

# THE INDEPENDENT

NOW IN OUR 30TH YEAR! 1996 - 2025

# ZION GUIDE

May '25



**GOLD RIVER GALLERY - SOUTHERN UTAH'S NEW PREMIER FINE ART DESTINATION  
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# GOLD RIVER GALLERY - SOUTHERN UTAH'S NEW PREMIER FINE ART DESTINATION

The name "Gold River" was inspired by owner Travis Humphrey's vision of gold flowing through his hands onto frames, symbolizing the merging of artistry and craftsmanship. A river of creativity and heritage flows through

interest to residents as well as the people who visit. Art can be many things, but at its core art is about supporting creativity, free thought, and the creation of history through the eyes of an artist.

To help you start your art journey, Gold River Gallery will be doing a giveaway of an original painting and more. Everyone who visits the gallery in the month of May will be eligible. Along with the giveaway, the gallery will be hosting events throughout the year that will be engaging and fun, starting with a painting demonstration on May 3<sup>rd</sup> by gallery owner Travis Humphreys.

The Humphreys family moved to Cedar City in 1999 with three young children, intent on creating a life filled with opportunity. What started as a frame-making venture that serves clients across 35 states evolved into a fine art gallery that features nationally recognized artists. Gold River Gallery showcases creations by talented regionally well-known and local artists, including:

*Charles Muench, Josh Elliott, Ryan Skidmore, Spike Ress, Ron Rencher, Roland Lee, Kimberly Beck, Josh Elliott, G. Russell Case, Travis Humphreys, and sculpture artist Jeff Wolf.* These are just a few of the artists that they feature and look forward to introducing you to many of the other amazing artists they have at the gallery.

Gold River Gallery stands out, not just because of their handcrafted frames made in house from start to finish, but because of the exceptional artistry and personal commitment of the Humphreys family. With over 35 years of experience in the art world, the gallery has become a testament to preserving artistic traditions and values. Their art includes handmade, closed corner frames, that can be customized to look exactly how you want in your home.

"We offer art for everyone, whether you are a seasoned collector or just beginning. Our collection is tailored to meet your needs and fit your desired price. Explore stunning landscapes that capture the beauty of our region, breathtaking wildlife, vibrant florals, and life-like Bronze Sculptures. The art we offer is professional quality that will hold its value."

Family remains the core of this operation—Travis, alongside his sons, design and build the frames, while his daughter manages the gallery. His wife Kathryn is the heart and has made everything possible.

Being Family-Owned sets Gold River Gallery apart because they have a greater level of personal commitment to their clients. "We carry a deep sense of pride in everything we do and are passionate about preserving artistic traditions. We are connected in the world of art and will help you find exactly what you are looking for. We also offer advice when it comes to collecting, appraising and conserving your art."

The team at Gold River Gallery look forward to connecting with you through engaging events/classes, evolving exhibits, and showcasing skilled local artists. To learn more about the gallery, make sure to check out their website at [GoldRiverGallery.com](http://GoldRiverGallery.com) and follow their social media @goldrivergallery.



Gold River Gallery, reminding us of the beauty that emerges when tradition, passion, and family come together to create something extraordinary.

Art is an investment that is beneficial in many ways. In our homes it can be a story or special piece of history we carry with us and pass down to our children. For businesses art can be a write off and decoration. Art encourages creativity, boosts morale, and elevates our environments. In our community art stimulates commerce, creates jobs, improves our family life by reducing stress, boosting creativity, along with making our neighborhoods places of



## EDITOR'S LETTER - SIGNING OFF WITH GRATITUDE

By James McFadden - Editor Emeritus



As I sit down to write my final Editor's Letter, I find myself reflecting on the journey that began back in March 2020 — just days before the world shut down. Taking on this challenge with The Independent during one of the most unpredictable times in modern history taught me more than I could have ever imagined, and it has provided me with an opportunity to discover what might be possible into the future.

Over these past five years, I've had the privilege of working with a team that exemplifies what collaboration and resilience truly mean. In a world where uncertainty seemed to dominate, our small but mighty crew continues to find ways to keep things moving — consistently, creatively, and with a spirit of support that made even the hardest deadlines feel lighter. I am endlessly grateful for the trust and camaraderie we built together. But don't fret, you may just see a few things from me from time to time. I'm not done writing, that journey is just beginning.

Serving as editor during such a transformational time has also been a personal journey of growth. I've sharpened

and found my voice as a writer, strengthened my instincts as a storyteller, and found new depth as a thought leader — all thanks to the countless conversations, projects, and partnerships I've had with incredible community leaders and promoters who all make Southern Utah such a vibrant place to call home.

This chapter may be coming to a close, but my appreciation for The Independent, its mission, and the community it serves will always remain. Thank you to everyone — colleagues, contributors, readers, and friends — who made this experience unforgettable.

Here's to new beginnings and lasting connections.

KANAB, UTAH PRCA RODEO

# CATORI CANYON Heritage RODEO

MAY 30 & 31

7:00PM | KANE PLEX ARENA

Visit [SouthernUtah.com](http://SouthernUtah.com) [CatoriCanyon.com](http://CatoriCanyon.com)

# FIND THE BEST THAT FARMER'S MARKETS HAVE TO OFFER IN KANE COUNTY



**Kane County**

Are you looking for delicious, unique or beautiful? Visit one of the 4 Farmer's markets in beautiful Kane County, Utah. Get some healthy treats for the hike. Take along some nutritious goodies for the drive through our gorgeous scenery. The best hand-made arts and crafts are the souvenirs of choice from one of our artisans.

In KANAB, there is a market every FRIDAY morning from nine to Noon set up in the parking lot of the Iron Horse restaurant all year around. Fresh eggs, breads, and other baked treats are always on hand. There are also always homemade jams and local honey. Various artisans are on hand with the creations from their wonderful imaginations. While in town, stop into the Tourism Office across from the Hampton Inn and learn about all the sites and hikes nearby. Make Kanab your vacation home base of Southern Utah.



The additional KANAB market happens on WEDNESDAY evenings through October, and it is HUGE. Come get dinner from the food providers. Often, there is musical enter-

tainment. Homemade lollipops for the kids and fresh sourdough bread for sandwiches while traveling. Often, there is seasonal fresh-picked citrus. There are always farm-fresh eggs. Find the market on the lawn of the Kanab Center across from the Parry Lodge, starting at 5 to 8 PM.

The DUCK CREEK OUTDOOR MARKET is a phenomenal SATURDAY event. A large and diverse range of vendors. Fresh, delicious, and beautiful things to taste and have. Talented bakers. Produce providers. Creative crafters and artisans. Get your unique specialty souvenirs here. Homemade jams and local honey. An excellent place for lunch. Right there in the center of Duck Creek Village every Saturday from Memorial Day weekend to the end of September. It's happening from 10 AM to 2 PM, 865 E. Movie Ranch Rd.



We highly suggest you spend time exploring CEDAR MOUNTAIN. The scenery is breathtaking. The hiking trails are epic. Have your breath taken away traveling cross country on an expansive range of trails in a rented "Side by Side." Getting to Cedar Breaks National Monument is a lifetime goal.

Heading West on RT 89 from Kanab MONDAY evening? Stop in ORDERVILLE. From 5:30 to 7:30 PM during June to the end of September. Fresh local produce. The best of creative baked goods. A fine group of artisans. They will be right in the town center on the State Bank lawn.

# AMERICAN CROSSROADS THEATRE'S 2025 SUMMER SEASON IS ALMOST UPON US

July 2 - August 2, 2025 - Cedar City



American Crossroads Theatre (formerly SimonFest Theatre Company) is thrilled to announce its 2025 Summer Season, featuring a vibrant trio of beloved musicals: the family favorite *Chitty Chitty Bang Bang*, the timeless and heartwarming *Little Women the Musical*, and the electrifying rock classic *The Who's Tommy*. All three productions will run in repertory at the Heritage Center Theater from July 2 through August 2, 2025.

Special Discount for Independent Readers: Enjoy 20% off tickets when you purchase by May 31 using promo code Independent20.

The season opens with *Chitty Chitty Bang Bang*, based on the 1968 film adaptation of Ian Fleming's children's novel. Featuring a memorable score by the Sherman Brothers, the story follows an eccentric inventor who transforms a broken-down Grand Prix car into a magical vehicle. Together with his children, he embarks on an unforgettable adventure to rescue their grandfather from a distant land.

Next, *Little Women the Musical* brings Louisa May Alcott's beloved tale to life through Jason Howland's lush, emotionally resonant score. Centering on Jo March and her sisters—Meg, Beth, and Amy—the

story explores their personal dreams and societal challenges as they grow up in Civil War-era Massachusetts.

Rounding out the season is *The Who's Tommy*, the legendary 1969 rock opera by Pete Townshend. Featuring iconic hits like "I'm Free," "See Me, Feel Me," "Sensation," and "Pinball Wizard," this groundbreaking musical follows young Tommy Walker's journey from trauma-induced silence to pinball prodigy and spiritual icon.

The 2025 season will feature a stellar cast, including:

- Richard Bugg, founder and artistic director, as the Baron in *Chitty Chitty Bang Bang*

- Kristina Harding as Marmee March in *Little Women*

- Local powerhouse Tyson Chanticleer as the adult Tommy in *The Who's Tommy*

- And many more talented performers from throughout the region, including artists from as far away as Chicago.

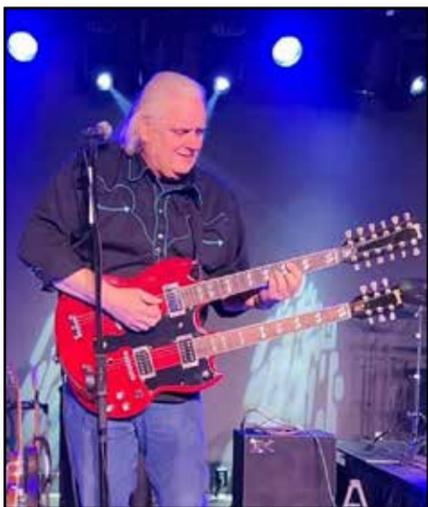
Tickets for the American Crossroads Theatre 2025 Summer Season are on sale now. For performance dates, times, and ticket information, visit [ACTPlayers.com](http://ACTPlayers.com) or call 435-267-0194.



# BUMBLEBERRY THEATER TURNS UP THE HEAT WITH LIVE MUSIC

**June - Springdale**

Springdale's Bumbleberry Theater is doubling down on live music in June, serving up back-to-back Saturday concerts that span American roots, blues and classic rock. Note: the two shows recently swapped dates, so mark your calendars with the *current* schedule below and save the dates.



**The Mighty Steelheads | June 14, 7 PM**

Led by LaVerkin native and pedal-steel ace Vern Monnett, the Steelheads reel in decades of road-tested chops. Monnett spent twelve years touring the globe with Tex-Mex legend Freddy Fender, cutting two albums and even squeezing in an on-screen cameo in *The Beverly Hillbillies* reboot.

He's joined by Las Vegas showman Luke Randall—an *America's Got Talent* alum and house guitarist for a Billy Joel tribute—plus keyboard wizard John Houston, bassist Joe Costello, studio ace Dutch Workman on drums, and guitarist/vocalist Rick Houston. Expect rock standards, country licks and plenty of six-string fireworks.



**Dick Earl's Electric Witness | June 21, 7 PM**

Fresh off a third-place finish at the 2023 International Blues Challenge in Memphis—no small feat against 140 bands from around the globe—Electric Witness hits Springdale with soul-deep vocals, gritty guitar and harmonica straight "from the depths of a true bluesman's soul" (KTIM Radio).

Front-man Dick Earl Erickson is a Las Vegas Blues Society fixture whose career includes pit work at Tuacahn Amphitheatre and a star turn in the award-winning documentary *Into the Fire* (Doc Utah 2022; Best Feature, Zepstone Film Festival 2023).

**The Bumbleberry Theater Experience**

Bumbleberry Theater's 200-seat room pairs state-of-the-art sound with postcard views of Zion's red cliffs, giving locals and park-goers alike a rare, intimate concert setting just steps from the national park entrance.

Tickets start at \$15 and tend to disappear fast—grab yours online at [Bumbleberry.com](http://Bumbleberry.com) (click "Theater") or, if any remain, at the door (897 Zion Park Blvd., Springdale). Bring a friend, snag a slice of Bumbleberry pie, and let the canyon echo. See you under the lights!

# CAMP, CUDDLE, AND SAVE THEM ALL: YOUR BEST FRIENDS GETAWAY STARTS HERE

**Kanab**

Best Friends Animal Sanctuary in Kanab is home to about 1,600 dogs, cats, pigs, goats, horses, bunnies, birds, and wildlife on any given day, making it the nation's largest no-kill refuge. Free tours introduce visitors to Dogtown, Cat World, Horse Haven, Piggy Paradise, and more, while volunteer shifts let guests dive straight into the lifesaving action—walking energetic hounds, brushing burros, or stroller-training curious kittens. Families hoping to fall in love can meet adoptable pets daily at the Welcome Center, Sinjin's in Cat World, and the Adoption Hub, where Sanctuary adoption fees are currently waived. Those extra-smitten may even invite a furry friend on an overnight sleepover in approved lodging for the ultimate test drive.



The visitor fun kicks up even higher from May through October when the pet-centric Best Friends Roadhouse & Mercantile hosts free lawn concerts every Saturday evening and a complimentary 9 AM yoga class that greets the red-rock sunrise. After a good stretch, everyone is welcome at Angel Village Café for a \$5 all-vegan buffet lunch—salad bar, hot entrées, desserts, and canyon panorama included. It's the same million-dollar view that helped Best Friends snag 2024 Best of State medals for Best Attraction, Best Recreation/

Activity Facility, and Best Health Foods.

Once the day's cuddles and canyon panoramas wind down, visitors have two on-site ways to bed down. The Roadhouse, ten minutes from the Sanctuary, welcomes



up to four personal pets per room (or a sleepover guest from the Sanctuary) at no extra charge. A complimentary vegan continental breakfast, two passes to Angel Village lunch, downtown Kanab convenience, and the live-music vibes make it an easy choice for many travelers.

Back inside Angel Canyon, last year's 18-site RV and camping loop has become a fast favorite. Each site offers full hookups, Wi-Fi, and 35-foot concrete pads perched above horse pastures and serenaded by coyote song at dusk. Nearby cottages and cabins round out the stay-your-way lineup, all with easy access to hiking trails, hidden lakes, and the dark-sky stargazing southern Utah is famous for.

Whether you pitch a tent, park the rig, or pull up a chair for sunset guitar riffs, every visit to Best Friends turns relaxation into a chance to Save Them All. Plan tours, volunteer shifts, or adoptions at [bestfriends.org](http://bestfriends.org), and book Roadhouse rooms at [bestfriendsroadhouse.org](http://bestfriendsroadhouse.org) or call 435-644-3400.



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TO SUMMER  
Southern Utah 2025

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# BUCKSKIN TAVERN GRAND REOPENING: STREET TACOS, LIVE MUSIC, AND ROCK LEGENDS!



The Buckskin Tavern is pleased to announce its Grand Reopening on Saturday May 10. At noon the Kanab Chamber of Commerce has arranged a ribbon cutting – which will be followed by our renowned Street Taco buffet and a happy hour of beverages on the house. Come and enjoy our hospitality!

Later that evening we will enjoy the music of Mesozoic, who are being featured in our Beer Garden for their debut performance on the Buckskin's new outdoor stage. Their performance will begin at 8 PM with a \$5 cover charge. Come enjoy the music and the incredible views looking west over the vermilion cliffs.

The Buckskin is also celebrating its Reopening month by hosting rock legends Nazareth on their Bite the Bullet Tour, who will perform live on the new Buckskin stage on Monday May 19. The gates will open at 6 PM with the performance at 8 PM. The Buckskin will show off its new outdoor patio, with food trucks and beer on tap. Tickets are



available at [www.crossroads-entertainment.com](http://www.crossroads-entertainment.com) or in person at the Buckskin.

Nazareth belongs to the first generation of Hard/Heavy bands and has significantly characterized the direction of Hard Rock along with the other pioneers of this genre. Formed in 1968, Nazareth rose from playing the pubs, clubs and dance halls of their native Scotland to become one of the world's most successful rock bands, having sold more than 60 million records and notching up a string of hits along the way. 'Broken Down Angel', 'Bad Bad Boy', 'Turn On Your Receiver' and 'My White Bicycle' all made their marks on the world charts alongside the mega-hits 'Dream On', 'This Flight Tonight', 'Hair Of The Dog' and the one and only 'Love Hurts' are among the hits in their catalogue.

Just over the state line from Kanab in Fredonia AZ, the Buckskin embodies the western cowboy spirit, with the longest bar in Arizonia, 3 pool tables, foosball, corn hole, and 7 TVs to relax and watch sports. Serving the community since 1934, the Buckskin invites you to experience its historic atmosphere and its many activities and performances. Beverage service at the Buckskin boasts 12 beers on tap and a great selection of wine, cocktails, non-alcoholic choices AND package liquor to go. The new food menu includes a variety of fresh, house made tavern favorites and also features amazing vegetarian and vegan choices.



# COMEDY REIGNS SUPREME MAY 31ST AND IT'S ALL ABOUT BALD NATE

So U Comedy Presents!

The cast of So U Comedy is back in full swing with three performance dates in May, featuring a SPECIAL SHOW all about Bald Nate! (Yes, that is how he is affectionately known.) Now is your chance to see the cast in action with an evening full of laughs with fast-paced, short-form improv. Each So U show is unique as it draws suggestions from the audience to create each scene, delivering endless silly scenarios.

So U began nearly a decade ago, and has been steadily growing an audience, not just through performing, but by community engagement. With the belief that "Improv Is For Everyone," the troupe holds regular practices at the St. George Rec Center on Monday evenings at 7 PM.

Community members of all ages and skill levels are invited to learn the basic skills of improv and play in front of their improv peers.

"We really enjoy seeing new faces that have a desire to learn and just be a part of an improv community. Many of our current cast come from different improv backgrounds from all over the country, and we are lucky that they are now a part of ours!" said Ginger Nelson, a current cast member. Nelson noted that an integral part of So U's purpose is to build an improv community in St. George. "We are happy to have had positive connections and opportunities to play with other troupes in the past - Comedy Sportz in Provo, and our friends at OTC Comedy in Cedar City. The more we all work together, the more people experience the fun of improv."



The open invitation to community practice is not just for learning a few skills; many current players of So U began attending practices and eventually auditioned for the troupe. Anyone interested in becoming a performer with So U is encouraged to attend. Auditions to join So U are a few months away. If you are curious about learning improv, want to eventually join the cast, or just want to try something new, check out a performance this month and attend community practice.

On May 3rd and 17th, you can see our cast deliver laughs for the whole family! Performances on the 31st are in honor of America's Improv Sweetheart, Bald Nate. Join our audience that evening to celebrate his astounding beauty, unmatched improv prowess, and don't forget to wear your best suit jacket!

Every other Saturday, you can see So U Improv back-to-back for a family-friendly show at 7 PM, followed by the highly attended Uncensored show at 9 PM. All performances are at the Electric Theater in Upper Room 2. Tickets can be purchased

# TURN YOUR SUMMER ADVENTURES INTO A \$5,000 DREAM VACATION!

Turn Your Summer Adventures into a \$5,000 Dream Vacation!

RedRock Media's *Passport to Summer* is back for 2025—powered by 98.9 Kool FM, Mix 103.1, 102.3 Real Country, 104.1 Zion FM, Dealer Collision Center, and Red Cliffs. This year we promise more fun, more prizes, and more memorable family adventures.

Kicking off Memorial Day, May 26th, and running through September 2nd, *Passport to Summer* invites kids of all ages to get out, explore, and make the most of their summer break. Whether you're camping under the stars, taking a mini road trip, or helping out in the kitchen, *Passport to Summer* is packed with hands-on adventures that make it easy to stay active, discover something new, and maybe even win the family getaway of a lifetime.

Participants who complete five activ-



ities can enter to win from thousands of dollars in fun prizes, ten activities qualifies for a pair of Lagoon tickets, fifteen activities earn eligibility for a Lagoon Family Four Pack, and completing every activity in the Passport booklet enters you for the grand prize: a \$5,000 family getaway to a Southern California theme park of your choice.

"We love seeing families discover new things and make memories together," said Craig Hanson, General Manager of RedRock Media. "Last year's winner, Chloey Woolston, took home the grand prize and spent it on a dream trip to Universal Studios. It's amazing what a little summer fun can turn into."

Passports will be sent home with thousands of elementary students before school's out! You can also pick one up at RedRock Media (1453 S. Dixie Dr., Suite 220, St. George), from any of our amazing sponsors, or download yours online at [passporttosummer.fun](http://passporttosummer.fun). Don't let summer slip away—grab your passport, get out there, and make it one to remember!



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# AMAZING EARTHFEST PACKS FOUR DAYS OF ART, MUSIC & WILD WONDER INTO KANAB

Kanab's signature celebration of land and culture returns May 8–11 as the 19th Annual Amazing Earthfest floods southern Utah with more than two dozen adventures, performances and workshops—all framed by the crimson cliffs that make the region iconic.

Each dawn launches a fresh slate of expert-led hikes through dinosaur track sites, Chinle-formation badlands and Grand Staircase vistas, while daylight hours mix bird-watching for World Migratory Bird Day, solar-telescope "sun safaris," water-wise gardening demos at Best Friends Roadhouse and writing sessions with outdoor authors Zak Podmore and Morgan Sjogren. Evening settles in with film screenings, community dialogues and stargazing accompanied by live music—space-themed costumes encouraged.

