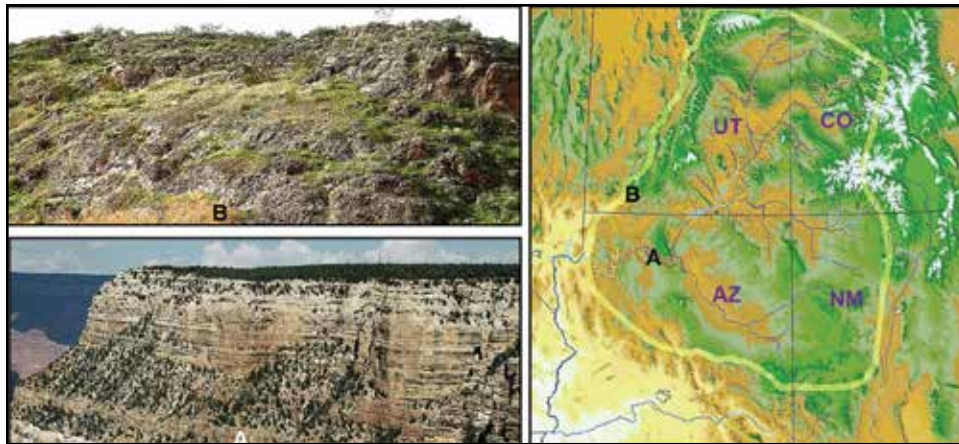


Figure 1. Outline of the Colorado Plateau. A. Exposure of Kaibab Formation at the Grand Canyon. B. Exposure of the Kaibab Formation in St. George along River Road.

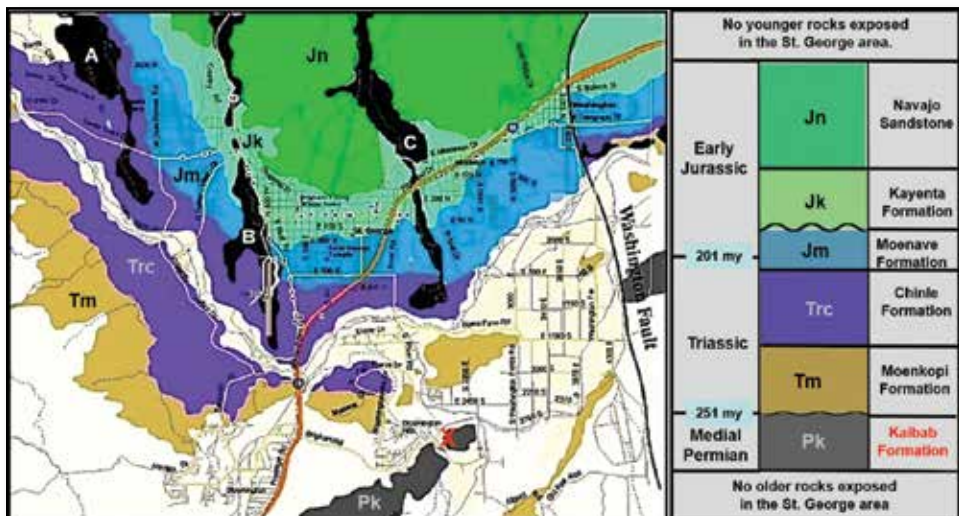


Figure 2. Geologic map and stratigraphic column of formations in the St. George area. Each color on the map represents where each different formation is exposed at the surface. Red "X" marks the location of the Kaibab Formation along River Road. Letters A, B, and C represent young basalt lava flows.

Closer to home here in St. George, you can still visit and see the Kaibab Formation on the Colorado Plateau. It is exposed in low hills along River Road just past the turn-off to Little Valley at Horsemen's Park Drive. Although new housing developments have sprung up like mushrooms along this part of River Road, the low hills are still accessible. Although in both areas the Kaibab Formation are the same geologic age, in contrast to these rocks at the Grand Canyon, the Kaibab is the oldest rock unit exposed at the surface here in St. George (Figure 2).



Figure 3. This is perhaps a reasonable representative visual of the widespread seaway that existed around St. George about 270 million years ago, but it is actually an image of a modern-day warm, shallow tropical ocean such as you might see in the Bahamas.

The mental trip: The present is the key to the past

Once upon a time, as geologists tell it — actually about 270 million years ago — what is now St. George was in the middle of wide ocean seaway (Figure 3). Well, that is easy to say. The question is whether it can be proven. The answer is "yes," by studying preserved evidence of the rock and

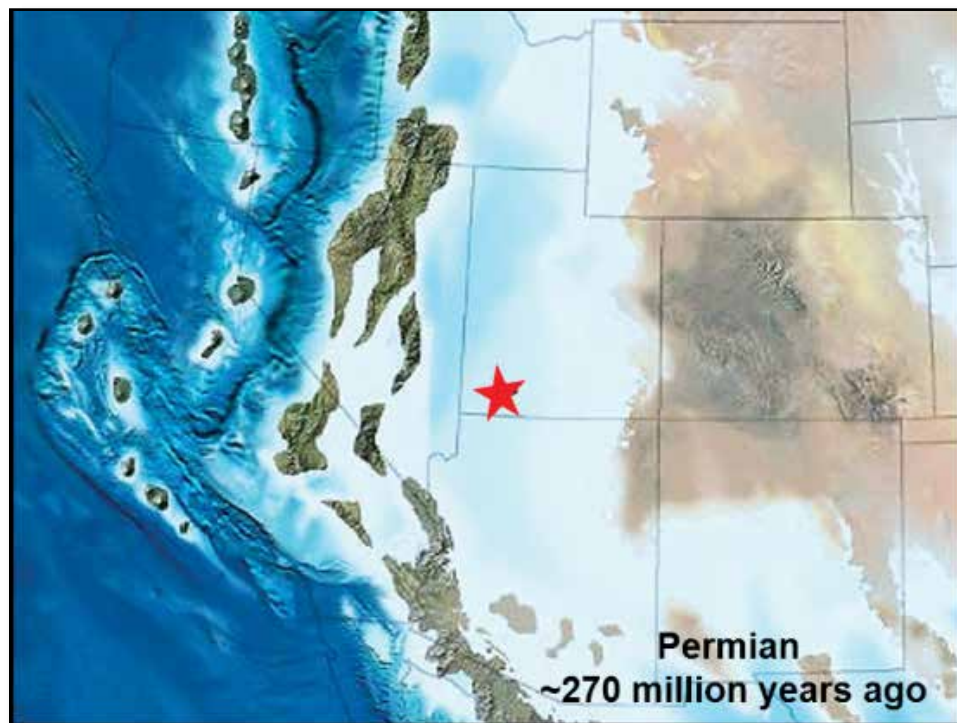


Figure 4. Late Permian paleogeographic map for southwestern United States showing location of future St. George (red star). The extent of this widespread sea (light blue area) was determined by studying the preserved rock record.

fossil records and applying various geologic principles that have been established over the past 350 years.

So back 270 million years ago, during Permian time, a reconstruction of the seaway where the future St. George was to



Figure 5. Modern tropical ocean. A. Shallow, mostly flat-bottom tropical ocean. B. Calcium carbonate sediments form in such oceanic environments. The carbonate forms from the breakdown of calcareous algae and other calcareous-shelled marine organisms such as clams and snails. This image was taken in warm, shallow ocean water offshore from Bikini Atoll, southwestern Pacific Ocean. Wheel and tire were blown off a military vehicle during atomic bomb testing in the 1950s and are slowly being buried by these calcareous sediments, perhaps to become a future trace fossil of human activity.

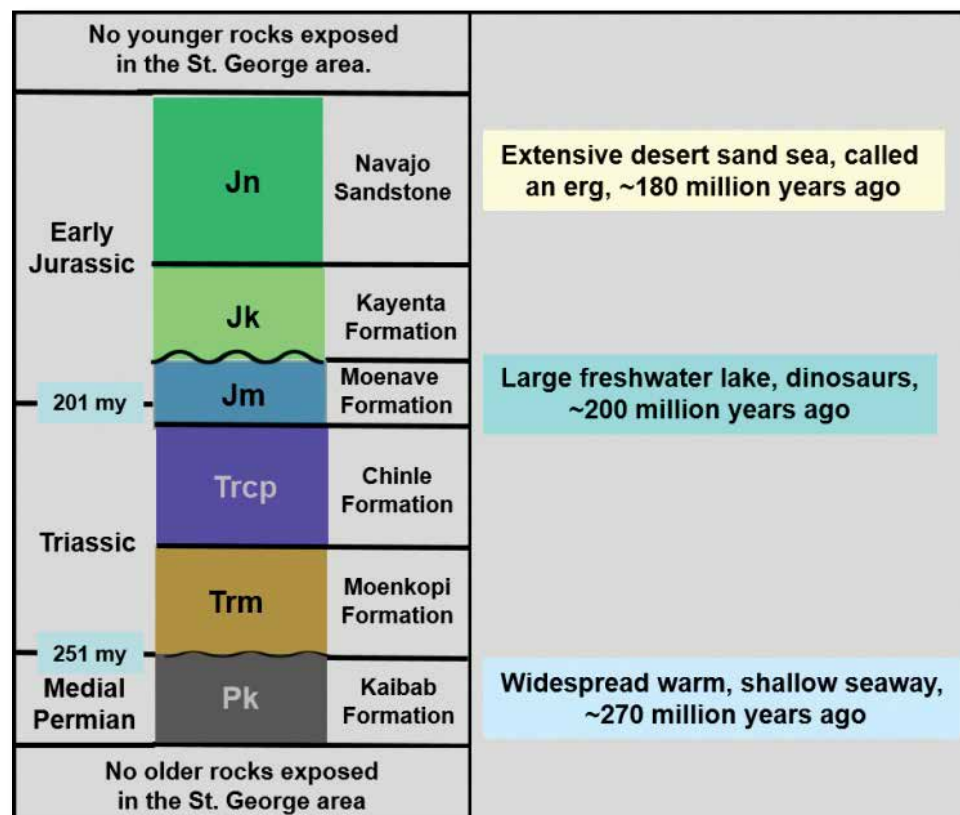


Figure 7. Stratigraphic column for the St. George area and description of changes in the environmental conditions over a period of about 80 million years.

be located can be seen in Figure 4, which represents a paleogeographic map. Maps like this are based on a lot of basic geologic field work and identification of rocks and fossils. The distribution of this Permian seaway is therefore based on recognition of the widespread distribution of the Kaibab Formation, which is found in Nevada, Arizona, Utah, and Colorado. Similarly aged rocks and fossils occur in other states, but they have been given different formation names. But because these different named rocks have very similar characteristics and fossils, they are also used to reconstruct the extent of this sea.

ancient geography around St. George was quite different than what we see here today.

During Permian time, successive layers of mostly calcium carbonate sediments were forming within this widespread warm, shallow sea, and they were being deposited along with remains of a variety of marine-dwelling organisms. As they became buried, these sediments were lithified into rocks, and many of the remains of dead organisms were incorporated into the rocks and became fossilized. As noted above, geologists have named these rocks the Kaibab Formation.

