

THE INDEPENDENT ZION GUIDE

Nov. '20

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**THE WAVE: AN INSIDER'S GUIDE TO SCORING PERMITS FOR THIS FAMOUS HIKE
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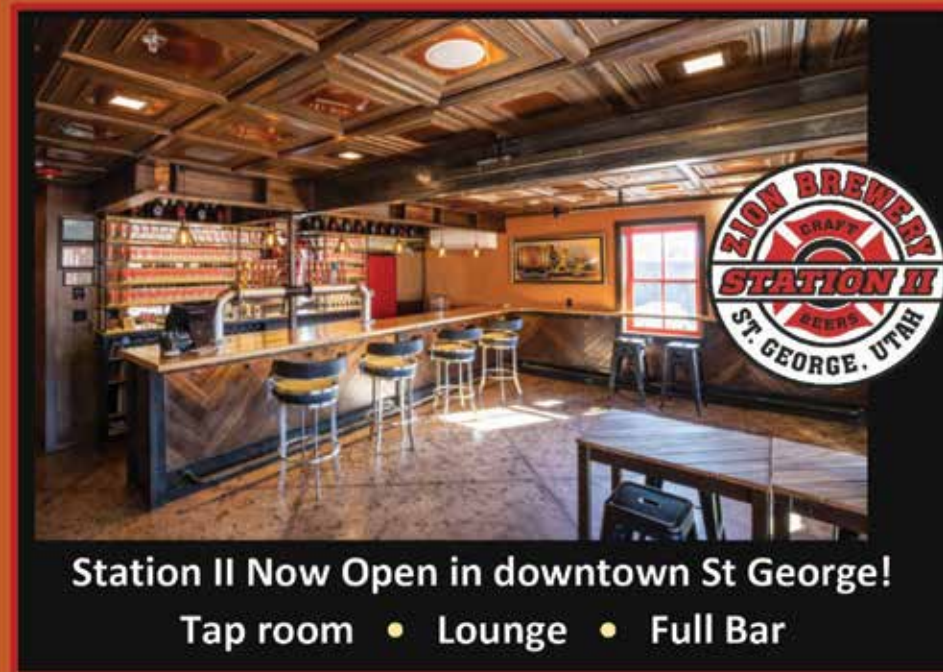
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EDITORIAL

EDITOR'S LETTER

By James McFadden



Appreciating the Small Things In Life.

Truth be told, appreciating the small things in life, will not stop bad stuff from happening. But, over time, you might just learn how to stop the bad things that happen,

from having so much power over you.

In just a couple of weeks, Thanksgiving will be upon us. In southern Utah, we don't see the colors of fall like many others do throughout our Country, but we DO experience the crisp morning air!

Some of us don't enjoy the luxury of time, slowing down for our families. For others, the holiday season will be marked with grief or sadness, perhaps the first holiday spent without a loved one. It is not always easy to give thanks.

I love Thanksgiving. Getting together with family, the traditions, the cool breezes of fall after a long, hot summer. With it comes an opportunity to reflect on the meaning behind it all... giving thanks. But what does it mean to give thanks? What does a heart of gratitude look like?

Just as anger or frustration manifests itself in the form of a tight chest or shortness of breath, gratitude too has a physical sensation. It can feel like warmth in the body, a sense of grounded-ness, a slowing of the breath, spaciousness in the chest and heart, uncontrollable tears, or an automatic smile.

Here are three ways I like to express gratitude:

(1) Notice the small and good things, look for them, appreciate them. (2) Savor, absorb, and really pay attention to those good things. (3) Express gratitude to yourself, write it down, or thank someone.

Expressing gratitude is more than a courtesy, good manners, or being polite. It's about showing your heartfelt appreciation. When you thank someone, you're also practicing two of the most important gratitude skills - you've noticed something good, and you've genuinely appreciated it. In doing so, you will be able to cultivate the benefits of giving thanks in your life.

I hope that you and your family will take the time to slow down during this coming Thanksgiving season. I hope you are able to notice the small and good things around you and give thanks for them. Let them have a place in your heart and your family will be blessed for it.

From my family to yours, have a very - Happy Thanksgiving!



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EVENTS

THE WAVE: AN INSIDER'S GUIDE TO SCORING PERMITS FOR THIS FAMOUS HIKE

The Wave: An Insider's Guide to Scoring Permits for This Famous Hike
The Wave is a small, half acre area inside the Vermilion Cliffs that has captured

the imagination of millions: because of its unreal beauty - and because a photo of the Wave served as the wallpaper for Windows 7.

Getting to see the Wave in person is not an easy feat. You have to be fit enough for a 7-mile roundtrip hike in challenging desert terrain, and on top of that you can't just hike out there - you have to be in possession of a sought-after Wave permit.

Obtaining permits to the Wave is difficult. Over 220,000 hopefuls apply each year yet only 20 people a day may hike to this sandstone marvel. Half of the 20 daily permits are given out four months ahead of time in an advance online lottery at recreation.gov; the other half are allotted during a daily last-minute walk-in lottery for the next day's hike.

Seems impossible? Here are some inside tips and tricks for how to maximize your odds of winning those coveted Wave permits.

1. Have a local outfitter stand in for you at the last-minute Wave lottery. The walk-in lottery offers much better odds of winning a permit than the advance online lottery: where thousands of people will apply for ten spots in the online lottery, 'only' 50-300 people typically show up for the daily

walk-in lottery which happens every morning from 8:30-9:30am in Kanab. There is no charge to apply for the walk-in lottery unless you win - all you have to do is invest the time to be physically present at the permit drawing — or you can outsource that chore a local guide company. The staff at Dreamland Safari Tours will stand in for you at the walk-in lottery free of charge if you book a guided tour with Dreamland.

2. Plan a multi-day stay in Kanab. Kanab is where the daily walk-in lottery for the Wave is located, and it's also a fantastic basecamp to explore the region. Zion, Bryce and the North Rim of the Grand Canyon are all within a 30-90 minute drive from Kanab, and the town has some amazing food and lodging options. Kanab is much less busy than Springdale or Moab, yet offers the same first-rate hospitality and access to many backcountry gems. If you base your southern Utah vacation out of Kanab, you have the option of attending the last-minute Wave lottery every morning of your holiday in order to maximize your odds of winning.

3. Visit in the off-season, specifically between November 16 and March 15. Not only are there fewer visitors overall which means less competition, but there's also a structural advantage that many Wave hope-

fuls are not aware of: between November 16 and March 15, the lottery does not operate on Saturdays or Sundays; instead, permits for Saturday, Sunday and Monday are all drawn on Friday mornings. This means that, if you attend the Friday morning lottery in the off-season, there are 3x 10 permits up for grabs rather than the standard ten!

What happens if you don't win Wave permits? Don't despair - the Vermilion Cliffs offer other treasures that are equally if not more spectacular and don't require permits (yet!)... including a few areas that will make your friends at home think that you did in fact visit the Wave. White Pocket is at the top of the list here; it is an absolute must-see for photographers and desert adventurers alike. For the avid hikers out there, visiting the Lost Wave in the Amazing Sandstone Teepees via a demanding 12-mile off-trail hike is an incredible alternative to the Wave itself. Don't attempt to head out there on your own though - you'll want to hire a guide service like Dreamland to help you reach either of those destinations. And what matters at the end of the day is this: regardless where your trails will take you, you won't be disappointed.

EDITORIAL

PUBLISHER'S PERSPECTIVE
By Josh Warburton



As I sit down to write this the morning after Election Day the Presidential election has yet to be called. As you read this, with the winner most likely determined, you may remember the roller-coaster of this time.

The country held our collective breaths while awaiting the final results. So know that these are my sentiments regardless of who won.

And what I want to say is this. Breathe. I think it's all going to be ok. But truly, it's up to us to make it that way. Yes, I'm leading you down a feel good path toward talk of unity and reconciliation some of you might not be ready for. But please hear me out.

These things I know:

We are more similar in our needs and desires than we are different.

We are more resilient and able to roll with things more so than we might believe. That said, it's ok to ask for help when we need it, and there's no shame in it!

We are all Americans (well some of you may be foreign citizens) where we value liberty, freedom, and individuality, if to a fault.

But that's ok too. We are who we are. We are a wild bunch of humans.

That said, clearly there are divisions. When someone doesn't see a fundamental value of yours as equally important to a different fundamental value of theirs we sometimes can view each other as uncaring, even vicious or dangerous, when the vast majority of us are kind.

I was reminded of this when a neighbor who I'd just had a heated exchange online called to offer help with a home project. It meant a lot to me. Enough that I'd like to recommend it to others. Really, think about it. Think of someone in your neighborhood who you sometimes disagree with politically. Now think of something nice you could do for them. It might be a gift or just a kind word offering to help them or just breaking the ice with a compliment or smile. It's not that hard. Maybe do it anonymously if you can, that's always fun. You'll make someone's day in these complex times, even and often especially if they don't know who it's from. Or, do something overt so they know it's you. Use it as an excuse to build a bridge. Be the bigger person. Lead by example.

And not just that. But I want you to think of them all as people. Try visualizing them as a baby (probably not too hard in some cases, ha!). But it can help to think of them as a child, with parents, dreams, innocence you may be able to humanize them rather than dehumanize them, as we've gotten pretty good at lately. They are just like you in all the important ways. Optimistic. Doubtful. Yearning. Disappointed. Tired. And all the rest. In a time when you hear the world is going to hell in a handbasket, you can choose to take it and make it into a nice gift basket for your neighbor. Thanksgiving and Christmas are coming if you need an excuse.

Be well.