Festival centerpiece lands Saturday,

May 10, 4–6 PM, when the Bingham Gallery in nearby Mt. Carmel hosts a chamber concert amid John C. Bingham's western canvases and towering Navajo sandstone. Violinists Alex and Aubrey Woods, pianist Rex Woods and hornist-composer Laurence Lowe weave Bach and Mozart

with the world premiere of three works from Lowe's new album *On Contemplating Loss*. Described by *The New York Times* as "show-stopping," Alex joins Ballet West concertmaster Aubrey in bringing Lowe's contemplative pieces to life; Rex, a globe-trotting professor emeritus, anchors the

piano, while Lowe—fresh from 28 years at BYU—rounds things out on horn. Light refreshments sweeten the sunset.

Earthfest's mission is as lofty as its scenery: inspire stewardship of public lands through science, art and shared experience. Whether you're stretching into sunrise yoga, scanning the heavens, or contemplating classical melodies under cotton-candy skies, the festival invites residents and visitors alike to deepen their bond with the Colorado Plateau and the communities that thrive here.

Plan Your Earthfest Most events are free but require advance registration; concert seating is limited. View the full schedule and reserve spots—including concert tickets—at [AmazingEarthfest.org](http://AmazingEarthfest.org). Pack your hiking boots, and sense of awe, and let Kanab show you why caring for the planet starts with celebrating it.



## \$50,000

# SLIDE IN TO WIN

WIN UP TO

## \$1,000 FREE PLAY

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**SWIPE DAILY FROM 5PM - 7PM**

Earn tier points while you play on your favorite slots & video poker!  
Visit the Rewards Club for official rules & details.

MAY

# JACKPOT DRAWINGS

**DRAWINGS ON MAY 29**  
6PM AT VIRGIN RIVER | 7PM AT CASABLANCA

## WIN UP TO \$2,500!

Earn one drawing entry for every taxable jackpot of \$1,200 or more May 1 – 29!

## WIN UP TO \$750

**EARN ENTRIES | MAY 1 – 31**  
**DRAWINGS | EVERY SATURDAY IN MAY**  
6PM AT VIRGIN RIVER | 7PM AT CASABLANCA

Receive one drawing entry for each \$1 or more winning Side Bet placed on Blackjack, Pai Gow Poker (now available at CasaBlanca and Virgin River), Three Card Poker, or Ultimate Texas Hold 'Em.

*Virgin River Bingo*

# JAM & JUICE

**SATURDAY, MAY 31**  
**DOORS & SALES 8PM**  
**SESSION 9PM (\$35 MINIMUM)**

Live DJ playing your favorite "JAMS", and all players on the winning Bingo table get "JUICED"! Cash prizes from \$100 to \$1,000.

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# FROM PRUNING TO POURING: SPRING BOTTLING SEASON BLOOMS AT ZION VINEYARDS

By Patrick Hayes

Zion Vineyards in May is a time for bottling, weeding, planting, irrigation and growth. The trimming and pruning we did in February and March have benefits visible now. It has promoted new growth that encourages high-quality fruit and ensures the new growth has enough air flow and sun. We planted red clover, a nitrogen producing plant, around the bases of many of our vines this year, to increase our yield. We are seeing small clusters of grapes on the vine already. A good indication of healthy vines.



We've bottled 6 New Reserve wines two of which are available to taste and purchase now, the Sangiovese Reserve and the Teroldego Reserve American Oak.

Sangiovese, from the Latin Sanguis Jovis, "blood of Jupiter". It is one of the most important grape varieties in Italy. Known as the "backbone of Chianti." Sangiovese is the dominant grape variety in Chianti blends. Our 2023 Sangiovese Reserve is

aged in French Oak it is medium-bodied, rich and dry with a bright acidity. Fruit driven in character with aromas of tart cherry and plum, red currants and blackberries. With grippy tannins and savory notes of saddle-leather, tobacco, sage and roasted pepper. *A perfect food wine paired with rich full-flavored meats, Osso Bucco, Lasagna, Chicken Cacciatore and Classic Red sauce pasta dishes, cured sausages and hard cheeses.*

The Teroldego Reserve American Oak, this wine aged in American Oak is full-bodied, and well-balanced, with bold notes of vanilla and cherry, blackberry and currants. Big Oak and smoke with notes of tobacco and woody spice complement a smooth rounded mouthfeel and velvety tannins. This wine has bright fruit notes, like cranberry and pomegranate, blended in with blackberry and raspberry. Expect spicy pepper, a hint of cinnamon or anise, and black earthiness in there as well. *A perfect food wine paired with duck, beef steaks, lamb or braised meats like Osso Bucco and Classic Tomato based Italian dishes. "What Wine Pairs with BACON? You Guessed it, our Teroldego.*

Please come on out and join us for a fun time and taste some of our award-winning wines. Visit us at 5 Hidden Valley Road in Leeds. We are just 12 miles north of St George and just off the I-15 in beautiful Leeds Utah. Reservations are not needed We are Open Seven Days a Week, noon to 6 PM. Online at [zionvines.com](http://zionvines.com) or call 435-216-1340.

# KANE COUNTY'S TRAIL BOOM ROLLS INTO THE THRILLS & SKILLS BIKE FESTIVAL

Online registration opens May 15, 2025

In just four years Kane County, Utah, has erupted from a lone trail system to five purpose-built playgrounds and more than 100 miles of fresh single-track—most so new even Google Maps hasn't caught up.



Tilted Mesa spans three sandstone mesas south of town, packing 16 miles of stacked-loop single-track. Slickrock ribbons, rock gardens, drops, and sweeping vistas paint each ride in red-rock sherbet hues.

Just east of Zion, Applecross climbs between 6,000-6,800 ft. Its three phases now exceed 40 miles of machine-sculpted flow: wood features, high berms, rollers, jumps, and one-way downhill loops that peek into the park's cliffs through piñon and brush.



The county's elder statesman is the 11-mile Navajo Lake Loop near Duck Creek. Poplars, pines, and pockets of malpais make this high-altitude route a scenic, intermediate classic.

At the far eastern edge, the Bureau of Land Management's 6.5-mile Stud Horse Network (built 2023) is set to open to mountain bikes and Class 1 e-bikes this spring. Expect moderate tech, twisting hoodoo corridors, and knockout views of Lake Powell and Skylight Arch.

Finally, crews are carving the Cottonwood Ranch Trails into a private spread beneath Kanab's vermilion cliffs. More than 36 miles of flow and natural tech are planned, promising something for every rider.

To celebrate—and to pin these trails on the digital map—local cyclists



have launched the Thrills & Skills Bike Festival, October 24-26, 2025, at the Kanab Convention Center. Guided rides on three of the five systems will be grouped by ability, while daily gravel and e-bike outings offer laid-back mileage and canyon views.

Festival-goers can sharpen their chops in pro-led clinics covering hill climbs and descents, body position, cornering, new-rider basics, on-trail repairs, and more. Off the dirt, explore next-gen bikes, outdoor gear, and apparel; sample demo rides; chill in the beer garden; catch live bands; graze food trucks; and jump into friendly contests.

Online registration opens May 15, 2025, at [ThrillsAndSkills.com](http://ThrillsAndSkills.com); vendor sign-ups are already live. Roll into Kanab this fall and help put Utah's freshest single-track on every rider's radar.

# CELEBRATE HERITAGE DAYS OF SUMMER IN KANE COUNTY WITH US

*There's Always Something to Do in Kane County!*

Summer in Kane County is bursting with events, traditions, and community spirit. Whether you're a local or a visitor, our *Heritage Days of Summer* offer nonstop fun all season long.



To kick things off, don't miss the PRCA Catori Canyon Heritage Rodeo in Kanab on May 30-31 at 7 PM. Bull riding, steer wrestling, and barrel racing will keep the adrenaline high, while the beer garden, Raven's Rest dirty sodas, and delicious local grub keep you refreshed and satisfied.

In June, catch outdoor movies at the Kanab Center on June 7 and 13, followed by 1950s Weekend on June 16 and a classic drive-in movie on June 17. Then it's time for Jacob Hamblin Days, featuring the heartwarming Rascal Rodeo and the family fun Ranch Rodeo, from June 26-28.

July starts with Independence Day celebrations across Kanab, Orderville, Alton, and Duck Creek, with Orderville marking its 150th anniversary July 4-5. More outdoor movies return to the Kanab Center on July 11 and 18, followed by a time-sake 1890s Social Dinner at the Heritage House July 19, and a festive Pioneer Day



Celebration at Jackson Flat Reservoir. Come back to the reservoir on July 26 for the Radiator Springs Car Rally and Movie Night.

August keeps the fun going with the United Order of Orderville Play (July 31, Aug 1, 2, 4 & 5), Reggae Fest in East Zion (Aug 1-2), and the Kane County Fair on Aug 1-2 and 8-9, featuring the Miss Kane County Scholarship Program on Aug 6. Don't miss the spicy Hatch Chile Festival at Honey's Marketplace (Aug 8-9), the final outdoor movie on Aug 15, and the throw-back 1990s Party on Aug 16.

Be sure to check out Legends Weekend on Aug 22-23 at Jackson Flat Reservoir, where you can enjoy live bands, cowboy poets, and vendors all day long. Don't miss the rodeo the night of August 22 and the Leon Brinkerhoff Memorial Roping on Aug 23. Wrap up the summer events with the Thunder Mountain Pow Wow at the end of August.

This summer, experience the heart of southern Utah—because in Kane County, there's always something to do!

Visit our website at [VisitSouthernUtah.com/heritage-days](http://VisitSouthernUtah.com/heritage-days) for more details.



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OTC COMEDY

o f f t h e c u f f

## MUSIC AND GOOD EATS AT ADRIA'S ARE TURNING UP THE HEAT

If you're looking for where the party's at in Kanab this May, Adria's Restaurant is your front-row ticket. Known for its high-energy Friday night karaoke, Adria's is dialing it up even louder with special guests heating up the stage.



On May 10 at 8 PM, DJ Rulz rolls in to turn the rustic, cozy space into an impromptu dance floor. Known regionally for his ability to read a crowd and mix up everything from pop hits to classic throwbacks, DJ Rulz delivers an interactive set that keeps boots tapping and hands waving until close. Get ready for a high-energy night where the playlist is partly up to you—song requests encouraged!

Then on May 17, from 7 PM to 11

PM, southern Utah's powerhouse band Runaway Fire takes the spotlight. Known for their tight musicianship and ability to cross genres, Runaway Fire delivers a high-octane mix of rock anthems, original tunes, and electrified country that fills dance floors from St. George to Page. Led by a dynamic frontman and supported by skilled guitarists and a thunderous rhythm section, their shows feel like a stadium experience tucked inside a small-town gem. Whether you're a diehard rocker or just out to have a good time, Runaway Fire's energy is contagious—and this is a set you don't want to miss.

Adria's isn't just about music, though. Between sets, you can load up on crowd-pleasing comfort food like the famous Mountain Philly sandwich or grab a fresh-baked pastry if you're just there for the jams. Since opening in 2022, Adria's has carved out its own special niche in Kanab's dining and entertainment scene—a place where you can fill your belly and feed your soul, all in one night.

Adria's Restaurant is located at 86 S 200 W, Kanab. Learn more, see the menu, and snag updates at [adriasrestaurant.com](http://adriasrestaurant.com) or [@adriasrestaurant](https://www.instagram.com/adriasrestaurant) on social.

## THE STAGE DOOR PRESENTS "INTO THE WOODS"

A Spellbinding Summer Production at The Historic Electric Theater!

This summer, The Stage Door invites audiences on a journey Into the Woods with its enchanting production of the beloved musical by Stephen Sondheim (music and lyrics) and James Lapine (book), running June 19 through July 12 at The Electric Theater, a beautifully restored historic venue located in downtown St. George at 68 E. Tabernacle Street.

Scott. "Every element—from music to movement to magic—comes together to create something truly special."

The musical cleverly combines the quests of familiar fairy tale characters into one sweeping narrative, beginning with a series of wishes—a child, riches, beauty, and adventure—that set them all into motion. As their paths cross, each must navigate unexpected trials that challenge their desires, values, and relationships. It's a deeply hu-



Directed by Sterling Hanks in his exciting directorial debut, alongside seasoned co-director Jalee Scott, Into the Woods masterfully intertwines the stories of classic fairy tale characters as they chase dreams, confront consequences, and discover the power of community. With musical direction by Amy Gleave and choreography by Rosa Lee White, this production promises to be a theatrical highlight of the summer.

Audiences will be captivated by a stellar cast including Mimi Knell as the mysterious Witch, Eric Humphries as the kind-hearted Baker, Ashlie Davenport as his resourceful wife, Jackson Betts as the adventurous Jack, Amanda Butler as the fiery Little Red Ridinghood, Mattea Denney as a graceful Cinderella, and Tim Merkley as her charming yet complex Prince. They are joined by many other talented community members to make this a truly unforgettable ensemble.

"This is a cast and creative team you won't want to miss," says co-director Jalee

man story told through fantasy, revealing how interconnected our choices truly are.

Behind the scenes, Stage Manager Kristen McPhie keeps the production running smoothly, while scenic designer and The Stage Door Artistic Director Josh Scott brings the enchanted forest to life with a whimsical and immersive set.

Into the Woods is a funny, heartfelt, and thought-provoking musical that explores the complexity of wishes, family, and the choices that define us—all set to Sondheim's masterful score and Lapine's imaginative, emotionally rich storytelling.

All performances are at 7:30 PM, with one matinee on July 5th at 2 PM. Performances will be held at The Electric Theater at 68 E. Tabernacle Street, St. George, Utah.

Tickets can be purchased online at [stagedoorutah.com](http://stagedoorutah.com) or at the door starting one hour before showtime. Dixie Direct or group ticket inquiries may call (435) 656-4407.

## PANGUITCH VALLEY BALLOON RALLY SPLASHES COLORS ACROSS GARFIELD COUNTY SKIES

June 27–29, 2025 - Panguitch

Utah's favorite high-desert lift-off returns the last weekend of June when roughly three-dozen hot-air balloons rise over historic Panguitch at 6:30 AM each day. The free, family-friendly Panguitch Valley Balloon Rally anchors Main and Center Streets with morning mass ascensions, evening music, and a Saturday-night glow that turns downtown into a living lantern.

curbside and pulse their burners in rhythm with Center & Main, Spilbeedog, and Most Wanted.

Saturday adds extra lift: runners' line up for the PHX 5K at 7 AM outside Panguitch High (390 E. 100 S.), bingo shuffles cards at Social Hall 1–3 PM, and chrome takes a victory lap when the Biker Parade rumbles down Main at 6:30 PM before the glow ignites at 7:30. Sunday's final ascension offers one last sunrise spec-



From dawn till dark on Friday and Saturday, Main Street bustles with food trucks, craft stalls, inflatables, and small-town charm. Live bands kick in Friday 6:30–10 PM, then return for Saturday's glow, when pilots tether their balloons

tackle before vendors roll up the sidewalks.

Why it matters: the rally funnels thousands of visitors onto Panguitch's red-brick main drag, bolstering mom-and-pop eateries and outfitting stores while showcasing Bryce Canyon Country's big-sky beauty.

Locals swear the coolest seat in town is a lawn chair before breakfast—coffee in one hand, camera in the other—as balloons drift over the valley and Bryce's pink cliffs catch first light.

Want in? Show up early, dress in layers, and bring cash for street eats and souvenirs. The festival itself is free; 5K registration happens race morning. Full schedule and lodging tips are at [panguitch.com](http://panguitch.com) or call 435-676-8585.



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**CALL FOR ARTISTS AND VENDORS**

Registration opens April 1st

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[escalantecanyonsartfestival.org](http://escalantecanyonsartfestival.org)

Valerie Orlemann, *First Light on the Mesa* (detail), oil, 2024

UTAH ESCALANTE FOUNDATION  
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# SUMMER SOUNDS RETURN TO THE ROADHOUSE

Best Friends Roadhouse fires up its 4th-annual concert series in Kanab.

From classic country pickin' to high-energy blues, Saturday nights in Kanab are about to get a whole lot livelier. Best Friends Roadhouse & Mercantile launches its fourth-annual free summer concert series on May 3, transforming the pet-centric hotel's landscaped lawn at 30 N. 300 W. into the town's favorite open-air venue. Shows run every Saturday through the last weekend in October: May and June sets play 6-8 PM, July and August slide to a sunset-friendly 7-9 PM, then September and October return to the 6-8 PM groove. Each week features a different regional artist—from returning favorites like River House Band and Ryan Tracey to newcomers sure to become staples—so there's always a fresh reason to toss a blanket on the grass and tap your toes.

Kicking things off, May's lineup brings River House Band on May 3, Richard Jewkes on May 10, Ryan Tracey on May 17, Stone Company on May 24 and Tom Bennet on May 31, followed by Eric Sims strumming into June on the 7th.

Director of Visitor Experience Julie Barger sums up the vibe: "We are so excited

to kick off our summer music series at the Roadhouse. This always signifies the start of a busy tourism season and a great chance for locals, hotel guests and Kanab visitors to gather together and hear some great tunes, enjoy our beautiful landscaping, play lawn games, purchase Mercantile snacks



and beverages or bring a picnic. The music is great, but we're there for the cute dogs people bring to the concerts too!"

The Roadhouse isn't just about Saturday sounds. On the last Tuesday of every month a 4 PM Memorial Rock-Painting class invites guests to create keepsakes, while the second Thursday's 7-8 PM Kitten Bingo delivers prizes, purrs and plenty of feline photo ops. Early risers can find their Zen every Saturday at 9 AM yoga, stretching beneath the red-rock skyline before the evening's guitar riffs take over.

Admission is free, seating is in open space and parking is plentiful. For lodging, directions or a full calendar, visit [bestfriendsroadhouse.org](http://bestfriendsroadhouse.org) or call 435-644-3400. Pack a chair, leash up the pooch and let the Roadhouse soundtrack your southern Utah summer—now clear through the golden days of October.



# THE ART CENTER & KOLOB GALLERY

*Southern Utah's Creative Cornerstone*  
Looking for a place that brings art to life? The Art Center & Kolob Gallery is where Cedar City's artistic energy truly shines. Whether you're an artist seeking expert support or a collector, this creative hub has everything you need.



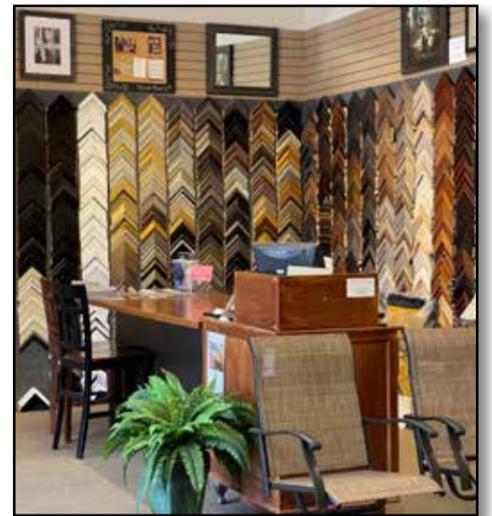
features original works by talented Southern Utah artists. From vivid desert landscapes to expressive portraiture, the gallery showcases the region's creative spirit. It's a place to discover, connect, and support local talent—perfect for anyone seeking meaningful, one-of-a-kind art. "Kolob Gallery is a place to connect with the creative heart of Southern Utah," says Sean Arnold, Manager/Head Framer. "It's not just about art—it's about community and celebrating what makes this region's art scene special."

Create it. Frame it. Discover it. Whether you're creating your next piece, framing a family portrait, or exploring Southern Utah's vibrant art scene, discover the heart of creativity at The Art Center & Kolob Gallery—visit us at 111 S Main St #1 in Cedar City, Monday-Friday from 10 AM to 6 PM, call (435) 586-1414, or visit [cedarartcenter.com](http://cedarartcenter.com) to learn more.

**The Art Center:** Your Creative Support Hub - The Art Center is the go-to spot for high-quality printing, custom framing, and canvas stretching. Artists and collectors trust. With 30 years of experience The Art Center is famous for its unmatched craftsmanship and attention to detail. From printing fine art to framing family heirlooms, everything is handled with care and precision.

"We're here to help artists and collectors protect and showcase their work with precision and care," says Aiza Abdieva, Framing Assistant. "Whether it's printing a new piece or framing a collection, we make sure it's done right. This is the place to come when you want your work presented at its best."

**Kolob Gallery:** Discover Local Talent - Located on-site, Kolob Gallery



# CELEBRATE THE START OF SUMMER WITH OTC COMEDY!

As the school year winds down and summer begins to bloom, there's no better way to kick off your newfound freedom than with a night of laughter at OTC Comedy! Every Friday at 8 PM, come join us at the OTC Comedy Theater (913 S. Main Street) for an evening of improvised comedy that will leave you grinning from ear to ear. Whether you're celebrating graduation, surviving finals, or just enjoying the warmer weather, OTC is the place to be. Tickets are just \$10 and can be purchased online at [otccomedy.com](http://otccomedy.com).

Each Friday show is packed with high-energy, family-friendly fun, created on the spot from your suggestions. Our quick-thinking performers promise you'll be delightfully surprised every time you visit. It's the perfect way to gather friends, family, or even a summer fling for a unique, laugh-



filled night out.

For those ready to push the comedy boundaries, don't miss The Improv Lab on Thursday, May 29, at 7 PM. This 18+ show features OTC performers and occasional special guests diving into experimental formats and unfiltered creativity. It's wild, it's unpredictable, and it's only \$5 to get in on the fun.

Whether you're looking to kick off the summer with tried-and-true laughs at our all-ages Friday shows, or you're curious to see what happens when our comedians color outside the lines in The Improv Lab, OTC Comedy has something special for everyone.

Visit [otccomedy.com](http://otccomedy.com) for tickets, showtimes, and all the latest news. School's out, the sun is out, and the stage is set—come let your summer fun begin with OTC!

