

CELEBRATE THE HOLIDAYS WITH COMMUNITY EVENTS IN KANAB. SEE PAGE 27.



## Welcome to So. Utah from The Independent & Zion Guide

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## Top Things To Do In Zion



### Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to ZionGuide.com to see the details on many area hikes. **Spend a day in Springdale** 

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

### Catch an event

Not only does Zion Brew Pub have live music every Saturday, the property also hosts a handful of events throughout the year, as do the Bit and Spur restaurant, Tanner Amphitheater, Bumbleberry Inn, Wildcat Willies, and several other locations.

### Try a guided tour

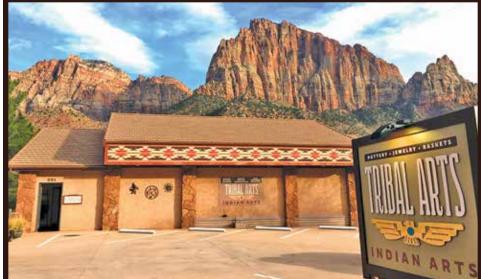
Jeep, helicopter, ATV, canyoneering, horseback riding, or mountain biking, guided tours are all available. Many of these tours take you outside Zion National Park boundaries and give you a unique perspective on Zion's canyons and plateaus from surrounding areas of southern Utah. Check out ZionGuide.com for listings and ads.

### Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions, like the Little Hollywood Movie Museum and the Best Friends Animal Sanctuary.

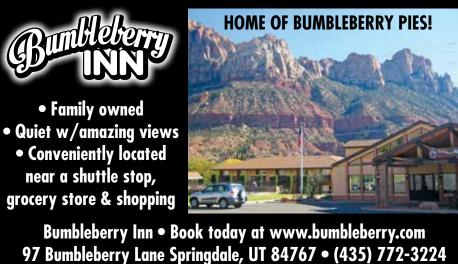
### Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.



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## Safety Tips For Zion

### Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.

### Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

#### Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

### Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.

## **General Tips For Zion**

### Park in Springdale and ride the shuttle

If you are entering Zion National Park through the South entrance it's highly recommended that you park near one of the furthest shuttle stops in Springdale to help minimize traffic congestion in Springdale. The shuttle stops are numbered 1 through 9, with 9 being the final stop at Majestic View Lodge. You can almost certainly avoid traffic and assure your seat on a shuttle if you park near any of the 9 bus stops in Springdale where there's



paid parking on the sides of State Route 9. See our parking and shuttle info for full shuttle schedule, list of stops, and a list of the paid parking lots. Parking in one of the parking lots is generally slighlty cheaper than the paid on-street parking. Springale's hotels also offer free parking to their quests.

### To avoid the crowds, go early or later in the day

Often during peak times, the park runs at capacity and has more people than the shuttle system and trails can comfortably accommodate. Consider getting up extra early or trekking out midday after the initial rush has flooded in. You'll still want to ride the shuttle.

#### A note about pets

Leashed pets may be walked on the Pa'rus Trail. However, pets are not permitted on any other trails, on shuttles, in public buildings, or in the wilderness. Pets must be under physical control on a leash less than six feet long at all times. The interior temperature of a vehicle can quickly warm to dangerous levels. Avoid leaving animals in vehicles. Boarding kennels are available in Rockville, Kanab, Hurricane, St. George, and Cedar City.





145 Zion Park Blvd. Springdale, UT (435) 772-2420 Customer parking available, in the Zion Canyon Village at the south entrance to Zion National Park.

## **Tips To Minimize Your Impact**

### Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



### Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

### Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

### Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

### Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

### **Tips To Maximize Enjoyment**

#### Go on a less crowded hike

The most visited 10 to 12 hikes in Zion National Park have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our newest features, Popular Zion Hikes and Less-Traveled Zion Hikes.

#### Consider coming back again in the low season

Starting in the fall, the number of visitors to Zion Canyon starts to dwindle, and by December it's significantly less than in the heat of the summer. It is simply a different experience to see Zion in the winter with the snow-capped monoliths. Most hikes are still accessible and are less crowded. You can also drive your car to the Temple of Sinawava parking lot. The shuttles stop running by November and don't start back until March.

### Check out Kolob Canyons and Kolob Terrace Road

With gorgeous open spaces and plenty of dirt roads to explore, Kolob Terrace Road is one of Zion's best kept secrets. You'll notice the air getting cooler as you gain elevation, and you'll find plenty of beautiful views worth stopping at for a quick photo op. The Kolob Terrace Road turnoff is in Virgin, so watch for signs. However, portions of the Kolob Canyon District of Zion National Park (located at Exit 40 on Interstate 15) are inaccessible due to construction. Kolob Canyon Road, the visitor center, and the parking lot off of I-15 will remain closed to through November. The Taylor Creek Trail, the Timber Creek Overlook Trail, the Lee Pass Trailhead, and other areas accessible via Kolob Canyons Road will not be available to the public.



### Open 7 days - 11:30am to 10pm Come enjoy some delicious Chinese food in Zion!

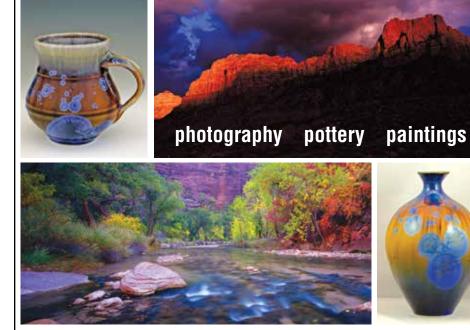


**PHOTOGRAPHY** 

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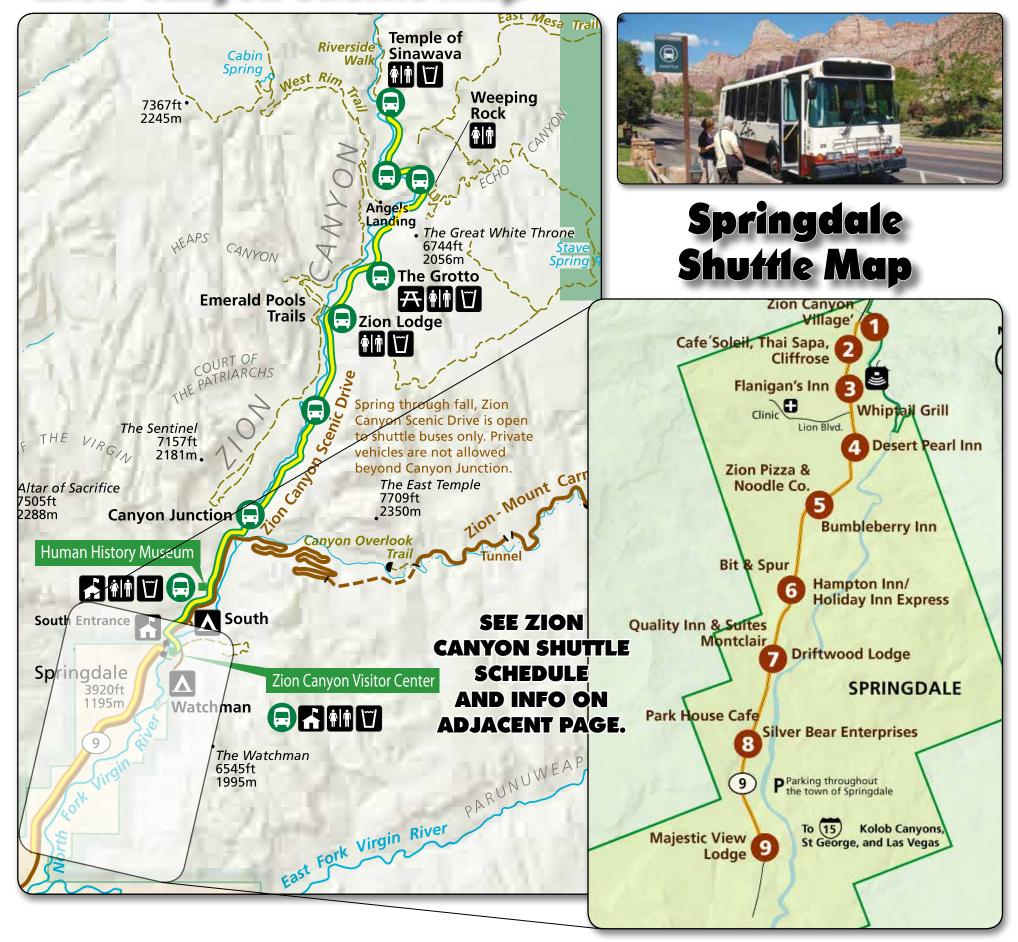


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## Zion Canyon Shuttle Map



## Deep Canyon Day Spa in Zion Canyon



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## Zion Canyon Shuttle & Parking Info

### **PARKING & SHUTTLE INFO**

There is parking throughout Springdale. As of early 2018 most of the parking alongside Zion Park Blvd/Mt Carmel Highway is extremely limited. It is recommended you park in Springdale and ride through town to the dropoff at the park entrance. By doing so you will avoid the bumper-to-bumper lines that often happen during peak days and times, and that can extend well into town. There is paid parking on Lion Blvd, behind Whiptail Grill, and also a lot about one city block from the south entrance to the park. Other free and paid parking is coming online in 2018, watch for signs.

The average wait for a shuttle bus in Springdale is fifteen minutes or less. The wait is longer in the morning and evening, but shorter during peak hours. The shuttle schedule is subject to change. Please check at the shuttle stops and online at ZionGuide.com current information.

### **2019 ZION SHUTTLE SCHEDULE**

	Mar 9-May 11 Ma	ıy 12-Sep 29	Sep 30-Dec 1	After Dec 1
Zion Canyon Shuttle First Bus from Zion Canyon Visitor Cent	<i>er</i> 7:00 am	6:00 am	7:00 am	No service
Last Bus to Springdale Shuttle from Temple of Sinawava from Zion Lodge				
Last Bus from Zion Canyon Visitor Cent from Temple of Sinawava				
<b>Springdale Shuttle</b> First Bus from Majestic View Lodge from Zion Canyon Villiage				
Last Bus to Zion Canyon Shuttle from Majestic View Lodge	9:15 pm	10:15 pm	8:15 pm	No service
Last Bus from Zion Canyon Villiage	9:00 pm	10:00 pm	8:00 pm	No service

MIHHPHOURS

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contains some of Earth's most spectacular scenery, yet the vast majority of its 4.5 million annual visitors will never experience Zion beyond a few feet of the pavement. Those who do know that nature's best kept secrets are reserved for those who venture beyond the wellworn trail.

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## Less-Traveled Zion Hikes

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled hikes.

### Northgate Peaks

### By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

#### Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly 3 miles long and will take about 2 hours to finish.

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for



205 Zion Park Blvd • Springdale • 772-0505



a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

### Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it.

And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

#### Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

ON NATIONA

#### Hidden Canyon

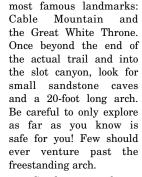
By Bo Beck and Tanya Milligan

The Hidden Canyon Trail was closed Aug. 28 due to rockfall. Please check with the Park Service before attempting this trail.

Hidden Canyon features steep ascents, narrow foot paths, and switchbacks on a narrow cliffside with exposure at high elevations. Some parts have chains to use for assistance. Be cautious near slippery sandstone areas with steep dropoffs. Expect full sun in most places after the early morning. Once you are into the canyon, it is shady and surprisingly cool.

This impressive 2.2-mile roundtrip hike begins at the same busy trailhead as Weeping Rock, Observation Point, and the East Rim. Begin at the Weeping Rock Trailhead, which quickly splits to the left. The trail you want to follow bears right toward the East Rim, Observation Point, and Hidden Canyon. Watch for a sign that indicates the direction to Hidden Canyon.

A well-traveled path takes trekkers between sheer sandstone walls rising up hundreds of feet, made up by some of Zion's



Sandstone pools at the end of this hike are a favorite spot of the delightful and boisterous canyon tree frogs. Look for the tiny gray creatures near the water, and listen for their loud trilling. Past the pools

is the end of the Hidden Canyon Trail. *Overlook Trail* 

By Charlotte Emett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.



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## **Popular Zion Hikes**

Warning: These hikes are very popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more difficult hikes, try some of these popular hikes

#### Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete and covers just under 5 1/2 miles. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto

### **Observation Point via East Rim** Trail

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

### The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

### Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more moderate, try some of these mid-range hikes.

### Watchman Trial

Starting at the Zion Canyon Visitor Center, this hike takes about two hours and covers just under 3 miles. The 368-foot elevation has some minor drop-offs and ends at a view point for Tower of the Virgin, lower Zion Canyon, and Springdale.

#### Middle Emerald Pools Trail

A two-hour hike, Middle Emerald Pools has long drop-offs. The unpaved trail to the Middle Emerald Pools has loose sand and slipperv rocks. You'll cover two miles in 2 hours over the course of a 150-foot elevation gain. The hike starts at Zion Lodge.

#### **Upper Emerald Pool Trail**

Starting at Zion Lodge, this is a shorter trail covering one mile in about an hour. You will rise 200-feet in elevation, and there are minor drop-offs.

#### Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long dropoffs. This unpaved climb connects the Grotto to the Emerald Pools trails.

### **Canyon Overlook Trail**

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

### **Taylor Creek Trail**

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

#### Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of Timber Creek, Kolob Terrace, and Pine Valley Mountains.

Those looking for something less strenuous should check out these easy hikes.

### Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

### Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

### Lower Emerald Pool Trail

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.

### Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools

and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

#### Weeping Rock Trail

A short but steep hike, the Weeping Rock Trail offers trailside exhibits. This paved trail ends at a rock alcove with dripping springs. It rises 98 feet over just under a half mile. It can be completed in about 30 minutes.

### **Riverside Walk**

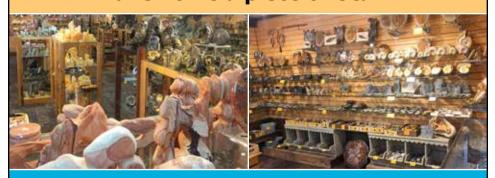
Starting at Temple of Sinawava. this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is

wheelchair accessable, there are minor dropoffs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.





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## Springdale Utah Town Map



Guide



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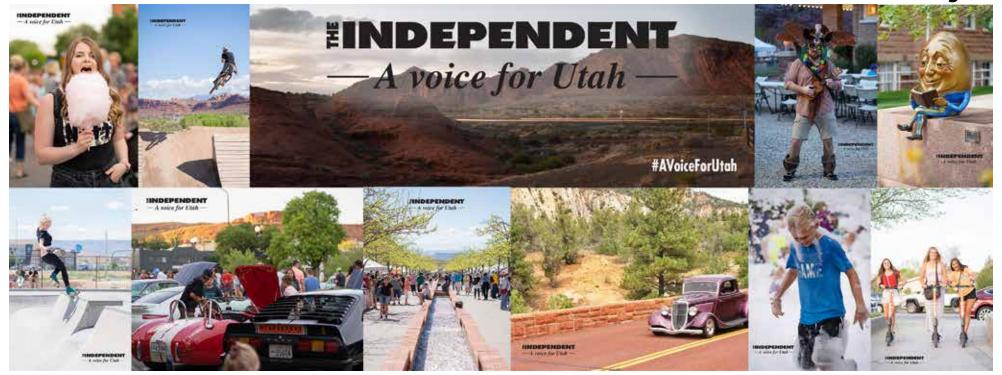
If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink. The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

### SPRINGDALE'S FEATURED RESTAURANTS FROM ZION GUIDE

<b>Restaurant</b> (Listed by address from ZNP Entra	Address ance)	Phone	<b>Drinks/Vegan</b> (W)ine, (B)eer, (M)ixed Drinks (E)spresso, (V)egan items on menu	Hours	WI-FI
Red Rock Grill	1 Zion Lodge	435-772-7760	W, B, M, E, V	6:30-10:30am, 11:30am-3pm, 5-10pm daily	Yes
Zion Canyon Brew Pub	95 Zion Park Blvd	435-772-0336	W, B, V	Noon-10pm daily	Yes
Happy Camper Market	95 Zion Park Blvd	435-772-7805	B, V	8am-8pm daily	Yes
Thai Sapa	145 Zion Park Blvd	435-772-0510	W, B, E, V	11:30am-9:30pm daily	No
Perks Coffee Shop	147 Zion Park Blvd	435-668-0446	E	7am-4pm daily	No
Café Soleil	205 Zion Park Blvd	435-772-0505	W, B, M, E, V	7am-9pm daily	No
Spotted Dog Cafe	428 Zion Park Blvd	435-772-0700	W, B, M, E, V	7-11am, 5pm-9pm daily	Yes
Whiptail Grill	445 Zion Park Blvd	435-772-0283	W, B, V	Noon-9:30pm daily	Yes
Moki	709 Zion Park Blvd	435-215-0520	W, B, M, E	7am-10am daily, 5:30pm-10pm Thurs-Mon	Yes
Blondie's Diner	736 Zion Park Blvd	435-772-0595	B, V	11am-8:30pm Mon-Sat	Yes
Bamboo Chinese Restaurant	828 Zion Park Blvd	435-703-2882	V	11:30am-10pm daily	Yes
Zion Pizza & Noodle	868 Zion Park Blvd	435-772-3815	W, B, V	4pm-10pm daily	No
Porter's Smokehouse and Grill	897 Zion Park Blvd	435-772-0115	W, B, M, E, V	6am-9pm daily	No
Oscar's Cafe	948 Zion Park Blvd	435-772-3232	W, B, E, V	7am-9pm daily	No
Switchback Grille Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, E, V	5-8pm daily	No
Jack's Sports Grill Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, V	Noon-9pm daily	No
Bit & Spur Restaurant & Saloon	1212 Zion Park Blvd	435-772-3498	W, B, M, E, V	5pm-11pm daily	Yes
Park House Café	1880 Zion Park Blvd	435-772-0100	W, B, V	8am-2pm daily	Yes

See detailed restaurant listings for Springdale and the greater Zion National Park area at ZionGuide.com.