RED ROCK FILM FESTIVAL

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Red Rock Film Festival
November 4-7, 2020
Festival Hall (105 N. 100 E., Cedar City)

Red Film Market
November 10-14, 2020
Center for the Arts at Kaigenta, Ivins



Opeka

Wednesday, November 4th

Films and Events included: 2020 Festival Hike, 2020 Welcome Meet & Greet, Veterans Journey Home: Leaving it on the Land, Opeka & The Covenant, The New Abolitionists, The Girl Who Wore Freedom & Proof, Toprak, Highline, Money Machine & The Gray Area, Dog Valley & You Say Nothing, Shelter in Place & Vertical: The Future of Farming



We are all in this Together

Tuesday, November 10th

4:00 PM Opening Reception
5:30 PM World Premiere: We are all in this Together
5:45 PM Silkies & Veterans Journey Home: Kalani's Story
7:45 PM Comrade Dov
8:00 PM The End of the Heroes

Thursday, November 5th

Films and Events included: Alina, 2020 Humanity in Animation, Highline, Through the Glass Darkly, Woman of the Photographs & Novel Love, 2020 Experimental Shorts, 2020 Collegiate Animation, Tell Me About Tomorrow & A Dark in the Light, Streets of Lagos & Yarne, 2020 Collegiate Shorts, Killing Tony & Terror and Hope, The Girl Who Wore Freedom & Proof, Opeka & The Covenant, Veterans Journey Home: Leaving it on the Land

Wednesday, November 11th

1:15 PM Comrade Dov
3:30 PM The Devil's Road: A Baja Adventure
4:00 PM The End of the Heroes
5:45 PM Megafires: Investigating a Global Threat & Ignis
6:30 PM Filmmaking with Veterans Panel
7:45 PM Silkies & Veterans Journey Home: Kalani's Story

Friday, November 6th

10:00 AM 2020 Filmmaker's Bike Ride
1:00 PM Small Town Wisconsin
3:25 PM 2020 Collegiate Shorts
5:30 PM 2020 Short Shorts: Music and Poetic Nuances
6:20 PM A Storybook Ending & Zugzwang
6:30 PM Revival & Nine
7:45 PM Small Town Wisconsin
8:30 PM Young Filmmaker Shorts 2020

Thursday, November 12th

1:15 PM 2020 RFM International Shorts
3:15 PM Megafires: Investigating a Global Threat & Ignis
3:45 PM We are all in this Together
5:30 PM 2020 RFM: U.S. Comedy Shorts
7:45 PM The Devil's Road: A Baja Adventure



Through the Glass Darkly

Saturday, November 7th

1:00 PM Young Filmmaker Shorts 2020
1:15 PM A Storybook Ending & Zugzwang
2:00 PM 2020 Short Shorts: Music and Poetic Nuances
2:45 PM 2020 Experimental Shorts
3:15 PM Dog Valley & You Say Nothing
3:30 PM 2020 Humanity in Animation
4:15 PM Alina
5:10 PM Money Machine & The Gray Area
5:30 PM In the Strange Pursuit of Laura Durand
7:00 PM Streets of Lagos & Yarne
7:40 PM Tell Me About Tomorrow & A Dark in the Light
7:45 PM Through the Glass Darkly
8:25 PM Shelter in Place & Vertical: The Future of Farming
9:10 PM 2020 Collegiate Animation
9:45 PM 2020 Awards Ceremony
10:45 PM 2020 Closing Night Reception

Friday, November 13th

1:00 PM Castle Hot Springs + Desert Mourning + When the Snow Melts + Shaped by Decent
1:15 PM 2020 RFM: U.S. Comedy Shorts
3:15 PM Riders of the Purple Sage: The Making of a Western Opera
3:30 PM One More Win
5:30 PM Through the Cracks
5:45 PM U.S. Shorts: Dramatic Adventures
7:45 PM 2020 RFM International Shorts
8:00 PM Father Unknown & Brother (Baradar)



Electric Jesus

Saturday, November 14th

1:00 PM Electric Jesus
1:15 PM Through the Cracks
3:15 PM U.S. Shorts: Dramatic Adventures
3:30 PM Riders of the Purple Sage: The Making of a Western Opera
5:30 PM Father Unknown & Brother (Baradar)
5:45 PM Castle Hot Springs + Desert Mourning + When the Snow Melts + Shaped by Decent
7:45 PM One More Win
8:00 PM Electric Jesus

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EVENTS

RED ROCK FILM FEST IN CEDAR ADDS SECOND FESTIVAL WITH ITS KAYENTA FESTIVAL

With 108 films this year between Red Rock has formed two Festivals the main Festival which started Wednesday in Cedar City and the Red Film Market Cinema Conference at the Center of the Arts at Kayenta in Ivins.

The 14th Annual Red Rock Film Festival continues on Friday as it changes it up at Cedar's Festival Hall with panel discussions, outdoors screenings, a high risk screening and shorts at Policy Kings Brewery and a feature at Fiddlers Fun Center and concludes Saturday night.

The Red Film Market has moved to the Center for the Arts in Kayenta. These films are shown out of a traditional competition. Instead the films will be competing for "most original hook".

This Festival has included a November 11 free screening for Veterans of Frederick Marx's "Kalani's Story" which highlights the "best people and programs doing work to support Vets." It plays with Jaremey McMullin's "Silkies" that takes another approach to healing: by Vets who hike symbolically with 22 kilograms on their backs in

military underwear.

Daniel Troia ("We Are All In This Together") is also on a journey via cross-country bicycle with no food, no money and shows how humility in the U.S. in these turbulent times of 2020. Another trek follows a group of adventures in JT Bruce's Doc feature "The Devil's Road: A Baja Adventure", a 5,000-mile journey to recreate the century-old expedition of two naturalists. In an off-road race, Amy Lerner's "One More Win" follows Rod Hall in one of the world's most dangerous motorsports down the Baja Peninsula in Mexico.

The theme of finding a place in a hard world continues in Sunhui Chang's short "How to Fall in Love in a Brothel" about two Koreans trying to fit in after the Korean War and David Quint's feature doc "Father Unknown" that records a man's desperate search for the father he's never truly known.

Other filmmakers such as Kristin Ford explore the west with two films in the Festival: "Castle Hot Springs: Oasis of Time" a short doc that begins with the Yavapai Tribe and onward with the mining settlers that came to the Arizona Territory. Her film "Riders of the Purple Sage: The Making of a Western Opera" follows a classically-trained composer as he adapts Zane Grey's novel into a grand opera.

Chris White's "Electric Jesus" is about an American oddity from the '80s: Christian hair metal. This music-comedy stars Andrew Eakle as Erik, Wyatt Lenhart of "Star Trek Continues", Brian Baumgartner of "The Office" and Judd Nelson of "The Breakfast Club" who plays a preacher whose daughter stows herself away in the band's RV.

There main films at the Red Rock Film Festival from November 4-7 play at Festival Hall (105 N. 100 E., Cedar City.) The films at the Red Film Market play November 10-14 at the Center for the Arts at Kayenta (881 Coyote Gulch Ct., Ivins, UT.) Ticket are \$10 each, or access to 108 films is just \$80 for locals or \$150 for the general public. www.RedRockFilmFestival.com.

FOLLOW THE YELLOW BRICK ROAD TO A SEASON OF COMFORT, JOY & GREAT FILMS

Join us at the Center for the Arts at Kayenta located in Ivins, UT for a month of Safely Distanced Entertainment! ONLY 70 seats available in our newly arranged, physically distanced theater!

First the Red Rock Film Festival: Red Market Film Cinema Conference: M-Sa November 10-14 (5-Day Pass \$100, 2-Day Pass \$40, Single Event \$10) See website for Details!

Then follow that yellow path to a Wizard of Oz Movie Night Sing-Along, Friday, November 20th @ 7:30 PM or SUN November 22nd @ 6 PM. Goodie bags with song lyrics and participation items will be given to every patron. Masks are required, but so too is your Holiday Cheer and Vocal Cords. This will be a magical Night of Fun. Concessions will be available. Come in costume and a FREE Concession will be yours! All seats \$15 dollars or \$10 for students and children!

Next Don't miss master Storyteller Rick Bugg sharing Holiday Comfort and Joy by the Fireside, in stories that will make you



laugh and maybe even shed a sweet little tear or two! MON November 30th @ 7:30pm, \$15/\$10.

EARLY DECEMBER BRINGS Kurt Bestor to the yellow brick road that leads to the Center For the Arts at Kayenta art scene! Kurt loves playing in intimate settings like Kayenta. "I get to connect with the audience in ways I can't in larger concert

halls and venues." Throughout the concert, Kurt weaves in the stories behind each song and why and how he wrote them in his warm, humorous style. "You can't help but feel his own journey through his music," says Elise West, a lifelong friend/ fellow musician/ devoted fan, "and it touches everyone in a different way. It's the reason people go to his concerts." Bestor's unique style has earned him legions of loyal fans around the world. His composing and performing talents have garnered Emmy awards and Grammy nominations. He's best known for his Christmas music, but he's also written over forty film scores and scores of music for national television shows and commercials. He's played live concerts to more than half a million people in the past 28 years. Bestor was born in Waukesha, Wisconsin, but Utah claims him as their own. There will be three evening performances TH-SAT at 7:30pm, December 3rd-5th and a matinee show on Friday December 4th at 3:00pm. Ticket Costs range from: \$35-\$45 for Adults and \$10 for students and children.

Visit: KayentaArts.com or call: 435-674-ARTS(2787) for more information and to purchase!



ANNUAL CHRISTMAS LIGHT PARADE AND LANTERN LAUNCH WILL LIGHT UP THE NIGHT

By Karen Williams

The 12th Annual Kanab Christmas Light Parade & Festival will be the Saturday after Thanksgiving, November 28th with festivities and fun for the whole family taking place at Main Street Plaza in the charming southern Utah town of Kanab.

The Parade of Lights is a magical display lighting up the night with floats made by businesses and people in the community. Come enjoy the parade or be a part of the parade by making your own float. If you wish to enter the parade come to the Kane County Visitor Center at 6:00pm to sign up and line-up! The parade will begin at 7:00pm. Following the parade, enjoy the entertainment and festivities for the whole family.

The festival will culminate with the magical Wishing Lantern launch at 8:00 pm in front of the courthouse. The Wishing Lanterns will be available for advance purchase at www.kanabholidaykickoff.com and available for pickup before the event on Main Street. They can also be purchased the night of the event. Write messages or wishes on your paper lantern, and enjoy the magic of watching your lantern float up into the sky.

The lanterns are 100% biodegradable and there is a \$1 per lantern "bounty" to incentivize the community to help clean them up quickly. The lanterns gathered may be turned into the Event & Volunteer Center to

claim the "bounty."

