

MORE GREAT HAPPENINGS IN THIS ISSUE:









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APRIL 2021

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Published by The Independent, St. George, Springdale, & Kanab, UT. 435-656-1555.

Online at ZionGuide.com and SUindependent.com.

PO Box 3116, St. George, UT 84771 • © Copyright 2021 Independent Publishing Company, Inc.

Publisher: Josh Warburton • Editor: James McFadden Graphic Designer: Josh Segovia • Advertising Director: Scott Dunford Office Manager: Nikki Slade • Distribution Manager: Elliot Lockwood

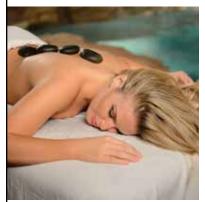


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EDITORIAL

THE FUTURES SO BRIGHT, WE GOTTA WEAR SHADES! By Josh Warburton

Welcome to Southern Utah, and welcome to this April issue of The Independent & Zion Guide.

We're pleased to present this large edition featuring the very best that southern Utah has to offer. Each month we work to put together the most extensive and complete guide highlighting the current events and entertainment in The Independent section (the first half of this edition). We marry that to the most sought-after content for visitors to the area, the Zion Guide section. This format has evolved from the numerous incarnations we've produced over our 25 years to its current format.

We're excited to include features in this issue on the

KTX Half Marathon, Washington County Fair, Beaver Dam Street Fest & Swap Meet, plays from Kayenta and Hurricane Valley Theater, DSU Celebrity Concerts, Outsider's Photo Conference, Colorado Music Festival, and much more! In addition to all that, The Independent section includes multiple opinion pieces, editorial cartoons, Colorock Canyon hike, album reviews, movie reviews, and the most extensive calendar of events we've put together in over a year!

We are starting to see a perfect storm of pent-up demand, the busy tourist season ramping up, and many groups producing their first events since the onset of Covid-19. The widespread availability of vaccines starting this month seems to be one of the primary impetus behind this trend. I will have gotten my shot the day after we send this



to print, hallelujah! I'm so looking forward to some return to normalcy, seeing and playing live music, family gatherings, hugging friends and family, and so much else. Many of us have sacrificed much this past year doing our part to slow the spread of COVID. We're not out of the woods yet, and we all need to be mindful to respect and honor the direction from our experts and state leaders to continue to work together to snuff this deadly pandemic out. The sooner we can get there, the sooner we all can enjoy these things comfortably.

Because of our advertisers' amazing support, we're able to produce this issue, which is equal in size to March's 25thanniversary edition, twice the size of our February issue!

This extra space allows us to include some awesome features we don't always run, including; an annual event calendar, safety and preparedness piece, multiple maps, and a detailed article highlighting cities and towns in southern Utah and the special qualities that make them unique!

All of that is in addition to shuttle info & map, general tips, a guide to Utah's liquor laws, a state & national parks listing & map, plus our exclusive hiking features highlighting both the most-popular area hikes and our recommended less-travel hikes.

Promoting the best of southern Utah is not just what we do; it's who we are. So thank you for reading, and we hope you enjoy your visit to southern Utah.



Washington County Legacy Park: 5500 West 700 South Hurricane, UT 84737

THE **HEART OF A COMMUNITY BEAVER DAM STATION AND BAR**

Driving by the Beaver Dam Station and Bar, you might not think to stop if you don't live in Beaver Dam, Arizona, but you'll be missing a lot if you don't!



Here you will find the center of the Beaver Dam Community, the heart. Beaver Dam Station and Bar has been operating in Beaver Dam, Arizona, for over 40 years. It serves as the local grocery store and Beaver Dam Bar next door, as a local gathering place where lifetime friendships are formed. Owned and operated by Bill Evans since 1979, its doors are open to all. Bill has held annual dinners for Thanksgiving and Christmas at no cost to patrons. These are in addition to the many barbeques and potluck dinners (Bill provides the main dishes) held for birthdays, Halloween, other holidays such as Memorial Day and Fourth of July, and for celebrations of life when friends and loved ones have passed.

Are you looking for fun? You will find it at the monthly lawnmower races (the first Saturday of each month starting at 10 AM Arizona time, and joining in for karaoke



four nights a week, Wednesday through Saturday, beginning at 5 PM at the Beaver Dam Bar.

Another annual event that folks from St. George to Mesquite and beyond have anticipated and enjoyed for 14 years (except for 2020 due to COVID) is the Beaver Dam Jam. A 3-day musical festival features local and regional bands, on multiple stages, coming from as far away as Oklahoma and California to Nevada and Utah, showcasing all different genres (country, rock-n-roll, reggae, folk).

For 2021, the Beaver Dam Jam will be slightly different. The Beaver Dam Jam Street Festival will be held Friday, Saturday, and Sunday, May 7, 8, and 9, 2021. In addition to the bands' festival, there will be artisans and other vendors displaying and selling their unique wares. Food, drinks, and other goodies will be available, including the Best Beaver Burger Ever! (no, it is hamburger) at the Red Wagon Eats, the newest addition at the Beaver Dam Station and Bar. The music festival starts at 2 PM on Friday and at noon Saturday and Sunday. Vendors will be setting up and selling as early as 10 AM on all three days. Vendor spaces are \$10/day or \$25 for all three days.

Also, this year, as a prelude to the Beaver Dam Jam Street Festival and to help everyone shake off the COVID cobwebs, we're introducing the Beaver Dam Swap Meet on Saturday and Sunday, April 10th and 11th, 2021. The Swap Meet starts at 10 AM on Saturday and Sunday with live music, food, and drink. All vendors are welcome, and there are no upfront costs. Vendor spaces are only \$10/day beginning the Saturday of the SWAP Meet.

Vendors can call 928-347-5492 to secure a spot today for either the Swap Meet in April or for the Beaver Dam Jam Street

We'll see ya in Beaver Dam!

THE CENTER FOR THE ARTS AT KAYENTA HAS A SERIOUS LINEUP JUST FOR YOU!

A Play You Are Afraid to See, St. George's First Jazz Club, Choir, and the 3 Redneck Tenors; Just To Name A Few!

Finishing its run at Center For the Arts at Kayenta (CFAK) is Who's Afraid of Virginia Woolf (March 31-April 3), which will be the first professional regional theater production in this area of this most acclaimed 1962 play by Edward Albee. It stars Jan Broberg, Dean Jones, Christopher Whiteside, and Sceri Sioux Ivers. This Pulitzer Prize winning play touches on mature themes such as mental illness, alcoholism, marriage rela-

tionships, and the deep wounds that unmet expectations and desires create There is profanity, smoking (non-toxic herbal cigarettes are used), alcohol, sensuality, and difficult subject matters in the text. Clarence Gilyard (Matlock, Walker Texas Ranger, Die

Hard, UNLV Professor of film and Theater) directed this all-star cast. Those with a hunger for deep theatrical diversity will find this mature play a feast for the artistic soul. Based on characters from author Edward Albee's own life (his parents and others), he writes from his experience as a neglected adopted child where alcoholism, abuse, and fear were a daily part of his growing up experience. The play is sponsored generously by the distinguished team at Desert Concepts: home design, build, & remodel.

Following up on the hit, March 13-14 series A Night at the Beluga: St. George's First Jazz Club, the Lorraine Boccardo Theater at CFAK will once again be transformed into prohibition-era speakeasy The Beluga, complete with professional jazz musicians to accompany your drinks and food (sold separately) for that "New York, New York" kind of evening (April 8-10, 7:30 PM). VIP tickets get you and your group elevated above the crowd on luxury seating and access to wait-staff. Regular ground floor tables seat 2-6, and VIP sections can fit four people, so buying two VIP tickets

secures a secluded platform for up to eight VIP guests. This event is generously sponsored by Sterling Capital Investment Fund and The Mayaway.

At 2 PM on April 10th, the St. George Chamber singers will perform gorgeous, selected works on the outdoor Walton Commons at the Center, enhanced for patrons by the same surround-sound setup featured last Fall at the Kurt Bestor and Cello Society concerts. Founded in 2015, the St. George Chamber Singers is comprised of thirty-two choral artists commit-

> ted to excellence in the performance of vocal chamber music. Singing with increasing levels of tonal richness, expressive intensity, and compelling collective artistry, the SGCS is setting new standards of choral virtuosity and musicianship in the Desert Southwest. The Chamber Singers

were invited to perform at the state American Choral Director's Convention, Utah Sings! on October 23rd, 2020.

The 3 Redneck Tenors will also debut their new show "Country, Gospel, Broadway, and COVID from a Hillbillies' Point of View" in April at Kayenta. What on Earth is a redneck tenor? Someone once described them like this: If Larry the Cable Guy, Il Divo, and Mrs. Doubtfire had triplets together, they would likely be the 3 Redneck Tenors. Set to hit the stage the fourth Friday through Sunday in April, they will bring an array of songs from all categories; gospel, country, Broadway, pop, and even classical. This "weirdly awesome blend of crooning, country and comedy" wowed judges on 2015's "America's Got Talent," where they were finalists with their act "Opera in Blue Jeans & Tuxedos.'

All event details and tickets can be found on KayentaArts.com. So come, be a part of the art at the Center for the Arts at

Find more at SUindependent.com

THE WASHINGTON COUNTY FAIR MOVES TO APRIL AND **PARKING IS FREE!**

some great news about some exciting changes to this years Fair out at the Washington County Fairgrounds; also known as Legacy



This year's fair will be one for the record books and they have an amazing list of attractions and things to see and do that will certainly keep you coming back day after day, because you won't want to miss a thing.

So, if you missed the full-page presentation, just look again on the back of this page!

Although the fair officially runs from the 14th to the 17th for the general public, activities actually start as early as Thursday, April 8th (just a few short days away) when vou can vote online in the annual Baby Contest. With the Community Display Set-Up commencing at 8 AM that same day in the Harmony Building.

For those of you who might be interested in participating in one of the many contests which include - Home Arts, 4-H Exhibits, Fine Arts, or the Literary Arts, you will want to get registered right away as all items must



We are excited to report and bring you be pre-registered online before midnight on Monday, April the 5th. Officials will then start accepting those entries on Friday, April 9th and 10th with judging on Monday, April

If you're into Parades like our family is, you won't want to miss that on Tuesday, April 13th. It starts at the Washington City Community Center at 6 PM and then the next day, (Wednesday the 14th), there will be a Fair Kick Off Celebration at 7 PM at the Veterans Park. And, with that, the fun has just barely begun!!

So, at the risk of taking up this entire



article with event, after attraction, after contest, after show, after this thing and that thing -- all of which you're not going to want to miss; visit the fair's website at www.washcofair.net for a complete listing of events, concerts, contests, and attractions so you can start planning your multi-day experience today! Once there, you will find everything broken down into what's happening each day, fair hours, carnival hours, and you can even download and pre-print a map of the Fairgrounds so you can plan out your route as you walk through all of the amazing things that you're about to experience!

Don't dilly dally, it's going to be here before you know it and it's going to be over before you realize and if you miss it, you'll be kicking yourself in the pants all year long, and so will your kids!!!

That website is www.washcofair.net We can't wait to see you at the fair!

TGIFF - THANK GOODNESS IT'S FREAKY FRIDAY!

By Beatrice Stockwell

Freaky Friday is a hit musical most notably from the Walt Disney Films and based on the novel by Mary Rodgers in 1972. If you are "mature" enough to remember... the first Disney film of the same title was released in 1976 with Jodie Foster and Barbara Harris and updated in 2003 with Jamie Lee Curtis and Lindsay Lohan.

The musical opens with Ellie Blake (played by Josie Brett & Kaitlin Syrett) singing about what she believes is the worst day

of her life. Her mother, Katherine (played by Jill Bearden & Nicole Kimzey) is a wedding planner who is getting married herself the following day. Katherine is simultaneously planning her own wedding, reigning in rebellious teenager Ellie, soothing young son Fletcher (played by Jack Bearden & Mack Lawrence) and reassuring soon to be husband, Mike (played by David Ramero).

Ellie's friends Gretchen and Hannah (Whitney Morgan & Ciara Baird) want her to

join them in The Hunt, an all-night scavenger hunt attended by all the coolest kids at school. Katherine forbids Ellie to join The Hunt which leads to a confrontation. The confrontation includes a magical hourglass which breaks causing mother and daughter to magically switch bodies.

Ellie and Katherine have only one day until the wedding to sort out their friends, family members, finances, and feelings – for each other and those close to them. Deciding to play it safe, the two decide to pretend to be each other until the solution can be found. Both are sure that the others life is easier and confident that she will do a better

job. By spending a day in each other's shoes (literally) mother and daughter experience the chaos and compassion in each other's

In true Disney fashion all ends well and is flavored with goofy cops, a wild chase, love, compassion, forgiveness, and a bit of

Freaky Friday features a book by Bridget Carpenter whose credits include co-executive producer and writer on "Friday Night Lights" and "Parenthood". Music and

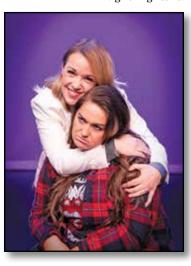
> lyrics are by Tom Kitt and Brian Yorkey, the Pulitzer Prize-winning composers of Next to Normal and If/Then. The Hurricane Valley Theatrical Company's production is directed by Kyle Myrick and the cast includes: Jill & Jack Bearden, Nicole Kimzey, Josie Brett, Kaitlin Syrett, David Ramero, Mason Stevens, Kelby Tyrell, Whitney Morgan, Mack Lawrency, Ciara Baird, Ashlie Davenport, Cajun Syrett, Jack Pearson, McKenzie Morgan, Nathan Merrill,

Stacia Mizukawa, and Brooke Mizukawa.

Freaky Friday is appropriate for all ages and plays Fridays, Saturdays, and Mondays at 7:00pm and Saturday Matinees at 2:00pm from April 9 - May 1. Tickets are \$15 for adults and \$5 for children for evening shows. Matinees are \$5 and a special \$10 Preview night will be presented on April 8. Purchase tickets at www.HurricaneTheatrical.com or call 435-668-9753.

For information about Freaky Friday, or to donate or volunteer, please call 435-668-

Socially distanced seating will be provided, and masks are encouraged.



COLORADO CITY MUSIC FESTIVAL RETURNS!

Music will once again echo through the glorious sandstone cliffs of Maxwell Canyon. In a world where live music has become a rare experience, it's surprising that Hilldale Utah, a town more known for its polygamist past than it's parties, is now home to one of the last music festivals to fight on despite COVID.



April 24th will be the date for the 5th annual Colorado City Music Festival, Past years have featured rock bands like Royal Bliss, Honky Tonk Heroes, and The Rhyolite Sound

Known for showcasing the best in regional talent, this year's headliner is Chris Petersen, a Cedar City cowboy country singer who enjoyed success on the recent season of America's Got Talent.

Chris Petersen's authentic cowboy blend of country music has given a voice to



fans who have felt left behind in the age of pop country. With a sound reminiscent to country songs of the 90's, Chris has drawn influence from artists like Chris Ledoux, George Strait, and Merle Haggard. With hard hitting vocals that cut above the driving beat of the band, Chris Petersen's performances stand out to create a fun, foot stomping experience.

Last year's headliners The Rhyolite Sound enjoyed the event so much that they will be returning with a few hand-picked country singers to entertain on the Sonic Rodeo Stage. This will allow for continuous live music all day long.

Bohemian Brewery will be operating a beer garden which will be placed closer to the stage than in previous years. The festival always features local talent from the Short Creek community.

This year's local will be last year's fan favorite - Thee Rozee.

Mason Cottam, from Gradient will be providing a professional listening experience with the same stage and sound system used at Brianhead.

The festival prides itself on being family friendly and affordable. Adult tickets are only \$20 and are for sale now online. With cell service in the canyon being nearly nonexistent, please be prepared to carry cash for your purchases.

For complete lineup and ticket information you can visit www.coloradocitymusicfestival.com

WE'RE BACK! THE CELEBRITY **CONCERT SERIES RETURNS** THIS FALL!

We have been anxiously waiting for a LONG time. We have been through countless ticket sales, ticket exchanges for socially distanced seating, cancellations, refunds, shutdowns, lockdowns, wipe downs and a few meltdowns. We made plans, revised, thought outside of the box, revised again, and thrown our plans completely out the window. We scheduled, rescheduled, and cancelled events but now... it is finally time to get back to what we do best, presenting to you the amazing entertainment of the Celebrity Concert Series 2021-22 Season!



The beauty of art, music, and laughter have connected us virtually for the last year, but it will be even better as we experience these seasons offerings live - and together! As always, the Utah Symphony is kicking off our season on September 30th. We are pleased to say that many of the cancelled performances from last season will finally join our stage! Wartime Radio Revue, BYU Ballroom and William Joseph with the Dixie State Symphony Orchestra are just a few. What else can you expect to see at the Celebrity Concert Series this year? Check it out some of the line-up.

The Golden Dragon Acrobats are sure to thrill and excite with gravity defying, family friendly entertainment. This world touring group has been educating audiences on the art of traditional Chinese acrobatics for over 30 years. The Drifters are back with their iconic soul sound and polished performance style, serenading the audience with classics "Up On The Roof" and "Under The Boardwalk".

Back for another holiday concert is the whimsical Musical Ireland, presenting the NEW Irish Christmas In America. Complete with Irish step dancing and lively instrumental tunes on fiddle, flute, and harp. Live from Laurel Canyon: Songs and Stories of American Folk Rock is a captivating review of iconic folk groups flourishing in the 60's and 70's. Expect anything from

the Byrds to the Eagles in this satisfying look back on a time that shaped American music.

Sure to be a crowd pleaser, The Sharpe Family Singers is a night not to be missed.

1084 E Country Club Dr

Kanab, UT 84741



Falling in love on the performance stage and getting married, the Sharpe's share their memories and hit Broadway favorites. Each member gives a powerhouse performance and will leave you wanting more. There truly is something for everyone this season at Celebrity Concert Series.

As every year, our Platinum Season Package holders will be able to renew on May 3rd. New Platinum Season Packages, along with our Gold and Silver ticket packages are available on May 24th. This year are going back to basics with packages for DSU Faculty and Staff as well as our YOUTH package pricing at up to a 60% discount. Becoming a season ticket member has its perks! Ticket Package holders are eligible for FREE tickets to the Dixie State Symphony Orchestra regular season concerts AND entitled to additional discounts to other shows. For the most up to date information visit celebrityconcertseries.com or contact the DSU Box Office at 435-652-7800. We have missed you all and cannot wait to see you in our audience this fall!