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# CANYONS CALLING SUMMER CONCERT SERIES 2025: MUSIC, COMMUNITY, AND CREATIVITY IN KANAB

The Kane County Center for the Arts (KCCA) is thrilled to announce the return of the Canyons Calling Summer Concert Series 2025, set to take place at the picturesque Jacob Hamblin Park. Each free show will be held on the first Saturday of the month, with music starting at 7 PM. With playgrounds for young ones, food trucks for the hungry, a beer garden for the thirsty, and fun for all, this year's series promises an unforgettable experience. It features world-class performances from nationally touring artists alongside a renewed focus on community engagement and fundraising for the future of the arts in Kane County.



The 2025 lineup includes:

- May 3 – Rabbi Blue: A soulful musician blending blues, gospel, and jazz, Rabbi Blue's performances celebrate resilience, community, and the power of music. With decades of experience, including as bandleader for Lou Rawls, his music connects deeply with audiences.
- June 7 – Marti Marti: A nomadic singer-songwriter from West Virginia who travels the country in her camper van, Marti's upbeat melodies and positive lyrics reflect her passion and dedication to music.
- July 5 – The Band Feel: A St. Louis-based rock band that combines classic influences with a modern twist, delivering high-energy performances inspired by 70s rock and mid-century jazz.
- August 2 – Hannah Juanita: Known for her classic, old-school country sound, Hannah's heartfelt songs and powerful vocals have made her a standout in Nashville's traditional country scene playing alongside the likes of Nick Shoulder, Emily Nenni & Kaitlin Butts.
- September 6 – Theoretical Blonde: A Salt Lake City band blending bluegrass,



jazz, Americana, and more, their dynamic sound expands traditional bluegrass with keys and electric bass for a fresh, energetic mix.

This year's series also serves as a platform to support KCCA's efforts to develop a future Arts Campus in Kanab. The campus will feature studios, classrooms, and performance spaces to foster creativity and cultural enrichment. A portion of the proceeds will benefit partnered area nonprofits, further strengthening the community. Attendees will have the opportunity to contribute to this transformative initiative during the events.

Don't miss the Canyons Calling Summer Concert Series 2025, a celebration of music, community, and creativity. Event details are available at [www.kane-countyarts.org/canyons-calling](http://www.kane-countyarts.org/canyons-calling). Follow us on Facebook and Instagram for updates and behind-the-scenes content.



About KCCA: The Kane County Center for the Arts is a 501(c)3 nonprofit dedicated to fostering arts and culture in rural communities. Contact: John Kerr, CEO/Founder - Kane County Center for the Arts (KCCA) Phone: 435.553.7414 - Email: [jkerr@kane-countyarts.org](mailto:jkerr@kane-countyarts.org).

# THE WINERY CAFE IS A CULINARY GEM IN THE HEART OF SOUTHERN UTAH

Tucked within the grounds of Water Canyon Winery, The Winery Café is a true hidden gem where handcrafted food, welcoming service, and a relaxed atmosphere come together for an unforgettable dining experience.

At the heart of the café is Chef Indy Tooke, who brings creativity, skill, and care to every dish. The menu is seasonal and ever evolving, made entirely from scratch using fresh ingredients. From hand-rolled pastas and vibrant salads to tender, perfectly prepared steaks and flavorful starters, every plate is made to order and full of character.



"We want people to feel like they're getting something special, without it feeling over-the-top," says Tooke. "It's all about fresh, thoughtful food made with intention."

The dining experience at The Winery Café is refreshingly unique. All seating is outdoors, where guests can enjoy their meals surrounded by lush vineyards and the dramatic red rock cliffs that define the region. Whether you're catching up with friends, celebrating a milestone, or just treating yourself to a great meal, the setting adds a beautiful backdrop to the experience—without stealing the spotlight from the food.



Service is personal and attentive, with a team that's genuinely passionate about hospitality. From the moment you arrive, you're treated like a regular.

To accompany your meal, enjoy a glass of Water Canyon Winery's all-natural wine, crafted just steps away from the café. Known for its low-intervention methods and vibrant flavors, the winery's offerings include reds, rosés, and orange wine that pairs perfectly with the seasonal menu.

The Winery Café is open Thursday through Sunday from 4 PM to 8 PM, and has quickly become a favorite among locals and visitors alike. With its fresh, homemade dishes, carefully selected wines, and stunning outdoor setting, it offers an experience that's both approachable and exceptional.

If you're looking for somewhere to slow down, savor good food, and enjoy genuine hospitality, The Winery Café is the kind of place that feels like a well-kept secret—one you'll be glad you found.

The Winery Café is located at 1050 W. Field Ave, Hildale, UT and is open Thursday-Sunday | 4 to 8 PM. Visit [WaterCanyonWinery.com](http://WaterCanyonWinery.com) or call 435-862-7825 for reservations today.

# KANE COUNTY HOSPITAL BREAKS GROUND ON OUTPATIENT SERVICES EXPANSION

Kane County Hospital has officially broken ground on a new state-of-the-art Outpatient Services Building (OSB), marking a major investment in expanded healthcare access for southern Utah. The groundbreaking ceremony was held on December 12, 2024, on the hospital campus in Kanab.



The new 36,800-square-foot facility will significantly increase outpatient services including surgery, physical therapy, dialysis, infusion therapy, chemotherapy, and sleep studies. The building will also house administrative offices and include 5,000 square feet of shelved space for future program expansion.

"This new facility is a vital investment in our community's healthcare infrastructure," said Kurt Loveless, CEO of Kane County Hospital. "It will help us meet growing outpatient needs while providing space to evolve with the community."

- Key features include:
- Surgical Suite: 6,000 sq. ft. dedicated

- to modern surgical services
  - Physical Therapy: 2,000 sq. ft. for rehabilitation
  - Clinical Care: 13,000 sq. ft. for IV therapy, dialysis, and oncology
  - Sleep Center: 800 sq. ft. for diagnostic testing
  - Admin & Support: 10,000 sq. ft. for hospital operations
- The \$26.7 million project is being constructed by Hughes General Contractors, with design by MHTN Architecture. Both firms bring decades of experience in healthcare construction across Utah. The design includes future expansion capability and flexibility for new services as community needs grow.
- Completion is anticipated in spring 2027.



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Best of all, I give Dr. Hewitt an honor. My partner and I felt that I have had the best

**Barbara Bellis** 5 stars

Dr. Hewitt was very personable, caring, I will recommend Dr. Hewitt

**Kristin Graziano** 5 stars

Dr. Hopley was very friendly and explained his happy diagnosis

**David Michael** 5 stars

**Allie Bryant** ★★★★★

We are in town for the 4th of July and my son fractured his wrist at the local skate park. They got us in super quick, sedated him in a timely manner, set his wrist and had us in and out in under 2 hours. The whole hospital staff was great and kept the mood light. Thank you for making a potentially rough night so great!

**Jim Mahoney** ★★★★★

I like the explanation of symptoms and images in an approachable and friendly manner; Dr. Hewitt is an asset to our community.

355 N Main St  
Kanab, UT 84741

(435) 644-5811

KaneCountyHospitalUT.gov

# 34TH PAROWAN FUN RUN REVS BACK INTO TOWN

June 14, 2025.

Parowan's Main Street Park will once again sparkle with freshly polished chrome when the 34th annual Fun Run Car Show rumbles in Saturday, June 14, 2025. The city-sanctioned bash teams up with long-time partners Desert Cruisers Car Club of Las Vegas, turning the shady park into a living museum of automotive artistry.



The event's vibe is equal parts reunion and road trip. Many of the 100-plus entries make the annual pilgrimage from Las Vegas for cooler mountain air and small-town charm. "Parowan is the pit-stop our club looks forward to all year," a Desert Cruisers member told The Independent at a past show. Multi-generation families now treat the Fun Run as a summer staple—grandparents swap stories while grandkids climb into tail-finned time capsules for selfies.

Entry is just twenty bucks per vehicle, payable that morning or in advance at the Parowan Visitor Center (5 South Main). Admission for gawkers is gloriously free. For details or to reserve a prime spot on the grass, phone show coordinator Mike Hull at 702-885-3544. Vendor spaces are still available for \$20. Interested parties can contact Jet Smith at 435-559-4504. Car show t-shirts will be available for purchase on the day of the show.

Wrap up: Whether you're chasing parts-swap inspiration or just a reason to escape the desert heat, Parowan's Fun Run delivers a full day of horsepower and hometown hospitality. Mark that calendar, shine those wheels, and let the good times idle.



Gates open for on-site registration at 8 AM, and—true to Fun Run tradition—anything on wheels is welcome: ground-pounding hot rods, pristine antiques, daily drivers with personality, and the occasional engine-swapped lawn tractor. Spectators stroll rows of vehicles while vendors sling kettle corn, crafts, and ice-cold drinks along the perimeter. Judges spend the day obsessing over body lines, paint depth, and those tiny details that separate Best-in-Show from "almost." Expect bragging rights, trophies, and raffle swag to cap the afternoon.

# KANAB ARTS BOARD CALLS FOR "HARVEST HUES" ART SUBMISSIONS

The Kanab Arts Board is pleased to announce an open call for artists to submit their works for the "Harvest Hues" exhibition. This event will celebrate the vibrant colors, textures, and themes inspired by the autumn harvest, highlighting the rich palette of harvest-inspired hues found in nature.



We invite all local artists, whether emerging or established, to submit their original artworks in any medium that reflects the beauty, warmth, and transformative energy of harvest time.

**Exhibition Theme:** "Harvest Hues" The "Harvest Hues" theme focuses on the colors and textures that define the season, including deep oranges, rich reds, golden yellows, and earthy browns, as well as the natural beauty of harvest-related subjects such as crops, bountiful landscapes, and the transition of light.

**Submission Guidelines:**

- Artists may submit up to two pieces of artwork.
- Works may be in any medium: painting, photography, sculpture, mixed media,

- three dimensional or other visual arts.
- All submissions must be original and ready for exhibition.
- All submissions must not have been exhibited in any previous Kanab Arts Board exhibition before.
- Artist profiles and photos of artworks must be submitted by June 2<sup>nd</sup>.
- The exhibition will run from July 17 until September 25.

**How to Submit:** Artists interested in participating must email photos of their artworks to KanabArts@gmail.com. Please ensure that your submission includes:

- High-resolution images of your artwork.
- A brief artist profile (include your background as an artist and how long you have been living in the area).
- Title, dimensions, and medium of each submitted piece.

The Kanab Arts Board is dedicated to showcasing and promoting local talents through our quarterly exhibitions. For more information about the "Harvest Hues" exhibition and submission process, please email KanabArts@gmail.com or send a direct message to Facebook.com/KanabArtsBoard or Instagram.com/KanabArts.



# ART, TIPS, AND CREATIVITY: FREE EVENTS IN ST. GEORGE

**Art Guild Events:**

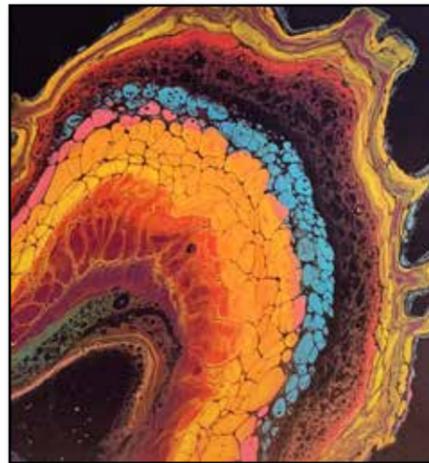
DAYTIME Member Meet + Mingle is Monday, May 13th @ 12:30 PM. Refreshments served. Share your favorite ART TIP OR ART HACK! Location is at Red Cliff Gallery, 220 N 200 E, St. George, Utah 84790.

Photography Club meets in the Lower Level of the St. George Library, 88 W 100 S. To join or express interest, email: photography@SouthernUtahArtGuild.com.

Colored Pencil Club, email Chris Hale at: colored.pencils@SouthernUtahArtGuild.com.

Procreate Club, email Kari Frymier at: procreate@SouthernUtahArtGuild.com.

Location for Color Pencil and Procreate clubs is Gentry Music + Arts, 14 N 70 E in St George on the corner of Tabernacle + University.



Urban Sketchers Club, contact Tina Stergios (text message preferred) @ 702-538-0290.

Watercolor Club at Red Cliff Gallery is on 1st and 3rd Tuesdays 2 to 4 PM. Bring your supplies or come and see what you need. Lots of fun for the summer!

**Arrowhead Gallery:**

The featured artist for May is Leslie Murphy. Leslie's work ranges from representational art to abstracts in acrylic as well as color pencil drawings. Gallery hours are from Tuesday through Thursday 11 AM to 6 PM and Friday and Saturday 11 AM to 8 PM, 68 E. Tabernacle in St. George.

**Red Cliff Gallery:**

Starting in May, enjoy the works of local artists presenting over 175 new works of art at our "Portals and Pathways" art show, 220 N 200 E. The show starts on May

9 and there is an artist's reception from 6 to 8 PM. The show runs through June 19 and all artwork is for sale.

Gallery hours are M-F, 9 AM to 5 PM and Saturday, Noon to 4 PM. The paintings of Noelle Kershaw will be the featured artist during the show.

Art in the Courtyard/ Art Supply Swap Meet on Saturday, May 24 at Red Cliff Gallery Courtyard, from 1 to 4 PM. Fine Art, Crafts, Jewelry, Cards, Prints, Art Bags and Clothing designed by Artists will be for sale and there will be live music. Come by to support your local artists, buy or swap art materials or purchase something special for yourself or for your home.

Visit SouthernUtahArtGuild.com for additional information and recent updates. All events are free and the public is invited.

**TAKE A TOUR TO SOME OF THE MOST SCENIC LOCATIONS IN SOUTHERN UTAH...IN SYTLE!**

**Adventure TOURS OF KANAB** Call/Text to Book 435-689-2029

**South Coyote Buttes • North Coyote Buttes (The Wave) White Pocket • Peekaboo Slot Canyon** (Tours Operated by Grand Circle Tours)

**TOURS FROM KANAB, UT**

BLM Permits Required for Coyote Buttes. Apply at recreation.gov or let us enter the daily lottery for you. If not selected, enjoy a full-day alternate tour at no extra cost.

**Half day tour from \$75/person, Full-Day Tours from Kanab \$225/person**  
**Custom Tours & Group discounts available (up to 10 guests)**  
**8 seats, 4 inside and stadium seats outside**  
**Pet-friendly – let us know at booking**

KANE COUNTY CENTER FOR THE ARTS PRESENTS....

# CANYONS CALLING

summer concert series

@ JACOB HAMBLIN PARK, KANAB, UT

**MAY 3 7PM | RABBI BLUE W/FRIENDS**

**JUNE 7 7PM | MARTI MARTI & THE MOTORCADE W/WICK O'RYA**

**JULY 5 7PM | THE BAND FEEL W/blue marble**

**AUGUST 2 7PM | HANNAH JAUNITA W/EARL ON EARTH**

**SEPTEMBER 6 7PM | THEORETICAL BLONDE W/BRANSON ANDERSON**

sponsored by

\*\*\*FOOD TRUCKS\*\*\* WWW.KANECOUNTYARTS.ORG \*\*\*BEER GARDEN\*\*\*

# HOME-BASED BUSINESS BOOTCAMP IN CEDAR CITY

May 13, 2025. Cedar City Chamber

Home-based business owners, entrepreneurs and aspiring business owners are invited to attend the Home-Based Business Bootcamp on Tuesday, May 13, 2025, from 9:00 a.m. to 2:30 p.m. at Southwest Technical College. Designed for individuals running or planning to start home-based businesses, this empowering event will provide essential tools, strategies, and insights to help participants succeed in today's competitive marketplace.

Registration is \$25 per person and includes lunch. Attendees can register at [www.CedarCityChamber.org](http://www.CedarCityChamber.org) – see events tab.

expertise to support local entrepreneurs at all stages of their journey.

Each partnering organization contributes a unique strength:

- The Cedar City Chamber of Commerce fosters local economic growth and community engagement.
- The Women's Business Center of Utah empowers and supports women entrepreneurs.
- SBDC provides strategic planning and financial guidance.
- APEX focuses on growth through government contracting.
- The Innovation Center offers a col-



The Bootcamp will cover a wide range of topics relevant to home-based businesses, including:

- Social Media Strategies
- Structuring Your Business
- Connecting with the Community
- Marketing and Branding
- Money Management and Tax Considerations
- Mental Muscles Workshop (for personal and professional growth)

This event is a result of a powerful collaboration among local business development leaders, including the Small Business Development Center (SBDC), Women's Business Center of Utah, APEX, Innovation Center, Cedar City Chamber of Commerce, Cedar City-Brian Head Tourism Bureau and the Festival City Farmer's Market. Together, these partners bring a wealth of

laborative space for startups and tech-forward businesses.

The Cedar City-Brian Head Tourism Bureau adds regional development insights, especially in tourism and local opportunity.

"This is a can't-miss opportunity for anyone serious about launching or scaling a home-based business," said a spokesperson from the Cedar City Chamber. "From marketing and legal compliance to financial management and mental resilience, attendees will leave with actionable knowledge and connections to help fuel their growth."

Join us for a day of learning, networking, and empowerment at Southwest Tech. Limited seats are available—register now to secure your spot. Visit [CedarCityChamber.org](http://CedarCityChamber.org) for more information and register today.

# BRANDON VESTAL'S DRY-BAR WIT LIGHT UP THE ELECTRIC THEATER

June 7, 2025 - St. George, UT.



St. George is in for a 90-minute laugh-quake when Dry Bar Comedy star Brandon Vestal brings his sly, slow-burn punchlines to The Electric Theater on Saturday, June 7 at 7 PM. Presented by Electric Comedy, the 7 to 8:30 PM set marks Vestal's first Southern Utah stop since clips from his special *Brandon Vestal: Who?* racked up more than 12 million online views and catapulted the Oklahoma native onto SiriusXM's Comedian of the Month list for his debut album *Smooth* on 800 Pound Gorilla Records.

Vestal's low-key, observational style—equal parts Midwestern good-guy and razor-sharp realist—has earned him festival trophies from Laughing Skull to Big Sky and a brand-new viral album, *Positively Pessimistic*, released last summer. Expect PG-13 reflections on family, fast food, and



the weird little ways life lets us down—before he spins them into comedy gold.

Electric Comedy is a St. George-based stand-up production company founded by Los Angeles comic and filmmaker Val Douroux to "build a better world through laughter." Since launching in 2019, the company has booked Dry Bar and 800 Pound Gorilla headliners, staged sold-out monthly showcases at the 300-seat Electric Theater, and even popped up at Sundance and Los Angeles clubs.

The Electric Theater's brick-and-beam acoustics amplify every chuckle, making it a beloved home base for Electric Comedy's touring series. Doors open at 6 PM; arrive early to snag concessions and prime seats.

Tickets are available at [ElectricComedyNight.com](http://ElectricComedyNight.com), with group and celebration rates via [electriccomedynight@gmail.com](mailto:electriccomedynight@gmail.com). If recent tour stops are any guide, the show will sell out quicker than Vestal can under-react to catastrophe—so save the date, rally your laugh-loving crew, and get ready for a comedic masterclass right on Tabernacle Street.

# TWO TOWNS, ONE BIG SOUND - DC PUB & GRILL'S SUMMER LINE-UP

DC Pub & Grill has quickly become a Southern Utah favorite for food, drinks, and a solid live-music vibe. Owners Azure Dodson and Ashley Pyne took over what was already the deli in Duck Creek in 2022 and gave it new life—transforming it into a family-friendly pub with a liquor license in 2023. By 2024, they'd expanded to Cedar City. "We love showcasing local and regional artists at two amazing locations," Dodson says—and they've packed both venues with live music every weekend this season.



In Cedar City, things kick off May 10 with St. George favorites The Mixx, a six-piece outfit that mixes crowd-pleasing Top-40 and classic rock into an irresistible dance-party blend. Runaway Fire brings soaring vocals and guitar-driven original rock on May 16. The Paddle Out Band joins the Cedar schedule on May 17 with their unique blend of dream-pop, reggae, and indie rock. Then on May 24, nationally touring outlaw one-man band Tom Bennett takes the stage, stomping a kick-drum suitcase while spinning gritty country-blues storytelling.



Over in Duck Creek, the live sets run from 3 to 6 PM starting Memorial Day weekend with Las Vegas troubadour Mike Dean playing both May 24 and 25. He



delivers soulful country covers and heartfelt originals with rootsy flair. Kimmee B fires things up on May 31 with Texas-style country-rock energy. Tom Bennett returns June 7, The Mixx heads up the mountain on June 28, and The Paddle Out Band wraps the Independence Day weekend July 5 with mellow mountain vibes.

DC Pub & Grill is more than just the music, though. The menu draws fans too—with signature mountain phyllys, classic Rueben sandwiches, and a lineup of hearty burgers all served alongside 20 beers on tap. There's never a cover charge, and both spots are open until 11 PM, giving folks time to enjoy post-show drinks, shoot some pool, or just soak in the mountain air around a fire pit.

For details, menus, and upcoming music schedules, visit [dcpubandgrill.com](http://dcpubandgrill.com) or call 435-708-0432. Whether you're craving a cold beer and a mountain philly or chasing some fresh local music, DC Pub & Grill has your weekend plans ready.