The Kaibab is mostly carbonate sedimentary rock consisting of limestone (calcium carbonate) and dolostone (calcium/magnesium carbonate). But in some areas, it contains significant amounts of sandstone. Based on comparisons with modern environments such as the Bahamas or the Florida Keys, these rocks and fossils

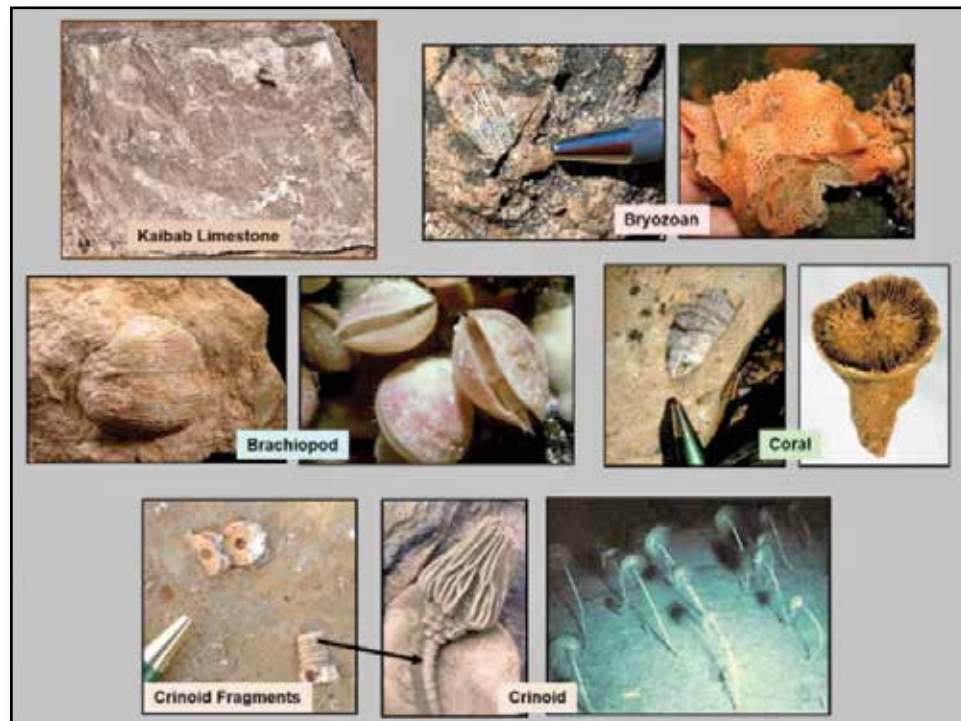


Figure 6. Hand-sized sample of limestone from the Kaibab Formation and some of the variety of fossils that occur within the Kaibab with more complete examples of younger age or modern, living specimens. Most fossils in the Kaibab here in St. George are in poor to fair condition, tend to be relatively small, and are relatively easy to find.

Geophysical evidence, isotopic studies of carbon and oxygen elements in the rocks and fossils, and paleontological data collected from the rocks that formed in this seaway indicate that St. George was located roughly 15–20 degrees north of the equator. Therefore, the climate would have been subtropical, and water in this seaway would have been warm and shallow, very much like the Bahamas today. Clearly, the

provide evidence of the conditions existing in this widespread sea and the processes by which they formed (Figures 5 and 6).

So here in our geological wonderland, we recognize that we were once in the middle of a widespread sea that existed in a tropical environment. That is quite different from what was described in a previous article, which indicates that St. George was once in the middle of a widespread tropical desert of sand. We also know from a previous article that we were once in a large freshwater lake that was populated by a variety of dinosaurs and other animals and plants.

It is a bit hard to mentally grasp such changes because we are not used to thinking in terms of hundreds of millions or even a few million years and that in such long intervals of geologic time, immense changes can occur and have occurred on Earth (Figure 7).

Dr. Rick Miller is a semi-retired professor of geological sciences (San Diego State University) with primary interests in microscopic fossils and the history of our planet Earth. He moved to St. George in 2001 because of the beauty and geological setting.

Find more at SUIdependent.com

DANGEROUS ANIMAL TRAPPING PRACTICES IN ST. GEORGE JEOPARDIZE HUMANS AND ANIMALS ALIKE

By Kris Neal

An early morning call led to a social media firestorm, Dixie Wildlife Resources being flooded with calls and emails, a coyote being euthanized, and an investigation being opened on the legality of one particular leg restraint trap.

Jill was running her dog by the airport in St. George when he engaged a live coyote in a leg-hold trap. Jill skillfully prevented him from being bitten by the trapped animal. Luckily, Jill was not injured in the process, but it just as easily could have gone badly.

Jill phoned me and asked for help with the coyote, knowing that I've had experience with this in the past. Confident the animal's ultimate fate was death, my gut told me to call my husband to go put the coyote out of his misery. But my head told me that the law is the law, and I went through proper channels and asked Dixie Wildlife Resources to please send an officer out to shoot the poor animal and end its suffering.

I was told that there was nothing they could do but document the call and location and make sure the person who set the traps checks it within 48 hours. I told the officer that we just want the coyote out of its misery, not released, and that the poor thing had no food, water, or shelter. But the officer simply responded that the coyote was the property the trapper, who had 48 hours to claim his bounty.

As a civilized society, we would knowingly let the poor animal suffer for a full 48 hours in inclement weather while hoping a trapper will check his trap?

This trapper's rights, not knowing whether the trap is legal or not, trumps the fact that Jill's dog could have been killed by a trapped animal and that Jill could have been injured. Thus, my post on social media gathering support to get Dixie Wildlife Resources to do the right thing and euthanize the coyote. What is worse is that we knowingly allow these traps to be set where people walk their dogs, hike with their families, ride bikes, and recreate.

These traps are a public hazard. Don't get me wrong. I am not against controlling the populations of predators. What I am opposed to is the method used.

If we must trap coyotes, humane box traps accomplish the same end goal while not endangering the public, our pets, or the animals. Twenty years of fixing the feral cats in our county has taught us that we can reduce their population by spaying or neutering them, thus taking away their ability to breed. The antiquated method of killing or moving them only increases their numbers as the cats, coyotes, or any animal will then overbreed to sustain their numbers. Immunocontraceptives would accomplish this and need to be put out there for discussion. Body hold traps had their place in another generation, but we are way beyond that now.

Even more disturbing is the sport of hunting coyotes and the way people view trapping. Pictures of youth in full camo gear holding a coyote pelt was posted to

our Facebook page along with posts from people laughing about hitting the trapped coyote with baseball bats or trying to slit its throat while the animal lunged. I am ashamed that members of our community have such little regard for life. Even worse, we fund agencies that oversee such barbaric practices.



These traps are supposed to be registered with Dixie Wildlife Resources. But how many actually are, and what does that accomplish? Propaganda insists that these traps only restrain. In my experience, I've never run across a trap that is legal, nor have I had a trapped animal come into my care that has not lost a limb. We have seen to many incidents of people helping an animal from a trap and being injured in the process. Anybody with a driver's license can pull into a sporting goods store and buy a \$9.95 trap, pull off the side of a road, and set a trap with no regard to who could step in it.

Following reports of citizens' pets being trapped and their owners injured freeing them, Animal Control being called to free a cat trapped just feet from a busy surgical center's parking area, and three teens bitten by a feral cat they were attempting to free from a trap found under the River Road bridge, St. George City outlawed trapping on city property. We can rest a little easier knowing our city council is proactive. But more needs to be done to change the laws regarding trapping.

Please call Dixie Wildlife Resources at (435) 879-8694 and let them know that this is unacceptable.

Kris Neal is a longtime resident of St. George who operates One More Chance (C.A.T.S.), an animal rescue organization whose goal is to reduce the population of the feral cats in Washington County through comprehensive trapping, neutering, and return. She also has a feral cat sanctuary that is home to cats that have lost limbs to leg-hold traps.

Find more So. Exposure everyday at SUIdependent.com

STAY UP TO DATE ON ENTERTAINMENT, ARTS, MUSIC AND LOCAL NEWS AT SUIINDEPENDENT.COM UPDATED DAILY!

THE INDEPENDENT — A voice for Utah —

M & S Turquoise

Wholesale to the public

(435) 628-2514

53 East St. George Blvd.

St. George, Utah 84770

FAX (435) 673-2556

E-mail: msturq@msn.com



Your locally owned
and independent
source for news,
entertainment,
and culture
throughout
southern Utah
Online at
SUindependent.com



WEDDING INVITATIONS

*Every wedding
needs amazing invites*

for a LIMITED TIME

qty 500 \$149.00

qty 1000 \$199.00

DOWNTOWN

778 S River Road | 435-674-4484

RIVER ROAD

690 W State St | 435-674-7888

HURRICANE

67 E St. George Blvd | 435-635-7642



@joshsegovia

"GIANT SPIDER"

Art Sculpture by artist Deveren Farley
as part of the "Art Around the Corner"
series located in and around the
downtown St. George area.
Photo by Josh Segovia

*"Where you and
the West intersect"*



Visitor & local information • Gift Shop • Free Tours
Phone 435-275-4993 • 97 East St. George Blvd. • St. George, UT 84770



SHOPS & BOUTIQUES
ART GALLERIES & MUSEUMS
DINING
LODGING
ACCOMODATIONS

ARROWHEAD GALLERY ETC

www.arrowheadgallery-etc.com

68 E. Tabernacle • 435-628-9592 • Tues - Sat 11-6



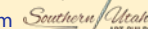
Also, visit us at...



www.redcliffgallerysuag.com

220 N. 200 E. • Mon-Sat 10am-5pm

www.southernutahartguild.com



NIGHT OF DISCOVERY

For more information:
www.sgchildrensmuseum.org

The Night of Discovery program is the St. George Children's Museum's new educational initiative! Our goal is to enhance the time of museum visitors and demonstrate the exciting things that can be discovered in each of our unique rooms.

ST. GEORGE
CHILDREN'S
MUSEUM
DISCOVER • IMAGINE • CREATE

TWENTYFIVE MAIN CAFE AND CAKE PARLOR



panini • pasta
pizza • salads
deli • soups
smoothies
coffee • espresso
tea • cupcakes

main

25 N Main Street
(435) 628-7110
www.25main.com

Florida STONE CRAB FRESH DAILY



Most Flavorful Crab

Never Frozen

Hand-Picked
For Quality



MESQUITE, NEVADA



ONE HOUR NORTH ON I-15

CALL FOR YOUR RESERVATIONS 702.346.6846 OR BOOK ONLINE CASABLANCARESORT.COM

Katherine's
Steaks • Seafood • Italian

CasaBlanca
RESORT-CASINO-GOLF-SPA



MOVIES

- ★★★★★ - Amazing!
- ★★★★ - Good
- ★★★ - Decent
- ★★ - Poor
- ★ - Terrible

THE INDEPENDENT MOVIE GUIDE

By Adam Mast

"Escape Room" (PG-13)
★★★



At a glance, the new thriller "Escape Room" plays like "Saw" light. Look a little closer, though, and you'll also see shades of a couple of other popular horror titles. With its cynical glimpse at a disturbed sect of society willing to pay top dollar to take pleasure in witnessing the pain of others, one might be reminded of "Hostel," and with its sole-survivor plot thread, "Final Destination" springs to mind. Further connecting "Escape Room" to the likes of "Saw" and "Final Destination" is the fact that this movie clearly has "franchise" written all over it. What truly separates "Escape Room" from the previously mentioned films, however, is a more tame PG-13 rating, meaning that this is about as mild as your average torture-porn film is going to get.

In "Escape Room," six strangers are brought together after receiving puzzle-box invitations reminiscent of "Hellraiser" to a sort of amusement attraction that will test their smarts as much as it'll test their endurance. What these strangers don't initially realize, though, is that they all have something in common, and it is this plot hook that is at the very heart of a thriller that will have these individuals attempting to surmise whether or not the challenges and riddles they are navigating through are real or part of one hell of an elaborate hoax. David Fincher's "The Game," anyone?

"Escape Room" was directed by Adam Robitel ("Insidious: The Last Key"), and while this thriller does feel like it's stitched together with elements of other noteworthy genre films, kudos are in order to this filmmaker for keeping this slick-looking movie coasting along at a brisk pace and for steering clear of the straight-up nihilism that you might expect. Yes, "Escape Room" gets a little ugly, but it isn't all cynical gloom and doom. There are actually characters here who show a bit of compassion and look out for one another, and "Escape Room" even benefits from bursts of humor. Further props to the art direction team for putting together some pretty cool escape room

designs for our human guinea pigs to try and fight their way out of, one of the coolest being an iced-over forest setting.

As for said guinea pigs, each of the six strangers tossed into these potentially dangerous scenarios bring his own specific character traits to the table, and the actors who play these characters (Taylor Russell, Jay Ellis, Logan Miller, Deborah Woll, Tyler Labine, and Nic Dodani) do an adequate job demonstrating the severity of their situation, most notably "True Blood" and "Daredevil" co-star Woll as a woman suffering from PTSD.

As for the plot, "Escape Room" certainly tends to stretch the bounds of credibility, particularly during the final act, and it isn't always as straight-up intense as you might hope for. But again, this well paced movie does offer up a handful of thrills, and at the

very least, it moves at a quick clip.