Ginger Nelson - Director of Arts Programming

Karin Edwards - Arts Programming Coordinator



72.58 Acres West of Kanab Creek Ranchos Kanab, UT 84741 \$675,000

CONNECT, CAPTURE, AND CONSERVE WITH OUTSIDERS **PHOTOGRAPHY!**

announce their annual photography conference, April 16-18, 2021 in beautiful Kanab, UT. The conference is geared towards landscape, wildlife, and nature photographers of all backgrounds and abilities. You will enjoy

Outsiders Photography is pleased to Canon, Tamron, GoPro, Olympus, Fuji, and many more! You'll get the latest on new gear and photo techniques! Even better, you'll be eligible for over \$15,000 in giveaways, including a Sony A7r3 with 24-70mm f/2.8



three jam-packed days of instruction from top-notch photographers and industry pros!

The keynote event will be held Friday evening with decorated photographer Art Wolfe. Over the course of his 40+ year career, Art has traveled extensively on every continent to capture his award-winning images. He is the author of over 100 books and has been featured on many documentaries and television series. His vision of bringing awareness to conservation through his art is the perfect complement to the mission of the Outsiders. The keynote event will be catered by Chef Shon of Sego Restaurant.

Many other top photographers will be speaking at the event, including the International Landscape Photographer of the Year Adam Gibbs! There will be 14 other prominent speakers at the event including Utah-based photographers Dustin LeFevre, Phil Monson, Ryan Smith, and David Swindler. The speakers will engage in a series of lectures, small-group breakout sessions, panel discussions, and photo editing classes. This event will take your photography education to the next level!

In addition to the speakers, there will be a whole host of industry sponsors at the event, including Sony, B&H Photo Video, The mission of the Outsiders is 3-fold:

- · Connect with a diverse group of photographers, industry leading pros, instructors and resources all aimed at advancing our shared passion for photography.
- Capture stunning shots in the exquisite desert Southwest and learn how to elevate your craft to the next level. There will be many opportunities to shoot, both during and after the confer-
- Conserve the natural environment by raising awareness through our art. Help preserve the places we love to photograph with a strong focus on stewardship.

Both in-person and virtual tickets are available for the event on April 16-18 in the Kanab Convention Center. "We are excited to welcome so many photographers to Kanab this month and experience those 'a-ha' moments, when we get sudden insight, comprehension, or inspiration that help to improve our photography.?

Join them in April to Connect, Capture, and Conserve!

Register now at https://outsidersphoto.

\$74,900

20 Acres in **Cougar Canyon Estates** Other, UT 84762 N. Kane County \$90,000







THE CITY OF ST. GEORGE PRESENTS... CONCERT IN THE PARK 2021 SERIES

First Concert of the Season! Soul What!? Classic RnB & Funk April 12th-7:30 pm Vernon Worthen Park - 300 South 400 East, St. George



Drawing from years of collective international experience, and a shared passion for adventure in all pursuits, these four musicians create a colorful landscape of funk rhythms, soulful harmonies, and masterful guitar leads. Mike Moulton (guitar), Alice Ericksen (vocals), Elaine Stoddard (bass), and Chris Flaigg (drums) find Southern Utah to be the perfect backdrop for their new musical adventure, "Soul What!?" All are transplants from outside the area, who met at a local blues jam.

Quickly agreeing on a direction that felt very natural to each player, the band



has cultivated a set list that pays homage to R'n'B greats, including Aretha Franklin, James Brown, Al Green, and Stevie Wonder. Also sprouting up on the program are songs by newer soul artists like Joss Stone, Duffy, and Adele. Each member of "Soul What!?" is a recognized and accomplished performer and witnessing the combination on stage makes for a memorable experience. Get your groove on with the funky sounds of "Soul What!?"

Sponsored by the City of St. George with funding from the City of St. George RAP Tax, the Utah Division of Arts and Museums and the National Endowment for the Arts. Concert in the Park 2021 Series is free to the public. Don't miss the second Monday of each month April through September. Park seating is available, bring blankets, lawn chairs, food, and the family. For more information call 627-4580. Don't Miss – Admission is Free



THE ART'S ARE ALIVE IN SOUTHERN UTAH

By James McFadden



When you were young, did you imagine yourself on the big screen like I did? Did you want to be the star of your own movie or show?

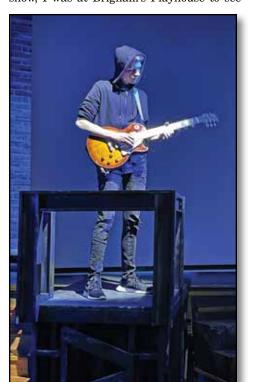
The mind of a child is so full of excitement and wonder and for many,

the dreams are big. I imagined myself the star of some amazing show where the man get's the woman but dies tragically and all around him are broken hearted and filled with tears. But alas, I grew older, and some would say stupider, and the young child became a punk kid who thought he was cool and just wanted to be a rock and roll star. I was even in a real live band as I became a young man and we cut our first CD by the time I was in my early 30's and like most bands, we went nowhere.

I had forgotten the young boy who dreamed of being a star, I became a young adult, fell in love, started having children and the mystery and awe faded away, hidden behind responsibilities and the quest for professional success.

That is until one day, thirteen years ago, I found myself living in southern Utah. Fast forward, several years later, and I started going to see shows and plays at the many theaters here in our area.

I think it was after my 10th or 11th show, I was at Brigham's Playhouse to see



South Pacific and I had no idea, one of my friends was in the show. She did such an amazing job, and it was her first time on stage. I was inspired and intrigued and thought to myself... gee, wouldn't that be fun?! And then, a couple of months later and I saw another, much younger young lady of 12 years old, the daughter of a family friend, perform as Dorothy in The Wizard of Oz and something in me called me to that stage.

One month later I was auditioning for the play "Wait Until Dark" and I somehow landed the role of Carlino. I made some amazing new friends and much to my surprise, and that of my families as well, I actually did a pretty damn good job up there and I was hooked. Less than a month after that play concluded, me and my daughter performed in "Yes Virginia, There Is A Santa Clause" together and now, pretty soon here, I'll be performing in an original play written by a local artist and resident of southern Utah. But more on that later!

Now, I don't mean to be braggy, that's not what this is about, I'm just sharing this narrative with you as a foundation to the more overriding desire I now have to not only expand my own horizons but to share with you just how many opportunities there are here in southern Utah for anyone who has ever dreamed of doing anything in the arts. Whether it is the performing arts, or the act of putting a brush to canvas, a chisel to stone, or maybe hands to clay. Southern Utah is not devoid of amazing talent and opportunities to express those talents for the fulfillment of self and the enjoyment of others.

Over the next few weeks and months, that's exactly what I hope to accomplish, as we delve into the many groups, organizations, venue's, and companies that are here in southern Utah, ready to help you find your inner artist.

So, buckle up, strap yourself in and follow us here at The Independent as we step things up a notch or two to bring you all of the events and opportunities waiting just around the corner to lift and enrich you and your life here in southern Utah.

We hope you enjoy our April Issue!

Find more events everyday at SUindependent.com





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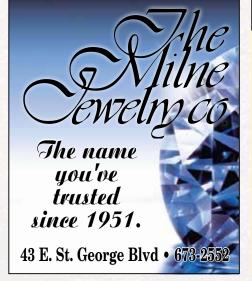
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PORTALS AND PATHWAYS

By The Southern Utah Art Guild

The Southern Utah Art Guild (SUAG) would like to invite you to its upcoming "Portals and Pathways" art show featuring over 60 local artists.

The show will run from May 7 through June 3, Monday through Saturday, from 10 AM - 5 PM at the Red Cliff Gallery, 220 N. 200 E. in St. George.

The City of St. George and SUAG supports our talented, local artists and hope you will too by joining us at our awards reception held Friday, May 7, from 6-8 PM. We will offer live music and refreshments. We look forward to seeing you at the Red Cliff Gallery.

If you would like to showcase your artwork this is a good avenue to begin as we support a variety of media and artistic talent ranging from beginning to professional.

At the Southern Utah Art Guild show you not only have the opportunity to sell your artwork but you have chances to win cash awards at each show. We offer cash awards for each category media - 1st, 2nd, & 3rd Place, with Honorable Mentions, Best of Show and People's Choice Award. This is a great way to display your artwork, sell your artwork and to socialize with others.

Interested in Joining the Southern Utah Art Guild? – The \$35 yearly membership includes allowing you to showcase, win awards and sell your artwork at the Red Cliff Gallery's approximately 5 art shows per year. Visit www.southernutahartguild.com for the art show schedule, opportunity to apply to the Arrowhead Gallery, attend free monthly educational classes, and receive discount to our artist workshops. If you have an interest in joining or have questions, please contact us at RedCliffGallery2019@yahoo.com

ARROWHEADS FEATURED ARTIST FOR JANUARY

Ken Church is a full-time professional artist from York, England, who now lives in Toquerville, Utah.

He paints in an open impressionist style, characterized by dark outlines, bold brush strokes, and expressive lines. Though his painting style is quite consistent, his subject matter spans a broader spectrum, including landscapes, animals, portraits and large canvas abstract impressions on a musical theme.

After graduating from the York School of Art in England, Church received a scholarship to study fine art and painting at Brigham Young University, and moved to the U.S. His postgraduate studies continued in drawing and illustration at The Art Center College in California and at the Advertising Center in Los Angeles.

Church spent 40 years working for major advertising agencies in the Los Angeles area. As an award winning creative director he created and directed major advertising campaigns including TV commercials and brand realignment initiatives.

In 2017 Church concluded his advertising career, and moved to the hills of Toquerville, Utah, where he began painting full-time. His work began to sell immediately, including several large, commissioned paintings.

No date has been set for Ken's Open House. Visit www.arrowheadgallery-etc. com for more information.

Arrowhead Gallery ETC 68 E. Tabernacle St., St. George, UT 435-628-9592, Tues-Sat 11am-8pm



www.southernutahartguild.com Southern

KTX TRAIL HALF MARATHON

If you love hiking, trail running, and enjoy getting out in the great outdoors with others then the KTX HALF trail race may be a perfect fit. The race will be held in Kanab on Saturday, April $24^{\rm th}$. You can get more information and register for \$40 by going to www.ktxraces.com.

The KTX HALF is a 14-mile trail race that begins a few miles east of Kanab at the Mansard Trailhead. Following a scenic climb up the beautiful red cliffs, the Mansard Trail connects to the Hog Canyon OHV trail system where runners will get a taste of Kanab's colorful landscapes as they enjoy remote backcountry trails. The Hog Canyon OHV trail then connects to the Squaw Trail providing stunning views of Kanab as participants descend into town. The race finishes at Jacob Hamblin Park.

There will be a cutoff finish time of seven hours for the event. Participants do not have to run the course but will need to cover a minimum of two miles per hour. The course is a rewarding challenge for the novice or expert trail runner. The

race organizers would love for all who are interested in trying this trail race to come out and participate by registering at www. ktxraces.com

Whether KTX rings a bell, or if this is your first-time hearing about it, here's a brief history and purpose of the event. In 2012, Matt Brown was trying to help gain local support for the Grand-to-Grand Ultra (G2G) stage race. He also wanted to help create a trail running culture/tradition in Kanab. Matt coined the phrase, "Moab is for biking, Kanab is for hiking." Being involved with Kane County's economic development efforts, he hoped Kanab and the County would become the top spot in Southern Utah for hiking and trail running.

This desire inspired Matt to create a 5K and 10K trail race that he named the KTX. Almost 100 people ran the two races the first year. The KTX event was repeated in 2013 with the addition of the KTX Xtreme, a half marathon course beginning at the Mansard Trailhead and concluding at Jacob Hamblin Park. Seven people tested the new trail race and loved



it for the terrain, variety of trails and beautiful panoramic views. This is what is now referred to as the "KTX HALF".

Matt planned to continue the KTX races, but a busy schedule and other responsibilities forced him to cancel in 2014. Emily and Jake Koelliker, Matt's daughter and son-in-law, moved to Kanab in 2016. Jake had completed several road and trail races, so occasionally Matt would suggest Jake and Emily revive the KTX races. With Matt's help, they finally decided to take the plunge and are bringing KTX Races back to life.

Jake and Emily moved to Kanab from Gilbert, AZ. Though there was a lot to love about Arizona they longed to live in Kanab where the great outdoors is accessible as soon as you open your front door. They love the wonderful trails available in Kanab. Many people stay in Kanab to visit surrounding attractions, but often miss the trails and recreational opportunities available right under their nose in Kanab. What's worse, some live in Kanab for years before they ever experience Kanab's best trails. The purpose of KTX Races is to increase awareness of the Kanab trails available for both locals and visitors. Emily and Jake would like to encourage people to "Adventure Together." They believe enjoying the outdoors with others fosters connection and fulfillment that creates memories that last.

The Koelliker's are planning to revive the 5K and 10K in the coming year. You can follow KTX Races on Instagram (@ktxraces) or Facebook (KTX Races) to stay up to date on future events or visit their website at www.ktxraces.com



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OPINION

INDENTURED SERVITUDE ALIVE AND WELL

By Howard Sierer

Indentured servitude is a form of labor in which a person agrees to work without salary for a specific number of years for eventual compensation. In spite of the United Nations' Universal Declaration of Human Rights and our Constitution's 13th Amendment, it's still practiced widely and openly in this country, forcing a select set of our citizens to labor for the monetary benefit of others.



I'm referring of course to college athletes held under the thumb of the National Collegiate Athletic Association.

To implement its amateur ideals, the NCAA has a variety of rules and regulations that limit athlete financial aid to the "full cost of attendance" plus a few minor ups and extras. It argues that college sports are "an unusual product" and should not be subject to federal antitrust laws since the athletes' amateur status is part of the appeal to consumers.

Meanwhile, the NCAA negotiates highly lucrative contracts with television networks for broadcasting football and basketball games, including this weekend's men's and women's college basketball championships. Football and men's basketball alone will generate about \$1.5 billion for member schools in 2021. Add to that corporate sponsorships for the "NCAA's official thisor-that" and the NCAA as a business proposition is doing quite well with its indentured employees.

Where does the money go? A significant amount goes for financial support to men's and women's sports that don't cover their cost of operations: swimming, track, soccer, field hockey, etc. More flows into world-class stadiums, training rooms, and the like.

Elite college coaches are paid \$9 million salaries, and earn millions more from national and local advertising and public appearance fees. Compare that to what amounts to room and board for their athletes

Unsurprisingly, some athletes and their attorneys have been taking the NCAA to court. If you'll pardon the sports analogy, they've applied a full-court press in the last year or two.

As a result, lower courts have allowed college athletes additional benefits such as laptop computers, musical instruments, study-abroad programs, internships, and paid-for graduate school. But those decisions didn't address the NCAA's limits on compensation unrelated to education.

The Biden Justice Department, following the Trump administration's lead before it, has warned the NCAA of possible antitrust litigation related to athlete compensation.

Sensing a popular cause, Congress and

various state legislatures have taken the baton (sorry, another sports analogy) and introduced legislation to expand athletes' rights to compensation. First, out of the starting blocks (another sports analogy), California passed a law in 2019 allowing its college athletes to be compensated when their name, image, or likeness is used commercially. It doesn't take effect until January 2023 allowing the NCAA time to comply or challenge. Some 30 states are considering similar legislation.

Interestingly, free-market Republicans, including our own Sen. Romney, have expressed support for federal legislation as have liberal Democrats who see it as a civil rights or labor issue. Romney wants universities to compensate athletes directly.

While I often champion states rights, in this case a federal law would prevent a hodgepodge of state laws where different schools in the same conference would be constrained by differences enacted by their respective legislatures.

Since men's football and basketball are the only sports that generate income far beyond their costs, will female athletes be left out in the cold? I've argued in favor of higher compensation for the U.S. women's Olympic soccer team so I'm happy to report that market forces will probably ensure those female college athletes will be compensated as well.

For example, Lilly King won two gold medals at the 2016 Rio Olympic Games after her freshman year at Indiana University. She says, "I lost a lot of money due to the fact that I basically...decided to stay [in college] and get my education and also swim for my college team." She turned down "at least \$100,000" in bonus money.

Labor economist Andy Schwarz claims, "People are under-marketing the star performing ability of female athletes, ignoring the fact that there will be star female athletes who will make decent money, and their value is highest while still in college."

Granting college athletes a chance to make money selling their name, image and likeness will open the floodgates, especially for big-name players on the national stage. But even local heroes might earn some spending money appearing in local business ads or attending an alumna daughter's birthday party.

I'm all in for paying college athletes directly, whatever the market will bear. Instead of millions flowing to coaches and glitzy training facilities, today's indentured servants would reap the benefit of their labors. Those suffering a career-ending college injury would have at least some rewards.

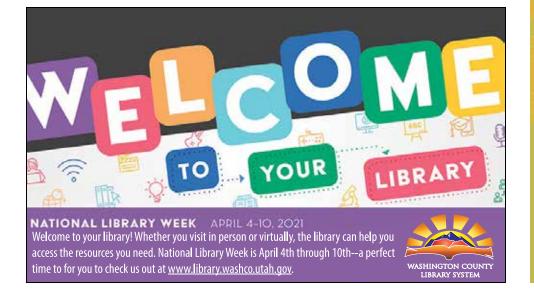
To make this work, I envision college professional athletic conferences either as an adjunct to or outside the NCAA. Schools that wanted to compete in what would amount to professional minor leagues in football and basketball would form new conferences across the country and like today's professional leagues, would enter into some television revenue sharing arrangement.

The rest of college athletics would return to the scholar-athlete model upon which today's college athletics were built.

College English majors can write and sell books. Science and engineering students can patent inventions and get paid for summer jobs with future employers. All students other than athletes can tutor or otherwise apply the skills they are learning to "work their way" through college.

It's time to free the indentured servants of college athletics.

Find more opinions everyday at SUindependent.com



WILL PLASTIC BECOME THE BANE OF OUR EXISTENCE? By Lisa Rutherford

For some time, I've been concerned about the proliferation of plastics. As an oil/ gas company retiree, it's particularly troubling that the product I worked to produce in hopes of making America energy independent has instead created many problems for us. My concern was increased by the knowledge I gained during the recent University of Utah Law School Stegner Center's 2021 symposium: "The Plastics Paradox: Societal Boon or Environmental Bane?"