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## **Dover Sole**

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Reservations Recommended 702-346-6846







## Zion Joy to the World **Springdale's Tradition of Holiday Celebrations!**

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- Project Kick off
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New Year's Eve Social & Fireworks Display – December 31 Square dancing & community gathering starts at 6pm. Fireworks start at approximately 7:30pm. Canyon Community Center, 126 Lion Blvd., Springdale



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## **SUU ONLINE** DEGREES NAMED AMONG MOST AFFORDABLE **IN THE NATION** By David Bishop

Southern Utah University's online bachelor's degrees are the sixth most affordable program in the country according to new rankings by SR Education Group, a leading education research publisher. SR Education Group reviewed 1,943 universities and colleges in determining its annual rankings. The study found that SUU's average annual tuition for online bachelor degree programs totals just over \$6,000 per year.

When the research group factored in both undergraduate and graduate classes, SUU ranks 12th best in the country.

In August, SUU's Board of Trustees approved a reduction of tuition for online programs. The online-only undergraduate tuition will be cut for the average student by 23 percent, and the online graduate tuition will be decreased by about 12 percent. The tuition reduction will go into effect in January 2020.

SUU continues to strengthen it's online offerings. SUU's Dixie L. Leavitt School of Business has streamlined its MBA program and added three new tracks and an eight-week program format. One dramatic change is that the MBA program now offers foundational business courses, meaning that the MBA will be accessible to any student regardless of the type of undergraduate degree he has earned.

"The new MBA business foundations provide students with undergraduate degrees in areas other than business the essential skills to be successful in the program," said Ken Hall, director of SUU's MBA program. "They can quickly grasp the fundamentals of finance, accounting, and marketing and be confident in their ability to master the concepts in the MBA classes."

Online students account for 11 percent of SUU's enrollment of more than 11,000 students. SUU offers seven bachelor's degrees and 14 master's degrees that can be earned completely online.





## Nov/Dec '19 · Page 12 **DOI PUSHES TO INCREASE ACCESS FOR ELECTRIC BICYCLES ON PUBLIC LANDS**

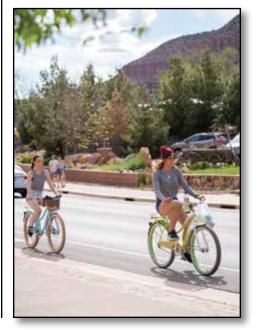
On Oct. 22. the Department of the  $Interior\,announced\,its\,guidance\,to\,implement$ Secretary's Order 3376, Increasing Recreational Opportunities Through the Use of Electric Bikes, which will allow the use of low-speed electric bicycles at national wildlife refuges and other DOI-managed public lands where traditional biking occurs, expanding recreational opportunities and access to millions of Americans. The National Park Service has previously issued guidance to allow for e-bikes to be used on most bike paths in the national parks.

Secretary's Order 3376, signed Aug. 29 by U.S. Secretary of the Interior David Bernhardt, directs DOI bureaus to create a clear and consistent e-bike policy for the lands they manage. The policy also supports Secretary's Order 3366 to increase recreational opportunities on public lands.

A majority of states have adopted e-bike policies, which primarily have followed model legislation allowing for three classes of e-bikes to have access to bicycle trails. The DOI e-bike guidance seeks to provide consistency with the state and local rules where possible.

"Millions of Americans want to bike on our public lands and pedal assist bikes can facilitate the effort of those whose age, fitness level, or disability limits their interest. E-bikes can help make our parks, refuges, and public lands accessible to them, providing opportunities to explore areas of the great outdoors that were previously unreachable," said Secretary Bernhardt. "Where possible and appropriate, we want to accommodate bicycling and the enjoyment of our public lands."

Secretary's Order 3376 directs DOI bureaus to begin the longer-term process of



obtaining public input on new regulations that will clarify that low-speed e-bikes should enjoy the same access as conventional bicycles, consistent with other federal and state laws. The U.S. Fish and Wildlife Service, the U.S. Bureau of Reclamation, and the Bureau of Land Management joined the NPS, which already provided e-bike policy guidance to park superintendents Aug. 30 in similarly issuing guidance to its bureaus and managers. Superintendents and field managers will have the ability in the short term to utilize the flexibility they have under current regulations to accommodate this new technology that assists riders as they pedal in a way that allows them to enjoy the bicycling experience.

The guidance to superintendents and field managers will enable visitors to use these bicycles with a small electric motor (less than 1 horsepower) in the same manner as traditional bicycles. The operator of an e-bike may only use the small electric motor to assist pedal propulsion. The motor may not be used to propel an e-bike without the rider also pedaling except in locations open to public motor vehicle traffic. Similar to traditional bicycles, e-bikes are not allowed in designated wilderness areas and may not be appropriate for back-country trails. The focus of the guidance is on expanding the traditional bicycling experience to those who could benefit from the reduction of effort provided by this new e-bike technology. Park superintendents and local refuge and land managers will limit, restrict, or impose conditions on bicycle use and e-bike use where necessary to manage possible conflicts and ensure visitor safety and resource protection.

Since the NPS issued its guidance, superintendents and park staff have engaged with stakeholders and visitors to better understand potential impacts to resources and visitors and other potential issues with allowing e-bikes where traditional bikes are allowed. Several park units including Cuyahoga Valley National Park, Cape Cod National Seashore, Dinosaur National Monument, and Mount Rainier National Park have already adopted new policies clarifying e-bike use. Other bureaus will also work closely with the public and partners to ensure all concerns and support are taken into account as we work to accommodate visitors with e-bikes and propose new regulations.

For more information, the NPS, FWS, BLM, and USBR have created websites and online tools for the public to learn more about e-bikes, answer frequently asked questions, and provide updates on this policy and where e-bikes are allowed to be used on public lands.

## **SPOTTED DOG CAFÉ - ZION CANYON NOVEMBER EVENTS** 10th Annual Beaujolais Nouveau Festival Saturday, Nov. 23rd 2019 Flanigan's Traditional Thanksgiving Feast Thursday, Nov. 28th; Noon - 8pm



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## HABITAT CONSERVATION PLAN RENEWAL PROCESS MUST INVOLVE CITIZENS By Lisa Rutherford

The Habitat Conservation Plan, or HCP, renewal process has been underway since late 2014 by the county. Back then, they were looking forward to 2016, when the 20-year HCP would expire.

For those who are new to our area, the HCP is the document that has provided management direction for the Red Cliffs Desert Reserve (now mostly the Red Cliffs National Conservation Area). The area that occupies 62,000 acres in Washington County was established for protection of a variety of threatened and endangered species, including the threatened Mojave desert tortoise. Now, if the county has its way, a proposed Northern Corridor highway might run through the heart of the conservation area, where the greatest population of tortoises currently resides.

After four years of planning, the renewal process picked up steam in 2018 when SWCA environmental consultants were hired to draft the HCP renewal document and address the Northern Corridor issue. But the renewal process has seen delay after delay. Eventually, citizens will have an opportunity to weigh in when the scoping process — part of the National Environmental Protection Act — begins, which will occur when the federal government's Notice of Intent is issued in late November or early December.

Unfortunately, it appears the county and agencies are dragging their feet in getting information — which would be important for the public comment period under NEPA — out to the public. The Notice of Intent planned for late November or early December would trigger a 30-day public comment period. If the public doesn't even see the draft HCP renewal document until well into the 30-day comment period, that puts the public at a disadvantage in what is supposed to be a public process and seems very disingenuous on the part of the county and agencies.

Aug. 23 was the original date the Notice of Intent was supposed to be published. So it's clear that the county's effort has slipped significantly since that date. About a year after that date, September 2020, there could have been a final decision on the renewal and the Northern Corridor issue. Now, with a planned late November or early December Notice of Intent issuance, a final decision may be delayed until January 2021.

It is expected that the HCP renewal will

keep to the original intent of the HCP, but it remains to be seen if that will be the result. Writers are dealing with two challenging new issues: adding Zone 6 (on the western side of Washington County) to the Red Cliffs National Conservation Area and the Northern Corridor.

A concern of Northern Corridor opponents is whether real transportation options outside the Red Cliffs National Conservation Area are being fairly considered. Transportation planners should act as if that area were not available to them. Then what would they do?

What about expansion of the existing Red Hills Parkway, which is already in the Red Cliffs National Conservation Area and probably should have been made bigger in the first place?

Another idea that was suggested to but rejected by planners who favor the idea of the Northern Corridor is the idea of an I-15 flyover to get traffic from Red Hills Parkway to I-15.

Planners have actually designed some options for handling traffic without the Northern Corridor. But have those been evaluated fairly?

The proposed Northern Corridor, including associated road tie-ins, would cost approximately \$150 million, according to the 2019–2050 Regional Transportation Plan, while the I-15 Exit 10 Red Hills Parkway Flyover has a cost estimate of \$17 million. Planners assert that the project shows no significant improvement to the system and is not worth pursuing within a 2025 time frame. However, they acknowledge that by 2040 the project does help the system overall, especially without the Northern Corridor.

Planners acknowledge that there are many challenges facing our community when it comes to moving traffic efficiently. It will take many ideas to deal with those challenges.

When the federal Notice of Intent is published, citizens will have opportunity to weigh in on the revised HCP and Northern Corridor. I encourage citizens to stay engaged in this process. Those who sign up with Conserve Southwest Utah will receive notices about the comment period and how to be involved.

Citizen concerns about the Northern Corridor have been expressed through informal polls. As recently as the 2019 Transportation Expo, 67 percent of those who commented were against the Northern Corridor while only 33 percent expressed support.

The Northern Corridor will not solve our transportation problems, but it will create others in an area set aside for preservation. It's important to remember how much benefit Washington County has realized from the Red Cliffs Desert Reserve and the Red Cliffs National Conservation Area. Its presence has supported economic development since 1995. The area draws people from across the nation and world for our events and the spectacular views. It infuses millions into our economy. Events use images from the conservation area to attract participants and visitors. Let's remain cognizant of its value and plan to continue its protection.

Originally from New Mexico, Lisa Rutherford taught elementary school for several years in Texas after graduating from the University of Texas at El Paso before moving to Anchorage, Alaska, where she worked in the oil industry for 20 years. She has lived in Ivins for 17 years. Lisa serves on the board of Conserve Southwest Utah and the Ivins Sensitive Lands Committee and maintains a Southern Utah Issues Facebook page.

## Nov/Dec '19 · Page 13 UTAH'S KIDS, NICOTINE, AND MARIJUANA By Howard Sierer

E-cigarettes are touted as a safe way to stop smoking. Maybe or maybe not, but they certainly are a lucrative way of hooking people, especially young people, on nicotine and an easy way for Utah's illegal drug suppliers to dispense THC extract, marijuana's psychedelic ingredient.

The American Medical Association's Pediatrics journal reports that e-cigarettes are a gateway to smoking tobacco and marijuana for teens and young adults. Either outcome is bad news.

Nicotine is an addictive drug. According to the federal government's National Institute on Drug Abuse, "Most smokers use tobacco regularly because they are addicted to nicotine. The majority of smokers would like to stop smoking, and each year about half try to quit permanently. Yet, only about 6 percent of smokers are able to quit in a given year."

E-cigarettes' claim to fame is providing the nicotine that its addicts crave without tobacco's carcinogens. Yet a number of studies have cast a shadow over this claim. While some studies have endorsed e-cigarettes as helping smokers quit, others say they might actually have the opposite effect.

The U.S. Surgeon General reports that nicotine is especially damaging to teens and young adults, affecting mood, stress levels, anxiety, irritability, and concentration. A single Juul cartridge, the top-selling e-cigarette and a teen favorite, contains as much nicotine as an entire pack of cigarettes.



Turn now to marijuana, which I've called "risky medicine." My column on the subject documented medical professionals' extensive research on marijuana's negative effects. States that have legalized recreational marijuana are in effect running a widespread clinical trial on a drug with serious known side effects, especially for young people.



Now marijuana advocates have yet another reason for concern: The Centers for Disease Control and Prevention reported 1,479 vaping-related lung injuries and 33 deaths as of Oct. 17. Most of these lung injury patients reported that they had vaped an e-cigarette containing THC.

The Utah Department of Health reported 83 cases of vaping-related lung disease and one death as of Oct. 15. Over 90 percent of these patients said they had vaped THC, which is illegal in Utah.

The widespread adoption of e-cigarettes has provided illegal drug suppliers a ready platform to use THC extract. Pinpointing the problem's source is difficult: Drug suppliers don't submit to inspections by medical authorities, but the problem is clearly THC-related.

Marketing bots making automated social media posts glamorized flavored e-cigarettes, resulting in an explosion of teen use. Matthew Myers, president of the Campaign for Tobacco-Free Kids, said that bot marketing "fights regulators and it misleads kids about the products."

Utah's controversial legalization of medical marijuana put THC on teen radar screens. If marijuana is legal medicine, why not use it?

The result: Far too many Utah teens and young adults are hooked on nicotine and using marijuana.

In a long-overdue move, the Utah Department of Health issued a rule restricting the sale of flavored e-cigarettes to licensed retail tobacco businesses. We need nationwide restrictions on marketing e-cigarettes to young people, analogous to those imposed on tobacco companies.

A hopeful sign is mounting pushback against legalizing recreational marijuana. Last year, marijuana advocates forecast that New York, New Jersey, Connecticut, Rhode Island, and Minnesota would legalize the drug in 2019. None did. Suburban lawmakers in these states representing parents who've seen marijuana's ill effects on their children proved to be the deciding factor.

Utah's teens don't need e-cigarette nicotine or THC. If this corrosive tide is to be stemmed, it's time for parents and other responsible citizens to make their voices heard over the drumbeat of commercial interests that stand to profit by their sale.

It's time to stop glamorizing e-cigarettes and treat them as the drug dispensers they are

Howard Sierer moved to St. George in 2000 after living on both coasts and places in between. He worked as a satellite systems engineer and program manager, finishing his career managing fiber optic communications systems development.





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**GIFTS & MORE** 

## OPINION MITT ROMNEY AND THE WHITE HORSE PROPHECY By Ed Kociela

I've never been much of a Mitt Romney fan.

Even when he was put in place as figurehead of the 2002 Winter Olympics, I thought it was nothing much more than a vanity appointment — a milquetoast, squeaky-clean face in place to absolve the sins of scandal that had rocked the Salt Lake City Organizing Committee. (Salt



Lake Organizing Committee members gave about \$1 million in bribes to International Olympic Committee members to land the Olympic Games, resulting in the immediate resignations of Tom Welch and David Johnson, who headed up the bid, as well as the expulsion or sanction of 20 more members.)

In his youth while attending Stanford, he was what we referred to as a chicken hawk — somebody who pushed for advancing the war in Vietnam but did not have the cojones to enlist and do battle in Southeast Asia. Romney was part of pro-war demonstrations but opted out of military service. Instead of toting a rifle through the jungles of Vietnam, he carried The Book of Mormon through France while serving a church mission.

Politically, he was at one time what would be considered a moderate Democrat and then an independent before swinging to the dark side when he thought he had an opportunity to knock off Ted Kennedy and take his Senate seat. It didn't work. But later, he later was successful in his bid to become governor of Massachusetts where he signed a healthcare bill that was remarkably similar to the Affordable Care Act.

Romney was a key player in the Bain company where he helped create Bain Capital, an outfit that specialized in taking failing companies, leaning them down through layoffs to make them "profitable" — at least on paper — and then selling them off.

There were two failed stabs at the presidency — one he lost in the primaries to John McCain and the other in the finals to Barack Obama — before he returned to Utah. His ties to the Beehive State, like those of Jon Huntsman, can be traced to Parley Pratt, who founded Parowan. And that, plus the "R" behind his name on the ballot, helped him to succeed Orrin Hatch in the U.S. Senate.