Furthermore, "Escape Room" refuses to spell everything out, opting instead to leave certain aspects of the goings on appropriately ambiguous. After all, this thriller is clearly looking towards the future, so it would be foolish to spell everything out so early in the game when it's obvious that there's no escaping the inevitable sequel. See you next year, everyone.

"Glass" (PG-13)
★★★½

With "Glass," M. Night Shyamalan closes out a trilogy he began with "Unbreakable" back in 2000 and continued with 2017's unexpected (if a tad loose) follow-up, "Split." In typical Shyamalan fashion, this intimate subversion of

superhero tropes asks viewers to expect the unexpected. This is to say that while "Glass" does feel like a natural progression of its predecessors, thematically speaking, it certainly goes in a fair share of left-of-center directions, trading in the massive and bombastic bravado of current superhero movies for a more psychological approach. The end result is a mixed bag that, while imperfect, isn't the bad movie some folks are suggesting it is. But then, your overall enjoyment of it will probably be dependent on whether you're a glass-half-full or a glass-half-empty person.

As "Glass" opens, "Unbreakable's" David Dunn (Bruce Willis) continues to fulfill his destiny as a real-life superhero through the aid of his adoring son, Joseph (Spencer Treat Clark). Dunn's latest mission? Find Crumb (James McAvoy),

WE DO TAXES.

Starting Jan 2nd

Refund Advance Loans

\$500 to \$6,000⁽¹⁾

Interest may apply; Not available after Feb 28, 2019

- File today & pay nothing out of pocket ⁽²⁾
- Ask about 1040 Protect[®] Deluxe ⁽³⁾
- Earn \$30 for each person referred ⁽³⁾
- Flexible and fast filing options - E-filing for FREE

Filing Your Taxes Should Not Be Taxing.

Call (435) 644-8904 today to make an appointment.

⁽¹⁾ The Refund Advance Loan is an optional tax-refund related loan provided by MetaBank[®] (it is not the actual tax refund) at participating locations. The amount of the loan and applicable interest will be deducted from tax refunds and reduce the amount that is paid directly to the taxpayer. Fees for other optional products or product features may apply. Tax returns may be filed electronically without applying for this loan. Loans offered in amounts of 25%, 50%, or 75% of your expected tax refund from \$500 - \$6,000. Loans in the amount of 25% of your expected refund has an Annual Percentage Rate (APR) of 0.00% and a maximum loan amount of \$2,500. Loans in the amounts of 50% or 75% of your expected tax refund have an APR of 36.0%. For example, \$3,000 representing 50% of expected refund borrowed over 24 day terms, total amount payable in a single payment is \$3,071.01 including interest. Availability is subject to satisfaction of identity verification, eligibility criteria, and underwriting standards.

⁽²⁾ Pay nothing out of pocket if a bank product is purchased. Bank and/or third party fees may apply. The Refund Transfer is an optional tax refund-related product offered by MetaBank[®], Member FDIC. The Refund Transfer is not a loan. E-filing of tax return is required to be eligible for the product. Fees apply. See terms and conditions for details.

⁽³⁾ 1040 Protect[®] Deluxe is an optional product. 1040 Protect[®] Deluxe, the \$30 referral program and the discount coupons are not MetaBank[®] products or services nor does MetaBank[®] endorse these offers. For the full terms and conditions, please see our website: www.security-finance.com/tax-terms-conditions

Print Date 10-19-2018

1274



CHEZ DEBI

GIFTS & MORE

415 N. State St. #102
Hurricane, UT 84737
(435) 767-8943
www.ChezDebi.com





HEALING MOUNTAIN MASSAGE SCHOOL®

Diverse 900-hr Massage Therapy Program

- + **Unique Core Classes** (*Hydrotherapy, Lymphatic, Prenatal, Reiki, Crystal Healing, Thai Yoga, Aromatherapy & more*)
- + **One-on-one Mentoring** with Seasoned Professionals
- + **Small Class sizes** with 11 student max for hands-on courses
- + **Gain Day Spa Experience** with the Most Comprehensive Clinic Practicum.
- + **Federal Student Aid** available for those who qualify

Upcoming Enrollment Deadline is **March 26th**
Schedule your tour today! 435.586.8222

Valentine's Day Freebie!



Book a Couple's Massage for Valentine's Day & receive:

- ▶ A Candle Lit Room, Rose Petals, Sparkling Juice & Chocolate at no extra cost.

Available February 14th

Space fills up fast! Call **435-586-8222** to book today!

Purchase Gift Certificates online at www.healingmountain.edu

297 North Cove Dr. Cedar City, UT 84720

MOVIES

a misunderstood villain from "Split" who is suffering from multiple personality disorder, and bring his alter, The Beast, to justice by way of any means necessary.

Trouble arises when an early first-act showdown between Dunn (aka, The Overseer) and The Beast is cut short by psychiatrist Ellie Staple (Sarah Paulson) and her team of professionals. Shortly thereafter, the setting in "Glass" relocates to an asylum where Staple reveals herself to be a doctor in a very special field. As it happens, she specializes in working with patients who believe they are superheros. And as fate would have it, catatonic criminal mastermind Elijah Price (aka, Mr. Glass) also happens to reside in the very same hospital. Eventually, The Overseer, Crumb, and Mr. Glass (Samuel L. Jackson) are brought together for a handful of sessions that finds Staple explaining to them that they are not superhuman at all but rather, suffering from a rare delusion of grandeur. Of course, this theory stands against everything Mr. Glass has been trying to prove for the better part of two decades. The question is, who's right? The seemingly all-knowing psychiatrist or the broken down, brittle-boned patient? That answer comes to light in a wildly uneven final act.



Shyamalan (who offers up an amusing cameo that suggests even folks with a shady past are capable of change) has reassembled the major players from "Unbreakable" and "Split" sans Robin Wright, who at the very least is acknowledged in this picture. Willis is strongest in the earlier portions of the film, but he's virtually sidelined once the action shifts to the hospital. Jackson is back as Mr. Glass, and even though the film takes its name from his mastermind, he spends a great deal of the movie in a catatonic state. Rest assured, though, that once he snaps out of that state, he's the Samuel L. Jackson we've all come to know and love. Of the trio of leads, it's an electric McAvoy who truly owns "Glass" as victim-turned-villain Crumb. He's a charismatic force to be reckoned with and even more

effective here than he was in "Split."

Rounding out the cast are Clark as Dunn's loving son Joseph, Anya-Taylor Joy as Crumb's kindred spirit Casey, Charlayne Woodard as Price's more-than-understanding mother, and trilogy newbie Paulson as Dr. Staple. Paulson proves to be a solid addition, but truth be told, her Ellie Staple would have been far more effective here had she made an appearance in an earlier installment of this series. At the very least, that would have helped from a character development standpoint.

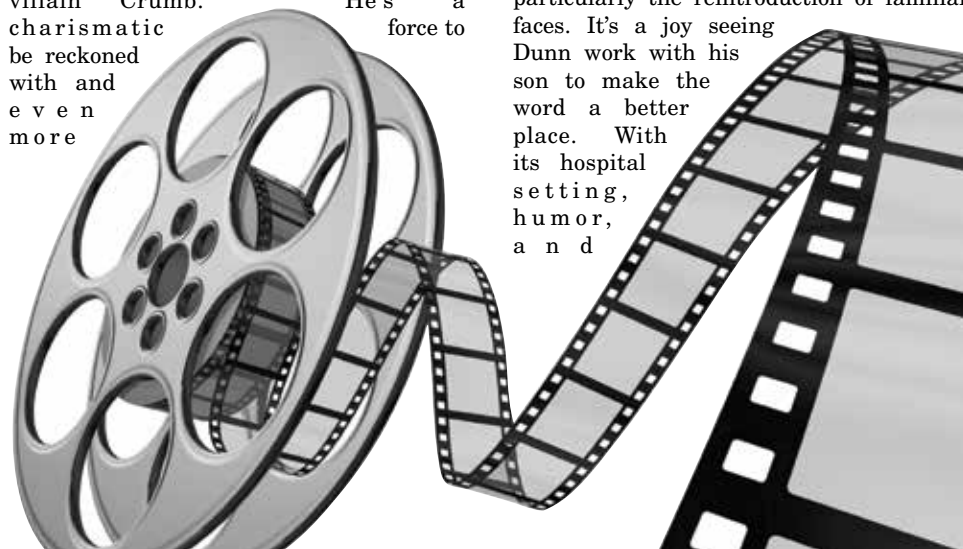
As for Shyamalan, he was ahead of the curve back in 2000 as "Unbreakable" was certainly ahead of its time. It was commenting on a genre that hadn't really come into its own yet. And in fact, "Unbreakable" was so bold in its superhero-in-the-real-world approach that the studio didn't even reveal the film's true nature in the ad campaign.

Here in 2019, we clearly live in an entirely different climate where a new superhero property hits the big screen on what feels like every other weekend. True to form, though, Shyamalan swings for the fences and stays in his lane with "Glass." As was the case with its predecessors, this movie is talky and psychological in approach. Translation: If you're looking for big showdowns and a barrage of visual effects, this superhero flick probably isn't for you. To that end, again, "Glass" feels like a natural progression.

Per the usual, Shyamalan loves to subvert our expectations. In fact, he's so hellbent on doing just that in "Glass" that he makes some decisions that will certainly rub some folks the wrong way in the same sort of fashion that Rian Johnson rubbed fans the wrong way with the much debated-about "The Last Jedi." Of course, the key difference is that "The Last Jedi" is part of the mass phenomenon that is "Star Wars" while "Glass" closes out a three-picture arc that started with a film that most folks didn't even bat an eye at back in 2000.

Still, there are plenty of fans of this series out there, and I count myself as one of them. And in fact, "Unbreakable" is my favorite Shyamalan film. As someone who was greatly looking forward to this movie, let it be noted that while there's plenty to like in "Glass" — Compelling ideas, the color schemes, the cinematography, West Dylan Thordson's outstanding score (which takes moments to pay loving homage to James Newton Howard's unforgettable work on "Unbreakable"), etc. — there's also plenty of stuff that's head-scratch worthy and even anger inducing. And it goes beyond spontaneous moments of camp and stilted dialogue.

The first act of the picture is a blast, particularly the reintroduction of familiar faces. It's a joy seeing Dunn work with his son to make the word a better place. With its hospital setting, humor, and



MOVIES

philosophical approach, the second act of the picture plays like “One Flew Over the Hero’s Nest” as Dr. Ellie Staple attempts to tell Dunn, Crumb, and Price how things really are. It’s the third act of the picture — when the film sets out to tie everything together through inevitable conflict, unexpected connections, and prerequisite revelations — that “Glass” really stumbles.

There’s been a lot talk about the anticlimactic and dour nature of the ending of this picture. There’s also been a lot of talk about the fact that “Glass” doesn’t make good on its promise of a massive showdown in the city, a plot point that hurt the likes of “Superman Returns.” Unlike Bryan Singer’s film, though, there really was no promise. It’s all part of Shyamalan’s master plan, and I had no problem with the low-stakes aspect of the picture. And in fact, given that this is a Shyamalan movie, I wouldn’t have expected an epic showdown in million years, because that’s not this storyteller’s style. What’s really bothersome here is how much “Glass” goes off the rails on its way to abruptly crossing the finish line. As a result, even the prerequisite twists fall flat.

Speaking of which, the twist has become an essential in most of Shyamalan’s work, and in “Glass,” we get not one, not two, but three of them in the final act! The first of these twists makes sense and organically fits with the narrative. The second of these twists is predicated on an interesting idea, but it’s underdeveloped and almost feels shoehorned in. Furthermore,

it is this second twist that leads to a couple of moments in “Glass” that are sure to piss fans off something fierce. I’m all for expecting the unexpected, but these moments, which I refuse to give away here, feel cheap and unsatisfying. As for the final twist, it’s amusing given the circumstances surrounding it, but it makes other characters look unrealistically stupid and leads to a final moment in the picture that isn’t nearly as profound or as moving as it thinks it is.

All art is subjective, and I’ve talked about the final act and the aforementioned trio of twists at length with a fellow fan of the series. It’s interesting to note that our opinions differ to a fairly large degree. I walked away from “Glass” feeling unfulfilled by its conclusion while he felt the exact opposite.