In 1950 when I was a very young child, the world was virtually plastic-free. We now have 10.1 billion metric tons of plastic. In 2019 alone, 465 metric tons were produced, and half of that 10.1 billion metric tons was produced since 2006. How much is that? It equals the weight of 1,500,000,000 elephants. It's enough to cover an area the size of Argentina ankle deep in plastic. If we stay on this trajectory, by 2050, we will have produced enough to cover the USA ankle-deep.

Seventy-four percent of that is discarded. Even recycled plastic requires virgin material for the process. Every unit of material made will eventually become waste of some type, even those with a long service lifetime. Very little, given our current system, will be recycled. While Europe's EU 30, Sweden, and Switzerland recycle 31%, 42%, and 24% of their plastic respectively as of 2016, ours is a paltry 9%. 50-60% of our waste used to go to China until they changed their regulations which now require "minimally contaminated" material.

Plastic basically never dies. It just breaks down into particulates that are not visible and enters our food system. Plastic contains additives, most of which are toxic. And plastic almost exclusively is made from fossil fuels which result in emissions.

What can we do at this point? Use less! I know that's a challenge. Our manufacturers have decided to use plastic on nearly everything. Of course, they have chosen plastic because it is lightweight—saves on shipping costs-protects food, and more, but at what cost to us ultimately? Manufacturers should be encouraged to use other materials. Consumers vote with their dollars. If we stop buying so much plastic, businesses will pay attention. We are massive consumers, and with that consumption comes responsibility to ourselves, our children, and this planet. Don't get me wrong! This is more than just an individual issue. Manufacturers must have regulations, too.

After plastic use began in the 1950s, waste concerns began to grow. Still, plastic manufacturers got on top of that by creating ads such as the famous weeping Native American ad that put the blame on individuals for littering. At the same time, they

continued plastic production with abandon. Manufacturers such as Coca-Cola, Nestle, and others pushed the recycling idea, knowing it would feed their bottom line while not really helping with the larger issue. Nestle asserted their water bottles would become bottles again. Nothing could be further from the truth when a mere 2% of recycling is closed loop. Coca-Cola and other manufacturers have been making and breaking promises for years. The only things really recycled are those promises. But Americans want to believe it because we want the product rather than a truly better future for ourselves or others around the world where much of our waste goes harming those who have less than we wealthy Americans do.

Plastic has some suitable applications, such as medicine. Still, we must wean ourselves from single-use plastics (plastic water bottles, eating utensils, straws, plastic food containers, take-out containers, for example), plastic garbage bags, and more. Keep in mind that the plastic with toxins in which we store food actually leaches into the food.

Should we continue recycling because most plastic cannot be recycled either for material or economic reasons? Yes, we should, but do it right and encourage local and state officials to start looking seriously at plastic regulations and laws that make polluters pay for the products they are creating and using. They are using plastic because it saves them shipping and other costs. But that savings is costing us in different ways. Of the seven recycle numbers, only plastics with numbers 1 and 2 are commonly recycled. Most end up in our landfills where toxins leach out, and even those that are incinerated are not without emissions problems.

Manufacturers could be forced to create the systems for recycling their own waste or stop making them altogether and turn to other options. Extended Producer Responsibility (EPR) laws are being considered at the state level and at the federal level, too. We must stop adding to the mountain of plastic we have already produced.

That said, we as a country and individuals must decide what uses are truly worthwhile and which are not. Look around your home. How much plastic do you see? Did you really need that? Do your kids need a lot of cheap plastic toys or would time and money be better spent on fewer and better items, hopefully without plastic? Are you teaching them what's best for their future? It's not just about sea turtles dying of plastic ingestion. It's about us!



OPINION

THIS IS NOT THE BEST OF **MOMENTS FOR THE UNITED STATES** By Ed Kociela

Whether it is the open defiance to COVID-19 safety measures, voter suppression laws, or gun laws, this is not the best of moments for the United States.

In fact, the country has clearly gone off its collective rocker.

All signs of sanity have clearly been washed away in a tide of ignorance, racism, and paranoia.

Things weren't this bad even when Dick Cheney was the puppet master pulling strings on the beleaguered George W. Bush when we went into a seemingly endless war chasing weapons of mass destruction that simply did not exist. Nobody held them accountable for their lies and sleight of hand.

Things, however, are much worse now. We have had more than 30 million cases of COVID-19 diagnosed, resulting in more than 549 thousand deaths. That's on par with the number of U.S. military personnel who died in World War I, World War II, and Vietnam combined. Yet, instead of pulling together to take every measure to protect ourselves at this time, many would rather spend time arguing about who is to blame for the disease and politicizing a common-sense method of masking up to protect ourselves. Who would have thought that the simple act of wearing a mask to prevent the spread of a virus would result in such horrible behavior?

Georgia seems to be leading the way back to the segregationist Old South with new legislation aimed at voter suppression in response to the Big Lie's continuation that the last election was rigged and the winner didn't win. Georgia isn't the only culprit in this blatantly racist endeavor, as other states - primarily those with Dixie roots are also doing what they can to suppress the African-American vote. It is, of course, in response to the United States having elected a black man to sit in the White House and the African-American vote being the impetus for removing, arguably, the worst blot on our history last November. It's payback, baby, and, well, you people of color are going to pay the



The one thing we seem capable of doing without much effort is killing each other in large numbers, as we have seen over the last few weeks when senseless shootings have rendered the sensible community numb once again. The cowboy mentality prevails as the 2nd Amendment continues to be distorted to allow us to assemble personal arsenals to be used whenever The Oath Keepers, Proud Boys, or Qanon decide to march again, which will happen. They claim they need these weapons for self-defense, but, from what I have seen, most of these self-proclaimed patriots and militia types have stockpiled many of these weapons, along with a frighteningly large weapons cache, that would support a small military junta. Besides, if you feel the need to carry a weapon to defend yourself, what does that say about you as a person? Perhaps your mouth is bigger than your brain? I mean, if you have to pull a weapon to settle a discussion, you can't be that bright to begin with, you are a bully, and you have no regard for human life. Besides, if you and your fellow rednecks ever decide to really get down in the dirt and brawl, do you really think you have a chance going mano a mano against the U.S. military? If so, let me know in advance where to send condolences because you will either die or spend a lot of years locked up in a cage.

It's good practice, of course, to offer some kind of solution. It was easy with the last administration: impeachment, which happened twice, was the answer despite leaving an ugly open wound after a presidency that will leave a scar for generations to come.

But, the arguments have been made, common sense has been offered, workable solutions presented to help us through this COVID-19 stuff, the voter suppression tragedy, and gun violence.

Nobody is listening.

Oh, our friends on the conservative side of the aisle may give lip service to all of this, shedding their crocodile tears as they offer their thoughts and prayers, but the truth is that is faux compassion. It sounds good, gives good optics, but I'll be damned if there is a kernel of sincerity in their faithless words. On the other side, progressives continue to be too timid to force the issue. Gutless, to be honest with you, is probably a better descriptor.

But, let's do our job and offer some solutions.

As far as masks?

Petition your Legislature to make their use mandatory. Demand that social distancing protocols remain in place until we attain herd immunity. Yes, the economy sucks right now, but it was headed south anyway before COVID-19 despite MAGA lies. Lives matter more than dollars.

As far as voter suppression?

You can fix this at the ballot box. Develop suitable candidates for the mid-term elections; candidates without deep-rooted racist ideology; candidates who believe in the Constitution and equality; candidates who believe in a system that served us well over the years until it had its throat slit by some razor-toting thugs.

As far as guns?

At this point, I cannot seriously find it within my heart to believe that any American has a right to bear arms, especially when it seems that all they are doing is drawing down on their fellow citizens. I know it will never happen, but at this point of desperation, the only way to defeat this scourge of hatred and insanity is to take all guns from all people. Do you want to hunt? Go to your local wildlife agency and check out a suitable hunting rifle. Handguns? Assault weapons? Recycle them. We could use steel. The practical solution, of course, if somebody uses a gun in the commission of a crime, not only do they go to jail, but the person who sold the gun goes to jail as an accomplice for making the weapon available if they did not submit a background check before selling it. Remember, every new gun sold is sold legally with proper checks. However, once it gets into the hands of good ol' law-abiding citizens and cash gets laid on the table, things change.

In the end, it's all about accountability, something this country has been lacking for some time now.

Find more opinions everyday at SUindependent.com



Stem Cell injection treatments have become very popular, and expensive. The FDA however, has issued warnings due to invalid stem cell treatments that have resulted in several health problems. The only established method since 2016 is hemotopoietic transplantation, either from bone marrow or umbilical cord blood. Taking in another person's stem cells can be problematic for the recipient. Injections also require future injections, so the body's own stem cell production is reduced.

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OUTDOORS

COLOROCK CANYON COLORFUL WITH MANY ROCKS By Tom Garrison

Trail: Colorock Canyon Trail. Free and no permit needed.

Location: Muddy Mountains Wilderness, Nevada

Difficulty: Easy with some moderately challenging rock scrambling in Colorock Canvon.

Average hiking time: A little more than two hours at a leisurely pace.

Elevation: Approximately 2,800 feet trailhead elevation with less than a 100 feet elevation change.

Family friendly: Due to the many uneven surfaces and rock scrambling, this hike is not suitable for young children.

Getting there: From St. George head south on Interstate 15. About 45 miles southwest of Mesquite, take Exit 75 for State Highway 169 (aka Valley of Fire Road) and drive east past the Moapa Indian Smoke Shop. After 3.2 miles from the Smoke Shop, when the highway bends hard to the left, continue straight (southeast) onto a paved road, Bitter Springs Trail Back Country Byway. On the left a sign indicates you are entering the Muddy Mountains Special Recreation Management Area. The Byway, going southeast, is paved for a short distance, then continues as a graded dirt road.



At 3.7 miles from the turnoff, the Byway reaches a signed intersection, three destinations straight ahead and one, to the right, for Colorock Quarry leading to Colorock Canyon. Turn right (southwest) onto Colorock Road. Be aware that Colorock Road has some very rocky sections and difficult inclines crossing washes. Stay on the main track heading toward the mountains in the distance. About two miles from the

Colorock Road turnoff the road climbs into the hills.

As the road crests the first major ridge, dirt roads lead off to the left and right, continue straight on the main road. Soon Colorock Road forks again, keep going straight (left) on the main track. Shortly, at 2.7 miles from the signed intersection, the road forks yet again in front of a small sign "Colorock Quarry" with an arrow to the right.

Go left and continue along a wash for .3 mile to a wide spot prior to crossing another wash. This is the best place to stop because it is easy to turn around and the road is much rougher further on. Parking at this point only adds about .1 mile to the hike. Consider this the trailhead for Colorock Canyon Trail.

In search of a challenging adventure? Well, sure. Who isn't?

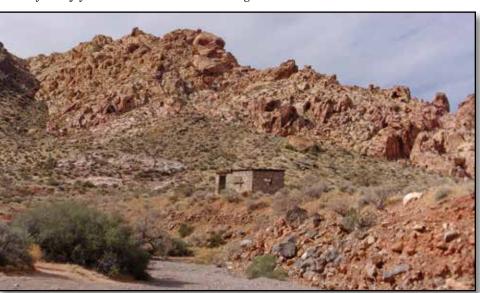
Do you enjoy bad rock-strewn dirt roads

region was designated an official wilderness in 2002.

Since the area we are hiking is low

Since the area we are hiking is low desert, it is perfect for a winter hike. We left St. George early on a chilly (temperature in the low 50s) morning in the latter part of March and headed south on Interstate 15.

About 45 miles southwest of Mesquite, we took Exit 75 for State Highway 169 (aka Valley of Fire Road) and drove east past the Moapa Indian Smoke Shop. After 3.2 miles from the Smoke Shop, when the highway bends hard to the left, we continued straight (southeast) onto a paved road, Bitter Springs Trail Back Country Byway. On the left a sign indicates we were entering the Muddy Mountains Special Recreation Management Area. The Byway, going southeast, is paved for a short distance, then continues as a graded dirt road.



in the wilderness? How about a canyon with moderately challenging rock scrambling through narrows leading to a hidden valley (strangely enough called Hidden Valley)? Or great views of sandstone and limestone cliffs and odd rock formations surrounding the hidden valley? All without seeing another person on the drive to the trailhead or on the trail.

My wife Deb and I seek out isolated wilderness hikes. Colorock Canyon Trail certainly meets that criteria, after all it is in an officially designated wilderness area. However, this hike is not an official maintained trail. The trail goes through an historic sandstone quarry and features an old cabin, a deep narrow canyon, and stunning views of scenic Hidden Valley.

Muddy Mountains Wilderness, 48,019 acres, contains a magnificent range of rugged limestone cliffs and canyons near the north and west shores of Lake Mead and south of Valley of Fire State Park. A major feature is a thrust fault layering limestone over sandstone. In some areas, the limestone has eroded revealing sandstone underneath. The

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hike. Consider this the trailhead for Colorock Canyon Trail.

The trailhead elevation is approximately 2,800 feet and the sky a hazy blue as we began our adventure. The elevation change from the trailhead to the highest point is less than 100 feet. The out and back hike is about three miles long and takes around two hours at a leisurely pace.



From the trailhead, we headed up the road into Hidden Valley Wash and followed it up the canyon. About 1/4 of a mile in we saw an old cabin above the wash on the right. In the same area, against the cliffs on the left, is evidence of quarry work.

We walked over and examined the cabin. Other than the somewhat unusual concrete walls, it was a typical one room structure.

Past the cabin, we continued up the wash into the Muddy Mountain Wilderness and entered the dark limestone of Colorock Canyon and the narrows. Like many canyons, this one has wide sections and narrow sections. We soon came to a hard left (east) turn in the canyon. The next section was wider and then another narrows full of large boulders. We scouted around, found the best routes, and quickly scampered over the boulders. A bit beyond the last narrows, a large side canyon appeared on the left. We did not go there and stayed in the main wash.

We got beyond the boulders, the canyon got wider, and about one mile into the hike the canyon merges into Hidden Valley.

Hidden Valley is a large depression surrounded by sandstone and limestone cliffs and the Muddy Mountains. We headed south following Hidden Valley Wash for about ½ mile—sometimes sandy, sometimes on bedrock, and sometimes gravel. We took time to explore some of the many odd shaped and colored sandstone formations—a real treat.

The return trip, as always on an out and back hike, showed the canyon in a different light.

We did not encounter another human on the hike, or on the road to and from the trailhead—very isolated. We did see some of the permanent residents of this remote area—a couple of species of birds, some jack rabbits, and squirrels.

This is a well worth it day trip, especially in winter. Perhaps you have a bit of the explorer's gene and accept the challenge of a non-maintained wilderness trail.



ALBUM REVIEWS

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THE **INDEPENDENT ALBUM REVIEWS** By Rob Jones

Chez Kane - Chez Kane A Self-Titled Debut Solo Album (i)(i)(i)(i)

"I wasn't born in the wrong era; I was born in the 90's knowing what came before me is worth preserving." That is a statement by Chez herself and I think really sums up her debut album.

Chez is by no means new as a recording artist, she has already recorded two albums as one of three sisters fronting the band, Kane'd.

This self-titled album is a departure

Benatar, Vixen, Lita Ford, Heart, Lee Aaron, and Scandal. The production, songwriting, and playing comes courtesy of Swedish Rock icon

from Kane'd's sound and encapsulates the

great female fronted melodic rock of the 80's that you will most likely associate with Pat

Danny Rexon of Crazy Lixx, who reached out to Chez with a vision in mind to bring back the quintessential female rocker. You can hear Rexon's style all over the songs but Chez's album doesn't sound like a Crazy Lixx album with female vocals. Instead, this album succeeds in the sound it was intended

The first three songs "Better Than Love", "All Of It", and "Rocket On The Radio" remind me of Pat Benatar. "Ball N' Chain" could be for Chez what "The Warrior" was for Scandal. "Defender of the Heart", musically, reminds me of the 80s self-titled Heart album, and "Dead End Street" would've fit nicely on the debut album from Vixen.

In fact, this album reminds me more of Vixen than anyone I have reference here. Musically, it's not far off from them and

Chez vocally fits somewhere between Janet Gardner and Pat Benatar, and that's great company to be in.

What Chez and Danny have done here is revive the 80s female melodic rock icon for the modern era and I for one hope this album inspires more music like this.

So, if you are a fan of this style of Rock, you'll love Chez as much as I do...

John Diva And The Rockets Of Love -American Amadeus

I will not speak for anyone else here, but one thing I feel has been lacking in a lot of rock music these last few decades, is a sense of fun. That is not to say there are not loads of great bands out there or that rock n roll



has not maintained its essence in style and attitude.

So much of rock music post 90s has lost its emphasis on having a good time and I think we can all agree that given the current state of the world we could all use some fun. Enter John Diva and The Rockets Of Love.

When I first heard their debut album, titled Mama Said Rock Is Dead, I instantly thought of the Open Up and Say Ahh! era with Poison

and Slippery When Wet by Bon Jovi. John Diva's albums are the type of music, fans have waited for, for decades since the days of Poison and Bon Jovi.

John Diva ups the ante with American Amadeus, an album as bombastic as its title. Right out the gate you have a charging opener in "Voodoo, Sex, and Vampires" which even has a banjo in the mix, and it works! Next up

is the title track which really embodies the ambition and swagger of this album. Rocking

Riffs and an anthemic chorus are set to a backdrop of strings and a harpsichord of all things.

In the song John declares "I've got the power, I've got the tricks, I like it louder. I like it big" and he backs that up in the sound of this album. While there are a lot of similarities to the bands of the 80s found here, American Amadeus is

no mere throwback album, there's definitely more modern sounds and production here and John and band really bring them all together in style.

"Bling, Bling, Marilyn" is another energetic track to keep the party going, and Weekend for a Lifetime" has a strong Def Leppard vibe. "Karmageddon" brings it down for an epic power ballad before "Wasted (In Babylon)" revs it back up for a borderline sleaze metal track.

"Drip Drip Baby" could be the successor to poison's "Unskinny Bop" and "This Is Rock n Roll" is one of those great celebratory songs to toast to.

This album is incredible, whether riding in your car or having a good time with friends this is the kind of album to really get your rock n roll party vibe on to.

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MOVIES

★★★★ - Amazing! **★★★** - Good **★★** - Decent **★★** - Poor **★** - Terrible

THE INDEPENDENT MOVIE REVIEWS By Adam Mast

NOBODY (R)



Initially known for his brilliant comical work in "Mr. Show" and then for his unforgettable portrayal of shifty Jimmy McGill, aka Saul Goodman, on both "Breaking Bad" and "Better Call Saul," Bob Odenkirk has never really been known for being a "tough guy." Therefore, it's pretty easy to see why he'd want to switch things up a bit and do a movie like "Nobody." No doubt, Odenkirk probably woke up one morning and said to himself; "You know what? I think it's time I played a badass for a change!"