Now, not even one year into his term, he finds himself in hot water with Utah voters, even though they gave him 62 percent of the vote in 2018.

His approval ratings today sit at 46 percent. The numbers were collected shortly after the president attacked Romney for his criticism of the administration's troop removal in Syria and his support of an impeachment inquiry into the president's activity with Ukraine leaders, who he illegally encouraged to investigate the Biden family.

Of course, there has been bad blood between the president and Romney since before the election when he was critical of the president's lack of a moral compass. It didn't stop him from sidling up to the administration when he was rumored to be a candidate for Secretary of State, an appointment everybody but Romney seemed to realize would never happen. He continues to inflame the president for not falling

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Utah voters, as we see in polling results. But Utah voters have slipped into a brand of neoconservatism that led them to give the boot to Bob Bennett, one of the most traditional Republican voices in the Senate, and that also encouraged Hatch to give up his seat rather than suffer an embarrassing defeat in the primaries.

This strain of conservatism doesn't fully fit into the president's mold, although fringe adherents are part of the administration's base. It more accurately fits the Tea Party fanaticism that struck back when Sarah Palin was thumping the beat when McCain screwed up and lost an election by putting her on the ticket as running mate. Had he gone more traditional in his choice, Obama would probably still be a member of the Senate.

Despite this, Romney doesn't have much to worry about in the long term.

When the president eventually returns to his status as Citizen Trump, preferably sooner than later, Romney could be looked upon as the most important Republican to place country before party in this political drama — a role he would share with the late Sen. Barry Goldwater, who convinced Richard Nixon that it was time to go.

Goldwater was a straight-shooter statesman who, despite his radical political leanings, understood the trauma that the nation would endure if impeachment proceedings continued. Of course, even during his drunken ramblings through the hallways of the White House, Nixon had a better grasp of reality than the guy who wolfs down Big Macs in the Lincoln bedroom these days.

Interestingly, Romney's opposition to the president may be based on his Mormon beliefs rather than politics.

For years, although not a piece of "official" Mormon doctrine, the White Horse Prophecy was a big part of the church.

According to church lore, in 1843 church founder Joseph Smith, while standing in front of the dramatic Benjamin West painting titled "Death On The Pale Horse," said that someday the Constitution of the United States will hang by a thread and a Mormon, or a group of Mormons, will save the nation.

When asked about it a dozen years ago, Romney downplayed the whole thing.

"I haven't heard my name associated with anything of that nature," he said at the time. "I don't put it at the heart of my religious beliefs."

Still, we eerily see ourselves in a situation where the Constitution of the United States is indeed hanging by a thread and a Mormon leader sits poised to oppose those who have attacked it.

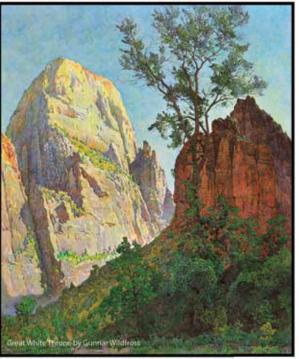
Coincidence? Maybe. Probably. It depends on your beliefs and perspective.

But whether Romney believes he is the one to fulfill the White Horse Prophecy or is just voicing the stirrings of his conscience, he needs to prove his mettle and not back down from this confrontation with the president. He could be the cornerstone of Republican support of impeachment hearings, an integral piece of bringing guidance and a much-needed moral compass to a Republican Party gone astray.

At best, the nation is diving into turbid waters and a period of social, cultural, and most definitely — political unrest.

We will need calm but firm voices to guide us. Let's hope Mitt is one of those voices.

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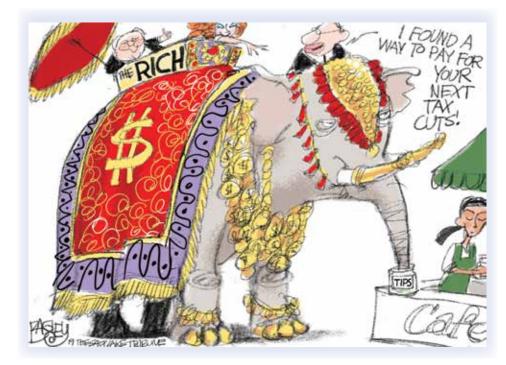


in lockstep with Republicans in support, instead daring to seek truth and justice, which resulted in the president calling him a "pompous ass."

This obviously has not settled well with

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Ed Kociela has won numerous awards from the Associated Press and Society of Professional Journalists. He now works as a freelance writer based alternately in St. George and on The Baja in Mexico.





## HIKING SOUTHERN UTAH: THE SUBWAY By Tom Garrison

**Trail:** The Subway or Left Fork of North Creek

Location: Zion National Park. You must obtain a Zion Wilderness Permit for this hike. There are two methods to obtain a permit: making a reservation up to three months in advance or the last-minute drawing two to seven days prior to your planned hike. Visit nps.gov/zion/index.htm. Difficulty: Strenuous

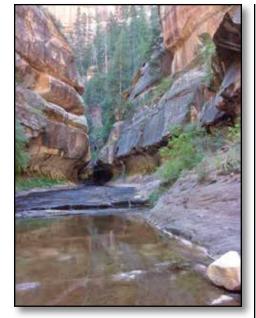
**Distance:** Approximately nine miles round trip

Average hiking time: Six to nine hours.

Elevation gain: Approximately 5,000 feet trailhead elevation with a 350-foot elevation change to The Subway. However, there is a 450-foot descent from the cliffs overlooking the Left Fork of North Creek into the creek bed. From there, the gradual elevation gain to The Subway is about 600 feet.

Family-friendly: This is not a hike for children under 18.

Getting there: From St. George, drive to Hurricane via Interstate 15 and State Route 9. In Hurricane, stay on State Route 9 (called State Street in Hurricane and La Verkin) leading to La Verkin. In La Verkin, turn right (east) at the prominently signed intersection (continuation of State Route 9) to Springdale and Zion National Park.



Bottom entrance to The Subway, The Subway Trail, Zion National Park - October 2019 / Photo by Tom Garrison

tunnel with a creek running through it. This hike is way off the beaten path. We needed a wilderness permit to attempt it.

The Subway can be approached from the top requiring repelling with all the attendant gear or from the bottom without the gear. We chose the latter.

The trailhead elevation is 5,000 feet. We started a bit before 9 a.m. on the 0.75mile well-trod mostly flat trail to the canyon rim. Once on the cliffs above North Creek (the canyon is also known as Great West Canyon), we looked down to the wooded creek bed. From studying route maps, we knew it was a steep climb down, but the reality was daunting. The next leg of our journey was a 450-foot descent about 0.4 mile in, among large boulders on a sandy trail into the canyon.

Upon reaching the creek bed, take notice of the small exit sign, the immediate



Deep pools in The Subway, The Subway Trail, Zion National Park – October 2019 Photo by Tom Garrison

Soon, you will enter the tiny town of Virgin. As you are just about through the town, 6.8 miles from the La Verkin intersection, turn left (north) onto paved Kolob Terrace Road. Stay on Kolob Terrace Road for eight miles to the signed trailhead and parking area on the right (east). The trailhead has a sign "Left Fork," a kiosk with a map and hiking information, and toilets. It is about 45 minutes driving time from St. George to the Left Fork of North Creek trailhead. environment, and the black volcanic rock above. You don't want to miss the exit on your way back.

The next three miles are along and in North Creek as it winds through a relatively wide canyon, full of vegetation and trees. From this lowest point, the gradual elevation gain is approximately 600 feet to The Subway. When crossing, the creek was seldom above our knees, although there were deeper pools that we avoided. The canyon walls were the usual spectacular red sandstone. But don't admire them while walking or you are likely to stumble on one of dozens of huge rocks or get smacked in the face by a low-hanging tree branch (I only fell twice, both times in the creek). There are many user trails, usually on both sides of the creek. All take you upstream. After a couple of miles along the creek, the canyon closes in upon a series of playful small waterfalls and a staircase of wide cascades. Just beyond the cascades, the canyon makes a sharp turn to the right (south) with The Subway up ahead. No matter how many photos you see, this feature is amazing — a curving tubular rock passage below sheer sandstone walls. The many almost circular holes in the rock floor, some several feet in diameter, are a curious feature of The Subway. This is the turn-around point for most. This is not a hike for those desiring an easy, or even moderately strenuous, stroll. However, The Subway is a unique desert adventure. Don't wait until you are in your 60's to try it.

## Nov/Dec '19 · Page 15 TOM'S 2019 THANKSGIVING THANKFUL LIST By Tom Garrison

Each November, I compose a Thanksgiving thankful list for the preceding year. My wife, Deb, and I enjoy our life in red rock southern Utah and have many things for which we are thankful. I hope sharing them brings a smile and acknowledgement that even that which is seldom thought of can be a source of thankfulness. Below is my 2019 list.

I'm thankful for acronyms. We have all seen an international sports event with a United States team playing. At some point, the American fans begin to chant, "USA! USA!" Pretty catchy. Imagine the same chant without acronyms, "United States of America! United States of America!" Not so good, way too wordy.

Or consider international organizations such as the United Nations Educational, Scientific, and Cultural Organization a mouthful. Thanks to acronyms, we can simply say UNESCO. Kudos to the genius who first used or popularized acronyms.

I'm thankful that our home planet, Earth, is in a pretty boring galactic neighborhood. For example, there are no known quasars (super massive black holes surrounded by a gigantic accretion disk) within millions of light years. In fact, the closest known quasar is about 600 million light years away. This is good. Why? Because one quasar typically has more luminosity (brightness created by electromagnetic radiation) than our entire Milky Way Galaxy. If one was close, a few million light years away, our planet and everything on it would be toast.

I'm glad I grew up in the 1950s and '60s. Because of that, I know how to read a clock with a face and hands (analog), I know how to read and write in cursive, and I know how hard work and determination produce much better results than whining. When I grew up, people were tougher but also nicer and more polite. Hell, the girls in high school were tougher than most boys today. What happened?

I'm grateful for natural arches. Deb and I have enjoyed southwest desert hiking for about 30 years. Our favorite hikes are to slot canyons with arches a close second. Arches are everywhere, especially in Utah. Arches National Park alone is home to more than 2,000 natural sandstone arches. There must be at least that many scattered throughout the remainder of the state. A natural arch is a rock formation, often with steep or vertical cliff faces, in which an arch forms with an opening underneath. Most arches are fashioned from narrow sandstone or limestone fins where relatively softer rock erodes beneath a harder caprock above, creating an arch. They become narrow due to erosion over geological time scales.

My favorite is Grosvenor Arch. This massive multicolor sandstone arch, actually a double arch, towers 150 feet above the ground with a main span of nearly 100 feet. To borrow a phrase, it is the mother of all arches.

I'm grateful for grocery store shopping carts. Prior to grocery carts, shoppers carried baskets or bags — okay for a few items, not so much for a major shopping trip. Sylvan Goldman changed all that in 1937. He owned the Humpty Dumpty supermarket chain in Oklahoma and wondered how customers might easily move more groceries. After tinkering a bit, the modern shopping cart was born, and we all can now buy a truckload of items in one trip. Would Costco exist without oversized shopping carts?

Cats are patient creatures, and I'm thankful for that. I'm sure you've seen a cat stalking and ready to pounce on a grasshopper or leaf. They can wait minutes, wiggling their butts, ready for the perfect moment. Our cats, Molly and Bob, are just as patient in training us. They come into the home office, sit, and stare at us until we get the hint and give them their dinner. Molly waits by their exercise equipment — a hoop they jump through. We get the message and have her shake paws, stand, and jump through the hoop for yummy treats. It's a good thing they patiently give us time to learn and respond to their requests.

I hope everyone recalls the many things, obvious and not so obvious, to be thankful for this Thanksgiving.

Tom Garrison has been an avid hiker for more than 25 years. He is the author of five books, the most recent being "Hiking Southern Nevada."



## In The Last Days GOD Talks – Acts 2:17-19

Perhaps the most spectacular of Zion National Park's iconic hikes is The Subway (formally named The Left Fork of North Creek), a hike including a weird subway-like



The Subway, The Subway Trail, Zion National Park – October 2019 / Photo by Tom Garrison

Tom Garrison has been an avid hiker for more than 25 years. He is the author of five books, the most recent being "Hiking Southern Nevada."

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★★★★ - Amazing!
 ★★★ - Good
 ★★★ - Decent
 ★★ - Poor
 ★ - Terrible



"Joker" won the coveted Golden Lion Award at the Venice Film Festival in September — no small feat for a comicbook movie. But in the days since winning that honor, word has been decidedly mixed with many viewers suggesting this would be one controversial movie, a love-it-or-hate-it kind of an experience. Interestingly enough, after having seen it, I fall somewhere in between. "Joker" is certainly to be admired for thinking outside the box, but there's no doubt that this movie doesn't always come up aces. But no matter my thoughts on the topic, "Joker" is making bank at the box office!



This take on one of the most iconic comic book villains of all time serves as an origin story of sorts and follows Arthur Fleck (played by a magnetic Joaquin Phoenix), a down-on-his-luck, socially awkward loaner of a clown-for-hire who can't seem to catch a break in life. He suffers from a condition that causes him to laugh uncontrollably at the most inopportune times, and this, among other things, only aids in making him a target of ridicule in the eyes of many a Gotham resident. The only time Arthur is truly happy is when he's on stage doing stand up. But even there, he becomes the butt of the joke at the hands of popular talk show host Murray Franklin (played by the legendary Robert DeNiro). Eventually, Arthur hits a breaking point, and quicker than you can say "Travis Bickle," this man's fragile state of mind causes him to snap.

There's a scene in Albert Brooks's wonderful afterlife comedy, "Defending Your Life," in which a stand up comic attempts to take on a heckler (played by Brooks himself). Ultimately, the comic is stopped dead in his tracks. After being asked how he died, Brooks playfully turns the tables and one-ups the comedian by replying, "On stage, like you." I couldn't help but think of that scene as Fleck flounders on stage while performing to a less-than-enthusiastic crowd at a comedy club. Unlike the comedian in "Defending Your Life," however, Fleck has a much harder time dealing with the rejection. That's because, sadly, this is Arthur's life: A life filled with heckling, insensitivity, incessant bullying, and being lied to. Therefore, it's no surprise that because of the hand Arthur has been dealt, he would go on to become one of the most legendary villains of all time. Or does he? It all sort of depends on how you interpret this movie.

Suffice it to say that this new film from writer and director Todd Phillips ("The Hangover" franchise) isn't your grandparents' Joker. No, this is an entirely new interpretation of the character, one steeped in current hot-topic issues, and while mental health and the social and economic divide

are at the very forefront of this picture, "Joker" also provocatively suggests that there's a very fine line that separates villainy and heroism.

Yes. there's a lot to chew on here, but one might be surprised to find that while "Joker" often appears to have a lot to say, it actually says very little. What's even more worth noting is that "Joker" owes just as much, if not more, to the '70s and '80s works of Martin Scorsese, Sidney Lumet, and William Friedkin as it does the various famed incarnations of the DC comics that inspired it. Often, the comic-book influence — most notably the way this movie turns the "Batman'

mythos on its ear — works like a charm, but

as far as the aforementioned '70s and '80s filmmaker influences go, "Joker" tends to be a bit much despite the overall stellar look of the picture. Case in point: The "Taxi Driver" and "The King of Comedy" influences are a little too on the nose.

All of that said, there are still a handful of attributes that make this movie worth seeing, and Phoenix is certainly at the top of that list. This committed actor is absolutely fantastic. Is this a career-defining performance? I wouldn't go that far. Given Phoenix's stellar work in "Walk the Line," "The Master," and the similarly themed (and superior) meditative-killer-for-hire character-driven drama "You Were Never Really Here," his much-talked about work in this "Joker" had a lot to live up to. Still, there's no denying that he carries this movie on his shoulders. His Fleck is a shockingly emaciated, emotionally and mentally unstable individual, and Phoenix's improvisational approach to the character is fitting. In fact, there are a handful of occasions in this picture when Phoenix is downright chilling. Look no further than a "Joker" highlight in which Fleck has quite an intense exchange with two ex-coworkers in his apartment. This scene is both terrifying and darkly hilarious. Beyond that, Phoenix's physicality is also worth noting, not just his emaciated frame but the way he carries himself, most notably his captivating little dance moves. As usual, this one-time child star (always loved him as Diane Wiest's awkward and confused son in Ron Howard's "Parenthood") throws himself into a role with absolute abandon.

Complementing Phoenix's work are Mark Friedberg's positively stunning production design, Lawrence Sher's wonderful cinematography, and Hildur Guonadottir's mesmerizing score. All make for what is an undeniably gorgeous production.