Whatever your feelings on that



particular subject, “Glass” is far from a bad movie. In fact, up until the conclusion, I was in. I was having a good time. It was a blast catching up with these characters again, and I enjoyed the subtext at the heart of the movie. As was the case with both “Unbreakable” and “Split,” “Glass” suggests that we should all live up to our potential, even when we’re being beaten down and

constantly being told we’re not good enough. Yes, the final act of the picture contradicts that statement to a certain extent, but despite Shyamalan not sticking the landing, “Glass” is still a relatively enjoyable ride overall.

“The Upside” (PG-13)
★★★½

“The Upside” is an American remake of a 2011 French film called “The Intouchables.” While that foreign release is the stronger of the two versions, this redo is well worth watching thanks mostly in part to its more than capable lead players. In fact, given that “The Upside” is headlined by the likes of Bryan Cranston, Kevin Hart, and Nicole Kidman, one has to wonder why and how this movie has been left sitting on the shelf for the better part of two years. No matter the answer, it’s clear that delayed releases are nothing new to director Neil Burger (see 2011’s “Limitless”). A shame, because in the case of both “Limitless” and “The Upside,” the finished products are stronger than the negative pre-release buzz would have you believe.

In “The Upside,” down-on-his-luck streetwise ex-con Dell Scott (Hart) falls into a job working for wealthy and depressed paraplegic Phillip Lacasse (Cranston). Much to the surprise of Lacasse’s numerous care givers, this pair of polar opposites bond famously after a slightly rocky start. Eventually, these men touch each other’s lives in immeasurable ways.

Formulaic? Sure. A little cookie cutter? Maybe. But then, so was 2018’s moving, if a tad familiar, “Green Book.” And as was the case with that picture, “The Upside” gets a ton of mileage out of the dynamic duo at its center. Maybe not quite to the same degree

as that Oscar-nominated picture, but still, these guys are terrific together, and this film coasts along on the sheer power of their star appeal alone.

In case you haven’t heard, this Bryan Cranston guy is pretty damn good. In “The Upside,” he heartbreakingly conveys the emotional pain and loneliness of his situation through a mere glance.

Funny man Hart brings his fast-talking sensibility to the table but tempers it with a surprising amount of dramatic depth. He’s a bit of an asshole throughout stretches of the film, but he’s always able to maintain the likability factor, and it’s clear that there’s a loving individual under that hardened exterior.

Further props to a luminous Nicole Kidman who brings a warmth to Yvonne Pendleton, the caregiver assigned the daunting task of keeping Lacasse’s affairs in order. In the early goings, Pendleton comes across as a bit uppity, but as the film progresses, it’s perfectly clear that this kind woman has Lacasse’s best interests at heart.

“The Upside” lacks the subtlety of “The Intouchables” and often trades in that film’s restraint for broad comical strokes. Included: A scene in which Scott and Phillip get high together, making for an obvious but cute outcome, and another in which a grossed-out Scott must awkwardly replace Phillip’s catheter. But again, Cranston and Hart make these scenes work.

“The Upside” doesn’t always hit the mark, and again, it isn’t as powerful as the French film or the real-life story that inspired it. But it’s worth watching for the acting alone. What’s more, the film’s timely message that people can change, no matter their past, is an important one.

st George
STREETFEST

FUN **ATHLON**

EAT **UNWIND** **SHOP**

FOOD TRUCK VILLAGE MAIN STREET STAGE OVER 30 VENDORS

FIRST FRIDAY EACH MONTH
EVENT DETAILS
STGEORGESTREETFEST.COM

KANAB
Massage
& HEALING ARTS CENTER

MASSAGE, YOGA, & FINE ART

Photo by Molly Wald

Call to book your appointment today:
435-644-8942 office, 435-899-9436 cell
67 West 200 South • Kanab, UT. 84741

yelp Or request an appointment on Yelp. f

STAY UP TO DATE ON
ENTERTAINMENT,
ARTS, EVENTS,
THEATER, MUSIC,
RECREATION,
DINING, LOCAL NEWS
AND MORE AT
SUIINDEPENDENT.COM
UPDATED DAILY!

THE INDEPENDENT
— A voice for Utah —



MOVIES

SUNDANCE 2019 MOVIE GUIDE

By Adam Mast

“The Boy Who Harnessed the Wind”



“The Boy Who Harnessed the Wind” is in the grand tradition of great feel-good movies and an inspirational true story about throwing caution to the wind, literally. Truth be told, this movie is about a lot more than that. It’s about family, hope, hard work, tradition, perseverance, and doing all that you can to provide for the ones you love, even if it means taking risks.

Based on the book of the same name, “The Boy Who Harnessed the Wind” tells the story of young William Kamkwamba (Maxwell Simba), a child growing up in an impoverished Malawi village. Thanks in

part to natural smarts and a brief stint at a school his flawed and conflicted but loving father Trywell (Chiwetel Ejiofor) couldn’t really afford to pay the tuition for, he comes up with a plan that could save his village’s livelihood.

“The Boy Who Harnessed the Wind” marks the directorial debut of co-star Ejiofor, an accomplished yet wonderfully humble actor who’s been so good for so long that it’s quite baffling that he’s not mentioned more often when we talk about the greats. He makes a sincere directorial debut, bringing richness, complexity, and heart to both his performance and his direction, and he effectively displays the undeniable desperation of the Kamkwamba family’s most dire situation.

An equally powerful Simba carries this film on his young shoulders by way of a performance that is as touching and emotional as it is inspirational and heartfelt. A moment when William pleads with his father to allow him an opportunity to bring his potential village-saving invention to fruition positively breaks the heart. Together, Ejiofor and Simba make for one hell of an emotional father/son dynamic, learning a great deal from one another when it matters most.

Rounding out a very strong supporting cast are a wonderful Aïssa Maïga as William’s loving mother, Agnes, and a terrific Lily Banda as Annie, a woman who’s left with the daunting choice of staying with her family in a dying village or leaving them behind and making a fresh start. Both of these women bring a ton of heart to the proceedings and engage in one of the film’s more emotionally charged moments.

While “The Boy Who Harnessed the Wind” doesn’t shy away from edgier moments, Ejiofor is wisely restrained in his approach, making for a film that is fittingly accessible for all audiences. There is just so much power in this picture, and most of it comes from the character interactions. As presented in this movie, the Kamkwamba family certainly had their challenges, and while those challenges brought plenty of conflict — though what family dynamic isn’t tested by conflict, particularly when in a virtually helpless situation? — they were ultimately brought closer together by their ordeal.

“The Boy Who Harnessed the Wind” is quite simply a beautiful testament to the human spirit, and while there is certainly heartache and sadness to be found here, this movie is also filled with the kind of joy, optimism, and positive messages we could all use a little more of right now. And honestly, as much as I enjoyed this film as a whole, the final 30 minutes just about wrecked me in all the right ways. Moving and inspirational, to say the least.

As a bonus, Sundance audiences were treated to a Q & A with Ejiofor, other members of the cast and crew, and special guest Kamkwamba. Talk about an already inspirational screening being elevated to the highest level! Even without that extra perk, though, “The Boy Who Harnessed the Wind” stands on its own as a stirring experience. This heartfelt movie drops on Netflix this March, and I highly recommend it.

“Memory: Origins of Alien”

Just in time for the 40th anniversary of a ’70s sci-fi/horror classic, the new documentary “Memory: Origins of Alien” sets out to delve into the history of Ridley Scott’s much beloved 1979 film by exploring the many directions it took on to make it to the big screen. The title takes its name from the original working title of the Dan

O’Bannon screenplay that would eventually go on to become “Alien.”

Truth be told, this is primarily a documentary for hardcore fans only. But then, I count myself as a pretty big fan, and while there was plenty of insight that I greatly enjoyed here, there were times throughout this picture where the theory-heavy dissection of “Alien” sort of slow it down.

Sundance 2019: “Memory: Origins of Alien” Alexandre O. Philippe, who made “The People Vs. George Lucas” and the Alfred Hitchcock love letter “78/52,” is more interested in taking an artsy approach as opposed to going all fanboy. With the theories behind “Alien” and the overall dissection of the film — most of these theories shared by film scholars and intellectuals — “Memory” sometimes plays a little more like “Room 237,” a documentary inspired by “The Shining,” although it never goes to that film’s extremes.

There are interesting aspects to some of this stuff. “Memory” spends quite a bit of time exploring the sexual subtext at the heart of “Alien,” which is fairly clear by way of H.R. Giger’s gorgeous designs. But then there are other moments in the film that overreach a tad.

Maybe it’s because I’m a boring fanboy, but the more interesting aspects of this picture are an extended exploration into the



construction of the most iconic sequence in “Alien” and when Philippe simply allows actors from the Scott’s film (including Tom Skerritt and Veronica Cartwright) to share behind-the-scenes stories. Cooler still, the first 25 minutes or so of “Memory” are dedicated to the life of screenwriter Dan O’Bannon, including his many influences, his “Dark Star” era friction with the great John Carpenter, and his unwavering bond with Giger, whose gothic, heavily Lovecraft-influenced artwork would go a long way to shape the overall look of what would eventually become one of Scott’s most beloved films.

“Memory: Origins of Alien” does offer a few stock interviews with the legendary Ridley Scott. But again, this doc tends to be a little more interested in theory, hence the subtitle, “Origins of Alien.” It’s also a little all over the place and doesn’t always feel entirely focused. “Memory” opens with a frightening, nightmarish sequence that I can only assume was inspired by a vivid O’Bannon or Giger nightmare, and truth be told, in terms of sheer visual style, it’s creepier and more unsettling than anything in “Alien: Covenant.” But I’m not entirely certain it fits in this documentary.

Again, if you’re a fan of 1979’s “Alien,” “Memory: Origins of Alien” is worth a watch. I’d be lying, though, if I said this particular fan wasn’t hoping for a little bit more. Honestly, a doc solely focusing on the relationship between O’Bannon and Giger would have been a more interesting approach.

Find more movies daily
at SUIindependent.com

The St. George Arts Commission
invites you to the Tenth Annual

SWEETHEART Swing



Thursday
February 14, 2019
7:00-10:00 PM

St. George Children’s Museum
86 S. Main – 3rd Floor

Tickets \$15 per person
Valentine refreshments all evening

Live Dance Music by
The Rebel Jazz Band

Limited Number of Tickets Available
Beginning Saturday, Jan. 11, 2019:

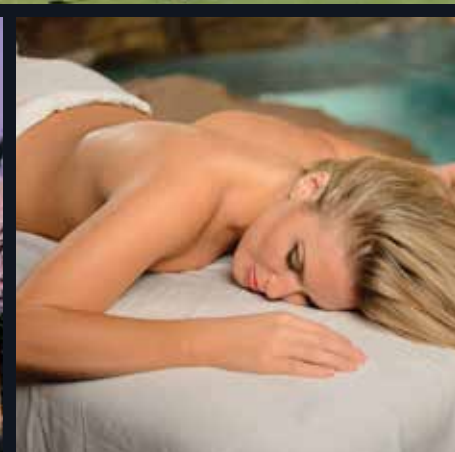
St. George Art Museum
Mon-Sat 10am to 5pm
47 E. 200 N., St. George

Great Deals on Group Packages

For Rooms and Golf Book Today!

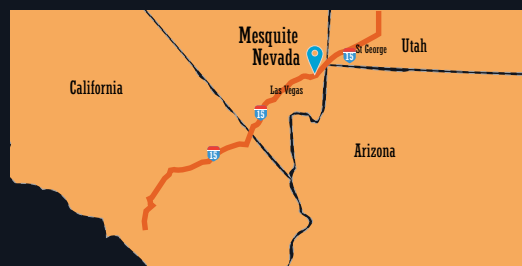
Call or Email for Details

BRING YOUR GROUP



Speak to a Golf Sales Manager please call 1-888-711-4653 or email gsales@mesquitegaming.com

FREE
Stays and Plays
for Group Leader



Mesquite, Nevada

**6 Golf Courses
6 Minutes Away**

from CasaBlanca Resort
**START BUILDING YOUR
DREAM GETAWAY**



MESQUITEGAMING.COM



Free room is valid during the group stay. Free golf is valid during the group stay when booking golf group at the CasaBlanca or Palms golf courses. Minimum of eight rooms booked prior to 12/31/2019.