In the ultra-violent, obscenely funny, briskly paced auctioneer, "Nobody," Odenkirk is Hutch Mansell, an unassuming family man stuck in the rut of a mundane life. One night, following a burglary gone awry, it becomes quite apparent that Hutch's life hasn't always been so mundane. In fact, an epic altercation that occurs with a group of thugs on a bus shortly after that burglary makes it even more painfully clear that Hutch may not be as unassuming as we initially thought. Let's just say that eventually, the sleeping lion within Mansell's soul awakens as he takes on a deadly Russian crime syndicate.

As noted in the previous paragraph, "Nobody" is ultra-violent. Violent in the most gratuitous ways possible. In fact, some might even argue that the violence is the star of the show. But you know what? While it won't be everyone's cup of tea, it's all in good fun. Fun in the way the violence in movies like "John Wick" is fun. In fact, "Nobody" sort of hearkens back to the action films of the 80s... An era when it seemed like we'd be treated to a new variation of "Commando" or "Rambo" in theaters every other weekend.

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130 E. 200 N. St. George, UT 84770 435-275-4989 That said, "Nobody" benefits from being equal measures violent, absurd, and funny. The whole thing is ridiculous and light on its feet even when awful things are happening on screen. Included; A hilarious running gag in which Hutch has an evil henchman literally dying on him right when he's in the middle of telling them profound stories about his life.

Odenkirk is a lot of fun in this movie and it's clear that he got into shape for the proceedings. While I never entirely bought him as a full-blooded badass in the same way I buy Keanu Reeves as a full-blooded badass, I enjoyed the fact that Hutch really does take as many punches as he gives. Look no further than that said sequence on the bus. Gloriously over-the-top in a "They Live" street fight kind of way. Also fittingly over-the-top is this film's big bad (wonderfully played by Aleksey Serebryakov), an eccentric Russian who likes singing and dancing almost as much as he likes killing people.

"Nobody" was directed with dynamic flair by Ilya Naishuller ("Hardcore Henry") and while this film doesn't quite reach the joyous, hyper-kinetic heights of the "John Wick" movies, it still moves at a quick clip, winningly alternating between stylish action and dark comedy. Further props to the makers of "Nobody" for bringing genre fave Michael Ironside ("Scanners," "Total Recall") and the legendary Christopher Lloyd ("Back to the Future," "The Addams Family") along for the blood-soaked ride.

THE FATHER (PG-13) ***** 1/2

Another astonishing performance by the supremely talented Anthony Hopkins

The powerful new film "The Father" is quite an emotionally devastating experience. Few films have been able to capture the pure dramatic impact as well as the complete and utter confusion that comes with dementia quite like this one. It's one part gut-wrenching domestic drama, one part haunting mystery, and one part reality-based horror film, and I won't soon forget it.

Fueled by a towering Anthony Hopkins performance, "The Father" tells the story of Anthony (Hopkins), a man in his 80s whose progressing health issues all but force his loving but emotionally drained daughter, Anne (Olivia Coleman) to seek the aid of a caregiver. Of course, that's easier said than done as Anthony is often as cantankerous and tenacious as he is loving and charismatic. Translation; He isn't willing to accept the help that's being offered.

As directed by Florian Zeller (this film is based on his play), "The Father" is sensitive without being sentimental. While reverent, it doesn't shy away from showing the very real and often very brutal hardships that come with dementia, both from the standpoint of those stricken with illness and the family members doing what they can to care for them. Of course, it is the fashion in which Zeller puts you in Anthony's headspace that makes this such a rich, powerful, and sometimes depressing experience. He brings

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a deft and assured touch to the proceedings and It might come as a surprise to some that this is Zeller's feature directorial debut. Clearly, his work in the theater world served him well because this is a dramatic powerhouse from top to bottom.

But then, it should be noted that Zeller has a true thespian in his corner in the form of the legendary Sir Anthony Hopkins. This is yet another unforgettable performance on a resume that already has quite a few unforgettable performances to speak of (see his brilliance on display in the likes of "Shadownlands," "Remains of the Day," "The Elephant Man," and "Silence of the Lambs" just to name a precious few.) Hopkins's



ability to capture the confusion, tenacity, charm, humor, pain and childlike presence of this ill-stricken man is next to none. Simply put; This is a masterclass performance from one of the very best in the business.

Likewise, Coleman (who won an Oscar just a few years ago for her memorable turn in "The Favourite") brings raw, unfiltered emotion to Anne, a compassionate woman who is coming to the stark realization that she can no longer care for her father on her own. Together, Coleman and Hopkins are sensational bringing authenticity and heartbreak in equal measure. Rounding out a stellar supporting cast are Olivia Williams, Imogen Poots, Rufus Sewell, and Mark Gatiss.

"The Father isn't always an easy watch, particularly for those who've been touched by dementia in some way, but in the end, this is a thoughtful, quiet, elegant, profoundly moving film, beautifully crafted by a very gifted storyteller. And once again, it's headlined by the great Anthony Hopkins, an iconic performer who, even in his 80s, is showing no signs of slowing down, and quite frankly, we the filmgoers are all the luckier for it.





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The Beaver Dam Jam Street Festival will be held Friday, Saturday, and Sunday, May 7, 8, and 9. In addition to the bands' festival, there will be lawnmower races, artisans, and other vendors displaying and selling their unique wares. Food, drinks, and other goodies will be available, including the Best Beaver Burger Ever! (no, it is hamburger) at the Red Wagon Eats, the newest addition at the Beaver Dam Station and Bar. The music festival starts at 2 PM on Friday and at noon Saturday and Sunday. The Swap Meet starts at 10 AM on Saturday and Sunday with live music, food, and drink. Vendors will be setting up and selling as early as 10 AM on all three days. Vendor spaces are \$10/day or \$25 for all three days. Beaver Dam Station and Bar, 411 N. Old Highway 91, Littlefield.

SAINT GEORGE ART FESTIVAL Apr. 2–3. 10 AM. A friendly festival with beautiful surroundings. Artists receive free breakfast Friday morning, and snacks and water each day. Artists love the show, the atmosphere, and friendly staff. Town Square, 50 S. Main Street, St. George.

SEARS DIXIE INVITATIONAL ART SHOW AND SALE Apr. 2–3. 10 AM. Dixie State University, 225 S. 700 E., St. George.

JESUS CHRIST SUPERSTAR Apr. 2–5, 7:30 PM By "The Stage Door" at The Electric Theater, 68 E. Tabernacle, St. George.

FREAKY FRIDAY Apr. 2nd–May, 7:30 PM. The Hurricane Valley Theatrical Company together with the City of Hurricane proudly present Disney's Freaky Friday. Tickets \$15 for adults, \$5 for kids ages 4-17. Showing on Mon., Fri., and Sat. nights. Saturday matinees at 2 PM. Tickets available at hurricanetheatrical. com or call Debbie (435) 668-9753. Hurricane Fine Arts Building, 92 S. 100 W., Hurricane.

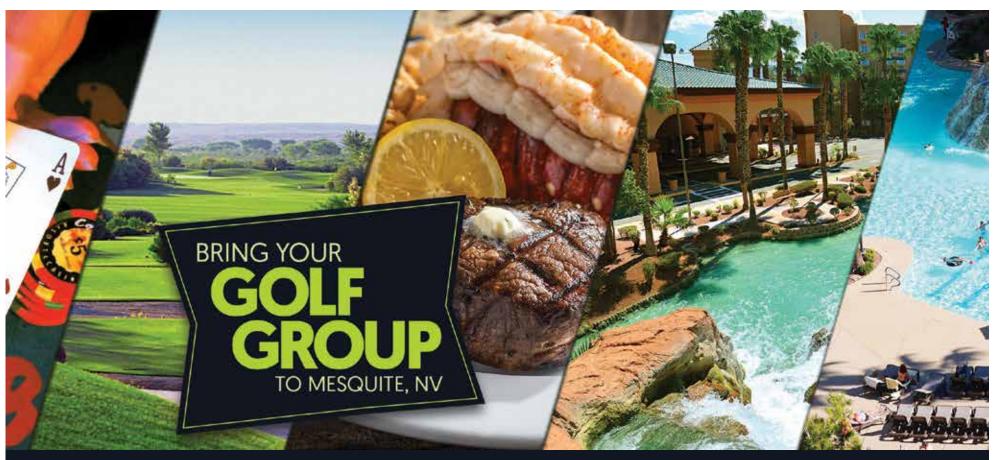
ZOMBIE RAMPAGE SPRING BREAK PAINTBALL HUNT Apr. 2, 3, 8, 9, and 10. 7 PM. Zombie Rampage Spring Paintball Hunt. Climb on board the 14' tall Zombie Rampage Monster Bus and hunt real bloodthirsty zombies with paintball guns in the Staheli Family Farm Hot Zone. This is the BIGGEST Zombie Hunt attraction in the world, and the one that everybody is still talking about from last October. We need your help saving southern Utah from the Zombie infestation (NO, the zombies DO NOT shoot back). Staheli Family Farm Hot Zone, 3400 S. Washington Fields Rd., Washington.

NATIONAL LIBRARY WEEK Apr. 4–10. Whether you visit in person or virtually, the library can help you access the resources you need. National Library week is a perfect time for you to check us out. www.library. washco.utah.gov.

ART + WELLNESS: MEDITATION SERIES 6 PM. Start your week off in the right mindset by joining SUMA for an Art + Wellness: Meditation Series. Every Monday evening in the month of April, participate in a guided meditation that will help reset your focus and wellbeing for the week ahead. Space is limited to 15 participants age 18 or older. Each session is free for SUMA Sidekicks and Friends of SUMA members or \$5 for not-yet-members. Reserve your spot today! Southern Utah Museum of Art, PE Building Parking Lot, Cedar City.

INTERNATIONAL DARK SKY WEEK Apr. 7 KCWCD Boat launch parking. Join these night sky friendly outdoor lighting demonstrations and guided session for individuals or families wanting to learn how to observe the night sky. Apr. 9 BLM Zion View Star field 10 miles north of Kanab. Binocular and telescope kits for use. Register online at www.stellarvistaobservatory.org.

A NIGHT AT THE BELUGA: ST. GEORGE'S FIRST JAZZ CLUB Apr. 8–9, 7:30 PM. Thursday & Friday, April 8 & 9 At 7:30 PM, It's The Roaring 20's and we're going back to the Jazz age! You're invited to the world of the speakeasy, bootleggers, raccoon coats, bathtub gin, flappers, flagpole sitters, marathon dancers, and live Jazz. The Lorraine Boccardo Theater will be transformed into an authentic piece of city nightlife. This affair is not a show or a concert, or merely a night out. A Night at the Beluga is an Experience. 21+ event. Dixie State University, 225 S. 700 E., St. George.



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CALENDAR

WASHINGTON COUNTY FAIR April 14–17, 6 PM. This year's fair has been moved to a cooler time of the year so make sure you get out and enjoy all the fun and entertainment that is going to be happening this year! Parade, Rides, Rodeo, Concerts, and so much more! Legacy Park, 5500 W. 700 S.,

JP SEARS AT REDSTONE THEATRE Apr. 16–17, 6 PM and 9 PM nightly. JP Sears is heading to southern Utah and you will not want to miss out on this live comedy event. JP Sears is a YouTuber, comedian, emotional healing coach, author, speaker, world traveler, and curious student of life. His work empowers people to live more meaningful lives. Redstone Theatre, 29 W. Center St., Kanab.

BUDDY HOLLY GETS A DATE Apr. 16–17, 7:30 PM. Buddy Holly Gets a Date! A Modern Love Story Set to Oldies Music & Movement by St. George Dance Company. Tickets \$25 for adults, and \$10 for students and children. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

KANAB 2021-OUTSIDERS PHOTOGRAPHY CONFERENCE Apr. 16–18, 8 AM. Attend a photography conference unlike anything you've experienced before. Kanab Center, 20 N. 100 E., Kanab.

SPRING FEVER MUSIC FESTIVAL Apr. 17–18, 3 PM–2 AM. We are kicking off spring right with Spring Fever, a multi-genre music festival. Come join us in Southern Utah for a collection of live performances, art, and entertainment. With live headlining acts from Lil Xan, Nathan James, Jaysyx, and Kleopatra, we are in for one unforgettable night. This year it will be held on the old airport hill at Tech Ridge. St. George.

STREET PAINTING FESTIVAL 2021 Apr. 17–18. 10 AM. A full weekend of family fun with street art, art galleries, food, and entertainment. The Street Painting Festival brings students and professional artists together to create a world of magical street art. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

MESQUITE MOTOR MANIA Apr. 21–23, 9 AM. Features over 900 Cars! Join us for a 3-day, jam-packed weekend in Mesquite featuring vintage cars, new cars, custom automobiles, beloved classics-you name it! We're also giving away \$15,000 in cash/drawings to be given to car show participants. So don't forget to vote for your favorite vehicle! CasaBlanca Resort, 950 W. Mesquite Blvd., Mesquite.

RED CLIFFS BIRD FEST AT GREATER ZION Apr. 22–24, 8 AM–6 PM. Will showcase the birding habitat of Greater Zion during spring migration where the beauty of the birds is truly matched by the beauty of the scenery. Field trips will combine birding with other outdoor activities for maximum enjoyment. Bird Fest base hotel - Courtyard by Marriott, 185 S. 1470 E., St. George.

THE 3 REDNECK TENORS RETURN April 23–25, 7:30 PM. They're back! What on Earth is a redneck tenor? Someone once described them like this: If Larry the Cable Guy, Il Divo and Mrs. Doubtfire had triplets together, they would likely be the 3 Redneck Tenors. This powerhouse trio will have you doubling over with laughter throughout their show. Tickets \$40 for adults and \$10 for students and children. Kayenta Center for The Arts, 881 Coyote Gulch Ct, Ivins.

2021 KANAB FILM FESTIVAL Apr. 29–May 2, 9 AM. Attendees will get to see the very best films from students and professionals from all over the world. Tickets can be purchased as single or multi-day pass through KanabFilm.com. The Film Fest takes place in a relaxing setting, perfect for getting to know the film-makers. There will be specialty work-shops, outdoor activities, and a kids portion, so everyone can be involved. Kanab Film Fest is dedicated to keeping Kanab's filmmaking history alive. Kanab Center, 20 N. 100 E., Kanab.

FESTIVAL OF THE AMERICAS Apr. 30–May 2, 10 AM–6 PM. Kayenta Arts Foundation is honored to present an arts festival experience that celebrates the depth and beauty of the early cultures of the Americas with a focus on Native American and Latino American people. We do this through educational workshops, activities and performances that feature music, dance, fine art, unique customs and culinary treasures of the early Americans. The festival takes place in the outdoor setting of the Kayenta Art Village and inside the Center For the Arts, near the ancestral home of the Paiute. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

OUT DA NORM AT CASABLANCA Apr. 2–4, 7 PM. Showtimes may vary. Out Da Norm is a Las Vegas band of musicians from around this great country bringing the flavor and cultures from all genres. Performing the best R&B and Old School with a touch of updated material. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

THE RIDE AT CASABLANCA Apr. 7–11, 7 PM. Showtimes may vary. Singing a great variety of classic rock. 950 W. Mesquite Blvd., Mesquite.

GREGG PETERSON BAND AT CASABLANCA Apr. 14–18, and May 5–9, 7 PM. Showtimes may vary. Classic Rock, Variety, and dance band. Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

HIGH ROCKTANE AT CASABLANCA Apr. 21–25, 7 PM. Showtimes may vary. Playing today's dance hits and yesterday's favorites. 950 W. Mesquite Blvd., Mesquite.

JAMIT AT CASABLANCA Apr. 28–May 2, 7 PM. showtimes may vary. Las Vegas variety band. Classic and modern rock, R&B, pop, country, and more. Free. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd, Mesquite

Events by Day

TUESDAYS

STORY TIME AT WASHINGTON BRANCH 10 AM. Washington County Library System, 220 N. 300 E., Washington.

TRIBUTE TO THE KING - CASABLANCA 6–10 PM. Starring John Brooks. Must be 21 or older. Free. "Voted Best of Las Vegas 2013 "Best Elvis Tribute Show" and "Best Lounge Performer." CasaBlanca Skvdome Lounae. 950 W. Mesauite Blvd.. Mesauite.

WEDNESDAYS

STORY TIME AT HURRICANE LIBRARY 11 AM. Washington County Library System, 36 S. 300 W., Hurricane

GAMER CLUB 3 PM. Teens and 'tweens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

STILL LIFE WEDNESDAYS 4 PM. Three still life arrangements. Participants sketch or paint one or all three scenes. This free event is for adults. Art supplies not provided. All skill levels are welcome. Cedar City Library, 303 N. 100 E., Cedar City.

BINGO WEDNESDAY AT THE GRILLE 6–8 PM. Free. There will be prizes given to all the winners. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

SINGER'S CLUB LIVE 6 PM. Open mic, sing, guitar, or grand piano. Facebook "Singer's Club" like our Facebook and watch the livestream every Wednesday night. Contact us if you want to perform. Gentry Music & Arts, 771 S. Bluff St., St. George.

THURSDAYS

DESERT COMMUNITY STRINGS AND NEW HORIZONS STRINGS 5:30–7:30 PM. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings. org Basement of St. George Medical Building, 736 S. 900 E., St. George.

KARAOKE NIGHT AT SAND HOLLOW RESORT 7:30 PM. Every Thursday night! Located in the Grille. Prizes available! Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

KARAOKE WITH DJ LANCE AT MIKES TAVERN 9 PM. 90 W. Hoover Ave., Cedar City.

FRIDAYS

FIRST FRIDAYS AT LEGACY PARK 6 PM. First Fridays are now happening at Legacy Park in Hurricane! More food trucks, more vendors, carnival rides, and more fun for EVERYONE. 5500 W. 700 S., Hurricane.

LIVE MUSIC AT PEEKABOO WOOD FIRED KITCHEN 7–9 PM. Free. 233 W. Center St., Kanab. CHARACTER SKETCHES 6:30 PM. Weekly non-instructed, non-mentored event during which live models are dressed as characters from literature. Participants sketch or paint the models. This is a free event for adults. Art supplies not provided. All skill levels are welcome. Cedar City Library, 303 N. 100 E., Cedar City.