In the end, though, it all comes down to story, and while Phillips and crew are to be commended for attempting to give us a Joker for the times we're living in, this movie isn't quite as profound as it aspires to be. While it touches on important issues, I never felt like it truly explored these issues. And while a healthy dose of ambiguity can often be a good thing, there are times when it appears that Phillips wants to have his cake and eat it, too. He's made a film that purports to be an origin story, but the truth is that "Joker" often plays with our perception of what is real and what is part of Fleck's delusion.

Ultimately, "Joker" almost seems confused in terms of what it actually wants to be. One moment, the film asks us to feel

for Fleck because of the way he's been treated. During other more glorifying moments, though, it feels as if the

> movie almost expects us to condone Fleck's behavior when committing he's monstrous acts. It's a tricky balancing act, and Phillips isn't always up to the challenge: See Fleck's wildly over-the-top meeting with Murray in the film's final act. This may even be more evident by way of the muchtalked-about ending of the picture. True to typical Joker form, this film is designed to always have us question what's real and what's not, but the final moments of the movie almost undermine what's come before it. And that's a shame, because the way this film plays with our

perception of both this unpredictable villain and that of Joker's most worthy adversary, Batman, is actually interesting and most unexpected.

Ultimately, "Joker" was a bit of a mixed bag for me. There's a lot I loved about it, and there are a handful of things in there that leave a bit to be desired. The craft is certainly there, but the story doesn't always hit. Too often, "Joker" feels more bleak and empty than profound and enlightening. And despite what you may have heard in some circles, this movie really isn't entirely dangerous. "Reckless" is probably a better word, particularly when it's playing the blame game. Yes, Arthur, has had a rough life, and yes, he isn't altogether well. But at the end of the day, people have to be held accountable for their actions, and "Joker" spends a little too much time blaming other people (overly callous people) for Fleck's heinous acts. Props to this film and its makers for shedding a light on mental illness and suggesting that we need a little more empathy in this world, but "Joker" works better when it's simply subverting our expectations of what a comic movie has the potential to be.

## "In the Tall Grass" (R) $\star \star \star \frac{1}{2}$

"In the Tall Grass" is a trippy (and creepy) fusion of "Children of the Corn," "The Blair Witch Project," and "Field of Dreams." The "Children of the Corn" influence should come as no surprise as the story this often effective and smaller-scale horror show was based on was co-written by the legendary Stephen King. And proving that the apple doesn't fall far from the tree, King collaborated on this project with his own son, Joe Hill. That's right — it's two Kings for the price of one!

As "In the Tall Grass" opens, pregnant Becky DeMuth (Laysla De Oliveira) is on a road trip with her brother, Cal (Avery Whitted). It's clear that Becky is hoping to put some relationship troubles behind her and start a new life. Along the way, while traveling through the tall grassfilled fields of the Kansas countryside, the DeMuth siblings pull over for a break. Shortly thereafter, a child's voice calls to them for help from those same fields. With no reason for any sort of real concern, Becky and Cal enter the tall grass in an effort to

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offer assistance to this mysterious child. But fairly quickly, they're separated from one another and soon realize they've made a terrifying mistake, for these are no ordinary fields. No, something sinister resides within this vast patch of tall grass, and once you enter, there's no way out. As Becky and Cal continue looking for one another, they come face to face with both the source of that voice (played by young Will Buie Jr.) and the boy's father, Ross (played by Patrick Wilson.)

"In the Tall Grass" was directed by "Cube" and "Splice" creator Vince Natali (who also co-wrote the screenplay), and he wastes absolutely no time suggesting that these fields weren't meant to be entered. The tone throughout is eerie and menacing, and even though the religious-extremist aspect of the plot feels a little over the top (Gareth Evans's "Apostle" handles similar religious themes in stronger fashion), the movie gets a lot of mileage out of its overall look and the way it plays with our sense of time.



The performances are pretty good, too. Relative big-screen newcomer De Oliveira ("iZombie") conveys a real sense of fear here, not only for herself but for her unborn child. Whitted ("The Vanishing of Sidney Hall"), also relatively new to the film scene, is equally solid as Becky's concerned brother. Buie Jr. (Disney's "Bunk'd") is terrific as Tobin, a trapped child looking for a way out of a horrific set of circumstances. Finally, we have Wilson ("The Conjuring"). If there's a more flashy performance in "In the Tall Grass," it's definitely his fun, magnetic, and often bigger-than-life turn as Ross.

King has enjoyed quite the cinematic renaissance over the last few years by way of the "It" films, the "Pet Sematary" remake, and the much-buzzed about "Doctor Sleep" adaptation as well as effective Netflix efforts like "1922" and "Gerald's Game." "In the Tall Grass" ranks somewhere in the middle. For all it's creepiness, solid performances, effective cinematography, and bold shocks (there's one sequence in particular so disturbing that I almost had to stop watching), there's a bit of a campy vibe that sometimes diffuses the movie of its genuine horror element. It should also be noted that there are a couple of distracting digital shots that momentarily take the viewer out of the action. Again, though, the overall tone of the picture and the effective central location alone are enough to make this one worthy of watching, particularly if you're a fan of King and the genre in general.



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## **EVENTS** RED ROCK FILM FESTIVAL SHOWS VARY FROM FAMILY FILMS TO THE

### By Matt Marxstein The Red Rock Film Festival will begin

**CONTROVERSIAL** 

at 2 p.m. Nov. 1 with several shorts and will culminate with international college shorts and an underground feature.

It's not the content of indie feature "Feral" that's raising eyebrows, it's how the film was made. The film was directed by Andrew Wonder, who has taken his adventures with urban explorer Steve Duncan. They risk possible arrest and sometimes their lives as they dive into the underground world of abandoned subway stations, city tunnels, bridges, and sewers.

In "Feral," he takes his actors into some of these locations as the story follows a homeless woman living in the tunnels below New York City.

Also playing in the St. George section of the film festival is Joe Raffa's "Dark Harbor," which explores dark secrets left behind from a pregnant woman's missing father in Maine.



A scene from the thriller 'Dark Harbor' playing in the Fiction Feature competition.

As the festival continues to program films on humanity and social justice, three Native American films will be screened. Sophie and Clement Guerra's "The Condor & The Eagle" follows four indigenous environmental leaders as they embark on an extraordinary transcontinental adventure to unite the people of North and South America and deepen the meaning of "climate justice." Paige Sparks's "Common Ground: The Story of Bears Ears" brings viewers into the small communities of San Juan County where a fierce debate about public land is underway.



A scene from Midnight Marathon, playing in the Collegiate Shorts competition

Greg Balkin and Len Necefer's "Welcome to Gwichyaa Zhee" contrasts the support for indigenous groups in southern Utah to a way of life and caribou in the Arctic National Wildlife Refuge.

The Collegiate Shorts competition may be the most diverse competition at the festival with entries from USA, New Zealand, Ukraine, Serbia, and Canada with Jonah Haber's family film from Canada called "Midnight Marathon" about what happens when the whole world is hypnotized by an unexplained celestial event while three boys are watching a marathon of a sci-fi TV series.



A grandfather and grandson scene from 'Team Marco' playing in the Fiction Feature competition.

More family films are also on the schedule, such as Julio Vincent Gambuto's "Team Marco" about a boy addicted to his electronics and his traditional Italian grandfather's attempt to get the kid outdoors and learn bocce ball.

"[It is] a great story for young viewers about bridging a generational gap," said festival previewer Arjan Brentjes.

The films will play at the Dixie Center Auditorium at 1835 Convention Center Dr. in St. George Nov. 1–5 from 2 to 11 p.m. Nov. 1 and noon to 11 p.m. on other days with different screenings at the Cedar Theater at 33 N. Main St. in Cedar City. Tickets are available at the door or online at redrockfilmfestival.com.

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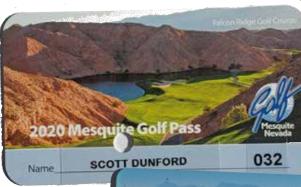
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**LEVIATHAN: ELEGY FOR ICE** Oct. 14–April 24 Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

**EAGLES TRIBUTE AT CASABLANCA** Nov. 1 and 2, 8:30 p.m. Albumpalooza concert series returns to the CasaBlanca with what has just been ranked the best selling album in the history of recorded music! "Eagles Their Greatest" features timeless classics like "One of These Nights," "Take It Easy," and "Desperado." The Albumpalooza Eagles band performs the entire album track to track, cover to cover followed by iconic hits that came afterwards including "Hotel California," "Life in the Fast Lane," and "I Can't Tell You Why." CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

"INTO THE WOODS" Nov. 1 and 2 at 7 p.m. and Nov. 2 at 2 p.m. Tickets are \$15. hurricanetheatrical.com or (435) 668-9753. Hurricane Fine Arts Building, 92 S. 100 W., Hurricane.

KANAB'S TREASURE QUEST WILD, WILD, WEST Nov. 1–3. Players will use a phone app to complete challenges and gain points for the chance to win over \$10,000 in cash and prizes. This event is a mix of a race, escape room, and scavenger hunt. Kanab.

NHRA NATIONALS Nov. 1–3, 7 a.m. Las Vegas Motor Speedway, 7000 Las Vegas Blvd N., Las Vegas.

UTAH CONCEALED CARRY CLASS Nov. 2, Dec 7, and Jan. 4, 10 a.m. Fulfills the training required by the Utah Bureau of Criminal Identification (BCI) to qualify for a Utah Concealed Firearm Permit. Class length: 4 hours. Range time: none. (not required for permit) BCI-approved course curriculum and instructors. What to bring: Pre-registration ticket or receipt, Something to take notes with, state-issued photo ID. Do not bring weapons or ammunition into the classroom. You do not need a gun to take this class. Class topics include the safe loading, unloading, storage, and carrying of firearms to be concealed. Current laws defining lawful self defense, use of force by private citizens, including use of deadly force, transportation, and concealment. Pistol operation, pistol cartridges and components, ammunition malfunctions, maintenance and cleaning, holster selection and concealment techniques. C-A-L Ranch, 750 S. Main St., Cedar City.

**ZION CENTENNIAL CELEBRATION OF ART** Nov. 5–10. Join 11 of America's finest landscape painters in Zion Canyon for a week of fun and learning to raise money for Zion National Park. Artwork will be sold. All public events are free. Zion National Park, Springdale.

**THE NOT SO FRUMPY MOM SERIES** Nov. 6 and 13, 6 p.m. A three-class course with private one-on-one styling. Each class will be two hours long, including food and private one-on-one coaching. The Society Center, 671 S. 1000 E., St. George.

"**PIPPIN**' Nov. 7, 8, 9, and 11, 7:30 p.m. Dixie High School, 350 E. 700 S., St. George. **COLOR COUNTRY MODEL RAILROAD LAYOUT TOUR** Nov. 8–11, Noon. The Color Country Model Railroad Club each year presents a Tour of Model Railroads at the Homes of it's members. There will be over 20 locations in the greater St George area with model trains operating. This event is held annually in November and is FREE and open to the public. Visit our web site at www.colorcountrytrains. org on or after October 1st for locations, Dates, and times. Various See web site for locations days and times, various St george area, St. George.

CANYON VIEW HIGH: PERFORMANCE Nov. 15 and 16, 5:30 p.m. Canyon View High School, 166 W. 1925 N., Cedar City.

**GET YOUR MARRIAGE ON** Nov. 17, and 23, 6 p.m. Attendees will have the opportunity to participate in hands-on workshops and will take away tools to strengthen their marriage. Come and enjoy a night of food, fun and prizes. Dixie Center, 1835 Convention Center Dr., St. George.

**2019 JUBILEE OF TREES** Nov. 21–25, 10 a.m. Dixie Center, 1835 Convention Center Dr., St. George.

**KANAB'S POLAR EXPRESS** Nov. 25–29, Dec. 2–5. \$10 per child, one parent and children under 2 are free. The adventure on the Polar Express includes bringing letters to Santa and returning with a letter from Santa, riding and caroling on the Polar Express, decorating cookies, hot chocolate and hot cider, pictures with Santa, and a printable golden ticket available to take home. Kane County Courthouse, 76 N. Main St., Kanab.

**Z-ARTS ART AND CRAFT FAIR** Nov. 29, and 30, 10 a.m. Shop for exceptional handcrafted and original items. Don't miss this special event featuring local region artists. Canyon Community Center, 126 Lion Blvd., Springdale.

"ELF THE MUSICAL" Nov. 29-Dec 21, 7:30 p.m. Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised unaware that he is actually a human until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to New York City to find his birth father and discover his true identity. Faced with the harsh realities that his father is on the naughty list and his half-brother doesn't even believe in Santa, Buddy is determined to win over his new family and help New York remember the true meaning of Christmas. Tuacahn Amphitheatre, 1100 Tuacahn Dr., Ivins.

**HIGHRISE AT CASABLANCA** Nov. 1–3, 7 p.m. showtimes may vary. HighRise, the highest energy dance band on the Las Vegas Strip, plays a feel-good mix of current and retro pop, rock, dance, and R&B. 950 W. Mesquite Blvd., Mesquite.

**RANDY ANDERSON BAND AT VIRGIN RIVER** Nov. 1–3, 7 p.m. showtimes may vary. Playing new and traditional country music as well as oldies and classic rock. Free. 21 or older. 100 Pioneer Blvd., Mesquite.

**TERRY WAYNE PROJECT AT CASABLANCA** Nov. 6–10, 7 p.m. showtimes may vary. R&B, funk, dance, oldies, and classic rock. Free admission. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

**CJ SIMMONS AT VIRGIN RIVER** Nov. 6–10, 7 p.m. showtimes may vary. Country covers and originals! Free admission, must be 21 or older. 100 Pioneer Blvd., Mesquite.

JAMIT AT CASABLANCA Nov. 13–17, 7 p.m. showtimes may vary. Las Vegas' spectacular new variety band! Classic and modern rock, R&B, pop, country, and more. Free. 21 or older. Skydome Lounge, 950 West Mesquite Blvd, Mesquite. **DICKENS FESTIVAL** Dec. 4–7, 10 a.m. Step back in time and enjoy the sights and sounds of 19th century London at The Spectrum's Dickens' Christmas Festival, a unique and unusual entertainment and shopping experience. Guests wind through narrow village streets as they shop for gifts and rub shoulders with a cast. Dixie Convention Center, 1835 S. Convention Center Dr., St. George.

**CHRISTMAS SHOW** Dec. 13, 14, and 16, 7 p.m. Enterprise High School, 565 S. 200 E . St., Enterprise.

TUNA CHRISTMAS PLAY Dec. 17 and 18, 7 p.m. Cedar High School, 166 W. 1925 N., Cedar City.

THE ULTIMATE OUTDOOR RECREATION EXPO Jan. 3 and 4. Every outdoor recreation activity and sport for families and individuals. Over 25 workshops. The first 200 each day receive a free pocket knife valued at \$10. Dixie Convention Center, 1835 S. Convention Center Dr., St. George.

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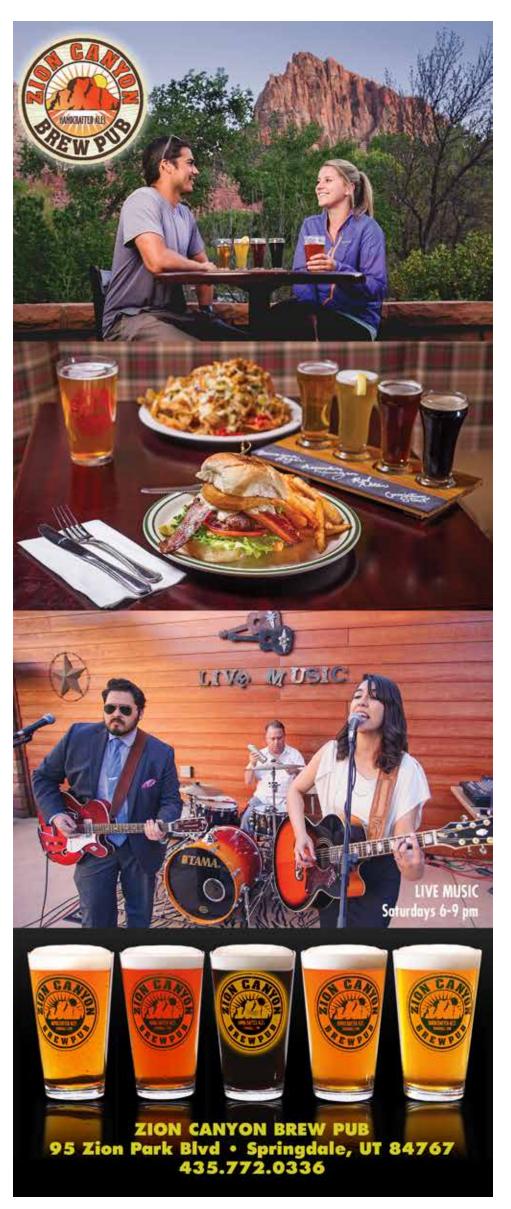
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LIVING HISTORY AT SILVER REEF GHOST TOWN Fourth weekend of everymonth. 10 a.m. Silver Reef Museum, 1903 Wells Fargo Rd., Leeds.