There are many other fun events going on this holiday season, including the Christmas Vacation Tour of Lights. Decorate your home with festive cheer and you can win prizes! Decorate November 27th - December 15th and call the Volunteer Center to register (435) 644-3696 or register online at: kanabholidaykickoff.com. Enjoy seeing all the decorated homes in town and vote for your favorite on facebook by December, 15th.

For more information on the line up of events for the Christmas Light Parade & Festival and other events Thanksgiving weekend, go to www.Kanabholidaykickoff.com

Don't miss this magical holiday weekend where people can come together to celebrate the beginning of the Christmas season in Kanab - Magically Unspoiled.



NOVEMBER EVENTS AT KANAB'S 14TH AMAZING EARTHFEST 2020

The nonprofit Amazing Earthfest, based in Kanab, celebrates land and life on the Colorado Plateau through its 14th annual festival of learning, discovery, and the arts. All activities are described at www.amazingearthfest.org. Register for free to attend the events you choose.

Amazing Earthfest delves into the climate crisis, perhaps the single most important issue of our time. Deepen your understanding with an important conversation recorded at the Post Carbon Institute and a TED Talk by the renowned climate scientist and woman of faith, Katharine Hayhoe.

How can we engage with people whose values, background, or interests we share, but who aren't currently invested in tackling the climate emergency? In United by the Climate Crisis, we will explore ways to discover common ground with uncommon allies by sharing stories of introducing climate science to people who, on the surface, seemed too disinterested to engage.

How do you talk to someone who does not believe in climate change? In her inspiring, pragmatic TED talk, The Most Important Thing You Can Do To Fight Climate Change, Hayhoe shows how the key to having a real discussion is to connect over shared values like family, community and religion — and to prompt people to realize that they already care. "We can't give in to despair," she says. "We have to go out and look for the hope we need to inspire us to act — and that hope begins with a conversation, today."

After watching these online climate presentations, hop on Zoom at 7 PM Mountain

Time for an Amazing Earthfest audience discussion of each on November 8th.

Kanab's nonprofit Stellar Vista Observatory and the University of Utah South Physics Observatory collaborate with Amazing Earthfest to deliver two fascinating astronomy presentations beginning at 6 PM on Facebook.

Join us, Sunday, November 17th, for Deep Sky Imaging with Astrophotography, explores the night sky in ways that your eyes simply cannot. Using the University of Utah's 32-inch high precision telescope atop 9,600-foot Frisco Peak in Utah's West Desert at the Willard Eccles Observatory we'll peer deep into the cosmos at selected objects, obtain images, and view details our own eyes never could. We will discuss the best amateur telescopes and cameras for viewing the night sky and taking photos right from home. This event will be re-scheduled if weather is cloudy.

Paul Ricketts, director of the South Physics Observatory (SPO) and the department of Physics and Astronomy's Interpretive Specialist in astronomy, delivers the programs.

Visit www.stellarvistaobservatory.org to learn more about its initiative to build and operate an educational astronomical observatory in Kanab. Amazing Earthfest online events require registration to attend. Visit the Amazing Earthfest website or Facebook page for details and links. Consider a voluntary donation to support this unique educational festival!

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OPINION

TOO MANY CHOICES?
By Tom Garrison

Modern American society is characterized by many things. One, which I suspect most people do not often consider, is the number of choices in our everyday lives. This rather obscure topic became the focal point in a recent discussion with a long-time, seldom-seen friend, Jeff. After a quick “how ya doing and how was the trip,” Jeff, my wife Deb, and I fell into our typical wide-ranging multi-hour friendly debate.

At one point, Jeff complained there are too many choices in life and the decision-making process is too time consuming, especially those of us in our senior years (55+). His example, “Why do we need a choice of 40 different types of breakfast cereal? Why not just a handful of different types? I have better uses of my time.” On the face of it, that sounds like a good question. But probe a little deeper and the political ramifications of limiting choices, even for breakfast cereal, become dangerous to liberty.

The initial part of the argument, time used in decision-making, appears to have a wee bit of validity. But even that wilts under examination. How many consumers consider every type of cereal when shopping? None. They already limited their choices—will not buy cereal with too much

sugar, won't buy wheat-based cereal, don't like flakes, and so on. Through experience consumers narrowed the choice to two or three types. Is it really a burden to choose between those few? Of course not. Choices are thrust upon us every day: “Regular or higher-octane gas?” “French fries or mashed potatoes?” “Should I put your receipt in the bag?” Who spends more than a handful of seconds on each decision, including cereal buying? No one. So, while it is true that we all use time in making choices, the amount of time involved is miniscule.

The only cases where time becomes a real factor is making important, infrequent decisions—what type of new car? Should I vote Democrat, Republican, or Libertarian? But these choices are important, and time spent mulling them over is time well spent.

The more important aspect of Jeff's argument is the unspoken part: who decides which choices are offered?

Theoretically, the cereal makers could voluntarily limit their products. But why should they? Consumers buy, and one must assume, like their products. If there exists even a somewhat free market, consumers vote with their pocketbooks. The cereals that don't sell for whatever reason—too much sugar, wrong type of gluten—disappear from the market. If people want “healthy” cereals, producers will respond once the demand is recognized. The only thing necessary is for consumers to only purchase the two or three cereals Jeff prefers and he gets his wish. Given our quasi-free market that is possible, albeit unlikely.

I suspect Jeff does not truly favor centralized economic planning, even though his argument was headed in that direction because the only entity with the coercive power to limit cereal choice is the govern-

ment. He did not consider the multitude of problems once the state controls economic decisions. How will government decide which cereal to allow? Set up a Bureau of Cereal Choices? What standards will the Bureau use? Crucially, how can Jeff know the two or three cereals the government decides to allow includes his favorite? He can't, but with a free market his choice, if he and others purchase it, will be on the shelf.

But more importantly, why would anyone want to let the government decide? Simply because they don't want to spend a few seconds making an everyday choice. Thus, laziness trumps economic liberty. Who would have thought Thomas Jefferson's famous quote, “Eternal vigilance is the price of liberty” referred to breakfast cereal?

Well, Jeff and many others say, let's at least get rid of all the unhealthy types of cereal. We all know the drill, the ones with too much sugar. But, I argue, they taste good, putting aside the inherent elitism of their argument. Fine, the anti-cereal choice advocates win and remove the good tasting, sugar-laden cereals. That can't be too bad can it?

Yes it can. While big government, nanny state proponents are at it why don't they ban all “bad” things: McDonald's Happy Meals; alcohol (that certainly worked well the first time it was tried); “hate speech” on college campuses—whatever that means in this “woke” era—and so on. And since unhealthy behaviors cost society in terms of resources and time, let's also ban all overweight people (they tend to get more diseases and do not age well); ban those who do not exercise enough; ban people who do not daily eat a sensible por-

tion of veggies; and so forth.

Don't think I'm being ridiculous, the moment government has the power to limit cereal types is the moment my examples, and many others, are possible, nay probable. The march of statism comes in many guises—the food police literally seizing a four-year-old preschooler's turkey and cheese sandwich in North Carolina in January 2012; the state of Utah's very heavy hand in the sale of adult beverages; the California law making it illegal to eat in a facility or vehicle of a public transportation system (no more eating a sandwich on your commute); the recently passed Berkeley, California law making it illegal to display so called “junk food,” sugary drinks, and other processed food in store check-out lines; and the many localities that prohibit homeowners from growing veggies in their front yards. This is only a sampling. The list of stupid nanny state regulations, if not endless, is exceedingly long.

Even given the above, I support the nanny state philosophy if I am appointed/elected philosopher-king due to my wisdom and innate sense of justice. I want my type of cereal to be available and I want to determine the set of choices for all products and services. If anyone else has the power to limit cereal choices, then I'm opposed. I bet most people agree with me. Why? Because children need guardians to monitor their choices and actions—that is not the case for the vast majority of adults. If government treats adults as children, those adults develop the behaviors and thinking of children, or mentally never leave childhood. The nanny state destroys personal choice and responsibility and fosters a culture of dependency—not a good prescription for individual freedom or society.

ARROWHEAD GALLERY PRESENTS MARY MANNING, OUR ARTIST OF THE MONTH

Mary is an artist who works in watercolors, acrylics, and oils, with a twist: she accents many of her works with gold, silver, and copper leaf gilding. She has paintings in private and public collections across North America and around the world. She began drawing and painting in childhood, excelling in portraits of pets and people.

Like Picasso, she developed her own ways to interpret landscapes and people, flowers, and birds. She learns from Klimt, Georgia O'Keefe, Rembrandt, DaVinci and many other artists, contemporary and classical. She is a member of the American Watercolor Society, the International Society of Acrylic Painters, the Southern Utah Art Guild, and the Dixie Watercolor Society. She enjoys painting in her home studio and outdoors, carrying her paints and easels with her. She has been elected Vice President of ISAP.

Join us for Mary's Reception on November 14th, 2020 at the Arrowhead Gallery ETC from 1-4 PM
68 E. Tabernacle St., St. George
435-628-9592

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Map Features: Compass rose, Parking locations, Signpost for Carousels and Splash Pad.

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MOVIES

THE INDEPENDENT MOVIE REVIEW

By Adam Mast

“Hubie Halloween” Features a Goofy Sandler Being Fittingly... Goofy!
HUBIE HALLOWEEN (PG-13)
 ★★★½

How would one follow up a mesmerizing, award-worthy performance in a movie like “Uncut Gems”? Well, if you are Adam Sandler, the answer is pretty simple. You would follow up that unforgettable turn by getting together with your friends and making another silly Happy Madison Production. I mean, why not, right?

In “Hubie Halloween,” Sandler is in full-on goofy accent mode as Hubie, a local idiot who is constantly the butt of the joke. Kids throw things at him as he rides his bike around town and his fellow locals pick on him constantly. Adding insult to injury, this sweet-natured simpleton is easily rattled making him the perfect target for pranks, particularly during the witching season. Suffice it to say, Hubie doesn’t have a lot of genuine friends but two individuals who do treat him with a much-needed level of respect are town beauty Violet Valentine (played by the lovely Julie Bowen) and his adoring but often clueless mama (played by a hilarious June Squibb.) The plot (what little there is of it) thickens when someone or something begins picking off townsfolk one by one. Will Hubie shy away from danger or will he become the Halloween hero he was destined to be?