CALENDAR

Multi-Day Events

To get your event in our Free Calendar of Events log on to suindependent.com/events_calendar/form.php Limit one free listing per day or date per organization.

YOUR FEATURED EVENT HERE! CALL (435) 656-1555.

FIBER GALORE WEAVING 9 a.m. Weaving and other fiber art are presented in this show of talent with yarn, looms, and other devices. Red Cliff Gallery, 220 N. 200 E., St. George.

IN BLOOM SOLO GALLERY SHOW 10 a.m. Featuring Utah artist Gabe. The DiFiore Center, 307 N. Main St., St. George.

ELEVATED MARRIAGE ENRICHMENT SEMINAR 6:30 p.m. Feb. 8-9. This seminar will help you and your spouse identify differences and help you work through issues with greater understanding. \$60 per couple. ElevatedMarriage.com. St. George Children's Museum, 3922 S. Pioneer Road, St. George.

SNOW CANYON HIGH: ST. GEORGE JAZZ FESTIVAL 5 p.m. Feb. 8, and 9. 1385 Lava Flow Dr., St. George.

BALLOONS AND TUNES ROUND UP Feb. 15-17. Nearly 50 pilots taking flight each morning and 12 bands competing in the Battle of the Bands, Kanab.

SPECIAL NEEDS MUTUAL 5 p.m. Feb. 21, and 22. Snow Canyon High School, 1385 Lava Flow Dr., St. George.

"MAMMA MIA!" 7 p.m. Feb. 21, 22, 23, and 25. Cedar High School, 166 W. 1925 N., Cedar City.

"THE EULOGY" 7:30 p.m. Feb. 22-24. Michael Burgos brings his one-person dark comedy, "The Eulogy," to The DiFiore Center. Tickets can be purchased online at eulogy.bpt.me or at the DiFiore Center. Each performance will be limited to 30 people. DiFiore Center, 307 N. Main St., St. George.

CANYON VIEW HIGH SPRING PLAY 7 p.m. Feb. 28-Mar. 2, 166 W. 1925 N., Cedar City.

BRIAN PASSEY GALLERY SHOW 10 a.m. Mar. 1-29, Passey documented a 6,000-mile, 17-day cross-country trip through photography in the exhibition "Connecting Paths." Short essays accompany 39 of the 54 photos in the exhibition. DiFiore Center, 307 N. Main St., St. George.

ILLUSIONIST RICK THOMAS 7:30 p.m. Mar. 1, and 2, \$15. CasaBlanca Showroom. 5 years and older. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

MOST WANTED BAND AT AVI RESORT 8 p.m. Mar. 2, and 3. Playing classic rock, disco, oldies, country, and everything in between. Mesquite.

MOST WANTED BAND 9 p.m. Feb. 23, and 24. Playing classic rock, disco, oldies, country, and everything in between. Panguitch Balloon Festival, Panguitch.

KID & NICK SHOW AT CASABLANCA Jan. 30-Feb. 3, 7 p.m. showtimes may vary. A fun, high-energy, interactive variety musical group. Free admission. 21 or older. 950 W. Mesquite Blvd., Mesquite.

PSYCHOBILLY AT VIRGIN RIVER HOTEL Jan. 30-Feb. 3, 7 p.m. showtimes may vary. Cover band playing a variety of dance music from country to classic rock. Free. Must be 21 or older. 100 Pioneer Blvd., Mesquite.

KEVIN JAXON AND MIDNIGHT SUN AT CASABLANCA 7 p.m. Feb. 6-10, showtimes may vary. Five-piece funk/R&B/Top 40 dance band. based out of Lake Havasu City. 950 W. Mesquite Blvd., Mesquite.

RANDY ANDERSON BAND AT VIRGIN RIVER HOTEL 7 p.m. Feb. 6-10, showtimes may vary. Playing new and traditional country music as well as oldies and classic rock. Free. 21 or older. 100 Pioneer Blvd., Mesquite.

TOUCH OF SILK AT CASABLANCA 7 p.m. Feb. 13-17, showtimes may vary. Playing old school R&B, Motown, and more. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

BIG SKILLET AT RIVER LOUNGE 7 p.m. Feb. 13-17, showtimes may vary. 70s and 80s rock and country cover band. Free admission. Must be 21 or older. 100 Pioneer Blvd., Mesquite.

GREGG PETERSON BAND AT CASABLANCA 7 p.m. Feb. 20-24, showtimes may vary. Variety and dance band. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

ORCHARD FIRE AT RIVER LOUNGE 7 p.m. Feb. 20-24, showtimes may vary. Country rock band. Free. 21 or over. 100 Pioneer Blvd., Mesquite.

CJ SIMMONS AT RIVER LOUNGE 7 p.m. Feb. 27-Mar. 3, 7 p.m. showtimes may vary. Country covers and originals! Free admission, must be 21 or older. 100 Pioneer Blvd., Mesquite.

IN BLOOM SOLO GALLERY SHOW 10 a.m. Featuring Utah artist Gabe. The DiFiore Center, 307 N. Main St., St. George.

JERRY ANDERSON'S PRIVATE STUDIO Nov. 23, and 24, 10 a.m. Washington Co. artist/sculptor Jerry Anderson's studio will be open. Silver Reef Ghost Town, 1903 Wells Fargo Rd., St. George.

LIVING HISTORY AT SILVER REEF GHOST TOWN Fourth weekend of everymonth. 10 a.m. Silver Reef Museum, 1903 Wells Fargo Rd., Leeds.

PIZZA N PAINT NIGHT FOR KIDS 6 p.m. every Friday and Saturday. Fridays are for 4-12 year olds and Saturdays are for 8-14 year olds. Pizza, a movie, and paint supplies are provided. Kids take home their creations. Ms. Traci's Small Scholars, 293 E. Telegraph St. Ste. 103, Washington.

OUTBACK HIKING CLUB OF SOUTHERN UTAH Dates and times vary. Visit meetup.com/outback-hiking-club-of-southern-utah.

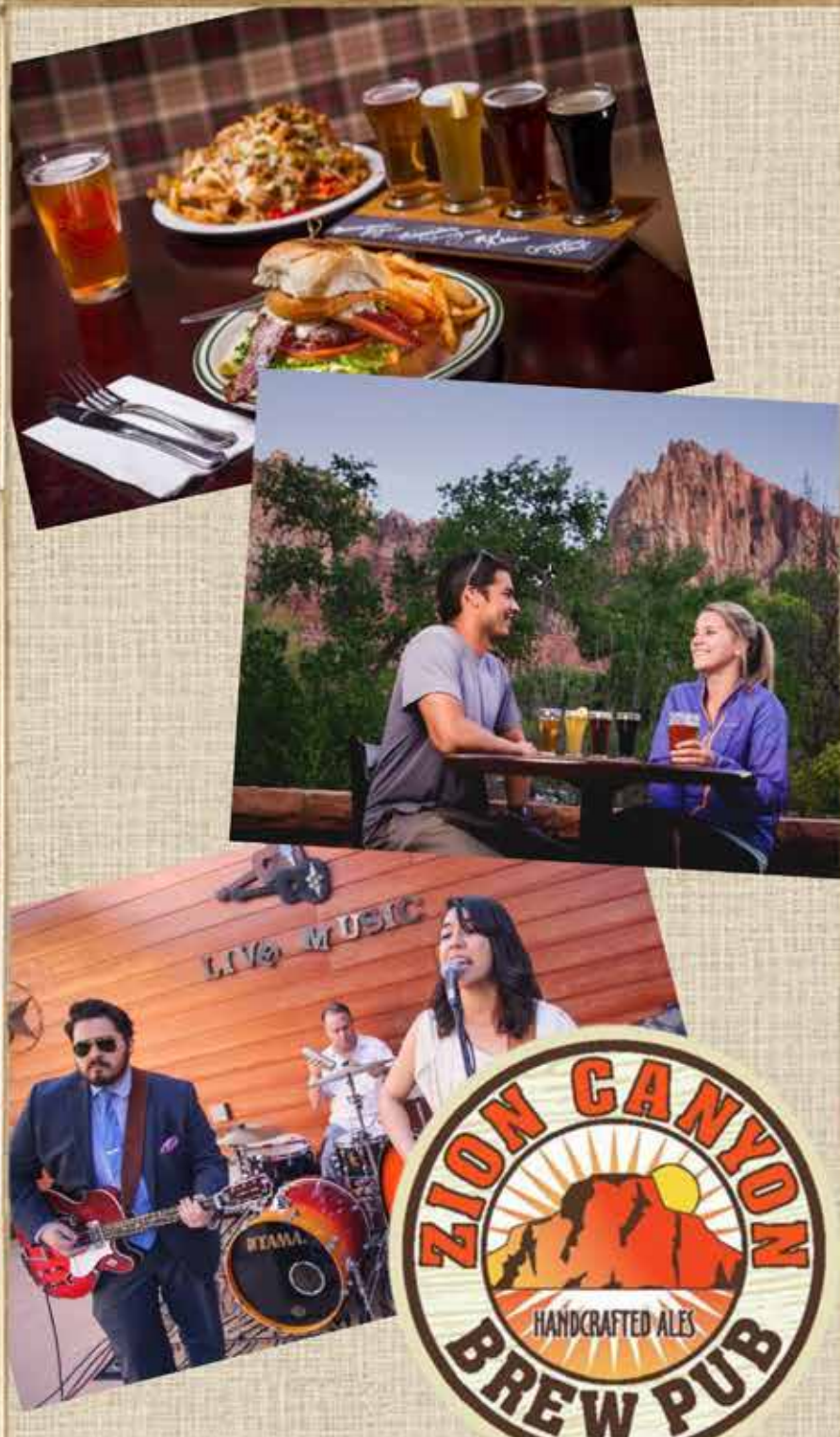
BEST FRIENDS ANIMAL SANCTUARY TOUR 8 a.m.-5 p.m. Drive to the sanctuary and take a tour through the visitor center. Make reservations at (435) 644-2001 or visit bestfriends.org. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

GENTLE YOGA Mondays and Wednesdays at 4:15 p.m. ZACI Yoga, 348 N. Bluff St. #205, St. George.

COWBOY DINNER AND SKIT 9 a.m. Join the Chuckwagon Cookout at Little Hollywood Museum for the buffet when they have tours scheduled. Walk-ins are welcome. Most seatings include an episode of the "How the West Was Lost" cowboy skit. \$16 for lunch and \$20 for dinner. 297 W. Center St., Kanab.

ART CLASSES Tuesdays and Thursdays at 6 p.m. Oil painting, drawing, portraits, and pastel classes available. Desert Rose Art Studio, 225 N. Bluff St., Suite 1, St. George.

MOVIES AT CRESCENT MOON MOVIE THEATER Wednesdays-Saturdays at 7:30 p.m. and Saturdays at 1 p.m. Ticket prices start at \$6. Call (435) 644-2350 or visit crescentmoonkanab.com. 150 S. 100 E., Kanab.



February Live Music

All Shows 6-9 pm, No Cover

2/2 – Jon Stone Folk Trio

2/9 – Parley's Drifters

2/16 – Tom Bennett

2/23 – Christian Mills Band

95 Zion Park Blvd, Springdale • 435-772-0336

CALENDAR

POLE FITNESS CLASSES 7 p.m. Beginner class (Flow 1) held Tuesday and Thursday nights at 7 p.m. for \$10. Or attend the free community intro class at 7 and 8 p.m. Saturday nights. Book a party for your bachelorette or birthday party. 270 N. 2940 E., St. George.

KARAOKE AT THE STATELINE CASINO Tuesdays and Fridays at 8 p.m. Karaoke goes until they're finished. Stateline Casino, 490 W. Mesquite Blvd., Mesquite.

STAR PARTY A guided stargazing tour takes place in Dark Canyon Star Park every night. Learn something about the night sky and the universe. For reservations, text or call (435) 899-9092 or email kanabstars@gmail.com. N. Hwy. 89, Kanab.

KARAOKE AT THE ONE AND ONLY Mondays and Wednesdays at 9 p.m. 800 E. St. George Blvd., St. George.