DJ EZ LIVE AT MIKES TAVERN 9 PM., 90 W. Hoover Ave., Cedar City.

SATURDAYS

MONTHLY LAWNMOWER RACES 10 AM. The first Saturday of each month starting at 10 AM Arizona time, and joining in for karaoke four nights a week, Wednesday through Saturday, beginning at 5 PM at the Beaver Dam Bar. 411 N. Old Highway 91, Littlefield.

TUACAHN SATURDAY MARKET 10 AM. Every Saturday local artists, crafters, and vendors to come and show off their work. 1100 Tuacahn Dr., Ivins.

TAI CHI DRAGON QIGONG AT SANTA CLARA LIBRARY 10:30–11:30 AM. Full-body energetic healing. Admission is free. No experience needed. Tai Chi Dragon Qigong is good for all ages and all levels of health and mobility. Santa Clara Library, 1099 N. Lava Flow Dr., Santa Clara.

Events by Date

Fri, Apr 2

EASTER EGG HUNT 1 PM. Panguitch.

DICK EARL AT PEEKABOO KITCHEN 7 PM. Free. Dick Earl is a blues and rock and roll musician from St. George. Peekaboo Canyon Wood Fired Kitchen, 233 W. Center St., Kanab.

SOUTHWEST SYMPHONY ROB GARDNER'S LAMB OF GOD 7:30 PM. Lamb of God is a musical portrayal of the final days of the life of Jesus Christ, from the raising of Lazarus to the devastating arrest and crucifixion of Jesus, and finally to His glorious resurrection. Composed and written by Rob Gardner, the story is told through the ever-relatable perspective of those who loved and walked with Him: Peter, John, Thomas, Mary and Martha of Bethany, Mary Magdalene, and His Mother Mary. MASKS ARE REQUIRED Dixie State University, 225 S. 700 E., St. George.

Sat, Apr 3

HURRICANE VALLEY ROTARY EASTER CAR SHOW 9 AM. Hurricane City Rec. Center, 100 W. 100 S. Hurricane

CEDAR CITY EASTER EGG DRIVE-THRU 10 AM. Kids bring your parents and you get to stay in the car and be the parade. Local groups and organizations will be on the sideline cheering you on; all appropriately socially distanced of course. Free admission. What a great way to celebrate and you get to be the float, dress up, decorate your car or just come down for your very own treat and you don't even have to get out of your car. Hosted by the Alumni Chapter of Sigma Nu. Cedar City Veterans Park, 200 N. 200 E., Cedar City.

CHARLIE KESSNER AT WING NUTZ 7 PM. Island Vibe. 250 N. Red Cliffs Dr., St. George.

Mon, Apr 5

PAWS FOR TALES 4 PM. Children can read to registered therapy dogs. Free. St. George Library, 88 W. 100 S., St. George.

Tues, Apr 6

CHAPTER 1 BOOK CLUB 5:30 PM. Washington County Library System, 88 W. 100 S., St. George.

Wed, Apr 7

SINGER'S CLUB LIVE 6 PM. Open mic, sing, guitar, or grand piano. Facebook "Singer's Club" like our Facebook and watch the livestream every Wednesday night. Contact us if you want to perform. Gentry Music & Arts, 771 S. Bluff St., St. George.

ART COWLES AT WING NUTZ 7 PM. Free. Art Cowles is a singer/songwriter from St. George playing rock, jazz, and blues. 250 N. Red Cliffs Dr., St. George.

Thurs, Apr 8

R. L. HALVERSEN YOUNG ARTISTS CONCERT 7:30 PM. Heritage Center Theatre, 105 N. 100 E., Cedar Citv.

Fri, Apr 9

JAKE SHEPARD 7 PM. Free. 233 W. Center St., Kanab.

Sat, Apr 10

ST. GEORGE CHAMBER SINGERS PERFORM 2

PM. The St. George Chamber Singers perform on the Walton Commons Plaza. OUTSIDE! Tickets are \$15, \$10 for students and children. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

HAVOC AT BRIO CAR SHOW 10 AM. Havoc@ Brio is a Classic, Hot Rod, Rat Rod, Truck, Motorcycle Car Show. Havoc is a fundraiser for Havoc K9 a nonprofit company that helps raise, train and place Police K9, Service & Companion Dogs for Veterans and those with Special Needs. Music by JC Hackett, Dog Adoptions, and placement. This Car Show has gone to the DAWGS! Brio, 230 W. Brio Clubhouse Dr., Washington.

SMART SATURDAY-ART CLASSES FOR KIDS 10 AM. All smART Saturday programs run from 10–11 AM the 2nd Saturday of each month. For children ages 6–12 and includes an art lesson on an artist and a related art project. Classes capped at 12 students. Register to guarantee your spot. St. George Art Museum, 47 E. 200 N., St. George.

ST. GEORGE CRAFT BEER CLUB LIVE 4:30–7:30 PM. April 10 is mask and restriction lifting day in Utah! The St. George Craft Beer Club and Silver Reef Brewing Co. is having a party. The band Foxy Grandpa is playing live. Must be 21 with ID. Entrance covers Foxy Grandpa Band, Costa Vida Food and Findyourfit Bakery only. Bring money for drinks. Silver Reef Brewery, 4391 S. Enterprise Dr., St. George.

RIVERHOUSE BAND AT WING NUTZ 7 PM. Classic and southern rock with country blues. 250 N. Red Cliffs Dr., St. George.

Sun, Apr 11

COTTONTAIL CLASSIC 7:30 AM. Four Person Teams, Scramble format, Shotgun start, Gross and Callaway Net Team Score Prizes, \$65 entry fee per player which includes tournament entry, team prizes, and food. Palms Golf Club, 550 Peppermill Palms Blvd., Littlefield.

Mon, Apr 12

SOUL WHAT!? CONCERT IN THE PARK IN THE PARK 7:30 PM. Free. Soul What!? is a local dance band that covers classic rhythm and blues and funk from James Brown to Joss Stone. Park seating. Vernon Worthen Park, St. George.

SEVERED SOCIETY BANDS Mike's Tavern, 90 W. Hoover Ave., Cedar City.

Tues, Apr 13

PAGE TURNERS BOOK CLUB 2:30 PM. Washington County Library System, 88 W. 100 S., St George

COMMUNITY CREATES: LIFE DRAWING WITH ERIC BROWN 6 PM. A four-part life drawing class series led by SUU Professor of Art, Eric Brown, in the SUMA Gallery. Each class will feature one undraped model in a number of different poses for you to practice drawing with different media. Easels, paper and materials will be provided or bring your own. Registration is required due to limited availability. Email experiencesuma@suu.edu for your access code. Southern Utah Museum of Art, PE Building Parking Lot, Cedar City.

Wed, Apr 14

ARTS COMMISSION MEETING 5 PM. Ivins City Hall, 55 Main St., Ivins.

Thurs, Apr 15

TEEN BOOK CLUB 3:30 PM. Washington County Library, 36 S. 300 W., Hurricane.

PAWS FOR TALES 4 PM. Children can read to registered therapy dogs. Free. St. George Library, 88 W. 100 S., St. George.

BOOK ENDS BOOK CLUB 4:30 PM. Book End Washington County Library System, 220 N. 300 E., Washington.

Fri, Apr 16

JON STONE AT PEEKABOO KITCHEN 7 PM. Free. Multi-instrumentalist Jon Stone from Louisiana plays acoustic folk on violin, mandolin and other strings. 233 W. Center St., Kanab.

MARIE OSMOND WITH THE SOUTHWEST SYMPHONY 8 PM. Marie Osmond has spent 5 iconic decades in the entertainment business performing as a successful singer, television performer, and talk show host, dancer, actor, author, entrepreneur, and public speaker. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

Sat, Apr 17

SPRING TOUR OF ST GEORGE 7:30 AM. Pick either a 30+, 75, or 100-mile distance to tailor your tour to your abilities. With rolling sag and fully stocked and themed rest stops, all you need is your bike and the desire to pedal your way through all the versatile and beautiful layers southern Utah has to offer. St. George Town Square, 50 South Main St., St. George.

DIXIE POWER KITE FESTIVAL 10 AM–7 PM. Held at Dixie State University Encampment Mall. The Festival aims to promote reading as a habit and encourage students to engage in family-oriented physical activity. On the day of the event, qualifying students earn a high-quality kite or book for their reading efforts. Entrance to the festival is free. Dixie State University, 225 S. 700 E., St. George.

SKY LEDESMA AT WING NUTZ 7 PM. 250 N. Red Cliffs Dr., St. George.

THE OAK RIDGE BOYS 7:30 PM. The Oak Ridge Boys is one of the most distinctive and recognizable sounds in the music industry. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

RETRO RISING AT MIKES TAVERN 9 PM. Retro Rising based in southern Utah is a group of seasoned musicians. Covering songs from artists like: The Kinks, Tod Rundgren, The Dave Clark Five, Badfinger, The Doors, and everything else from The Beatles to Led Zeppelin. Mike's Tavern, 90 W. Hoover Ave., Cedar Citv.

Tues, Apr 20

HAM RADIO CLUB 6–7 PM. The Virgin Valley Amateur Radio Club holds meetings on the third Tuesday of each month. All hams interested in joining our group and all visitors are welcome. For information, phone Roy Miller (702) 345-3006. Airport Fire Station #2, 1200 Kitty Hawk Dr., Mesquite.

Fri, Apr 23

READER'S CIRCLE BOOK CLUB 3 PM. Washington County Library, 36 S. 300 W., Hurricane.

TOM BENNETT AT PEEKABOO KITCHEN 7 PM. Free. Tom Bennett is a traveling Folk Singer from SLC. 233 W. Center St., Kanab.

CEDAR POCKET BAND AT MIKE'S TAVERN 90 W. Hoover Ave., Cedar City.

Sat, Apr 24

EARTH DAY FESTIVAL IN KANAB 10 AM. Free family fun and activities. Jacob Hamblin Park, 566 N. 100 E., Kanab.

THE 5TH ANNUAL COLORADO CITY MUSIC FESTIVAL 11 AM. Live music, food, family fun, beer garden, vendors and more. In Hildale, UT on the Utah/Arizona border. Maxwell Canyon, 1750 Maxwell Canyon Parkway, Hildale.

GEEZY-FEST: FESTIVAL OF COLORS 4 PM. FunPlague's Hangar-19, 317 S. Donlee Dr., St. George.

RIVERHOUSE BAND AT WING NUTZ 7 PM. Classic and southern rock with country blues. 250 N. Red Cliffs Dr., St. George.

STAR METAL AT MIKE'S TAVERN 9 PM. Classic rock and metal cover band based out of the beautiful, dry, arid valley of Orem, UT. 90 W. Hoover Ave., Cedar City.

Mon, Apr 26

COTTONTAIL SCRAMBLE 2021 6 PM. Peter Cottontail is coming to Tonaquint Park on MThe hunt is open for kids ages 2-8 years old. Kids can start to check in and pick up their bag and craft at 5:15 pm. Peter will be at the park starting at 5:15 pm to take pictures. The Hunt will begin at 6 pm sharp! The first 75 children registered will receive an Easter Egg decorating kit. The kits will be given out at the events. Tonaquint Nature Center, 1851 S. Dixie DrivE, St. George.

Wed, Apr 28

BOOK DISCUSSION GROUP 7 PM. Washington County Library System, 126 Lion Blvd., Springdale.

Fri, Apr 30

MEZOIC AT PEEKABOO 7 PM. Free. 233 W. Center St., Kanab.

LEATHER MOUSE BAND AT MIKE'S TAVERN, 90 W. Hoover Ave., Cedar City.

Sat, May 1

FREE COMIC BOOK DAY Fun activities throughout the day for everyone. Coloring pages for kids, and movies with popcorn. Washington County Library System, 36 S. 300 W., Hurricane.

2021 SPRING DAY AT RED ACRE FARM 9:30 AM. Spring with live music, a May Pole, Plant a Seed, Story Time, baby chicks and goats, visit Virginia, and all the other critters. Breakfast is available for \$8 and includes flapjacks, or veggie hash and sausage, and eggs. The Farm Stand will also be open. No admission fee ever. Red Acre Farm, 2322 W. 4375 N., Cedar City.

JT BEVY BRINGS SALT LAKE MUSIC SCENE TO MIKE'S TAVERN 8 PM. Check out the new music coming out of Salt Lake City right here in Southern Utah. Don't miss it. 90 W. Hoover Ave., Cedar City.

Mon, May 3

PAWS FOR TALES 4 PM. Children can read to registered therapy dogs. Free. St. George Library, 88 W. 100 S., St. George.

Thurs, May 6

VETS HELPING VETS POKER RUN AFTER PARTY Mike's Tavern, 90 W. Hoover Ave., Cedar

CEDAR CITY SLOW ROLL 6 PM–7:30 PM. Beginning at 300 W. University Blvd. (parking available in the SUU PE Parking lot). Admission is free and all non-motorized wheels are welcome. Kick-off the summer with the Slow Roll community bike ride. This is a family-friendly block-party experience, with bands, food trucks, popsicles, and—weather permitting—the fire department's hose to keep you cool! The Route will follow the rounds around the Southern Utah University Campus. Southern Utah University, 351 W. University Blvd., Cedar City.

TOM BENNETT AT PEEKABOO KITCHEN 7 PM. Free. Tom Bennett is a traveling Folk Singer from SLC. 233 W. Center St., Kanab.

Sat, May 8

KANAB MOTHER'S DAY 10K 7 AM. The Kanab 10K is one of the most beautiful runs in the world! All participants will receive a swag bag and race shirt. Winners will receive one-of-a-kind trophies. Don't miss this opportunity for an incredible run through Southern Utah's best-kept secret. All participants will need to be at Kanab City Park (100 E. 500 N.) between 6:00-6:45 AM to catch a bus to the starting line. Last ride leaves at 6:45. No exceptions. The race MUST begin at 7 AM. City of Kanab, 76 N. Main, Kanab.

VAN FEST USA 10 AM. Born and bred out of the majestic scenery of Southern Utah, Van Fest USA is a one-of-a-kind festival for the nomadic at heart. Get real, tangible van build ideas and inspiration in a physical venue. We gather only the most unique builds and individuals to help introduce you to this amazing van life community. If you've scrolled past those beautiful van builds on social media and you've wondered what they're all about, come to Van Fest, we can't wait to see you! Legacy Park, 5500 W. 700 S., Hurricane.

LARRY BAGBY AT WING NUTZ 7 PM. Larry is an actor and singer/songwriter. Larry plays a wide array of music genres from country to pop. 250 N. Red Cliffs Dr., St. George.

LIVE COMEDY AT THE ELECTRIC WITH PETE JR AND RYAN ERWIN 8:30 PM. Fresh off filming their stand up comedy specials, Pete Jr. and Ryan Erwin are co-headlining the Electric Theater. 68 E. Tabernacle St., St. George.

Springdale Utah Town Map











Espresso



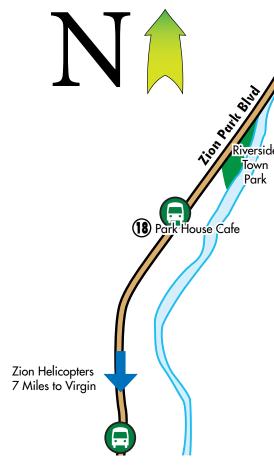




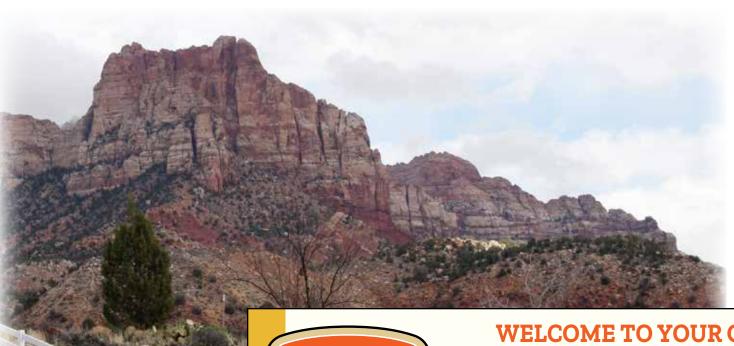








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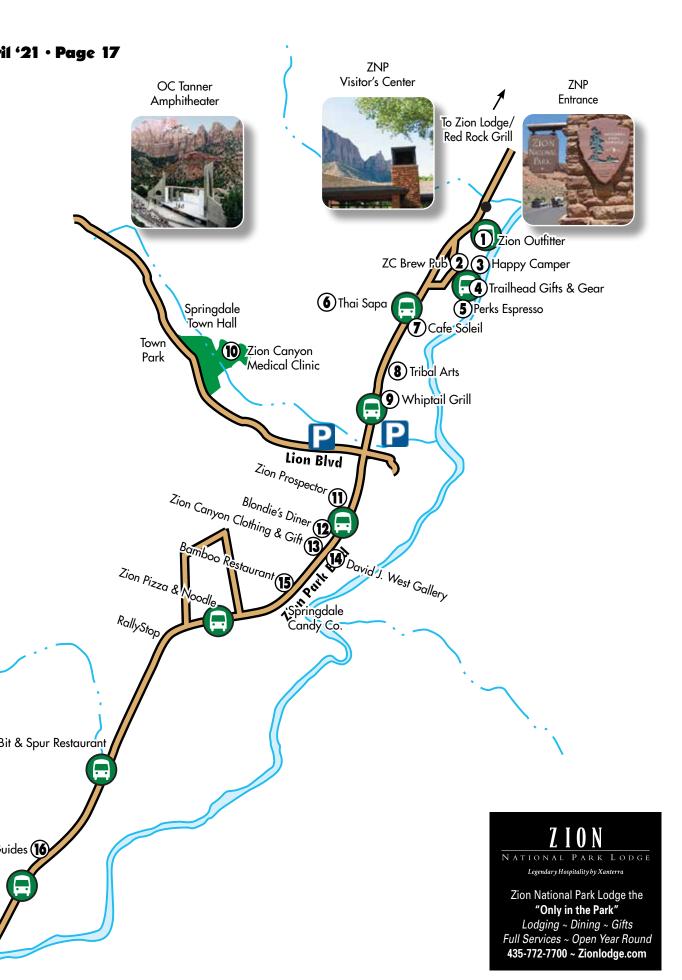
Zion T-shirts, Hats, and Souvenirs • Unique Gifts • Hiking Gear • Ornaments • Jewelry Stickers • Games • Toys • Rocks • Teva • JanSport • Hydro Flask • CamelBak







145 Zion Park Blvd. Springdale, UT (435) 772-2420 TrailheadGiftsAndGear.com Customer parking available, in the Zion Canyon Village at the south entrance to Zion National Park.