## PANGUITCH VALLEY BALLOON RALLY

June 27-29th 2025

<p style="text-align: center; color: #27ae60; font-weight: bold; margin: 0;">FRIDAY</p> <p style="margin: 0;">6:30 AM MASS ASCENSION OF 36 HOT AIR BALLOONS!! EAT LOCAL &amp; ENJOY THE FINE SCENIC VIEWS OF HISTORIC PANGUITCH.</p> <p style="margin: 0;">10:00 AM -UNTIL DARK FOOD VENDORS, CRAFT VENDORS, INFLATABLES, AND MORE.</p> <p style="margin: 0;">6:30-10PM LIVE MUSIC ALONG MAIN AND CENTER IN DOWNTOWN AND FEATURING "CENTER &amp; MAIN",</p> <p style="text-align: center; color: #27ae60; font-weight: bold; margin: 0;">SUNDAY</p> <p style="margin: 0;">6:30 AM MASS ASCENSION OF 36 HOT AIR BALLOONS!! EAT LOCAL &amp; ENJOY THE FINE SCENIC VIEWS OF HISTORIC PANGUITCH.</p>	<p style="text-align: center; color: #27ae60; font-weight: bold; margin: 0;">SATURDAY</p> <p style="margin: 0;">6:30 AM MASS ASCENSION OF 36 HOT AIR BALLOONS!! EAT LOCAL &amp; ENJOY THE FINE SCENIC VIEWS OF HISTORIC PANGUITCH.</p> <p style="margin: 0;">7:00 AM PHX 5K @PANGUITCH HIGH SCHOOL (390 E. 100 S.) STREET. ALL MOTORCYCLISTS INVITED TO PARTICIPATE! MEET @ 400 North.</p> <p style="margin: 0;">10:00 AM-UNTIL DARK FOOD VENDORS, CRAFT VENDORS, INFLATABLES, AND MORE.</p> <p style="margin: 0;">1:00-3:00 PM BALLOON RALLY BINGO \$1 CARDS @ SOCIAL HALL(65 E. CENTER ST)</p> <p style="margin: 0;">6:30 PM BIKER PARADE ALONG MAIN AND CENTER &amp; K CO. DANCE PERFORMANCE</p> <p style="margin: 0;">7:30-10PM HOT AIR BALLOON GLOW ALONG MAIN AND CENTER IN DOWNTOWN AND FEATURING LIVE MUSIC BY "CENTER &amp; MAIN", "SPILBEEDOG", AND "MOST WANTED"</p>
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# TRANQUILITY, AWAY FROM CROWDS AT HAPPENSTANCE ANTIQUES & ART

*Fredonia, Arizona.*

Finding moments of leisure coupled with the prospect of discovery.

Happenstance originated from and continues to endure a post-retirement curiosity involving antiques and vintage pieces coupled with an interest in art by a lifetime non-artist. A droll pastime expanded into researching the beauty and appeal of exceptional pieces, both from a historical perspective and continued contemporaneous use.



As the interest in antiques and art stirred aside the potential boredom factors of complete retirement, I discovered a unique personal compulsion..." I thoroughly enjoyed finding unique pieces!" Thus, my wife, Terry and I (Dan) have opened antique shops during the past twenty plus years to

support this 'search for unique and wonder' by offering these items to shopping guests. Following successful shops in Yarnell AZ and Dillon MT, we opened Happenstance Antiques & Art in Fredonia AZ, a town in Northern Arizona which borders with Kanab UT. We enjoy this area with its historical townships, national parks and outdoor geographical attractions, spending the past years from 2019 to April 2025 season opening sharing our variety of wares with guests that have enjoyed, in their words, 'a pleasurable and mixed shopping experience without pressure or prod' among historical furniture pieces, glassware and pottery from early English pubs and American households, sculptures from Europe and the US, tools from your grandfather's and father's eras, kitchen implements from your grandmother's and mother's times, old and contemporary books to include 1st editions (if not sold), unusual books from the 1930's and comic books from the 1950's plus more current editions, artwork both original and print presenting a variety of styles to include western, portrait, landscape, animal and historical subjects (some known artists and undiscovered artists) blended together with more contemporary collectibles currently being sought i.e. older cameras, typewriters and uranium glassware, also mentioning here saddles both usable and wall hanger and jewelry both inexpensive and expensive.

Your stroll through enticement and



history alongside offered antique and present-day pieces. Located in Fredonia AZ at 55 N. Main Street (Hwy 89A) between City Hall and Post Office. Open for the April-September season Thursday, Friday, Saturday, & Monday (open Sunday for Memorial, 4th of July and Labor weekends). Note: will not be open one weekend a month, generally the third weekend of month, however available (if in town and not away searching for resupply pieces) Call (406) 925-9824 for an in-shop appointment.

**M & S Turquoise**  
Wholesale to the public  
(435) 628-2514  
53 East St. George Blvd.  
St. George, Utah 84770  
FAX (435) 673-2556  
E-mail: msturq@msn.com

# DESERT HEALING DEBUTS OUTDOOR ZEN GARDEN WITH GRAND OPENING

Desert Healing Debuts Outdoor Zen Garden with Grand Opening

If your soul needs a tune-up and your body could use a little love, too, Desert Healing in Kanab just became your go-to wellness destination. Local wellness guru Shana Clark and her husband Joe have unveiled their latest creation—a peaceful outdoor Zen Garden space tailor-made for yoga, meditation, and just plain feeling good.



**Yoga, Tai Chi & Outdoor Bliss** - Starting this month, Desert Healing is offering daily yoga classes—Monday through Thursday and Saturdays in April, expanding to Monday through Friday in May. Regular pricing includes drop-in classes for \$17, a 5-class punch pass for \$75, or a 10-class punch pass for \$130. And just when you thought it couldn't get better, Tai Chi classes are coming in May.

Joe Clark, who built the outdoor space himself, shared, "The impact I've seen Desert Healing and Shana's business make on people's lives has been stunning. We've seen folks lose 30 to 50 pounds, and cancer patients who were barely hanging on now gardening again and enjoying life. It's been amazing to witness."

**Healing from the Inside Out** - Beyond the mat, Desert Healing is a full-blown medical spa and wellness hub, offering everything from Semaglutide (\$350/month) and TIRZEPAtide (\$500/month) weight loss plans to free personalized meal plans, gym memberships, and B12 shots. They even throw in weekly peptide injections to help you reach your goals with confidence and real results.

Check out the menu of wellness drips, vitamin injections, oral sprays, and peptide

treatments on their website, DesertHealing.org. Recovery drips like the Jet Lag or Hangover Cure go for \$190, while wellness options like Immune Boosters and NAD+ treatments range from \$200-\$250. You'll also find sprays like Lose It Plus, Stress Free, and Detox & Glow—each one targeted for a specific need.

**Next-Level Skin & Hair Health** - Also new on the menu: hair analysis testing for vitamin and mineral deficiencies and Opus Plasma skin resurfacing—a cutting-edge, collagen-boosting treatment that tackles wrinkles, acne scars, saggy skin, and more. Safe for all skin types, this non-surgical tech is making waves in the anti-aging world with minimal downtime and visible results after just one session.

You can even book a free consultation to see how it might work for your unique skin concerns.

As Shana Clark herself puts it: "Desert Healing is a part of your soul that you always want to keep fed. So come out to Desert Healing to feed your soul."

**Contact & Booking Info** - Ready to start your journey? Visit DesertHealing.org for class schedules, pricing, and detailed info on services. You can also call 435-899-0559 to book appointments or consultations. Don't forget to follow them on Instagram and Facebook @DesertHealing. Vitamins for updates, wellness tips, and special offers.

Whether you're looking to lose weight,



glow from within, or just breathe in some fresh desert air in a gorgeous new Zen space, Desert Healing has you covered—from head to soul.

**WINE TASTING**

Welcome to Utah Wine Country at **ZION VINEYARDS**

LEEDS, UTAH  
5 Hidden Valley Rd • 84746  
(12 miles north of St. George)

We now have patio seating available Until it gets too Hot. We will be Bottling and Releasing New wines this month. Open 7 Days a week Noon til 6pm Fri and Sat Noon til 7pm No Reservations Needed 435-216-1340

Try Something New Pilates and Yoga Sun May 18th

WOGA, on Sunday May 4th both at our Tasting Room. You must be 21 or over. Yoga is no Cost, and both start at 10am. Then stay for a Wine tasting. The Wine Tasting is \$25 All Yoga Levels Welcome Charcuteries are available \$25 No outside Food/Bring your own mat.

**GOOD FOOD, GOOD DRINKS**

**GOOD TIMES!**

Est. 1934

**BUCKSKIN TAVERN**

The Longest Bar In Arizona

Open daily noon to close (MST). New menu! Only 1/4 mile South of the UT/AZ border. thebuckskintavern.com

★★★★★ - Amazing!  
 ★★★★ - Good  
 ★★★ - Decent  
 ★★ - Poor  
 ★ - Terrible

# THE INDEPENDENT MOVIE REVIEW

By Adam Mast

MOVIE REVIEW: "SINNERS" (R)

★★★★ ½

"Sinners" is so much more than the vampire film it's being marketed as!

Right out of the gate, let it be known that "Sinners" is quite the bold swing for the fences because, despite what the marketing is probably leading most folks to believe, it isn't really a vampire film. Well, that's not entirely true. It is partly a vampire film but there's certainly a lot more going on here. To say that it takes certain risks would be a gross understatement. It should also be noted that this latest effort from writer/director Ryan Coogler ("Fruitvale Station," "Creed," "Wakanda Forever") demands to be experienced on the biggest screen with the very best sound possible because it's truly an all-immersive experience.



"Sinners" opens in the deep south, circa the early 1930s, and introduces us to charismatic twin brothers Smoke and Stack (both played by Michael B. Jordan with the help of strong direction, stellar acting chops, and a little movie magic), as they return to their hometown with aspirations of opening a Juke Joint. Before they can pull it off, though, they'll need to round up the right team to put this epic venture together and this will ultimately bring them face to face with old friends, family members, lovers of the past, tragic memories, and of course, most unexpected foes. Foes that will ultimately challenge them over the course of one hell of a night.

Where to start? "Sinners" is simply alive. There's almost no other way to describe it. It's like ten films rolled into one but it never feels convoluted or overstuffed because Coogler and crew handle the proceedings in such a seemingly effortless way. Additionally, this is a movie that wears its many wonderful influences proudly on its sleeve, something that Coogler has been very vocal about. In fact, some viewers may even find things in there that others won't.

Two films I certainly felt echoes of were the Robert Rodriguez/Quentin Tarantino vampire romp "From Dusk Till Dawn" and Walter Hill's underappreciated ode-to-the-blues road movie "Crossroads" (not to be confused with the Brittany Spears-headlined film from the early 2000s.) What's special here, though, is that "Sinners" never feels like a ripoff of any kind. On the contrary, it feels like the work of a visionary with a pure love for cinema.

In terms of performances, Coogler has put together a stellar ensemble headlined by the likes of Jordan (who manages to sell the twins by giving Smoke and Stack very distinct character traits) and newcomer Miles Caton who literally hits all the right notes as an up-and-coming bluesman named Sammie Moore. The exceptional roster of supporting players also includes the likes of Hailee Steinfeld (you've never seen her like this before), Delroy Lindo (a joy as always), Jack O'Connell (an underappreciated actor who shines yet again), Omar Benson Miller (immensely entertaining), and Wunmi Mosaku (mysterious, passionate, and enchanting) just to name a precious few.

"Sinners" is dramatic, thrilling, funny, violent, bloody, sexy, adult, and bleak, but in its own way, it's also poignant and even hopeful. This is to say nothing of the fact that it's positively oozing in authenticity, and in the end, it's all the stronger for being all of these things. "Sinners" brings so many ideas to the table. It'll leave viewers plenty to chew on. There are themes of racism, culture, oppression, appropriation, legacy, and yes, even vampirism to be sure but Coogler and team display these ideas in rich and exciting ways that are sometimes surprisingly subtle and open to various forms of interpretation. And to top it all off, "Sinners" is also a musical of sorts. At the very least, it's a celebration of music. And a breathless one at that.

Beyond that, the fashion in which "Sinners" goes about delving into the nature of art itself and how our life experiences inform that art is certainly not something I was prepared for. Look no further than a pivotal scene that happens during the end of the film. No spoilers here, only to say; DON'T leave when the end credits begin to roll because the particular scene to which I'm referring is not the kind of sting we're all now accustomed to seeing at the end of a Marvel movie. With all due respect to superhero films (yes, for the most part, I'm a fan), this is something far more thoughtful and profound.

Congrats to Coogler and his entire creative team, DP Autumn Durald Arkapaw and composer Ludwig Göransson among them. The stunning craftsmanship and world building in general go without saying but further props to this terrific storyteller for never sacrificing character in the name of a boring explosion or a pointless kill. This guy is a special talent to be sure and while I absolutely LOVED "Creed," this might be his strongest work to date.

# 3 PLACES TO FISH FOR BASS IN SOUTHERN UTAH

With warmer temperatures in the air, many anglers may be planning their next spring or summer fishing trips. If you want to target largemouth or smallmouth bass, Utah has three stunning locations that not only offer great fishing, but that also need more bass harvest.

more largemouth," Hudson said.

If you are bass fishing in early spring (between mid-March and mid-April), you can typically find the bass in 20-30 feet of water, so a boat can be helpful. Once you locate a school of fish, cast swimbaits and drop-shot rigs and work them slowly.



Gunlock and Sand Hollow reservoirs are both state parks in Washington County that offer largemouth bass fishing. Lake Powell is primarily located in Garfield, Kane and San Juan counties in southern Utah, with a small portion in Coconino County in northern Arizona. Lake Powell lies within the Glen Canyon National Recreation Area and offers fishing for both largemouth and smallmouth bass.

"We would like to see an increased harvest of bass at Sand Hollow, Gunlock and Lake Powell," Utah Division of Wildlife Resources Southern Region Warmwater Biologist Jonathan Hudson said. "Increasing harvest at Sand Hollow will help improve the size, age structure and condition of the bass there. Recent fishery surveys showed evidence of a stunted largemouth population — with few larger than 20 inches — and angler groups have voiced support for trying to improve fish growth and condition at these waterbodies. But arguably the best reason for harvesting bass is how delicious they are! Bass have a light, mild-tasting meat that takes on flavors well and doesn't have a strong 'fishy' taste."

If you want to take home some of these tasty fish, here is some information to help you target them in Utah:

**Time of year-** Largemouth bass can be caught throughout most of the year, but fishing success really improves when the water temperatures warm up. Largemouth bass are a warmwater fish species, and they start to move into shallower habitats to spawn as the water warms in the spring. In the northern part of the state, bass spawning typically occurs in late May or early June. In the southern part of the state, spawning typically takes place in mid-April.

Smallmouth bass are considered a cool-water fish — preferring slightly cooler temperatures than largemouth bass — and they are more difficult to catch through the ice. They tend to spawn later than largemouth bass.

In general, April through June and September through October are the more productive fishing seasons for both smallmouth and largemouth bass in Utah.

**Equipment-** Both of these species will aggressively respond to plastic lures, which are typically inexpensive. If the water is really clear, focus on using more natural-colored lures, like browns and blacks, with colorful flecks that will get the fish's attention. If the water is more turbid, then brightly colored lures can be a good option. (This also applies if you are fishing deep later in the summer where the light doesn't penetrate as far). There are many other lures you can use successfully, however, including crank baits, buzz baits and spinner baits, depending on the time of year.

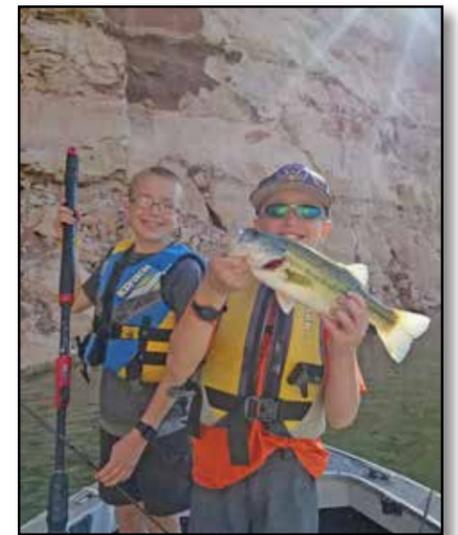
**Techniques -** The most successful fishing techniques will depend on the time of year when you are targeting bass and also on which species of bass you are targeting. Largemouth bass typically prefer vegetative cover, and smallmouth bass really like rocky habitat.

"Typically, techniques for one species will work for the other, but imitating small crayfish in rocky habitat will help you better target smallmouth, while using bigger, moving baits near brushy areas will draw

As water temperatures warm to the mid-50s, you can find bass in 10-15 feet of water near spawning areas, and they typically react to jigs, spinnerbaits and swimbaits.

When water temperatures hit the 60s, you can often see bass in shallow water, actively fanning and guarding their nests during spawning season. They will react aggressively to any baits that come near their nests, including topwaters and jigs. After spawning ends — typically in mid-May — the bass will return to 10-15 feet of water. Fishing early and late in the day, with moving lures like cranks and swimbaits, can be effective at this point, as the bass are typically feeding on sunfish and crayfish.

During the hot summer months, bass will move into deeper water near contours and other structures. Anglers will find the most success targeting them early or late in the day when it's cooler, and they may be a little shallower. While boats make bass fishing easier, shore anglers can also have good success targeting them during the spring and fall when the fish are in shallower water.



"Bass are a really popular sportfish around the country and even around the world — and it is no different here in Utah, because who doesn't love the thrill of fighting a bass on the end of your line?" DWR Sportfish Coordinator Trina Hedrick said. "They are also typically a low-maintenance fish for us because we only need to stock bass for a few years in a waterbody before they take off on their own and start naturally reproducing. Because of this, bass are an efficient species for us and free up more of our fish hatchery space. The greater issue for us is getting enough harvest. Anglers who keep the bass they catch are actually helping the overall population. Without harvest, there will be an abundance of smaller fish competing against each other for a limited supply of food. If anglers are concerned about overharvesting at a bass fishery, they can contact their local DWR office for more information."

While Gunlock and Sand Hollow reservoirs and Lake Powell are great places to fish for bass in Utah, you can find other waterbodies that also offer bass fishing by visiting the Fish Utah map on the DWR website.

## MAY SHOWS

**MAY 3RD**

**MAY 17TH**

7:00 PG - 9:00 R

# THE BALD NATE FUNDRAISER

SHOW

SATURDAY MAY 31ST

ELECTRIC THEATER CENTER

**How To Use This Calendar:** Begin by reviewing the 'Multi-Day Events' section to find specific dates or event types happening over multiple days. For weekly reoccurring events go to 'Events by Day.' Then explore 'Events By Date' for date-specific events.

**Multi-Day Events**

**THE HUNCHBACK OF NOTRE DAME** Apr. 4-May 10, 7 PM. Purchase tickets at [hurricanetheatrical.com](http://hurricanetheatrical.com) or by calling 435-668-9753. Hurricane Fine Arts Center, 92 S. 100 W., Hurricane.

**ENCORE PRESENTS LES MISÉRABLES** May 1-6, 7 PM. A powerful story of love, sacrifice, and redemption. This production brings Victor Hugo's masterpiece to life with a cast of talented young performers. Electric Theater, 68 E. Tabernacle St., St. George.

**BIT & SPUR LIVE MUSIC / FARMERS MARKET** May 5, 12, 19, & 26. 5 PM. Featuring 5/5- Runaway Fire. 5/12- Last Light. 5/19-Electric Witness. 5/26-Juniper City. The Bit and Spur Farmers Market & local bazaar feature everything from local jewelry, produce, artwork, & clothing booths. Dogs & kids welcome, both on leashes, of course. Bit & Spur, 1212 Zion Park Blvd, Springdale.

**GIADA VALENTI: FROM VENICE WITH LOVE** May 2-3, 7:30 PM. A romantic and magical journey of interpretations of American and Italian hits. Visit <https://bit.ly/4ce5K1F> for tickets. Desert Hills High School, 828 E. Desert Hills Dr., St. George.

**KAYENTA NATIVE ARTS MARKET** May 2, and 5, 5 PM. Kayenta Native Arts Market, previously known as Festival of the Americas. Learn more about native cultures. Kayenta Art Village, 881 Coyote Gulch Ct., Ivins.

**JAMIT (THE DUO!) AT CASABLANCA** May 6, and 7, 6 PM. You remember one of the Skydome's favorite bands "Jamit"? Well here are AJ and Tim bringing you all the fun and variety of Jamit as a duo! Classic Rock, R&B and Dance music keeping you on the dance floor all night long! Free. 21 or older. 950 W. Mesquite Blvd., Mesquite.

**AMAZING EARTHFEST** May 8-May 11. A thought-provoking, informative, mission-driven, multi-day educational festival for all ages connecting people to nature & the stunning beauty of southern Utah & northern Arizona. Kanab.

**SO U COMEDY IMPROV - FAMILY FRIENDLY** May 3, and 17, 7 PM. Join us for a one-of-a-kind Improv show! Your suggestions are used to inspire hilarious scenes and characters made up on the spot. Every show is unique! The Electric Theater, 68 E. Tabernacle St., St. George.

**SO U COMEDY IMPROV - UNCENSORED**, May 3, and 17, 9 PM. Join us for a one-of-a-kind Improv show! Your suggestions are used to inspire hilarious scenes and characters made up on the spot. Every show is unique! The Electric Theater, 68 E. Tabernacle St., St. George.

**UTAH LIBRARY ASSOCIATION CONFERENCE** May 13-15, 9 AM. Unforgettable Speakers, Exhibitors, New Products and Services, Fun and Entertaining Networking Activities, and Social Events. Dixie Convention Center, 1835 S. Convention Center Dr., St. George.

**TERRY WAYNE PROJECT AT CASABLANCA** May 13, and 14, 6 PM. Showtimes may vary. R&B, funk, dance, oldies, and classic rock. Free admission. 21 or older. Skydome Lounge, 950 W. Mesquite Blvd., Mesquite.

**ARMED FORCES CELEBRATION** May 16-17, 9 AM. Our largest event of the year is fast approaching: the annual ARMED FORCES CELEBRATION. Western Sky Aviation Warbird Museum, 4196 S. Airport Parkway, St. George.