Events by Day

SUNDAYS

SOUTHERN UTAH MORMON TRANSITION SUPPORT GROUP 1-2:30 p.m. Held Sundays from 1 to 2:30 p.m., this weekly support group is for individuals questioning their Mormon faith and looking to join like-minded people in open discussion on navigating a faith transition. The group meets in at the north end of the building by the pharmacy in the community room at Smith's, located at 565 S. Mall Dr. in St. George.

MONDAYS

USMS SWIM TECHNIQUE COACHING 8 a.m. Free. Must pay Sand Hollow Aquatic Center pool entry fee. Current USMS membership required. All level swimmers 18+, individual abilities considered in workout structure. Call Lynne Lund at (760) 844-6288. 1144 Lava Flow Dr., St. George.

STORY TIME WITH GRANDPA STEVE 10 a.m. Washington County Library, 88 W. 100 S., St. George.

PRECISION HEARING AND MEMORY MATTERS MONDAY MOVIE MATINEE 1 p.m. The Precision Hearing Monday Matinee series is a new, free community event that is bringing back the classics featuring memorable film favorites from the 1950's and 60's. The Electric Theater, 68 E. Tabernacle St., St. George.

COMMUNITY BEREAVEMENT GROUP 3:30 p.m. A supportive and educational group for those experiencing grief resulting from the loss of a loved one. Call (702) 346-5224. Mesquite Library, 121 W. First N. St., Mesquite.

KICKSTART YOUR HEALTH NUTRITION AND COOKING CLASSES 4:30 p.m. Class topics range from digestion to blood pressure. Visit nutritiousway.org. 1554 Hummingbird Dr., St. George.

GIVE IT A WHIRL POTTERY CLASS 5 p.m. Try out a potter's wheel and learn basics of throwing a pot on the wheel. 2-hour class. All tools and supplies provided. \$30 per person. No registration. The Tilted Kiln, 215 W. St. George Blvd., St. George.

Find more events
everyday at
SIndependent.com

ST. GEORGE DANCE COMPANY CLASS 7:30-8:45 p.m. Ballet for adults, intermediate to advanced. Open to the public. Visit saintgeorgedance.com or call (435) 773-1221. The Electric Theater, 68 W. Tabernacle St., St. George.

TUESDAYS

NEW HORIZONS BEGINNER BAND AND STRINGS Band 1-3 p.m., strings 3-5 p.m. Economical group lessons for seniors. \$80 per semester or \$30 per month. Call for confirmation. (435) 772-1005, zionmusicensembles@gmail.com, zionmusicensembles.com, newhorizonsmusic.org. Electric Theater, 68 E. Tabernacle St., St. George.

CHILDREN'S STORY TIME 10 a.m. Frontier Homestead State Park, 635 N. Main St., Cedar City.

FRONTIER STORY TIME 10 a.m. Each Tuesday, preschool children can learn about the past through stories and history-related events. A different story and activity is featured each week. Free. (435) 586-9290. Frontier Homestead State Park Museum, 635 N. Main St., Cedar City.

MEMORY MATTERS EARLY STAGE MEMORY LOSS SERIES 10:30 a.m. Designed to aid the person with memory loss and their primary care partners and includes presentations on legal and financial preparation, pharmaceutical and alternative remedies, brain health, and nutrition. Falls Event Center, 170 S. Mall Dr., St. George.

HERITAGE WRITERS GUILD Second Tuesday of each month at 6 p.m. Meets in the basement of the St. George Library. Call (435) 634-5737. 88 W. 100 S., St. George.

PAINT NITE 6 p.m. Thursdays. Use the code "SUTAH" for 35% off. 21 and older. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

OPEN PAINT NIGHT 6 p.m. Desert Rose Art Studio invites anyone who would like to join a group of artists. Bring whatever medium you want. Cost is \$15. Call Alice Hiatt at (435) 256-3317. 225 N. Bluff St. Suite 1, St. George.

TRIBUTE TO THE KING AT CASABLANCA 6-10 p.m. Starring John Brooks. Must be 21 or older. Free. "Voted Best of Las Vegas 2013 "Best Elvis Tribute Show" and "Best Lounge Performer." CasaBlanca Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

THE GRACEFUL WOMAN 6:30 p.m. Open to women of all ages for a night to empower, uplift, heal, strengthen, and teach. Fruit and tea will be served after class. By donation. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

LIBRARY ART CLUB FOR CHILDREN 6:30 p.m. Every second and fourth Tuesday of each month. Free. Register in the children's area. St. George Library, 88 W. 100 S., St. George.

OLD TIME FIDDLERS JAM SESSION 7 p.m. Free. Parry's Lodge Old Barn Theater 89 E. Center St., Kanab.

INTERMEDIATE LEVEL WEST COAST SWING CLASSES AND DANCING Each first and third Tuesday of the month at 7 p.m. \$6 per person per class. For more information, contact Neil Duncan at neiljamesduncan@gmail.com or call (619) 994-6854. Washington City Community Center, upstairs aerobics room, 350 E. 200 N., Washington.

STORY TIME WASHINGTON BRANCH 11 a.m. Washington County Library System, 220 N. 300 E., Washington.

KARAOKE AT PEGGY SUE'S DINER 5-9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 380 N. Sandhill Blvd., Mesquite.

WEDNESDAYS

STORY TIME WITH MRS. MANN 10 a.m. Washington County Library, 88 W. 100 S., St. George.

STORY TIME 11 a.m. Washington County Library System, 36 S. 300 W., Hurricane.

WRITERS' IMPROVEMENT GROUP 2 and 6 p.m. Offered by Heritage Writers Guild. Bring up to eight pages of writing, double spaced, 12-point font for free and friendly feedback. For more information, call (435) 625-1743. St. George Library, 88 W. 100 S., St. George.

ANIME GAMER CLUB 3 p.m. Teens and 'tweens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

WELCOME WAGGIN 5 p.m. Join one of Best Friends' founders to learn more about the organization, hear heartwarming stories, and discover secrets about the sanctuary. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

KARAOKE AT BEAVER DAM STATION 5:30-9 p.m. Full bar. 21 and over, must have ID. Hosted by singer Gayle Louise. Beaver Dam Station, County Hwy. 91, Littlefield, AZ.

PAINT NITE AT 'BOUT TIME PUB & GRUB 6 p.m. No experience necessary. Use the code SUTAH for 35% off. Drinks purchased from the venue separately, no BYOB. 21 and up. 929 W. Sunset Blvd., St. George.

GRATITUDE & GRIT: YOGA FOR ADDICTION RECOVERY 6 p.m. Meditation and yoga exercises to help overcome destructive behaviors. All are welcome. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

THURSDAYS

NEW HORIZONS INTERMEDIATE BAND AND STRINGS Band 1-3 p.m., strings 3-5 p.m. Economical group lessons for seniors. \$80 per semester or \$30 per month. (435) 772-1005, zionmusicensembles@gmail.com, zionmusicensembles.com, newhorizonsmusic.org. Electric Theater, 68 E. Tabernacle St., St. George.

TODDLER TIME Thursday's and Friday's, 11 a.m. Washington County Library System, 88 W. 100 S., St. George.

MENTAL HEALTH CLASSES 5:30 p.m. Free. National Alliance on Mental Illness offers classes for families and loved ones coping with mental illness. Peer to Peer and Family to Family classes taught by trained volunteers in recovery. Support group for Peer to Peer Sept. 7. Support group for Family to Family Sept. 4. Washington County Library, 88 W. 100 S., St. George.

PAINT NIGHT AT SAND HOLLOW RESORT 6 p.m. No experience necessary. Use the code SUTAH for 35% off. Drinks purchased from the venue separately, no BYOB. 21 and up. 5662 W. Clubhouse Dr., Hurricane.

DESERT COMMUNITY STRINGS 6:30 p.m. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings.org St. George Medical Building, 736 S 900 E, St. George.

JOYFUL YOGA 6:30 p.m. Kundalini Yoga as taught by Yogi Bhajan. Free, donations accepted. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

SINDUSTRY 7 p.m. Free drink and drawing ticket, corn hole tournament, beer pong, and Jenga. Live entertainment. \$10 buckets of beer. No cover charge. 275 Mesa Blvd., Mesquite.

LINE DANCING AT THE ONE AND ONLY 9 p.m. Come have some good old fashioned fun with a friendly crowd. 64 N. 800 E., St. George.

KARAOKE WITH DJ JANELLE AT MIKES TAVERN 9 p.m.-1 a.m. No cover. 90 W. Hoover Ave., Cedar City.

FRIDAYS

YOGA NIDRA AND GONG 9 a.m. A unique guided meditation preceded by yogic breathing and movement. All levels welcome. The Healing Tree, 535 S. Main St. #4, Cedar City.

SUP YOGA AT QUAIL 10 a.m. Join Michelle Ennis and DIG Paddlesports UP Yoga Friday mornings. Experience the Bliss of Yoga on the water while laughing, getting wet, and having a great time. Whether you are an experienced yogi or you just want to try something new, challenging, and fun, this class is for everyone. Feel at ease while you are guided to move and balance. Taught by a certified Stand Up Paddle Yoga instructor in a safe and supportive environment. Classes are 90 minutes and include SUP instruction, warm up, flow, playtime, and savasana on the water. Quail Creek State Park, 472 N. 5300 W., Hurricane.

TODDLER TIME Thursday's and Friday's, 11 a.m. Washington County Library System, 88 W. 100 S., St. George.

MOMS 'N TOTS PLAYTIME 11 a.m. Washington County Library System, 36 S. 300 W., Hurricane.

PAINT YOUR PET PARTY 5-7 p.m. For just \$20 per person, you're provided with an 11x14 canvas, paints, brushes, and artist instruction. No prior painting experience is needed. Don't have a pet? Thumb through one of the many Best Friends' magazines to find an animal of your liking or email a web image to vistorcenter@bestfriends.org and they'll print it out for you. Email jennifernagle@hotmail.com to sign up. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

KARAOKE AT OASIS GOLF CLUB 5-9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 100 Palmer Lane, Mesquite.

SUU DISCOVER STORY TIME 6:30 p.m. Cedar City Library, 303 N. 100 E., Cedar City.

LIVE MUSIC AT PEEKABOO WOOD FIRED KITCHEN 6:30-8:30 p.m. Free. 233 W. Center St., Kanab.

DJ SPINZ AT THE ONE AND ONLY 9 p.m. 64 N. 800 E., St. George.

DJ JANELLE AT MIKE'S TAVERN 9 p.m. 21 and over, 90 W. Hoover Ave., Cedar City.

SATURDAYS

GUIDED SATURDAY MORNING HIKE 7 a.m. Venture into the stunning outback that surrounds St. George on a guided half-day hiking tour (4-5 hours). Scheduled hiking tours begin at the St. George Adventure Hub (spring and fall months). The guide is a local expert trained as a Wilderness First Responder. Call (435) 673-7246. Adventure Hub St. George, 128 N. 100 W. Suite 124, St. George.

TUACAHN SATURDAY MARKET 9 a.m.-1 p.m. Come enjoy the wonderful surroundings at the outdoor market in the canyon featuring local artwork, crafts, food and entertainment. 1100 Tuacahn Dr., Ivins.

CALENDAR

YEAR ROUND FARMERS MARKET 9 a.m.–noon every Saturday. Cedar City's year-round downtown farmers market. 50 W. University Blvd./Center St., Cedar City.

CEDAR SATURDAY MARKET 9 a.m.–1 p.m. every Saturday. Food, artisans, drawings, bingo, and more. Held indoors during winter. (435) 463-3735. IFA, 905 S. Main St., Cedar City.

TAI CHI DRAGON QIGONG AT SANTA CLARA LIBRARY 10:30–11:30 a.m. Full-body energetic healing. Admission is free. No experience needed. Tai Chi Dragon Qigong is good for all ages and all levels of health and mobility. Santa Clara Library, 1099 N. Lava Flow Dr., Santa Clara.

SATURDAY MOVIE MATINEE 2 p.m. St. George Library, 88 W. 100 S., St. George.

KANAB OUTDOOR MARKET 4 p.m. Local crafts, produce, live entertainment, and more. Comfort Suites, 150 W. Center St., Kanab.