**NEW HORIZONS INTERMEDIATE BAND AND STRINGS** Band 1–3 p.m., strings 3–5 p.m. Economical group lessons for seniors. \$80 per semester or \$30 per month. (435) 772-1005, zionmusicensembles@gmail.com, zionmusicensembles.com, newhorizonsmusic. org. Electric Theater, 68 E. Tabernacle St., St. George.

**NEW HORIZONS BEGINNER BAND AND STRINGS** Band 1–3 p.m., strings 3–5 p.m. Economical group lessons for seniors. \$80 per semester or \$30 per month. Call for confirmation. (435) 772-1005, zionmusicensembles@gmail.com, zionmusicensembles.com, newhorizonsmusic.org. Electric Theater, 68 E. Tabernacle St., St. George.

MOVIES AT CRESCENT MOON MOVIE THEATER Wednesdays–Saturdays at 7:30 p.m. and Saturdays at 1 p.m. Ticket prices start at \$6. Call (435) 644-2350 or visit crescentmoonkanab.com. 150 S. 100 E., Kanab.



**INTRO TO RAPID EYE TECHNOLOGY** Nov. 7, Dec. 5. Rapid Eye Technology is a natural, effective, non pharmaceutical way to address anxiety, depression, PTSD, trauma, and limiting beliefs. Learn how the technique of Rapid Eye Technology uses eye movements and blinking that is patterned after your REM sleep to release stress and trauma from the brain. The New You Wellness Clinic, 1070 W. 1600 S. Suite 102, St. George.

"CLUE: ON STAGE" Nov. 7–9 and 11, 7 p.m. Cedar High School, 166 W. 1925 N., Cedar City.

KANAB WRITERS CONFERENCE Nov. 7–9, noon. The Kanab Writers Conference offers a plein air hike with writing retreat, a selfpublishing seminar, breakout classes taught by authors and industry professionals, a writing contest, and more. Lisa Mangum, editor at Shadow Mountain Press, will deliver a keynote address Lee Nelson, historian and author of the Storm Testament series, will deliver a free community lecture. kanabwritersconference. com. Kanab Civic Center, 100 N. 100 E., Kanab.

SYMPHONY OF THE CANYONS CHRISTMAS FESTIVAL AND CONCERT Dec. 6, and 7, 5:30 p.m. Kanab Middle School, 690 S. Cowbov Wav. Kanab. AMERICAN MADE AT VIRGIN RIVER Nov. 13–17, 7 p.m. showtimes may vary. Playing classic rock and country. Free. 21 or older. 100 Pioneer Blvd., Mesquite.

**TERRY WAYNE PROJECT AT CASABLANCA** Nov. 20–24, 7 p.m. showtimes may vary. R&B, funk, dance, oldies, and classic rock. Free admission. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

WALKER WILLIAMS AT VIRGIN RIVER Nov. 20–24, 8 p.m. Classic and current country and a variety of dance tunes. Free. Must be 21 or older. 100 Pioneer Blvd., Mesquite.

**GREGG PETERSON BAND AT CASABLANCA** Nov. 27–Dec 1, 7 p.m. showtimes may vary. Variety and dance band. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

**PSYCHOBILLY AT VIRGIN RIVER** Nov. 27– Dec 1, 7 p.m. Showtimes may vary. Cover band playing a variety of dance music from country to classic rock. Free. Must be 21 or older. 100 Pioneer Blvd., Mesquite.

WHITE CHRISTMAS MUSICAL Dec. 12–14, 7 p.m. Cedar High School, 166 W. 1925 N., Cedar Citv.



**PIZZA N PAINT NIGHT FOR KIDS** 6 p.m. every Friday and Saturday. Fridays are for 4–12 year olds and Saturdays are for 8–14 year olds. Pizza, a movie, and paint supplies are provided. Kids take home their creations. Ms. Traci's Small Scholars, 293 E. Telegraph St. Ste. 103, Washington.

**OUTBACK HIKING CLUB OF SOUTHERN UTAH** Dates and times vary. Visit meetup.com/ outback-hiking-club-of-southern-utah.

**BEST FRIENDS ANIMAL SANCTUARY TOUR** 8 a.m.–5 p.m. Drive to the sanctuary and take a tour through the visitor center. Make reservations at (435) 644-2001 or visit bestfriends.org. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

**KARAOKE AT THE STATELINE CASINO** Tuesdays and Fridays at 8 p.m. Karaoke goes until they're finished. Stateline Casino, 490 W. Mesquite Blvd., Mesquite. **COWBOY DINNER AND SKIT** 9 a.m. Join the Chuckwagon Cookout at Little Hollywood Museum for the buffet when they have tours scheduled. Walk-ins are welcome. Most seatings include an episode of the "How the West Was Lost" cowboy skit. \$16 for lunch and \$20 for dinner. 297 W. Center St., Kanab.

**ART CLASSES** Tuesdays and Thursdays at 6 p.m. Oil painting, drawing, portraits, and pastel classes available. Desert Rose Art Studio, 225 N. Bluff St., Suite 1, St. George.

**POLE FITNESS CLASSES** 7 p.m. Beginner class (Flow 1) held Tuesday and Thursday nights at 7 p.m. for \$10. Or attend the free community intro class at 7 and 8 p.m. Saturday nights. 270 N. 2940 E., St. George.

**STAR PARTY** A guided stargazing tour takes place in Dark Canyon Star Park every night. Learn something about the night sky and the universe. For reservations, text or call (435) 899-9092 or email kanabstars@gmail.com. N. Hwy. 89, Kanab.

**GENTLE YOGA** Mondays and Wednesdays at 4:15 p.m. ZACI Yoga, 348 N. Bluff St. #205, St. George.

**ARE YOU STRESSED OR NOT LOSING WEIGHT?** Noon. A special emphasis is placed on weight loss, diabetes, heart disease, and stroke prevention based on simple, proven methods to a healthier lifestyle. Southwest Utah Public Health Department, 620 S. 400 E., St. George.

**KARAOKE AT THE ONE AND ONLY** Mondays and Wednesdays at 9 p.m. 800 E. St. George Blvd., St. George.



SOUTHERN UTAH MORMON TRANSITION/ SUPPORT GROUP 1–2:30 p.m. This weekly support group is for individuals questioning their Mormon faith and looking to join likeminded people in open discussion on navigating a faith transition. The group meets in at the north end of the building by the pharmacy in the community room at Smith's, located at 565 S. Mall Dr. in St. George.

Find more at SUindependent.com



**USMS SWIM TECHNIQUE COACHING** 8 a.m. Free. Must pay Sand Hollow Aquatic Center pool entry fee. Current USMS membership required. All level swimmers 18+, individual abilities considered in workout structure. Call Lynne Lund at (760) 844- 6288. 1144 Lava Flow Dr., St. George.

**LIBRARY READING TIME** 9 a.m. Stories, craft and treat for all ages. Panguitch Library, 25 S. 200 E., Panguitch.

**STORY TIME WITH GRANDPA STEVE** 10 a.m. Washington County Library, 88 W. 100 S., St. George.

**COMMUNITY BEREAVEMENT GROUP** 3:30 p.m. A supportive and educational group for those experiencing grief resulting from the loss of a loved one. Call (702) 346-5224. Mesquite Library, 121 W. First N. St., Mesquite.

**DANCE CLASSES AT CCC** 5 p.m. Children's Hip Hop/Contemporary. 5 class punch pass \$20. First class FREE! Purchase punch passes at Town Hall during business hours. Canyon Community Center, 126 Lion Blvd., Springdale.

FUTURE STARS OF MMA



Doors Open 6pm • Fights Start 7pm • After Party 10pm

STARTICKETS 800.585.3737 | STARTICKETS.COM | VIP SEATING ROWS 1-4 \$30



### VIP Tickets get quick access to bar and cocktail service





KICKSTART YOUR HEALTH NUTRITION AND COOKING CLASSES 4:30 p.m. Class topics range from digestion to blood pressure. Visit nutritiousway.org. 1554 Hummingbird Dr., St. George.

**GIVE IT A WHIRL POTTERY CLASS** 5 p.m. Try out a potter's wheel and learn basics of throwing a pot on the wheel. 2-hour class. All tools and supplies provided. \$30 per person. No registration. The Tilted Kiln, 215 W. St. George Blvd., St. George.

**ST. GEORGE DANCE COMPANY CLASS** 7:30–8:45 p.m. Ballet for adults, intermediate to advanced. Open to the public. Visit saint-georgedance.com or call (435) 773-1221. The Electric Theater, 68 W. Tabernacle St., St. George.

## TUESDAYS

**CHILDREN'S STORY TIME** 10 a.m. Frontier Homestead State Park, 635 N. Main St., Cedar City.

**FRONTIER STORY TIME** 10 a.m. Each Tuesday, preschool children can learn about the past through stories and history-related events. A different story and activity is featured each week. Free. (435) 586-9290. Frontier Homestead State Park Museum, 635 N. Main St., Cedar City.

**MEMORY MATTERS EARLY STAGE MEMORY LOSS SERIES** 10:30 a.m. Designed to aid the person with memory loss and their primary care partners and includes presentations on legal and financial preparation, pharmaceutical and alternative remedies, brain health, and nutrition. Falls Event Center, 170 S. Mall Dr., St. George.

**STORY TIME WASHINGTON BRANCH** 11 a.m. Washington County Library System, 220 N. 300 E., Washington.

**WEEKLY HEALTHY LIFESTYLE CLASS** Noon. Class to help you start taking steps to a healthier lifestyle. Must be at least 18 years old and a resident of Washington, Iron, Kane, Garfield, or Beaver County. Southwest Utah Public Health Department, 620 S. 400 E., St. George.

**KARAOKE AT PEGGY SUE'S DINER** 5–9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 380 N. Sandhill Blvd., Mesquite.

**HERITAGE WRITERS GUILD** Second Tuesday of each month at 6 p.m. Meets in the basement of the St. George Library. Call (435) 634-5737. 88 W. 100 S., St. George.

CHAPTER 1 BOOK CLUB 5:30 p.m.Washington County Library System, 88 W. 100 S., St. George.

**OPEN PAINT NIGHT** 6 p.m. Desert Rose Art Studio invites anyone who would like to join a group of artists. Bring whatever medium you want. Cost is \$15. Call Alice Hiatt at (435) 256-3317. 225 N. Bluff St. Suite 1, St. George.

**TRIBUTE TO THE KING AT CASABLANCA** 6–10 p.m. Starring John Brooks. Must be 21 or older. Free. "Voted Best of Las Vegas 2013 "Best Elvis Tribute Show" and "Best Lounge Performer." CasaBlanca Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

**THE GRACEFUL WOMAN** 6 p.m. Kundalini Yoga. Gentle, specialized movement, breathing, and meditations will be taught as well as relaxation with gong. Fruit and tea will be served after class. By donation. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City. ANIME GAMER CLUB 3 p.m. Teens and tweens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

**WELCOME WAGGIN** 5 p.m. Join one of Best Friends' founders to learn more about the organization, hear heartwarming stories, and discover secrets about the sanctuary. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

**KARAOKE AT BEAVER DAM STATION** 5:30–9 p.m. Full bar. 21 and over, must have ID. Hosted by singer Gayle Louise. Beaver Dam Station, County Hwy. 91, Littlefield, AZ.

**PAINT NITE AT 'BOUT TIME PUB & GRUB** 6 p.m. No experience necessary. Use the code SUTAH for 35% off. Drinks purchased from the venue separately, no BYOB. 21 and up. 929 W. Sunset Blvd., St. George.

**GRATITUDE & GRIT: YOGA FOR ADDICTION RECOVERY** 6 p.m. Meditation and yoga exercises to help overcome destructive behaviors. All are welcome. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

## THURSDAYS

**TODDLER TIME** Thursday's and Friday's, 11 a.m. Washington County Library System, 88 W. 100 S., St. George.

TOPS WEIGHT LOSS GROUP 4 p.m. The Wentworth At the Meadows Theater Room, 950 S. 400 E., St. George.

**DESERT COMMUNITY STRINGS** 6:30 p.m. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings.org St. George Medical Building, 736 S. 900 E., St. George.

**JOYFUL YOGA** 6:30 p.m. Kundalini Yoga as taught by Yogi Bhajan. Free, donations accepted. Sage Hills Healing Center, 6232 W. Sage Hills Dr., Cedar City.

**SINDUSTRY** 7 p.m. Free drink and drawing ticket, corn hole tournament, beer pong, and Jenga. Live entertainment. \$10 buckets of beer. No cover charge. 275 Mesa Blvd., Mesquite.

LINE DANCING AT THE ONE AND ONLY 9 p.m. Come have some good old fashioned fun with a friendly crowd. 64 N. 800 E., St. George.

### FRIDAYS

**YOGA NIDRA AND GONG** 9 a.m. A unique guided meditation preceded by yogic breathing and movement. All levels welcome. The Healing Tree, 535 S. Main St. #4, Cedar City.

**FREE CO-WORKING FRIDAY** 10 a.m. What happens when you put inspired, high vibe women together in the same place? Magic. Pure magic. Drop in and collaborate with us as well as the other women in our community. 671 S 1000 E, St. George.

**SUP YOGA AT QUAIL** 10 a.m. Join Michelle Ennis and DIG Paddlesports UP Yoga Friday mornings. Experience the Bliss of Yoga on the water while laughing, getting wet, and having a great time. Whether you are an experienced yogi or you just want to try something new, challenging, and fun, this class is for everyone. Feel at ease while you are guided to move and balance. Taught by a certified Stand Up Paddle Yoga instructor in a safe and supportive environment. Classes are 90 minutes and include SUP instruction, warm up, flow, playtime, and savasana on the water. Quail Creek State Park, 472 N. 5300 W., Hurricane. LIVE MUSIC AT PEEKABOO WOOD FIRED KITCHEN 6:30-8:30 p.m. Free. 233 W. Center St., Kanab.

**KARAOKE AT STATELINE CASINO** Fridays at 7 p.m. Contest sign-ups at 6:30 p.m. Cash prizes! Open Karaoke before and after the contest each Friday. Hosted by singer Gayle Louise. (435) 229-9725. 490 W. Mesquite Blvd., Mesquite.

**SOUND CELEBRATION: CRYSTAL SINGING BOWLS** 7 p.m. This is a shower of beautiful sound vibration. Bring a yoga mat, pillow, or blanket. There are chairs and benches to sit on if you prefer. \$10–\$20; please do not stay away for lack of funds. Rockville Community Center, 43 E. Main St., Rockville.

DJ SPINZ AT THE ONE AND ONLY 9 p.m. 64 N. 800 E., St. George.

FREE COUNTRY SWING DANCE LESSONS FRIDAY NIGHTS AT MIKE'S TAVERN 9 p.m. 90 W. Hoover Ave., Cedar City.

## SATURDAYS

**GUIDED SATURDAY MORNING HIKE** 7 a.m. Venture into the stunning outback that surrounds St. George on a guided half-day hiking tour (4–5 hours). Scheduled hiking tours begin at the St. George Adventure Hub (spring and fall months). The guide is a local expert trained as a Wilderness First Responder. Call (435) 673-7246. Adventure Hub St. George, 128 N. 100 W. Suite 124, St. George.

**TUACAHN SATURDAY MARKET** 9 a.m.-1 p.m. Come enjoy the wonderful surroundings at the outdoor market in the canyon featuring local artwork, crafts, food and entertainment. 1100 Tuacahn Dr., lvins.

YEAR ROUND FARMERS MARKET 9 a.m.noon every Saturday. Cedar City's year-round downtown farmers market. 50 W. University Blvd./Center St., Cedar City.

**CEDAR SATURDAY MARKET** 9 a.m.-1 p.m. every Saturday. Food, artisans, drawings, bingo, and more. Held indoors during winter. (435) 463-3735. IFA, 905 S. Main St., Cedar City.

TAI CHI DRAGON QIGONG AT SANTA CLARA LIBRARY 10:30–11:30 a.m. Full-body energetic healing. Admission is free. No experience needed. Tai Chi Dragon Qigong is good for all ages and all levels of health and mobility. Santa Clara Library, 1099 N. Lava Flow Dr., Santa Clara.

SATURDAY MOVIE MATINEE 2 p.m. St. George Library, 88 W. 100 S., St. George.

**KANAB OUTDOOR MARKET** 5 p.m. Local crafts, produce, live entertainment, and more. Jacob Hamblin Park, 566 N. 100 E., Kanab.