**KANAB ARTS BOARD SECOND QUARTER EXHIBITION** April 17-June 26. Celebrating the creativity and skill of four local artists alongside the inspiring works of our talented 4-H students. Kanab City Library & Kane County Hospital, 374 N Main St, Kanab.

**GREGG PETERSON BAND AT CASABLANCA** May 20, and 21, 6 PM. Showtimes may vary. Classic Rock, Variety, and dance band. 21 or older. 950 W. Mesquite Blvd., Mesquite.

**THUNDER JUNCTION HULAPALOOZA** May 23-24. 6 PM. Performance by Siva Pasefika! The event will include a frozen treat, a train ride, a craft, photo opportunities, lawn games, & lots of water fun. Please wear clothes you can get wet in! \$8 per person, Thunder Junction All Abilities Park, Tonaquint Park, 1851 S. Dixie Dr., St. George.

**THE SCARLET PIMPERNEL** May 30-June 7, 7:30 PM. Admission is \$15 and \$10 for seniors and students with ID, available at the Heritage Center Box Office and [cvct.online](http://cvct.online). Heritage Center Theater, 105 N. 100 E., Cedar City.

**CRYSTAL FESTIVAL** May 31-June 1, 10 AM. Rock, Mineral, Gem & Crystal Show. Over 30 vendors, children's activities, workshops, and more! Washington County Legacy Park, Grafton Building, 339 5500 W., Hurricane.

**CEDAR CITY DAUGHTERS OF UTAH MUSEUM** 10 AM. Artifacts, Photos, and Histories of our Iron County Pioneer settlers. Tools, Clothing, Hats, Dolls, Furniture, Books, A Spinning Wheel, and the Organ are on display. Cedar City Visitors Center, 581 N. Main St., Cedar City.

  
**casapoolooza**  
**CASABLANCA POOL**  
**DOORS 7PM | SHOW 8PM**  
**THE SPAZMATICS**  
**FRIDAY, MAY 9**  
**JAY DEAD**  
**SATURDAY, JUNE 14**  
**THE BLOCKBUSTERS**  
**SATURDAY, JULY 5**  
**TONY MARQUES BAND**  
**SATURDAY, AUGUST 2**  
**CAROL-LYN'S ALL STARS**  
**SATURDAY, AUGUST 30**  
**OPEN TO THE PUBLIC**  
**21+**

  
 RESORT | CASINO | SPA | GOLF

SCAN FOR  
 DETAILS
 

Events by Day

MONDAYS

**FARMERS MARKET AT THE BIT & SPUR** 5 PM. The Bit & Spur Farmers Market and local Bazaar feature everything from local jewelry, artwork, & amazing produce, clothing booths, & more. Listen to great bands & sample the fare from our awesome taco truck & cocktails from our cantina. Dogs & kids are welcome. Both on leashes, of course. Weather-permitting. Bit & Spur, 1212 Zion Park Blvd., Springdale.

TUESDAYS

**MAKE ART TUESDAYS** 11 AM. Every day is better when you make art! Join us every Tuesday from 11-Noon. to create unique projects that you can take home. St. George Children's Museum, 86 S. Main St., St. George.

**TRAUMA & LOSS WOMEN'S GROUP** 6 PM. Trauma & Loss Group for Women. 640 E. 700 S., Ste. 101, St. George.

**KARAOKE TUESDAY AT WAREHOUSE BAR + KITCHEN** 8 PM. 432 N. 100 W. Cedar City.

WEDNESDAYS

**FREE POOL WEDNESDAYS AT WAREHOUSE BAR + KITCHEN** Warehouse Bar + Kitchen, 432 N. 100 W., Cedar City.

**GAMER CLUB** 3 PM. Teens and 'twens who love anime, gaming, or both meet for book discussions, games, and great times. Santa Clara Library, 1099 Lava Flow Dr., St. George.

**MIDVALLEY: FARMERS MARKET** 4 PM. Live music, jump house, face painting, & more. Beautiful, original, & unique items for your loved one, all the crafters & artisans are local, & everything is handmade. Text: 435 704-6916. 780 Midvalley Rd., Enoch.

**WONDER WEDNESDAY** 4 PM. Wonder Wednesdays are an after-school program for elementary-aged children. Activities are held each Wednesday during the school year. Southern Utah Museum of Art/Southern Utah Museum of Art, 13 S. 300 W., Cedar City.

**KANAB FARMER'S MARKET** 5 PM. Support your local artisans. There is lots of locally grown produce, flowers, food & more on the Front Lawn of the Kanab Center Building, 20 N. 100 E., Kanab.

**ROWLEY'S RED BARN WEDNESDAY MARKET** 5 PM. Come hang with us at Rowley's Red Barn every Wednesday Night for some good times & great vibes. A Perfect destination for a Date night or Family outing. Live music, awesome vendors, & yummy food trucks. Rowley's Red Barn, 471 W. Telegraph St., St. George.

**KARAOKE AT BEAVER DAM BAR** 5:30 PM. Every Wednesday with Gayle Louise (SAME TIME as Mesquite) (435) 229-9725. 411 Co Hwy. 91, Littlefield.

**KJS ICE BARN: COSMIC SKATING** Everyone is invited to come get funky with Freddy with flashing lights, groovy music, cosmic fun, & more! KJs Ice Barn, 2550 E. Pinnacle Way, Enoch.

THURSDAYS

**DESERT COMMUNITY STRINGS AND NEW HORIZONS STRINGS** 5:30-7:30 PM. Open to all ages and abilities. If you used to play a stringed instrument and would like to get back to the joy of music, this group is definitely for you. desertstrings.org. Basement of St. George Medical Building, 736 S. 900 E., St. George.

**KARAOKE B-I-N-G-O!** 6:30 PM. Karaoke B-I-N-G-O! with "Gayle Louise". Two ways to win! Not based on talent. SING-PLAY-WIN! "KORAL KAFE Might As Well Lounge" (435) 627-6262. 2400 N. Town Center Dr., Washington.

**BONKERZ COMEDY NIGHT** 7 PM. Comics from TV and the Movies at the CasaBlanca Showroom! Three new comedians each week! Free Admission. Must be 21 or older. CasaBlanca Showroom, 950 W. Mesquite Blvd., Mesquite.

**KARAOKE WITH DJ LANCE AT MIKES TAVERN** 9 PM. 90 W. Hoover Ave., Cedar City.

FRIDAYS

**CRAFTIVITY** 11 AM. Join this creative activity every Friday where, together, guests & volunteers work to make easy, fun, & educational crafts. St. George Children's Museum, 86 S. Main St., St. George.

**CEDAR STREET FEST** 3 PM. Businesses, artisans, & performers come together for a weekly celebration of Cedar City's unique culture. Enjoy music, food, & fun, including live music, theatrical performances, stand-up comedy, bouncy houses, art classes, games, Artisans Fair, Farmers Market, drive-in movies, & more. Visit Cedarstreetfest.com. Cedar Fun Center, 170 E. Fiddlers Canyon Rd., Cedar City.

**KARAOKE AT ADRIA'S** 7 PM. Come in and have a great time with us! Adria's Restaurant, 86 S. 200 W., Kanab.

**LIVE MUSIC AT HOME ON THE DESERT RANGE** 7:30 PM. Join Home on the Range & Navajo Crafting Co as they welcome local duo Wes & Trekker performing for their first night of live music. Shop, enjoy homemade ice cream, sip some craft soda, & relax to the music. Home on the Desert Range, 97 W. Center St., Cedar City.

**OTC COMEDY IMPROV** 8 PM. Performing for over 20+ years, you can be sure that every show is unique & completely made up on the spot from suggestions that YOU (the audience!) give them! Every Friday. Tickets are \$10. Advanced tickets available for purchase at otccomedy.com. OTC Comedy Theater, 913 S. Main St., Cedar City.

SATURDAYS

**BEST FRIENDS GENTLE YOGA** 9 AM. Join us for a 45-minute gentle yoga class for all levels and ages at Best Friends Roadhouse and Mercantile Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**CEDAR CITY FARMERS MARKET** 9 AM.-1 PM. Come for the farmers, food, and artisans as well as drawings, bingo, and more! For information visit them on Facebook, Cedar Saturday Market, or call Nancy (435) 463-3735. IFA, 905 S. Main St., Cedar City.

**TUACAHN SATURDAY MARKET** 9 AM. Every Saturday morning, live entertainment, crafters, vendors, food & fun. In the event of rain, we cozy up under the cover of the Tuacahn Amphitheater plaza. Tuacahn Amphitheatre, 1100 Tuacahn, Ivins.

**DOWNTOWN FARMERS MARKET** 10 AM. Over 50 vendors from all over Washington & Iron Counties bringing you the best in locally grown produce, pasture-raised meats, raw cheeses, & unique artisanal products. Enjoy local food, goods, and jamming out to local live music. Every Saturday. Vernon Worthen Park, 300 S. 400 E., St. George.

**FESTIVAL CITY FARMERS MARKET** 10 AM. Every Saturday behind I/G Winery. Free admission. Come and support local farmers by buying fresh and local year-round. Shop locally produced and grown fruit, vegetables, cheese, jam, bread, eggs, honey, farm products, and more. 45 W. University Blvd., Center St., Cedar City.

**ADULT DUNGEONS & DRAGONS** 2:30 PM. Join us for the adult Dungeons & Dragons club at the Springdale Library! Embark on epic quests, battle fearsome monsters, and unravel mysterious plots in this immersive tabletop role-playing game. Springdale Branch Library, 126 Lion Blvd., Springdale.

**SATURDAY MOVIE MATINEE AT ST. GEORGE LIBRARY** 2 PM. Washington County Library System, 88 W. 100 S., St. George.

**AL-ANON FAMILY GROUPS WEEKLY MEETING** 3 PM. Al-Anon Family Group is Back! Weekly meetings on Sundays. Mesquite Veterinary Clinic, 371 Riverside Rd. A, Mesquite.

Events by Date

Fri, May 2

**SPRING FIESTA AND SLOW ROLL** An inclusive way to get out and exercise while reconnecting with neighbors and celebrating cultural diversity with a Cinco de Mayo Spring Fiesta! Event parking is available in the SUU parking lot at Center Street/300 West and the public parking structure on Main Street by the Lin's shopping center. Cedar City.

**ART WALK** 5 PM. Wander through the charming streets of the Downtown Art District, where every corner is filled with inspiration and artistic expression. Whether you're an art enthusiast, a casual observer, or simply looking for a unique experience. St. George Main St., St. George.

**FIRST FRIDAYS AT KAYENTA** 5 PM. First Fridays at Kayenta. September through June! Enjoy live music, food trucks, and a pop-up boutique market in the Kayenta Art Village beginning at 5 PM, with film screenings in the theater presented by DOCUTAH. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

Sat, May 3

**UNTIL THE ECLIPSE AT CASABLANCA** 8 PM. Come rock out with "Until The Eclipse," a rock band from Las Vegas, Nevada. CasaBlanca, 950 W. Mesquite Blvd., Mesquite.

**CANYONS CALLING SUMMER CONCERT SERIES** 7 PM. Featuring Rabbi Blue. Every first Saturday of every month. Jacob Hamblin Park 531 N. 100 E. Kanab.

**RIVER HOUSE BAND AT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

Tues, May 6

**THE VIDA GUITAR QUARTET** 7:30 PM. The Vida Guitar Quartet All performances begin at 7:30 at the Heritage Center Theatre. 105 N. 100 E., Cedar City.

Wed, May 7

**FOREIGN FILM CLUB** 6 PM. Washington County Library System, 88 W. 100 S., St. George.

**CCMA: THE VIDA GUITAR QUARTET** 7:30 PM. The VIDA Guitar Quartet brings together four guitarists of exceptional artistry and unerring musical instinct. Heritage Center Theatre, 105 N. 100 E., Cedar City.

Thurs, May 8

**KITTEN BINGO AT BEST FRIENDS ROADHOUSE** 7 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**TAYLOR EVANS AT GEORGE'S** 7:30 PM. Taylor performs his Original Rootz/Reggae, and it's his first time playing at George's. 'Original Music, Only' at George's Corner, George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

Fri, May 9

**CASAPOOLOOZA FEATURING THE SPAZMATICS** 7 PM. Join us for a concert under the stars at the CasaBlanca pool! Must be 21 and older. 950 W. Mesquite Blvd., Mesquite.

**COYOTE TALES: SURRENDER** 7:30 PM. Coyote Tales are live, open-mic-style storytelling events featuring amateur and experienced storytellers. Each event has a theme; the theme for this event is "Surrender." Before the event, storytellers craft their true, on-theme story and practice telling it (5-7 minutes or less). When the doors open, potential storytellers put their name in the hat in hopes of being chosen to share their tale. Kayenta Center for The Arts, 881 Coyote Gulch Ct, Ivins.

Sat, May 10

**SMART SATURDAY** 10 AM. SmART Saturday is a monthly art class geared towards children 6-12 years of age. Two separate sessions begin at 10-11:30 AM and 11:30 - 1 PM on the second Saturday each month. For information or to make reservations, call the St. George Art Museum at (435) 627-4525. 47 E. 200 N., St. George.

**RICHARD JEWKES AT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**DALLAS SMITH AT CASABLANCA** 8 PM. Get ready! Dallas Smith is hitting the CasaBlanca Pool stage. 950 W. Mesquite Blvd., Mesquite.

Mon, May 12

**ERIC DODGE - CONCERT IN THE PARK** 7:30 PM. Bring blankets, lawn chairs, & food. Free to the public. Every second Monday of each month through September. Vernon Worthen Park, 300 S. 400 E., St. George..

Tues, May 13

**HOME-BASED BUSINESS BOOTCAMP** 9 AM. For individuals running or planning to start a home-based business, this empowering event will provide essential tools, strategies, and insights. \$25 includes lunch. Visit cedarcitychamber.org.

Wed, May 14

**NAHKO** 7 PM. An Acoustic Evening with Nahko - St. George Main, 905 S. Main St., St. George.

Fri, May 16

**KATRINA BREE AT CASABLANCA** 8 PM. Blues, Soul, R&B, Rock singer. With her soulful voice & raspy tone, Katrina Bree delivers emotion & passion to her audience spanning many eras & genres of music. 950 W. Mesquite Blvd., Mesquite.

**RUNAWAY FIRE AT DC PUB & GRILL** 6 PM. Runaway Fire will be playing in our Cedar City location. DC Pub & Grill, 650 S Main St., Cedar City.

**THE FAB - A CELEBRATION OF THE MUSIC OF THE BEATLES** 7:30 PM. Back by Popular Demand! Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.



WORKSHOP

HOME-BASED BOOT CAMP

13 May 2025 9:00 AM -2:00 PM 510 W 800 S, Cedar City, UT 84720

Join us for a half-day of expert tips, smart strategies, and great networking to help your business grow and thrive—all for just \$25, including lunch! Register now at cedarcitychamber.org.



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Zion Canyon Music Festival - Photo credit: Photos Filmable Moments

**EXTREME MIDGET WRESTLING** 8 PM. Heritage Center Theatre, 105 N. 100 E., Cedar City.

**Sat, May 17**

**KAYLEE DUTTON MEMORIAL SCHOLARSHIP POKER RUN** 10 AM. Charity Poker Run from St George ( Zion Harley Davidson to DC Pub), Cedar City. All proceeds benefit the Kaylee Dutton Memorial Scholarship at Southwest Technical College. DC Pub and Grill ( Final Stop), 650 S. Main St., Cedar City.

**1940S STYLE HANGAR DANCE** 6 PM. Join us for a 1940s-style Hangar Dance at the Western Sky Aviation Warbird Museum at the St. George Regional Airport. Western Sky Aviation Warbird Museum, 4196 S. Airport Parkway, St. George.

**RYAN TRACEY AT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**COMMON MAN** 7:30 PM. An evening of songs and stories with indie-pop duo, Common Man. House Show, 1101 Province Way, St. George.

**THE BOWERBIRD COLLECTIVE: A SEASON ON THE WIND** 7:30 PM. The Bowerbird Collective proudly presents 'A Season on the Wind', a cinematic concert based on author, ornithologist, & conservationist Kenn Kaufman's book of the same name. Kayenta Center for The Arts, 881 Coyote Gulch Ct., Ivins.

**YELLOW BRICK ROAD AT CASABLANCA** 8 PM. Since 1997, Yellow Brick Road has been reshaping the Las Vegas entertainment culture with its "lounge scene vibe". 21 or older. 950 W. Mesquite Blvd., Mesquite.

**Sun, May 18**

**YOGA AND WINE TASTING (WOGA) AT ZION VINEYARDS** 10 AM. Come & Join us for Woga. That's Wine & Yoga. Held in our tasting room. Yoga is free. Wine Tasting at 11:30 \$25. 21+. 435-849-8813 ZionVines.com. Zion Vineyards, 5 Hidden Valley Rd., Leeds.

**Mon, May 19**

**NAZARETH AT BUCKSKIN TAVERN** 8 PM. Street Tacos, Live Music, & Rock Legends! Noon. The Buckskin Tavern is pleased to announce its Grand Reopening. The Kanab Chamber of Commerce has arranged a ribbon-cutting ceremony, followed by our renowned Street Taco buffet. Come & enjoy our hospitality! Buckskin Tavern, 2321 N. Main St, Kanab.

**Tues, May 20**

**ELECTRIC FILM SERIES** 6 PM. Join us every third Tuesday of each month for a free screening of a noteworthy film. Each movie will include an intro and post-screening discussion with a special guest. Optional food items and various surprises can be expected too! Electric Theater, 68 E. Tabernacle St., St. George.

**HAM RADIO CLUB** 6 PM. "The Virgin Valley Amateur Radio Club holds meetings on the third Tuesday of each month at the airport fire station 3 from 6-7 PM. All hams interested in joining our group and all visitors are welcome. For further information, phone Jonny Rauzi 801-643-4952. Airport Fire Station #2, Mesquite.

**Thurs, May 22**

**BANFF CENTRE MOUNTAIN FILM FESTIVAL WORLD TOUR 2025** 6:30 PM. Banff Centre Mountain Film is one of the largest and most prestigious mountain festivals in the world! Electric Theater, 68 E. Tabernacle St., St. George.

**OTC COMEDY IMPROVE LAB** 7 PM. This experimental comedy showcase brings together OTC members and occasional guests to test out bold new ideas in improv. This 18+ show is a playground for fresh formats, unexpected twists, and unfiltered creativity. Tickets are only \$5. OTC Comedy Theater, 913 S. Main St., Cedar City.

**WIZARD OF OZ AT REDSTONE THEATER** 7 PM. Grab your popcorn and enjoy the show! The Redstone Theater, 29 W. Center St, Kanab.

**TUCKER ESCHMEYER AT GEORGE'S** 7:30 PM. Tucker performs his Original Indie Pop Ballads. It's his first time playing George's Corner. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

**Fri, May 23**

**BANDABBA - THE ULTIMATE TRIBUTE TO ABBA** 7:30 PM. This show brings the iconic music of ABBA to life with incredible vocals, dazzling performances, & an electrifying atmosphere. Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane..

**Sat, May 24**

**RED ACRE: BREAKFAST ON THE FARM** 8:30 AM Enjoy The Farm, hear the roosters crow, feed the animals, and eat a real farm breakfast - fresh and hot off the griddle. Red Acre Farm, 2322 W. 4375 N., Cedar City.

**TOM BENNET AT DC PUB & GRILL** 6 PM. Tom Bennet will be playing in our Cedar City location. DC Pub & Grill, 650 S. Main St., Cedar City.

**STONE COMPANY AT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**FRONTIER HOMESTEAD OPEN MIC NIGHT** 7 PM. Come cheer on community members or show off your talents. Share your music, poetry, comedy, magic, or soliloquy. Free admission. Every 4th Saturday. Call (435) 586-9290. Frontier Homestead State Park Museum, 635 N. Main, Cedar City.

**Mon, May 26**

**MEMORIAL DAY HORSE RACE** 1 PM. Beaver City Horse Races! Join us for an unforgettable day of thrilling horse races set against the stunning backdrop of Beaver, Utah. Canyon Breeze Training Center, 371 N. Highway 153, Beaver.

**CASEY STICKLEY AT GEORGE'S** 7:30 PM. Enjoy Original Alternative Music from LV-based Casey Stickley. George's Corner Restaurant and Pub, 2 W. St. George Blvd., St. George.

**Tues, May 27**

**MEMORIAL ROCK PAINTING CLASS** 4 PM. Every last Tuesday of the month. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**Thurs, May 29**

**THE IMPROV LAB** 7 PM. This 18+ show features OTC performers and occasional special guests diving into experimental formats and unfiltered creativity. It's wild, it's unpredictable, and it's only \$5 to get in on the fun. OTC Comedy Theater, 913 S. Main St., Cedar City.

**Fri, May 30**

**FANTASTIC - A TRIBUTE TO ELTON JOHN** 7:30 PM. Experience the magic of Elton's greatest hits, including Rocket Man, Tiny Dancer, and Your Song, performed live in the iconic Rock Bowl. Get your tickets now and sing along to the classics that defined a generation! Sand Hollow Resort, 5662 W. Clubhouse Dr., Hurricane.

**MEGAMIND ST. GEORGE MOVIE IN THE PARK SERIES** 8:30 PM. Bring your blankets, lawn chairs, and goodies to enjoy the evening and movie as it begins at dusk. St. George Town Square, 50 S. Main, St. George.

**Sat, May 31**

**TOM BENNETTAT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**OTC SPECIAL FUNDRAISING SHOW FOR BALD NATE** Featuring a SPECIAL SHOW all about Bald Nate! (Yes, that is how he is affectionately known.) Now is your chance to see the cast in action with an evening full of laughs with fast-paced, short-form improv. Each So U show is unique as it draws suggestions from the audience to create each scene, delivering endless silly scenarios. OTC Comedy Theater, 913 S. Main St., Cedar City.