Paid parking lots can be found on Lion Blvd, behind Whiptail Grill Restaurant at 445 Zion Park Blvd, and a number of other locations throughout Springdale.

Other spots of note in Springdale include the library (located on Lion Boulevard, next to Town Hall), tennis/pickleball courts (also on Lion Blvd), and the Virgin River, which has numerous loctions of access, but Riverside Park is one of the best.





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GUIDE TO UTAH'S LIQUOR LAWS

If you order an alcoholic drink at the restaurant bar, don't be surprised when the bartender asks you to order some food with your drink. In Utah, restaurants may only serve alcoholic beverages with food. Customers don't have to order food each time they buy another drink. The beer sold in grocery stores and gas stations, and tap beer is a bit weaker in Utah, limited to 3.2% alcohol content by weight (4.0% by volume), about 0.5% less than a typical American domestic beer. You can buy full-strength beer, along with liquor and wine, in a state-operated liquor store. Please remember to tip your servers and drink responsibly! The Utah State Liquor Store in Springdale is located inside the Switchback.

SPRINGDALE'S FEATURED RESTAURANTS FROM ZION GUIDE

Restaurant (Listed by address from ZNP Entro	Address ance)	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks (E)spresso, (V)egan items on menu	Hours	WI-FI
Red Rock Grill	1 Zion Lodge	435-772-7760	W, B, M, E, V	6:30-10:30am, 11:30am-3pm, 5-10pm daily	Yes
Zion Canyon Brew Pub	95 Zion Park Blvd	435-772-0336	W, B, V	Noon-10pm daily	Yes
Happy Camper Market	95 Zion Park Blvd	435-772-7805	B, V	8am-8pm daily	Yes
Thai Sapa	145 Zion Park Blvd	435-772-0510	W, B, E, V	11:30am-9:30pm daily	No
Perks Coffee Shop	147 Zion Park Blvd	435-668-0446	E	7am-4pm daily	No
Café Soleil	205 Zion Park Blvd	435-772-0505	W, B, M, E, V	7am-9pm daily	No
Spotted Dog Cafe	428 Zion Park Blvd	435-772-0700	W, B, M, E, V	7-11am, 5pm-9pm daily	Yes
Whiptail Grill	445 Zion Park Blvd	435-772-0283	W, B, V	Noon-9:30pm daily	Yes
Blondie's Diner	736 Zion Park Blvd	435-772-0595	B, V	11am-8:30pm Mon-Sat	Yes
Bamboo Chinese Restaurant	828 Zion Park Blvd	435-703-2882	V	11:30am-10pm daily	Yes
Zion Pizza & Noodle	868 Zion Park Blvd	435-772-3815	W, B, V	4pm-10pm daily	No
Oscar's Cafe	948 Zion Park Blvd	435-772-3232	W, B, E, V	7am-9pm daily	No
Switchback Grille Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, E, V	5-8pm daily	No
Jack's Sports Grill Restaurant	1149 Zion Park Blvd	435-772-3700	W, B, M, V	Noon-9pm daily	No
Bit & Spur Restaurant & Saloon	1212 Zion Park Blvd	435-772-3498	W, B, M, E, V	5pm-11pm daily	Yes
Park House Café	1880 Zion Park Blvd	435-772-0100	W, B, V	8am-2pm daily	Yes

See detailed restaurant listings for Springdale and the greater Zion National Park area at ZionGuide.com.

Welcome To Zion from Zion Guide!

Safety Tips For Zion

Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.

Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park

including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.

Tips To Minimize Your Impact

Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.



Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.

Tips To Maximize Enjoyment

Go on a less crowded hike

The most visited Zion hikes have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our feature, Less-Traveled Zion Hikes, in this issue.

To avoid the crowds, go early or late in the day

Consider getting up extra early or trekking out midday after the initial rush has flooded in.

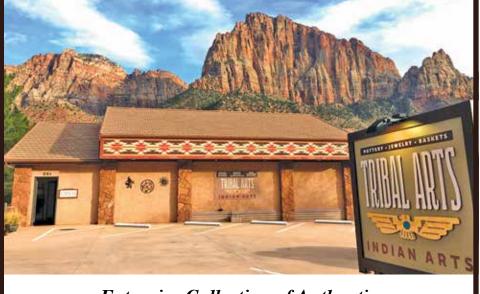
Consider coming back again in the low season

Starting in the late fall, the number of visitors to Zion Canyon starts to dwindle, and by December it's significantly less than in the heat of the summer. It is simply a different experience to see Zion in the winter with the snow-capped monoliths. Most hikes are still accessible and are less crowded. You can also drive to the Temple of Sinawava parking lot. The shuttles stop running from November until March.

Check out Kolob Canyons and Kolob Terrace Road

With gorgeous open spaces and plenty of dirt roads to explore, Kolob Terrace Road is one of Zion's best kept secrets. You'll notice the air getting cooler as you gain elevation, and you'll find plenty of beautiful views worth stopping at for a quick photo op. The Kolob Terrace Road turnoff is in Virgin, so watch for signs. Portions of the Kolob Canyon District of Zion National Park are reached via Exit 40 on Interstate 15.





Extensive Collection of Authentic Native American Art from the Southwest

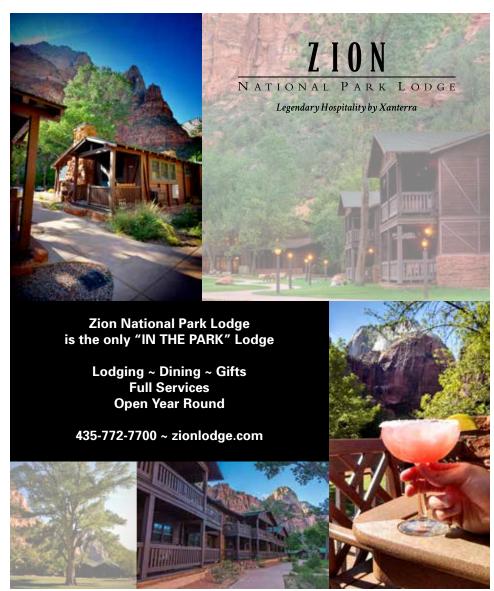
Jewelry
Pottery
Fetishes
Rugs (Navajo & Zapotec)
Katsinam (Kachinas)

Baskets
Sculpture
Dreamcatchers
Paintings
Sandpaintings



291 Zion Park Blvd. Springdale, Utah (435) 772-3353 • www.TribalArtsZion.com





Top Things To Do In Zion

Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to ZionGuide.com to see the details on many area hikes.

Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

Catch an event

Not only does Zion Brew Pub have live music every Saturday, the property also hosts a handful of events throughout the year, as do the Bit and Spur restaurant, Tanner Amphitheater, Bumbleberry Inn, Wildcat Willies, and several other locations.

Try a guided tour

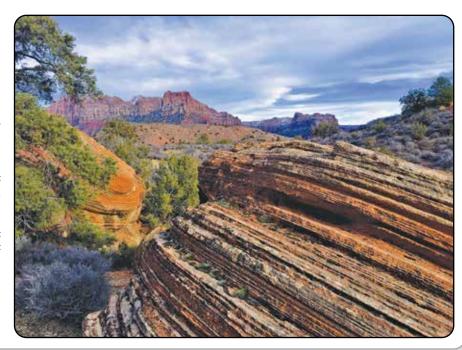
Jeep, helicopter, ATV, canyoneering, horseback riding, or mountain biking, guided tours are all available. Many of these tours take you outside Zion National Park boundaries and give you a unique perspective on Zion's canyons and plateaus from surrounding areas of southern Utah. Check out ZionGuide.com for listings and ads.

Visit the east side of Zion and spend a day in Kanab

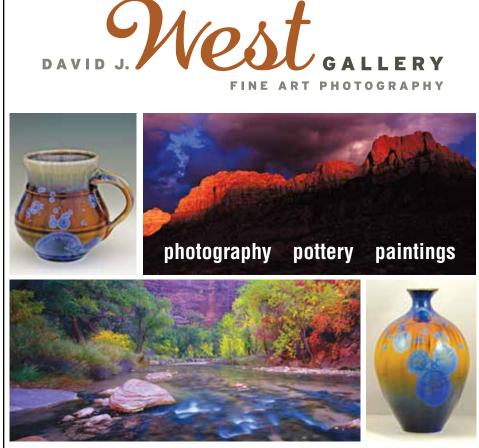
The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions, like the Little Hollywood Movie Museum and the Best Friends Animal Sanctuary.

Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.



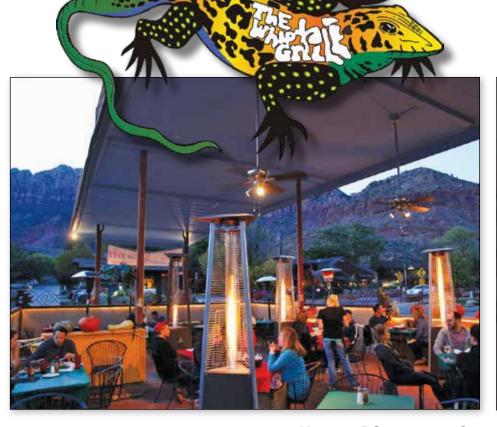




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Zion Canyon Shuttle & Parking Info

PARKING & SHUTTLE INFO

There are two shuttle routes. The first is in the park. It requires a ticket that must be purchased in advance only at recreation.gov (Ticket information is on the nps.gov website). It runs from the visitor center up the Scenic Drive to destinations like the Zion Lodge and trailheads, including Emerald Pools, West Rim Trail, and Temple of Sinawava where hikers depart for the Narrows. Face masks must be worn on the shuttle buses and in queue lines.

The second shuttle route will begin operating for the 2021 season on March 13, 2021. This shuttle is free and located in the Town of Springdale. It stops at 9 locations in town and picks up and drops off visitors at the park's pedestrian/bike entrance.

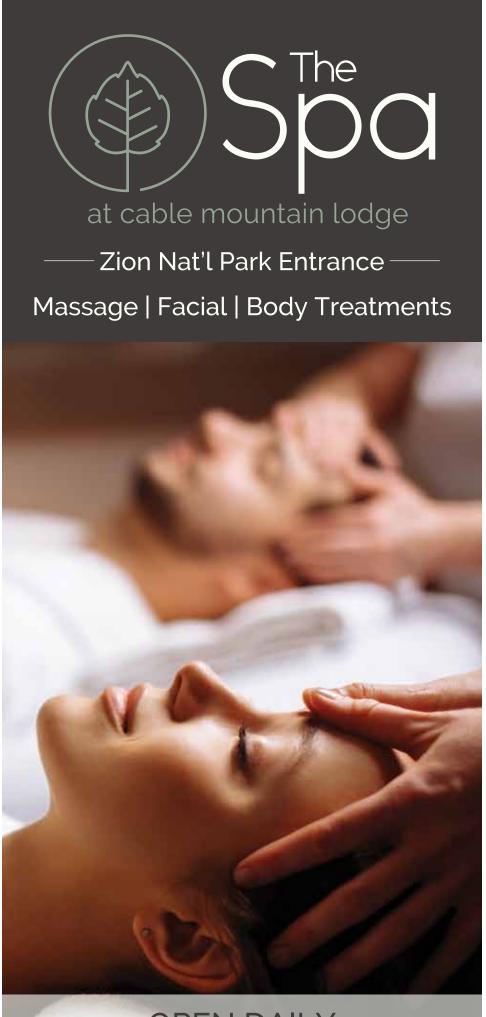
Tickets must be purchased online at Recreation.gov or using the Recreation.gov mobile app. Shuttle Tickets are not sold at the park. The non-refundable ticket fee is \$1 USD.

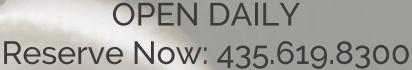
SHUTTLE SERVICE OPERATIONS UPDATES FOR 2021

SPRINGDALE, UT – The following provides an overview of upcoming shuttle service operations in Zion National Park that will occur in February, March, and April 2021. The park always recommends that visitors plan ahead and check the park website before their visit at nps.gov/zion to see what activities are currently available and what facilities may be open or closed. As in any winter season, visitors should check and plan for conditions such as ice, snow, and cold temperatures.

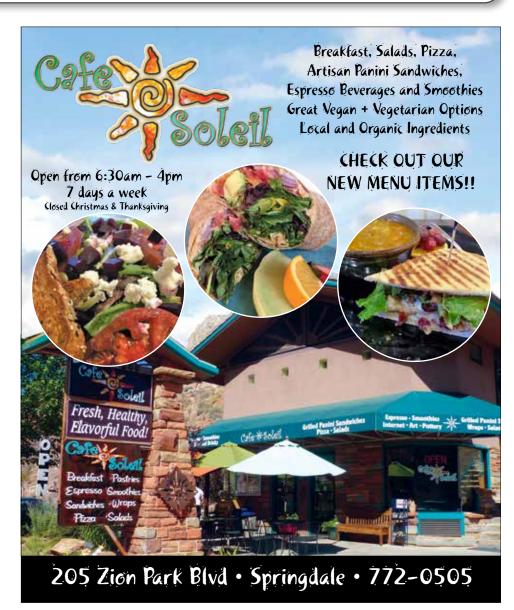
During shuttle and non-shuttle times, parking will fill early. Once full, additional vehicles can only be allowed in that area after parking spaces become available. With high vehicular traffic expected, walkers and cyclists must adhere to safety requirements along roadways and proceed single file to reduce potential conflicts with vehicles. Likewise, motorists must pay attention to pedestrian and bicyclist safety in road corridors. If traffic becomes too congested, entry to portions of the park may be temporarily suspended until traffic clears. This ensures access to emergencies by first responders along the Park road corridors. There is additional parking in Springdale.

Visitors who can be flexible with their schedule are encouraged to visit weekdays rather than Saturday or Sunday. Consider arriving early or after 3:00 p.m. to avoid high use conditions. Visitors should have alternate plans in the region in case their intended destination or activity is not available when they arrive.





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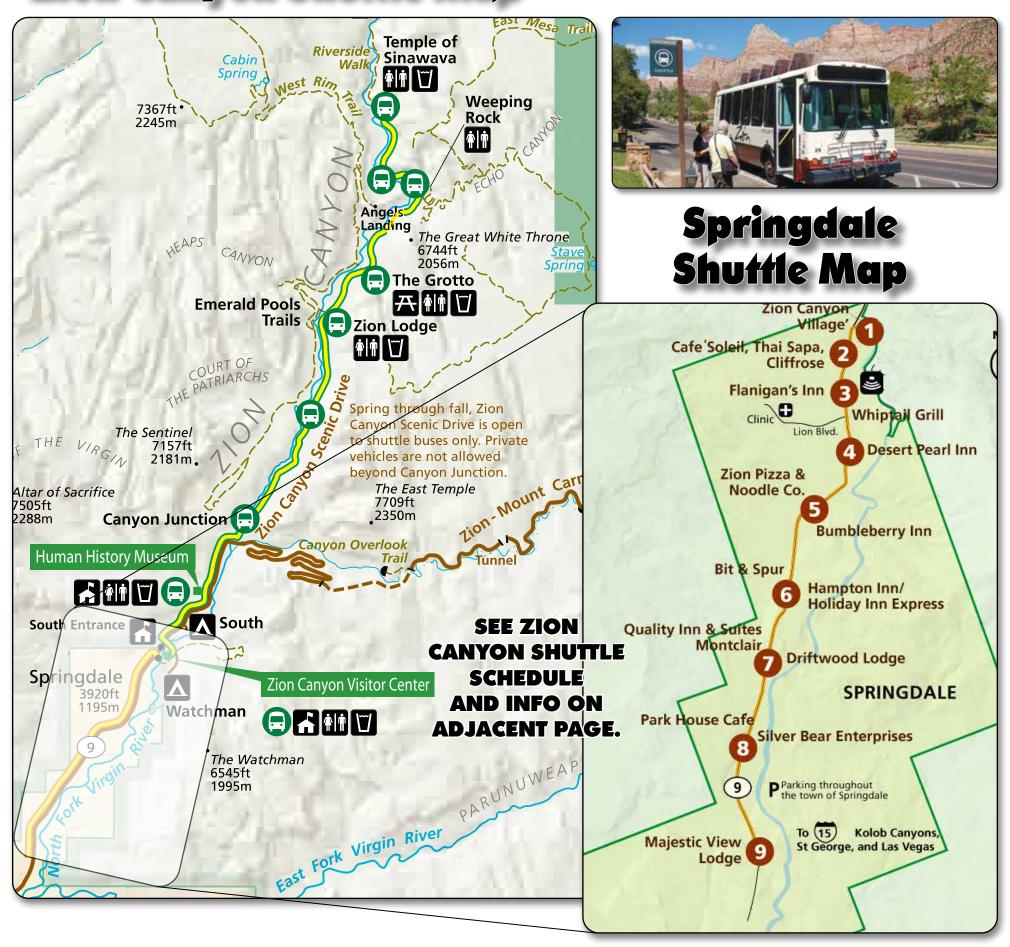
Best Western East Zion Thunderbird Lodge

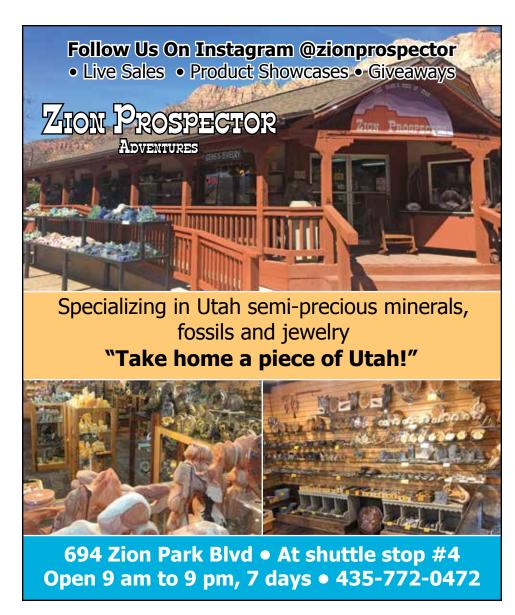


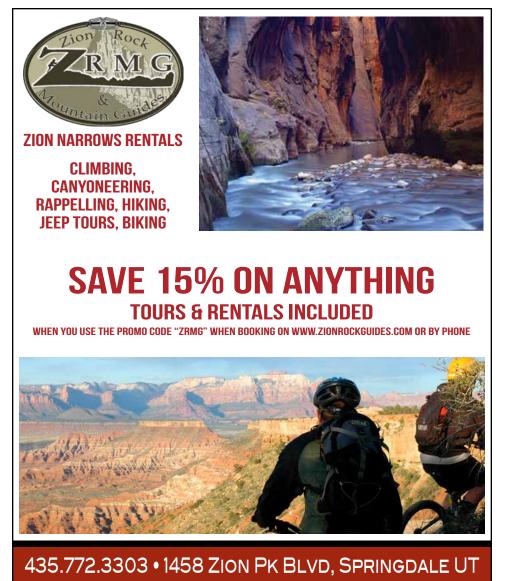
Zion Park 12 miles (19km) • Bryce Canyon 60 miles (96km) • Grand Canyon 85 miles (136km)

Junction of Scenic Byways: US-89 & SR-9 East Zion Mt. Carmel Junction, Utah 1-888-848-6358

Zion Canyon Shuttle Map







Zion Area Town & Cities

Cedar City



To get to Cedar City from Zion National Park, take State Route 9 from the park's south entrance to I-15 north. The overall distance is about 57 miles, about the same as traveling to St. George. Cedar City is home to Southern Utah University. It has a population of about 31,000 and an elevation of almost 6,000 feet, making it cooler in the summer. Named "Festival City," it is a popular summer destination in the area with a variety of noteworthy annual events.