**LIVE MUSIC AT ZION CANYON BREW PUB** 6–9 p.m. Free. Zion Canyon Brew Pub, 95 Zion Park Blvd., Springdale.

KARAOKE AT VJ'S BBQ SPORTS BAR & GRILL 6 p.m. Hosted by singer Gayle Louise. (435) 229-9725. 560-522 W. Mesquite Blvd., Mesquite.

## Events by Date Fri<sub>7</sub> Nov 1

CHARITY CAR SHOW 7 p.m. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

DSU ORCHESTRA PERFORMS SUPERHERO MOVIE SCORES 7:30 p.m. With aerialists and St. George Dance Company. No masks please. Cox Auditorium, 225 S. 700 E., St. George.

JON JON JON AT PEEKABOO KITCHEN 7:30 p.m. 233 W. Center St., Kanab.

KAILI SUDWEEKS AT GEORGE'S CORNER 8 p.m. 2 W. St. George Blvd., St. George.



**ANNUAL ARTS AND CRAFTS BOUTIQUE** 9 a.m. SunRiver Community Center, 4275 S. Country Club Dr., St. George.

**VETERAN'S DAY PARADE** 10 a.m. Mesquite Boulevard, Mesquite.

**ENERGY HEALING CONFERENCE** 10 a.m. Dixie Center, 1835 Convention Center Dr., St. George.

**MEDIUM JO'ANNE SMITH** 7 p.m. saltlakemedium.com. Not everyone will receive a message. Hampton Inn, 53 N. River Road, St. George.

LISA MAC AT GEORGE'S CORNER 8 p.m. Free. Lisa Mac has become known for her powerful, soulful voice and poignant blues-rock songwriting. 2 W. St. George Blvd., St. George.

TOM PROCTOR AT MIKE'S TAVERN 9 p.m. One of the "Guardians of the Galaxy." 90 W. Hoover Ave, Cedar City.

**FOOL'S GOLD AT CANYON'S LODGE** 7 p.m. Free. Accoustic Bluegrass/Folk/Americana. Classic Rock. 236 N. 300 W., Kanab.

LISA MAC AT GEORGE'S CORNER 8 p.m. Free. Lisa Mac has become known for her powerful, soulful voice and poignant blues-rock songwriting. 2 W. St. George Blvd., St. George.

**TOM PROCTOR AT MIKE'S TAVERN** 9 p.m. Proctor is best known for such films and television series as "Django Unchained," "Touched by an Angel," and "Guardians of the Galaxy." Mike's Tavern, 90 W. Hoover Ave., Cedar City.

## Tues, Nov 5

JOSH LARSEN LIVE AT MIKES TAVERN 9 p.m. 90 W. Hoover Ave., Cedar City.



FOREIGN FILM CLUB 6 p.m. Washington County Library System, 88 W. 100 S., St. George.

**MIKE AND ELAINE AT GEORGE'S CORNER** 7 p.m. This multi-instrumentalist couple are also in local band Soul What!? and cover a range of musical styles in many genres. 2 W. St. George Blvd., St. George.

DIXIE HIGH SCHOOL FINEARISDEPARTMENT PRESENTS

LIBRARY ART CLUB FOR CHILDREN 6:30 p.m. Every second and fourth Tuesday of each month. Free. Register in the children's area. St. George Library, 88 W. 100 S., St. George.

**INTERMEDIATE LEVEL WEST COAST SWING CLASSES AND DANCING** Each first and third Tuesday of the month at 7 p.m. \$6 per person per class. For more information, contact Neil Duncan at neiljamesduncan@ gmail.com or call (619) 994-6854. Washington City Community Center, upstairs aerobics room, 350 E. 200 N., Washington.

## WEDNESDAYS

**STORY TIME WITH MRS. MANN** 10 a.m. Washington County Library, 88 W. 100 S., St. George.

**STORY TIME** 11 a.m. Washington County Library System, 36 S. 300 W., Hurricane.

WRITERS' IMPROVEMENT GROUP 2 and 6 p.m. Offered by Heritage Writers Guild. Bring up to eight pages of writing, double spaced, 12-point font for free and friendly feedback. For more information, call (435) 625-1743. St. George Librarv. 88 W. 100 S. St. George.

**TODDLER TIME** Thursday's and Friday's, 11 a.m. Washington County Library System, 88 W. 100 S., St. George.

MOMS 'N TOTS PLAYTIME 11 a.m. Washington County Library System, 36 S. 300 W., Hurricane.

**DANCE CLASSES AT CCC** 5 p.m. Adult Hip Hop/Contemporary. 5 class punch pass \$20. 10 class punch pass \$40. First class FREE! Purchase punch passes at Town Hall during business hours. Canyon Community Center, 126 Lion Blvd., Springdale.

**PAINT YOUR PET PARTY** 5–7 p.m. For just \$20 per person, you're provided with an 11x14 canvas, paints, brushes, and artist instruction. No prior painting experience is needed. Don't have a pet? Thumb through one of the many Best Friends' magazines to find an animal of your liking or email a web image to vistorcenter@bestfriends.org and they'll print it out for you. Email jennifernagle@hotmail.com to sign up. Best Friends Animal Sanctuary, 5001 Angel Canyon Rd., Kanab.

**KARAOKE AT OASIS GOLF CLUB** 5–9 p.m. Full bar and grill. Hosted by singer Gayle Louise. 100 Palmer Ln., Mesquite.

SUU DISCOVER STORY TIME 6:30 p.m. Cedar Citv Librarv. 303 N. 100 E.. Cedar Citv.

BOOK BY Roger O. Hiron MUSIC & LYRICS BY STEPHEN SCHWARTZ

## NOVEMBER 7, 8, 9 & 11

### TICKETS @ SHOWTIX4U.COM

PIPPIN IS PRESENTED THROUGH SPECIAL ARRANGEMENT WITH MUSICAL THEATRE INTERNATIONAL (MTI)



## Thurs, Nov 7

**CELEBRATING 30 YEARS OF ORCHESTRA OF SOUTHERN UTAH** 7:30 p.m. Heritage Center Theatre, 105 N. 100 E., Cedar City.

KARAOK WITH DJ JANELLE AT MIKES TAVERN 9 p.m. 90 W. Hoover Ave., Cedar City.

## Fri, Nov 8

OUTDOOR RECREATION GRANTS WORKSHOP 11 a.m. St. George Marriott, Courtyard & Towneplace Suites by Marriott, St. George.

**RIVERHOUSE BAND AT PEEKABOO KITCHEN** 7:30 p.m. Free. Classic and southern rock with country blues served up hot as Brit or American groove. Peekaboo Kitchen, 233 W. Center St., Kanab.

**THE FAB FOUR TRIBUTE AT TUACHAN** 7:30 p.m. Tuacahn Amphitheatre, 1100 Tuacahn Dr., Ivins.

FACULTY RECITAL 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

DICK EARLS ELECTRIC WITNESS AT GEORGE'S CORNER 8 p.m. Dick Earl is a blues and rock and roll musician from St. George. 2 W. St. George Blvd., St. George.

THE COMEDY MACHINE 8:30 p.m. Enjoy top comedic performances from the United States. Tickets are \$15–\$25 and can be purchased at startickets.com. Casablanca Resort, 950 W. Mesquite Blvd., Mesquite.



**BUTCH CASSIDY 5K/10K** 9 a.m. Participants will run along the Virgin River, over the Rockville Bridge, and finish in Grafton. Driftwood Lodge, 1515 Zion Park Blvd., Springdale.

STAY UP TO DATE ON ENTERTAINMENT, ARTS, MUSIC AND LOCAL NEWS AT SUINDEPENDENT.COM UPDATED DAILY!

**FINDEPENDENT** — A voice for Utah — **OPERA SCENES** 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

**GENTRI AT TUACAHN** 7:30 p.m. Tuacahn Amphitheatre, 1100 Tuacahn Dr., Ivins.

**SECOND SATURDAY SWING DANCE** 7:30 p.m. Swing Dance lesson followed by two hours of swing dance music. DSU, Whitehead Education Building, 865 E. 100 S., St. George.

CHARLIE KESSNER AT GEORGE'S CORNER 8 p.m. Free. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

SOUTHERN NEVADA SYMPHONY ORCHESTRA 8:30 p.m. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

## Mon<sub>7</sub> Nov 11

KANAB CAREGIVER SUPPORT GROUP 12:30 p.m. Senior Center, 56 W. 450 N., Kanab.

**TIM GATES/DREW & LACEY** Electric Theater, 68 E. Tabernacle St., St. George.

## Tues, Nov 12

PAGE TURNERS BOOK CLUB 2:30 p.m. Page Turners Book Club Washington County Library System, 88 W. 100 S., St. George.

BRASS CONCERT 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

## Wed, Nov 13

**PARENTING THE LOVE AND LOGIC WAY** 9 a.m. Participants will learn how to end power struggles with their children, teach responsibility, and prevent arguments. Free. Registration is required. Must be 18 or older to attend. St. George Department of Workforce Services, 162 N. 400 E., St. George.

**MESQUITE REPUBLICAN WOMEN** 5:30 p.m. Doors open at 5 p.m. (702) 346-3804, sherriejh@gmail.com. Veterans Center, 840 Hafen Ln., Mesquite.

GARY HUFF AND JERRY ALLEN AT GEORGE'S CORNER 7 p.m. Free. 2 W. St. George Blvd., St. George.

PIANO RECITAL 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.



**SUPPORT GROUP/ LUNCH AND LEARN** Noon. Support group for caregivers. Bring your own lunch. Five County Association of Government Building, 585 N. Main St., Cedar City.

DRILL TEAM PREVIEW NIGHT 6 p.m. Cedar High School, 166 W. 1925 N., Cedar City.

## Fri, Nov 15

JON STONE AT PEEKABOO KITCHEN 7:30 p.m. Free. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 233 W. Center St., Kanab.





### GELEDARY CONCERT SERIES L'IOSTS REVOICED

ReVoiced will perform at DSU's Cox Performing Arts Center Nov. 16 at 7:30 p.m. Since 2012, reVoiced has gained a reputation for captivating audiences, creating their own sound by "revoicing" familiar classics. These five charismatic entertainers bring their distinct personalities together to create an unforgettable vocal experience. They have received countless vocal accolades, performing on Broadway and television shows like American Idol and The Sing-Off. Tickets are available at celebrityconcertseries.com and dsutix.com.

JACK KELLY DUNN AT GEORGE'S CORNER 8 p.m. Free. 2 W. St. George Blvd., St. George.

**HENRY PREGO SINGS FRANK SINATRA** 8:30 p.m. Henry Prego is known for being part of the original cast and co-creator of two Las Vegas hit shows. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

## Sat, Nov 16

VALLEY OF FIRE BACKCOUNTRY 7 a.m. Begins at Logandale Trails Trailhead. Camping is optional, there will be camping at the staging area. 50K, 26.2K, 13.1K, 10K, and 5K options. Military discounts. Logandale, Nevada.

HOLIDAY CRAFT FAIR AND BAKE SALE 8 a.m. New Promise Lutheran Church, 244 S. Valley View Dr., St. George.

**KIDS LAUNCH HOLIDAY MARKET** 9 a.m. DSU, 225 S. 700 E., St. George.

**REIKI II CERTIFICATION** 5 p.m. This class introduces distant healing and sacred reiki symbols. You will learn the names of these sacred symbols, how to draw them, and their many uses. You will learn how to send reiki forward and backward in time and over long distances as well as using a surrogate. Downtown Yoga, 50 E. Tabernacle St., St. George.

FOOL'S GOLD AT CANYON'S LODGE 7 p.m. Free. Accoustic Bluegrass/Folk/Americana. Classic Rock. 236 N. 300 W., Kanab.

MINUTE MUSIC 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

**REVOICED** 7:30 p.m. Since 2012, ReVoiced has gained a reputation for captivating audiences, creating their own sound by "revoicing" familiar classics. These five charismatic entertainers bring their distinct personalities together ito create an unforgettable vocal experience. Its members have received countless vocal accolades, performing on Broadway and shows like American Idol and The Sing-Off. Cox Performing Arts Center, 325 S. 700 E., St. George.

**MOUNTAINTOP SOUND AT GEORGE'S CORNER** 8 p.m. Steven Swift and April McPherson make up the Roots-Indie Americana of Mountaintop Sound, bringing you raw harmonies & fun melodies to tap your toes to. 2 W. St. George Blvd., St. George.

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**SUPPORT GROUP/ LUNCH AND LEARN** Noon. Support group for caregivers. Bring your own lunch. Five County Association of Government Building, 1070 W. 1600 S. Bldg. B, St. George.

OGDEN TRAILS NETWORK COMMITTEE MEETING 4:30 p.m. 2549 Washington Blvd., Washington.

**BOOK ENDS BOOK CLUB** 4:30 p.m. Washington County Library System, 220 N. 300 E., Washington.

**RET CHAKRA CLEARING** 7 p.m. Attend this group rapid eye chakra session to create clarity in your 6th charka. The New You Wellness Clinic, 1070 W. 1600 S. Suite 102, St. George.

**THE LETTERMEN** 7:30 p.m. 18 gold albums, five Grammy nominations, an Andy Award, and a Cleo Award attest to a popularity that has endured through several generations. Cox Performing Arts Center, 225 S. University Ave., Cox Auditorium, St. George.

**STRING CHAMBER CONCERT** 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.



**READER'S CIRCLE BOOK CLUB** 3 p.m. Washington County Library System, 36 S. 300 W., Hurricane.

**CHAMBER MUSIC: FLUTE & GUITAR** 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

DICK EARL AT PEEKABOO KITCHEN 7 p.m. Free. Dick Earl is a blues and rock and roll musician from St. George. Peekaboo Canyon Wood Fired Kitchen, 233 W. Center St., Kanab.

THE NATURALS AT GEORGE'S CORNER 8 p.m. 2 W. St. George Blvd., St. George.

**TOM JONES TRIBUTE** 8:30 p.m. Hear the big hits like "It's Not Unusual," "What's New Pussycat," "Green Green Grass of Home," "Delilah," "I'll Never Fall in Love Again," "Love Me Tonight," "She's a Lady," and more. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.



SYMPHONY BAND CONCERT 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

**CHRISTMAS AT MY PLACE** 8:30 p.m. Starring the longest running Frankie Valli in the history of Jersey Boys, Travis Cloer. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.



**SNOW CANYON HIGH: DEBBIE HAFEN RECITAL** 6 p.m. Snow Canyon High School, 1385 Lava Flow Dr., St. George.

**COLOR COUNTRY CAMERA CLUB 4TH MONDAY** 6 p.m. The Color Country Camera Club is a fellowship of people with a mutual interest in photography who routinely gather at meetings and on field trips to share photographic knowledge and experiences. Attendees are at all levels of expertise, beginners to professionals. No fees or by-laws. St George Public Library, 88 W. 100 S., St. George.

**ELECTRO-ACOUSTIC CONCERT** 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

JAZZ & PERCUSSION CONCERT 7:30 p.m. Cedar High School, 166 W. 1925 N., Cedar City.



Zion Canyon Arts & Crafts Fair November 29-30 \* 10am to 5pm Canyon Community Center 126 Lion Blvd, Springdale Unique handcrafted items for every "hard to buy for" gift recipient on your list! Ceramics, jewelry, scarves, wooden bowls, jelly, salsa, nuts, honey, jewelry boxes, wall art, precious LOVE, SWEAT & TEARS AT CASABLANCA 8:30 p.m. Songs from bands like Chicago, Neil Diamond, Joe Cocker, Gary Puckett, Grass Roots, Righteous Brothers, Elvis, and more. CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

## Mon, Nov 18

**LIBRARY STORY TIME** 4 P.m. Stories, craft and treat for all ages. Panguitch Library, 25 S. 200 E., Panguitch.

## Wed, Nov 20

MASON COTTAM AT GEORGE'S CORNER

7 p.m. Mason's music can be described as an eclectic breed of a folk, acoustic rock, jazz sound which incorporates cultural influences in a seamless, infectious harmony. 2 W. St. George Blvd., St. George.

PIANO ENSEMBLE 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

## Thurs, Nov 21

**TEEN BOOK CLUB** 3:30 p.m. Washington County Library System, 36 S. 300 W., Hurricane.

FOURTH TUESDAYS MEDITATION GROUP WITH CRISTINA CLERICO 5 p.m. Learn why meditation is the best brain exercise and how it helps with stress management, focus, relationships, and so much more. Cedar City Library, 303 N. 100 E., Cedar City.

**STRING RECITAL** 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.



JORDAN HIX AT GEORGE'S CORNER 7 p.m. 2 W. St. George Blvd., St. George.

**BOOK DISCUSSION GROUP** 7 p.m. Washington County Library System, 126 Lion Blvd., Springdale.

## Thurs, Nov 28

**K-TOWN TURKEY TROT 5K** 7:30 a.m. Meet at Jackson Flat Reservoir. The Turkey Trot will take place on the Sherry Belle Trail. Race begins at 8:30. Jackson Flat Reservoir, Kanab.