**ROCK STAR KARAOKE AT CASABLANCA** 8 PM. Rockstar Karaoke allows you to live out your Rock & Roll fantasies and sing your favorite hits with a real, live rock band! Free Admission. Must be 21 or older. 950 W. Mesquite Blvd., Mesquite.

**Sun, June 1**

**FOREIGN FILM CLUB** 6 PM. Washington County Library System, 88 W. 100 S., St. George.

**Sat, June 7**

**TIMPANOGOS CHORALE ST GEORGE SPRING CONCERT** Noon. Timpanogos Chorale offers a compelling evening exploring the many facets and forms of love—brotherly, romantic, and divine—from comedic to inspiring, featuring folk songs, hymns, movie favorites, and more. St. George Tabernacle, 18 S Main St, St. George.

**ERIC SIMMS AT BEST FRIENDS ROADHOUSE** 6 PM. Best Friends Roadhouse and Mercantile, 30 N. 300 W., Kanab.

**ELECTRIC COMEDY PRESENTS BRANDON VESTAL** 7 PM. Audiences from coast to coast can't get enough of Brandon Vestal's hilariously dry delivery and iconic punchlines that always take unexpected turns. Electric Theater, 68 E. Tabernacle St., St. George.



**Kitten Bingo: Second Thursday Monthly, 7-8 p.m.**  
Enjoy bingo night with the family and roomful of adoptable kittens at Best Friends Roadhouse and Mercantile



**Gentle Yoga: Saturdays, 9 a.m.**  
Join us for a 45-minute gentle yoga class for all levels and ages at Best Friends Roadhouse and Mercantile



**LIVE MUSIC AT BEST FRIENDS ROADHOUSE STAGE**  
LIVE Music: River House Band - May 3, 6-8 p.m.  
LIVE Music: Richard Jewkes - May 10, 6-8 p.m.  
LIVE Music: Ryan Tracey - May 17, 6-8 p.m.  
LIVE Music: Stone Company - May 24, 6-8 p.m.  
LIVE Music: Tom Bennet - May 31, 6-8 p.m.



**Memorial Rock Painting Class**  
Last Tuesday of every month at 4 p.m.  
at Best Friends Roadhouse and Mercantile



**Angel Village Café: \$5 vegan lunch with a million-dollar view**  
Every day from 11:30 a.m. to 1 p.m. The buffet menu changes daily, see the menu here: [bestfriends.org/angel-village-cafe-menu](https://bestfriends.org/angel-village-cafe-menu)

# Welcome To Zion from Zion Guide!



Photo by David J. West

## Safety Tips For Zion

### Emergencies

For 24-hour emergency response, call 911 or (435) 772-3322. The Zion Canyon Medical Clinic is located in Springdale near the south entrance to the park. For hours, please call (435) 772-3226. Other medical clinics are located in Hurricane. The nearest hospitals are in St. George, Cedar City, and Kanab.

### Hydrate and use refillable water bottles

It is easy to get dehydrated while hiking and walking in the desert, so pack along extra water, and be sure to take rest and water breaks on long hikes. There are a number of places to refill your water bottles in Zion National Park including the visitors' center and Zion Lodge as well as a new hydration station at the Springdale bus stop in front of The Bumbleberry Inn and Zion Canyon Brew Pub.

### Be cautious near steep cliffs

Falls from cliffs on trails can result in death. Loose sand or pebbles on stone are very slippery. Be careful of edges when using cameras or binoculars. Never throw or roll rocks because there may be hikers below you. Stay on the trail. Stay back from cliff edges. Observe posted warnings. Please watch children.

### Watch for flash floods

All narrow canyons are potentially hazardous. Flash floods, often caused by storms miles away, are a real danger and can be life threatening. You are assuming a risk when entering a narrow canyon. Your safety is your responsibility.



## Tips To Minimize Your Impact

### Pack it in, pack it out & use recycling bins

Each month, Zion National Park pays many thousands of dollars to haul away waste collected from garbage cans and recycling bins. Your experience and that of everyone who visits Zion Canyon can be improved by never littering and making sure you pick up any trash you see along the way. Recycling bins are placed strategically throughout Zion Park, and it is highly encouraged for everyone to use them.

### Please stay on the marked trails

Hiking off trails can lead to loss of vegetation, soil compaction, erosion, and unsightly scars on the landscape. Remember, if you bring it in, please pack it out.

### Go before you go

It is always a good idea to use the restroom before you begin a hike since facilities are limited to select locations. If you do need to take care of your business, please pack it back out.

### Be respectful to the wildlife

Feeding, harming, or capturing wild animals is illegal and can cause injury or death to the animal. Animals can become aggressive beggars when fed.

### Please leave it how you found it

It is illegal to remove anything from Zion National Park, including flowers, rocks, or anything else that you might find. Do not write or carve on natural surfaces.



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## Top Things To Do In Zion

### Get some great hiking in

Zion National Park is known for its scenic landscape and unrivaled hikes. No matter your fitness level, there are hikes here for you. Please go to [ZionGuide.com](http://ZionGuide.com) to see the details on many area hikes.

### Spend a day in Springdale

Springdale is unique to our national park system in that it is almost completely surrounded by Zion National Park. So when you're in Springdale, you're right in the middle of Zion Canyon.

### Catch an event

Not only does Zion Brew Pub have live music every Saturday, the property also hosts a handful of events throughout the year, as do the Bit and Spur restaurant, Tanner Amphitheater, Bumbleberry Inn, Wildcat Willies, and several other locations.

### Try a guided tour

Jeep, helicopter, ATV, canyoneering, horseback riding, or mountain biking, guided tours are all available. Many of these tours take you outside Zion National Park boundaries and give you a unique perspective on Zion's canyons and plateaus from surrounding areas of southern Utah. Check out [ZionGuide.com](http://ZionGuide.com) for listings and ads.

### Visit the east side of Zion and spend a day in Kanab

The east side of Zion is generally less crowded, making hikes more accessible and private. These are some of the most enjoyable hikes in the canyon. You can spot wildlife you won't see elsewhere in the canyon. The city of Kanab, situated east of the canyon, is full of unique attractions, like the Little Hollywood Movie Museum and the Best Friends Animal Sanctuary.

### Take lots of pictures, leave only footprints

Be sure you've got extra charged batteries, smartphone cables, and memory cards so you can capture all the magic of Zion National Park. Additionally, there are numerous photo tour and guiding companies to assist you. Thank you for visiting the Zion National Park area.

## Tips To Maximize Enjoyment

### Go on a less crowded hike

The most visited Zion hikes have a lot of competition. If you'd rather not feel like you're in the line at a theme park, consider seeking out a less traveled path. Check out our feature, [Less-Traveled Zion Hikes](#), in this issue.

### To avoid the crowds, go early or late in the day

Consider getting up extra early or trekking out midday after the initial rush has flooded in.

### Consider coming back again in the low season

Starting in the late fall, the number of visitors to Zion Canyon starts to dwindle, and by December it's significantly less than in the heat of the summer. It is simply a different experience to see Zion in the winter with the snow-capped monoliths. Most hikes are still accessible and are less crowded. You can also drive to the Temple of Sinawava parking lot. The shuttles stop running from November until March.

### Check out Kolob Canyons & Kolob Terrace Road

With gorgeous open spaces and plenty of dirt roads to explore, Kolob Terrace Road is one of Zion's best kept secrets. You'll notice the air getting cooler as you gain elevation, and you'll find plenty of beautiful views worth stopping at for a quick photo op. The Kolob Terrace Road turnoff is in Virgin, so watch for signs. Portions of the Kolob Canyon District of Zion National Park are reached via Exit 40 on Interstate 15.

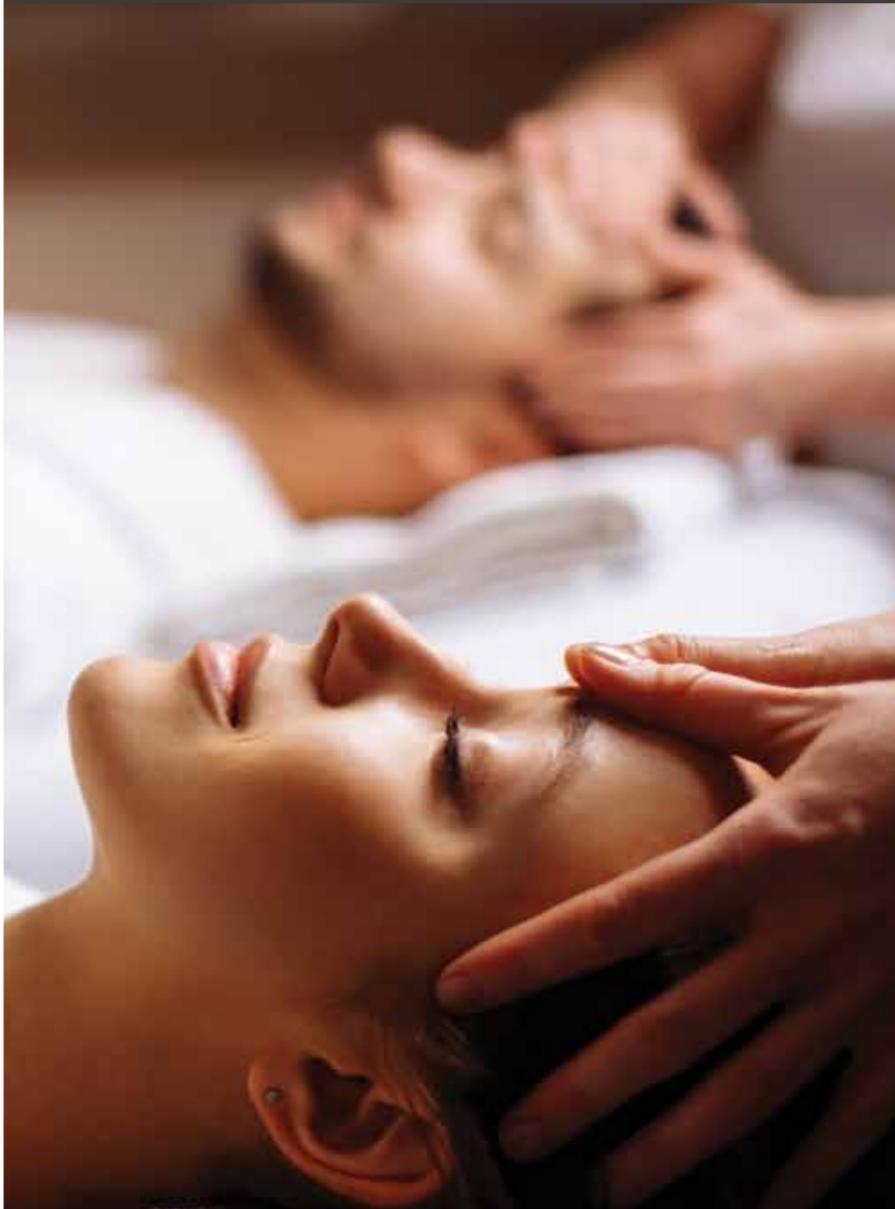


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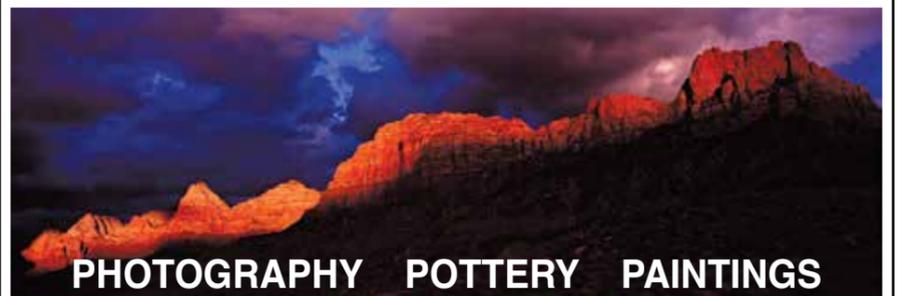


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# Springdale Utah Town Map

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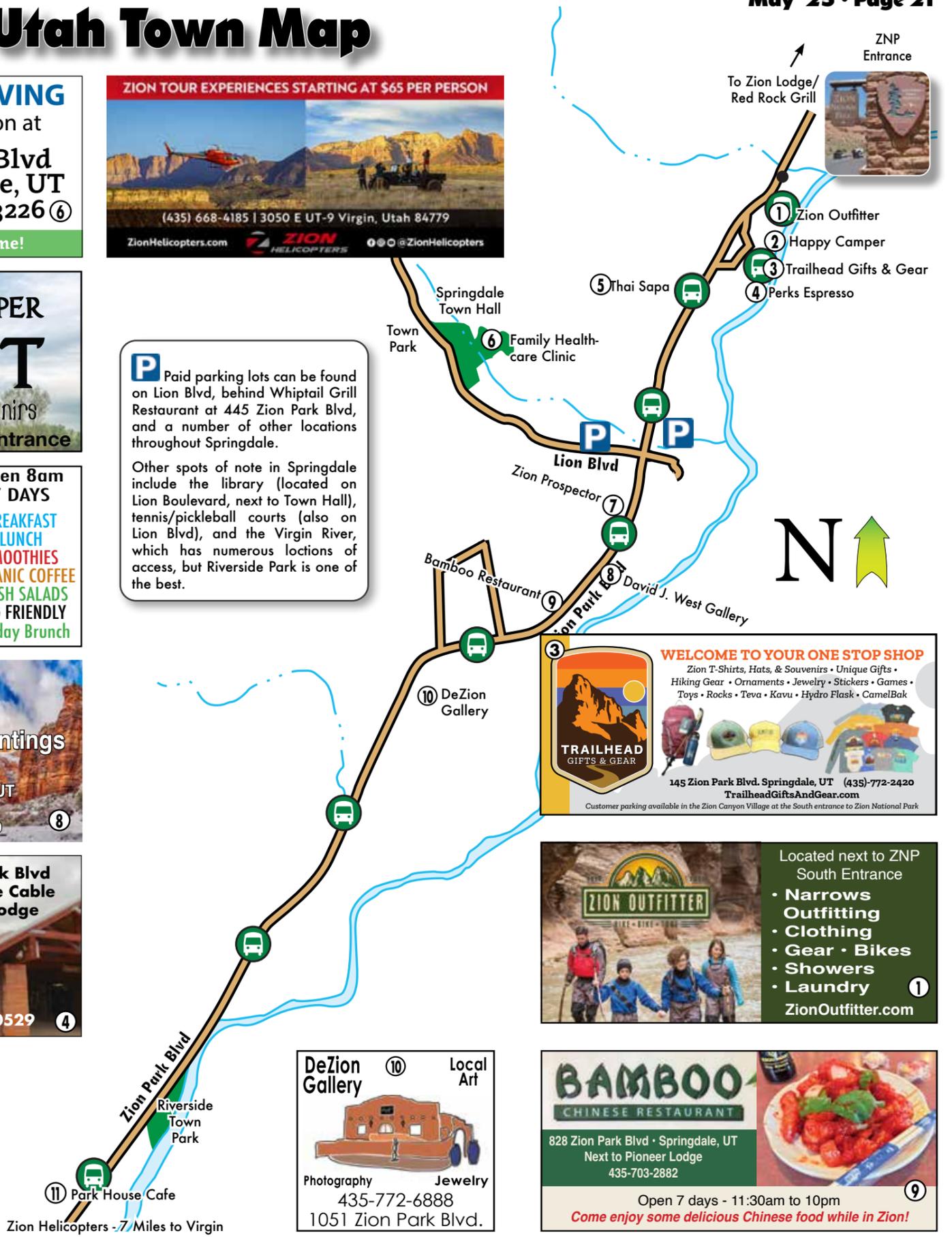
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**P** Paid parking lots can be found on Lion Blvd, behind Whiptail Grill Restaurant at 445 Zion Park Blvd, and a number of other locations throughout Springdale.

Other spots of note in Springdale include the library (located on Lion Boulevard, next to Town Hall), tennis/pickleball courts (also on Lion Blvd), and the Virgin River, which has numerous locations of access, but Riverside Park is one of the best.



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# Zion National Park Shuttle Info

## ZION 2025 SHUTTLE SCHEDULE INFO

### Zion 2025 Winter/Spring Shuttle Info

The seasons are changing in Zion National Park! Every year, the National Park Service (NPS) adjusts shuttle schedules and campground availability throughout the year.

#### Here's What You Need To Know To Plan Your Visit

- You do not need a ticket or reservation to ride the park shuttle or enter the park.
- During the shuttle season, visitors cannot drive personal vehicles on Zion Canyon Scenic Drive.
- Shuttles arrive about every 15 minutes on the Springdale Line (outside the park) and about every 5-10 minutes on the Zion Canyon Line (inside the park).
- Shuttles will not run December 2-20.

Shuttles take about 45 minutes to drive between the Zion Canyon Visitor Center and the Temple of Sinawava. This means a round trip takes about an hour and a half.

Be mindful of the time you board the shuttle back to the Zion Canyon Visitor Center at the end of the day. You should not wait for the last shuttle of the day. If the last shuttle is full, or if you miss the last shuttle, you may have to walk

nine miles back to the Zion Canyon Visitor Center.

#### Zion Canyon Line

- First bus departs Zion Canyon Visitor Center to Temple of Sinawava at 7 AM through May 17th, then at 6 AM from May 18th to September 14th.
- Last bus departs Zion Canyon Visitor Center to Temple of Sinawava at 5 PM through May 17th, then at 7 PM from May 18th to September 14th.
- Last bus departs the Temple of Sinawava to Zion Canyon Visitor Center at 7:15 PM through May 17th, then at 8:15 PM from May 18th to September 14th.

#### Springdale Line

- First bus leaves the Hotel De Novo (Stop #9) at 8 AM through May 17th, then at 7 AM from May 18th to September 14th.
- Last bus leaves Zion Canyon Village (Stop #1) at 7 PM through May 17th, then at 8 PM from May 18th to September 14th.

#### Winter/Spring Camping

Watchman Campground is open year-round, and you

can make a reservation up to six months before your visit at [www.recreation.gov](http://www.recreation.gov) or by calling 1-877-444-6777. Plan ahead and make arrangements for where you will stay before you get to the park.

South Campground is closed for a long-term rehabilitation project.

Lava Point Campground is a 1-hour drive from Zion Canyon. Reservation only.

#### Visitor Center and Wilderness Permit Desk hours

Zion Canyon & Kolob Canyons Visitor Centers

- The Information Desk opens at 8 AM and closes at 5 PM every day.

#### Wilderness Permit Desks

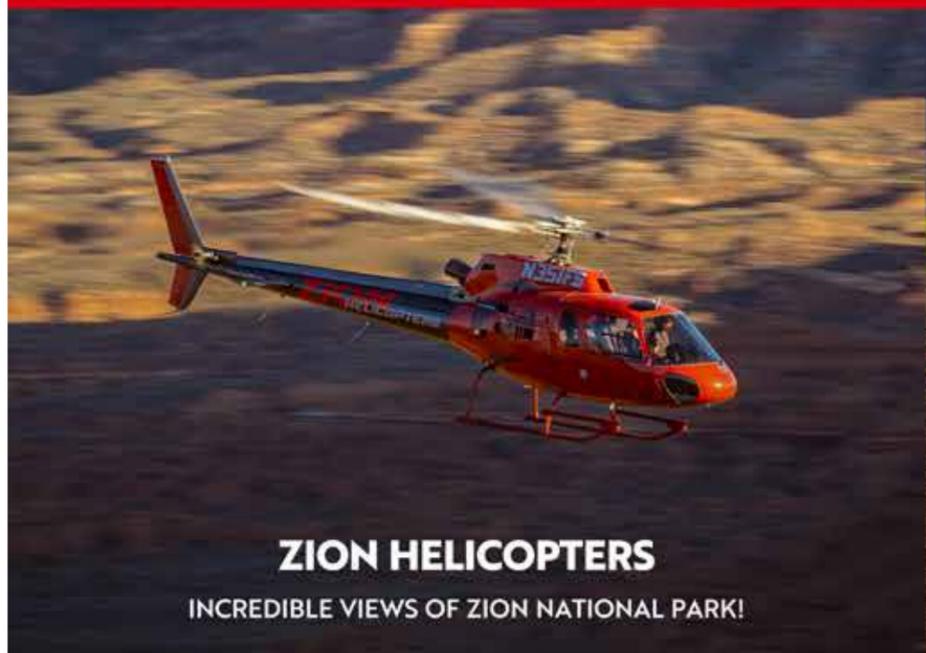
- Zion Canyon Wilderness Desk: Open daily from 8 AM to 5 PM.
- Kolob Canyons Wilderness Desk: Closed until late 2024

Follow Leave No Trace practices everywhere in the park and beyond; be sure to pack out all your trash.