Listen...“Hubie Halloween is silly, dumb, juvenile, and ridiculous but you know what? I kind of enjoyed it. It’s a far cry from Sander’s holy 90s trifecta (“Billy Madison,” “Happy Gilmore,” and “The Wedding Singer”) but

it’s infinitely funnier and considerably more charming than the likes of “Little Nicky,” “Jack and Jill,” and “Don’t Mess With the Zohan.” Miraculous when taking into consideration that goofy accent-heavy Sandler isn’t generally my cup of tea. With this film, though, the Sandman kind of won me over. Admittedly, his offscreen niceness probably has something to do with that. Seriously, the real-life stories of Sandler’s ultra-kindness are the stuff of legend to the point that I’d like to see he and Keanu Reeves do a movie together.

Elsewhere, “Hubie Halloween” is populated by an onslaught of recognizable faces. Everyone from Sandler film regulars (Kevin James, Rob Schneider, Maya Rudolph, Tim Meadows, and a scene-stealing Steve Buscemi) to performers of A-list pedigree (the aforementioned Squibb, Michael Chiklis, and “Goodfellas’ star, Ray Liotta.) All of these actors have their own little dorky moments to shine. What’s more, “Hubie Halloween” also serves as a “Happy Gilmore” reunion of sorts. Not just in terms of Sandler and his appealing love interest, Bowen, but

also in terms of an opening scene cameo which is best left unspoiled in this review.

Beyond an all-star Happy Madison cast, it should be noted that there’s an odd charm that flows throughout this harmless Halloween romp. Be it the outlandish but endearing little love story at the heart of the movie or a surprisingly fitting knock on bully culture, there are certainly worthwhile attributes that make this movie worth watching. “Hubie Halloween” won’t win any Oscars, of course, but it’s still a fun little ride. And perhaps best of all, it perfectly captures the sights and sounds of the Halloween season thanks to shockingly impressive production design. Seriously, this film--alongside the recently released “They Live Inside Us”--might be the best visual representation of Halloween since Michael Dougherty’s “Trick R Treat.” Sandler is certainly better than some of the films he churns out on Netflix but honestly, you could do a hell of a lot worse than “Hubie Halloween.”

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CALENDAR

Due to Covid-19 and other conditions some events may have changed or canceled so please verify prior to attending.

Multi-Day Events

SOLO ARTIST SHOW Oct.–Dec. 10 AM. The Red Cliff Gallery and Southern Utah Art Guild Art Shows will be showing fantastic art by our local Southern Utah artists. Featuring different artists every three weeks. Red Cliff Gallery, 220 N. 200 E., St. George.

ART WALL GALLERY MCCALL SMITH CHIDESTER ART EXHIBIT McCall's artwork will remain on display until the end of December. Groovacious, 173 N. 100 W., Cedar City.

WATER RIGHT EXHIBITION 10 AM. "Water Right" explores the idea that while water is widely considered a community resource, the cultural values of different societies in the Kanab region over time have caused water resources to be allocated in decidedly different ways. This exhibition accompanies the Smithsonian Water/Ways exhibition, stopping in Kanab from Oct. 17 – Dec. 13 at the Kanab Heritage Museum, 13 N. 100 E., Kanab. (435) 644-3506.

RED ROCK FILM FESTIVAL Nov. 4–14. Times vary. See website at redrockfilmfestival.eventive.org/schedule for films, locations, and times.

DUAL ART EXHIBIT FEATURING: LINDSEY BARNEY & DAVID HANSEN Nov. 6–20, 10 AM. Free. All ages welcome. Red Cliff Gallery, 220 N. 200 E., St. George.

"**WILLY WONKA JR**" Nov. 6–7, and Dec 2–5, 7 PM. with a 2 PM. matinee Oct. 10. Willy Wonka Jr. is the inspiring story of Charlie and his adventure in Willy Wonka's chocolate factory. Broadway Bound WCCMT, 25 N. 300 W., Washington.

RED FILM MARKET CINEMA CONFERENCE Nov. 10-14, Times vary see website for detailed times. Eco Documentary, Quarantine Shorts, Outdoor Adventure, Veteran Protest; it's all here. This collection is groundbreaking: an entirely new and improved cinematic experience for all, from the team behind Red Rock Film Festival. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

DAVID ARCHULETA Nov. 13, and 14, 7:30 PM. Christmas Concert 2020. Made famous in 2008 on Season 7 of 'American Idol' where he was runner up. Please call the Box Office at 800-746-9882 to purchase tickets. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

THE WIZARD OF OZ SING A LONG Nov. 20, 7:30 PM. and Nov. 22, 6 PM. Family and friends Movie sing-along! Come in costume, win prizes & goody bags! Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

A KURT BESTOR CHRISTMAS Dec. 3–5 at 7:30 PM. with an additional concert on Dec 4th at 3 PM. Throughout the concert, Kurt weaves in the stories behind each song and why and how he wrote them in his warm, humorous style. "You can't help but feel his own journey through his music," says Elise West. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

DICKENS CHRISTMAS FESTIVAL Dec. 2–5, 10 AM. The Dickens' Festival is not just another craft show, but a unique and unusual entertainment and shopping experience. Olde English shops, hundreds of period costumes, and the REAL Father Christmas. Dixie Convention Center, 1835 Convention Center Dr., St. George.

ST. GEORGE GINGERBREAD HOUSE PARADE TOUR & FUNDRAISER Nov. 5–Dec. 12, 5 PM. Get excited about this year's Gingerbread House tour featuring uniquely crafted gingerbread houses sponsored by local business heroes. 50 S. Main St., St. George.

JAMIT AT CASABLANCA Nov. 11–15, 7 PM. Classic and modern rock, R&B, pop, country, and more. Free. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

GREGG PETERSON BAND - CASABLANCA Nov. 18–22, 7 PM. Showtimes may vary. Classic Rock, Variety, and dance band. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

SIXTIES MANIA AT CASABLANCA Nov. 25–29, 7 PM. Showtimes may vary. The ultimate '60s tribute show and dance band! 950 W. Mesquite Blvd., Mesquite.

Events by Day

TUESDAYS

TRIBUTE TO THE KING - CASABLANCA 6–10 PM. Starring John Brooks. Must be 21 or older. Free. "Voted Best of Las Vegas 2013 'Best Elvis Tribute Show' and 'Best Lounge Performer.'" CasaBlanca Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

WEDNESDAYS

STILL LIFE WEDNESDAYS 4 PM. Three still life arrangements. Participants sketch or paint one or all three scenes. This free event is for adults. Art supplies not provided. All skill levels are welcome. Cedar City Library, 303 N. 100 E., Cedar City.

CHARACTER SKETCHES 6:30 PM. Weekly non-instructed, non-mentored event during which live models are dressed as characters from literature. Participants sketch or paint the models. This is a free event for adults. Art supplies not provided. All skill levels are welcome. Cedar City Library, 303 N. 100 E., Cedar City.

BINGO WEDNESDAY AT THE GRILLE 6–8 PM. Free. There will be prizes given to all the winners. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

THURSDAYS

DESERT COMMUNITY STRINGS AND NEW HORIZONS STRINGS 5:30–7:30 PM. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings.org Basement of St. George Medical Building, 736 S. 900 E., St. George.

KARAOKE NIGHT AT SAND HOLLOW RESORT 7:30 PM. Every Thursday night! Located in the Grille. Prizes available! Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

KARAOKE WITH DJ LANCE AT MIKES TAVERN 9 PM. 90 W. Hoover Ave., Cedar City.

FRIDAYS

DJ EZ LIVE AT MIKES TAVERN 9 PM., 90 W. Hoover Ave., Cedar City.

LIVE MUSIC AT PEEKABOO WOOD FIRED KITCHEN 7–9 PM. Free. 233 W. Center St., Kanab.

SATURDAYS

TUACAHN SATURDAY MARKET 10 AM. Every Saturday local artists, crafters, and vendors to come and show off their work. 1100 Tuacahn Dr., Ivins.

Events by Date

Fri, Nov 6

ST. GEORGE STREETFEST 6 PM. On the first Friday night of every month. March through December, downtown St. George transforms into a multi-stage outdoor concert venue and street market. Town square, 50 S. Main St., St. George.

DUAL ARTIST RECEPTION: LINDSEY BARNEY & DAVID HANSEN 6–8 PM. Refreshments. Red Cliffs Gallery In the St. George "City Commons" Building. 220 N. 200 E. St. George.

STONE AND COMPANY AT PEEKABOO KITCHEN 7 PM. An upbeat blend of Euro-American roots music with a groovy twist. 233 W. Center St., Kanab.

THE COLORADO: THE HARDEST WORKING RIVER IN THE WEST | LECTURE WITH CHRISTA SADLER 7 PM. How does the Colorado River affect you? Christa Sadler—geologist, educator, writer, and naturalist—explores how the allocation of the Colorado River has changed over time. Event Contact: [Emily Bentley ebentley@kanab.utah.gov](mailto:Emily.Bentley@kanab.utah.gov) (435) 644-3506. Kanab.

Sat, Nov 7

RIVERHOUSE BAND AT WING NUTZ 7 PM. Classic and southern rock with country blues. 250 N. Red Cliffs Dr., St. George.

TRAINWRECK AT MIKES TAVERN 9 PM. Coverband playing your favorite songs from artists like: Red Hot Chili Peppers, Stone Sour, Cake, Childish Gambino, Ariana Grande, Tom Petty, and more. 90 W. Hoover Ave, Cedar City.

Sun, Nov 8

MASTER SINGERS VETERAN'S DAY CONCERT 7 PM. Free. Join the Master Singers as they commemorate our great heroes and show support for all the brave men and women in the Armed Forces. Festival Hall and Heritage Theater, Cedar City 105 N. 100 E., Cedar City.