## Fri, Nov 29

NICK ADAMS AT GEORGE'S CORNER 8 p.m. Nick Adams is a singer/songwriter based out of St. George. 2 W. St. George Blvd., St. George.



## Set, Nov 30

KANAB CHRISTMAS LIGHT PARADE AND FESTIVAL 6 p.m. Anyone can enter a float in the parade. Kanab.

**DUCK CREEK VILLAGE TREE LIGHTING** 6 p.m. Candlelight Walk, caroling and refreshments to follow. Duck Creek Dance Hall, Duck Creek Village.

FALL DANCE CONCERT DSU 7:30 p.m. 225 S. 700 E., St. George.

DULCE AT GEORGE'S CORNER 8 p.m. 2 W. St. George Blvd., St. George.



JAZZ CONCERT 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

ORCHESTRA CONCERT 7 p.m. Cedar High School, 166 W. 1925 N., Cedar City.

**SNOW CANYON HIGH: CONESITE BAND CONCERT** 6 p.m. All Conesite schools performing Snow Canyon High School, 1385 Lava Flow Dr., St. George.

## Tues, Dec 3

SNOW CANYON HIGH: TABERNACLE CONCERT 7 p.m. Madrigals, Orchestra will be performing St. George Tabernacle, 18 S. Main St, St. George.

**PERCUSSION CONCERT** 7:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.



FOREIGN FILM CLUB 6 p.m. Washington County Library System, 88 W. 100 S., St. George.

ACOUSTIC JUKEBOX AT GEORGE'S CORNER 7 p.m. 2 W. St. George Blvd., St. George.

**DJ JANELLE AT MIKE'S TAVERN** 90 W. Hoover Ave, Cedar City.

## Thurs, Dec 5

DSU CHORAL CONCERT 7:30 p.m. Dixie State University, 225 S. 700 E., St. George.



**TOM BENNETT AT PEEKABOO KITCHEN** 7:30 p.m. Tom Bennett sings country and is based out of SLC. 233 W. Center St., Kanab.

## Set, Dec 7

LAVERKIN WINTERFEST LaVerkin Winterfest is an annual event featuring an ugly sweater fun run, 5K and 10K runs, entertainment, craft booths, food vendors, a talent show, a light parade, and a fireworks display. LaVerkin. HERMAN'S HERMITS STARRING PETER NOONE WITH THE DSSO 7:30 p.m. Noone's classic hits include "I'm Into Something Good," "Mrs. Brown, You've Got A Lovely Daughter," and "I'm Henry VIII, I Am." Cox Performing Arts Center, 225 S. University Ave., Cox Auditorium, St. George.

DIXIE STATE SYMPHONY ORCHESTRA 7:30 p.m., St. George.

DJ VEXIFY & COUNTRY SWING DANCE LESSONS Mike's Tavern, 90 W. Hoover Ave., Cedar City.

## Sun, Dec 8

**CELEBRATING 30 YEARS OF ORCHESTRA OF SOUTHERN UTAH** 7:30 p.m. Heritage Center Theatre, 105 N. 100 E., Cedar City.

## Mon, Dec 9

KANAB CAREGIVER SUPPORT GROUP 12:30 p.m. Senior Center, 56 W. 450 N., Kanab.

BAND CONCERT 7:30 p.m. Cedar High School, 166 W. 1925 N., Cedar City.

## Tues, Dec 10

PAGE TURNERS BOOK CLUB 2:30 p.m. Page Turners Book Club Washington County Library System, 88 W. 100 S., St. George.

**DSSO CONCERT** 7:30 p.m. The program will feature selections from "The Nutcracker" and Holst's "Christmas Day." Cox Performing Arts Center, 225 S. 700 E., St. George.

## Wed, Dec 11

**MESQUITE REPUBLICAN WOMEN** 5:30 p.m. Doors open at 5 p.m. (702) 346-3804, sherriejh@gmail.com. Veterans Center, 840 Hafen Ln., Mesquite.

JERRY SEARE AT GEORGE'S CORNER 7 p.m. 2 W. St. George Blvd., St. George.

## Thurs, Dec 12

SUPPORT GROUP/ LUNCH AND LEARN Noon. Support group for caregivers. Bring your own lunch. Five County Association of Government Building, 585 N. Main St., Cedar City.

## Fri, Dec 13

JOSH LARSEN AT GEORGE'S CORNER 8 p.m. Free. Josh Larsen is a singer/songwriter from St. George. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

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HOLIDAY BRASS CONCERT 4:30 p.m. Eccles Fine Arts Center, S. 700 E., St. George.

LIGHT PARADE AND SWEETS SOCIAL 7 p.m. Parade followed by a Community Social. Canyon Community Center, 126 Lion Blvd., Springdale.

**SECOND SATURDAY SWING DANCE** 7:30 p.m. Swing Dance lesson followed by two hours of swing dance music. DSU, Whitehead Education Building, 865 E. 100 S., St. George.

## Mon, Dec 16

**LIBRARY STORY TIME** 4 P.m. Stories, craft and treat for all ages. Panguitch Library, 25 S. 200 E., Panguitch.

CHOIR CHRISTMAS CONCERT 5 p.m. Dixie High School, 350 E. 700 S., St. George.

**CHRISTMAS CONCERTS** 5 p.m. and 7:30 p.m. All bands choirs and orchestras. Canyon View High School, 166 W. 1925 N., Cedar City.

CHOIR CHRISTMAS CONCERT 7 p.m. Cedar High School, 166 W. 1925 N., Cedar City.

**CHRISTMAS CONCERT** 7 p.m. All Music Groups Snow Canyon High School, 1385 Lava Flow Dr., St. George.



MUSIC CONCERT 7 p.m. Enterprise High School, 565 S. 200 E. St, Enterprise.

## Wed, Dec 18

GARY HUFF AND JERRY ALLEN AT GEORGE'S CORNER 7 p.m. Free. 2 W. St. George Blvd., St. George.

## Thurs, Deg 19

THIRD THURSDAY ART CONVERSATION St. George Art Museum, 47 E. 200 N., St. George.

**SUPPORT GROUP/ LUNCH AND LEARN** Noon. Support group for caregivers. Bring your own lunch. Five County Association of Government Building, 1070 W. 1600 S. Bldg. B, St. George.

**BOOK ENDS BOOK CLUB** 4:30 p.m. Washington County Library System, 220 N. 300 E., Washington.

**TEEN BOOK CLUB** 3:30 p.m. Washington County Library System, 36 S. 300 W., Hurricane.



A NASHVILLE CHRISTMAS 7 p.m. Nashville veterans and talented local musicians bring the season to life with toe-tapping takes on Christmas favorites and original songs. The show will feature W Duo, Ryan Tilby, and Drew & Lacey. Redstone Theater, 29 W. Center St., Kanab.



NICK ADAMS AT GEORGE'S CORNER 8 p.m. Nick Adams is a singer/songwriter based out of St. George. 2 W. St. George Blvd., St. George.



**LAUGHING ALL THE WAY** 6 p.m. Laughing All the Way is a Christ-centered Christmas celebration for the whole family. You'll laugh (a lot), you'll cry, and you'll feel the Spirit of the season at this spirited ha-ha-holiday event. Dixie Center, 1835 Convention Center Dr., St. George.



**COLOR COUNTRY CAMERA CLUB 4TH MONDAY** 6 p.m. The Color Country Camera Club is a fellowship of people with a mutual interest in photography who routinely gather at meetings and on field trips to share photographic knowledge and experiences. Attendees are at all levels of expertise, beginners to professionals. No fees or by-laws. St George Public Library, 88 W. 100 S., St. George.



**BOOK DISCUSSION GROUP** 7 p.m. Washington County Library System, 126 Lion Blvd., Springdale.

## Fri, Dec 27

**READER'S CIRCLE BOOK CLUB** 3 p.m. Washington County Library System, 36 S. 300 W., Hurricane.

## Tues, Dec 31

FOURTH TUESDAYS MEDITATION GROUP WITH CRISTINA CLERICO 5 p.m. Learn why meditation is the best brain exercise and how it helps with stress management, focus, relationships, and so much more. Cedar City Library, 303 N. 100 E., Cedar City.

**NEW YEAR'S EVE SOCIAL AND FIREWORKS** 6 p.m. Square dancing and community social start at 6 p.m. Refreshments served. Fireworks start at approximately 7:30 p.m. Canyon Community Center, 126 Lion Blvd., Springdale.

KANAB NEW YEAR'S CELEBRATION 8 p.m. Aaron Pax Taylor will perform. Kanab Center, 20 N. 100 E., Kanab.



FOREIGN FILM CLUB 6 p.m. Washington County Library System, 88 W. 100 S., St. George.

## Fri, Jan 3

**TOM BENNETT AT PEEKABOO KITCHEN** 7:30 p.m. Tom Bennett sings country and is based out of SLC. 233 W. Center St., Kanab.







AMPLIFIERS

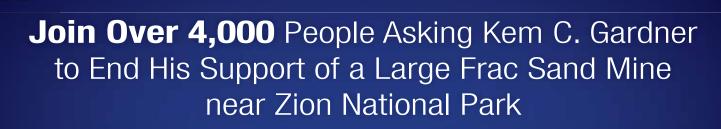
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The Best Instruments at



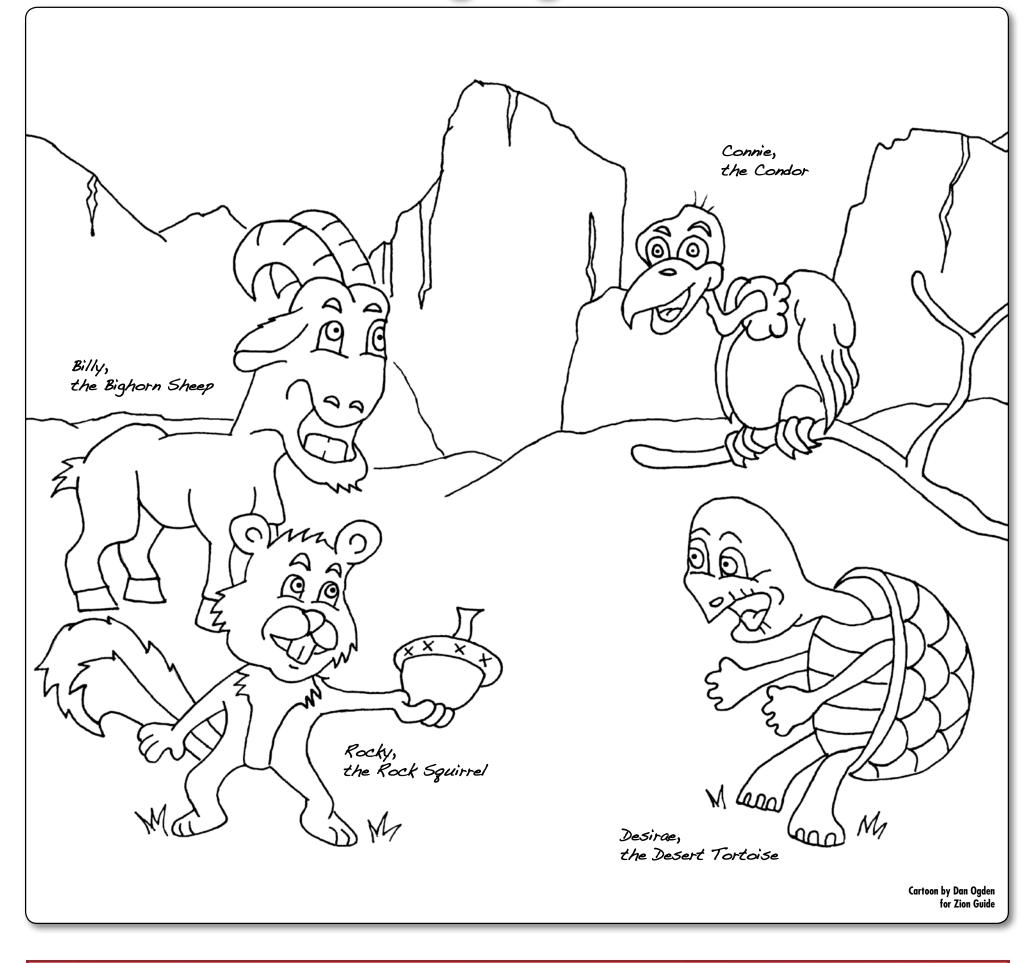
Kem Gardner and the Gardner Company are backing a massive, polluting frac sand mine near Zion National Park. This frac sand operation would jeopardize the natural beauty of the red sand hills... deplete the water supply of the historic western town of Kanab... and negatively impact Best Friends Animal Sanctuary.

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## Zion Animals Coloring Page







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## Zion Area Events Features

## **CELEBRATE THE HOLIDAYS WITH COMMUNITY EVENTS IN KANAB**

Throughout the Thanksgiving weekend, you can find events and activities all over the beautiful town of Kanab. Join us for a ride on the Polar Express, a 5K fun run with the K-Town Turkey Trot, and the Christmas Light Parade and Lantern Festival. Bring the whole family for some small town holiday fun in Kanab.

The Polar Express will run Nov. 25–29 and Dec. 2–5. Spots are filling quickly, so sign up today. Cost is \$10 per child. One parent and children under 2 are admitted free (children must be accompanied by an adult). The adventure on the Polar Express includes bringing letters to Santa and returning with a letter from Santa, riding and caroling on the Polar Express, decorating cookies (sugar and gluten free available), hot chocolate and hot cider, pictures with Santa, and a printable golden ticket available to take home. You will need to arrive 15 minutes before your departure on the Polar Express to ensure you and your child do not get left behind. Departures are from the Kane County Courthouse (76 N. Main St.). Bring the kids in their PJ's ready for a Christmas adventure.

Start your Thanksgiving morning with the K-Town Turkey Trot 5K fun run. Meet at Jackson Flat Reservoir 2 miles south of Kanab. The Turkey Trot will take place on the Sherry Belle Trail that encompasses three miles of beautiful Jackson Flat Reservoir. The race begins at 8:30 a.m. Dress up in your favorite Thanksgiving flair!

Ending the Thanksgiving weekend, we have the Christmas Light Parade and Lantern Festival. This is the best kickoff to the holiday season you will find anywhere in southern Utah. Starting at 7 p.m. in Kanab, join us on Center Street where we will shut down the highway and begin our unique Christmas Light Parade. Anyone can enter a float in the parade. If you



wish to enter the parade, show up at the Kane County Visitor Center at 6 p.m. to sign up.

After the parade, join us on Main Street for hot chocolate and donuts, provided by the volunteer center and Kanab Chamber of Commerce, and a magical paper-lantern wishing launch. Purchase your wishing lanterns ahead of time on our website or at the event, write messages or wishes on your paper lanterns, and send them to the sky. Watch your lanterns float to the heavens with a message to a loved one or to the cosmos with your wishes attached.

All paper lanterns are 100 percent biodegradable, and there is a local bounty on all lanterns found throughout town and the surrounding area to encourage a quick clean up. If you find lanterns and wish to turn them in for a \$1 bounty, you can take them to the events and volunteer center at the courthouse. These lantern sales are a fundraiser for our local Sub 4 Santa program to help families in need at Christmas to ensure their children have gifts under the tree. Most gifts are items children are in need of. If you wish to donate to Sub 4 Santa, you can contact the volunteer center at (435) 644-3696.

Learn more information and sign up for our many different events at kanabholidaykickoff.com.