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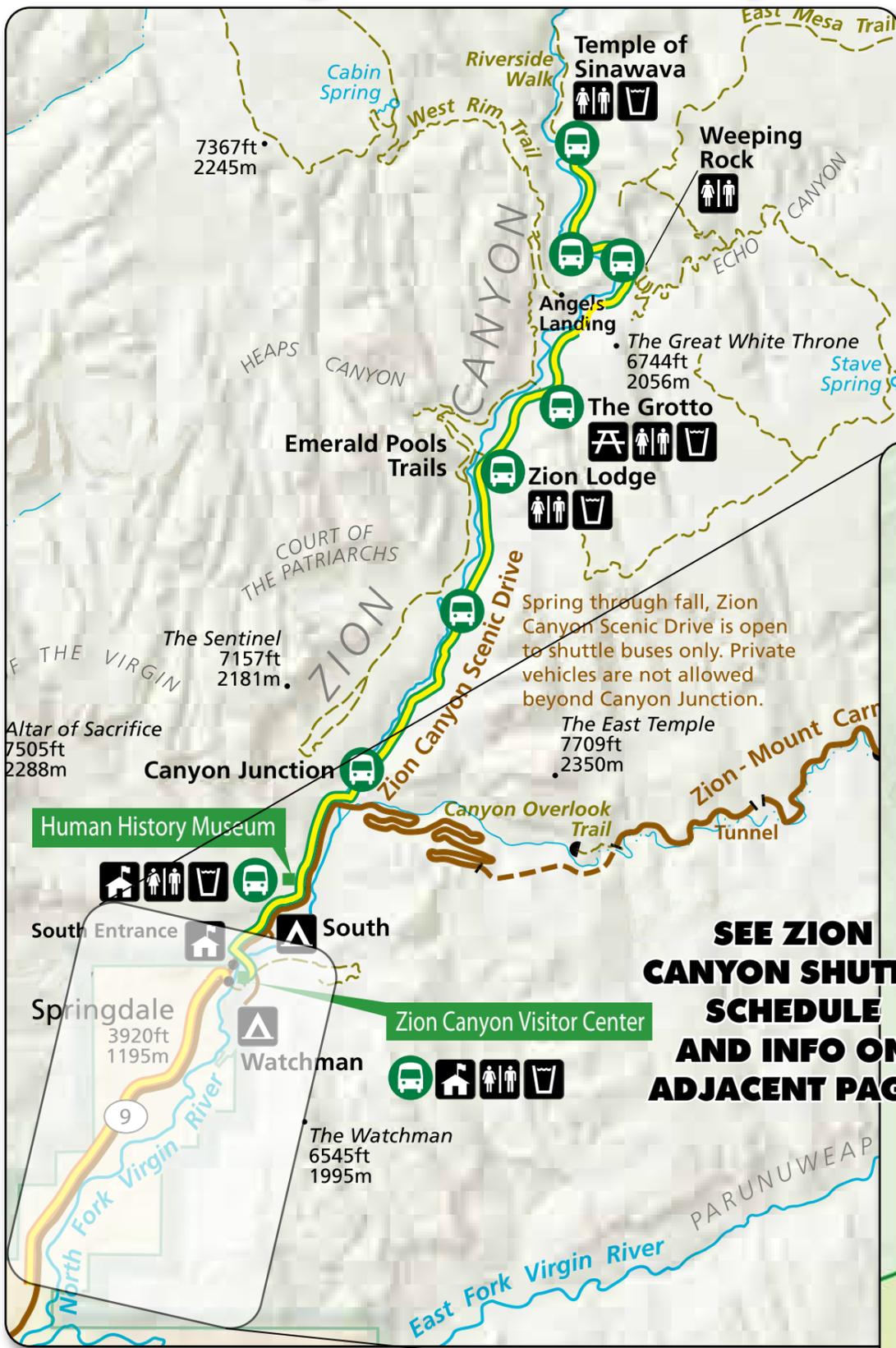
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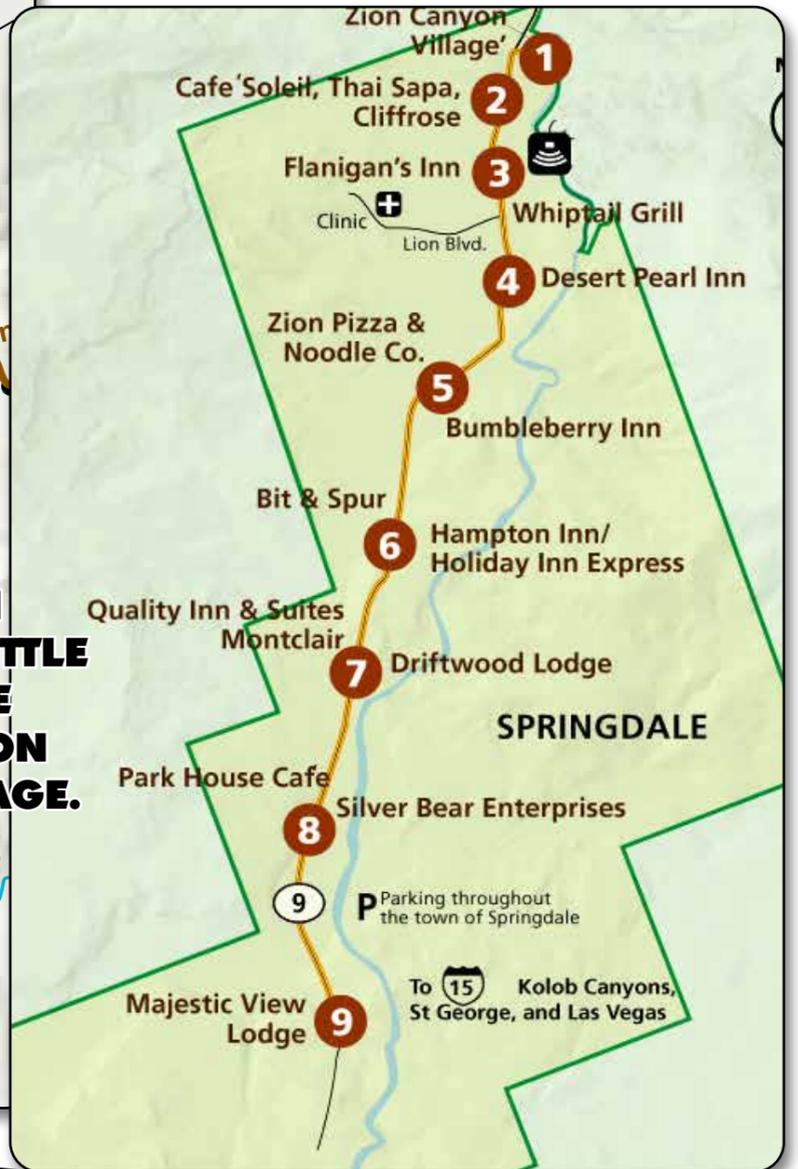
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# Zion Canyon Shuttle Map



# Springdale Shuttle Map



**SEE ZION CANYON SHUTTLE SCHEDULE AND INFO ON ADJACENT PAGE.**

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# Zion National Park Hiking Info

## THE LOCALS' GUIDE TO HIKING PREPAREDNESS

National parks are seeing an uptick in helicopters carrying unfortunate hikers out of precarious situations.

In 2017, the National Park Service reported 324 search-and-rescue operations, which means 324 extremely unpleasant vacation experiences — nearly one a day. In 2014, the reported number was almost half that. The majority of those rescues occurred in Zion and Bryce Canyon National Parks, and most hikers who end up getting into trouble are either in their 20s or are older than 60.

Despite our highly skilled and dedicated rescue teams' valiant efforts, not everyone made it out of their predicaments safely.

Twelve people lost their lives in Utah's national parks in 2017 alone.

It's hard to imagine one wanting a vacation amid the splendor of our national parks to involve search and rescue teams or a close encounter with death.

Zion National Park is often referred to as an outdoor Disneyland. But this is the wilderness, and it's far less forgiving than any theme park. Here are some tips for how to safely enjoy your time in Zion Canyon.

### Bring water

You lose more water through perspiration than you realize, and if you are used to a more moist climate — and nearly any climate is less arid than southern

Utah — you can become dehydrated quickly without realizing it.

The National Park Service recommends that hikers bring one gallon of water per hiker per day. There are fill stations throughout Springdale and the park that provided filtered water at no charge.

Natural water sources in the park such as creeks and streams are not reliable sources of clean drinking water. If you find yourself in a situation wherein you need water but have none, it is strongly advised that any locally-sourced water intended for consumption first be filtered, boiled for at least 10 minutes, or treated with iodine before consuming.

### Wear appropriate clothing

While most paths and trails are well maintained, this is the great outdoors, and a little loose gravel or slickrock can lead to injury — or worse. Think of appropriate

footwear as an insurance policy — and if you are a little nervous, a hiking stick never hurts. Also, dress lightly if it's going to be hot, but be sure to use appropriate sun protection like sunscreen and large-brimmed hats, because suffering from sunstroke or severe sunburn during an already taxing hike can be brutal.

### Leave wildlife alone

Animals instinctively avoid humans, but the area is home to everything from poisonous snakes to mountain lions. Never approach local wildlife — and never try to feed them. This can result in injury to visitors, and numerous visitors have required stitches after attempting to hand-feed animals. But when humans feed wildlife, it's also not good for the animals, who are already best suited to feed themselves.

### Hike sober

Sometimes relatively stationary outdoor activities like boating or camping involve enjoying an adult beverage or two. But when you're hiking the varied terrain of our national parks, you don't want your coordination, balance, or judgment to be impaired to any extent. Zion Canyon, Springdale, and Kanab are home to several fine restaurants and bars — but visit them for a cocktail after your hike, not before.

**Hike at your skill level, and don't take risks**

Trails in Zion range from short and easy to long and challenging. Don't overestimate your ability and endurance level. And don't engage in horseplay or other activity that might endanger yourself or others. Some of Zion's hikes are steep, and you wouldn't be the first person to tumble down a hill — or worse, fall off a cliff. Zion is beautiful, but it's also dangerous, so respect yourself and others by respecting the terrain.



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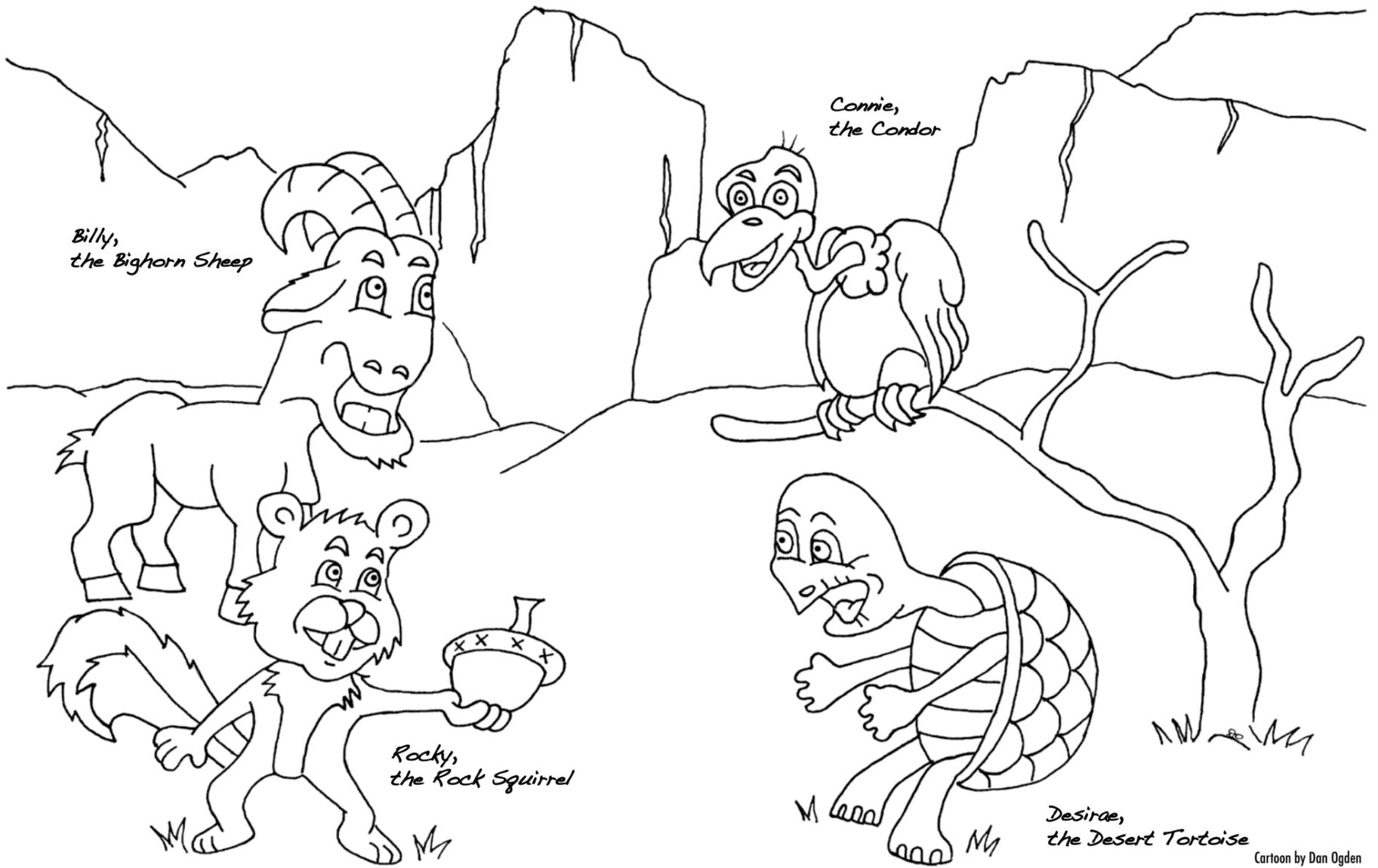
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# Zion Animals Coloring Page

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Cartoon by Dan Ogden  
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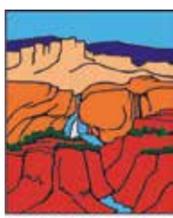
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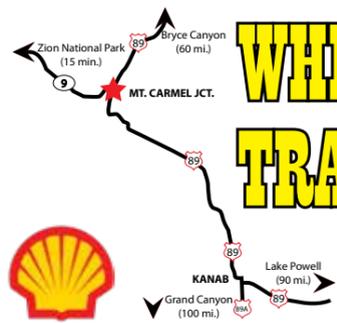
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# Less-Traveled Zion Hikes

## Current Trail Closures

Road to Lava Point and West Rim Trailhead closed - This is a regular, seasonal closure, and we will change when snow melts. Lava Point Overlook is also closed. Closed trail bridge at Zion Lodge (Shuttle Stop #5) - To access Emerald Pools, start your hike at the Court of the Patriarchs (Shuttle Stop #4) or the Grotto (Shuttle Stop #6). Weeping Rock Shuttle Bus Stop. Due to rockfall, the area near Weeping Rock is temporarily closed. Toxic Cyanobacteria in the Virgin River and the streams of Zion National Park - Do not submerge your head in or filter drinking water from still or moving water.

## Northgate Peaks

By Don Gilman

The Northgate Peaks trail in the Kolob Terrace section of Zion National Park is an amazing trail with spectacular views. The trail itself is nearly flat, making it a perfect hike for families.

To reach the Northgate Peaks trailhead, take State Route 9 to the town of Virgin. Turn left onto Kolob Terrace Road. Drive for 15.7 miles through increasingly spectacular country until the short spur road (on the right) for the Wildcat Trailhead is reached. Drive a few hundred feet to the large parking area.

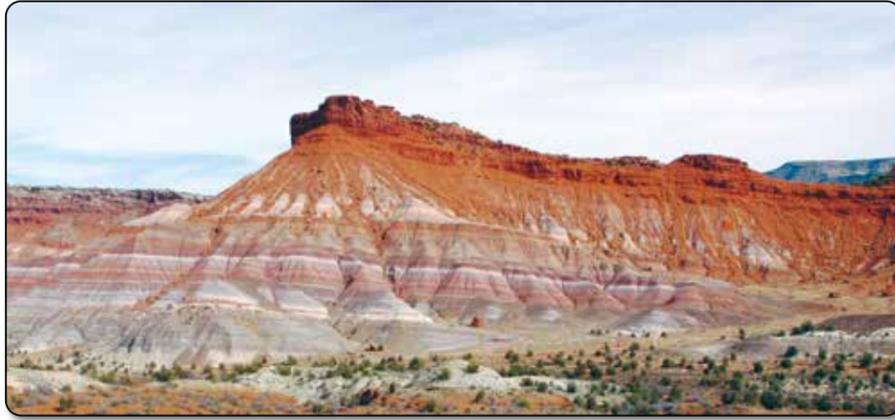
The trail heads east across grassy plains and stands of Ponderosa Pine with dynamite views of the towering Pine Valley Peak to the west. Soon the trail will be fully in the forest with limited views. After 0.9 miles, the junction with the Hop Valley trail is reached. Continue east, and 0.1 miles further, the junction with the Northgate Peaks Trail is reached. Head south on this trail for another 1.1 miles until the end of the official trail is reached at a rocky basalt bluff with epic views of the Northgate Peaks to the east and west and of North Guardian Angel to the south.

For families with young children, this makes an excellent turnaround spot.

## Gifford Canyon

By Bo Beck

Gifford Canyon offers a nice stroll through a sandy wash and is very charming when water is running. This hike is nearly 3 miles long and will take about 2 hours to finish.



To start this hike, park in the lot located immediately east of the Zion/Mt. Carmel Tunnel. The trail begins at the backside of the restrooms at the back of the parking lot. There will be a steep, sandy path to climb down before you enter Pine Creek slot. Follow the path upstream for almost 75 feet, and look for a 15-foot wall of slickrock. You can scramble up the rock or look for the beaten path on the backside of the rock.

On top of this wall is a narrow dirt path that is crowded by rock and vegetation. It winds around the mountain to a dead end with a beautiful view of the mountain where the Canyon Overlook Trail is located, opposite is Gifford Canyon.

The path will lead past stone bridge and to another minor slickrock climb. At the end of the canyon, there is a circle of cliffs preventing further exploration without climbing up the sandstone.

## Chinle Trail

By Greta Hyland

Chinle Trail is an off-the-beaten-path trail located in the lower elevation west desert wilderness area, offering wide vistas, desert landscapes, and a reprieve from the more touristy trails in the park. Though it's a long trail, it's a mellow hike that can be cut off whenever you feel like turning around. It's a great hike with kids because it's not treacherous, slippery, or steep. Avoid it after snow or rain as it will be muddy.

The Chinle Trailhead starts outside of Zion, south of Springdale. If you are coming from St. George, the turn is about a block before you hit the apple orchard and stand as you leave Rockville off of State Route 9. There is a parking area off the right of Anasazi Way near the Anasazi Plateau housing development. If you hit houses, you missed it. And yes, the trail starts below the housing development and takes you right through it. Don't worry though, it doesn't last long.

Shortly after you get through the housing development, you will hit a sign letting you know you are entering the Zion Wilderness. At this point, you can breathe a sigh of relief, because you have gotten away from civilization to enjoy nature, and chances are that you won't see another soul until you return to your car.

## Many Pools

By Candice Reed

The route is moderate with a gentle uphill climb to an alcove, but plan for a strenuous hike if you continue to the East Rim.

The route begins right off the highway. Drive to the pullout near the second drainage on the north side of the State Route 9, about 0.8 miles after the smaller tunnel. Walk carefully along the road about 150 yards and drop down into a sandy bowl on the north side of SR-9. There is a trail for a short distance, and then the sand turns into large flat stones that you can pick and

choose to walk on, depending on your sense of balance. A short distance off the road, filled pools carved into the rocks appear. Ponderosa Pines and Juniper trees twisted by the wind are a good backdrop to the reds and whites ribboned through the rocks.

## Overlook Trail

By Charlotte Emett

The Overlook Trail is a short, beautiful hike located on the east side of Zion National Park, just outside the Mt. Carmel tunnel. The hike is about one mile roundtrip, and it usually takes people about an hour. It is definitely one of the easier hikes in Zion, but it's still considered a moderate-level hike due to a few exposed areas and sandstone pathways, which can be slippery.

The Overlook trailhead lies right outside of the Mt. Carmel tunnel by the ranger booth. Exit the tunnel too quickly and you'll miss it.

It begins with a staircase carved out of the sandstone leading up and away from the road. Soon, you'll be walking along the side of the mountain and looking down into a thin crevice known as Pine Creek Canyon. At about halfway, you'll walk across a bridge that wraps around a corner and leads to an area of recessed rock wet with the moisture that caused it to erode and be filled with ferns growing out of the sandstone.

## The East Rim Trail

By Bo Beck and Tanya Milligan

After positioning a vehicle or making shuttle arrangements at the Weeping Rock parking lot, watch for the small "trailhead" sign along the Zion-Mt. Carmel Highway, immediately west of the east entrance booth.

This trail is said to be one of the most scenic in all of Zion National Park and is on many lists as one of the best hikes in Utah. This trek begins on the east side of the park and climbs over 1,400 feet to the rim. This hike begins with a backdoor view of Checkerboard Mesa as it skirts Clear Creek for a short time and steadily and gently climbs through a juniper and pine forest. On top of the mesa, scenery gets interesting as a spectacular view of Echo Canyon takes center stage.



# Popular Zion Hikes

## Current Trail Closures

Road to Lava Point and West Rim Trailhead closed - This is a regular, seasonal closure, and we will change when snow melts. Lava Point Overlook is also closed. Closed trail bridge at Zion Lodge (Shuttle Stop #5) - To access Emerald Pools, start your hike at the Court of the Patriarchs (Shuttle Stop #4) or the Grotto (Shuttle Stop #6). Weeping Rock Shuttle Bus Stop, Due to rockfall, the area near Weeping Rock is temporarily closed. Toxic Cyanobacteria in the Virgin River and the streams of Zion National Park - Do not submerge your head in or filter drinking water from still or moving water.

**Warning:** These hikes are very popular and often overcrowded. If you are feeling up to some of the more difficult hikes, try some of these popular hikes.

## Angels Landing via West Rim Trail

Possibly the most popular hike in Zion, Angels Landing takes around four hours to complete, covers just under 5 1/2 miles, and requires a permit to hike. As you work your way up the 1,488-foot change in elevation, you'll want to look out for long drop-offs. This hike is not for young children or people with a fear of heights. Be sure to enjoy, but be careful along the last section of the hike, which is a steep, narrow ridge to the summit. The hike starts at The Grotto.