The world-renowned Tony, Emmy, and National Governor's Association Award-winning Utah Shakespeare Festival attracts about 120,000 patrons each year. The 2018 season runs through Oct. 13 and features "Henry IV Part One," "Othello," "The Merry Wives of Windsor," and other plays by Shakespeare as well as a few by other playwrights. The festival also puts on an event through Sept. 8 known as the Greenshow, a free lighthearted outdoor entertainment event including singing, dancing, and more. Visit bard.org for a schedule of plays.

Cedar City is also home to the Neil Simon Festival, which runs through Aug. 11. This year's offerings include Simon's "Biloxi Blues" and "Jake's Women" in addition to a few other shows. Visit simonfest.org for more information.

Cedar Breaks National Monument is only 23 miles east of the city along Highway 148. At 10,000 feet, it offers scenic meadows and forests along with breathtaking views of the natural amphitheater below. The nearby Duck Creek Village is a nice place to visit to refuel and purchase supplies or simply pause for a picnic.

Brian Head Ski Resort is located about 45 minutes east of Cedar City. Although it is a ski resort, summer activities there are plentiful and range from hiking and biking to live music and festivals. And at nearly 11,000 feet, it is the highest-elevation ski

resort in Utah, so the climate is much cooler. More information is available at brianhead.com.

Bryce Canyon National Park isn't in Cedar City — it's about 76 miles east of Cedar City and 83 miles from Zion. Like Brian Head, with higher elevations it's cooler than Zion. So at such a short distance, visitors to Zion or Cedar City would be well advised to take a day and drive to Bryce Canyon National Park for a change of scenery and climate, hitting two of the nation's most spectacular national parks in one trip.

More ideas for local recreation in Cedar City and the surrounding area are available at cedarcity. org, cedarcitychamber.org, and visitcedarcity.com.

Hurricane Valley



Situated between Zion National Park and St. George, the town of Hurricane is a mere 23 miles east on State Route 9 with an estimated population of about 16,000.

Sand Hollow Resort is home to more than just a golf course. Sand Hollow Reservoir affords visitors opportunities for boating and other watersports while sand dunes are a popular destination for ATV enthusiasts. For golfers who want even more variety, Sky Mountain Golf Course and Copper Rock Golf Course are also nestled within Hurricane Valley.

The Sand Hollow State Park and Quail Lake State Park are two more recreation destinations in Hurricane Valley, each boasting warm waters and magnificent red rock camping scenery.

The Southern Utah Sports Shooting Park is a public facility near the Washington County Fairgrounds. With five ranges to choose from, visitors can enjoy everything from skeet and clay shooting to rifle, handgun, and trap shooting.

Find more at cityofhurricane.com and hvchamber.com.

Kanab and Fredonia



Kanab has a population of about 4,500, and just across the Arizona state line, Fredonia has a population of about 1,300. Both towns are easily accessible from Zion National Park by departing from the park's east entrance along State Route 9 and following Highway 89 south. Kanab is about 40 miles away, and Fredonia is only 10 miles further.

Best Friends Animal Sanctuary in nearby Angel Canyon is home to about 1,600 animals, from cats and dogs to rabbits, horses, pigs, and more. It has engaged in high profile rescue work over the years, taking animals after Hurricane Katrina as well as dogs rescued from Michael Vick's dogfighting kennels, saving them from euthanasia. The sanctuary offers a variety of free tours and features one of the area's best buffets, which is open to the public.

Moqui Cave, another geographical landmark created by sandstone erosion, was used by the Anasazi for shelter. Now privately owned, it houses dinosaur tracks, fluorescent minerals, fossils, and Native American artifacts along with a gift store.

The Western Legends Round-Up, held the week of Aug. 20, is a celebration of Western heritage with an emphasis on Kanab's historic role as a backdrop for Western films. Live music and a BBQ competition are a part of the festival along with more immersive activities like campfire breakfasts and Dutch oven dinners.

A popular destination for photographers and ATV enthusiasts alike, Coral Pink Sand Dunes State Park comprises dunes made from the pink Navajo Sandstone frequently seen throughout southern Utah. Due to how the geography directs winds, they have deposited sandstone particles in this area for thousands of years, resulting in the dunes. This unique area contains rare and endangered species only found here: the Coral Pink Sand Dines tiger

beetle and Welsh's milkweed.

Grand Staircase-Escalante National Monument stretches over a million acres from Glendale and Kanab to the eastern part of the state. A visitors' center is located in Kanab.

Just south of the Utah border and west of Fredonia in the town of Kaibab is Pipe Spring National Monument, where Pipe Spring enabled the Ancestral Puebloans and Kaibab Paiutes to survive the heat and aridity of the northern Arizona desert for over 1,000 years.

For more information, visit zionguide.com, visitsouthernutah.com, and fredoniaaz.net.

Mesquite

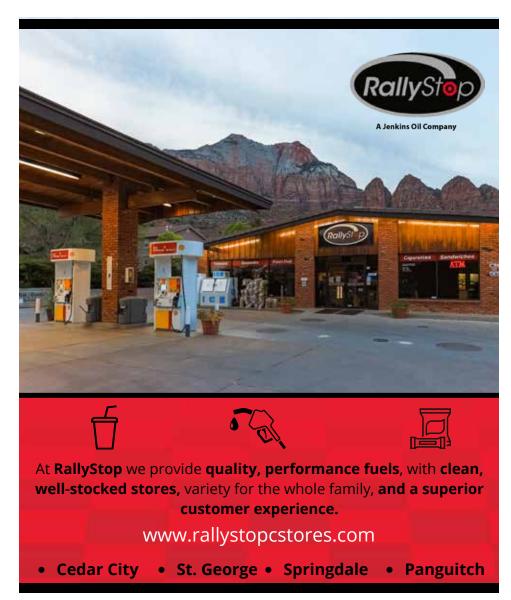


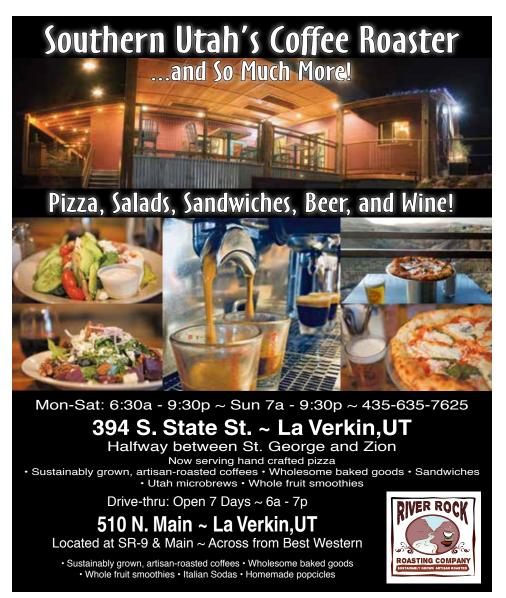
Although it's in Nevada, the city of Mesquite is only 80 miles from Zion National Park. Simply head east on State Route 9, then take I-15 south. Situated directly between St. George and Las Vegas, Mesquite offers all of the amenities and entertainment found in Vegas with none of the traffic, crime, or pollution. For a town of only about 18,000, Mesquite has a lot going on.

CasaBlanca Resort is a hotel, casino, golf course, RV park, and performance venue rolled into one. Its free Summerpalooza event series hosts poolside concerts featuring the best Vegas talent, and the CasaBlanca Showroom regularly houses some of Sin City's best tribute acts — not to mention an annual Elvis impersonator contest.

Eureka Casino Resort is another golfing and gambling destination in Mesquite. It operates the Rising Star Sports Ranch, which is home to Mesquite's NABP League basketball team, the Nevada Desert Dogs.

For more information, visit mesquitenv.gov or mesquitenvchamber. com.





Zion Area Town & Cities

Mt. Carmel, Glendale, and Orderville



The towns of Mt. Carmel, Glendale and Orderville are east of Zion National Park and north of Kanab and are collectively referred to as Long Valley. These towns are very small. However, being centrally located, they serve as waystations for those traveling to Grand Staircase-Escalante National Monument, Bryce Canyon, Kodachrome State Park, or the Coral Pink Sand Dunes State Park.

This area is a little off the beaten path, so venturing into Long Valley immerses one in the resplendence of some of Utah's most untouched outdoor beauty. The three towns are located on Scenic Highway 89, part of the Utah Heritage Highway 89. Opportunities abound for hiking, boating, camping, and more. There are inns, cabins, and lodges in the area for those looking for a place to rest, and the Thunderbird Lodge offers not only rooms but the Thunderbird Golf Course and the Thunderbird Restaurant.

For more information, visit visits outher nutah.com/glendale-orderville or zionguide.com

St. George

for rock climbers, boulderers, and mountain bikers. It offers multiple golf courses and spas as well as opportunities for boating, fishing, horseback or ATV riding, and myriad other outdoor activities.

Snow Canyon State Park and the Red Cliffs Desert Reserve are both located near St. George, and each offers its own unique scenery that's a bit different from that in Zion.

There are often theatrical offerings from local companies including Tuacahn, The Stage Door, The Space Between, and Brigham's Playhouse. Kayenta Art Village and Dixie State University also frequently host concerts, plays, and other cultural events throughout the year.

The St. George Children's Museum is conveniently located downtown right next to both St. George's largest splash pad and another interactive water feature for kids and adults alike — which can be a fun relief from the desert heat. The children's museum does not charge admission (although donations are accepted) and houses exciting kids' activities including a performers' stage, a medieval dress-up area, full-body interactive video games, a dinosaur room, a physics experiment room, and much more.

The Dinosaur Discovery Site is an all-ages dinosaur museum. Located at Johnson Farm, it boasts genuine dinosaur tracks found on site where they are safeguarded, maintained, and on display for the public.

There are numerous art galleries

throughout the St. George area. Of note are Arrowhead ETC, located downtown next to the Electric Theater, and the St. George Art Museum, which houses everything from abstract art to desert landscapes in a variety of media ranging from sculpture to paintings, photography, and beyond.

The Red Hills Desert Garden offers a sampling of native flora set amidst a small outdoor aquarium that is host to several species of native fish. It is set adjacent to one of St. George's most popular hiking and scrambling areas, Pioneer Park, from which one can take in breathtaking views of the entire city.

St. George is also home to over 30 excellent and well maintained public parks. Local favorites include the newly-renovated Vernon Worthen Park and Thunder Junction, which features a train ride, permanent metallophones, and a huge volcano that "erupts." Find a full list at sgcity. org, and visit visitstgeorge.com and stgeorgechamber.com for more ideas for local recreation.

Springdale



Springdale sits at the south entrance to Zion National Park, and

unless patrons enter through the east entrance, they must travel through it to reach the park.

While Zion National Park is a national tourist attraction, locals often come to Springdale just for the high-quality restaurants, and the Bit and Spur Saloon is one of few southern Utah venues that consistently attracts touring bands. Locals also routinely come from Cedar City and St. George simply to enjoy Springdale's top-notch spas, inns, and hotels.

From the Conviction Stout and Springdale Amber to the Ascender Hefeweizen and Zion Pale Ale, The Zion Brew Pub offers seasonal and flagship brews freshly concocted by the Zion Brewery, southern Utah's craft brewery. With an authentic woodpaneled pub feel indoors, the pub also regularly features frequent live music outdoors on the patio — right next to the Virgin River and backed by the grandeur of the canyon walls.

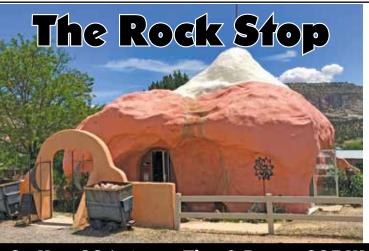
The O. C. Tanner Amphitheater is home to the annual Zion Canyon Music Festival in late September and provides a venue for other festivals and performances as well. For a schedule of events, visit octannershows.com.

For more information on what's going on in Springdale, visit springdaletown.com or zionguide.com.

GET MORE AREA INFO AT ZIONGUIDE.COM

St. George can be reached by traveling 56 miles west on State Route 9 from Zion National Park's south entrance. With a population of nearly 85,000 people, it is the largest city within 100 miles of Zion. Before it was settled, the area was home to Ancestral Puebloans — forbears of the modern Hopi, Zuni, Pueblo, and Southern Paiute nations.

The St. George area is a destination



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LOCALS' GUIDE TO HIKING PREPAREDNESS

National parks are seeing an uptick in helicopters carrying unfortunate hikers out of precarious situations.

In the past decade the number of incidents requiring search and rescue or medical treatment increased much faster than the increase in visitorship. The majority of those rescues occurred in Zion and Bryce Canyon National Parks, and most hikers who end up getting into trouble are either in their 20s or are older than 60.

Despite our highly skilled and dedicated rescue teams' valiant efforts, not everyone made it out of their predicaments safely. Twelve people lost their lives in Utah's national parks in 2017 alone.

It's hard to imagine one wanting a vacation amid the splendor of our national parks to involve search and rescue teams or a close encounter with death.

Zion National Park is often referred to as an outdoor Disneyland. But this is the wilderness, and it's far less forgiving than any theme park. Here are some tips for how to safely enjoy your time in Zion Canyon.

Bring water

You lose more water through perspiration than you realize, and if you are used to a

more moist climate — and nearly any climate is less arid than southern Utah — you can become dehydrated quickly without

The National Park Service recommends that hikers bring one gallon of water per hiker per day. There are fill stations throughout Springdale and the park that provided filtered water at no charge.

Natural water sources in the park such as creeks and streams are not reliable sources of clean drinking water. If you find yourself in a situation wherein you need water but have none, it is strongly advised that any locally-sourced water intended for consumption first be filtered, boiled for at least 10 minutes, or treated with iodine before consuming.

Wear appropriate clothing

While most paths and trails are well maintained, this is the great outdoors, and a little loose gravel or slickrock can lead to injury — or worse. Think of appropriate $\overline{\ }$ footwear as an insurance policy - and

> if you are a little nervous, a hiking stick never hurts. Also, dress lightly if it's going to be hot, but be sure to use appropriate sun protection like sunscreen and large-brimmed hats, because suffering from sunstroke or severe sunburn during an already taxing hike can be brutal.

Hike at your skill level, and don't take risks

Trails in Zion range from short and easy to long and challenging. Don't overestimate your ability and endurance level. And don't engage in horseplay or other activity that might endanger yourself or

others. Some of Zion's hikes are steep, and you wouldn't be the first person to tumble down a hill - or worse, fall off a cliff. Zion is beautiful, but it's also dangerous, so respect yourself and others by respecting the terrain.

Leave wildlife alone

Animals instinctively avoid humans, but the area is home to everything from poisonous snakes to mountain lions. Never approach local wildlife — and never try to feed them. This can result in injury to visitors, and numerous visitors have required stitches after attempting to hand-feed animals. But when humans feed wildlife, it's also not good for the animals, who are already best suited to feed themselves.

Hike sober

Sometimes relatively stationary outdoor activities like boating or camping involve enjoying an adult beverage or two. But when you're hiking the varied terrain of our national parks, you don't want your coordination, balance, or judgment to be impaired to any extent. Zion Canyon, Springdale, and Kanab are home to several fine restaurants and bars but visit them for a cocktail after your hike, not before.







Zion Area Annual Events Calendar

Currently, some events are canceled or postponed due to the Covid19 pandemic. Please check before attending any events.

Washington County Fair Parade, Rides, Rodeo, Concerts, and so much more! Legacy Park, 5500 W. 700 S., Hurricane.

May Kanab 10K A beautiful course sanctioned by USA Track and Field along Hwy 89 from Moqui Cave to the Kanab City Park.

May Amazing Earthfest Southern Utah's festival of learning, arts, and outdoor adventure

June Jacob Hamblin Days Festival A fun festival to celebrate the pioneer and Western heritage of Kanab and Kane County.

July Kanab 4th of July Celebration Celebrate the nation's Independence Day small-town

style in charming Kanab, Utah! Parade, vendors, entertainment and festivities throughout the day into the evening.

Springdale 4th of **Celebration** Celebrate Independence Day with the Springdale community. Kick off with a parade followed by a barbecue, live music and activities for

24th of July Celebration Celebrate the state of Utah with a pioneer dinner. Get ready for the fourth annual Kabob-a-Que.

August

Symphony at the Grand Symphony of the Canyons performs Canyon on the patio at the North Rim Lodge. Bring a picnic dinner and listen as the sun sets over the Grand Canyon.

August Kane County FairOffering many wonderful events for the whole family. Most of the events are free so dont miss out.

Western Legends Round-up August Kanab's celebration of film, music, poetry, and

September Big Water Dinosaur Festival

Celebrating past and present dinosaur discoveries in the Grand Staircase Escalante National Monument.

September Demolition Derby Cars, trucks and "figure 8s" with up to 18 cars demolition derby with events for the entire family, including the Power Wheels Derby for kids and the wife-carrying contest!

September Carmel Mtn. Music and Art Festival and Car Show

Check out fancy cars and enjoy live entertainment, vendors, food and kid-friendly activites.