LIVE MUSIC AT ZION CANYON BREW PUB 4–7 p.m. Free. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

Events by Date

Fri, Feb 1

ST. GEORGE STREETFEST 6 p.m. On the first Friday night of every month, downtown St. George transforms into a multi-stage outdoor concert venue and street market. Town square, 50 S. Main, St. George.

JON STONE AT PEEKABOO KITCHEN 6:30 p.m. Free. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 233 W. Center St., Kanab.

THE KING & I 7:30 p.m. Join schoolteacher Anna as she arrives in Siam to teach the king's many children. Refusing to be intimidated by the king, Anna stands her ground and insists on teaching the way she was hired. St. George Musical Theater, 212 N. Main Street, St. George.

BOSTON BRASS 7:30 p.m. Performing classical arrangements to jazz standards. Cox Performing Arts Center, 325 S 700 E, St. George.

THE COMEDY MACHINE 8:30 p.m. Enjoy top comedic performances from the United States. Tickets are \$15–\$25 and can be purchased at startickets.com. Casablanca Resort, 950 W. Mesquite Blvd., Mesquite.

Sat, Feb 2

SUN MARATHON The race starts in Veyo and runs down the Gunlock Road to Santa Clara. The route passes Gunlock Reservoir and southern Utah beauty. This is a Boston Qualifier during the off season. St. George.

RISE AMARE WINTER TOUR 10 a.m.–1 p.m. Rich Higbee, president of sales and founding executive of Amare has developed a gut-brain axis nutrition system to help people optimize their mental wellness. Come find out how you can take yourself to a higher level of mental and physical performance. Desert Garden Inn, 1450 S. Hilton Dr. St. George.

JON STONE FOLK TRIO AT ZION CANYON BREW PUB 6 p.m. Free. Folk Multi-instrumentalist from Kanab. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

IMPROV DIXIE'S LIVE, LAUGH, LOVE 7 p.m. Improv Dixie will give you a bouquet of laughter with made-up comedy on the spot based on of your suggestions. Comfort Suites, 175 1000 E., St. George.

TRIBUTE TO PINK FLOYD AT CASABLANCA 8:30 p.m. The Best of "The Wall" and "Wish You Were Here" plus "Dark Side of the Moon" in its entirety performed live by The Albumpalooza Floyd Band. Purchase by phone at (800) 585-3737. Must be 21 or older to attend. 950 W. Mesquite Blvd., Mesquite.

Sun, Feb 3

BIG GAME PARTY Starts one hour before kickoff. Join in the CasaBlanca Ballroom for chances to win prizes throughout the game, and watch all the action on HD screens. You can also catch all the action at the Skydome and River Lounge. 21 and older. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

Mon, Feb 4

CANYON VIEW HIGH: ELIZABETH SMART 6:30 p.m. Free. Book signing 8–8:30 p.m. America First Event Center, 351 W. Center St., Cedar City.

MAXWELL STRING QUARTET AT HERITAGE CENTER 7:30 p.m. 105 N. 100 E., Cedar City.

MARK PRESTON AT MESQUITE MUSICFEST 7:30 p.m. Grammy nominee will perform favorite romantic hits. Purchase by phone at (800) 585-3737 or in person at the CasaBlanca Resort Front Desk. Must be 21 or older to attend. All ticket sales are final, no refunds or exchanges. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

Tues, Feb 5

STORY TIME 11 a.m. Washington County Library System, 36 S. 300 W., Hurricane.

CHAPTER 1 BOOK CLUB 5:30 p.m. Washington County Library System, 88 W. 100 S., St. George.

LADIES OF SOUL AT CASABLANCA 7:30 p.m. A musical celebration honoring Nancy Wilson, Dionne Warwick, Whitney Houston, and Aretha Franklin. Purchase by phone at (800) 585-3737 or in person at the CasaBlanca Resort Front Desk. Must be 21 or older to attend. All ticket sales are final, no refunds or exchanges. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

Wed, Feb 6

FOREIGN FILM CLUB 6 p.m. Washington County Library System, 88 W. 100 S., St. George.

KAILI SUDWEEKS AT GEORGE'S CORNER 7 p.m. 2 W St. George Blvd., St. George.

THE EVERLY BROTHERS EXPERIENCE AT CASABLANCA 7:30 p.m. The Everly Brothers Experience featuring the Zmed Brothers with their band "The Bird Dogs." Purchase by phone at (800) 585-3737 or in person at the CasaBlanca Resort Front Desk. Must be 21 or older to attend. All ticket sales are final, no refunds or exchanges. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

Thurs, Feb 7

CHAPTER 1 BOOK CLUB 5:30 p.m. Washington County Library System, 88 W. 100 S., St. George.

JTM: WE CAME TO PLAY TOUR: ST. GEORGE 7 p.m. James is bringing his energy to Utah! Don't miss out on this great show with the legendary JTM! Previously known as James The Mormon. Electric Theater, 68 E. Tabernacle St., St. George.

MOTHER HIPS AT THE BIT AND SPUR 10 p.m. The Mother Hips have been rocking the Bit and Spur for over 20 years. The Mother Hips are touring in support of their tenth studio album, "Chorus." 1212 Zion Park Blvd., Springdale.

Fri, Feb 8

GRANDMASTER ULTRAS 8 a.m. The course is 20.5 miles loop with elevation of 1,000 feet. 100k runners will run the loop three times, 100 mile runners will run it five times. Grandmaster Ultras, Fairview Ave., Littlefield.

TOM BENNETT AT PEEKABOO KITCHEN 6:30 p.m. Free. Tom Bennett sings country and is based out of SLC. 233 W. Center St., Kanab.

TOM RUSSELL AT CANYON COMMUNITY CENTER 7 p.m. Singer songwriter Tom Russell will perform country, folk, and Americana music. 126 Lion Blvd., Springdale.

Sat, Feb 9

OSU CHILDREN'S JUBILEE 1 p.m. Heritage Center Theater, 105 N. 100 E., Cedar City.

BUNCO OFFICIAL CASABLANCA TOURNAMENT 1 p.m. Registration at noon. \$99 Package includes room night, one buffet, and tournament fee. 950 W. Mesquite Blvd., Mesquite.

PARLEY'S DRIFTERS AT ZION CANYON BREW PUB 6 p.m. Free. Parley's Drifters play good-timey music. Their style is heavily influenced by old-timey players, with a lot of country, bluegrass, blues, and rock-n-roll mixed in. 95 Zion Park Blvd., Springdale.

BRIA SKONBERG AT DSU 7:30 p.m. New York-based Canadian singer, trumpeter and songwriter has been a force in the new generation with her bold horn melodies, smoky vocals, and adventurous concoctions of classic and new. Cox Performing Arts Center, 325 S. 700 E., St. George.

PATRICK MCEWEN AND KATE BURGESS AT GEORGE'S CORNER 8 p.m. Playing classic rock. 2 W. St. George Blvd., St. George.

THE FAB BEATLES TRIBUTE AT CASABLANCA 8:30 p.m. Albumpalooza presents a tribute to The Beatles, "Hello Goodbye," performed by The Fab. Purchase by phone at (800) 585-3737 or in person at the CasaBlanca Resort Front Desk. Must be 21 or older to attend. All ticket sales are final, no refunds or exchanges. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

SECOND SATURDAY SWING DANCE 7:30 p.m. Swing Dance lesson followed by two hours of swing dance music. DSU, Whitehead Education Building, 865 E. 100 S., St. George.

VALENTINES DRAG SHOW & MEXICO VACATION GIVEAWAY WITH DJ VEXIFY Mike's Tavern, 90 W. Hoover Ave., Cedar City.

Mon, Feb 11

VOICE-OVER CLASS 6:30 p.m. This class will show you how you can begin using your speaking voice for commercials, films, videos, and more. \$29. (435) 652-7675. bit.ly/2W3qD9x. commed@dixie.edu. DSU Continuing Education, 46 S. 1000 E., St. George.

Tues, Feb 12

PAGE TURNERS BOOK CLUB 2:30 p.m. Page Turners Book Club Washington County Library System, 88 W. 100 S., St. George.

CANYON VIEW HIGH CHOIR CONCERT 7 p.m. Cedar City.

Wed, Feb 13

PARENTING THE LOVE AND LOGIC WAY 9 a.m. Free class teaches parents how to raise responsible kids and enjoy parenting. Must be 18 or older to attend. m.bristol@usu.edu. Department of Workforce Services, 162 N 400 E, St. George.

Thurs, Feb 14

SWEETHEART SWING 7 p.m. 7–10 p.m. Dance to live music by the Rebel Jazz Band, intermission floor show by Red Rock Swing Dance. Tickets \$15 per person. Only 150 will be sold. Purchase prior to event at the St. George Art Museum. (435) 627-4525. St. George Children's Museum, 86 S. Main St., St. George.

Fri, Feb 15

HENRY PREGO SINGS FRANK SINATRA AT CASABLANCA 8:30 p.m. Prego has performed his Frank Sinatra tribute show on stage thousands of times worldwide. Purchase by phone at (800) 585-3737 or in person at the CasaBlanca Resort Front Desk. Must be 21 or older to attend. All ticket sales are final, no refunds or exchanges. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

JON SLATER AT PEEKABOO KITCHEN 6:30 p.m. Free. 233 W. Center St., Kanab.

Sat, Feb 16

SNOW CANYON HIGH: PREFERENCE DANCE 1385 Lava Flow Dr., St. George.

TOM BENNETT AT ZION CANYON BREW PUB 6 p.m. Tom Bennett is a traveling folk/blues singer playing dobro, harmonica, and foot percussion. 95 Zion Park Blvd., Springdale.

SWEETHEARTS DANCE 8 p.m. Cedar High School, 166 W. 1925 N., Cedar City.

THE MUSIC OF REO SPEEDWAGON 8:30 p.m. Performed by Gary Richrath, former lead guitarist and song writer for REO Speedwagon. project313rocks.com. Purchase by phone at (800) 585-3737 or in person at the CasaBlanca Resort Front Desk. Must be 21 or older to attend. All ticket sales are final, no refunds or exchanges. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

STAY UP TO DATE ON

ENTERTAINMENT, ARTS, MUSIC

AND LOCAL NEWS AT

SUINDEPENDENT.COM

UPDATED DAILY!

THE INDEPENDENT

— A voice for Utah —

CALENDAR

Mon, Feb 18

BRYCE CANYON WINTER FESTIVAL SKI RACE 9 a.m. Ruby's Inn, 26 S. Main St., Bryce Canyon City.

Tues, Feb 19

BASIC PUPPY TRAINING TECHNIQUES 6 p.m. Amber Jensen, a professional dog trainer, will cover nipping and biting, potty training, socialization, and clicker training. Please do not bring your puppy to this event. St. George Branch Library, 88 W 100 S, St. George.

ORCHESTRA CONCERTO NIGHT 7 p.m. Snow Canyon High School, 1385 Lava Flow Dr., St. George.

Wed, Feb 20

LAYNE BENSON AT GEORGE'S CORNER 7 p.m. 2 W. St. George Blvd., St. George.

Thurs, Feb 21

BLOOD DRIVE 9 a.m. Mesquite Recreation Center, 100 W. Old Mill Rd., Mesquite.

TEEN BOOK CLUB 3:30 p.m. Washington County Library System, 36 S. 300 W., Hurricane.

BOOK ENDS BOOK CLUB 4:30 p.m. Washington County Library System, 220 N. 300 E., Washington.

OSU CONCERT 7:30 p.m. Heritage Center Theater, 105 N. 100 E., Cedar City.

Fri, Feb 22

JOSH WARBURTON AT PEEKABOO KITCHEN 6:30 p.m. Free. Josh Warburton performs originals and classics in the folk, blues, and rock genres with unique vocals and acoustic guitar. 233 W. Center St., Kanab.

DSU CHORAL CONCERT 7:30 p.m. 225 S. 700 E., St. George.

Sat, Feb 23

CHRISTIAN MILLS BAND AT ZION CANYON BREW PUB 6 p.m. Free. Rocky mountain natives, CMB melds the intimacy of songwriters like Paul Simon with the infectious dance of modern artists like Glass Animals. The result is heartfelt melody over hip shaking grooves that reflect lives of joy, loss, love, and regret. 95 Zion Park Blvd., Springdale.