Tues, Nov 10

ADULT COLORING CLUB 1 PM. Bring your coloring book and coloring pencils. St. George Branch Librarv. 88 W. 100 S.. St. George.

MAUI SUNSET-PAINT NIGHT BY BUZZED ARTS 6:30 PM. Wing Nutz, 250 N. Red Cliffs Dr., St. George.

Wed, Nov 11

KIDS JAZZ & HIP HOP WORKSHOP 5:15 PM. For Kids ages 5+ Learn a fun Jazz Dance in 6 weeks and perform it at the end. ALIGHT Dance Academy, 1495 S. Blackridge Drive A-180, St. George

VETERANS DAY DINNER AND PROGRAM 6 PM. Dinner and program for and to honor veterans. Sr Citizens Center, 67 N. 40 W., Panguitch.

Thurs, Nov 12

OSU RECITAL: MASTERFUL ROMANCE 7:30 PM. Orchestra of Southern Utah - Recital: Masterful Romance held 7:30 PM. Admission is \$8 adults & \$5 students. Festival Hall and Heritage Theater, Cedar City 105 N. 100 E., Cedar City.

Fri, Nov 13

WATER IN KANAB | COMMUNITY CONVERSATION 6:30 PM. Caitlin McDonald (Utah Humanities) will facilitate a conversation for members of the Kanab community. Contact: [Emily Bentley ebentley@kanab.utah.gov](mailto:Emily.Bentley@kanab.utah.gov), (435) 644-3506. Kanab.

JAKE SHEPARD 7 PM. Free. 233 W. Center St., Kanab.

Sat, Nov 14

SMART SATURDAY-ART CLASSES FOR KIDS 10 AM. All smART Saturday programs run from 10–11 AM the 2nd Saturday of each month. The program is designed for children ages 6–12 years old and includes an art lesson on an artist and a related art project. Classes are capped at 12 students. Register to guarantee your spot. St. George Art Museum, 47 E. 200 N., St. George.

JERRY ALLEN AT WING NUTZ 7 PM. Jerry Allen is based out of St. George and cites Matchbox 20 and The GooGoo Dolls as influences. 250 N. Red Cliffs Dr., St. George.

Tues, Nov 17

HAM RADIO CLUB 6–7 PM. The Virgin Valley Amateur Radio Club holds meetings on the third Tuesday of each month. All hams interested in joining our group and all visitors are welcome. For information, phone Roy Miller (702) 345-3006. Airport Fire Station #2, 1200 Kitty Hawk Dr., Mesquite.

Fri, Nov 20

FESTIVAL OF TREES 10 AM. Garfield County Fair Building, 745 N. Main, Panguitch.

TOM BENNETT AT PEEKABOO KITCHEN 7 PM. Free. Tom Bennett is a traveling Folk Singer from SLC. 233 W. Center St., Kanab.

Sat, Nov 21

KANAB SHOW AND SHINE 5 PM. Every third Saturday until September. See many classic and new cars. Junction of Main and Center Streets, Kanab.

JOY TO THE WORLD! A SACRED CELEBRATION JENNY OAKS BAKER & THE FAMILY FOUR 7 PM. Jenny Oaks Barker & The Family Four present an inspiring Christmas show of sacred, exhilarating, and beloved Christmas Carols. With music by Kurt Bestor, Irish Dancing by The All American Cloggers, and The St. George Children's Choir joining Jenny and Family Four! Enhanced health and safety protocols for this show. Please stay home if you are not feeling well. Exchanges can be made FREE of charge. Tuacahn Amphitheatre, 1100 Tuacahn Drive, Ivins.

RIVERHOUSE BAND AT WING NUTZ 7 PM. Classic and southern rock with country blues. 250 N. Red Cliffs Dr., St. George.

RETRO RISING AT MIKE'S TAVERN 7 PM. A band from St George playing a variety of Rock/Pop hits from the early 60's through the late 70's. 90 W. Hoover Ave., St. George.

Tues, Nov 24

ADULT COLORING CLUB 1 PM. Bring your coloring book and coloring pencils. St. George Branch Library, 88 W. 100 S., St. George.

Thurs, Nov 26

CHRISTMAS ON THE MOUNTAIN 2020 11 AM. Kids Crafts, Treats. Visit Santa from 12–1:30. Village Tree Light Ceremony & Candlelight Walk 6–7 PM. Meet at Duck Creek Dance Hall (Lake House Rental) for refreshments. *In case of extreme weather, we have set an alternate date of December 19th, Duck Creek Village.

THANKSGIVING DINNER 1 PM. Free Thanksgiving Dinner for those without a place to go. Sr Citizens Center, 67 N. 40 W., Panguitch.

Fri, Nov 27

CHRISTMAS IN THE COUNTRY 10 AM. Don't miss this terrific Craft Bazaar! Beautiful crafts of all types. County Fair Building, Parowan.

TOM BENNETT AT PEEKABOO KITCHEN 7 PM. Free. Tom Bennett is a traveling Folk Singer from SLC. 233 W. Center St., Kanab.

Sat, Nov 28

HOLIDAY TREE JUBILEE 5 PM. This community charity event kicks off the holiday season in downtown Cedar City, UT. Win a Christmas tree, photos with Santa, and more. Jolley's Ranchwear Building, 52 N. Main St., Cedar City.

JAKE SHEPARD AT WING NUTZ 7 PM. 250 N. Red Cliffs Dr. #24, St. George.

Mon, Nov 30

HOLIDAY HILARITY IN ZION-ISH 7:30 PM. Master storyteller and founder of SimonFest Theatre Co. Richard Bugg continues his popular story-by-the-fire offering here in Kayenta! SimonFest audiences have long been treated to his weekly "Fireside in Zarahemla" events where he weaves intricate, transporting tales about fictional (ahem...local) places and characters we can all relate to. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

Thurs, Dec 3

COMMUNITY APPRECIATION DAY The first Thursday of the month is Community Appreciation Day. Free admission with proof of Washington County residency. See the website for more information and the possibility of changes or restrictions. St. George Children's Museum, 86 S. Main St., St. George.

Fri, Dec 4

ST. GEORGE STREETFEST 6 PM. On the first Friday night of every month. March through December, downtown St. George transforms into a multi-stage outdoor concert venue and street market. Town square, 50 S. Main St., St. George.

STONE AND COMPANY AT PEEKABOO KITCHEN 7 PM. An upbeat blend of Euro-American roots music with a groovy twist. 233 W. Center St., Kanab.

DRIP W/ NO SCHOLARSHIP 8 PM. This event is headlining two very underrated and upcoming artists with a crazy amount of potential from California and Utah. 320 W. State St., Hurricane.

Sat, Dec 5

CHRISTMAS IN THE COUNTRY/SANTA'S VISIT 10 AM. Santa visits, hot chocolate, cookies, and small gifts for the kids. Social Hall, 50 E. Center, Panguitch.

2020 HOLIDAY SOCIAL AT TONAQUINT 11 AM. – 12:30 PM. The Tonaquint Nature Center is celebrating the holidays early with the Grinch. Games, holiday crafts, and treats, and a visit with the Grinch. Tonaquint Nature Center, 1851 S. Dixie Dr., St. George.

CHRISTMAS LANTERN WALK 6 PM. Iron Springs Adventure Resort, 3126 N. Iron Springs Rd., Cedar City.

RIVERHOUSE BAND AT WING NUTZ 7 PM. Classic and southern rock with country blues. 250 N. Red Cliffs Dr., St. George.

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Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions.

Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.

General Tips For Zion

To avoid the crowds, go early or later in the day

Consider getting up extra early or trekking out midday after the initial rush has flooded in.

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Safety Tips For Zion

Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.



Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.

Tips To Maximize Enjoyment

Go on a less crowded hike

The most visited Zion have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our newest feature, Less-Traveled Zion Hikes.



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Tips To Minimize Your Impact

Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

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Springdale Utah Town Map

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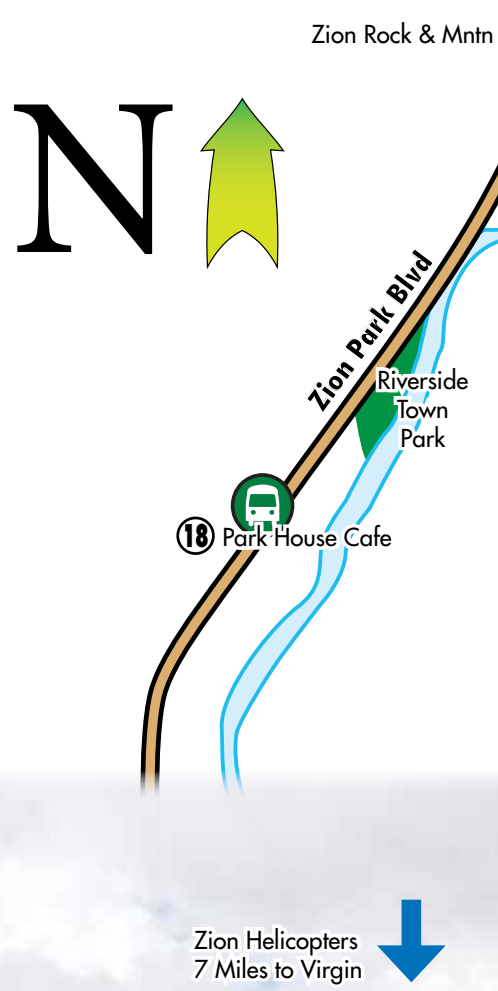
Ice Cream Chocolates Candy

855A Zion Park Blvd - Across from Zion Pizza & Noodle Stop 5



P Paid parking lots can be found on Lion Blvd, behind Whiptail Grill Restaurant at 445 Zion Park Blvd, and a number of other locations throughout Springdale.

Other spots of note in Springdale include the library (located on Lion Boulevard, next to Town Hall), tennis/pickleball courts (also on Lion Blvd), and the Virgin River, which has numerous locations of access, but Riverside Park is one of the best.