## City of Kanab A Western Classic

### Visit Kanab All Year

- Hiking TrailsBiking Trails

Balloons & Tunes - February Kanab Film Festival - April Kanab 10K - May Amazing Earthfest - May Sighthound Shivoo - May Kanab Outdoor Market - May-October Summer Concerts - 2nd Sat., Jun-Aug Jacob Hamblin Days - June July 4th Celebration Canyons Folk Festival - August Western Legends - August Red Rocktoberfest Art Walk - October







Skate Park/Pump TrackJackson Flat Reservoir

OHV Trails

• Jacob Hamblin Park

### **Seasonal Attractions**

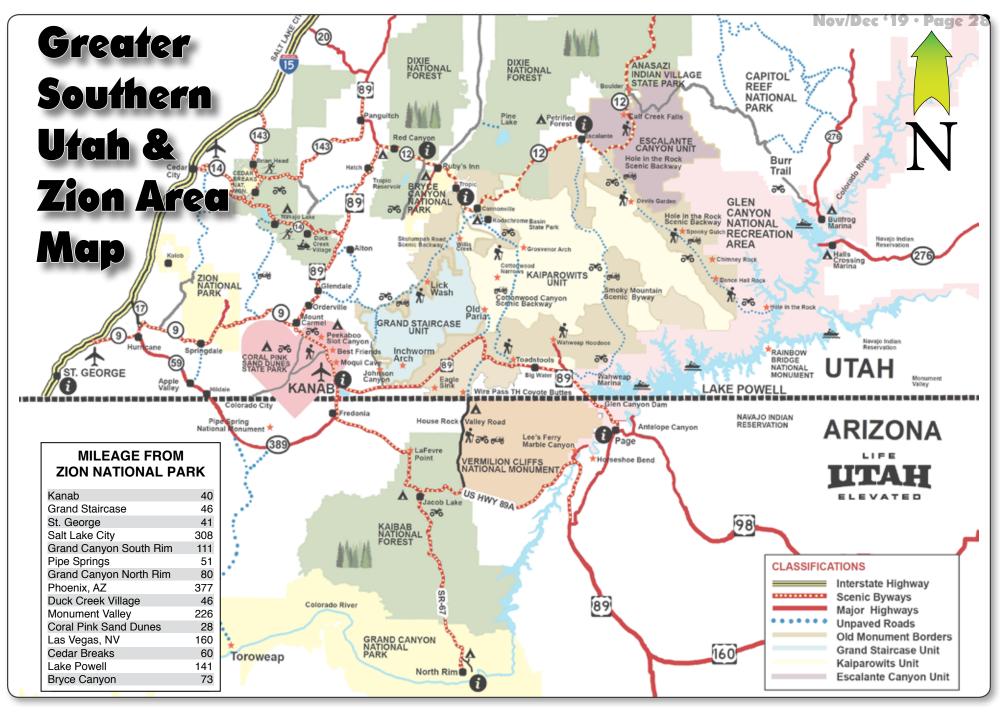
- The Splash Pad @ Hamblin Park
- Cowboy Watering Hole Pool
- Heritage Museum
- Heritage House Museum (See Below)

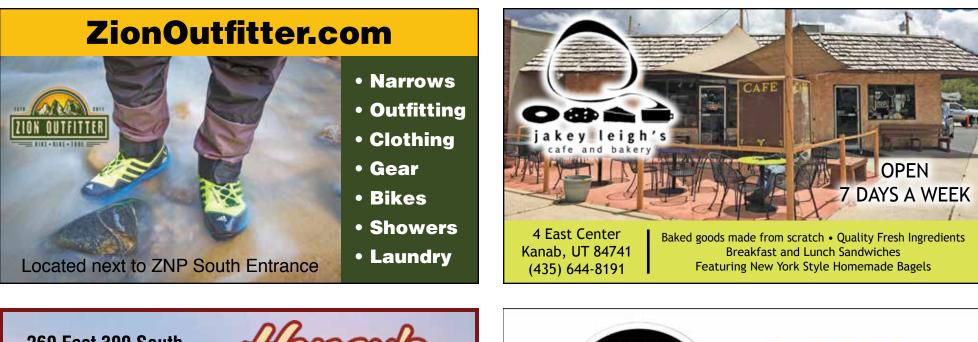


The Kanab Heritage House is a glimpse into the history of Kanab and it's people. Free guided tours Monday-Saturday.

Historic demostrations and events are scheduled throughout the year. Please visit

kanabheritagehouse.com for a complete list of hours and events. 115 S Main St., Kanab, UT





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deals and at www.honeysmarketplace.com

## Southern Utah State & National Parks

ANASAZI STATE PARK MUSEUM - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redside shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine

forest and pinion pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot. CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

**DEAD HORSE POINT - Dead Horse Point State** Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook

at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large, Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

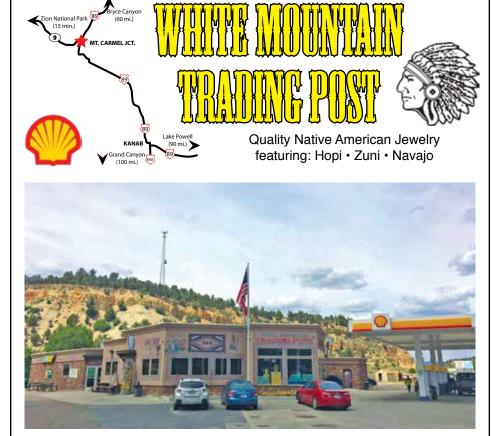
**ENTERPRISE - There are two reservoirs in the Bull** Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is '9 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charaed.

FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

**GRAND CANYON -** A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semiarid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-



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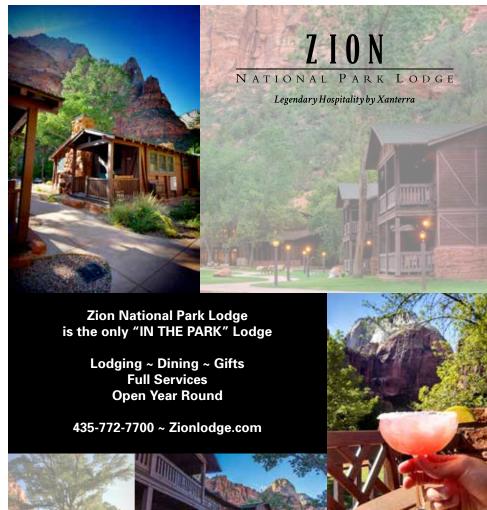


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## Southern Utah State & National Parks (Cont.)

round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

**LAKE MEAD** - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

**LAKE POWELL** - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

**PINE VALLEY** - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinion trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

**QUAIL LAKE -** Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

**SAND HOLLOW** - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.

**SNOW CANYON** - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

**ZION** - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion – whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.

#### Kanab Utah City Map 10 11 W. Center Kanab, Utah NATURAL MARKET 435-644-5575 FULL SERVICE GROCERY STORE Healthy, Organic, 264 S. 100 E., Kanab, Utah (at the light 300 S. & 100 E.) • GlaziersMarket.com and Specialty Foods **OPEN:** Chevron Mon-Fri 11am - 6pm Fuel, Snacks & Drinks STAGE Natural Personal Hygiene, Cleaning Products, Sat/Sun 10am - 3pm STOP Car Wash • RV Dump Locally Made & Grown Products KANAE HEALING ARTS CENTER Call to book your appointment today: 435-644-8942 office, 435-899-9436 cell Squaw Trail (20 miles) Ready to buy? Call me! Hamblir (17 miles) Pool (6.6 miles) Utah ø 4 (6 miles) ERA PROPERTIES, INC. Park 89 Jacob Audrey Lathim, Realtor 300 W. 7 West Center Kanab, UT 84741 Direct 435.689.0998 Office 435.644.3817 Ð AudreyLathim@outlook.com eraUTAH.com Terry's 300 N 100 W. CAMERA 200 W. ()ш ш Trading Co. 200 N. 200 M - F: 7am - 3pm • Sat & Sun: 8am - 2pm 0 PHOTO SUPPLIES & MORE Baked goods made from scratch 6 ANTIQUE CAMERA DISPLAY Quality Fresh Ingredients ST Breakfast and Lunch Sandwiches 19 W. Center St. • Kanab MAIN Dog-Friendly Outside Seating 100 N. 435-689-0443 • Featuring New York Style jakey leigh's fotomd@kanab.net 🦻 **Homemade Bagels** 4 East Center Kanab, UT 84741 Ð (435) 644-8191 12 CENTER ST **3 9 10 D 1**2 0 REALTY 100 S. Ø



### EAST ZION & KANAB'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed Alphabetically)	Address	Phone	<b>Drinks/Vegan</b> (W)ine, (B)eer, (M)ixed Drinks, (E)s	Hours spresso, (V)egan items on menu	WI-FI
12 Jakey Leigh's	4 E Center St, Kanab	(435) 644-8191	.E, V	. 7am-2pm Mon-Fri, Sat & Sun 8am-Noon	Yes
🛛 🕹 Juniper Ridge Restaurant	2631 Hwy 89A, Fredonia	(928) 643-6094	.W, B, M, E, V	. 5-11pm Tues-Sat	Yes
				. 8am-10pm Mon, Tues, Thurs, Fri, 7am-10pm Sat, 7am-9pm Sun	
				. 7am-2pm & 5pm-9pm daily	
				. 6-10pm Tues-Sat	
10 Wild Thyme	198 S 100 E Kanab	(135) 611-2818	WBMV	5pm-9pm Tues-Sun	Yes

### EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE

FOR EMERGENCIES DIAL 911			😳 Red Rock Homes	1875 South Hwy 89, Kanab	(435) 644-3225
Services (Listed Alphabetically)			🕑 Security Finance of Kanab	310 S 100 E #12, Kanab	(435) 644-8904
🛛 🖳 Audrey Lathim, Realtor	7 West Center, Kanab	(435) 689-0998	Shops (Listed Alphabetically)	,	
Best Friends Animal Sanctuary	5001 Angel Canyon Rd, Kanab	(435) 644-2001	15 American Goods/Kanab Tour Co.	176 S 100 E, Kanab	(435) 644-5525
🗹 Blacksmith Adventures	2450 South Hwy 89, Kanab	(575) 313-4650	18 Glazier's Market	264 S 100 E, Kanab	(435) 644-5029
The Canyons Collection	190 N 300 W, Kanab	(435) 644-8660	22 Honey's Marketplace	260 E 300 S, Kanab	(435) 644-5877
💯 Dreamland Safari Tours	Serving the greater Kanab area	(435-644-5506	10 Kanab Natural Market	11 W Center, Kanab	(435) 644-5575
ERA Utah Properties	7 West Center, Kanab	(435-644-2606	4 Moqui Cave	4581 US-89	(435) 644-8525
🛛 🔁 GarKane Energy	1802 S Hwy 89A, Kanab	(435) 644-5026	29 Pioneer Creations	55 North Main, Fredonia	(928) 643-7020
🛛 🔁 Kanab City	37 North 100 East, Kanab	(435) 644-2534	9 Terry's Photo Shop	19 W Center St, Kanab	(435) 689-0443
🛛 🗹 Kanab Massage	67 West 200 South, Kanab	(435) 644-8492	1 The Rock Stop	385 W State St, Orderville	(435) 648-2747
🔮 Kanab Realty	93 West Center, Kanab	(435) 229-6911	2 White Mountain Trading Post	10 W Hwy 9, Mt Carmel	(435) 648-2030
🖸 Kane County Visitors Bureau	78 S 100 E, Kanab	(435) 644-5033	Entertainment	<i>, , , ,</i>	
🛛 🧕 Karen Heet	93 West Center, Kanab	(435) 644-2232	Redstone Theater	29 W Center St, Kanab	(435) 644-2334
Maynard Dixon Museum	2200 State St, Mt Carmel	(435) 648-2652	To get your business on this map and d	lirectory please call Josh at 435-6	32-1555 for details.



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## Zion Area Annual Events Calendar

May-Oct. Kanab Outdoor Market Nursery stock, baked goods, local artistry, jewelry, crafts and goods, free bounce house and balloons for the kids.

May Kanab 10K A beautiful course sanctioned by USA Track and Field along Hwy 89 from Moqui Cave to the Kanab City Park.

**Amazing Earthfest** May Southern Utah's festival of learning, arts, and outdoor adventure.

June Jacob Hamblin Days Festival A fun festival to celebrate the pioneer and Western heritage of Kanab and Kane County.

June-Aug. DSU Summer Concert Series Enjoy a variety of live performances by bands, orchestras and solo artists. Located at the O.C. Tanner Amphitheater, just outside of Zion National Park.

Maynard Dixon June Country **Campout** A 5-day gathering of artists and art lovers insterested in the history of Western art and current Western painting.

Kanab 4th of July Celebration July Celebrate the nation's Independence Day small-town style in charming Kanab, Utah! Parade, vendors, entertainment and festivities throughout the day into the evening.

July Springdale 4th of July Celebration Celebrate Independence Day with the Springdale community. Kick off with a parade followed

by a barbecue, live music and activities for the whole family to enjoy

July 24th of July Celebration Celebrate the state of Utah with a pioneer dinner. Get ready for the fourth annual Kabob-a-Que.

**Pioneer Day Celebration** July Games, Dutch oven dinner at the park and a great costume parade celebrating pioneer heritage.

August Symphony at the Grand Canyon Symphony of the Canyons performs on the patio at the North Rim Lodge. Bring a picnic dinner and listen as the sun sets over the Grand Canyon.

#### August Kane County Fair

Offering many wonderful events for the whole family. Most of the events are free so dont miss out.

August Western Legends Round-up Kanab's celebration of film, music, poetry, and Western heritage.

September Big Water Dinosaur Festival

Celebrating past and present dinosaur discoveries in the Grand Staircase Escalante National Monument.

### September Demolition Derby

Cars, trucks and "figure 8s" with up to 18 cars demolition derby with events for the entire family, including the Power Wheels Derby for kids and the wife-carrying contest!

September Carmel Mtn. Music and Art Festival and Car Show



### THE ANSWER TO SEVERE BACK AND NECK PAIN.

Experience lasting relief from the chronic pain of many severe spine, neck, and joint disorders without surgery, without drugs, and without having to live the rest of your life in agony.

This advanced therapy combines precision disc repair with the healing power of laser and a unique physical therapy regimen resulting in lasting, pain free benefits that are nothing short of miraculous. Just ask the hundreds of patients who have received it.

## NO SURGERY. NO DRUGS. NO PAIN. LIVE PAIN FREE

**DISC DEGENERATION** HERNIATED DISCS BULGING DISCS PINCHED NERVE SCIATICA

Check out fancy cars and enjoy live entertainment, vendors, food and kid-friendly activites.

September Glendale Heritage Apple Festival The Glendale Heritage Apple Festival was started to celebrate Pioneer Heritage and the many talents that are in this small town.

September Duck Creek End of Summer Bash 6 p.m. to 9 p.m. at the Duck on In Saloon in Duck Creek Village. Come spend your Labor Day Weekend in Duck Creek enjoying live music.

September Zion Canyon Music Festival

Enjoy the beautiful fall season in Zion as the canyon is filled with music. The Zion Canyon Music Festival features music, art and an exquisite backdrop.

### October Red Rocktoberfest

Art, food, live music and poetry, dancing, wagon rides, photography, games and activities for the kids, all on the main drag in Kanab. German food and activities.

#### Zion Rocktoberfest October Celebrate the start of fall in Zion mixed with traditional

Oktoberfest aspects. The event will feature live rock and folk music and many other activities.

### Nov.-Dec. Zion Joy to the World

Enjoy a wonderland of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade. November Butch Cassidy 10K Run

This 10K/5K scenic race brings together community, and not just with running. Stay after for some Grafton fun with what is promised to be a party.

### November K-town Turkey Trot 5K

Taking place in Kanab on Thanksgiving morning, bring the whole family for this early morning fun run/walk to make room for that delicious dinner later in the day!

### November Plein Air Art Invitational

Be a part of a week of lectures and demonstrations from some of the finest plein air artists in the country. Enjoy painting sales, exhibits and workshops. https://zionpark.org/about/zion-national-park-plein-airart-invitational/

#### **Christmas Light Parade and Festival** November

An annual light parade on the Saturday after Thanksgiving. Gourmet s'mores school held on Main Street followed by music, caroling, hot cocoa and a wishing lantern launch. http://www.visitsouthernutah.com/Annual\_Events

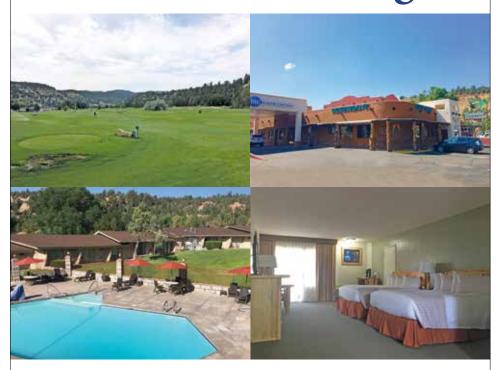
### November

Zion Canyon Arts and Crafts Fair Visit Zion for the 26th annual arts and crafts fair put on by Z-Arts. Spend the weekend touring the different vendors and craft booths.

http://zarts.org/wp/zion-canyon-arts-and-crafts-fair/

November-December Zion Joy to the World Enjoy a wonderland of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.

## **Best Western East Zion Thunderbird Lodge**



Zion Park 12 miles (19km) • Bryce Canyon 60 miles (96km) • Grand Canyon 85 miles (136km) Junction of Scenic Byways: US-89 & SR-9 East Zion Mt. Carmel Junction, Utah 1-888-848-6358





### WILLOW BEND HEALTH CENTER 435-673-0900 • 1054 RIVERSIDE DR. STE. 202

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Halfway between St. George and Zion Now serving hand crafted pizza • Sustainably grown, artisan-roasted coffees • Wholesome baked goods • Sandwiches Utah microbrews 
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Drive-thru: Open 7 Days ~ 6a - 7p

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Sustainably grown, artisan-roasted coffees • Wholesome baked goods
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