DANIEL HSUT & DSSO 7:30pm 20-year-old American pianist Daniel Hsu captured the bronze medal and prizes for best performance of both the commissioned work and chamber music at the Fifteenth Van Cliburn International Piano Competition. Also a 2016 Gilmore Young Artist, first prize winner of the 2015 CAG Victor Elmaleh Competition, and bronze medalist of the 2015 Hamamatsu International Piano Competition, he is increasingly recognized for his easy virtuosity and bold musicianship. Cox Performing Arts Center, 325 S. 700 E., St. George.

KARAOKE WITH DJ VEXIFY Mike's Tavern, 90 W. Hoover Ave, Cedar City.

Mon, Feb 25

SNOW CANYON HIGH: CONE SITE CHOIR CONCERT 6 p.m. Snow Canyon High School, 1385 Lava Flow Dr., St. George.

COLOR COUNTRY CAMERA CLUB 4TH MONDAY 6 p.m. The Color Country Camera Club is a fellowship of people with a mutual interest in photography who routinely gather at meetings and on field trips to share photographic knowledge and experiences. Attendees are at all levels of expertise, beginners to professionals. No fees or by-laws. St. George Public Library, 88 W. 100 S., St. George.

Tues, Feb 26

SNOW CANYON HIGH: MADRIGAL JAZZ BAND BENEFIT CONCERT 7 p.m. Snow Canyon High School, 1385 Lava Flow Dr., St. George.

Wed, Feb 27

BOOK DISCUSSION GROUP 7 p.m. Washington County Library System, 126 Lion Blvd., Springdale.

SOCIAL SECURITY ADMINISTRATION VISIT 9 a.m. On the last Wednesday of each month, the Social Security Administration sends a representative to the Mesquite Senior Center to meet with residents who may have questions or concerns regarding Social Security. Senior Center, 102 W. Old Mill Road, Mesquite.

CREATE PLAYDATE 11 a.m. Join artsFUSION and SUMA for a story and hands-on creative activity in theater, dance, music, or visual art. Each Create Playdate is about 45-minutes... Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

Fri, Mar 1

ST. GEORGE STREETFEST 6 p.m. On the first Friday night of every month, downtown St. George transforms into a multi-stage outdoor concert venue and street market. Town square, 50 S. Main, St. George.

LINDA WANG, VIOLINIST 7:30 p.m. Heritage Center Theater, 105 N. 100 E., Cedar City.

LAS VEGAS MOTOR SPEEDWAY NASCAR NEON GARAGE 7000 Las Vegas Blvd. N., Las Vegas.

NCWTS STRATOSPHERE 200 & QUALIFYING 7000 Las Vegas Blvd. N., Las Vegas.

NGOTS STRATOSPHERE 200 & QUALIFYING 7000 Las Vegas Blvd. N., Las Vegas.

Sat, Mar 2

REDROCK WRITERS CREATIVE WRITING SEMINAR 9 a.m. Learn about writing using the senses, writing heart-stopping historical fiction, and writing fascinating feature stories with Kimberly Johnson, Amy Jareki, and Reuben Wadsworth. St. George Community Building, 245 N 200 W, St. George.

RED MOUNTAIN 50K/30K ULTRAMARATHON 6 a.m. St. George.

BOYD GAMING 300 NASCAR XFINITY SERIES 7000 Las Vegas Blvd. N., Las Vegas.

SNOW CANYON HIGH ESHELLE REVIEW 6 p.m. 1385 Lava Flow Dr., St. George.

Sun, Mar 3

PENNZOIL 400 MONSTER ENERGY NASCAR CUP SERIES 7000 Las Vegas Blvd. N., Las Vegas.

Find more events daily at SIndependent.com

Modern & Elegant Wordpress Websites by **THE INDEPENDENT** — A voice for Utah —



- ✓ Project Start – Preparation
- ✓ Project Kick off
- ✓ Development
- ✓ Set up Hosting Account
- ✓ Set Up Website Content
- ✓ Quality Assurance
- ✓ Code Quality
- ✓ Page Content
- ✓ Optimized User Experience
- ✓ Responsive and Mobile Friendly
- ✓ Launch
- ✓ Analytics
- ✓ Search Engine Optimization
- ✓ Speed and Performance
- ✓ Usability
- ✓ Social Media

Contact
(435) 656-1555
sIndependent.com
ipc@infowest.com

Beautyrest

Visco Memory Foam

Serta

ENGLANDER

Gel Hybrid icomfort

DISCOUNT MATTRESS STORE

"We Beat Anyone's Prices, Guaranteed!"

SLEEP CHEAP!

SUPER VALUES!

QUEEN PILLOW-TOP MATTRESS SETS

\$199!

SENIOR DISCOUNTS

HEAVY-DUTY TWIN MATTRESSES

\$99!

Orthopedic Luxury Firm Pillowtop

QUEEN SET \$199
TWIN SET\$149
FULL SET\$179
KING SET\$299

HAWTHORNE Eurotop Hybrid Pillowtop Set

QUEEN SET \$399
TWIN SET\$349
FULL SET\$379
KING SET\$599

Bring in this ad for a **FREE PILLOW** with purchase of a new mattress!

Orthopedic Plush

QUEEN SET \$299
TWIN SET\$219
FULL SET\$249
KING SET\$399

CLEARANCE SALE!

Twin GEL Memory Foam Mattress only \$149

Full GEL Memory Foam Mattress only \$189

While supplies last!

Serta Shooting Star FIRM with Gel Memory Foam

QUEEN SET \$499
TWIN SET\$399
FULL SET\$479
KING SET\$699

Largest In-Stock Selection of Mattresses GUARANTEED!

435-256-6440

969 N. 3050 E. St. George • North of Costco
www.DiscountMattressStore.net

Mon-Sat 10am-6pm

Clip-n-SAVE COUPONS

A SUPPLEMENT TO **THE INDEPENDENT** FREE

Utah Country's Complete Guide To Arts - Music - Entertainment - Culture & More

Clip-n-SAVE COUPON

The Milne Jewelry Co. *The name you've trusted since 1951.*
 43 E. St. George Blvd • 673-2552

MOST WATCH BATTERIES ONLY \$5



Includes installation. Top quality batteries used. Lithium and special batteries \$6-\$8.

Clip-n-SAVE COUPON

Open 7 days/Wk
Call for appt./times



\$5 off 50 minute student massage

HEALING MOUNTAIN MASSAGE SCHOOL*
 297 N. Cove Drive, Cedar City 800-864-0012
 www.healingmountain.edu 435-586-8222

No other purchase necessary with this coupon. Not good with any other offer, discount or special.

Advertising Sales Reps needed
 - So. Utah areas
 • Experience preferred

Email resume to
ipc@infowest.com

Modern & Elegant Wordpress Websites by
THE INDEPENDENT
 — A voice for Utah —

- ✓ Project Start – Preparation
- ✓ Project Kick off
- ✓ Development
- ✓ Set up Hosting Account
- ✓ Set Up Website Content
- ✓ Quality Assurance
- ✓ Code Quality
- ✓ Page Content
- ✓ Optimized User Experience
- ✓ Responsive and Mobile Friendly
- ✓ Launch
- ✓ Analytics
- ✓ Search Engine Optimization
- ✓ Speed and Performance
- ✓ Usability
- ✓ Social Media

(435) 656-1555
 ipc@infowest.com

TAXI USA
 "Anywhere you want to go"
24/7



(435) 656-1500
 www.calltaxiusa.com

Love The Independent but wish there was more?
 Well there is, online at **SUindependent.com**.
 With new content everyday, seven days a week!
 Plus subscribe to our special Sunday Edition...

Sunday Edition
SUindependent.com

DEEP TISSUE LASER THERAPY

THE ANSWER TO SEVERE BACK AND NECK PAIN.

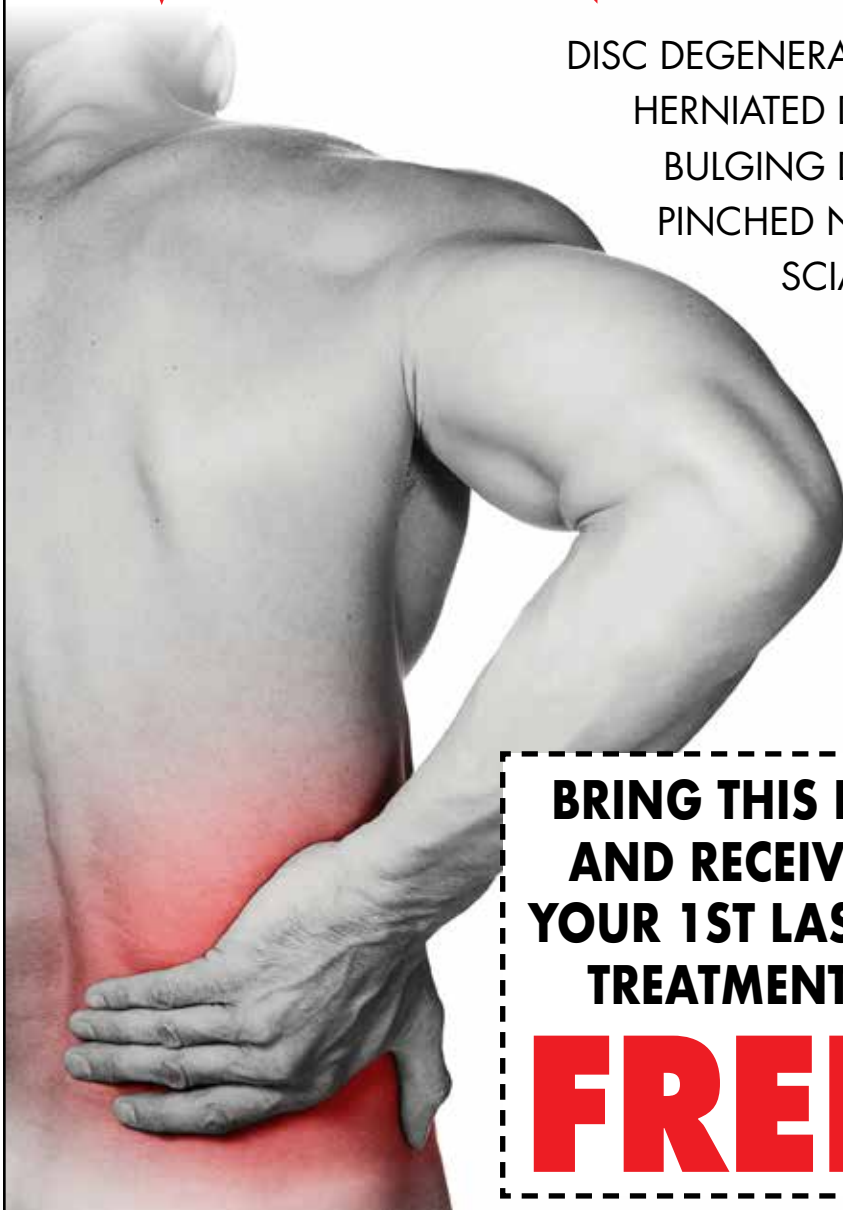
Experience lasting relief from the chronic pain of many severe spine, neck, and joint disorders **without surgery, without drugs, and without having to live the rest of your life in agony.**

This advanced therapy combines precision disc repair with the healing power of laser and a unique physical therapy regimen resulting in lasting, pain free benefits that are nothing short of miraculous. Just ask the hundreds of patients who have received it.

NO SURGERY. NO DRUGS. NO PAIN.

LIVE PAIN FREE

DISC DEGENERATION
 HERNIATED DISCS
 BULGING DISCS
 PINCHED NERVE
 SCIATICA



BRING THIS IN AND RECEIVE YOUR 1ST LASER TREATMENT FREE

WILLOW BEND HEALTH CENTER
 435-673-0900 • 1054 RIVERSIDE DR. STE. 202



Bookmark SUindependent.com, Like on Facebook: facebook.com/suindependent, Follow on Twitter: @suindependent, Follow on plus.google.com/+TheIndependentSouthernUtah, Subscribe to youtube.com/suindependent, Follow on instagram.com/su_independent, Follow on suindependent.tumblr.com, RSS Feed suindependent.com/rss/RSS.html