September Glendale Apple The Glendale Heritage Apple Festival Festival was started to celebrate Pioneer Heritage and the many talents that are in this small town.

September Duck Creek End of Summer **Bash** 6 p.m. to 9 p.m. at the Duck on In Saloon in Duck Creek Village. Come spend your Labor Day Weekend in Duck Creek enjoying live

September Zion Canyon Music Festival

Enjoy the beautiful fall season in Zion as the canyon is filled with music. The Zion Canyon Music Festival features music, art and an exauisite backdrop.

October Red Rocktoberfest

Art, food, live music and poetry, dancing, wagon rides, photography, games and activities for the kids, all on the main drag in Kanab. German food.

Zion Rocktoberfest

Celebrate the start of fall in Zion mixed with traditional Oktoberfest aspects. The event will feature live rock and folk music and many other activities.

Nov.-Dec. Zion Joy to the World Enjoy a wonderland of events in a weekend celebrating winter. Be a part of a community tree lighting, craft fairs, musical events and the fourth annual Light Parade.

November Butch Cassidy 10K Run

This 10K/5K scenic race brings together community, and not just with running. Stay after for some Grafton fun with what is promised to be a party.

November K-town Turkey Trot 5K

Taking place in Kanab on Thanksgiving morning, bring the whole family for this early morning fun run/ walk to make room for that delicious dinner later in

November Plein Air Art InvitationalBe a part of a week of lectures and demonstrations from some of the finest plein air artists in the country. Enjoy painting sales, exhibits and workshops.

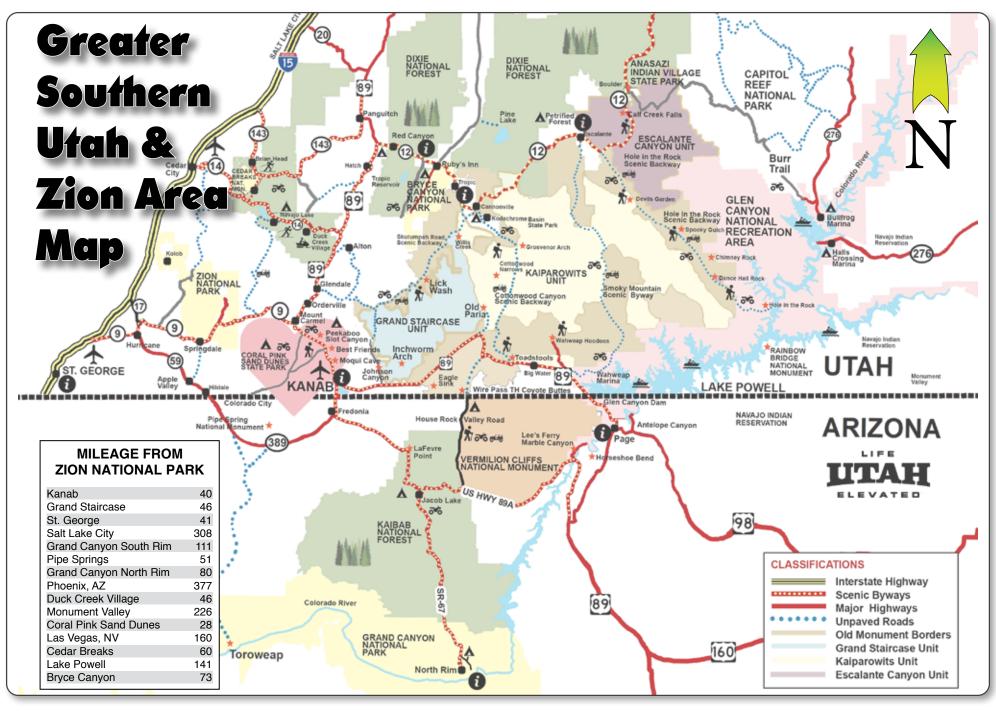
November Christmas Light Parade and Festival
An annual light parade on the Saturday after Thanksgiving. Gourmet s'mores school held on Main Street followed by music, caroling, hot cocoa and a wishing lantern launch.

November Zion Canyon Arts and Crafts Fair Visit Zion for the 26th annual arts and crafts fair put on by Z-Arts. Spend the weekend touring the different vendors and craft booths.

December Windsor Castle by Night

Held at historic Pipe Springs National Monument, the Castle by Night is an opportunity to enjoy a historic recreation of an 1860's early settlement by candlelight and music.







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Southern Utah State & National Parks

ANASAZI STATE PARK MUSEUM - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

BAKER - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, redside shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

BRYCE CANYON - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinion pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

CEDAR BREAKS - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.



CORAL PINK SAND DUNES - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

DEAD HORSE POINT - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

DINOSAUR TRACKS - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large, Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

ENTERPRISE - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.



FOUR CORNERS - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

GRAND CANYON - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

GUNLOCK - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

LAKE MEAD - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

LAKE POWELL - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

PINE VALLEY - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinion trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

QUAIL LAKE - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

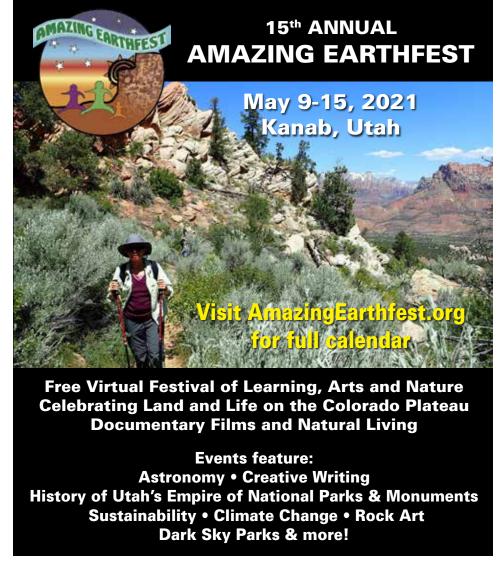
SAND HOLLOW - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.



SNOW CANYON - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

ZION - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion – whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.





Less-Traveled Zion Hikes

Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time. Lower Emerald Pools Trail is closed for trail repairs until Spring 2020.

Hiking is popular in Zion National Park, and popular hikes are seeing record visitation at peak days and times. For a less congested trek, consider these less-traveled

Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking

The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to

For families with young children, this makes an excellent turnaround spot.

Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly 3 miles long and will take about 2 hours to

To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.



Chinle Trail, photo by Doug Dolde

Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't

last long.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short

distance, and then the sand turns into large



Many Pools

flat stones that you can pick and choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

Hidden Canyon

By Bo Beck and Tanya Milligan

Hidden Canyon features steep ascents, narrow foot paths, and switchbacks on a narrow cliffside with exposure at high elevations. Some parts have chains to use for assistance. Be cautious near slippery sandstone areas with steep dropoffs. Expect full sun in most places after the early morning. Once you are into the canyon, it is shady and surprisingly cool.

This impressive 2.2-mile roundtrip hike begins at the same busy trailhead as Weeping Rock, Observation Point, and the East Rim. Begin at the Weeping Rock Trailhead, which quickly splits to the left. The trail you want to follow bears right toward the East Rim, Observation Point, and Hidden Canyon. Watch for a sign that indicates the direction to Hidden Canyon.

A well-traveled path takes trekkers between sheer sandstone walls rising up hundreds of feet, made up by some of Zion's most famous landmarks: Cable Mountain and the Great White Throne. Once beyond the end of the actual trail and into the slot canyon, look for small sandstone caves and a 20-foot long arch. Be careful to only explore as far as you know is safe for you! Few should ever venture past the freestanding arch.

Sandstone pools at the end of this hike are a favorite spot of the delightful and boisterous canyon tree frogs. Look for the tiny gray creatures near the water, and listen for their loud trilling. Past the pools is the end of the Hidden Canyon Trail.

Overlook Trail

By Charlotte Emett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.

Please check with nps.gov for current conditions, restrictions, and access. Be careful and have fun!



Popular Zion Hikes

Trail Closures (as of March 1 '20)

The Weeping Rock Trail, Hidden Canyon Trail, and Observation Point Trail (East Rim from Weeping Rock) are closed due to rockfall damage. These closures are indefinite at this time.

Warning: These hikes are *very* popular and often overcrowded. While they are well worth doing, expect them to be a little congested.

If you are feeling up to some of the more *difficult* hikes, try some of these popular hikes.

Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete and covers just under 5 1/2 miles. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.

This hike climbs through Echo Canyon to a viewpoint of Zion Canyon and offers access to Cable Mountain, Deertrap, and East Mesa trails. Plan for at least half of a day as this hike takes around five hours to complete and stretches over 8 miles. The 2,148-foot change in elevation from start to finish has long drop-offs, so be careful. Like Hidden Canyon Trail, this hike starts at Weeping Rock.

The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more **moderate**, try some of these mid-range hikes.

Watchman Trial

Starting at the Zion Canyon Visitor Center, this hike takes about two hours and covers just under 3 miles. The 368-foot elevation has some minor drop-offs and ends at a view point for Tower of the Virgin, lower Zion Canyon, and Springdale.

Middle Emerald Pools Trail

A two-hour hike, Middle Emerald Pools has long drop-offs. The unpaved trail to the Middle Emerald Pools has loose sand and slippery rocks. You'll cover two miles in 2 hours over the course of a 150-foot elevation gain. The hike starts at Zion Lodge.



"Observation Point Revisited" photo by David J West.

Upper Emerald Pool Trail

Starting at Zion Lodge, this is a shorter trail covering one mile in about an hour. You will rise 200-feet in elevation, and there are minor drop-offs.

Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

Those looking for something **less** strenuous should check out these easy hikes.

Timber Creek Overlook Trail

Overlook Trail covers just one mile and

100 feet in elevation gain. It can be done in

about 30 minutes. The trail follows a ridge

to a small peak with views of Timber Creek,

Kolob Terrace, and Pine Valley Mountains.

A quick hike, the Timber Creek

Pa'rus Trai

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus

Trail is wheelchair accessible and is open to both bicycles and dogs.

Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

Lower Emerald Pool Trail

This paved trail leads to the Lower Emerald Pool and waterfalls. It also connects to the Middle Emerald Pools Trail. It should take about an hour and covers just over one mile with 69 feet in elevation gain.

Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

Weeping Rock Trail

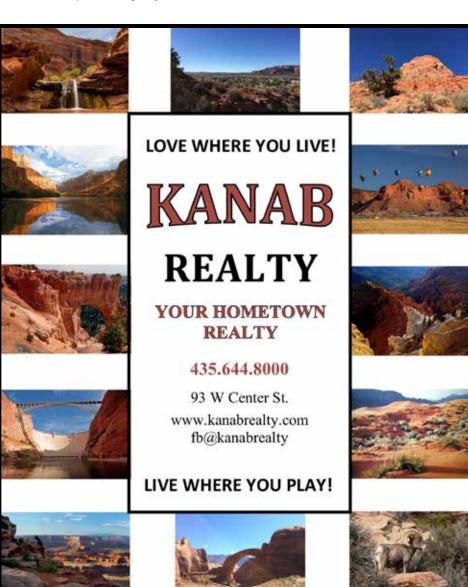
A short but steep hike, the Weeping Rock Trail offers trailside exhibits. This paved trail ends at a rock alcove with dripping springs. It rises 98 feet over just under a half mile. It can be completed in about 30 minutes.

Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessable, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.

You can find lots more hiking and other visitor information at ZionGuide.com and SUindependent.com. Be sure to read our preparedness and safety article on page 24 in this issue before you start your trek. Be safe and have fun!







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Featuring New York Style

Homemade Bagels

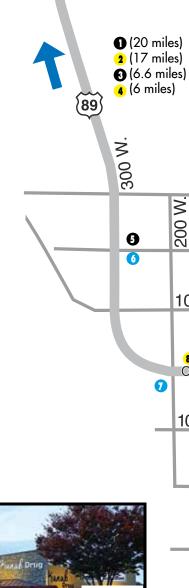
4 East Center Kanab, UT 84741

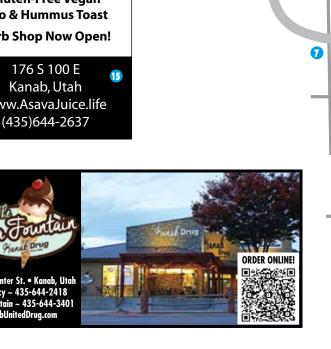
Kanab Utah City Map

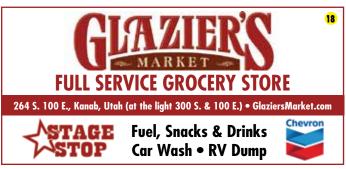


Organic **Cold-Pressed Juice & Smoothies Hot Drinks Gluten-Free Vegan Avo & Hummus Toast Herb Shop Now Open!** 176 S 100 E Kanab, Utah www.AsavaJuice.life











89A

3 (1 mile)

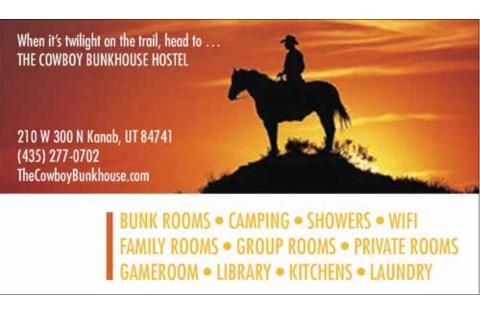
3 (1 mile)

(2.5 miles)

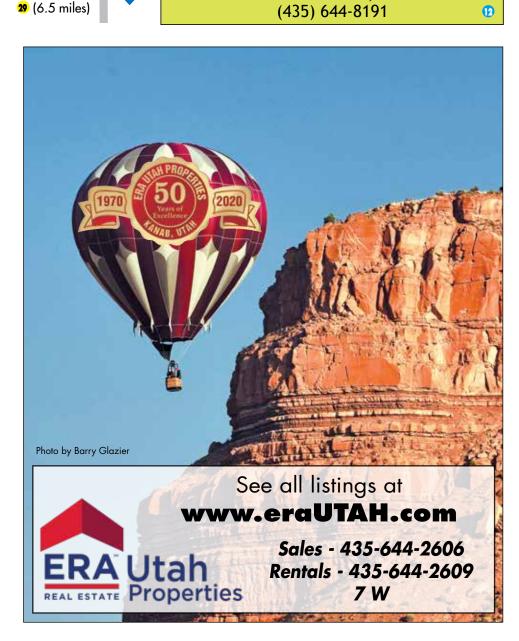
4 (3.7 miles)

O # in

jakey leigh's cafe and bakery







TS FROM ZION GUIDE							
Hours WI-FI rinks, (E)spresso, (V)egan items on menu							
9am-6pm Mon-Sun Yes 7am-2pm Mon-Fri, Sat & Sun 8am-Noon Yes 11:30am-2:30pm & 5-9pm daily Yes 6-10pm Tues-Sat Yes 5pm-9pm Tues-Sun Yes 7:30am-7pm daily Yes							
EAST ZION & KANAB'S FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE FOR EMERGENCIES DIAL 911							
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ions Shop ain T ness							

The St. George Bicycle Collective Needs

VOLUNTEERS & BIKE DONATIONS

Refurbish Bikes for Kids & Folks in Need We need to get 60 - 80 bikes ready this month.

- Also need help with inventory, organizing, and customer service.
- If you'd rather work from home, we have stuff for you to do.

Bike Donations Needed

- We accept all bikes, bike parts and bike accessories.
- Fix up bikes and put them in the hands of people who need them.
- Promote bicycling as a viable alternative for transportation, health and protecting the environment.
- Recycle everything we can so they don't go to the landfill.

Our Mission

Recover & Redistribute Bicycles Teach Bicycle Repair Operate a Repair Facility Engage in Recycling and Reuse Host Bicycle Social Events **Promote Fitness** Strive to be Accesible & Inviting Operate a Mobile Clinic

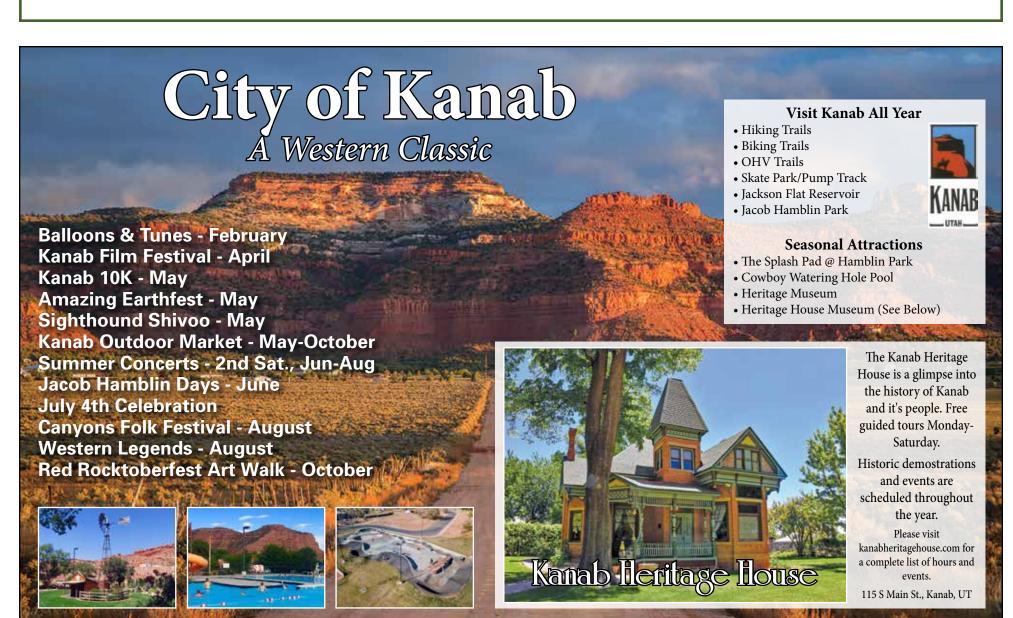
For More Information Call (435) 429-2666







39 South Bluff Street, Saint George, UT 84770 StGeorge@BicycleCollective.org www.BicycleCollective.org/st-george







POWER PRIZE JACKPOT STARTS OUT AT \$500 AND IS GUARANTEED TO HIT BY \$5,000!

Plus, every time the Jackpot hits, up to 150 additional randomly selected players will each receive \$5 in Free Slot Play consolation prizes.

APRIL 1 - 30, 2021



BINGO, KIENO & SLOT PLAYERS

MONDAYS, APRIL 5, 12, 19 & 26
EASTER SUNDAY, APRIL 4, 2021