WELCOME TO YOUR ONE STOP SHOP

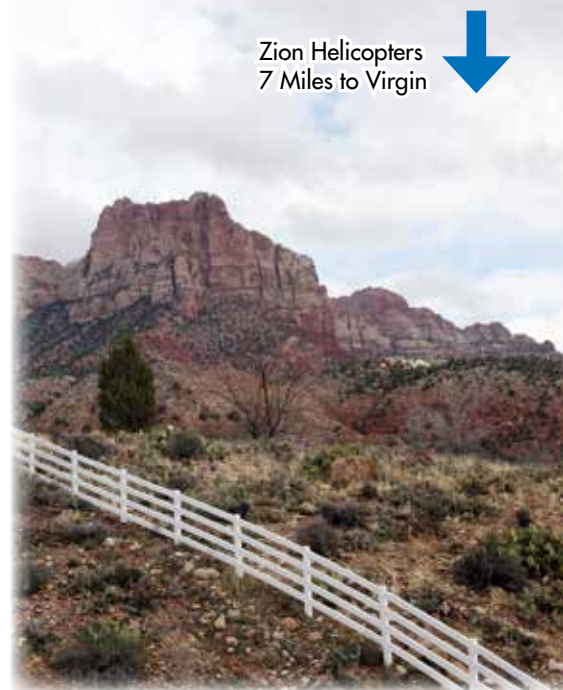
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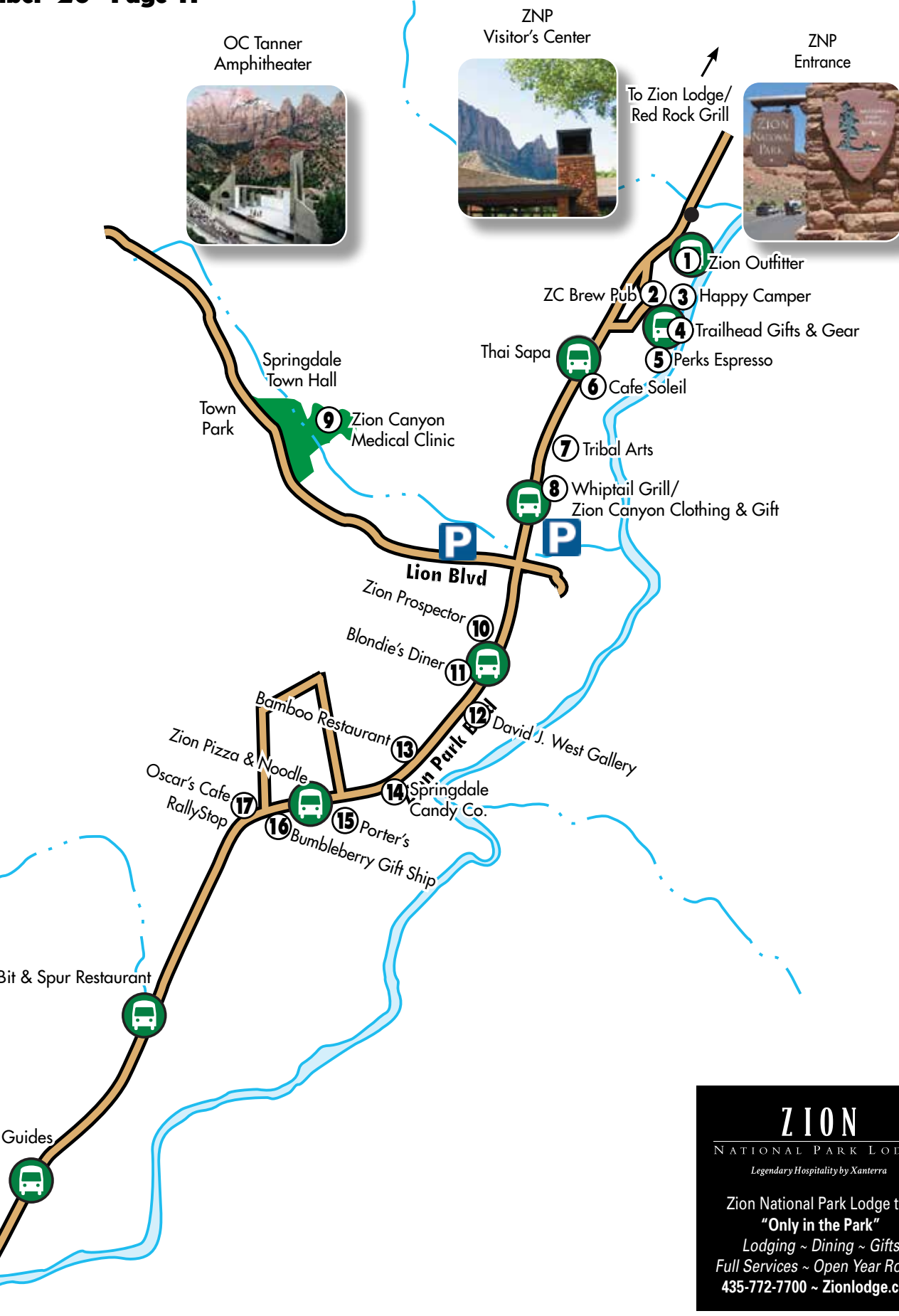





145 Zion Park Blvd. Springdale, UT (435) 772-2420 TrailheadGiftsAndGear.com

Customer parking available, in the Zion Canyon Village at the south entrance to Zion National Park.





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GUIDE TO UTAH'S LIQUOR LAWS

If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink. The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

SPRINGDALE'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed by address from ZNP Entrance)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks (E)spresso, (V)egan items on menu	Hours	WI-FI
Red Rock Grill	1 Zion Lodge	435-772-7760	W, B, M, E, V	6:30-10:30am, 11:30am-3pm, 5-10pm daily	Yes
Zion Canyon Brew Pub	95 Zion Park Blvd	435-772-0336	W, B, V	Noon-10pm daily	Yes
Happy Camper Market	95 Zion Park Blvd	435-772-7805	B, V	8am-8pm daily	Yes
Thai Sapa	145 Zion Park Blvd	435-772-0510	W, B, E, V	11:30am-9:30pm daily	No
Perks Coffee Shop	147 Zion Park Blvd	435-668-0446	E	7am-4pm daily	No
Café Soleil	205 Zion Park Blvd	435-772-0505	W, B, M, E, V	7am-9pm daily	No
Spotted Dog Cafe	428 Zion Park Blvd	435-772-0700	W, B, M, E, V	7-11 am, 5pm-9pm daily	Yes
Whiptail Grill	445 Zion Park Blvd	435-772-0283	W, B, V	Noon-9:30pm daily	Yes
Moki	709 Zion Park Blvd	435-215-0520	W, B, M, E	7am-10am daily, 5:30pm-10pm Thurs-Mon	Yes
Blondie's Diner	736 Zion Park Blvd	435-772-0595	B, V	11am-8:30pm Mon-Sat	Yes
Bamboo Chinese Restaurant	828 Zion Park Blvd	435-703-2882	V	11:30am-10pm daily	Yes
Zion Pizza & Noodle	868 Zion Park Blvd	435-772-3815	W, B, V	4pm-10pm daily	No
Porter's Smokehouse and Grill	897 Zion Park Blvd	435-772-0115	W, B, M, E, V	6am-9pm daily	No
Oscar's Cafe	948 Zion Park Blvd	435-772-3232	W, B, E, V	7am-9pm daily	No
Switchback Grille Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, E, V	5-8pm daily	No
Jack's Sports Grill Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, V	Noon-9pm daily	No
Bit & Spur Restaurant & Saloon	1212 Zion Park Blvd	435-772-3498	W, B, M, E, V	5pm-11pm daily	Yes
Park House Café	1880 Zion Park Blvd	435-772-0100	W, B, V	8am-2pm daily	Yes

See detailed restaurant listings for Springdale and the greater Zion National Park area at ZionGuide.com.

Zion Canyon Shuttle & Parking Info

Get Your Shuttle Tickets Before You Head to Zion National Park For A More Pleasant Experience

All Visitors to Zion National Park Who Wish To Use The Shuttle System Are Required to Purchase a Ticket to Ride the Shuttle.

The new shuttle ticketing system is complex but quite easy to navigate once you understand the process. We highly recommend you visit www.Recreation.gov and acquaint yourself with the Help Center article for more details on purchasing a ticket, and setting up an account so your experience is a pleasant one. What's most important to understand is this; the Scenic Drive is now closed to private vehicles.

As of July 1, 2020, you will need a ticket to ride the park shuttles into Zion Canyon. The shuttle provides access along the Zion Canyon Scenic Drive to areas

including Emerald Pools, West Rim Trail, the Riverside Walk, and the Narrows. This applies to ALL visitors who wish to use the ZNP Shuttles.

You can recreate along and drive through the tunnel on the Zion-Mount Carmel Highway (State Route 9, Vehicle size restrictions apply), drive the scenic Kolob Terrace Road to access additional hikes, and park and hike trails near the Zion Canyon Visitor Center, among other opportunities.

However, Zion National Park is implementing a shuttle ticket system to enable visitor access to upper Zion Canyon and the Scenic Drive while meeting COVID-19 public health guidelines. Use of the shuttle ticket system is temporary, designed to operate through December 2020.

Who Needs a Ticket?

Everyone, and we mean, everyone! You will need the Shuttle Ticket to board at the Zion Canyon Visitor Center shut-

tle stop, paying attention to the date and boarding time printed on the ticket. Once you are in Zion Canyon, you will be able to get on and off the shuttle using the same ticket as many times as you want. If you choose to walk or bike into Zion Canyon, you will still need a ticket if you want to take the shuttle at some point during that day. The non-refundable ticket fee is \$1 USD.



What if you don't have a ticket when you arrive?

There is now an Afternoon Walk-Up available for those without advance shuttle tickets. Visitors can arrive at the visitor center between 3 pm and 6 pm and board shuttles on a first-come, first-served basis. The number of tickets will be limited, and boarding is not guaranteed.

You must have a shuttle ticket to ride the shuttles. If you paid the entrance fee you will only need to pay the \$1 USD ticket fee.


Go to Recreation.gov and click on "Sign Up" in the top right corner. From there, follow the prompts to create an account. You must have an account to purchase a ticket.