## The Narrows via Riverside Walk

A full-day hike at 8 hours, the Narrows can pose extra dangers depending on the weather. High water levels can prevent access to the Narrows, so be sure to check with the visitor center before beginning this 9 1/2-mile hike. You'll start this hike at Temple of Sinawava.

## Kolob Arch via La Verkin Creek Trail

Getting to Kolob Arch via the La Verkin



"Autumn Breeze" - photo by David J West.

Creek Trail follows Timber and La Verkin creeks and connects to the trail to Kolob Arch, one of the world's largest freestanding arches. A full-day hike, it will take around 8 hours to finish the 14-fourteen mile trip. This hike starts at Kolob Canyons Road.

If you are looking for something more moderate, try some of these mid-range hikes.

## Kayenta Trail

This two-hour hike starts at the Grotto and goes for two miles. You'll gain 150 feet in elevation, and the trail does have long drop-offs. This unpaved climb connects the Grotto to the Emerald Pools trails.

## Canyon Overlook Trail

Starting at Zion-Mt. Carmel Highway, this one-hour hike provides a 163-foot gain in elevation over the course of a mile. This rocky and uneven trail ends at a viewpoint for Pine Creek Canyon and lower Zion Canyon. While this trail is mostly fenced, there are long drop-offs.

## Taylor Creek Trail

You'll begin this five-mile hike at Kolob Canyons Road. It should take around 4 hours to complete and provides a 450-foot gain in elevation. Larger groups may need to split up, as this hike limits 12 people to a group. It

follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.

## Timber Creek Overlook Trail

A quick hike, the Timber Creek Overlook Trail covers just one mile and 100 feet in elevation gain. It can be done in about 30 minutes. The trail follows a ridge to a small peak with views of Timber Creek, Kolob Terrace, and Pine Valley Mountains.

Those looking for something less strenuous should check out these easy hikes.

## Pa'rus Trail

Starting at the Zion Canyon Visitor Center, this two-hour hike covers 3 1/2 miles and rises 50 feet in elevation. A paved trail that follows the Virgin River from the South Campground to Canyon Junction, Pa'rus Trail is wheelchair accessible and is open to both bicycles and dogs.

## Archeology Trail

Also starting at the Zion Canyon Visitor Center, this short half-hour hike covers just under half a mile and rises 80 feet in elevation, making it a short but steep trail. This trail offers trailside exhibits and views of several prehistoric buildings.

## Grotto Trail

Starting at Zion Lodge or the Grotto, this trail connects the two locations and can be combined with the Middle Emerald Pools and Kayenta trails to create a 2 1/2-mile loop. The non-loop version should take about 30 minutes and rises 35 feet over one mile.

## Riverside Walk

Starting at Temple of Sinawava, this 1 1/2-hour hike cover just over two miles and rises 57 feet in elevation. While it is wheelchair accessible, there are minor drop-offs. The trail, which is paved, offers trailside exhibits as it follows the Virgin Rivet along the bottom of a narrow canyon.

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# Southern Utah State & National Parks

**ANASAZI STATE PARK MUSEUM** - This ancient Indian village in the heart of Utah's canyon country was one of the largest Anasazi communities west of the Colorado River. The site is believed to have been occupied from A.D. 1050 to 1200. The village remains largely unexcavated, but many artifacts have been uncovered and are on display in the newly remodeled museum. Anasazi State Park is in the picturesque town of Boulder on State Route 12. Group and individual picnic areas are available. There is no camping. (435) 335-7308.

**BAKER** - Baker Reservoir is a small lake on the Santa Clara River four miles north of Veyo on Utah State Route 18. It is a 63-acre lake with an average depth of about 20 feet. Many people come to the reservoir to camp at one of its 10 campsites and to fish. The reservoir is stocked with rainbow trout and contains brown trout, green sunfish, crayfish, reidside shiner, and mountain sucker. It has picnic areas and vault toilets. There is a fee for visiting the reservoir and no boat ramp.

**BRYCE CANYON** - Bryce Canyon National Park is a scientist's laboratory and a child's playground. Because Bryce transcends 2,000 feet of elevation, the park exists in three distinct climatic zones: spruce/fir forest, ponderosa pine forest and pinion pine/juniper forest. This diversity of habitat provides for high biodiversity. Here at Bryce, you can enjoy over 100 species of birds, dozens of mammals, and more than a thousand plant species. (435) 834-5322.

**CEDAR BREAKS** - Sitting at over 10,000 feet and looking down into a half-mile deep geologic amphitheater. Come wander among timeless bristlecone pines, stand in lush meadows of wildflowers, ponder crystal-clear night skies and experience the richness of our subalpine forest. Just four miles off Utah Highway 148, you'll find the Cedar Breaks National Monument parking lot.



**CORAL PINK SAND DUNES** - At an elevation of 6,000 feet and 12 paved miles off U.S. Highway 89 near Kanab, this park provides a fantastic setting for camping, hiking, OHV riding or just playing in the sand. A 265-acre conservation area prohibits motorized vehicles in order to protect the Coral Pink beetle (found nowhere else in the world) and its habitat. The mule deer, jackrabbit, kit fox, coyote, and many small rodents also make the park their home. (435) 648-2800.

**DEAD HORSE POINT** - Dead Horse Point State Park is perhaps Utah's most spectacular state park. Dead Horse Point is a promontory of stone surrounded by steep cliffs near Moab. The overlook at Dead Horse Point is 6,000 feet above sea level. Two-thousand feet below, the Colorado River winds its way from the continental divide in Colorado

to the Gulf of California, a distance of 1,400 miles. (435) 259-2614.

**DINOSAUR TRACKS** - The St. George Dinosaur Discovery Site at Johnson Farm is home to exceptionally well-preserved dinosaur tracks, some displaying skin impressions. These tracks, along with hundreds of fossil fish, plants, rare dinosaur remains, invertebrates' traces, and important sedimentary structures, show evidence that this site was produced along the western edge of a large, Early Jurassic (age between 195-198 million years ago) freshwater lake. (435) 574-3466.

**ENTERPRISE** - There are two reservoirs in the Bull Valley Mountains 10 miles southwest of the town of Enterprise. The main one is Upper Enterprise Reservoir, about 250 acres with an average depth of about 50 feet, while Lower Enterprise Reservoir is 79 acres. Many come to the reservoir to camp, fish hike, and boat. The Honeycomb Campground



is situated between both lakes and has 21 campsites and flush toilets. There is a boat ramp on Upper Enterprise Reservoir and several fishing areas around both reservoirs. Fishermen will find rainbow trout and smallmouth bass here. Fees are charged.

**FOUR CORNERS** - The Four Corners is the only place in the U.S. where four states come together at one place: Arizona, New Mexico, Utah and Colorado. Here, a person can put each of their hands and feet in four states at the same time. The unique landmark is on Navajo Nation land and is open for visits from the public. West of U.S. Highway 160, 40 miles southwest of Cortez, Colo. (928) 871-6436.

**GRAND CANYON** - A World Heritage Site encompassing 1,218,375 acres on the Colorado Plateau in northwestern Arizona. The land is semi-arid and consists of raised plateaus and structural basins typical of the southwestern United States. (928) 638-7888.

**GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT** - Nearly 1.9 million acres of America's public lands and located between Bryce Canyon and Glen Canyon Recreational Areas. From its namesake Grand Staircase of cliffs and terraces across the rugged Kaiparowits Plateau to the beauty of the Escalante River Canyons, the Monument's size, resources, and isolated location provide amazing opportunities.

**GUNLOCK** - In scenic red rock country, 15 miles northwest of St. George, lies the 240-acre Gunlock State Park and Reservoir where year-round boating, water sports, and quality fishing for bass and catfish attract visitors. Facilities include boat launching ramp and pit privies. (435) 628-2255.

**LAKE MEAD** - Lake Mead National Recreation Area offers a wealth of things to do and places to go year-round. Its huge lakes cater to boaters, swimmers, sunbathers and fishermen, while its desert rewards hikers, wildlife photographers, and roadside sightseers. It is also home to thousands of desert plants and animals adapted to survive in an extreme place where rain is scarce and temperatures soar. (702) 293-8990.

**LAKE POWELL** - In Glen Canyon National Recreation Area is one of the world's great places for houseboating! The 186-mile-long lake offers sandy beaches, cool blue water, and exceptional red-rock scenery. It is excellent for boating, skiing, kayaking, and fishing. Boat or hike to Rainbow Bridge, or explore any of its many canyons or sand dunes. (928) 608-6200.

**PINE VALLEY** - Pine Valley Reservoir is a beautiful place for fishermen to fish brook trout and rainbow trout. The reservoir is near the Pine Valley Recreation Complex, which has over 150 campsites with picnic and restroom facilities. This area is greener than most other parts of southwestern Utah with pine and pinion trees, and many come to enjoy camping and hiking. It is west of the town of Central. (435) 652-3100.

**QUAIL LAKE** - Quail Creek State Park provides excellent year-round camping, picnicking, boating, and trout and bass fishing in sunny southwest Utah. The park is three miles east of the Interstate 15 Hurricane exit on Utah State Route 9. Facilities include 23 campsites, modern restrooms, a fish cleaning station, and two covered group-use pavilions. (435) 879-2378.

**SAND HOLLOW** - Looking to fish? Swim? Ride your ATV in the sand? Do all that and more at Sand Hollow State Park, located between St. George and Hurricane. Bring your boat, a picnic, and some fishing gear for a fun day on the reservoir, or watch the kids swim while you relax on the beach. Load up your RV or tent and settle in for a nice campout, or ride your ATV in the dunes of Sand Mountain. (435) 680-0715.



**SNOW CANYON** - Named after early Utah leaders Lorenzo and Erastus Snow, Snow Canyon State Park begins just outside of Ivins and stretches northward. Spectacular scenery includes towering red and white sandstone cliffs, black lava formations, and even a waterfall that appears during heavy rain. Snow Canyon offers 16 miles of hiking trails, beautiful sand dunes, technical rock climbing sites, horseback riding, year-round camping, nature studies, and wildlife viewing. This park is a favorite for locals and visitors alike. (435) 628-2255.

**ZION** - With breathtaking views, numerous hiking attractions of all difficulty levels and some of the most spectacular scenery on earth, Zion National Park and its surrounding areas attract thousands of visitors every year. This natural wonder is not only a mecca of recreational activity, but Zion and nearby Springdale host numerous cultural activities, as well. There's something for everyone in Zion - whether you're looking for a challenging hike or a fun excursion for the family. (435) 772-3256.

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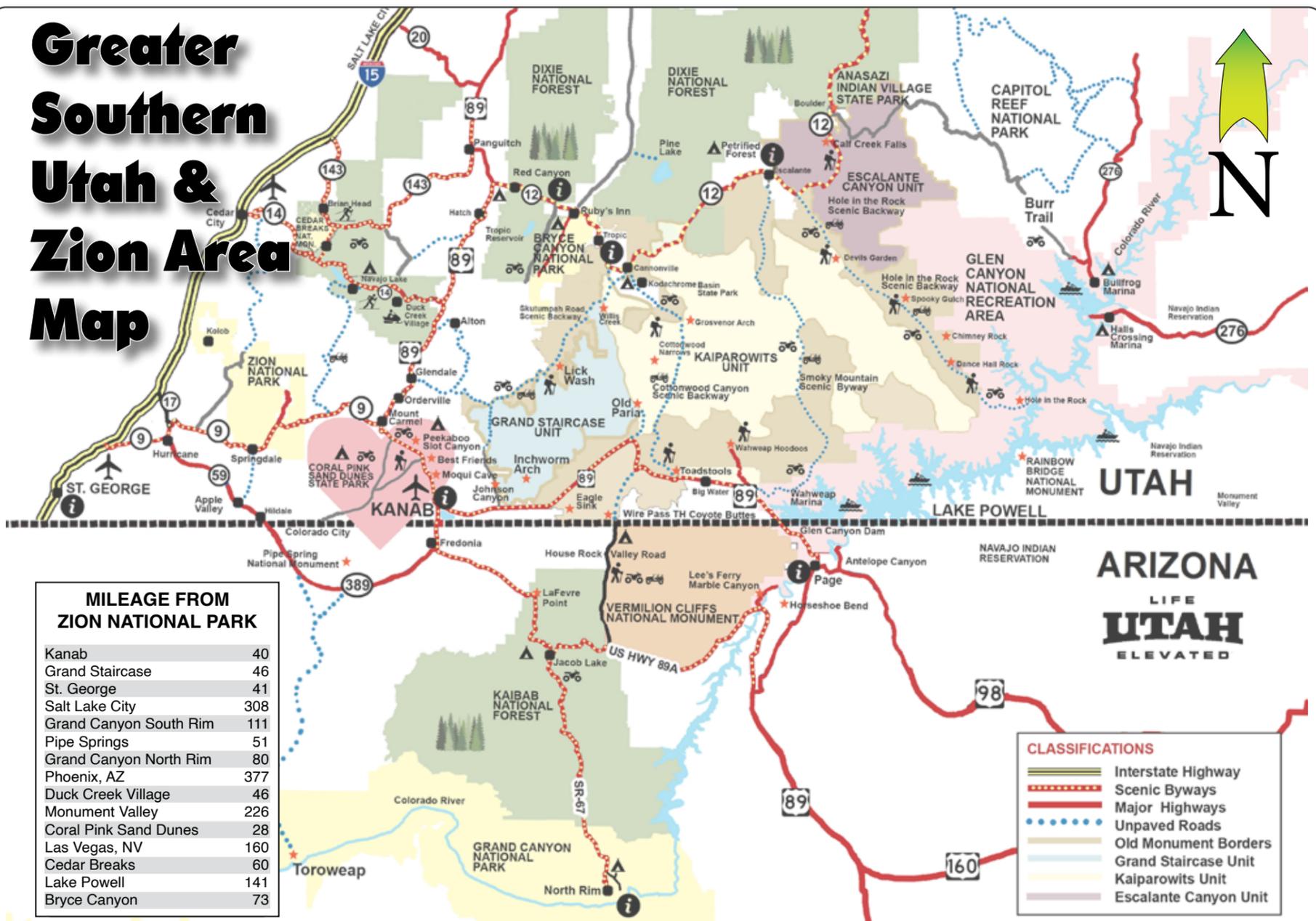
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# Greater Southern Utah & Zion Area Map



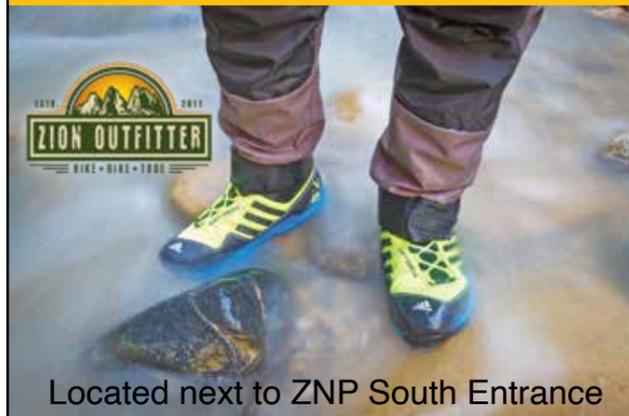
Please visit the Kane County Info Center located at 78 S. 100 E. in Kanab for more info on:

- Local Hiking Trails
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- Family History Center
- Heritage House
- Kanab Heritage Museum
- Kanab City Library
- Grand Staircase Escalante Visitor Center



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## EAST ZION & KANAB AREA FEATURED RESTAURANTS & BARS FROM ZION GUIDE

Restaurants/Bars (Listed Alphabetically)	Address	Phone	Drinks/Vegan (W)ine, (B)eer, (M)ixed Drinks, (E)spresso, (V)egan items on menu	Hours	WI-FI
7 Adria's Restaurant	86 S 200 W, Kanab	(435) 644-7800	W, B, M	8:30 AM - 2 PM Tues - Sun	Yes
17 Buckskin Tavern	2321 N Main, Fredonia, AZ	(928) 643-7094	W, B, M, V	Noon - Close	Yes
10 Jakey Leigh's	4 E Center St, Kanab	(435) 644-8191	E, V	7 AM - 2 PM Daily	Yes
5 Nomad Cafe & RV Resort	2400 N Hwy 89, Kanab	(406) 594-0294	E, V	6:30 AM - 2:30 PM Thurs - Mon	Yes
1 Soup Town	30 E State, Orderville	(435) 648-2370	V	11 AM - 5 PM Tues - Fri	Yes
14 Willow Canyon Outdoor	263 S 100 E, Kanab	(435) 644-8884	E	7:30 AM - 7 PM Daily	Yes

## EAST ZION & KANAB AREA FEATURED SERVICES, SHOPS & GALLERIES FROM ZION GUIDE

### FOR EMERGENCIES DIAL 911

#### Services (Listed Alphabetically)

Adventure Tours of Kanab	Serving Kanab	(435) 689-2029
9 Best Friends Animal Sanctuary	5001 Angel Canyon Rd, Kanab	(435) 644-2001
Grand Canyon Expeditions	Call for Info	(435) 644-2691
12 Kane County Visitors Bureau	78 S 100 E, Kanab	(435) 644-5033
Kayak The Colorado	Call for Info	(435) 275-2925
6 Nature's Showcase	288 W Center, Kanab	(435) 644-2390
13 Ramsay Auto Service	115 S 100 E, Kanab	(435) 644-8070
11 Zion Pharmacy	14 E Center, Kanab	(435) 644-2693

#### Shops (Listed Alphabetically)

15 Glazier's Market	264 S 100 E, Kanab	(435) 644-5029
16 Honey's Marketplace	260 E 300 S, Kanab	(435) 644-5877
9 Kanab Drug	176 W Center, Kanab	(435) 644-3401
4 Moqui Cave	4581 US-89	(435) 644-8525
8 Nature's Showcase	288 W Center, Kanab	(435) 644-2390
2 The Rock Stop	385 W State St, Orderville	(435) 648-2747

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- Kolob Canyons Visitor Center
- Pine Valley Heritage Center

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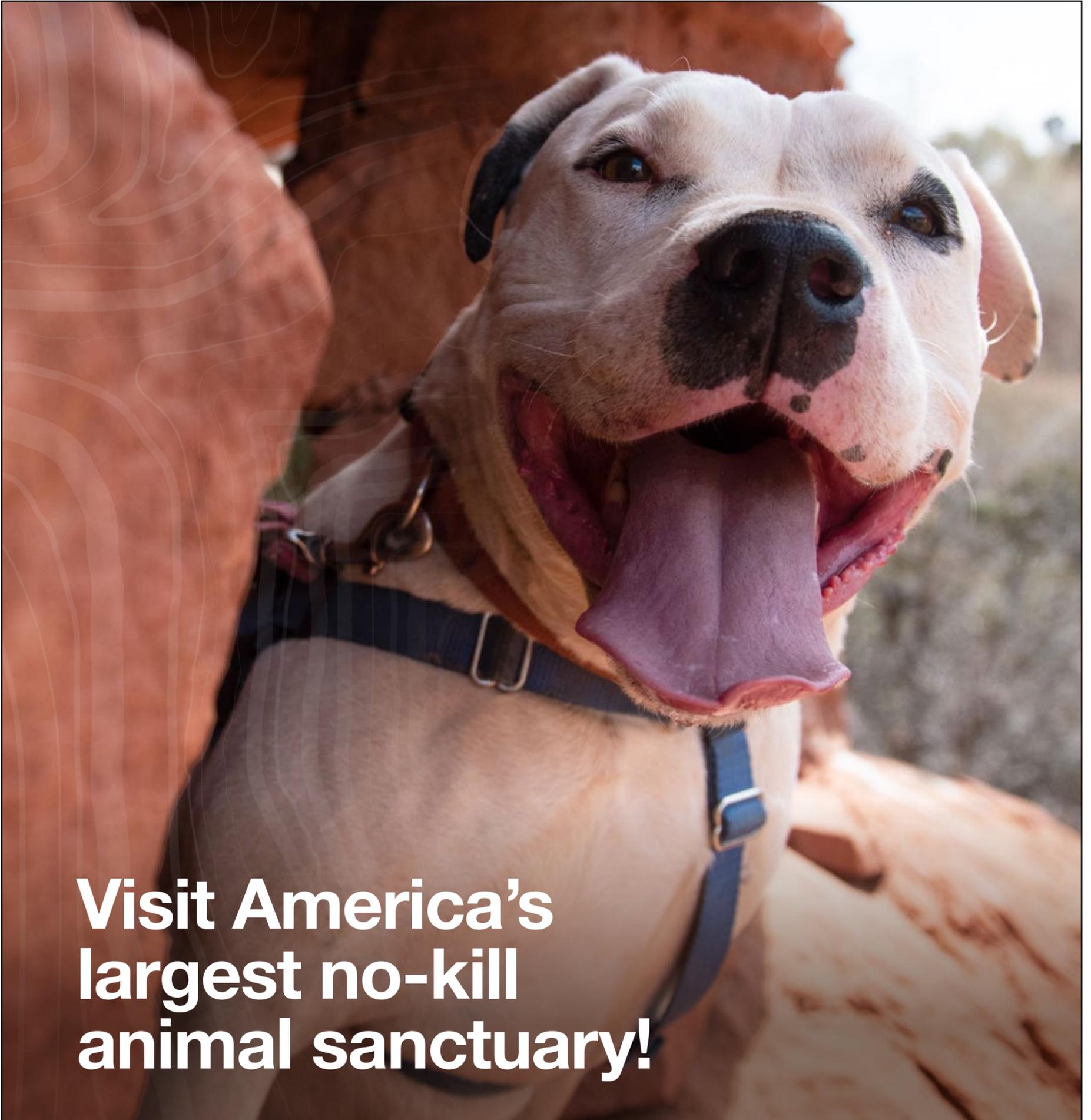


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