Plan Ahead If You Know When You Will Be Visiting. There are two booking windows for obtaining tickets. One block of advance tickets will be released 2+ weeks in advance and a second block of tickets will be released one day in advance.


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Kanab's Christmas Light Parade & Festival



Saturday Nov. 28th

KanabHolidayKickOff.com

Zion Area Annual Events Calendar

Currently, most events are canceled due to the Covid19 pandemic. Please check before attending any events.

May-Oct. Kanab Outdoor Market
Nursery stock, baked goods, local artistry, jewelry, crafts and goods, free bounce house and balloons for the kids.

May Kanab 10K
A beautiful course sanctioned by USA Track and Field along Hwy 89 from Moqui Cave to the Kanab City Park.

May Amazing Earthfest
Southern Utah's festival of learning, arts, and outdoor adventure.

June Jacob Hamblin Days Festival A fun festival to celebrate the pioneer and Western heritage of Kanab and Kane County.

June-Aug. DSU Summer Concert Series
Enjoy a variety of live performances by bands, orchestras and solo artists. Located at the O.C. Tanner Amphitheater, just outside of Zion National Park.

June Maynard Dixon Country Campout A 5-day gathering of artists and art lovers interested in the history of Western art and current Western painting.

July Kanab 4th of July Celebration
Celebrate the nation's Independence Day small-town style in charming Kanab, Utah! Parade, vendors, entertainment and festivities throughout the day into the evening.

July Springdale 4th of July Celebration
Celebrate Independence Day with the Springdale community. Kick off with a parade followed by a barbecue, live music and activities for the whole family to enjoy.

July 24th of July Celebration
Celebrate the state of Utah with a pioneer dinner. Get ready for the fourth annual Kabob-a-Que.

July Pioneer Day Celebration
Games, Dutch oven dinner at the park and a great costume parade celebrating pioneer heritage.

August Symphony at the Grand Canyon
Symphony of the Canyons performs on the patio at the North Rim Lodge. Bring a picnic dinner and listen as the sun sets over the Grand Canyon.

August Kane County Fair
Offering many wonderful events for the whole family. Most of the events are free so don't miss out.

August Western Legends Round-up
Kanab's celebration of film, music, poetry, and Western heritage.

September Big Water Dinosaur Festival
Celebrating past and present dinosaur discoveries in the Grand Staircase Escalante National Monument.

September Demolition Derby
Cars, trucks and "figure 8s" with up to 18 cars demolition derby with events for the entire family, including the Power Wheels Derby for kids and the wife-carrying contest!

September Carmel Mtn. Music and Art Festival and Car Show
Check out fancy cars and enjoy live entertainment, vendors, food and kid-friendly activities.

September Glendale Heritage Apple Festival
The Glendale Heritage Apple Festival was started to celebrate Pioneer Heritage and the many talents that are in this small town.

September Duck Creek End of Summer Bash
6 p.m. to 9 p.m. at the Duck on In Saloon in Duck Creek Village. Come spend your Labor Day Weekend in Duck Creek enjoying live music.

September Zion Canyon Music Festival
Enjoy the beautiful fall season in Zion as the canyon is filled with music. The Zion Canyon Music Festival features music, art and an exquisite backdrop.

October Red Rocktoberfest
Art, food, live music and poetry, dancing, wagon rides, photography, games and activities for the kids, all on the main drag in Kanab. German food and activities.

October Zion Rocktoberfest
Celebrate the start of fall in Zion mixed with traditional Oktoberfest aspects. The event will feature live rock and folk music and many other activities.

Nov.-Dec. Zion Joy to the World
Enjoy a wonderland of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.

November Butch Cassidy 10K Run
This 10K/5K scenic race brings together community, and not just with running. Stay after for some Grafton fun with what is promised to be a party.

November K-town Turkey Trot 5K
Taking place in Kanab on Thanksgiving morning, bring the whole family for this early morning fun run/walk to make room for that delicious dinner later in the day!

November Plein Air Art Invitational
Be a part of a week of lectures and demonstrations from some of the finest plein air artists in the country. Enjoy painting sales, exhibits and workshops.

November Christmas Light Parade and Festival
An annual light parade on the Saturday after Thanksgiving. Gourmet s'mores school held on Main Street followed by music, caroling, hot cocoa and a wishing lantern launch.

November Zion Canyon Arts and Crafts Fair
Visit Zion for the 26th annual arts and crafts fair put on by Z-Arts. Spend the weekend touring the different vendors and craft booths.

December Windsor Castle by Night
Held at historic Pipe Springs National Monument, the Castle by Night is an opportunity to enjoy a historic recreation of an 1860's early settlement by candlelight and music.



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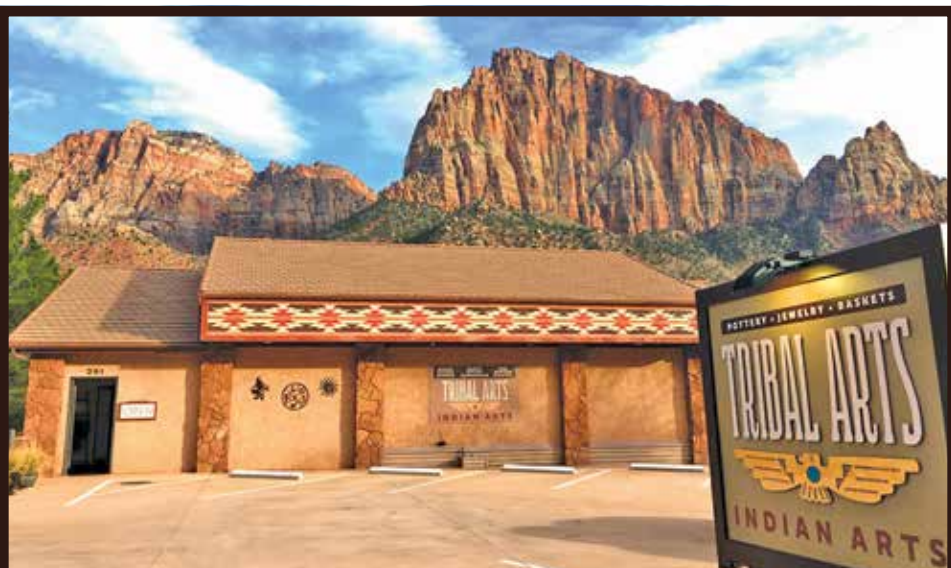
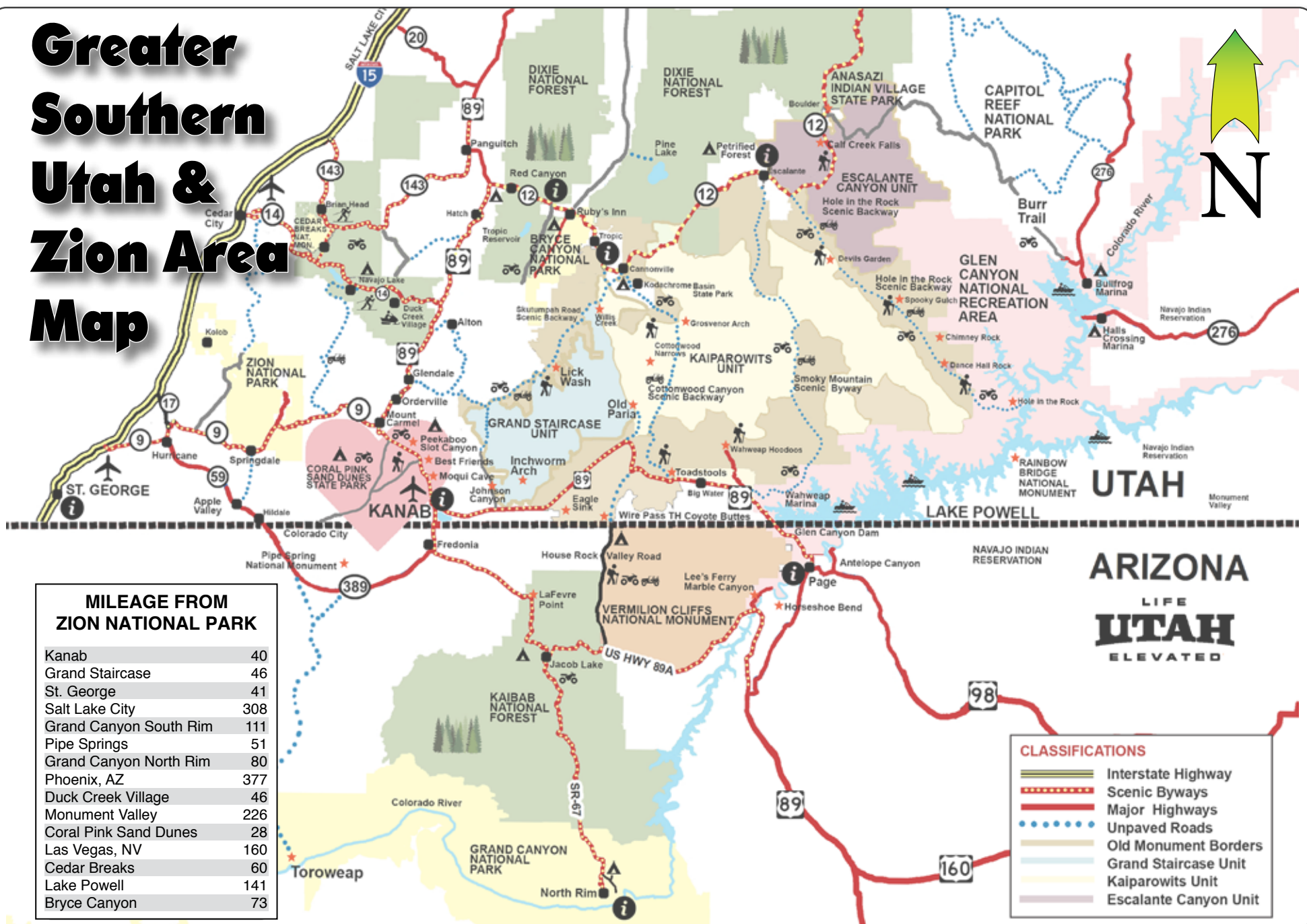
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Greater Southern Utah & Zion Area Map



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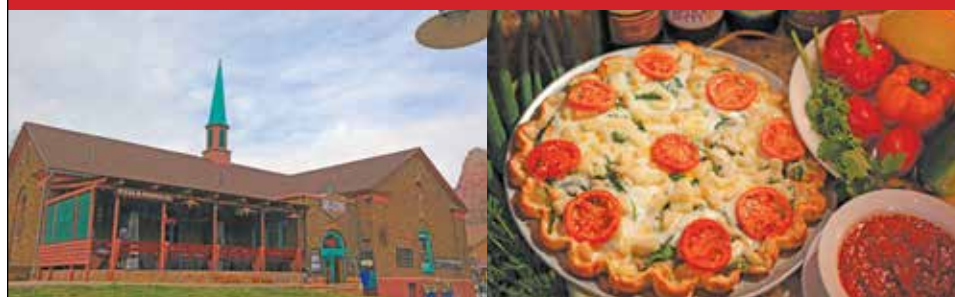
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Southern Utah State & National Parks

ANASAZI STATE PARK MUSEUM - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redbreast shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinon pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.

CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

DEAD HORSE POINT - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large,

Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

ENTERPRISE - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

GRAND CANYON - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

LAKE MEAD - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

LAKE POWELL - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

PINE VALLEY - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine

Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinon trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

QUAIL LAKE - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

SAND HOLLOW - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.

SNOW CANYON - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

ZION - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion - whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.

Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time. Lower Emerald Pools Trail is closed for trail repairs until Spring 2020.

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled hikes.

Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the

3 miles long and will take about 2 hours to finish.

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

Watch for a sign that indicates the direction to Hidden Canyon.

A well-traveled path takes trekkers between sheer sandstone walls rising up hundreds of feet, made up by some of Zion's most famous landmarks: Cable Mountain and the Great White Throne. Once beyond the end



Chinle Trail, photo by Doug Dolde

right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly

Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.



Many Pools

Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

Hidden Canyon

By Bo Beck and Tanya Milligan

Hidden Canyon features steep ascents, narrow foot paths, and switchbacks on a narrow cliffside with exposure at high elevations. Some parts have chains to use for assistance. Be cautious near slippery sandstone areas with steep dropoffs. Expect full sun in most places after the early morning. Once you are into the canyon, it is shady and surprisingly cool.

This impressive 2.2-mile roundtrip hike begins at the same busy trailhead as Weeping Rock, Observation Point, and the East Rim. Begin at the Weeping Rock Trailhead, which quickly splits to the left. The trail you want to follow bears right toward the East Rim, Observation Point, and Hidden Canyon.

of the actual trail and into the slot canyon, look for small sandstone caves and a 20-foot long arch. Be careful to only explore as far as you know is safe for you! Few should ever venture past the freestanding arch.

Sandstone pools at the end of this hike are a favorite spot of the delightful and boisterous canyon tree frogs. Look for the tiny gray creatures near the water, and listen for their loud trilling. Past the pools is the end of the Hidden Canyon Trail.

Overlook Trail

By Charlotte Emmett


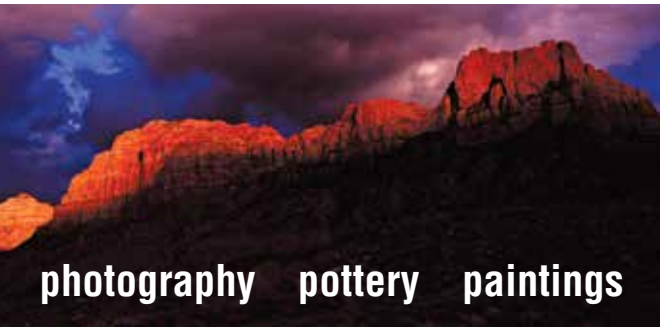
The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.



It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.

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Popular Zion Hikes

Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time. Lower Emerald Pools Trail is closed for trail repairs until Spring 2020.

Warning: These hikes are very popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more difficult hikes, try some of these popular hikes.

Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete and covers just under 5 1/2 miles. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.



Observation Point via East Rim Trail

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more moderate, try some of these mid-range hikes.

Watchman Trail

Starting at the Zion Canyon Visitor Center, this hike takes about two hours and covers just under 3 miles. The 368-foot elevation has some minor drop-offs and ends at a view point for Tower of the Virgin, lower Zion Canyon, and Springdale.

Middle Emerald Pools Trail

A two-hour hike, Middle Emerald Pools has long drop-offs. The unpaved trail to the Middle Emerald Pools has loose sand and slippery rocks. You'll cover two miles in 2 hours over the course of a 150-foot elevation gain. The hike starts at Zion Lodge.

Upper Emerald Pool Trail

Starting at Zion Lodge, this is a shorter trail covering one mile in about an hour. You will rise 200-feet in elevation, and there are minor drop-offs.

Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of Timber Creek, Kolob Terrace, and Pine Valley Mountains.

Those looking for something less strenuous should check out these easy hikes.

Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

Lower Emerald Pool Trail

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.

Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

Weeping Rock Trail

A short but steep hike, the Weeping Rock Trail offers trailside exhibits. This paved trail ends at a rock alcove with dripping springs. It rises 98 feet over just under a half mile. It can be completed in about 30 minutes.

Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessible, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.

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15 Asava Juice & Smoothies.....	176 S 100 E, Kanab	(435) 644-2637	V	9am-6pm Mon-Sun	Yes
12 Jakey Leigh's	4 E Center St, Kanab	(435) 644-8191	E, V	7am-2pm Mon-Fri, Sat & Sun 8am-Noon	Yes
20 Nedra's Too.....	310 S 100 E, Kanab.....	(435) 644-2030	W, B, V.....	8am-10pm Mon, Tues, Thurs, Fri, 7am-10pm Sat, 7am-9pm Sun.....	Yes
7 Peekaboo Restaurant.....	233 W Center St, Kanab.....	(435) 689-1959	W, B, M, E, V.....	11:30am-2:30pm & 5-9pm daily.....	Yes
6 Sego Restaurant	190 N 300 W, Kanab	(435) 644-5680	W, B, M, E, V.....	6-10pm Tues-Sat	Yes
16 Wild Thyme	198 S 100 E, Kanab.....	(435) 644-2848	W, B, M, V.....	5pm-9pm Tues-Sun.....	Yes

EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE FOR EMERGENCIES DIAL 911

Services (Listed Alphabetically)

3 Best Friends Animal Sanctuary	5001 Angel Canyon Rd, Kanab	(435) 644-2001
27 Blacksmith Adventures	2450 South Hwy 89, Kanab	(575) 313-4650
5 The Canyons Collection	190 N 300 W, Kanab	(435) 644-8660
24 Dreamland Safari Tours	Serving the greater Kanab area	(435-644-5506
11 ERA Utah Properties	7 West Center, Kanab	(435-644-2606
25 GarKane Energy	1802 S Hwy 89A, Kanab	(435) 644-5026
13 Kanab City	37 North 100 East, Kanab	(435) 644-2534
17 Kanab Massage	67 West 200 South, Kanab	(435) 644-8492
9 Kanab Realty	93 West Center, Kanab	(435) 229-6911
14 Kane County Visitors Bureau	78 S 100 E, Kanab	(435) 644-5033
9 Karen Heet	93 West Center, Kanab	(435) 644-2232
1 Maynard Dixon Museum	2200 State St, Mt Carmel	(435) 648-2652
25 Red Rock Homes	1875 South Hwy 89, Kanab	(435) 644-3225

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22 Honey's Marketplace	260 E 300 S, Kanab	(435) 644-5877
8 Kanab Drug	176 W Center, Kanab	(435) 644-3401
11 Kanab Natural Market	11 W Center, Kanab	(435) 644-5575
4 Moqui Cave	4581 US-89	(435) 644-8525
29 Pioneer Creations	55 North Main, Fredonia	(928) 643-7020
10 Terry's Photo Shop	19 W Center St, Kanab	(435) 689-0443
1 The Rock Stop	385 W State St, Orderville	(435) 648-2747
2 White Mountain Trading Post	10 W Hwy 9, Mt Carmel	(435) 648-2030
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Western Legends - August
Red Rocktoberfest Art Walk - October

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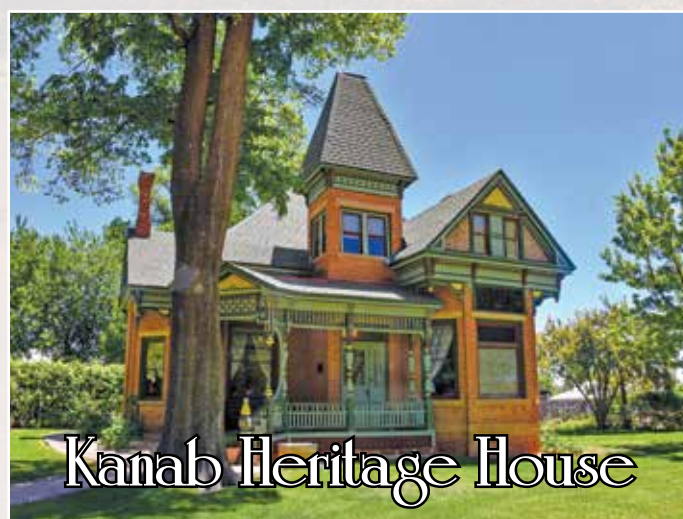
- The Splash Pad @ Hamblin Park
- Cowboy Watering Hole Pool
- Heritage Museum
- Heritage House Museum (See Below)

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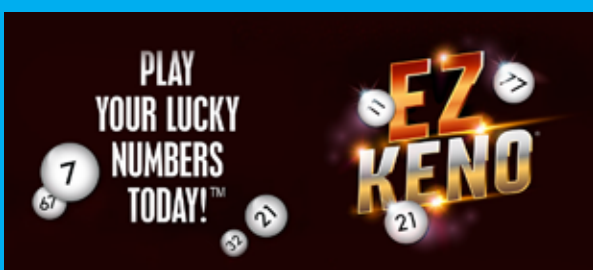
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